St. Claire Regional Medical Center

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St. Claire Regional receives two achievement awards for improving stroke assessment

St. Claire Regional Medical Center (SCR) recently earned two achievement awards from the Norton Healthcare/UK HealthCare - Stroke Care Network the 2015 "Pioneer Award": for its innovation and the "Galileo Award" for its comprehensive approach in improving stroke assessment and care for its patients.

At the Stroke Care Network's annual summit in Lexington July 24, Dr. Michael Dobbs, director of the Stroke Care Network, commended SCR for our commitment to excellence in stroke assessment and care. "St. Claire Regional's commitment to quality improvement and dedication of resources to provide their patients with the highest quality stroke care is to be commended," Dr. Dobbs said. "Everyone's goal is to provide the best care for stroke patients as close to home as possible and SCR's efforts embody that principle."

"The hard work and dedication of SCR staff to advance stroke care and education in our region is a good example of SCR's commitment to provide the highest quality healthcare services possible," said Mark J. Neff, President/CEO of St. Claire Regional.

The Stroke Care Network's director of education and quality, Lisa Bellamy, RN, CPHQ, notes that SCR has gone above and beyond to take a cutting-edge and comprehensive approach to stroke education. "St. Claire Regional already had a great stroke program, but Christa Thompson, MSN, RN, Director of Education and the Stroke Program Coordinator at SCR, dared to ask, *is this enough*," Bellamy said.



Left to right: Michael Dobbs, MD, Director of the Stroke Care Network; Stephen D. Damron, MD, SCR Internal Medicine Physician; Christa Thompson, MSN, RN, SCR Director of Education and Stroke Program Coordinator; and Lisa Bellamy, RN, CPHQ, Stroke Care Network's Director of Education and Quality.

"St. Claire Regional has demonstrated a strong commitment to their community by not only implementing minimum education for their staff about stroke and stroke assessment, but also by implementing a process to ensure competency beyond the initial training," she continued. "They are a 'Pioneer' in this area because their method to evaluate the answer to the question of 'is this enough' was approached scientifically, and the results challenged us all do better. In fact, their work to advance stroke education for practitioners was presented at the International Stroke Conference, and programs across the nation were inspired to think outside of the box."

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St. Claire Regional receives two achievement awards for improving stroke assessment continued from page 1

"The 'Galileo Award' was earned by St. Claire Regional for their exemplary participation in local, regional, national and international stroke educational offerings. Stroke care is advancing quickly and learning from the stroke experts at these conventions helps to assure SCR's stroke program incorporates the latest evidence-based practices." In January 2014, UK HealthCare was designated a Comprehensive Stroke Center by the Joint Commission and the American Heart Association/American Stroke Association. UK HealthCare was the 63rd U.S. institution and the only hospital in central and eastern Kentucky to be awarded this designation, which is the highest honor The Joint Commission awards to stroke centers.

Comprehensive Stroke Center Certification recognizes those hospitals that have state-of-the-art infrastructure, staff and training to receive and treat patients with the most complex strokes, including advanced imaging capabilities, 24/7 availability of specialized treatments, and staff with the unique education and competencies to care for complex stroke patients.

As an affiliate in the Stroke Care Network, SCR has access to Norton Healthcare and UK HealthCare's expertise and resources to best ensure the hospital offers "the best care for stroke" for its service region.

Stroke Prevention in the community

As an ongoing effort for stroke awareness, education and prevention in the region, St. Claire Regional's Stroke Program offers free stroke assessments at community health fairs. These stroke assessments use a participant's blood pressure, glucose and cholesterol levels to identify concern for the participant and the increased chances of stroke. Stroke program workers also answer any questions or concerns about stroke the participants may have and offer information and resources. "These stroke assessments are a great way to help inform

Protein

Pro

Members of SCR Stroke Program at the community health fair during Rowan County School's Ready Fest on August 7.

community members in our region about the warning signs of stroke, as well as ways to help minimize the chances of having a stroke," said Christa Thompson, MSN, RN, Director of Education and Stroke Program Coordinator. "We also attend schools and talk about stroke with students as part of our 'Brain Protector Program'. We talk about symptoms and warning signs of stroke and what to do when a family member might be having a stroke. This program targets children 5 to 12 years old and has reached over 150 children so far!"



Christa Thompson, Director of Education and Stroke Program Coordinator working with a student during a 'Brain Protector Program' event.



ICD-10 Goes Live — October 1

On Oct. 1 St. Claire Regional will go live with ICD-10 (International Classification of Disease, 10th edition).

"This is a major change for our coders," said Theresa Garvin, Director of Health Information Systems. "ICD-9 has been around for 30 years. Switching to ICD-10 will put a lot more work on coders, as the vastness of the program is so much greater than what we have been using."

ICD-10 will allow the code to be more specific on detailing information about the patient visit. While ICD-9 only allowed 13,000 codes and did not provide codes to distinguish between a right or left, ICD-10 offers over 68,000 codes, allowing the coder to enter more specific information about the patient, such as right or left, and the reason for being seen.

"We have several coders who are trained and ready to run ICD-10 dual coding, running both ICD-9 and 10, for about six months," Garvin continued. "The new coding system will allow us to be

much more specific on what we enter into the system. In the past, we might have entered the code E917.0, which is being struck or striking against in sports without subsequent fall. Now we can enter W21.02, which is being struck by a soccer ball."

While there are many benefits to switch over to ICD-10, we are not without some challenges. The new system will take time to train the remaining coders and physicians who currently use ICD-9. Also, though many payers will be switching to and using ICD-10, others will not. "We will have to maintain both systems and go back and recode items for those who remain in ICD-9," Garvin said. "To help with the shift from ICD-9 to ICD-10, we are working on setting up a helpline for those who need assistance with ICD-10 coding."

For any questions about the ICD-10 implementation, contact Health Information Management at ext. 6570.

ICD-10 Quick Facts

68,000 Codes

- •3-7 Characters
- · Has Detail
- Has Laterality
- First digit is always alpha
- Flexibility to add new codes

ICD-10 Structure













Category

Etiology, anatomic site, severity or other clinical detail

Extension

8 Benefits of ICD-10

- Designing payment systems and processing claims for reimbursement
- Measuring the quality, safety and efficacy of care
- Provides additional diagnosis options as some ICD-9 coding categories are maxed out
- Setting health policy

- Operational and strategic planning and designing healthcare delivery systems
- 6 Monitoring resource utilization
- Improving clinical, financial and administrative performance
- 8 Preventing and detecting healthcare fraud and abuse





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Much More than an Internship

Powers First Philosophy Intern in MSU, St. Claire Regional Partnership

Submitted by: Dr. Scott Davison, MSU Chair

Philosophy majors are often asked, "What will they will do after they graduate?"

According to Dr. Scott Davison, professor of philosophy and chair of Morehead State University's Department of History, Philosophy, International and Legal Studies, "Philosophy majors develop highly portable skills that serve them well in many careers — in fact, they typically earn more money than many other majors, including chemistry, education and accounting." Dr. William Melahn, Chief Medical Officer and Vice President of Medical Affairs of St. Claire Regional, notes that his undergraduate studies in philosophy enable him "to understand and appreciate the complexity of the ethical issues we face in the medical field every day."

MSU senior, Miranda Powers, will discover these things for herself as the first ever philosophy intern at SCR. As an intern, she will attend meetings with physicians, conduct research concerning ethical issues in healthcare, and organize conferences for healthcare practitioners and MSU faculty around those issues.

"I am excited to play a role in highlighting ethical issues in healthcare, because they are so important," Powers said. "Patients and practitioners need to understand their rights and responsibilities, and families need to learn to make decisions together so that they can be prepared."

"We expect that Miranda's internship will build new bridges between MSU and SCR, and will provide opportunities for us to explore the ethics of healthcare together," said Sister Judi Lambert, acting director of Mission Integration and director of Pastoral Care at SCR. "It's a great opportunity for us to share resources and work together."

For additional information concerning the MSU/SCR philosophy internship program, contact Dr. Davison at 606-783-2655 or by email s.davison@moreheadstate.edu.



Miranda Powers, senior philosophy student at MSU, will be doing completing an internship at SCR focusing in healthcare ethics.









Sponsored by



Our fingers are crossed for a beautiful day at the 21st-annual St. Claire Foundation Golf Outing. Hopefully the only shower will be the sight of up to 1,000 golf balls raining down on a target during our Golf Ball Drop Raffle, sponsored by Fleming-Mason Energy.

At lunchtime, numbered golf balls will be dropped from a Fleming-Mason Energy bucket truck onto a target.

The owner of the first ball into the hole (or nearest to it) will win half of the raffle pot (up to \$5,000)! The rest of the proceeds will assist St. Claire Regional with preparations for a new medical office building to combine the health care providers and services of Cave Run Surgical Specialists and Morehead Medical Specialists.

Chances are \$10 each. Your number(s) will be emailed to you. Please keep that email. You need not be present to win. The winner will be notified. Chances are nonrefundable.

GOLF BALL DROP RAFFLE

To purchase chances, complete the entry form and return it, with payment, to: St. Claire Foundation, 222 Medical Circle, Morehead, KY 40351. Or you may buy chances online at www.st-claire.org/golfballdrop. Online sales will close on Sept. 9 at noon EDT.

Name:
Daytime Phone:
Address:
City/ST/ZIP:
Email:
of Chances:
Payment (# of Chances x \$10):
My check or cash is enclosed
I wish to pay with credit card
Credit Card #:
Exp. Date:
Name on Card:



The following comments are from SCR patients that completed our Press Ganey patient satisfaction surveys in March

HOSPICE

Could not have had a better close for our mom. Teresa Wheeler, RN, was mom's nurse from hospice. She was the best. She was always there for us and mom. All the other hospice nurses and staff did a wonderful job. You are all the most wonderful people in the world. We want to thank you all for the help and care that our mom got.

I absolutely adored Jennifer Worley, MSW; Belinda Ashley, RN; and Lisa Smith, our home health aide. Those are the three I dealt with the most. They were so helpful and compassionate. I couldn't have handpicked anyone better. I thank you all from the bottom of my heart.

Thank you to all, but especially Cheryl Bridenthal, RN; Janet Puckett, home health aide; and Dr. Black. I have nursing training but it was reassuring to have the support to get mom through this.

MEDICAL PRACTICE

Dr. Rucker is confident in the care she provides and has a way of making me feel special and reassured of my health concerns and finding answers.

Registration clerk, Helen Peck, is wonderful and has always been sensitive to my needs; she is firm but professional.

Cindy McKenzie, RN, was very efficient and kind.

I really like **Dr. Rucker**; the care she provides is excellent and she is very knowledgeable.

Glen Standafer, APRN, is very knowledgeable.

Dr. Rucker is a wonderful, caring doctor.

Dr. Ramey is the best doctor I have seen in a long time.

I think Dr. Burrows is one of the best doctors I have ever met. He is unfailingly polite, listens to what I have to say and tries to find the best possible solution to my issues.

Dr. Rucker is very professional and kind.

Mary Caric, APRN, is an excellent care provider.

Lucille Mays, APRN, was excellent and was very attentive to my daughter. Very friendly and took time to listen to our concerns. I was very impressed with her.

HOME HEALTH

Kayla Daulton, RN, and physical therapist, LeAnn Davidson, were excellent.

Charla Pennington, RN, went above and beyond all expectations we had for home health.

Amanda Rudd, RN, is a very good, she is a great nurse! Best home health nurse I have ever had.

We love our nurse, her name is Shannon Moore, RN.

My physical therapy assistant, Larry Hutchinson, was excellent.

I love my nurse Shannon Moore, RN.

My physical therapist was always kind and caring, Crystal Limings; she was the best.

Missy Lillard, RN, has been wonderful. We could not be happier with my care and her teaching my husband how and what to do.

Aimee Cover, OT, was a great help.

Missy Lillard, RN, always listens to my thoughts and concerns. I ALWAYS feel better after she visits.

Tonya Kennedy, RN, was encouraging when I wanted to go for a walk but was unable to bear weight at that time.

Aimee Cover, OT, was great! She made several suggestions for better organization and showed me how I could accomplish tasks safely.

Aimee Cover, OT, is a very nice person. Aimee was helpful with his brace and she made him a pulley system. We were also VERY pleased with Linda Haddix,

INPATIENT

Dr. Phillips is an excellent doctor, very good at explaining everything going on.

Nurses need training on ostomy care! Jeanne Stamm, RN, was wonderful. She knew what she was doing and did everything possible to get us ready to go home

Physical therapy and occupational therapy was excellent. I praise God for Nick Rodgers, RN, for listening to me and putting the needle where I asked him to!







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SEPTEMBER 2015 BIRTHDAYS

9/1

Sharon Jean Gee Robert Dean Hamilton Howard J McClain Amber D Munday

9/2 Vicki L Adkins Fern Elaine Isaac Annette Sparks

9/3 Sara Rachel Fields

Lori Elizabeth Hoskins 9/4

Christopher S Duff Shaheen M Gill

Kimberly S Hamilton Timothy Lee Kuhl 9/5

Geraldine Alice Crossley Jessica Dawn Duncan Angela C Fryman Garrett M McGuire

9/6 Debra A Hayes

Lisa Renee Hicks Sharlet N Kidd Donna Parker Devin Rvan Patrick Joshua Ethan Skaggs Rachael N Stafford 9/7

Melissa Christine Adams Robin Camille Hale Glenna Kay Moore

9/8 Tonya Joan Conley Edith G Fields Sarah A Flynn Stephanie M Garvin Dustin Gussler

9/9 Shelley R Irving Charlotte Johnson Gloria J Riggs

9/10

Rachael D Burchett Elizabeth Marie Hobbs Leandra D Parker Meleah Rae Roe Sharon E Wells Fulkerson Emergency Physicians

ICU

Family Medical Supply HIM

Respiratory Therapy

Medical Group Admin **Environmental Services** Home Health

Behavioral Health Unit

TCU

Information Services Counseling Services **Food Services** Family Medical Supply

TCU

Family Medicine **CRSS**

Infusion Solutions

MMS Clinical Services

Behavioral Health Unit

Environmental Services

Emergency Department

Emergency Department

Food Services

Pharmacv

Laboratory

FM - Morehead

FM - Morehead

CT Scan

OPCC

Palliative Care

Food Services

FM - Olive Hill

Infusion Solutions

FM - Morehead

Patient Access

FM - Sandy Hook

Infusion Solutions

TCU

CRSS

Mary E Jessee Cara N Plank Rebecca D Thomas

9/16

Kristina R Thompson 9/17 Anita Jo Harris

Wilma Sue Miller Robin L Sorrell 9/18

Cairee Ann Fannin Crystal G Howard Angela Dawn Johnson Cheryl A Whitt

9/19

Tiffany Nicole Pack Kristen Elaine Perry Billi Nell Prater Keelia Rashelle Reed Megan Jo Riggs Megan R Smallwood Geoffrey Co Sy

9/20 Cassie Mahaya Duffy Jarrod A Flora

Cave Run General Surgery

Regina Sue Adams Home Health Carrie J Gross Emergency Department

Lalona Lynn Hall Kristi L Helton Telecare Rhonda Charlene Lewis Hospice Lainey Caitlin Mattox AHEC Michelle Lee Rayburn Nursing Administration

9/11

9/12

Kendall Dawn Jett

Suzanne Russell AHEC Mohammed A Sheikh ICU Frnest Watson Central Transport

Rebecca A Winkleman

9/13 Teretha Brooke Cole Emergency Department MMS Administration Heidi K McDaniel

9/14 Heather Dawn Burton Robin A Donehue

9/15 Christa Jean Thompson

Nursing Administration

Rosemary A Curtis Pathology Food Services Cytology Laboratory

Carmen Michelle Corbin Patient Financial Services Home Health Laboratory Cave Run General Surgery

> 3rd Floor Central FM - Morehead 4th Floor Nursing Counseling Services

Laboratory Counseling Services Patient Financial Services Patient Access Home Health 3rd Floor Central Materials Management

Laboratory Home Health 9/21

9/22

Jeff Flannery Kelsey Nicole King Kristen Prather

Chad W Jaynes William D Thomas Jacqualine T Winkleman Home Health

Molly J Gabel

Allison J Kelley Tara R Mains

9/24

3rd Floor North 4th Floor Nursing

9/30 Christy Y Salvers

Kimberly Renee Cundiff FM - Olive Hill MIM

Financial Services

Financial Services

Float Dept - Unit Sec

Emergency Department

9/23

Tosha Lea Bates Melissa Dawn Gilliam Charlotte E Kinnev David Francis Race

Amy Jo Conley-Sallaz Mary Beth Cox

Sheila Kay P'Simer Kristen Nichole Rowley

David Stapleton 9/25

Jessica Blair Duvall

9/27 Matthew L Armitage Paz T Brewer Brenda Kav Cundiff Alma Jean Turner

Kimberly Ann Withrow 9/28

Tania Y Brockman Edna R Gagliano

9/29 Mitchell Kiser Debra Ann Neff

Diane Michelle Cooper

Cave Run General Surgery **Emergency Department**

FM - Olive Hill 3rd Floor North 3rd Floor Central Pharmacv Administration

FM - Morehead Pharmacy Laboratory

Cave Run General Surgery Infusion Solutions

HIM

Central Scheduling 3rd Floor Central Suraerv

Hospice FM- Owingsville

CT Scan FM - Morehead

Emergency Department Physical Therapy

Infusion Solutions Respiratory Therapy





UPCOMING C.E. Programs

August 21 | Tumor Board

8:00 - 9:00 AM SCR Teleconference Room Credit: ACPE, Category 1 AMA

August 25 | BLS Check Off

1:00 - 4:00 PM CHER 102C RSVP with KaSandra Hensley at ext. 6830 or kasandra.hensley@st-claire.org

September 2 | Journal Club

12:00 - 1:00 PM SCR Library - Education Room Credit: ACPE, Category 1 AMA

September 4 | Tumor Board

7:30 - 9:00 AM SCR Teleconference Room Credit: ACPE, Category 1 AMA

September 8 | Morbidity & Mortality

8:00 - 9:00 AM SCR Library - Education Room Credit: ACPE, Category 1 AMA

September 15 | BLS Check Off

1:00 - 4:00 PM CHER 102C RSVP with KaSandra Hensley at ext. 6830 or kasandra.hensley@st-claire.org

September 16 | Interdisciplinary Grand Rounds: "Metabolic Syndrome in Psychiatric Patients"

12:30 - 1:30 PM SCR- Educational Room Credit: Category 1 AMA, ACPE

September 18 | Tumor Board

8:00 - 9:00 AM SCR Teleconference Room Credit: ACPE, Category 1 AMA



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NEWS & EVENTS

EXPERIENCE A YOUNGER LOOKING YOU AESTHETICS SALE

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FMS ANNIVERSARY SALE & CUSTOMER APPRECIATION

Date: Sale Ends August 31

Customer Appreciation Day

Thursday, August 27, 8 a.m. - 6 p.m.

Location: Kroger Shopping Center, Across from LOWE'S

For more information see pages 8-9.

Special deals on shoes, scrubs, lift chairs and many more items! Call 606.784.2414 for more information about our sale and event.

ST. CLAIRE REGIONAL'S ANNUAL WOMEN'S RETREAT

Date: Friday, October 2 - Sunday October, 4

Time: Begins Friday Evening **Location:** St. Joseph Heights Covington, KY

More Information to come, or contact Sr. Marge Mouch at (859) 640-1440 or mmmouch@yahoo.com







Have an article or event to submit for the Newsbrief?

Please send articles and/or information to be placed in the SCR Newsbrief to michael.ash@st-claire.org

Visit the SCR web site at www.st-claire.org/newsbrief to read past editions of the SCR Newsbrief

Need a camera to cover a SCR event?

The Marketing/PR Dept. has several cameras available for loan.

Contact ext. 6927 for more information.

