

St. Claire Regional Medical Center

NEWSBRIEF

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21st Annual Golf Outing *One of our Most Successful*



The 21st annual St. Claire Foundation Benefit Golf Outing held on Sept. 10 was a huge success! Participation in the yearly event supports the St. Claire Charity Care Fund, which helps St. Claire Regional (SCR) meet the medical needs of patients who have no healthcare coverage and/or cannot afford to pay for health services. Last year, SCR provided approximately \$2.7 million in charity and uncompensated care (at cost) to low-income families.

Over the course two flights of golf, 35 teams battled it out at Eagle Trace to see who would be declared the winners. In each flight, awards were given to the first, second and third place teams based on a handicap, and a first place award was presented to the team with the lowest overall score. Seneca Medical won first place during the morning flight and UK HealthCare claimed first place in the afternoon. The Whitaker Bank and Blue & Co. teams also received first place designations, as they recorded the lowest overall gross scores.

The annual Golf Ball Drop Raffle sponsored by Fleming-Mason Energy was held during lunch. The lucky winner of the drop was Chris Kindrick of Credit Solutions. The raffle raised \$1,500, with half being awarded to Kindrick, who in turn generously donated the winnings back to the foundation.

The real winner of the day, however, was the foundation, as more than \$100,000 in cash and product contributions was raised,



UK HealthCare team J.J. Housley, Brett Short, Joe Claypool and Jim Zembrodt pictured with Mark J. Neff, SCR President/CEO, were winners of the afternoon flight. The morning flight winning team was Seneca Medical. Unfortunately, we were unable to secure a photo of the morning flight winners.

making 2015 one of the most successful golf outings in the event’s history. “The St. Claire Foundation continues to be blown away by the level of support we receive to ensure St. Claire Regional can continue to provide charitable care to those who are in desperate need of it,” St. Claire Foundation Executive Director Tom Lewis said.

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The foundation's annual golf outing is the second largest outing held at Eagle Trace, as it is popular among local and regional organizations alike, with golfers from across the state traveling to participate. "I cover half of the state of Kentucky with my business so I have been to a lot of golf scrambles, and there's just no event that is better than this one," Scott Poage with American Business Systems said.

This year marked Poage's 21st year competing in the outing. Like Poage, there are many others who return to play year after year. Doug Hopson with Larry Fannin Chevrolet-Buick-GMC is another 21-year veteran of the event. Hopson said he particularly enjoys the outing because the focus is on giving back. "I play in this tournament to support the hospital," he said. "It's a good cause that helps others in our community."

In addition to bragging rights, a variety of other prizes and incentives are up for grabs during the outing. One of the biggest prizes is a brand new car, courtesy of Larry Fannin Chevrolet-Buick-GMC. "We've been doing this for 21 years, and no one has hit a hole-in-one," Hopson said. "We'd really like to see someone get it. I'd love to see us give a car away!"

While many veterans were on hand, there were several first-time participants as well. Brad Stengel with Stengel Hill Architecture, the company in charge of an upcoming construction project on SCR's campus, said he wanted to attend to get to know more about the community and its residents. "For us, it's not just a job," Stengel said. "We try to create long-term relationships to really feel like we are part of the organization. What better way to do that than to engage in foundation work?"

Both Hopson and Poage expressed the importance of the event, and encouraged others to consider participating in the coming years. "Our hospital is a huge part of our community," Poage said. "A lot of people like to complain and don't focus on the positive aspect of things, but if we didn't have St. Claire it would be a huge loss. They not only do a lot for our community, but for all the counties around us."

Who knows, next year's big winner could be you! Stay tuned to our website and social media pages for next year's announcements about the 2016 outing and how you can get involved.



Blue & Co. team Allen Schuhmann, Trey Pfund and Jeff Flannery pictured with Mark J. Neff, SCR President/CEO, recorded the lowest overall gross score during the afternoon flight.

Whitaker Bank recorded the lowest overall gross score during the morning flight. Unfortunately, we were unable to secure a photo.



Tim Rhodes, Horizon Health's morning flight team, trying out the golf ball launcher.



A shower of golf balls rained down over the ninth hole at Eagle Trace Golf Course thanks to the help of Fleming-Mason Energy.

A special thank you to all of our sponsors from the 21st Annual St. Claire Foundation Golf Outing



Prime Sponsor, Stengel Hill Architecture, shows off their festive style in hula gear. Pictured are Travis Bailey, SCR vice president of administration; Johnathan Stewart; Brad Stengel; and Joe Planck.

Prime Sponsors

American Business Systems
 ARAMARK
 Boice.net
 Horizon Health
 Larry Fannin Chevrolet-Buick-GMC
 Pepsi Cola
 Stengel Hill Architecture
 US Foods, Inc.

Sponsors

Amerinet
 Anthem
 Arthrex
 Bank of the Bluegrass
 Baxter
 Blue & Co.
 Boice Enterprises
 Boston Scientific
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 DBL Law
 Dean Dorton
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 Enterprise Fleet Management
 Ethicon
 Executive Health Resources

Fifth Third Bank
 Healthcare Claims Management
 I-Flow
 Kentucky Bank
 Logan's/Bluegrass KESCO
 Medline Industries
 Meridian Wealth Management
 Mitchell's Firearms
 Morehead Community FCU
 MSU Foundation
 Our Lady of Bellefonte Hospital
 Passport Health Plan
 Scott-Gross Company
 Seneca Medical
 Smith & Nephew
 St. Jude Medical
 Stryker-Endo
 Stryker-Ortho
 Synthes
 The Citizens Bank
 Toshiba
 UK HealthCare
 USI
 Whitaker Bank



Want visible improvements in fine lines, wrinkles and uneven skin tone *in less than 30 minutes?*

It's easy and it's **FREE!** Schedule an appointment for St. Claire Regional Women's Imaging and Aesthetics Peel Event on Sept. 21, and you'll see visible results immediately after receiving your **FREE** SkinMedica® chemical peel, valued at \$150!

Appointments are limited and require a minimal non-refundable deposit that will be used towards your purchase of one of the incredible specials offered during your session to help enhance and maintain your new appearance.

Call **606.783.6760** today or stop by St. Claire Regional Women's Imaging and Aesthetics to schedule your FREE \$150 chemical peel.



Before Peel

After 3 Peels

SkinMedica® chemical peels reduce the appearance of lines, wrinkles, uneven skin tone and texture that results from skin aging and sun exposure.

St. Claire Regional Medical Center and Passport Health Plan bring GoNoodle Plus educational program to Eastern Kentucky

St. Claire Regional Medical Center and Passport Health Plan recently announced that they are co-sponsoring a new educational health program called GoNoodle Plus in elementary schools and homes throughout Eastern Kentucky.

GoNoodle Plus is an interactive resource used in classrooms to increase students' physical activity and improve their academic performance and is being made available for use in public and private elementary schools, as well as in students' homes. GoNoodle's online physical activity breaks make it easy for teachers and parents to get children moving, which helps improve their behavior, focus and engagement.

"St. Claire Regional is excited to partner with Passport Health Plan to provide funding for GoNoodle Plus for all children in our 10 county service region," said Mark J. Neff, St. Claire Regional President/CEO. "We believe GoNoodle is a fun, interactive tool that will increase childrens' physical activity and help reduce childhood obesity and its long-term associated health problems while stimulating their minds and enhancing their educational experience."

GoNoodle

The public is invited to an official announcement and demonstration of GoNoodle Plus as it is already being used in schools. Representatives of St. Claire Regional, Passport Health Plan, GoNoodle and more will be in attendance.

9:30 a.m. on Tuesday, Sept. 22, 2015

McBrayer Elementary School

550 Viking Drive

Morehead, KY 40351

Open to all members of the news media and the public.

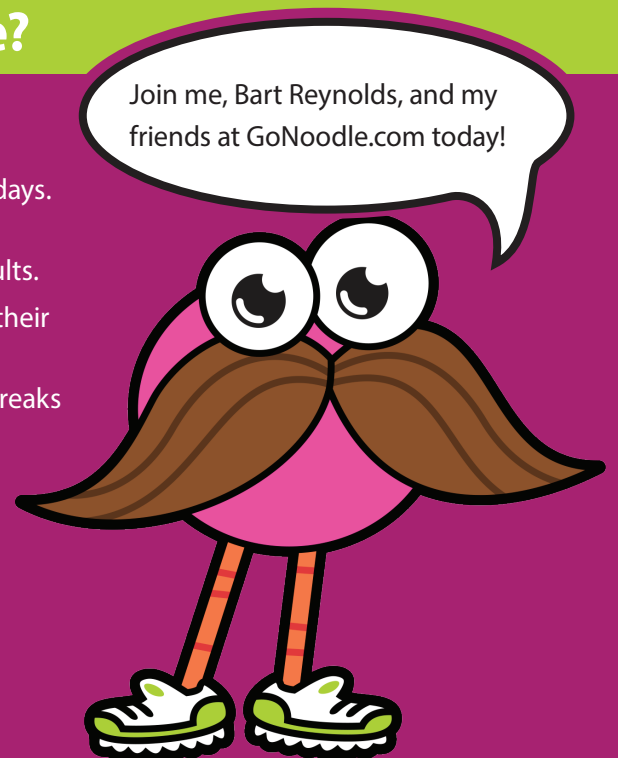
How can you use GoNoodle at home?

1. Use GoNoodle as a break from homework. Short bursts of activity can actually make the brain function better.
2. GoNoodle offers physical activity on those extra cold, snowy or rainy days.
3. GoNoodle provides family members the opportunity to stay active together with child-friendly workouts that are also challenging for adults.
4. Provide a little extra entertainment and activity for your children and their friends during sleep overs, birthday parties and other get-togethers.
5. Use GoNoodle on your phone or tablet when traveling during potty breaks to help burn up the wiggles with a parking lot dance party.

How to Join GoNoodle Plus:

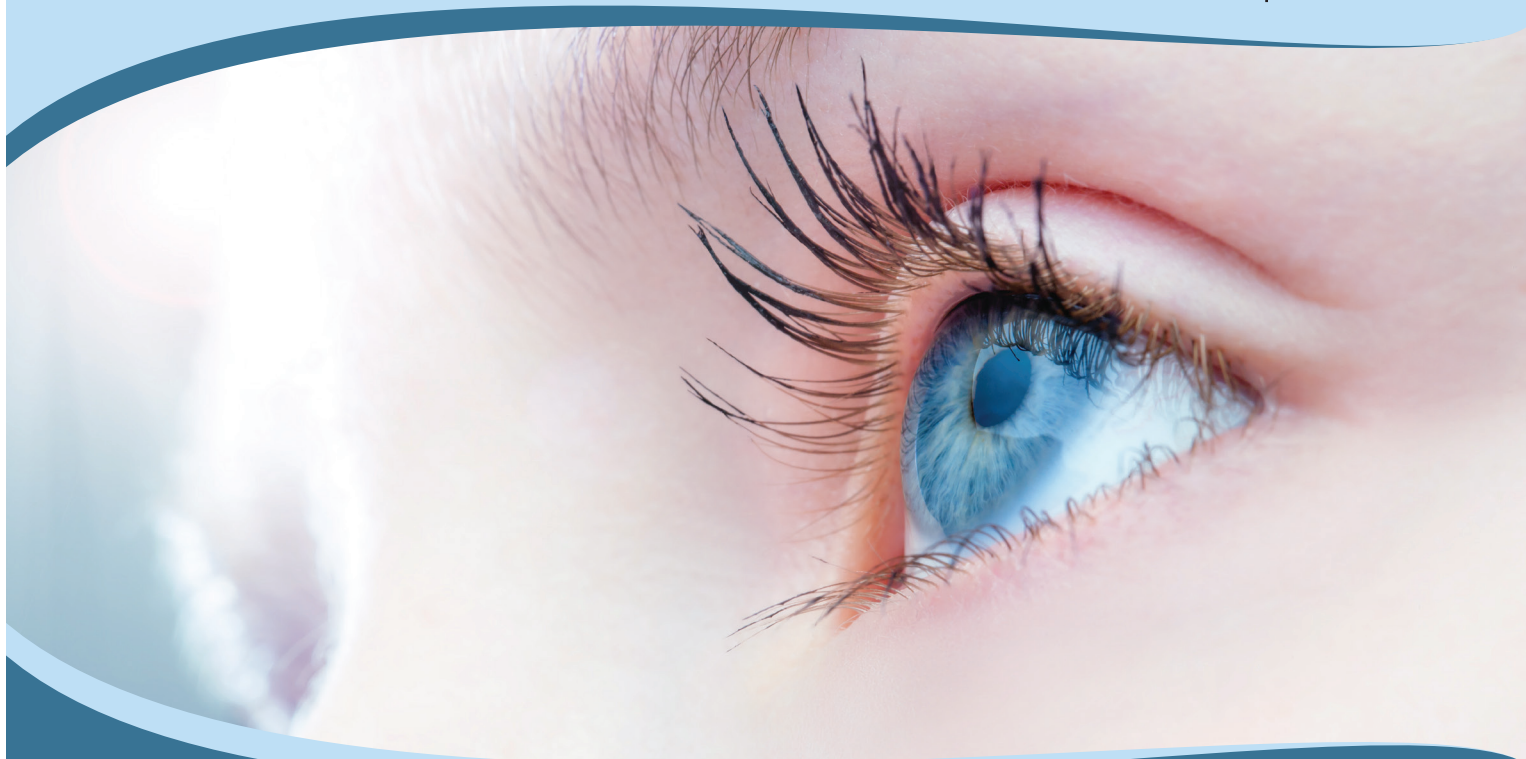
Create an account at GoNoodle.com. Enter an email for parental verification. Wait for your verification email and follow instructions to enter your zip code. If you are in the sponsored service area, your account will be automatically upgraded to GoNoodle Plus!

GoNoodle.com →



September SPECIAL

Now - Sept. 30



EYE REJUVENATION PACKAGE

Buy one 5ml Latisse® and get \$20 OFF your purchase of either a TNS Eye Repair®, TNS Illuminating Eye Cream® or Uplifting Eye Serum®

*Earn 175 Brilliant Distinction points with your purchase.

TNS EYE REPAIR

Helps to improve the overall appearance of skin around the eyes by reducing fine lines, wrinkles and dark circles while increasing brightness



TNS ILLUMINATING EYE CREAM

Enhances tone and texture of skin around the eyes by reducing the appearance of fine lines, wrinkles and dark circles



UPLIFTING EYE SERUM

Enhances skin texture around the eyes by reducing the appearance of puffiness for smoother looking skin



Week 1



Week 16

WOMEN'S IMAGING
& AESTHETICS



Latisse®
(bimatoprost ophthalmic solution) 0.03%

SkinMedica®
An Allergan Company

BRILLIANT
DISTINCTIONS

*Brilliant Distinctions® is a rewards program that helps you SAVE. You'll earn points on treatments or purchases for future savings.

Charles Moore retires after 42 years of dedicated service



Charles Moore; wife, Loretta Moore; and grandson, Trevor Moore.



Charles Moore showing off his dance moves at the 21st Annual St. Claire Foundation Golf Outing.



Charles Moore trying the golf ball launcher at the 21st Annual St. Claire Foundation Golf Outing.



Charles Moore; grandson, Raylan Moore; granddaughter, Lauren Prather; and grandson, Trevor Moore.



TURKEY TROT 5K

*to support the St. Claire
Foundation's Alzheimer's & Dementia Fund*

When

Date November 7th, 2015

Registration 8:00 a.m.

Race 10:00 a.m.

Where

Wetherby Gymnasium

University Blvd
Morehead, KY 40351

Cost

Before Oct. 20

Adults – \$20

Kids (Ages 4-12) – \$10

Ages 3 & under – Free

Teams of 10+ – \$12/person

After Oct. 20

Adults and Kids increase \$5

Health Fair

10:30 a.m. – 12:30 p.m.

REGISTER AT
www.turkeytrotmorehead.com

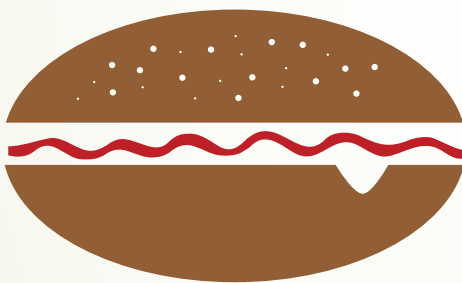
Contact Mary Horsley at (606) 783-6476 or
mahorsley@st-claire.org to donate, sponsor,
or learn more.

Join St. Claire Regional's Food Services

Saturday, Sept. 19 | 11 am - 4 pm
at Morehead Arts & Eats Festival

We will be serving:

- Gourmet Lamb Burgers with Mint Coleslaw
- Grilled Rosemary Garlic Red Potatoes
- Berry Lemonade
- Gourmet Fruit Cups



St. Claire Regional
Medical Center





2ND KENTUCKY RURAL BEHAVIORAL HEALTH SYMPOSIUM

OCT 21
2015



For more information visit

www.neahec.org/KRBHS

Registration Deadline: October 9, 2015

Registration Fee: \$30



Center for Health
Education &
Research
Morehead, KY



OCTOBER 2015 BIRTHDAYS

10/1

Aaron P Banks House Staff
Violet D Vago Home Health

10/2

Michael B Ash Marketing and PR
Randa Michelle Hall Nursing Administration
Durinda A Logan Nursing Administration
Melissa Yates Surgery

10/3

Anna Waltz Armstrong Hospice
Allyson Faith Glass FM - Morehead
Judine Lambert Administration
Shelia J Logan Central Billing Office
Mallory Ann Vice Home Health

10/4

Danaiel N Hamm Emergency Department
Pauline Maddix Environmental Services

10/5

Bonnie Louise Cooper Outpatient Center
Kelley J Mobley Laboratory
Emmala J Stamm Nursing Administration
Dessie Trent Rehab Unit

10/6

Michael Burling Emergency Department
Brenda Pendleton Home Health
Samantha J Skaggs Home Health
Khoi Tan Nguyen Tran House Staff

10/7

Julie Ann Dragoo HIM
Travis H Montgomery Emergency Physicians
Rhonda S. Thomas Ultrasound

10/8

Kayla O'Neal HIM

10/9

Charles A Ratliff Diagnostic Imaging

10/10

Candra Nicole Bailey Physical Therapy
James C Lacock MMS Clinical Services
Lula Mae Pecco Emergency Department
Rocky Lee Stacy Family Medicine
Naomi Irene Williams Quality Management

10/11

Natalie Lisa Back Family Medicine Express
Wilma Jean Markwell Food Services

10/12

Sheila Ann Brown Behavioral Health Unit
Tracy Jean Mabry HIM
Sheila L Wooley Facilities Management

10/13

Sarah Ann Bradley ICU
Monica M Howell 3rd Floor North

10/14

Rebecca Jo Hitchcock Quality Management
Kimberly Dawn Moore Home Health

10/15

Stephanie A Jolly Home Health
Rebecca Montgomery Rehab Unit
Felicia Dawn Stacy Same Day Surgery

10/16

Matthew W Caudill Laboratory
Margaret I Conn Emergency Department
Rita Marie Sammons Rehab Unit

10/18

Donna E Conkright FM - Sandy Hook
Kyle R Evans Emergency Department
Nicole R Gifford Cardiology
Whitney Faith Jamison ICU
Karen L Stone Surgery
Lanetta Winkleman Nursing Administration

10/19

Kendall L. Bloomfield Information Services
Hannah Marie Bryant 3rd Floor Central
Linda Cheryl Haddix Home Health
Jessica Danyale Hunt Patient Access

10/20

Geneva Blankenship Environmental Services
Autumn Brooke Hayes Infusion Solutions
Nancy J Henly MMS Clinical Services
Jessica R Litton Infusion Solutions
Christopher McClurg Financial Services
Judy M Roaden HIM
Joshua Andrew Weikle Materials Management

10/21

Jo Frances Chapman Cardiac Rehab
Rashid Chaudhry Counseling Services
Nicholas Tucker Ellis Environmental Services
Christopher Greene Information Services
Shawnte Nichols Pharmacy

10/22

Karla Kay Christen Food Services
Jo Ann Griffith Cardiac Rehab

10/23

Thadis C Cox MMS Clinical Services
Jeffrey H George Infusion Solutions
Norma Jean Ginter Medical Group Admin

10/24

Tamara Brandenburg Quality Management
Sharon Kay Warmouth Environmental Services

10/25

Kristen Janel Wilson 3rd Floor Central

10/26

Ryane Michelle Davis Emergency Department
Leashia D Duncan Food Services
Vergie Elaine Phipps TCU
Clara Ann Vance Central Billing Office

10/27

Bonnie S Bausch OPCC
Charles L Mers Environmental Services

10/28

Afton Fairchild Marketing and PR
Twana J Hatton FM - Sandy Hook
Brenda E Logan Cardiac Rehab
Crystal R Smith Food Services

10/29

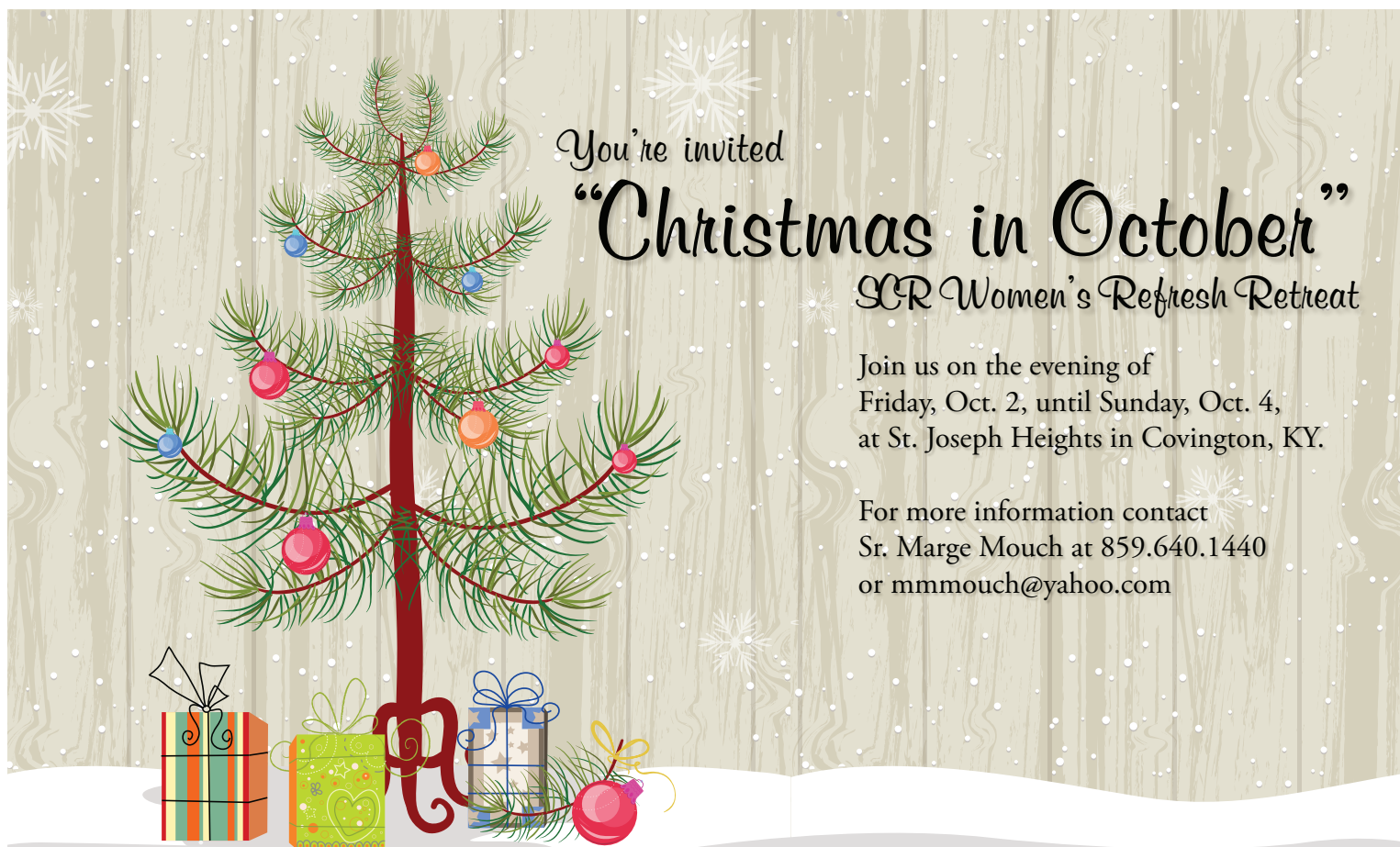
Carolyn S Barnes Cave Run General Surgery
Ray Melvin Evans Jr. Infusion Solutions
John C Gibson Information Services
Jordan Howard Laboratory
Larry Hutchinson Home Health
Whitney Elaine Joseph Emergency Department
Stephen Todd Loomis Family Medical Supply
Julie Beth McKinney 3rd Floor North
Regina S Pettit OPCC

10/30

Lori Lynn Crouch FM- Owingsville
Christopher Dean Facilities Management
Scottie L Fultz Security Services
Jennifer Lynn Garner 3rd Floor Central

10/31

Shirley A Blair Human Resources
Tessa Paige Bradley Financial Services
Amanda Sue Rudd Home Health



You're invited

“Christmas in October”

SCR Women's Refresh Retreat

Join us on the evening of
Friday, Oct. 2, until Sunday, Oct. 4,
at St. Joseph Heights in Covington, KY.

For more information contact
Sr. Marge Mouch at 859.640.1440
or mmmouch@yahoo.com



UPCOMING C.E. Programs

September 18 | Tumor Board

8:00 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA

October 2 | Tumor Board

7:30 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA, Nursing

October 7 | Journal Club

12:00 - 1:00 PM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

October 13 | Morbidity & Mortality

8:00 - 9:00 AM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

October 13 | BLS Check Off

1:00 - 4:00 PM

CHER 102C

RSVP with KaSandra Hensley at ext. 6830 or
kasandra.hensley@st-claire.org

October 16 | Tumor Board

8:00 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA, Nursing

October 21 | Kentucky Rural Behavioral

Health Symposium

10:00 AM - 4:30 PM

CHER 102

Credit: Category 1 AMA, Nursing, Social Work
Register at www.neahec.org/KRBHS



222 Medical Circle • Morehead, KY 40351

LOOK GOOD FEEL BETTER

Date: Monday, Sept. 21

Time: 1 - 3 p.m.

Location: Outpatient Oncology Department, 3rd Floor

To RSVP, contact Regina Pettit at 783.6625

Look Good Feel Better is a free program that helps women look their best during cancer treatment.

It's like a makeover for the spirit. And that's a beautiful thing. To learn more about Look Good Feel Better or other American Cancer Society programs for patients, call 1-800-227-2345 or visit cancer.org.

ANGIE'S BUDS & BLOOMS FALL FUNDRAISER

Date: Tuesday, Sept. 22

Location: St. Claire Foundation Lawn

Mums: \$8.00

Pumpkins: \$2.00/\$5.00/\$8.00/\$10.00

Gourds: \$1.00 and up

Sponsored by Angies Buds & Blooms Greenhouse Inc.
Proceeds benefitting St. Claire Foundation Program

ROWAN CO. CARING & SHARING ALZHEIMER'S SUPPORT GROUP

Date: Monday, Oct. 5

Time: 6 - 7 p.m.

Location: Center for Health, Education and Research
1st Floor, 316 W. Second St., Morehead

For more information, contact Mary Horsley at 783.6476 or mary.horsley@st-claire.org

Rowan Co. Caring & Sharing meets the first Monday of every month at 6 p.m.



St. Claire Regional is a sponsored ministry of the *Sisters of Notre Dame* Covington Province

NEWSBRIEF

Have an article or event to submit for the Newsbrief?

Please send articles and/or information to be placed in the SCR Newsbrief to michael.ash@st-claire.org

Visit the SCR web site at www.st-claire.org/newsbrief to read past editions of the SCR Newsbrief

Need a Camera to Cover a SCR Event?

The Marketing/PR Dept. has several cameras available for loan.

Contact Hannah Conn at ext. 6927 for more information.

