

St. Claire Regional Medical Center

NEWSBRIEF

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Advancing Our Legacy

St. Claire Foundation Launches 2015 Fundraising Campaign

Advancing Our Legacy is the theme of the St. Claire Foundation's 2015 Annual Fundraising Campaign.

"St. Claire Regional's legacy began with a passion for the people and the health of our region. It began with visionaries like Dr. Louise Caudill, Nurse Susie Halbleib and Dr. Warren Proudfoot – individuals who were willing to cross any bridge, conquer any obstacle, and try new innovations to bring excellent healthcare to northeastern Kentucky," said St. Claire Foundation Executive Director Tom Lewis. "That was their imprint. It is also the mantle that they passed ahead to each generation for the past 50-plus years."

The goal for the Foundation's 2015 campaign is \$250,000, Lewis said. Gifts received during the campaign can be designated by donors for a variety of purposes and needs, ranging from charity care for the uninsured and underinsured, to educational programs, to new equipment needs.

"St. Claire Regional's legacy is also one of reciprocating community support," Lewis said. "Everyone deserves excellent medical care, and the support of our community is integral for us to continue to evolve as the region's leading rural healthcare provider."

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Steve Lewis, SCR Foundation Board Chair & Community Campaign Leader; Terry Ensor, SCR Foundation Board Member & Community Campaign Leader and Mark J. Neff, President/CEO St. Claire Regional Medical Center



With your gift to the St. Claire Foundation, you can leave an imprint. You pass a mantle. You help us define our legacy.

To give or for more information, call (606) 783-6512 or give online at www.st-claire.org/give.

St. Claire Foundation Launches 2015 Fundraising Campaign

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Dr. Twana Hatton, who worked to establish an osteopathic medicine residency at SCR, is Honorary Chair of the Foundation's 2015 campaign. She said another key part of SCR's legacy is the training of future medical providers in a rural setting to care for patients in a compassionate and loving way.

"My hope is that Dr. Louise is watching us and is proud that we are continuing the tradition and pushing the boundaries, to be able to proclaim that, through God's goodness, we are providing a healing ministry to the people of Eastern Kentucky and are training future physicians to continue the mission," Hatton said.

Gifts to the St. Claire Foundation are tax-deductible. To give to the Foundation's 2015 Annual Fundraising Campaign or for more information, call (606) 783-6512 or go to www.st-claire.org/give.



St. Claire Foundation Community Campaign Leaders Mildred Stanley; Etta Jane McCarty; Thelma Johnson; Sr. Jean Frances Cleves, SND; Susette Redwine and Bill Redwine, SCR Foundation Board Vice Chair

Did you miss KET's Kentucky Life featuring
St. Claire Regional & Sister Jean Francis Cleves, SND, RN?
Here's your chance to catch it again!



In Morehead, St. Claire Regional Medical Center cares for over 500,000 patients yearly, and St. Claire Regional's Sister Jean Francis Cleves is honored for a lifetime of dedicated nursing.

<http://www.ket.org/kentuckylife/>

KET took interest in a documentary about Sr. Jeanne's story and the history of St. Claire Regional. So much so, they decided to film their own segment for Kentucky Life spotlighting the work of St. Claire Regional and the Sisters of Notre Dame of Covington. Both segments initially aired Saturday, February 21 at 8:00pm. If you were unable to catch them on KET, you can now view them on YouTube.

To watch the segment about SCR visit: <https://youtu.be/pDpmqEuktZU>

To watch Sister Jeanne's original documentary visit: <https://youtu.be/gyFiI0cNrvU>

One Night

ABOUT
YOU

3rd Annual



Your Health, Your Life, Your Well-Being

A FREE Event Focused on Women

Wednesday, April 29

Morehead Conference Center

Health Screenings 4:00 p.m. - 5:30 p.m.

Educational Sessions & Prize Drawings 6:00 p.m. - 8:00 p.m.

FREE UMBRELLAS TO THE FIRST 125 WOMEN

FREE FOOD, FUN & GIFTS

For more information contact (606) 783-6927

St. Claire Regional Medical Center · UK HealthCare

This Mother's Day

April 13 - May 8

It's time to treat yourself for Mother's Day. And don't worry, we will keep it between us. Stop by and take advantage of our Mother's Day specials and have your own secret to looking younger.

Call **606.783.6760** to schedule your **FREE** consultation.

WOMEN'S IMAGING & AESTHETICS



Let us be your secret to looking younger

BOTOX[®]
—Cosmetic
onabotulinumtoxinA injection

**Buy 40 Units
Get 10 FREE**

**\$50 OFF Any
Juvederm[®] Filler**

Juvederm[®] Ultra XC · Ultra Plus XC · Voluma[®] XC



**Buy one 5-mL kit
Get one 3-mL kit free**

\$105 Savings!

LATISSE is a prescription treatment for inadequate or not enough lashes to grow eyelashes longer, fuller and darker.
Valid while supplies last, limit 3 per promotional period.



Latisse
(bimatoprost ophthalmic solution) 0.03%

SkinMedica[®]
An Allergan Company

The #1 medically dispensed, prescription-strength skin care system that can actually transform your skin.



Buy 2 TNS Essential Serums[®] \$399
Plus receive a **FREE** spring travel kit \$125 value *(valid while supplies last)*
Combines the benefits of the proprietary growth factor blend and the TNS Recovery Complex.[®] It contains antioxidants, peptides and other specialty ingredients and has been clinically shown to improve the appearance of fine lines and wrinkles, skin tone, texture and resiliency.



90 Day Supply TNS Recovery Complex[®] \$259
TNS Recovery Complex[®] has been clinically shown to improve the appearance of fine lines and wrinkles, skin tone, texture and resiliency.

Chemical Peels \$99

Address the visible skin imperfections that result from skin aging and sun exposure, such as fine lines and wrinkles, uneven skin tone and texture. They also repair skin tone unevenness that can be caused by acne scarring or changes in pigment.

Basic Skincare Package \$99



WOMEN'S IMAGING & AESTHETICS



Located on first floor of St. Claire Regional Medical Center | **606.783.6760**
SkinMedica[®] products also offered at St. Claire Regional Family Medical Supply
GIFT CERTIFICATES AVAILABLE

Jodee McElfresh, Director of Mission Advancement for the Sisters of Notre Dame Covington Province visits St. Claire Regional



Jodee McElfresh, Director of Mission Advancement for the Sisters of Notre Dame Covington Province, visited St. Claire Regional for the first time Wednesday, April 8. Still new in her role, Jodee spent time getting to know more about St. Claire Regional's history and breadth of services while touring the campus. Jodee was accompanied by SCR Board of Directors Vice-Chair Sr. Marla Monahan, SND.

l to r: Sr. Marla Mohahan, SND; Jodee McElfresh, Director of Mission Advancement for the Sisters of Notre Dame's Covington Province; Sr. Judi Lambert, SND, SCR Director of Pastoral Care & Mission Integration and Sr. Marge Mouch, SND.

St. Claire Foundation Accepting Scholarship Applications

Applications for the St. Claire Foundation's 2015 Richard J. Bausch Family Scholarship and Sister Mary Jeannette Wess SND Scholarship are now available.

The Richard J. Bausch Family Scholarship is an annual \$1,000 award intended to assist a college student from Appalachia who is pursuing a health sciences degree. To qualify, an applicant must be a pre-professional health sciences student enrolled in a community/technical college or university program and a resident of an Appalachian county as defined by the federal government.

The Richard J. Bausch Family Scholarship is funded by an endowment that was established in memory of the father of Gregory Bausch, PharmD, SCR Vice President/COO.

The Sister Mary Jeannette Wess, SND Scholarship award is \$750. To qualify you must:

- Be at least a college junior by Fall Semester 2015;
- Be working on a bachelor's degree or higher in any degree program at an accredited college or university;
- Have graduated from a high school in one of the following St. Claire Regional service-area counties: Bath, Carter, Elliott, Fleming, Lewis, Magoffin, Menifee, Montgomery, Morgan, Rowan or Wolfe;
- Be able to demonstrate academic achievement, leadership, service and financial need.

The Sister Mary Jeannette Wess, SND Scholarship is named in honor of SCR's president/CEO from 1983-1995. Prior to her death in January 1996, she requested that donations be made to establish a scholarship fund to assist students from SCR's service region.

The application deadline for both scholarships is May 29. For more information or to request a scholarship application, contact Tom Lewis, St. Claire Foundation Executive Director, at (606) 783-6511 or via email at telewis@st-claire.org.



Mothers Day Sale

April 13 - May 9

25% off all lift chairs



Model: PR-505
Color: Palomino



Golden Technologies®

- Lumbar Support
- Improve Circulation
- Back Pressure Relief
- Multi-Level Reclining

MaxiComfort is the only recline technology in the world that can offer unlimited positioning options that operate with a smooth, seat-gliding action.

FREE DELIVERY
Within a 50 mile radius

Sit, Recline, Lift or Stand all with the touch of a button

- Over 20 models available (many models in stock)
- 5 size options including XXL
- Over 40 fabric color options
- Heat and massage available
- Lifetime manufacturer warranty on PRIDE® and Golden Technologies® lift mechanism
- Cost of lift mechanisms may be covered by insurance

Dr's Remedy® Enriched Nail Polish **\$10** reg \$15.00



choose from more than **20 COLORS**

Tea Tree Oil • Garlic Bulb Extract • Vitamin C & E • Wheat Protein

25% off all shoes

Orthotic Shoes • Active Shoes • Everyday Shoes



For more information
contact: Ashley Brown
at 606.784.2414

HOURS
MONDAY - FRIDAY
8:00 a.m. - 6:00 p.m.
SATURDAY
10:00 a.m. - 2:00 p.m.



Jobst®
Compression Products
 Knee High • Thigh High • Pantyhose
10%off

20%off



Medline®
Remedy Olivamine Skin Repair Cream
 Helps protect and relieve dry, cracked, inflamed, reddened and itchy skin.

Stylish Glasses
Buy One-Get One 50%off
 Reading • Bifocal Sunglasses



Strengths: +1.0 to +3.5

25%off all scrubs



WE NOW OFFER

cherokee

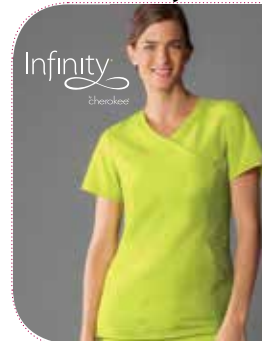
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Check out our new
Certainty® Antimicrobial Scrubs



Certainty® features a revolutionary antimicrobial that provides long-lasting freshness and reliable protection against unwanted bacteria.

- Inhibits the growth of bacteria, yeast and algae
- Minimizes odors and stains due to bacteria
- Prolongs the useful life of the product



SkinMedica®
 An Allergan Company

The #1 medically dispensed, prescription-strength skin care system that can actually transform your skin.



Buy 2 TNS Essential Serums® \$399
 Plus receive a FREE spring travel kit \$125 value (Valid while supplies last)
 Combines the benefits of the proprietary growth factor blend and the TNS Recovery Complex®. It contains antioxidants, peptides and other specialty ingredients and has been clinically shown to improve the appearance of fine lines and wrinkles, skin tone, texture and resiliency.



90 Day Supply TNS Recovery Complex® \$259
 TNS Recovery Complex® has been clinically shown to improve the appearance of fine lines and wrinkles, skin tone, texture and resiliency.

Basic Skincare Package \$99



St. Claire Regional
FAMILY MEDICAL SUPPLY

www.st-claire.org | 606.784.2414
 Located in the Morehead Kroger Shopping Center Across from LOWE'S



Do you have Happy Feet?

Join us April 30 9am - Noon

Everyone will receive **FREE**

NuFoot Slippers

Slip on these comfy NuFoot® Slippers made with stretchy antimicrobial neoprene



Foot Assessment

By Clarence Clayton, DPM (Podiatrist)

Pressure Mapping

By Tracie McCarty, L.Ped. (Licensed Pedorthist)

Ultra Violet Shoe Sanitizing

Bring in your smelliest shoes and get them 'microscopically clean!' A hygienic and odor-free cleaning without the use of toxic chemicals

Ankle Brachial Index

Tests for Peripheral Arterial Diseases (PAD)

Foot Massages

Provided by 'The Salon and Day Spa' massage therapist

First 25 participants will receive

4oz Night Care Intensive Healing Lotion

Don't forget to register for your chance to win

Happy Feet gift basket - Valued at \$100

Pair of Sanita shoes - Valued at \$120

Pair of Apex shoes - Valued at \$130

Find happy feet sale items throughout the store



For more information
contact: Tracie McCarty
at 606.784.2414

HOURS

MONDAY - FRIDAY
8:00 a.m. - 6:00 p.m.

SATURDAY
10:00 a.m. - 2:00 p.m.



ShoeZap™ Sanitizer

\$129.95
sale price



UVC germicidal light kills fungus and bacteria that causes Athlete's Foot, toenail fungus, foot and shoe odor, skin infections and more. Helps keep shoes 'microscopically clean', hygienic and odor-free, without the use of toxic chemicals. 15-minute automatic-off timer.

Foot Gym™ System

\$49.95
sale price



A combination of seven different exercises, stretches and massage therapy. Strengthens muscles that lead to improved balance, structural stability and greater overall foot function. Effective treatment of common conditions: plantar fasciitis and Achilles tendonitis.

25% off all shoes

*up to 70% off specially marked clearance Sanita

Orthotic Shoes • Active Shoes • Everyday Shoes



All PediFix® products

Buy One-Get One 30% off

PediFix® products can help ease pain, prevent future problems and allows shoes to be worn more comfortably.

Aetrex® Copper Sole Socks

Buy Two-Get One 50% off

Technology, that is unsurpassed in comfort, performance, and protection. Clinically proven to help prevent bacteria, fungi and odor.



St. Claire Regional Announces Ortho Gait Telemedicine Clinic in conjunction with Cincinnati Children's Hospital Medical Center

Cincinnati Children's Hospital Medical Center is now seeing patients at all St. Claire Regional Family Medicine locations for gait abnormalities via telemedicine.

Cincinnati Children's telemedicine clinics are designed to replace in-person visits. This clinic will allow children in St. Claire Regional's service region to access a pediatric gait specialist with less travel and to receive diagnosis, treatment and follow-up care. A gait specialist focuses on how a person walks or how they get from one place to another.

Sheila Chandran, M.D., is a board certified physical medicine & rehabilitation physician and is an Assistant Professor in the Division of Pediatric Orthopaedics at Cincinnati Children's. She will see patients via telemedicine on the third Tuesday of each month from 1-4 pm.

Gait abnormalities include: flat feet, intoeing, difficulty in walking and other gait abnormalities.

St. Claire Regional's TeleCare is currently accepting referrals for gait abnormality appointments.

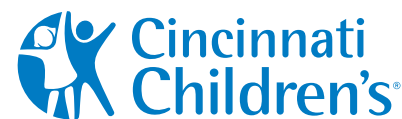
For more information call (606) 783-6864.



Improving patient's access to healthcare through TeleCare services is a priority for St. Claire Regional's TeleCare. SCR has 10+ regional telecare sites. And, as a part of the Kentucky TeleHealth network SCR has 100+ additional partner sites.

A variety of services are available through St. Claire TeleCare.

These services include but are not limited to: anesthesia pre-operative assessment, dermatology, diabetes self-management, family practice (school-based), nutritional counseling, radiology review, behavioral health, child psychiatry, adult endocrinology, cognitive impairment and other specialty services as needed.



St. Claire Regional Appreciates Our Dedicated Volunteers



National Volunteer Week, April 13-17, 2015, is about inspiring, recognizing and encouraging people to seek out ways to be more engaged in their communities. It also celebrates ordinary people doing extraordinary things to improve communities across the nation. This one week highlights the enormous contributions that volunteers make every day.

The SCR Volunteer program is growing and we have many volunteers that do amazing volunteer work weekly. Our volunteers at SCR serve in Pastoral Care, Bio Med, Marketing, Emergency and Oncology departments. They can also be seen helping assist the medical staff office, the registration desk and with special SCR events. The SCR Volunteers also deliver patient mail and newspapers weekly.

National Volunteer Week is an opportune time for us to thank a volunteer for their service to St. Claire Regional.

St. Claire Regional Welcomes NEW STAFF

Cynthia Mae Adams
Home Health

Melanie R Booth
Physical Therapy

Matthew David Brown
Physical Therapy

Sarah Elizabeth Byrd
Surgery

Keira Dawn Clark
Infusion Solutions

Kecia Lynn Craig
Environmental Services

Rachael Rena Gilliam
Food Services

Teresa L Hester
Home Health

Lisa Renee Hicks
Infusion Solutions

James Lee Hodges
Infusion Solutions

Geri Jewell Humphreys
Nursing Administration

Jessica Danyale Hunt
Patient Access

Adam D Ison
Emergency Department

Dakota Rae Ison
Cave Run General Surgery

Amanda Nicole Kissinger
Surgery

Paula Jean Kouns
Laboratory

Haleigh Brooke Mabry
TCU

Travis H Montgomery
Emergency Physicians

Kimberly Ann Moore
Cave Run General Surgery

Tracy L Perkins
Cardiac Rehab

Geena Lacour Ray
Environmental Services

Cheri Lynn Rayles
3rd Floor North

Felicia Paige Richards
4th Floor Nursing

Christopher Dean Smith
Information Services

Kelsey Lynn Stamper
Patient Access

Kimberly Ann Waggoner
Home Health

Richard Leroy Weaver
Patient Access



UPCOMING C.E. Programs

April 21 | BLS Check Off

1:00 - 4:00 PM

CHER 102C

RSVP with KaSandra Hensley at ext. 6830 or
kasandra.hensley@st-claire.org

April 29 | Transforming Evidence into Practice

12:00 - 1:00 PM

Cafe B, C & D (SCR Research and Poster Day)

Credit: ACPE, Category 1 AMA

May 1 | Tumor Board

7:30 - 8:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA

May 6 | Journal Club

8:00 - 9:00 AM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

May 12 | Morbidity & Mortality

8:00 - 9:00 AM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

May 14 | Tumor Board

8:00 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA



**St. Claire Regional
Medical Center**

222 Medical Circle • Morehead, KY 40351

ONE NIGHT: ABOUT YOU 3RD ANNUAL WOMEN'S HEALTH CONFERENCE

Date: April 29

Time: 4:00 pm - 8:00 pm

Location: Morehead Conference Center

FREE FOOD, FUN & GIFTS

A FREE Event Focused on Women

For more information contact Michael Ash at 606.783.6927 or michael.ash@st-claire.org

FAMILY MEDICAL SUPPLY HAPPY FEET EVENT

Date: April 30

Time: 9:00 am - 12:00 pm

Location: SCR Family Medical Supply

For more information contact Tracie McCarty at 606.784.2414 or tracie.mccarty@st-claire.org

MOREHEAD COMMUNITY FEDERAL CREDIT UNION

Date: May 7

Time: 5:00 pm

Location: Morehead Conference Center

Everyone is invited to attend the annual meeting.

For more information call (606) 784-2201 or visit www.moreheadcommunity.com



St. Claire Regional is
a sponsored ministry of the
Sisters of Notre Dame
Covington Province

NEWSBRIEF

Have an article or event to submit for the Newsbrief?

Please send articles and/or information to be placed
in the SCR Newsbrief to michael.ash@st-claire.org

Visit the SCR web site at www.st-claire.org/newsbrief
to read past editions of the SCR Newsbrief

Need a Camera to Cover a SCR Event?

The Marketing/PR Dept. has several
cameras available for loan.

Contact ext. 6927 for more information.

