

St. Claire Regional Medical Center

NEWSBRIEF

Bil Lepp tickled funny bones once again.....3

FREE Breastfeeding, Newborn & Childbirth Classes.....6

Free sports physicals a huge success!.....4

Victor J. Pilewski, MD, Accepting New Patients.....7

Pass the Marshmallows... Camp SMILE's 9th Year Providing Care to Youth

Submitted by: Melanie Hurst, MSW, Hospice



2015 Camp SMILE participants and volunteers

This was the 9th year for Camp SMILE, a collaborative effort of St. Claire Regional Hospice and the MSU Nursing Program. The bereavement camp is held for any children ages 7-17 who have lost a loved one. This year, 46 campers were in attendance from Friday, June 29, to pick-up time on Sunday, June 31. The kids participated in therapeutic bereavement activities focused on defining grief, coping skills, support systems and addressing the multiple feelings one may feel after a death.

Campers had the opportunity to do archery, climb a rock wall, go canoeing and tackle a team rope course. Other activities at the camp included a balloon release with a letter to their loved one, a luminary ceremony, memory crafts, small-group bereavement support sessions, campfire s'mores and a 7 a.m. polar plunge! St. Claire Hospice & Palliative Care Social Workers Tiffany Fannin, LSW, and Melanie Hurst, MSW, spent the weekend facilitating the small-group sessions and coordinating the events for the campers.

continued on page 2

Pass the Marshmallows... Camp SMILE's 9th Year Providing Care to Youth

continued from page 1



Campers enjoying the beautiful weather with a trip around the lake in canoes.



Adam Mullen, HME Service Technician and Tiffany Fannin, LSW, Social Worker assisting campers on the ropes course.

Camp SMILE 2015 would not have been successful without the assistance from the community and volunteers. St. Claire Regional Pastoral Services Chaplain Michael Anderson provided support to campers and staff on Friday, Saturday and Sunday. Belinda Ashley, RN, from Hospice assisted with registration and was back to help Saturday morning. Kevin Trent, Administrative Director of Homecare, and Adam Mullen, HME Service Technician, spent the entire weekend assisting with the camp, staff and campers. Adam Skirboll, Executive Chef, delivered snacks and drinks to the camp on Friday, then Rebecca Runyon, Supervisor, Food Services, and Charlotte Kiser, Cook, provided a hot breakfast for the entire camp Saturday morning.

Camp SMILE is a true gift to the community; there is no charge for the camp and children receive a T-shirt, backpack and bereavement resources.



Julese Thompson works on her box in memory of her dad.



SMILESM
Sharing Memories in a Loving Environment

For more information on how to support or participate in next year's Camp SMILE call (606) 783-6808

Storyteller Bil Lepp tickled funny bones at St. Claire Foundation Signature Event

Submitted by: Tom Lewis, Executive Director, St. Claire Foundation

Storyteller Bil Lepp makes no bones about it. He's a liar.

But Lepp's tall tales left a captivated crowd of nearly 150 people in stitches at the St. Claire Foundation's 2015 Signature Event on June 11 at Morehead State's Adron Doran University Center.

A resident of Charleston, West Virginia, Lepp is a nationally renowned humorist, five-time champion of the West Virginia Liars' Contest, a recipient of the National Storytelling Network's Circle of Excellence Award and a regular headliner at the annual Cave Run Storytelling Festival.

Lepp's stories usually start with a morsel of truth but take several twists and turns along the way.

The event also featured a wine and appetizer reception, silent auction and fine meal featuring filet mignon and Maryland crab cakes. Thanks to the SCR and MSU divisions of ARAMARK for the amazing food!

The event raised nearly \$10,000, which will assist with preparations for a new St. Claire Regional medical office building.

"The anticipation is building. We believe we've selected an excellent site for the new building. Now we're moving into architectural design and preparations for construction," SCR President/CEO Mark J. Neff said. "This modern, attractive building will house Morehead Medical Specialists, Cave Run Surgical Specialists and other SCR ambulatory services in one convenient location."



Storyteller and champion liar Bil Lepp spinning a tall tale at the Foundation Signature Event.



Molly Carew, APRN, spent plenty of time laughing during the Signature Event, as did most of the attendees.



Several Sisters of Notre Dame were among those on hand to enjoy the food and fun of the 2015 Signature Event.

Free Sports Physicals a Huge Success

Reprinted from The Morehead News - June 23, 2015

With the help of St. Claire Regional Medical Center and Rowan County school personnel, 65 students received free physicals at the old Rowan County Middle School on June 6.

A big thank you goes out to Dreama Perkins for helping coordinate the providers from St. Claire Regional Family Medicine, and Mary Caric, APRN; Lisa Back, APRN; Bethany McClure, PA-C; Elizabeth Matera, MD; and Sandos Al'Sad, MD (providers from St. Claire Regional Family Medicine), who volunteered their time to provide this wonderful service.

Also, thanks to Patty Lambert (billing clerk), Debbie Griffin (billing clerk/nurse), Chelsea Roe (McBrayer nurse), Sherry Johnson (Rodburn nurse) and Tyler Pruitt (RCSHS Athletic Trainer) for coming in on a Saturday morning to help with the screenings and all of the paperwork, and Mike Kash, who always helps when needed.



Finally, Renee Smith, district health coordinator, did a tremendous job coordinating all of these efforts.

The service couldn't be provided if it were not for the generosity of these people.

READY TO QUIT?
LET US HELP



Join us for the Cooper/Clayton Smoking Cessation Program. This 13-week program provides **FREE*** nicotine gum, patches or lozenges and support and behavior modification in a supportive group setting.

WHEN Tuesday, July 14 **TIMES** 12:30 or 5:30 PM

WHERE Center for Health Education & Research
 @ 316 West Second Street, Room 102-E

**FOR MORE INFORMATION OR TO REGISTER, CONTACT
 MARY HORSLEY @ 606-783-6476. SPACE IS LIMITED.**

*Free nicotine replacement products will be provided for area residents through the Gateway District Health Department.

Kasey Hickerson, RN-BC receives Medical-Surgical Certification

Submitted by: Charlotte Kinney, Nurse Manager

Kasey Hickerson, RN-BC, recently earned her Medical-Surgical Certification from the American Nurses Credentialing Center. Kasey began her career with St. Claire Regional in 2008 as a nursing assistant on 3C while attaining her associates degree in nursing. Kasey completed her ADN from Maysville Community and Technical College and is currently working on her BSN.

The ANCC Medical-Surgical Nursing board certification examination competency based and provides a valid and reliable assessment of the clinical knowledge and skills of registered nurses in the medical-surgical specialty after initial RN licensure. Once a nurse completes eligibility requirements, takes the exam and successfully passes, they are awarded the credential: Registered Nurse-Board Certified (RN-BC). This credential is valid for five years. The National Commission for Certifying Agencies and the Accreditation Board for Specialty Nursing Certification accredits this ANCC certification.



Kasey Hickerson, RN-BC, 3C.

Amazing. Medicine. Close to Home.

Third Central Donates to DOVES of Gateway, Inc.

Submitted by: Charlotte Kinney, Nurse Manager

The staff of 3C made a donation to DOVES of Gateway, Inc. on June 17. The donation consisted of toys, books, journals and other items for children and families who are staying at the DOVES shelter. DOVES (Domestic Violence Emergency Services) is much more than a spouse abuse shelter. Serving Bath, Menifee, Montgomery, Morgan and Rowan counties, their staff is trained to provide support and information in a way that allows victims to take control of their lives. DOVES was grateful for the support shown by the staff of Third Central. This is just another example of how the staff of St. Claire Regional lives the mission of the medical center and serves its community.



Charlotte Kinney, Nurse Manager; Tammy Boggs and Andrea Gibson of DOVES of Gateway, Inc.; and Ramona Gooding, RN with the items donated to DOVES.



FREE Breastfeeding, Newborn & Childbirth Classes

Breastfeeding Classes

Join other expectant families to learn the benefits of breastfeeding and how to get started. Breastfeeding classes are offered from 6-8 p.m., on these dates:

- July 9
- August 13
- September 10
- October 8
- November 12
- December 10

Breastfeeding Support Group

Are you planning to or are you currently breastfeeding? Are you looking for or wanting to offer support and encouragement? Our breastfeeding support group is offered 6-8 p.m., on these dates:

- July 23
- September 24

Newborn Care Classes

Babies don't come with instruction manuals! Join our Family Medicine Doctors for an overview of taking care of your newborn. Newborn care classes are offered from 6-8 p.m., on these dates:

- August 20
- November 19

Childbirth Classes*

Get ready for what to expect and learn how to cope with labor and birth. For more information, call Betsy Meadows at 606-784-9890. Childbirth classes are offered in a series of four classes in a row on Mondays from 7-9 p.m., starting on these dates:

- July 6
- August 10
- September 14
- October 19

*Childbirth classes are free to Family Medicine patients ONLY
All other classes are free for all attendees

Victor J. Pilewski, MD

GENERAL SURGEON



"I am passionate about the overall well-being of my patients."

I believe everyone deserves a thorough evaluation and an honest opinion about treatment options that will quickly get you back to better health and doing the things you love most."

Dr. Pilewski specializes in minimally invasive, laparoscopic surgeries including colon surgery, hernia surgery, gallbladder surgery and acid reflux (GERD) surgery.

Dr. Pilewski is now seeing and accepting new patients, for more information or to schedule an appointment call (606) 783-7551.

**Cave Run
Surgical Specialists**

✦ St. Claire Medical Group

General Surgery | Orthopedic Surgery | Thoracic Surgery
Vascular Surgery | Sports Medicine | Urology



**St. Claire Regional
Medical Center**

Dillard's

Christmas in July

July 16th 7am-7pm & July 17th 7am-4pm

A portion of all sales will go back to
St. Claire Regional Medical Center.

Sponsored by the St. Claire Foundation.

Payroll deduction, cash, checks, debit and credit cards accepted.

SPERRY
TOP-SIDER 

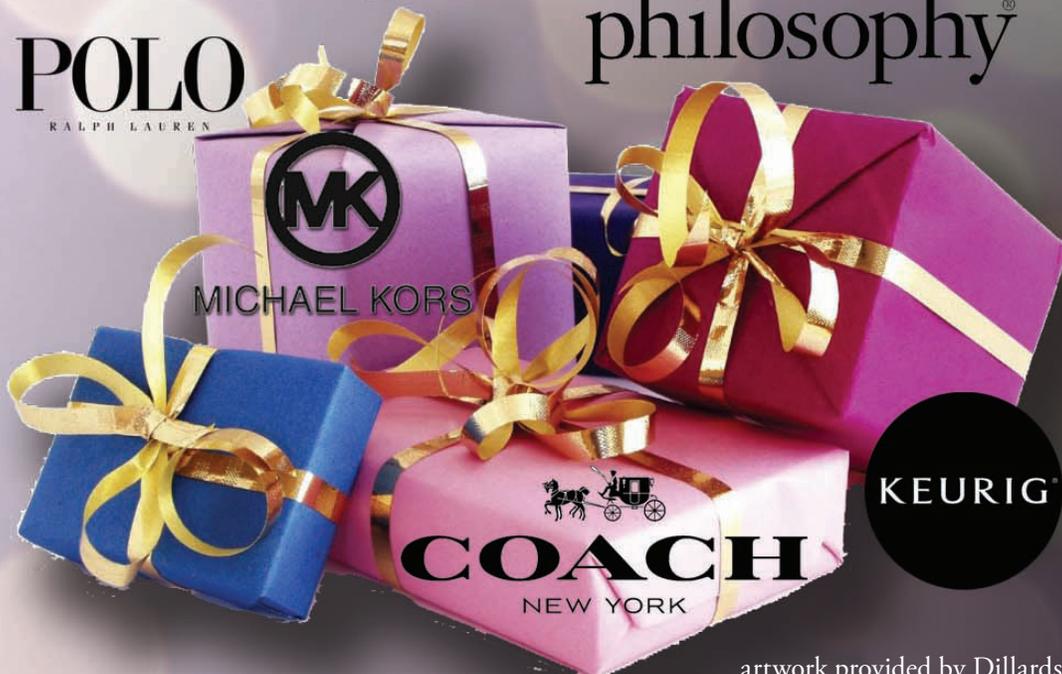
HUNTER


dansko

clarisonic

POLO
RALPH LAUREN

philosophy[®]



MICHAEL KORS


COACH
NEW YORK

KEURIG

artwork provided by Dillards

SDS

Safety Data Sheets



St. Claire Regional Medical Center

For online access to an SDS

Click the MSDS link

on your desk top.

The Help Center icon is located in the top right corner of the MSDSonline website, and provides help with:

- How to Search your Company List
- How to Search the MSDSonline Database
- How to Request Additional MSDSs
- Help Library



To have an MSDS faxed to you:

Contact MSDSonline

1.888.362.7416

24 HRS/DAY — 7 DAYS/WEEK

Please have the following information on hand when calling:

- Product Name
- Manufacturer Name
- Your Fax Number
- Product Code (optional)

 **MSDSonline**[®]

St. Claire Regional Welcomes NEW STAFF

Jennifer Lynn Adkins
3rd Floor Central

Layla Leann Adkins
TCU

Connie Lynn Alexander
Family Medical Supply

Marsheena D Brock
Nursing Administration

Megan Jane Brown
ICU

Chantae Brienne Bryant
3rd Floor North

Michael Thomas Burling
Emergency Department

Karen Kay Butler
Environmental Services

Teretha Brooke Cole
Emergency Department

Kayla Marie Dingus
Behavioral Health Unit

Andrea Leigh Felty
Environmental Services

Garrett Matthew Foss
Nursing Administration

Tiffany Shalin Kilgore
3rd Floor Central

Amber Shanice Kuykendall
ICU

Rachael Melinda Lewis
ICU

Avram Don McCarty
Physical Therapy

Monika Rae Mccowan
Emergency Department

Kelly Ann Mcelhaney
Behavioral Health Unit

Justin Corey Meade
Information Services

Ashley Nicole Music
Float Dept - Unit Sec

Daisy Darlene O'Hair
Nursing Administration

Lynzee Noel Preece
Emergency Department

Selena Gayle Raines
House Staff

Kelli Brooke Ratliff
3rd Floor Central

Melanie Leah Reis
3rd Floor Central

Kristen Nichole Rowley
Cave Run General Surgery

Cassandra Nicole Royse
TCU

Sayed Ali Saghalian
Pharmacy

Ashley Marie Shade
Nursing Administration

Ashley Nicole Shelton
AHEC

Brent Allen Simpkins
Pharmacy

Mallory Auburn Stephens
4th Floor Nursing

Brittany Lashea Tackett
Emergency Department

Chyann Michelle Tackett
Nursing Administration

Justina Louise Thompson-Arnett
MMS Clinical Services

Khoi Tan Nguyen Tran
House Staff

Crissie Marie Wolfe
Float Dept - Unit Sec



UPCOMING C.E. Programs

July 3 | Tumor Board

7:30 - 9:00 AM
SCR Teleconference Room
Credit: ACPE, Category 1 AMA

July 7 | BLS Check Off (FULL)

1:00 - 4:00 PM
CHER 102C
RSVP with KaSandra Hensley at ext. 6830 or
kasandra.hensley@st-claire.org

July 14 | Morbidity & Mortality

8:00 - 9:00 AM
SCR Library - Education Room
Credit: ACPE, Category 1 AMA

July 17 | Tumor Board

8:00 - 9:00 AM
SCR Teleconference Room
Credit: ACPE, Category 1 AMA

July 20 & 21 | Advanced Life Support in Obstetrics (ALSO)

8:00 AM - 5:00 PM
CHER 102 A-G
For more information contact KaSandra Hensley
at ext. 6830 or kasandra.hensley@st-claire.org

July 28 | BLS Check Off

1:00 - 4:00 PM
CHER 102C
RSVP with KaSandra Hensley at ext. 6830 or
kasandra.hensley@st-claire.org

August 5 | Journal Club

8:00 - 9:00 AM
SCR Library - Education Room
Credit: ACPE, Category 1 AMA

August 7 | Tumor Board

7:30 - 9:00 AM
SCR Teleconference Room
Credit: ACPE, Category 1 AMA

August 11 | Morbidity & Mortality

8:00 - 9:00 AM
SCR Library - Education Room
Credit: ACPE, Category 1 AMA

August 11 | BLS Check Off

1:00 - 4:00 PM
CHER 102C
RSVP with KaSandra Hensley at ext. 6830 or
kasandra.hensley@st-claire.org

August 13 | Faculty Development Series: The Difference Between an MD and DO

5:30 - 7:30 PM
CHER 102D
Credit: Category 1 AMA
Register online at www.neahec.org/fds

August 21 | Tumor Board

8:00 - 9:00 AM
SCR Teleconference Room
Credit: ACPE, Category 1 AMA

August 25 | BLS Check Off

1:00 - 4:00 PM
CHER 102C
RSVP with KaSandra Hensley at ext. 6830 or
kasandra.hensley@st-claire.org



**St. Claire Regional
Medical Center**

222 Medical Circle • Morehead, KY 40351

COOPER CLAYTON SMOKING CESSATION PROGRAM

Date: Tuesday, July 14

Time: 12:30 pm & 5:30 pm

Location: Center for Health, Education & Research

**For more information or to register, contact
Mary Horsley at 783-6476**

A free 13-week program to assist you in quitting
tobacco products.

Space is limited.

DILLARD'S CHRISTMAS IN JULY SALE

Date: July 16 | 7:00 am - 7:00 pm

Date: July 17 | 7:00 am - 4:00 pm

Location: Café C & D

**A portion of all sales will go back to
St. Claire Regional Medical Center.**

Payroll deduction, cash, checks, debit
and credit cards accepted.

Polo · Hunter · Dansko · Coach · and more



LOOK GOOD... FEEL BETTER

Date: Monday, July 20

Time: 1:00 - 3:00 pm

Location: Outpatient Oncology Department, 3rd Floor

To RSVP contact Regina Pettit at 783-6625

Look Good... Feel Better is a free program that helps women
look their best during cancer treatment.

It's like a makeover for the spirit. And that's a beautiful thing.
To learn more about Look Good... Feel Better or other
American Cancer Society programs for patients,
call 1-800-227-2345 or visit cancer.org.



St. Claire Regional is
a sponsored ministry of the
Sisters of Notre Dame
Covington Province

NEWSBRIEF

Have an article or event to submit for the Newsbrief?

Please send articles and/or information to be placed
in the SCR Newsbrief to michael.ash@st-claire.org

Visit the SCR web site at www.st-claire.org/newsbrief
to read past editions of the SCR Newsbrief

Need a Camera to Cover a SCR Event?

The Marketing/PR Dept. has several
cameras available for loan.

Contact Hannah Conn at ext. 6927 for more information.

