

St. Claire Regional Medical Center

# NEWSBRIEF

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## Annual Tree Lighting & Prayer Ceremony Kicks off Christmas at St. Claire Regional



Mark J. Neff, SCR President/CEO, welcomes those in attendance and introduces the 2015 Nursing Excellence Award winners: Mary Caric, APRN; Sigrid Turner, RN; Kasey Hickerson, RN; and Rita Sammons, RN.

St. Claire Regional’s (SCR) annual Tree Lighting and Prayer Ceremony was held on Wednesday, Dec. 2, at the hospital’s main entrance. Sr. Marla Monahan, SND, vice chair on the SCR Board of Directors, gave a blessing of the season to start the ceremony. The tree, purchased by the SCR Auxiliary from Hutton-Loyd Tree Farm, was lit this year by 2015 Nursing Excellence Award winners Sigrid Turner, RN, critical care; Kasey Hickerson, RN, acute care; Rita Sammons, RN, post acute care; and Mary Caric, APRN, St. Claire Medical Group. The Morehead State University Student Jazz Combo played a wonderful assortment of Christmas carols, creating a joyous atmosphere for all who attended. Immediately following the ceremony, SCR volunteers served hot chocolate and snacks to staff and visitors. Refreshments were prepared by Aramark Catering and sponsored this year by SCR administration.



The Morehead State University Student Jazz Combo plays popular Christmas carols during the ceremony.

### SCR Tree Lighting Hot Cocoa Recipe

**INGREDIENTS:**

- 1 package of instant hot cocoa mix
- 3 oz. hot water
- 2 oz. hot heavy cream
- 2 tbls Hershey’s syrup
- Whipped topping & marshmallows

**DIRECTIONS:**

- Stir together hot water & hot heavy cream
- Stir in instant hot cocoa mix
- Add chocolate syrup
- Add whipped topping & marshmallows



# BREAKFAST *with* SANTA

Every year during his busiest of times, Santa Claus makes a special trip to St. Claire Regional for a couple of hours to pass out treats and spread Christmas cheer to the children of SCR. This year, Santa (played by Andy Baker) visited on Dec. 5 and passed out stockings filled with tasty treats to all the children in attendance.

While here, Santa visited and passed out candy canes and stockings to all of the children and patients on the fifth floor.



✪ St. Claire Regional Medical Center's  
**EMPACT**  
Employee Activities/CQI Team

## St. Claire Regional wins second place during Christmas Parade

St. Claire Regional once again participated in the annual Rowan County Christmas Parade. This year's parade theme was "The Songs of Merry Christmas." St. Claire Regional's float won second place and was designed by SCR's EMPACT team. Its theme was "Winter Wonderland."



From left to right: Barb Davis, Crystal Little, Amanda Glover, Kaitlyn Beamon, Vanita Hall, Kyle Hall, Angel Beamon, Mary Carter, Vickie Kittle and Amanda Grubb



St. Claire Regional Medical Center's  
**EMPACT**  
Employee Activities/CQI Team

*Winter Wonderland*

## St. Claire Regional welcomes two new members to its Board of Directors

St. Claire Regional Medical Center (SCR) is pleased to announce the appointment of two new members to its Board of Directors: Gary Ermers and Anthony E. Helton.



**Gary Ermers** is a Lexington, Kentucky, resident. He graduated from University of Wisconsin–Eau Claire with a Bachelor of Business Administration in Accounting in 1982, and from DePaul University in Chicago with a Master of Business Administration in Finance in 1993. He is affiliated with the American Institute of Certified Public Accountants, the Wisconsin Institute of Certified Public Accountants and the Healthcare Financial Management Association.

Ermers previously served on the Board of Directors for both KORE Academy and Bluegrass Tomorrow. In addition to the SCR Board of Directors appointment, Ermers also currently serves on the Board of Directors for Omega Protein Corporation.



**Anthony E. Helton** is an Erlanger, Kentucky, resident. He currently serves as the vice president of Revenue Cycle Operations for St. Elizabeth Medical Center in Edgewood, Kentucky. Helton graduated with a Bachelor of Science in Organizational Studies from Northern Kentucky University in 1994. He is an affiliate of the Healthcare Financial Management Association, as well as the Knights of Columbus, Kehoe Council and the Izaak Walton League of America.

In addition to the SCR Board of Directors appointment, Helton currently serves on several other boards, including: DCCH Center for Children and Families, Alliance for Catholic Urban Education and the Southwest Ohio Chapter of the Healthcare Financial Management Association.

## Kristin Yarman, APRN, now accepting new patients at St. Claire Regional Family Medicine in Sandy Hook



St. Claire Regional Medical Center is pleased to announce the addition of Kristin Yarman, APRN, to its medical staff. Yarman is now seeing and accepting new patients at the St. Claire Regional Family Medicine location in Sandy Hook.

Yarman, a native of Olive Hill, completed a Bachelor of Science in Nursing at Morehead State University and her Master of Science in Nursing at Eastern Kentucky University.

“I’m excited to be a part of the team at St. Claire Regional,” Yarman said, “I’m from the area, so working here feels like home. I hope to live up to SCR’s mission, and to provide quality care to the people of Eastern Kentucky.”

St. Claire Regional Family Medicine - Sandy Hook is located at 390 KY Highway 7S, and is open Monday through Friday from 8 a.m. to 5 p.m. To schedule an appointment with Kristin Yarman or any provider at St. Claire Regional Family Medicine - Sandy Hook, call (606) 738-5155.

Kristin Yarman, APRN, St. Claire Regional Family Medicine in Sandy Hook

## David Gross elected to Rural Health Congress

David A. Gross, St. Claire Regional’s administrative director for education and research, was recently elected to the National Rural Health Association’s Rural Health Congress (NRHA). He will serve a two-year term representing the association’s Research and Education Constituency Group beginning in 2016.

Gross has been an NRHA member since 2003, received the NRHA LaVonne Straub Memorial Student Research Paper Award in 2009, and has served on the NRHA Communications Committee since 2010. He has also presented at NRHA’s annual conference multiple times.

“It’s an honor to be elected by my NRHA Research and Education peers to serve in this leadership role,” said Gross, whose duties include directing the Northeast Kentucky Area Health Education Center. “This is a critically important time for rural health care in the United States and I look forward to helping craft NRHA’s positions on the healthcare workforce, quality initiatives, telemedicine and other public policy issues.”

The Rural Health Congress determines NRHA’s position on healthcare-related public policy through a series of policy briefs and issue papers, and is made up of elected representatives from the association’s nine constituency groups, the State Association Council, the State Office Council, issue groups and officers. This gives the Rural Health Congress representation that reflects the concerns of the NRHA’s diverse membership.

The NRHA is a nonprofit organization with a mission of providing leadership on rural health issues through advocacy, communications, education and research. The NRHA has been serving rural communities for more than 30 years and has more than 21,000 members.



David A. Gross, St. Claire Regional’s director for education and research.

# *A very merry St. Claire Regional Christmas*

St. Claire Regional held its annual staff Christmas parties on Dec. 10 and 11. Staff Christmas parties provided holiday cheer, lots of food and presents for all! The jolly bearded Santa Claus (played by Tom Lewis) was on standby for several hours, passing out candy canes and listening to last-minute Christmas wishes from the children and adults who attended.

Merry Christmas and thanks to ALL of our staff members for their dedicated service.



Sr. Jean Francis Cleves is pictured here with Santa Claus during the annual SCR Christmas celebration.



SCR's food service staff were Santa's little helpers during the Christmas celebrations, working around the clock to provide wonderful food for each of the three parties.



SCR staff members pose with Santa during the annual Christmas celebrations. Pictured, from left, are Dr. Will Melahn, vice president of medical affairs and chief medical officer; Mark J. Neff, SCR President and CEO; Santa Claus, played by Tom Lewis, SCR Foundation executive director; Wendy Jarrett, Human Resources office assistant; Jill Rhodes, Human Resources benefits analyst; Sr. Judi Lambert, director of mission integration and pastoral care; and LeRae Wilson, DNP, RN, NEA-BC, vice president patient services/CNO.



SCR Human Resources staff played the role of Santa's elves during the Christmas celebrations, handing out gifts to all of the good staff who work at St. Claire Regional.

# Holiday Sale

Nov. 16 - Dec. 31



## 20% off all lift chairs

Sit, Recline, Lift or Stand all with the touch of a button



Golden Technologies®

- Lumbar Support
- Improve Circulation
- Back Pressure Relief
- Multi-Level Reclining

MaxiComfort is the only recline technology in the world that can offer unlimited positioning options that operate with a smooth, seat-gliding action.

Over 20 models available (many models in stock)

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Lifetime manufacturer warranty on PRIDE® and Golden Technologies® lift mechanism

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St. Claire Regional  
**FAMILY MEDICAL SUPPLY**

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# 25%off SCRUBS



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prescription-strength skin care system  
that can actually transform your skin

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Not valid with any other SkinMedica sale.

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- Proprietary gel lining includes jojoba oil, olive oil and other nourishing oils
- Washable & reusable



\$16.99

\$17.99

## JOBST® Compression Products 10%off



- Knee High
- Thigh High
- Pantyhose
- Women's and Men's Styles

## Bed Buddy® Foot Warmers *with Aromatherapy*

Treat your feet and senses to instant soothing warmth with these aromatherapy foot warmers. They are ready in minutes, reusable & stay heated for up to an hour.

\$9.99



## Dr's Remedy Enriched Nail Polish

# BOGO 50%off

CHOOSE FROM MORE THAN  
**20 COLORS**



Tea Tree Oil • Garlic Bulb Extract  
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St. Claire Regional  
**FAMILY MEDICAL**  **SUPPLY**

606.784.2414 or 1.877.784.2414

Monday - Friday | 8 am - 6 pm

Saturday | 10 am - 2 pm



# January 2016 Birthdays

## 1/1

Dianna McIntosh Bentley Pharmacy  
Whitley Shirlinda Cecil Respiratory Therapy  
Susan Bryant Hamlin OPCC  
Nathan Donald Lewis Environmental Services  
Felicia Paige Richards 4th Floor Nursing  
Justin Tylor Smith Pharmacy

## 1/2

Cheryl Kay Bridenthal Hospice  
Melissa R. Thomas Central Billing Office

## 1/3

Mildred K Cooper Family Medical Supply  
Patricia Ruth Eldridge FM - Olive Hill  
Marsha A Horsley Home Health  
William D Lewis Radiology Physicians  
Shannon L. Moore Home Health  
Melinda Elaine Oakley Emergency Department  
Shamika Latrice Williams FM - Owingsville

## 1/4

Dreama D Rucker FM - Frenchburg

## 1/5

Calvin R Conn Bio Medical Engineering  
Crystal L Donathan OPCC  
Marla Kaye Kearns 4th Floor Nursing  
Melissa D Montfort Laboratory  
Jo Ann Pennington Financial Services

## 1/6

Magan Haley Meade Behavioral Health Unit

## 1/7

Judy M Buelterman Palliative Care  
Dakota Marie Cooper Diagnostic Imaging

## 1/9

Cathy J Blair Respiratory Therapy  
Jennifer Gigenbach Infusion Solutions  
Robin Rena Munday Central Billing Office  
Melinda Sturgill Food Services  
Andrea Paige Sweet Laboratory  
Alicia Swim FM - Morehead

## 1/10

Nancy J Conn Patient Access  
Raymond Cecil Steagall Facilities Management

## 1/11

Rupa Murthy Pharmacy  
Shawna Leann Rose Nuclear Medicine  
David White Laboratory

## 1/12

Caitlin Noelle Cox Environmental Services  
Debra L Dickerson Home Health  
Rebecca L Downs FM - Owingsville

Carl Jones Information Services  
Rebecca Lou Parker Home Health  
William Grant Roberts Environmental Services  
Melinda J Sexton Nursing Administration

## 1/13

Nancy Jo Bond Environmental Services  
Tracey Lynn Dickerson Central Billing Office  
Linda Teresa Stahl Behavioral Health Unit  
Leigh Anne Stiltner Patient Financial Services

## 1/14

Emily C Bailey Patient Access  
Amy Dawn Brown Infusion Solutions  
Melanie Ann Hurst Hospice  
Amber Brooke O'Neal Occupational Therapy  
Glenna S Stevens Food Services

## 1/15

Tracy Fannin Cardiology  
Kia L. Littleton Laboratory  
Ashley Marie Shade Emergency Department  
Jennifer Lynn Yenke 3rd Floor Central

## 1/16

David Alan Gross AHEC  
Lorri Danielle Raleigh FM - Owingsville  
Michael T Smedley Security Services

## 1/17

Shelia Calton Food Services  
Angela Lynn Gillespie Behavioral Health Unit

## 1/18

Robert D. Craft Pharmacy  
Stephanie Renee Logan Environmental Services  
Dawn Lyanne Ranshaw Rehab Unit

## 1/19

Emily M Ginn Diagnostic Imaging  
Connie B Mayhorn TCU  
Johnny B. Napier Home Health  
Mandy L Smith ICU

## 1/20

Andy L Cooper Environmental Services  
Lisa Ann Goldstein FM - Sandy Hook  
Anita Gullley MMS Clinical Services  
Jessica N Henderson MMS Administration  
Lillie Melissa King Same Day Surgery  
Catherine D Mettey Central Billing Office  
Amanda K Rose Diagnostic Imaging  
Chad Allen Wilson Sleep Lab

## 1/21

Kathy Blevins Environmental Services  
Joyce K. Dulin Environmental Services  
Cindy J McKenzie FM - Frenchburg  
Leslie D Watts FM - Olive Hill

## 1/22

Latoshia Nicole Morris CRSS

## 1/23

Ada Ruth Albert Hospice  
Cheryl Annette Barker Behavioral Health Unit  
Pamela Sue Christy SPD  
Veronica Gail Hinton Hospice  
Susana Yeboah-Mantey ICU

## 1/24

Veronica Nicole Fannin 4th Floor Nursing  
Cynthia Gaye Fields 3rd Floor Central  
Sarah B Newcomb CRSS  
Tracy Manley Stewart Quality Management

## 1/25

Donna Frances Lucas MMS Administration  
Victor J Pilewski CRSS

## 1/26

Connie Lynn Alexander Family Medical Supply  
Chantae Brianna Bryant 3rd Floor North  
Megan Jane McDowell ICU  
Frances A Meritt FM - Morehead

## 1/27

Alice C. Ferguson FM - Sandy Hook  
Victoria Henderson Food Services  
Kimberly Lynn Lambert Emergency Department  
Kimberly L Smallwood FM - Frenchburg

## 1/28

Hal W Bledsoe Bio Medical Engineering  
Kayla Michelle Cantrell Food Services  
Bethany Lynne McClure FM - Morehead  
Crystal Monique Moon Float Dept - Unit Sec  
Jessica Nicole Oldham Central Scheduling

## 1/29

Crystal Lynn Dunaway Family Medical Supply  
Fhonda K Hitch Home Health

## 1/30

Latisha M Fyffe Patient Financial Services  
Kristina L. Kegley Home Health  
Trina M. Pierce Laboratory

## 1/31

Kara Danielle Holbrook 4th Floor Nursing  
Nina J McCreese Hospice





# THE GIFT YOU HAVE BEEN WAITING FOR A YOUNGER LOOKING YOU

WOMEN'S IMAGING & AESTHETICS  
**HOLIDAY SALE**  
NOV. 2 - DEC. 31

**BOTOX<sup>®</sup>**  
—Cosmetic  
*onabotulinumtoxinA* injection  
**\$9 PER UNIT**

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**the #1 medically dispensed, prescription-strength  
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**Transform Your Skin in 90 Days Bundle**  
PLUS receive a free travel size AHA/BHA Cleanser (while supplies last)



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**Exfoliate, Defend & Repair Skin Bundle**



**10% Off All  
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Not valid with any other  
SkinMedica sale.



Don't forget to sign up for Allergan's  
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You'll earn points on treatments and  
products for future savings.

**606.783.6760**

Located on the first floor of  
St. Claire Regional Medical Center

**WOMEN'S IMAGING  
& AESTHETICS**



# St. Claire Regional Welcomes NEW STAFF

**Ashley Marie Abner**  
*4th Floor Nursing*

**Saranda Gail Blevins**  
*Emergency Department*

**Brenda Joy Combs**  
*Counseling Services*

**Misti Ann Fannin**  
*Nursing Administration*

**Chelle Deneen Gilliam**  
*HIM*

**Kristen Elaine Greene**  
*Diagnostic Imaging*

**Matthew Tyler Greene**  
*Infusion Solutions*

**Caitlin Jeanelle Hall**  
*Patient Access*

**Betty Jean Hamm**  
*Medical Group Admin*

**Jennifer Marie Harty**  
*Patient Access*

**Dalton Lee Ingles**  
*Pharmacy*

**Rachel M Jones**  
*Cave Run General Surgery*

**Sean Clinton Kelsey**  
*Physical Therapy*

**Alma B Krueger**  
*Environmental Services*

**Meredith Davis Lamkin**  
*Cave Run General Surgery*

**Alicia Ann Martin**  
*Behavioral Health Unit*

**Candace Renee Nickell**  
*FM - Morehead*

**Caitlin P O'Callaghan**  
*Emergency Physicians*

**Jonathan Carlos Perdue**  
*Pharmacy*

**John A Sanders**  
*Palliative Care*

**Ashley Lauren Sargent**  
*Respiratory Therapy*

**Laurie Jan Sparks**  
*Respiratory Therapy*

**Holly Lyn Staton**  
*Nursing Administration*

**Michelle Lynn Wetzel**  
*3rd Floor Central*

## Recognizing November as National Home Care Month



Front row: Leah-Ann Owens, SCR Patient Care Coordinator, Annette Sparks, SCR RN.  
Back row: Gary Trent, Thelma Trent, Wales Trent and caregiver, Madge Plank.

Wales and Thelma Trent, current patients of St. Claire Regional HomeCare, are looking forward to celebrating their 75th wedding anniversary in 2016. Their home care team is pictured with them above.

“We’ve been fortunate that our parents are as healthy as they are, thanks to St. Claire HomeCare services,” their son, Gary, said. According to their son, Ted, “Home health is one of the best ambassadors for St. Claire and what the hospital stands for. Home health seems to be a full extension of the primary care physicians in our area.”

It means so much to families to have that quality of care come to you when you can't get out and go to the doctor.

Ted Trent, son of Wales & Thelma Trent

You are invited to enter SCR's

# Christmas Decorating Contest

sponsored by EMPACT



All entries must be submitted by photo before Dec. 21, 2015 @ 3 p.m.

Winner will be announced Wednesday, Dec. 23.

**Entry may be Door, Window or Tree**

Prizes will be awarded in each of the following categories:

- Most Representative of Department
- Most Beautiful
- Most Creative

Contact Barb Davis ([blDavis@st-claire.org](mailto:blDavis@st-claire.org)) or Angel Beamon ([ambeamon@st-claire.org](mailto:ambeamon@st-claire.org)) if you have any questions.

St. Claire Regional Medical Center's  
**EMPACT**  
Employee Activities/CQI Team



## UPCOMING C.E. Programs

### January 1 | Tumor Board

7:30 - 9:00 AM

SCR Teleconference Room

Credit: Pending

### January 5 | Changing Documentation Requirements in the ICD-10 Era for Common Diagnoses - Sepsis, Diabetes, Heart Failure and Others

6:00 - 7:00 PM

SCR Cafe D

Credit: Category 1 AMA, Nursing

Register at [www.neahec.org/ICD10](http://www.neahec.org/ICD10)

### January 6 | Changing Documentation Requirements in the ICD-10 Era for Common Diagnoses - Sepsis, Diabetes, Heart Failure and Others

8:00 - 9:00 AM

SCR Cafe D

Credit: Category 1 AMA, Nursing

Register at [www.neahec.org/ICD10](http://www.neahec.org/ICD10)

### January 6 | Journal Club

12:00 - 1:00 PM

SCR Library - Education Room

Credit: Pending

### January 12 | Morbidity & Mortality

8:00 - 9:00 AM

SCR Library - Education Room

Credit: Pending

### January 15 | Tumor Board

8:00 - 9:00 AM

SCR Teleconference Room

Credit: Pending

### January 20 | Interdisciplinary Grand Rounds

12:30 - 1:30 PM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

### January 26 | BLS Check Off

1:00 - 4:00 PM

CHER 102C

RSVP with KaSandra Hensley at ext. 6830 or

[kasandra.hensley@st-claire.org](mailto:kasandra.hensley@st-claire.org)

# NEWS & EVENTS



**St. Claire Regional  
Medical Center**

222 Medical Circle • Morehead, KY 40351

## Latisse® BOGO Sale

**Date:** Ends Jan. 29

**Location:** Women's Imaging & Aesthetics

Located on the first floor of the hospital



**Buy 1** 5-mL Latisse® kit **get 1** 3-mL Latisse® kit  
**Buy 2** 5-mL Latisse® kits **get 2** 3-mL Latisse® kits  
**Buy 3** 5-mL Latisse® kits **get 3** 3-mL Latisse® kits

Call 606.783.6760 or stop by for a free consultation!

## Masquerade \$5 Sale

**Starts:** Sunday, Dec. 20 at 9 p.m.

**Ends:** Tuesday, Dec. 22 at 2 p.m.

**Location:** St. Claire Regional Medical Center  
hallway outside the cafeteria

**\$5** Jewelry and Accessories Sale  
Finish your holiday shopping!  
"Around the Clock Sale"

**All proceeds go to the St. Claire Regional Foundation**  
Cash, Credit/Debit Cards & Payroll Deduction accepted



St. Claire Regional is  
a sponsored ministry of the  
**Sisters of Notre Dame**  
Covington Province

## NEWSBRIEF

### Have an article or event to submit for the Newsbrief?

Please send articles and/or information to be placed  
in the SCR Newsbrief to [michael.ash@st-claire.org](mailto:michael.ash@st-claire.org)

Visit the SCR web site at [www.st-claire.org/newsbrief](http://www.st-claire.org/newsbrief)  
to read past editions of the SCR Newsbrief

### Need a Camera to Cover a SCR Event?

The Marketing/PR Dept. has several  
cameras available for loan.

Contact Hannah Conn at ext. 6927 for more information.

