



# CHILD DEVELOPMENT CLASSES

Join St. Claire Regional Licensed Occupational Therapists  
Beth Reynolds, MS, OTR/L, & Morgan King, MS, OTR/L, CLT, for a  
series of **FREE** Child Development Classes for parents & caregivers!  
*(Class age group focus is newborn to 5 years. Everyone welcome.)*

Classes will be held

at the **ST. CLAIRE REGIONAL OUTPATIENT CENTER** from  
**6:30 - 7:30 PM** on the following dates:



**APRIL 18**  
**DEVELOPMENTAL SKILLS  
& APPROPRIATE PLAY**

**JUNE 20**

**OVERCOMING TOILETING &  
POST-PARTUM DIFFICULTIES**



**SEPTEMBER 26**  
**MAKING MEALTIME FUN  
& FEEDING PICKY EATERS**

**DECEMBER 12**  
**SLEEP HYGIENE &  
MENTAL HEALTH**



  
St. Claire Regional  
**OUTPATIENT CENTER**

For more information, call 606.783.7780 or  
email [Elizabeth.Reynolds@st-claire.org](mailto:Elizabeth.Reynolds@st-claire.org).

1028 East Main Street • Morehead, Ky  
On U.S. 60 East next to Aaron's Best One