

St. Claire Regional Medical Center

NEWSBRIEF

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St. Claire Regional welcomes Bishop John Stowe

Pictured, from left, are: (front row) Mark J. Neff, SCR President/CEO; Bishop John Stowe; Sr. Jeanne Cleaves, RN, SND, patient satisfaction liaison; Sr. Judine Lambert, SND, administrative director, mission integration & pastoral care; Susie Halbleib; Sr. Mary Juanelle, SND, office assistant III; Sr. Margaret Mouch, SND, patient support navigator; and Michael Anderson, associate staff chaplain.
(back row) Chris McClurg, VP financial services; Gregory Bausch, PharmD, VP SCMG/COO; and Bill Grimes, D.Min., APRN, PA-C;

On Oct. 15 Bishop John Stowe of the Roman Catholic Diocese of Lexington, visited St. Claire Regional. Bishop Stowe's visit gave him the opportunity to learn more about SCR and our history. He met with Mark J. Neff, SCR President/CEO, members of SCR's leadership and pastoral care teams as well as other SCR representatives.

Pope Francis appointed Stowe as the third Bishop of the Roman Catholic Diocese of Lexington, Kentucky. He was installed as Ordinary of the Diocese at the Cathedral of Christ the King on May 5, 2015.

After a Fall – The Journey of Getting Back Up



Dale Hester and his wife, Kim, share a great love for the outdoors, so it isn't unusual to find them outside tending to their garden or horseback riding with friends. Dale remembers Sunday, Sept. 14, 2014, as a day that began like any other day. He and Kim saddled up their horses and headed out, with no idea that this particular day and ride would change their lives forever.

Dale and his horse were climbing an embankment, when all of the sudden, the horse became frightened and reared up, falling backward on top of him. Dale, who was severely injured by the incident, was airlifted to a central Kentucky hospital to receive immediate medical attention. With nine broken ribs, multiple spinal fractures and lungs punctured in several places, Dale's prognosis was grim. He remained hospitalized for several months, undergoing numerous surgeries and battling life-threatening infections and pneumonia. Kim feared for her husband's life, and was even told on multiple occasions that Dale wasn't going to make it; but she remained strong.

“They’re the ones who got me back on track and nursed me through, when I didn’t think I could do it and was just a weak little thing in bed.”

In December, Dale was transferred to a long-term acute care hospital where he stayed for about a month until he was medically stable and deemed ready for transfer to an intensive rehabilitation hospital.

That's when the Hesters found St. Claire Regional's Inpatient Rehabilitation Unit. Kim says she chose St. Claire Regional not only

because it was close to home, but because she wanted Dale to have an intensive therapy regimen, including physical, occupational and speech therapies. “The amount of therapy that they had proposed on a daily basis was ultimately the biggest factor,” Kim said.

Dale arrived at St. Claire Regional nearly four months after his accident. He was unable to move his legs and had limited mobility of his arms, in addition to having a restricted ability to speak. On a daily basis, he received rigorous therapy sessions dedicated to improving his balance, strength and overall function. It was during his stay that Kim finally began to reclaim hope that Dale would once again be able to live a normal life. “Just within the first two weeks here, he made so much progress,” she said. “There was such a big difference. It was truly amazing to see.”

Just three months later, in March 2015, Dale had already made great strides and was discharged to his home, where he continues to receive care from St. Claire Regional Home Health. Today, Dale can be found walking around his home with little assistance, helping Kim cook, or out enjoying his garden. On a good day, you might even find him out riding a four-wheeler on his farm.

Dale says he owes much of his success to the staff at St. Claire Regional. “They’re the ones who got me back on track and nursed me through, when I didn’t think I could do it and was just a weak little thing in bed,” he said. “They brought me back; they made me whole again.”

“I left a part of my heart (at St. Claire Regional),” he added. “You all have truly touched me.”



St. Claire Regional Family Medical Supply EARLY DETECTION Leads to Survival **GO PINK EVENT**

SCR's Annual Go Pink event was another great success. Thank you to all of the survivors, SCR health screeners and others who came out to support and promote breast cancer awareness in our region.



Morehead State University men's basketball coach Sean Woods is pictured posing with ladies from the American Cancer Society.



Nearly 100 women joined us Oct. 28 for our annual Go Pink event!



Pictured, from left, are: local cancer survivors: Kim Ferrell (7 years); Mary Thompson (3 years); Bernice McCreese (1 year); Debbie Bigelow (12 years); and Anna Lee Skeens (4 years).

Stay up-to-date on SCR events,
follow us on Facebook and Twitter at:
SCRMedical



THE GIFT YOU HAVE BEEN WAITING FOR A YOUNGER LOOKING YOU

WOMEN'S IMAGING & AESTHETICS
HOLIDAY SALE
NOV. 2 - DEC. 31

BOTOX[®]
—Cosmetic
onabotulinumtoxinA injection

\$9 PER UNIT

SkinMedica
An Allergan Company
**CHEMICAL
PEELS**

\$25 OFF

YOUR 2ND & 3RD PEEL

With the initial purchase
of ANY SkinMedica[®]
Chemical Peel

Juvéderm[®]

\$50 OFF

ULTRA XC OR
ULTRA PLUS XC

\$100 OFF
VOLUMA XC

SkinMedica
An Allergan Company

**the #1 medically dispensed, prescription-strength
skin care system that can actually transform your skin**

\$339

Transform Your Skin in 90 Days Bundle
PLUS receive a free travel size AHA/BHA Cleanser (while supplies last)



\$109

Exfoliate, Defend & Repair Skin Bundle



**10% Off All
SkinMedica[®] Products**

Not valid with any other
SkinMedica sale.



**GIFT
CERTIFICATES
AVAILABLE**



Don't forget to sign up for Allergan's
Brilliant Distinctions[®] rewards program.
You'll earn points on treatments and
products for future savings.

606.783.6760

Located on the first floor of
St. Claire Regional Medical Center

**WOMEN'S IMAGING
& AESTHETICS**



The following comments are from SCR patients that completed our Press Ganey patient satisfaction surveys in September

HOME HEALTH

There are no bad experiences **Melinda McGlone, RN**, is a great nurse.

My nurse was **Jenny Everman, RN**.

Shannan Moore, RN, is great.

Shannon Moore, RN, is a great nurse. She is very friendly, willing to help and answer any questions you might have and she is very knowledgeable about medical conditions.

We have been blessed to have a good home health nurse and speech therapist. **Kim Moore, RN**, and **Erin Dickerson**, speech therapist.

Jenny Everman, RN, is a very sweet lady and kind. She is excellent.

Mallory Vice, RN, has done a great job helping with my husband.

Susie Hargett, RN, and **Gina Porter, PTA**, were very helpful with my needs and very informative of what I was going through.

I've had no bad experiences with Home Health nurses and staff. They met every need and more. **Susie Hargett, RN**, is the friendliest person I have ever met.

Denise Dunaway, RN, is an excellent nurse. She is highly intelligent, honest and helpful. She is willing to manage her time and visits to best suit your needs.

So far I'm healing quickly. **Denise Dunaway, RN**, helps me and follows my doctor's recommendations. She has been a great help!

Amanda Rudd, RN, is the greatest person I have ever met.

I had a great experience because I had the best nurse, **Amanda Rudd, RN**.

Missy Lillard, RN, has been wonderful. Don't know what we'd have done without her.

Missy Lillard, RN, always cautions me about falling and I tell her not to worry I'm very careful.

Terisa Montgomery, RN, is great! Love her.

INPATIENT

You are so caring, good nurses. Thanks for your laughter and fun. Mom liked you **Michael Bond, LPN**. **Ashley Blevins, RN**, thanks for always helping me. **Tina Fraley, RN**, thank you so much. The care mom received from these named individuals was great, they deserve a pat on the back.

Thank you for keeping same nurses and aide's working with mom for continuity of care. **Tina Fraley, RN**, and **Ashley Blevins, RN**, took care of mom all five days thank you for loving and caring for mom.

Dr. Burton and his residents were very good and professional. Excellent care!

Many of my nurses were excellent, friendly and professional. Big thanks to **Nancy Maggard, RN**, for her help beyond my healthcare needs.

Nurse **Erica Arthurs, RN**, was great.

Charlotte Kinney, RN, and staff were excellent. **Nicole Murphy, RN**; **Dr. Siddham**; and **Dr. Burton** all were great and compassionate.

I want to thank the behavioral health physician **Dr. Chaundry**; **Tammy Swartz, RN, MSN**, program director; and **Jackie Wurth, RN**, their concern and compassion.

Your nurse **Angela Johnson, RN**, on the fourth floor is amazing at her job. She made my stay amazing, she truly cares about her patients.

Angela Johnson, RN, explained everything and answered all of my questions.

Radiology staff was fantastic, they worked me into their busy schedule with hardly any wait at all. **Tania Brockman** in CT scan did an awesome job!

MEDICAL PRACTICE

Dr. Scott saved my life in 2009.

In a few days I will be 93 because of the care I have received from **Dr. Scott**, his staff and the hospital.

Dr. Phillips they gave me three dilations for esophagus hiatal hernia; she is very professional.

Don Hughes, APRN, described everything to me about shingles. Went above what I expected him to do. Would recommend friends there.

Thank you to **Stephanie Harris** in registration for helping with billing questions

Molly Carew, APRN, showed me a lot of care and concern.

Dreama Rucker, MD, is the best!!!

Mary Caric, APRN, was very concerned with my health. This is the way your primary care provider is supposed to be.

Kim Bromagen, PA-C, is a good PA.

I was surprised by the amount of time **Franny Meritt, CNM**, spent with me. I really appreciated feeling she was truly listening to me and truly looking for ways to help me.

Dr. Burrows was very patient. He let me ask a long list of questions without rushing me.

I do appreciate that **Dr. Moore** spends whatever time is needed with her patients.

I really like **Dr. Druen**! She is one of the nicest doctors. I have ever had the pleasure of meeting in my entire life.

Bethany McClure, PA-C, was so good.

Bethany McClure, PA-C, is a superior PA, her ability to properly diagnose the condition and provide a remedy was remarkable.

Leslie Watts, APRN, does a good job.

Dr. Ramey is very caring and understanding.

I love **Dr. Ramey** and her nurse **Alicia Swim, LPN**. They were both very prompt.

I love **Dr. Ramey** she is the best doctor I've had.

I like **Glenn Standafer, APRN**, so much. He gives excellent care and concern yet still is very down to earth!

Glenn Standafer, APRN, has awesome bedside manners.

We love **Beth McClure, PA-C**.

I love **Dr. Moore**.





St. Claire Regional
Medical Center

Gift Shop



Forget that ugly sweater,
Give a gift that's much better!

Give a St. Claire Regional

Gift Shop Gift Card

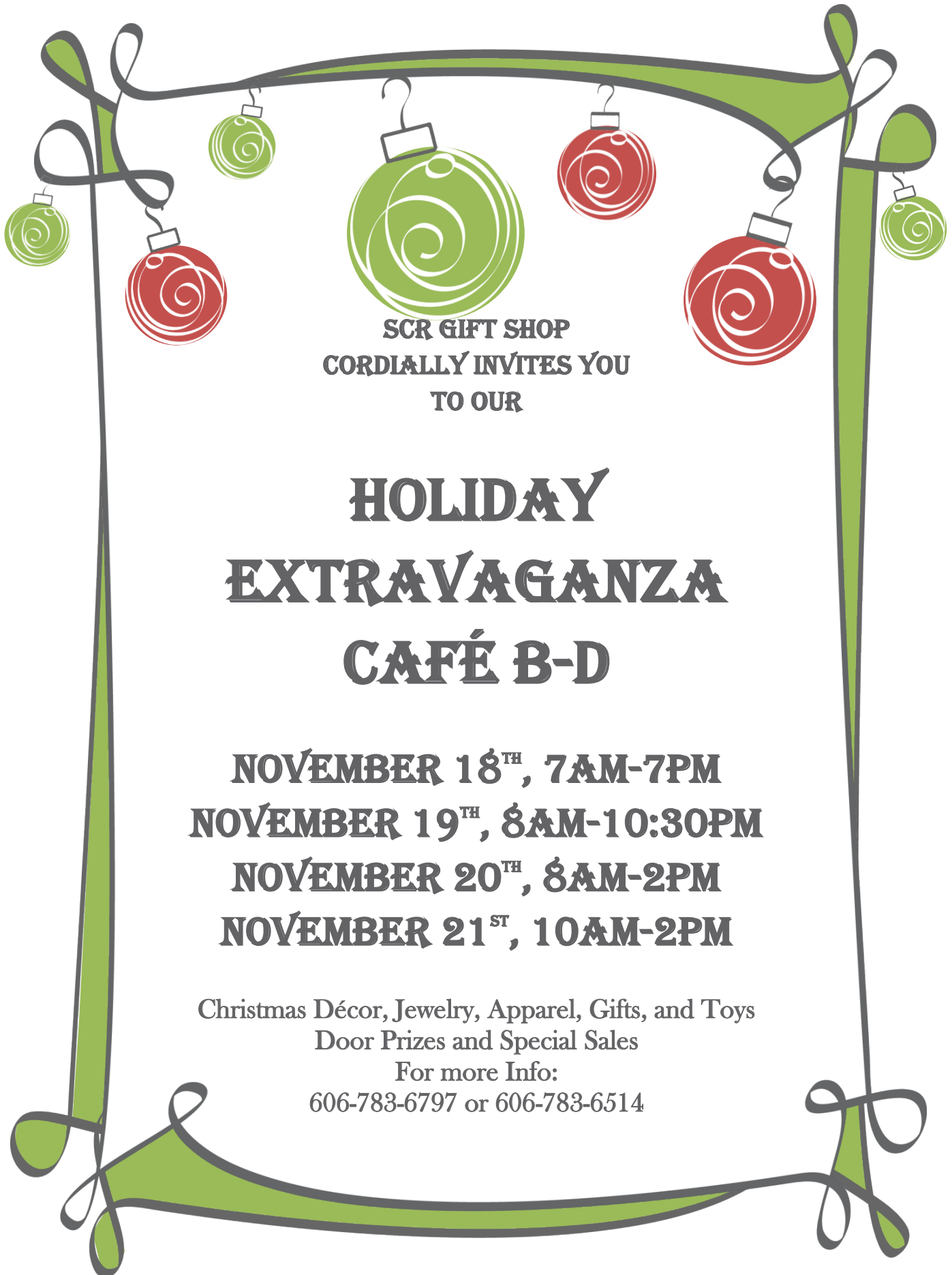
The perfect gift for all occasions. Available now.

Happy Holidays!

Gift Certificates are available
for purchase in the
St. Claire Regional Gift Shop.

For more information call
606.783.6797 or 606.783.6514





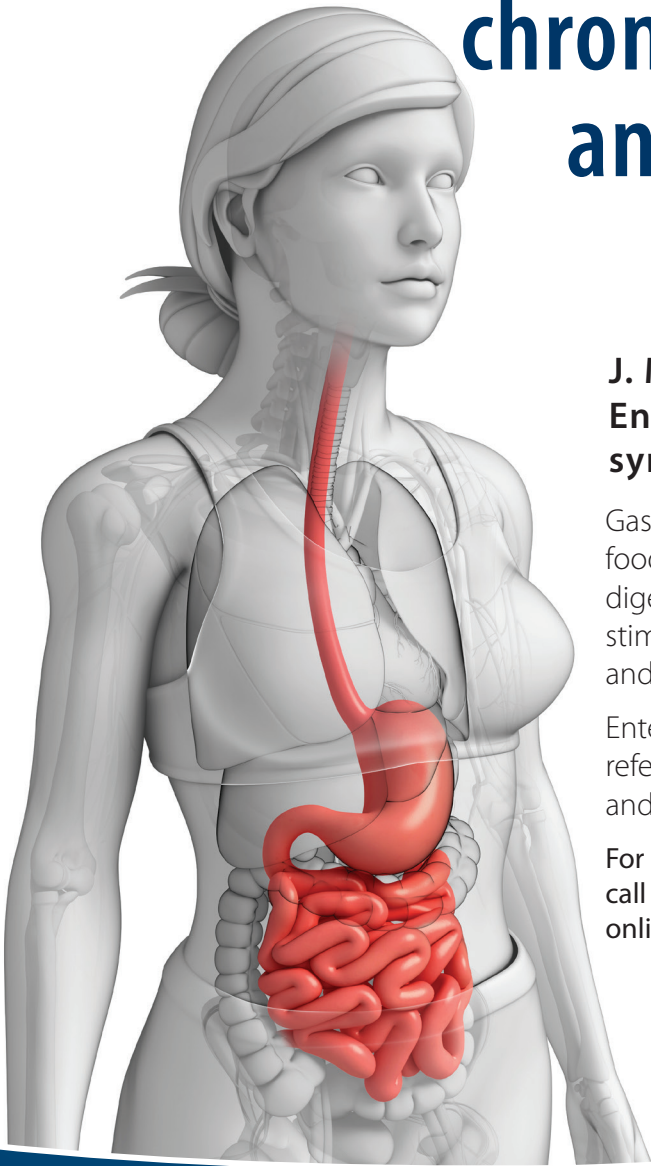
SCR GIFT SHOP
CORDIALLY INVITES YOU
TO OUR

**HOLIDAY
EXTRAVAGANZA
CAFÉ B-D**

NOVEMBER 18TH, 7AM-7PM
NOVEMBER 19TH, 8AM-10:30PM
NOVEMBER 20TH, 8AM-2PM
NOVEMBER 21ST, 10AM-2PM

Christmas Décor, Jewelry, Apparel, Gifts, and Toys
Door Prizes and Special Sales
For more Info:
606-783-6797 or 606-783-6514

Suffering from consistent, chronic nausea and frequent vomiting?



J. Michael Burton, MD, is now offering Enterra II Therapy for the treatment of symptoms associated with gastroparesis.

Gastroparesis is a disorder that slows or stops the movement of food from the stomach to the small intestine, often leading to digestive issues. Enterra II Therapy is an implantable device that stimulates the muscles of the stomach to help improve nausea and vomiting symptoms.

Enterra II Therapy is an option that requires a healthcare provider referral for patients who have undergone prior diagnostic tests and treatment options without success.

For more information about Enterra II Therapy or the referral process, call Cave Run Surgical Specialists at 606.784.7551 ext 1205 or visit us online at: www.st-claire.org/enterra.



Dr. Burton is the only provider in Kentucky, east of Louisville, trained to perform Enterra II Therapy.

**Cave Run
*Surgical Specialists***

✦ St. Claire Medical Group

Cave Run Surgical Specialists proudly offers:

General Surgery | Orthopedic Surgery | Thoracic Surgery | Vascular Surgery | Sports Medicine | Urology

NewHope Clinic celebrates 15th anniversary

The NewHope Clinic – a project of NewHope Ministries – is celebrating 15 years of providing healthcare to the underinsured. NewHope Ministries is a non-denominational Christian ministry that was instituted to provide healthcare access for citizens in Rowan, Bath, Morgan, Menifee, Montgomery and surrounding counties. The group is led by Bill R. Grimes, D.Min., APRN, PA-C, who was inspired to start the clinic after having a conversation with Julia Maness, a mobile clinic operator who provided care to the urban poor and uninsured in Lexington. With their vision and the help of numerous volunteers and donors, the NewHope Clinic was born.

Fifteen years and nearly 31,000 patient visits later, the clinic continues to serve the people of eastern Kentucky. Since the Affordable Care Act went into effect in 2014, many patients who were originally served by the clinic have been given access to insurance. Originally started for the uninsured, the clinic has since expanded its services to include those who have insurance but still can't afford doctor's visits, or those who are unable to make their deductible.

Grimes said the goal of NewHope Ministries is to provide competent and compassionate healthcare as a sign of God's infinite love, tender care and healing touch. "Each time a needy person comes to the clinic for help and we are able to provide him or her with healing and caring, we do it in the name of the community," Grimes said. "Each time someone longs to be of assistance to another, we give them a venue in which to do so ... NewHope Clinic is not the property of NewHope Ministries Inc. It is the property of all the people in this area who have assisted us, or who need our help, or who have sent us donations, or who have helped us to create it."

Regardless of the state of health insurance in the country, Maness said the clinic will always find a way to serve. "We want to continue to serve in a way that provides hope and inspiration and to strengthen people in our community."

The clinic is located in at 41 S. Court St. in Owingsville and is open on Thursdays from 9 a.m. to 5 p.m. For more information, visit the organization's website at <http://newhopeclinic.org> or call 606-674-8822.

St. Claire Regional receives Community Stewardship award from NewHope Clinic



Bill R. Grimes presenting the Community Stewardship Award to Mark J. Neff, SCR President/CEO with Bishop John Stowe.

St. Claire Regional welcomes new Director, Materials Management, Ron Henson



SCR's new Director, Materials Management, Ron Henson

Since graduating from college, Ron has worked in healthcare materials management with various hospital around Eastern Kentucky. Ron enjoys spending time with his family—wife, two children and four grandchildren. He also enjoys UK sports and the Cincinnati Reds and Bengal's.

St. Claire Regional Welcomes NEW STAFF

Kenton L Asche
Emergency Physicians

Jessica Rae Maher
Emergency Department

Gary L Boyd
Family Medicine

Danielle Renae Palmer
Behavioral Health Unit

Brandy Michelle Canafax
FM - Morehead

Kristen Nicole Pickard
Patient Financial Services

Stephanie Laray Carter
Pharmacy

Melissa Ann Plummer
Laboratory

Kimberly Ann Cottle
Environmental Services

Bridget E Razem
Diagnostic Imaging

Pamela T Crawford
Nursing Administration

Meghan E Ruggiero
Patient Access

Kelsey Ashton Davis
Patient Access

Mika Jane Sapp
Central Scheduling

Karen W DeLong
ICU

Hope Desiree Sloan
Environmental Services

Ronald Keith Henson
Materials Management

Adam Michael Slupski
Emergency Department

Kearston Leigh Howell
AHEC

Justin Tylor Smith
Pharmacy

Riley Jade Jenkins
3rd Floor Central

Ryan Tyler Smith
Emergency Physicians

Tristian Heather Law
Patient Access

Tiffany Joyce Smith
Laboratory

Mary Jane Layne Central
Billing Office

Levi Franklin Sparks
Financial Services

Melony Gwen Longacre
Environmental Services

Julie N Trimble
Laboratory



2015 Rowan County Christmas Tour of Homes

Sunday, Dec. 6th
1 p.m. to 5 p.m.

Tickets Available at SCR Gift Shop

We have 7 beautiful homes you
can visit in our community!

At Hickory Point

Steve Williams
Denver & Dolly Kinder

At Eagle Trace

Scott & Diana Collins
Randy & Veronica Norwood
Ryan & Debbie Neff

At Dogwood Estates

Skip & Rhonda Holley
Al & Paula Black

Tickets: \$10 Each

Check to Rowan Co. Christmas
or Cash Accepted



Chili Wars



It's not too late to get your tickets to attend God's Pantry Food Bank's Chili Wars. All proceeds benefit the new Morehead Regional Distribution Center.

Sponsored by:



Join us on:

Saturday, Nov. 7, 2015
Morehead Conference Center
Doors open at 6:00 p.m.

Tickets for God's Pantry Food Bank's Chili Wars can be purchased at The Citizens Bank or Kentucky Bank and can also be purchased the night of the event at the Morehead Conference Center.

God's Pantry Food Bank • 1685 Jaggie Fox Way • Lexington, KY • 40511 • (859) 255-6592 • www.godspantryfoodbank.org

UPCOMING
C.E. Programs**November 6 | Tumor Board**

7:30 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA, Nursing

November 10 | Morbidity & Mortality

8:00 - 9:00 AM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

November 17 | Basic Life Support in Obstetrics (BLSO)

7:00 AM - 6:00 PM

CHER 102

Register at www.neahec.org/BLSO

November 20 | Tumor Board

8:00 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA, Nursing



**St. Claire Regional
Medical Center**

222 Medical Circle • Morehead, KY 40351

TURKEY TROT 5K

Date: Saturday, Nov. 7

Time: Registration - 8 a.m.

Race - 10 a.m.

Location: Laughlin Health Building, MSU Campus

For more information, contact Mary Horsley at 783.6476 or mary.horsley@st-claire.org

Register at:

www.turkeytrotmorehead.com

BREASTFEEDING CLASS

Date: Thursday, Nov. 12

Time: 6 - 8 p.m.

Location: Center for Health, Education & Research,
1st floor, 316 W. Second St.,

Join other expectant families to learn the benefits of breastfeeding and how to get started.

For more information about these classes call our Family Medicine location in Morehead at 606.784.3771

LOOK GOOD FEEL BETTER

Date: Monday, Nov. 16

Time: 1 - 3 p.m.

Location: St. Claire Regional
Outpatient Oncology Dept., 3rd floor

Look Good Feel Better is a free program that helps women look their best during cancer treatment.

It's like a makeover for the spirit. And that's a beautiful thing.

To learn more about Look Good Feel Better or other American Cancer Society programs for patients, call 1-800-227-2345 or visit cancer.org



St. Claire Regional is a sponsored ministry of the *Sisters of Notre Dame* Covington Province

NEWSBRIEF

Have an article or event to submit for the Newsbrief?

Please send articles and/or information to be placed in the SCR Newsbrief to michael.ash@st-claire.org

Visit the SCR web site at www.st-claire.org/newsbrief to read past editions of the SCR Newsbrief

Need a Camera to Cover a SCR Event?

The Marketing/PR Dept. has several cameras available for loan.

Contact Hannah Conn at ext. 6927 for more information.

