St. Claire Regional Medical Center

2015	Staff	Recog	gnitio	on	 2-	3

GoNoodle Launches New Content 5

St. Claire Foundation's Annual President's Luncheon

was held on Friday, Oct. 30, at the CHER building to recognize our organization's largest donors and to educate them on all the great things their donations are supporting. Mark J. Neff, SCR President/CEO, thanked the generous supporters in the crowd; and discussed the many updates, expenditures, community benefits and additions to St. Claire Regional over the last year and how donors help to support those causes.

St. Claire Foundation's annual President's Luncheon

Tom Lewis, executive director of the St. Claire Foundation, recognized St. Claire Society Members and Visionary Givers. Visionary Givers include those who contribute and annual gift of \$1,000 or more. The St. Claire Society is split into various levels, beginning at \$10,000, based on the total amount of money donated by a member since the Foundation's inception.

Lewis recognized new and advancing members of the St. Claire Society with a plaque. St. Claire Regional thanks the generous individuals and companies that support our organization through their giving to help SCR grow and continue our mission in Eastern Kentucky.

To learn more about the St. Claire Foundation or to give to SCR visit www.st-claire.org/give.



Mark J. Neff, SCR President/CEO; Jahnna Lane, Gateway District Health Department; Bill Shely, Cave Run Pharmacy; and Tom Lewis, Executive Director, St. Claire Foundation





2015 Staff Recognition

Recognizing SCR Staff Members for their many years of service



10 Years:

First row (L to R): Debra Hayes, Angel Jolley, Heather Kiser, Sr. Margaret Mouch and Kristen Moore

Second row (L to R): David Bailey, Jessica Callahan, Clarence Clayton, MD, Bonnie Cooper and Monica Hall

Third row (L to R): Taylor Williams, Melinda Sturgill, Leigh Anne Stiltner, Kevin Sharp, Debra Neff, Tom Lewis, Marjorie Scott and Melissa Yates

15 Years:

First row (L to R): Mona Coffman, Robin Donithan, Bookie Ginter, Remona Gooding and Theresa Hanshaw Second row (L to R): Gerald Lykins and Leah-Anne Owens





20 Years:

Lisa Ingles, Patricia Blevins and Mark J. Neff, SCR President/CEO



25 Years:

First row (L to R): Cathy White, Louise Lamb, Frankie Chapman, Patricia Eldridge and Marsha Horsley

Second row (L to R): Oliver Newcomb, MD, Carmaleta Oney, Sheila Nobrega, Catherine Schwab, Karen Silvey and Carla Terry



35 Years:

Judy Thompson and Suanne Bushong with Mark J. Neff, SCR President/CEO





30 Years:

First row (L to R): Melissa Alcorn, Hal Bledsoe, Dianna Elliott, Nancy Henley MD and Jean Jones Second row (L to R): Teresa Stacy, Rose Sloan and Mary Horsley



40 Years:

Dianna Davis with Mark J. Neff, SCR President/CEO



THE GIFT YOU HAVE BEEN WAITING FOR

A YOUNGER LOOKING YOU

Women's Imaging & Aesthetics HOLIDAY SALE NOV. 2 - DEC. 31



\$9 PER UNIT



\$25 OFF

YOUR 2ND & 3RD PEEL

With the initial purchase of ANY SkinMedica® Chemical Peel



\$50 OFF ULTRA XC OR ULTRA PLUS XC

\$100 OFF **VOLUMA XC**



the #1 medically dispensed, prescription-strength skin care system that can actually transform your skin

\$339

Transform Your Skin in 90 Days Bundle

TNS Essential

Brightening Complex®





\$109

Exfoliate, Defend & Repair Skin Bundle

AHA/BHA Total Defense + Repair Brightening Cream* SuperScreen*



10% Off All SkinMedica® Products

> Not valid with any other SkinMedica sále.

GIFT CERTIFICATES AVAILABLE



Don't forget to sign up for Allergan's Brilliant Distinctions® rewards program You'll earn points on treatments and products for future savings.

606.783.6760

Located on the first floor of

WOMEN'S IMAGING & A ESTHETICS St. Claire Regional



SCR receives best decorated table at God's Pantry Food Bank Chili Wars on Nov. 7



Marian Guinn, CEO God's Pantry Food Bank (GPFB); Ben Caudill, GPFB board member; Roberta Gilbert, SCR gift shop coordinator; Regina Thompson, director volunteer services; and Jeffrey Lilies, Morehead Regional Advisory Board Vice Chair GPFB

Gor 00 103

SCR offers tasty treats at Morehead's annual Just Say Boo to Drugs



Hannah Conn, marketing assistant (panda) and Afton Fairchild, social media and content specialist (rabbit), give out treats to Rowan Coumty trick-or-treaters on Friday, Oct. 30, during Just Say Boo to Drugs.

Do you GoNoodle? GoNoodle PLUS launches new content

As sponsors of GoNoodle PLUS for Eastern Kentucky, St. Claire Regional and PassportHealth are excited to announce that brand new content was recently introduced via the Empower Tools channel! Through this channel, children are encouraged to live in the moment, strengthen their focus, be kind to themselves and to own their power!

Join GoNoodle today!

- 1. Create an account at gonoodle.com.
- 2. Enter an email for parental verification.
- 3. Wait for your verification email and follow instructions to enter your zip code.

If you are in the sponsored service area, your account will be automatically upgraded to GoNoodle PLUS!



GoNoOdle









SCR partners with Fazoli's to honor veterans on Veterans Day

On Wednesday, Nov. 11, St. Claire Regional Medical Center and Fazoli's of Morehead teamed up to provide FREE dine-in meals to active and retired veterans in the community throughout the day.



St. Claire Regional's Courtney Hollingsworth, RN, director of cardiopulmonary/ICU; and Sarah Bradley, RN, assistant manager ICU, were present with the Fazoli's team (Quantessa Taylor, Jasmine Barbee and Malesa Jones, Fazoli's general manager) greeted veterans who came in during lunch time.



Sarah Bradley, assistant manager ICU, is pictured here with friend and Army veteran, Connie Buschman, at Fazoli's for her free Veterans Dav meal.

ICU falls back with a little fun during Daylight Saving Time

submitted by: Sarah Bradley, assistant manager ICU

On Sunday, Nov. 1, at 2 a.m. the ICU celebrated "falling back" with an early morning party. This annual night shift requires 13 hours of work as opposed to the regular 12 - making it a good cause for a party. ICU and Respiratory night shift staff were treated to bacon and waffles by their supervisors.



Pictured from left to right, front row: Joelle Craft, RN; and Jo Justice, RN Second Row: Sarah Bradley, RN, assistant manager ICU; Brittany Tackett, RN; Courtney Hollingsworth, RN, director of cardiopulmonary/ICU; and Megan Brown, RN Third Row: Amanda Day, RRT; and Tony Bellamy, unit secretary Fourth Row: Tericia Tackett, CRT; and Samantha Jordan, CRT



Amazing. Medicine. Close to Home.



2015 Bluegrass District Emerging Nurse Leader Nominee Jennifer Schadle, BSN, GRN, RN

submitted by: Lisa Wallace, RN, director, women's & children's services, fourth floor nursing



Jennifer Schadle, BSN, RN, fifth floor nurse

Congratulations to Jennifer Schadle, BSN, RN, for winning the Bluegrass District Kentucky Organization of Nurse Leaders (KONL) Emerging Nurse Leader 2015. All KONL members were invited to nominate one nurse within in their district who was a KONL member based on AONE Emerging Nurse Leader criteria. The nominee with the highest score won and represented the district at the KONL Fall Leadership Conference held in Louisville. This was the first year for the KONL Emerging Nurse Leader Award. Winners received a crystal trophy and certificate.

Schadle began her health career as a Certified Nurses' Aide and completed her Bachelor of Science in nursing at Morehead State University. She has been a Registered Nurse for three years working on fifth floor at St. Claire Regional in Morehead, Kentucky. She is certified in Geriatric Nursing (GRN) and is continuing her education toward Nurse Practitioner through Eastern Kentucky University.

Schadle roles include charge nurse and preceptor. She completed NICHE Leadership Training and serves on the steering committee, actively demonstrated leadership as co-chair in TCU/IRU Unit Based Shared Governance Council and was a member on the Education/Research Shared Governance Council. She presented a falls research poster at the 2013 KONL Fall Leadership Conference. In 2014, she won the Joan Wells Post-Acute Care Nursing Excellence Award at SCR. She has attended the KONL Fall Leadership Conference annually since 2012 and has assisted with providing community stroke education at health fairs. Her peers and supervisor describe her as supportive, engaged, problem-solver, and accountable.

SCR recognizes Nov. 8-14 as Perioperative Nurse Week



Nov. 8-14 marked the celebration of Perioperative Nurse Week, an annual celebration of perioperative nurses and their commitment to safe patient care. The Association of periOperative Registered Nurses (AORN) is the national association representing the interests of over 160,000 perioperative registered nurses in hospitals and outpatient surgery centers. AORN's 40,000 registered nurse members manage, teach and practice perioperative nursing.

We as perioperative nurses want to let you know that we are working hard to protect you—our patients when you are most vulnerable. Join us in celebrating perioperative nurses and our dedication to safe patient care for 2015 Perioperative Nurse Week.









Golden Technologies®

- · Lumbar Support
- Improve Circulation
- Back Pressure Relief
- Multi-Level Reclining

MaxiComfort is the only recline technology in the world that can offer unlimited positioning options that operate with a smooth, seat-gliding action.

Over 20 models available (many models in stock)

5 size options including XXL

Over 40 fabric color options

Heat and massage available

Lifetime manufacturer warranty on PRIDE® and Golden Technologies® lift mechanism

Cost of lift mechanisms may be covered by insurance

FREE DELIVERY

Within a 50 mile radius



Model: PR-505 Color: Palomino

Located just off I-64 at Morehead-Exit 137 in the Kroger Shopping Center across from LOWE'S



25%ff SCRUBS



cherokee





Landau





the #1 medically dispensed, prescription-strength skin care system that can actually transform your skin

10%ff all SkinMedica® Products

Not valid with any other SkinMedica sale.

20%ff **SHOES**

Brooks® • Aetrex® • Dr. Comfort® • Sanita®









Moisturizing Booties & Gloves

- · Moisturizes and softens the hands or feet
- · Proprietary gel lining includes jojoba oil, olive oil and other nourishing oils
- · Washable & reusable





JOBST® Compression Products

0%ff



- Knee High
- · Thigh High
- Pantyhose
- · Women's and Men's Styles

Bed Buddy® Foot Warmers

with Aromatherapy

Treat your feet and senses to instant soothing warmth with these aromatherapy foot warmers. They are ready in minutes, reusable & stay heated for up to an hour.



Dr.'s Remedy Enriched Nail Polish

CHOOSE FROM MORE THAN 20 COLORS



Tea Tree Oil • Garlic Bulb Extract Vitamin C & E • Wheat Protein



606.784.2414'or 1.877.784.2<u>4</u>14

Monday - Friday | 8 am - 6 pm '

Saturday | 10 am - 2 pm



SCR Empact thanks everyone who came out and help supported this year's Trunk-or-Treat.

A very special thank you to all the goblins, ghouls and princesses who came out on Oct. 31 and treated with us!

≭ St. Claire Regional Medical Center's





















































Turkey Trot 5K raises \$6,500

submitted by: Mary Horsley, RN, clincal coordinator, TeleCare



The Turkey Trot 5K kicked off at promptly at 10 a.m. with almost 230 runners.



Pictured above, Howard's Team Lock Up, received the award for both largest team and largest fundraising team. They had 55 participants and raised over \$2,000.

Thanks to all who participated in our annual Turkey Trot 5K on Nov. 7,

as \$6,500 was raised for the St. Claire Foundation Alzheimer's & Dementia Care Fund. With more than 300 attendees and 228 participants ages 6-78 finishing the race, 2015 marked the event's biggest year yet.

Congratulations to our top three finishers: Bradley Mahaffey (00:13:40); Dennis Fulmer (00:13:40); and Steven Vaughn (00:14:25).



ST. CLAIRE REGIONAL

Christmas Giving Opportunities

Rowan County Christmas

St. Claire Regional is participating in Rowan County Christmas this year. This program is sponsored by SCR and other Rowan County social service agencies, churches and organizations. The program provides new toys for children 18 years of age and under, gifts for the elderly and food vouchers for families.

If you or your department would like to adopt an individual or family this year, choose an "angel" from the tree and sign the adoption form.

Then choose one of these options:

Purchase one \$20 gift for a male, female or family and attach your name and phone number. (Please, no clothes)

Bring a \$20 donation with your name and phone number to the Foundation House and a Rowan County Christmas Board Member will shop for you.

Tape your "angel" to the unwrapped gift or monetary donation, and deliver to Regina Thompson at the SCR Volunteer Office.

Storybook Christmas

St. Claire Regional is helping the MSU/Rowan County Adult Basic Education and Literacy Advisory Board collect new books for children under the age of 18. These books will be given to children and teens throughout Rowan County. Last year, SCR made it possible for many children to have their first new book.

Individuals or departments can participate by placing new books in the Storybook Christmas Basket located in the cafeteria.

Please turn in all gifts, books and donations by **FRIDAY, DECEMBER 4**

For more information contact Regina Thompson, ext. 6517



St. Claire Regional Café A&B

Nov. 30 · 7am to 7pm | **Dec. 1 ·** 7am to 4:30pm

25%ff

ALL Regular Price Items Plus 50%ff racks

SCRUBS · SHOES · ACCESSORIES · DIAGNOSTICS



Don't forget to "like"

St. Claire Regional Family Medical Supply on

facebook

Visit our Facebook page to find out how you could win 1 of 3 FREE scrub sets of your choice!



Koi · Landau · Cherokee

Sockwell **Compression Socks** Men's & Women's



Littmann Diagnostics



Sanita · Brooks · Aetrex Dr. Comfort · Asics · Cherokee







Claire Regional

Located just off I-64 at Morehead-Exit 137 in the Kroger Shopping Center across from LOWE'S

606.784.2414 or 1.877.784.2414 Monday - Friday | 8 am - 6 pm Saturday | 10 am - 2 pm





December 2015 Birthdays

12/1

Sean Clinton Kelsey

12/2

Don A Carpenter Stephanie D Dailey

12/3

Steve M Koenia Lesley Ellen Lewis Denise L Mooney Stephanie Lynn Oney Kathy Kay Trent

12/4

Angelee Adkins Pamela T Crawford Matthew E Donovan Sheila Ann Nobrega Teresa Ann Poe Denita Joy Ray Callie S Wagoner Crystal D Whitt

12/6

Enawgaw B Mehari

12/7

Joshua Allen Ackerman Gregory Lynn Adkins Kacie D Bledsoe Kayla Whitney Bradley Vicky L Murphy Erica Robinson

12/8

Monica Miller Hall Jennifer Marie Harty

12/9

Frin M Himes Chase N Yarman

James P Brandenburg Elizabeth C Wolf

12/11

Jason Junior Caudill Bethany Nicole Foister Kristie E Hackworth

12/12

Patricia A Ison Kimberly A Waggoner

12/13

Timmy Dale Charles

Physical Therapy

Informatics Behavioral Health Unit

MMS Clinical Services HIM OPCC Wound Care Materials Management

MMS Clinical Services Nursing Administration Information Services Respiratory Therapy **CRSS**

Anesthesia Professionals Home Health **CRSS**

MMS Clinical Services

Central Transport Home Health Administration Behavioral Health Unit Medical Group Admin FM - Morehead

TCU

Patient Access

Emergency Physicians Laboratory

Administration **Counseling Services**

Central Transport 3rd Floor North MMS Clinical Services

FM - Sandy Hook Home Health

Environmental Services

12/14

Twila G Carpenter Betty Jean Hamm Sandra Louise Hamm Kathryn S Howard Paulette Keeton Tericia B Tackett

12/15

David Bruce Bailey Diane Nichols Beane Emily Bausch Blevins Barbara Ann Caudill

12/16

William Ernie Lewis Elizabeth Melydia Napier Case Management Cassandra Hope Perkins Justin V Thornsberry

12/18

Samantha Rice Justin Boone Rose

12/19

Derek Scott Carroll Denise Annette Conn Pamela R Evans Randall Monroe Stevens Sharon Kaye Williams

12/20

Martha M Henderson James Lee Hodges Marvin Earl Puckett

12/21

Martha Jean Gulley

12/22

Angel Dawn Jolley Rebecca Ann Patrick Maria A Terrell

12/23

Deborah Mae James Angela G Stanfield

12/24

Kristeena M Abney Megan Elizabeth Kirby Phillip Montgomery Stephanie Tasha Purvis Brent Allen Simpkins Paula Lou Wilson

MMS Clinical Services MMS Clinical Services Patient Access Home Health Home Health

Diagnostic Imaging 4th Floor Nursing FM - Menifee (Dental) Same Day Surgery

Respiratory Therapy

Facilities Management FM - Morehead Respiratory Therapy

Emergency Department

Infusion Solutions Float Dept - Unit Sec Home Health Same Day Surgery **Emergency Department**

Emergency Physicians

Food Services Infusion Solutions Facilities Management

FM - Frenchburg

Materials Management Mammography Hospice

House Staff **Emergency Department**

Emergency Physicians

FM - Olive Hill Facilities Management **CRSS** House Staff 3rd Floor North

12/25

Teresa Kay Jones Wanda Mae Pennington Environmental Services

Patty A Fugate David Elijah Gifford

12/27

Melissa F Alcorn Steven Douglas Stanley Leslie Kay Williams

12/28

Charles Andrew Baker Nathan D Dillon Louise Simms Lamb Emilee Paige Redwine Shelley Davis Sadler Monica D Zornes

12/29

Debra A Clark Joseph Andrew Edie Roberta O Gilbert Dena K Jefferson Deborah K Oakley Teresa Lynn Rife

12/30

Jean Harney Jones Julia Ann Neill Lacinda Rishel

12/31

MaryAnn Perry Jetta Nicole Slone Brittany Lashea Tackett Mark Samuel Wigal

Home Health

FM - Menifee (Dental) Cardiology

CRSS

Surgery Home Health

Central Billing Office Hospice Mammography Ultrasound 4th Floor Nursing Pharmacy

Same Day Surgery MMS Clinical Services Gift Shop 3rd Floor Central Home Health Infusion Solutions

Clinical Nutrition Counseling Services

Cytology 3rd Floor North

ICU

CRSS

Infusion Solutions



St. Claire Regional donates antibiotics to the Prince of Peace home for girls in Guatemala

The Prince of Peace (POP) home for girls is a Kentucky based orphanage. Currently 16 churches located throughout the state from Morehead to Louisville sponsor and visit the POP. There are over 50 girls at the home and they can range in age from 3 into their twenties. Many of the girls have been physically abused, raped or found wandering on the streets abandoned by their parents. The goal of the home is to take the girls in providing a safe haven, educate them so they can become self-sufficient and learn a better way of life. The POP hosts churches throughout the year to help maintain the home and above all, to show the girls love. The visiting church teams work on various projects such as painting, sewing, mowing the lawn, building projects or an oil change for the vehicles.

For the past five years, Abby Baker, St. Claire Regional coordinator of medical staff development and recruitment, has had the privilege of traveling to the POP on a mission trip with Living Water Church in Mt. Sterling. Each year during their planning phases the POP will share with the group their most emergent needs. One of their challenges is transporting as many goods as possible at a minimal cost. In preparation for her trip in October, she shared that the clinic was in need of antibiotics with Mark J. Neff, SCR President/CEO. Many of the medications and medical

equipment donated to the home are typically expired or outdated. Regardless of the expiration dates the clinic is just happy to receive anything that they can get. For those that have never visited a third world country the medical care that they receive compared to ours in the US is by far inferior. Baker would like to express her gratitude and appreciation to St. Claire Regional for donating the antibiotics to the POP so the girls can receive adequate care.









UPCOMING C.E. Programs

November 20 | Tumor Board

8:00 - 9:00 AM SCR Teleconference Room Credit: ACPE, Category 1 AMA, Nursing

December 2 | Journal Club

12:00 - 1:00 PM SCR Library - Education Room Credit: ACPE, Category 1 AMA

December 2 | BLS Check Off

1:00 - 4:00 PM CHER 102C RSVP with KaSandra Hensley at ext. 6830 or kasandra.hensley@st-claire.org

December 3 | Modern Treatment of Localized Pancreatic Cancer and Strategies to Improve Resectability of Colorectal Liver Metastases

6:00 - 7:00 PM SCR Cafe D Credit: Category 1 AMA, Nursing Register at www.neahec.org/cancerCE

December 4 | Tumor Board

7:30 - 9:00 AM SCR Teleconference Room Credit: ACPE, Category 1 AMA, Nursing

December 8 | Morbidity & Mortality

8:00 - 9:00 AM SCR Library - Education Room Credit: ACPE, Category 1 AMA

December 16 | Interdisciplinary Grand Rounds

12:30 - 1:30 PM SCR Library - Education Room Credit: ACPE, Category 1 AMA

December 18 | Tumor Board

8:00 - 9:00 AM SCR Teleconference Room Credit: ACPE, Category 1 AMA, Nursing

NEWS & EVENTS

Annual Tree Lighting

Date: Wednesday, Dec. 2

Location: Outside SCR's main entrance **Time:** Ceremony begins at 10 a.m.

MSU Student Jazz Ensemble will be playing Christmas music.

For more information, contact Regina Thompson at ext. 6517 or regina.thompson@st-claire.org

Refreshments will be served!



Breakfast With Santa

Date: Saturday, Dec. 5 **Location:** SCR Cafe A-D **Time:** 9 am - 11 am

For more information please contact:
Barb Davis at ext. 7621 or bldavis@st-claire.org
Angel Beamon at ext. 7599 or ambeamon@st-claire.org

¥ St. Claire Regional Medical Center's



Staff Christmas Party

SCR Main Cafeteria

Night shift | Thursday, Dec. 10

10:00 p.m. to 11:30 p.m.

Day/Evening Staff | Friday, Dec. 11

7:30 a.m. to 9:30 a.m. & 2:30 p.m. to 4:00 p.m.

Staff Christmas Gifts may be picked up during Christmas party hours.

* Don't forget: Santa will be here to spread holiday cheer!







Have an article or event to submit for the Newsbrief?

Please send articles and/or information to be placed in the SCR Newsbrief to michael.ash@st-claire.org

Visit the SCR web site at www.st-claire.org/newsbrief to read past editions of the SCR Newsbrief

Need a Camera to Cover a SCR Event?

The Marketing/PR Dept. has several cameras available for loan.



Contact Hannah Conn at ext. 6927 for more information.