

NEWSBRIEF

St. Claire Welcomes Melissa Walters, MSN, APRN, FNP-C 2
 One Night About You Women's Health Conference 3

St. Claire HealthCare Spreads Valentine's Day Cheer 4
 Celebrating National Doctors' Day 6-7

St. Claire HealthCare Proudly Supports **Colorectal Cancer Awareness Month**

Join us in wearing blue throughout March to raise awareness for the importance of colorectal cancer screenings!

Colorectal cancer is the second leading cause of cancer-related deaths in the United States and the third most common cancer. The good news is that it is also one of the most preventable and most treatable forms of cancer. In fact, 9 out of 10 colorectal cancers may be prevented or cured with regular checks! Most develop from noncancerous polyps and removing these polyps can markedly reduce your risk.

If you are 50 years old or older, get screened now. If you think you may be at higher than average risk for colorectal cancer, talk to your healthcare provider about getting screened early. Thadis C. Cox, MD, SCH gastroenterologist, specializes in endoscopy procedures including colonoscopy and is currently accepting referrals. Ask your healthcare provider for a referral today!

GET YOUR REAR IN GEAR, GET EDUCATED AND GET SCREENED!

Healthy Steps Everyone Can Take for **PREVENTION!**

- Get screened starting at age 50
- Encourage your family and friends over age 50 to get screened
- Quit smoking and stay away from secondhand smoke
- Get plenty of physical exercise and eat healthy



Thadis Cox, MD & SCH Endoscopy Nursing Staff

Back: Stephanie Caskey, Diane Kincaid, Gastroenterologist Thadis Cox, MD, Carlyn Hall, Marie LeMaster, Riki Watts; Front: Kristin Vinson, Khirsten Brewer, Tiffany Collins, Keshia Rayburn, Amber Wireman, Kimberly Shoemaker, Marina Kissinger; Not pictured: Crystal Donathan

St. Claire HealthCare Welcomes Melissa Walters, MSN, APRN, FNP-C



St. Claire HealthCare is pleased to welcome Melissa Walters, MSN, APRN, FNP-C, to our medical staff. She is now seeing patients at our St. Claire Family Medicine locations.

Walters received her Bachelor of Science in Nursing from Morehead State University and went on to complete her Master of Science in Nursing from Indiana Wesleyan University graduating Summa Cum Laude in 2015. She practices primary care, caring for all ages as a family nurse practitioner. She is board certified by the American Academy of Nurse Practitioners. Before coming to St. Claire HealthCare, she was previously employed at the University of Kentucky where she provided care to patients with complex and chronic medical conditions for the past 13 years.

“Returning to practice close to home allows me to give back to the communities dear to my heart. I absolutely love this region and the atmosphere that surrounds Appalachia,” says Walters. “I enjoy the relationships I develop with my patients and I strive to provide the highest-quality care to each patient that I meet.”

A Jeffersonville native, Walters now resides in Mt. Sterling with her husband, Mark, and their three children. Her hobbies include serving within her church as the children's pastor and spending time with family, friends and her dogs.

Colorectal Cancer Awareness T-Shirt Fundraiser!

T-shirts have been ordered for SCH's Colorectal Cancer Awareness Month Fundraiser!

All proceeds will be donated to St. Claire Foundation's Oncology Fund to support our patients' needs! T-shirts will be \$15 each and can be purchased via cash/check/payroll deduction.

Call Carlyn or Keshia in OPCC/Scopes at 606.783.6621 to order yours today!



One Night ABOUT YOU 6th Annual



A Health Conference Focused on Women

YOUR HEALTH · YOUR LIFE · YOUR WELL-BEING

\$5 Admission

Advance Registration Required



All participants receive:

- A goody bag valued at \$20 which includes an SCH/UK umbrella
- Gourmet food catered by SCH's Aramark
- The opportunity to win more than \$2,000 in door prizes
Must be 18 or older and complete two educational sessions to register for door prizes. One entry per person. Must be present to win.

Register today! www.st-claire.org/onenight

Thursday, April 26

Morehead Conference Center

FREE Health Screenings

4:00 - 5:30 p.m.

FREE Educational Sessions

6:00 - 8:00 p.m.



Connect with St. Claire HealthCare on social media or call 606.783.6927 for more information.





Spreading Valentine's Day Cheer

St. Claire HealthCare had a special surprise for D.O.V.E.S. families on Valentine's Day.

St. Claire HealthCare was honored to be able to provide the women and children staying at the D.O.V.E.S shelter with Valentine's baskets. The baskets SCH donated included chocolate covered strawberries and stuffed animals which were delivered to all of the residents on Valentine's Day.



AMERICAN LUNG ASSOCIATION®
Freedom
FROM SMOKING®



Congratulations to the newest Freedom From Smoking graduates!

The program started 2018 out strong by graduating six new non-smokers!

Are you ready to quit?

The American Lung Association's Freedom From Smoking program consists of eight sessions over a seven week period aimed to prepare future non-smokers to make this the quit that sticks. Participants spend the first three weeks developing a quit plan tailored to their lifestyle then the remaining four weeks discussing strategies to prevent slips and combat triggers as well as motivating each other to succeed.

The next round of classes begins March 26 at 5 p.m. in the CHER building. All participants with a Bath or Rowan county address will receive FREE Nicoderm CQ patches.

Take your first step toward becoming a non-smoker!

Register today by contacting Ashley Gibson at 606.783.7561 or ashley.gibson@st-claire.org to sign up.

COUNTDOWN TO

SPRING sale

Now Thru March 20

ASK ABOUT OUR NEW FINANCING OPTIONS!

ALL SHOES - 20% OFF



Alegria Sandals
Now Available!



ORTHOPEDIC PILLOWS - 20% OFF



COMPRESSION - 20% OFF



DIAGNOSTICS - 20% OFF



ALL SCRUBS - 20% OFF

New Spring Scrub Lines!



LIFT CHAIRS - 20% OFF
Sit, Recline, Lift or Stand
All with the Touch of a Button!



More than 20 models available - many in stock

*Discount does not apply to upgrades.

- 5 size options including XXL
- Over 40 fabric color options
- Heat and massage available
- Lifetime manufacturer warranty on Golden Technologies® lift mechanism
- Free delivery within a 50 mile radius

SCOOTERS - 20% OFF



POWERCHAIRS - 20% OFF



ROLLATORS - 20% OFF



CANES, WALKERS & ACCESSORIES - 20% OFF



St. Claire
FAMILY MEDICAL  **SUPPLY**

www.st-claire.org | 606.784.2414
Located in the Kroger Shopping Center in Morehead, across from LOWE'S
Monday - Friday 8AM - 5PM | Saturday 10AM - 2 PM
No additional discounts, promotions or offers apply. 2/18.



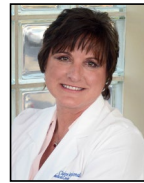
St. Claire HealthCare proudly recognizes our *Physicians on Doctors' Day*



William L. Melahn, MD
Chief Medical Officer
St. Claire Regional Medical Center



Caren L. Daniels-Thacker, MD
ACMO, Hospital Based Services
St. Claire Regional Medical Center



Cheryl McClain, MD
ACMO, Primary Care Services
St. Claire Regional Medical Center



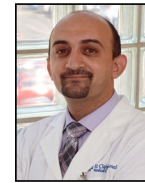
Iraklis C. Livas, MD
Allergy, Asthma & Immunology
St. Claire Regional Medical Center



Muhammad Anwar, MD
Anesthesiology
St. Claire Regional Medical Center



Mohammad Aslam, MD
Anesthesiology
St. Claire Regional Medical Center



Ahmad Isbitan, MD
Cardiology
Morehead Medical Specialists



Mansha U. Kahloon, MD
Cardiology
Morehead Medical Specialists



Emily Blevins, DMD
Dentistry
St. Claire Family Medicine



David L. Graham, DMD
Dentistry
St. Claire Family Medicine



Craig D. Butler, MD
Diagnostic Imaging
St. Claire Regional Medical Center



William D. Lewis, MD
Diagnostic Imaging
St. Claire Regional Medical Center



Stephen A. Williams, MD
Diagnostic Imaging
St. Claire Regional Medical Center



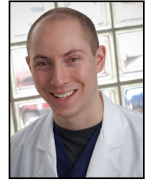
Mark E. Bailey, MD
Emergency Medicine
St. Claire Regional Medical Center



Ashley Brown, MD
Emergency Medicine
St. Claire Regional Medical Center



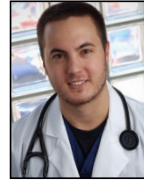
Philip C. Overall, MD
Emergency Medicine
St. Claire Regional Medical Center



W. Brandon Pace, MD
Emergency Medicine
St. Claire Regional Medical Center



Punnaivanam Ravisankar, MD
Emergency Medicine
St. Claire Regional Medical Center



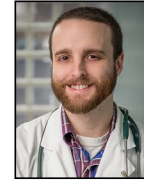
Adam W. Scrogam, MD
Emergency Medicine
St. Claire Regional Medical Center



Robert A. Williams, MD
Emergency Medicine
St. Claire Regional Medical Center



Brad Baker, DO
Family Medicine
St. Claire Family Medicine



Parker Banks, DO
Family Medicine
St. Claire Family Medicine



Craig H. Burrows, MD
Family Medicine
St. Claire Family Medicine



Amy J. Conley, MD
Family Medicine
St. Claire Family Medicine



Marie Dennison, MD
Family Medicine
St. Claire Family Medicine



Tyler Elam, DO
Family Medicine
St. Claire Family Medicine



Lisa A. Goldstein, MD
Family Medicine
St. Claire Family Medicine



Lesley Jackson, MD
Family Medicine
St. Claire Family Medicine



Seigfred Jalalon, MD
Family Medicine
St. Claire Family Medicine



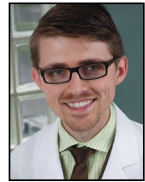
Elizabeth Matera, MD
Family Medicine
St. Claire Family Medicine



Carolyn A. Moore, MD
Family Medicine
St. Claire Family Medicine



Kristen Murphy, DO
Family Medicine
St. Claire Family Medicine



William Murphy, DO
Family Medicine
St. Claire Family Medicine



Amanda Ramey, DO
Family Medicine
St. Claire Family Medicine



Jennifer Courtier, MD
Family Medicine Residency
St. Claire Family Medicine



Shandy Karrick, DO
Family Medicine Residency
St. Claire Family Medicine



Kendall Koehler, MD
Family Medicine Residency
St. Claire Family Medicine



Kenneth Onuorah, DO
Family Medicine Residency
St. Claire Family Medicine



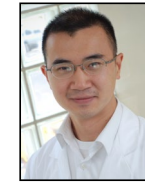
Selena Raines, DO
Family Medicine Residency
St. Claire Family Medicine



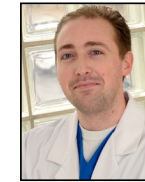
David Sindler, MD
Family Medicine Residency
St. Claire Family Medicine



Tina Slover, MD
Family Medicine Residency
St. Claire Family Medicine



Khoi Tran, DO
Family Medicine Residency
St. Claire Family Medicine



Brett Yoder, DO
Family Medicine Residency
St. Claire Family Medicine



Cory Yoder, DO
Family Medicine Residency
St. Claire Family Medicine



Thadis C. Cox, MD
Gastroenterology
Morehead Medical Specialists



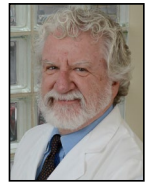
J. Hunter Black, MD
Hospice & Palliative Medicine
St. Claire HomeCare



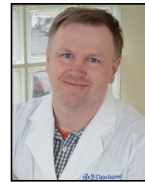
John Sanders, MD
Hospice & Palliative Medicine
St. Claire HomeCare



Anthony Weaver, MD
Hospice & Palliative Medicine
St. Claire HomeCare



Timothy Brammell, MD
Hospitalist
Apogee



Steven Davis, MD
Hospitalist
Apogee



Vikas Lall, MD
Hospitalist
Apogee



Shea Lambirth, MD
Hospitalist
Apogee



Brandon Quinlan, DO
Hospitalist
Apogee



James A. Vansant, MD
Hospitalist
Apogee



Anna Johnson, DO
Internal Medicine
Morehead Medical Specialists



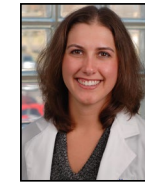
Mohamed Elshayeb, MD
Nephrology
Morehead Medical Specialists



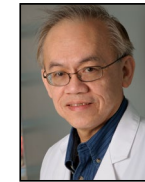
Corey B. Forester, MD
Obstetrics / Gynecology
UK HealthCare - Morehead Women's Healthcare



Frank LaBarbera, MD
Obstetrics / Gynecology
UK HealthCare - Morehead Women's Healthcare



Rebecca M. Todd, MD
Obstetrics / Gynecology
UK HealthCare - Morehead Women's Healthcare



Allen S. Lim, MD
Oncology / Hematology
Morehead Medical Specialists



Johannes C. Evans, MD
Ophthalmology
Kentucky Eye Institute



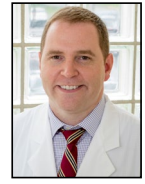
Ballard Smith, DMD
Oral & Maxillofacial Surgery
Private Practice



Brett Comer, MD
Otolaryngology
UK HealthCare - Ear, Nose & Throat, Inc.



Raleigh O. Jones, MD
Otolaryngology
UK HealthCare - Ear, Nose & Throat, Inc.



Joshua 'Cory' Bailey, MD
Pain Management
Morehead Medical Specialists



Jeffrey L. Ellis, MD
Pathology / Cytology
UK HealthCare



Stephen Frame, MD
Pathology / Cytology
UK HealthCare



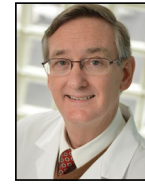
Nancy J. Henly, MD
Pediatrics
St. Claire Pediatrics



Miroslawa E. Sikorska, MD
Pediatrics
St. Claire Pediatrics



Michael I. Anstead, MD
Pediatrics / Sleep Medicine
St. Claire Outpatient Center



Clarence G. Clayton, III, DPM
Podiatry / Wound Care
St. Claire Outpatient Center



Cynthia A. Schneider, MD
Podiatry
St. Claire Outpatient Center



Cletus Carvalho, MD
Psychiatry
St. Claire Behavioral Health



Christopher F. Fennell, DO
Psychiatry
St. Claire Behavioral Health



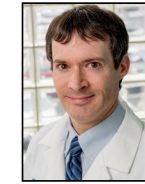
Kristen O. Kusterer, MD
Psychiatry
St. Claire Behavioral Health



Steven M. Koenig, MD
Pulmonology / Critical Care - Sleep Medicine
Morehead Medical Specialists



Pushpa Patel, MD
Radiation Oncology
UK HealthCare - Morehead Cancer Treatment Center



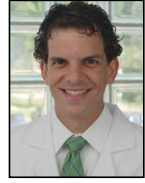
Stephen D. Damron, MD
Rehabilitation / Transitional Care
St. Claire Regional Medical Center



J. Michael Burton, MD
Surgery - General
Cave Run Surgical Specialists



James Lynch, MD
Surgery - General
Cave Run Surgical Specialists



Jacob E. Perry, MD
Surgery - General
Cave Run Surgical Specialists



Mary S. Phillips, MD
Surgery - General
Cave Run Surgical Specialists



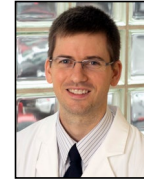
Charles Crouse, MD
Surgery - Orthopedic
Cave Run Surgical Specialists



Eugene S. Greenberg, MD
Urology
Cave Run Surgical Specialists



O. Thomas Newcomb, III, MD
Urology
Cave Run Surgical Specialists



O. Thomas Newcomb, IV, MD
Urology
Cave Run Surgical Specialists



R. Thomas Fossett, MD
Wound Care / Surgery - Orthopedic
St. Claire Outpatient Center



Richard W. Proudfoot, MD
Wound Care
St. Claire Outpatient Center

Excellence In Action- In honor of National Doctors' Day, St. Claire HealthCare recognizes our physicians for the compassionate, superior care they provide to the patients who come through our doors. Their service has allowed us to carry on our tradition of providing top-notch care to generation after generation. And, their dedication is evident in the quality of care they provide to our patients year-round, whether it's day or night.

For centuries, doctors have dedicated their lives to bettering the lives of others. SCH has been blessed with a medical staff that has preserved our focus on compassion and commitment, and we are forever grateful. We are thankful for their tireless service to SCH and the families of Northeastern Kentucky. Their excellence continues to inspire, shape and guide the course of our healing ministry.



MARCH 2018

| | | | | | |
|---|---|---|---|---|---|
| 3/1 Barbara L. Davis Jessica R. Callahan Lauretta J. Barker | Home Health Case Management Environmental Services | 3/14 Christopher C. Shields Adam W. Scrogam | Physical Therapy Emergency Physicians | 3/24 Regina R. Hall Falissa A. Prout Donna M. Fannin Michele A. Walters Marjorie A. Scott Janet R. Roe Lindy C. Hargis Rebekah S. Easter | Nursing Administration Nursing Administration Laboratory Family Medicine Express Central Billing Office Central Billing Office Patient Access Environmental Services |
| 3/2 Andy B. Price | Information Technology | 3/15 Nancy N. Gulley Michella R. Smedley | Hospice Environmental Services | 3/25 Morgan N. Clemons Kevin S. Cummins Katherine E. Perry Ingrid K. Van Rooyen Glen R. Standafer Charla R. Pennington | 3rd Floor North Behavioral Health Unit TCU Laboratory FM - Frenchburg Home Health |
| 3/3 Carlie M. Kelley Molly M. Helton James Oldham | Float Dept - Unit Sec Gastroenterology - MG Patient Financial Services | 3/16 Jeremy S. Oliver | AHEC | 3/26 Krista L. Clark Charlene F. Purnell Barbara K. Weaver | Central Billing Office Health Information Mngt. Health Information Mngt. |
| 3/4 Glenn D. Meade | Bio Medical Engineering | 3/17 Sharon Goodpaster Donald A. Sublett Michele F. Conley Patrick D. Hughes Tracey G. Workman Rosemary Hamilton | 3rd Floor Central Infusion Solutions Surgery FM- Owingsville Hospice Central Billing Office | 3/27 Kevin S. Trent | Family Medical Supply |
| 3/5 Cinderella L. Haskett Jennifer T. Blanton Arica L. Conley Molly B. Carew | Behavioral Health Unit Emergency Department Physical Therapy Internal Medicine - MG | 3/18 Heather R. O'Hara Sydney N. Logan Dreama R. Leigh Kathryn H. Bloom Crystal L. Little Rebecca L. Runyon Donald C. Howell | 3rd Floor North Emergency Department Laboratory Occupational Therapy Patient Financial Services Food Services Facilities Management | 3/28 Lorraine H. Scarberry Kasey E. Collins | PACU FM - Morehead |
| 3/6 Kelly E. Ward, James E. Lynch Chryssinda A. Thornsberry Troy N. Conley Terrell W. Bradley | Speech Therapy General Surgery Patient Financial Services Informatics Facilities Management | 3/19 Cade L. Wallace Alexandria S. Williams Angela K. Humphries Cynthia A. Schneider | Pharmacy Laboratory Wound Care/Hyperbaric Podiatry | 3/29 Gracie L. Kidd | Food Services |
| 3/7 Melanie L. Catron Ginger W. Clarke Lisa A. Ingles | Nursing Administration Nursing Professional Dev. Home Health | 3/20 Amy K. Oesch Mark E. Bailey Kecia L. Craig Lisa M. Humbarger | Speech Therapy Emergency Physicians Environmental Services Environmental Services | 3/30 Kathy A. McGuire Jessica L. Logan Casey S. Lovelace Punnaivanam Ravisankar | 3rd Floor North Same Day Surgery Ultrasound Emergency Physicians |
| 3/8 Delores L. Franklin Deserae S. Caesar | Financial Services Patient Access | 3/21 Jacob Y. Ball Belinda W. Ashley Alicia L. King | Laboratory Hospice Orthopedics - MG | 3/31 Shelby A. Hill Steven D. McKenzie Ashley L. Sargent Keisha L. Wright | 4th Floor Nursing Float Dept - Unit Sec Respiratory Therapy Pain Management |
| 3/9 Abilene Bowers Melinda C. Cecil Morgan M. King Angela M. Cundiff | Laboratory Ultrasound Occupational Therapy Patient Access | 3/22 Maryah L. Brown Isaac D. Craft Loretta Burchett Victoria H. Carroll Georgeanna J. Howard Elizabeth A. Hefner Kathryn R. Knabel | Behavioral Health Unit Pharmacy Laboratory Diagnostic Imaging Respiratory Therapy Home Health Clinical Nutrition | | |
| 3/10 Kimberly Rayburn | Specialty Practices Admin. | 3/23 Lucille Mays Dianna K. Gardner Tristian H. Williams Shawna E. Sargent | Family Medicine Express Central Billing Office Patient Access Patient Access | | |
| 3/11 Judy L. Fannin Susan D. Dunaway Cynthia A. Bohlen Amanda L. Grubb | FM - Frenchburg Home Health Counseling Services Patient Financial Services | | | | |
| 3/12 Jennifer L. Worley Kristy A. O'Bryan | Case Management Health Information Mngt. | | | | |
| 3/13 Jena A. Walters Rhonda Young Michael C. Burton | Surgery General Surgery Environmental Services | | | | |



JOIN US FOR A COMMUNITY
BABY
SHOWER

SATURDAY, APRIL 7 • 10 AM - 1 PM
Morehead Conference Center (111 East First Street)

Healthy, happy and safe from the start!

By participating in **FREE** educational sessions on health topics related to pregnancy and newborn care, and visiting informational booths hosted by local organizations and vendors, you will be entered to win over \$2,000 in baby shower prizes!

Plus, you can enter to win a free Sneak Peek Ultrasound!

Featured presenters include:



Corey Forester, MD
Keynote Speaker



Brad Baker, DO



Franny Meritt, CNM



Tamara Ward, CRNA

Advance registration is recommended.

Register online at: www.st-claire.org/babyshower





MARCH 2018 EDUCATIONAL OPPORTUNITIES

C.E. Programs

March 2 | Tumor Board

8 - 9 AM, SCR Teleconference Room
Credit: ACPE, Category 1 AMA, Nursing

March 7 | Journal Club

Noon - 1 PM, SCR Library - Education Room
Credit: ACPE, Category 1 AMA

March 14 | Morbidity & Mortality

Noon - 1 PM, SCR Library - Education Room
Credit: ACPE, Category 1 AMA

March 16 | Tumor Board

8 - 9 AM, SCR Teleconference Room
Credit: ACPE, Category 1 AMA, Nursing

March 20 | BLS Check-Off

1 - 4 PM, CHER 208
Register with KaSandra Hensley at
kasandra.hensley@st-claire.org or ext .6830

March 21 | Interdisciplinary Grand Rounds

Noon - 1 PM, SCR Library - Education Room
Credit: ACPE, Category 1 AMA

Nursing Professional Development Educational Offerings

To register, email kayla.harrison@st-claire.org

March 2 | BLS Skills Check-Off

8 AM - Noon (30 min. sessions), Café B

March 6 | PALS Renewal

Registration: 8 AM, Class 8:30 AM - 4:30 PM
Sim Lab (MMS - door immediately on your right through main entrance. Knock for entry.)

March 12 | BLS Skills Check-Off

8 AM - Noon (30 min. sessions), Café B

March 16 | Crew Resource Management

8 - 10:30 AM, CHER 415 & 416
Credit awarded: CNE

March 20 | CATS Lecture Series: "Patient Selection for Endovascular Therapy" with Dr. Justin Fraser

Noon - 1 PM, Café A
Credit awarded: CME, CNE

March 20 & 27 | Basic Dysrhythmia Course

8:30 - 11:30 AM
Sim Lab (MMS - door immediately on your right through main entrance. Knock for entry.)

March 28 & 29 | ACLS Full Two-Day Course

Registration: 8 AM, Class 8:30 AM - 4:30 PM
Sim Lab (MMS - door immediately on your right through main entrance. Knock for entry.)
Credit awarded: CME, CNE



Melissa Haber, RN, BSN, Receives Promotion

St. Claire HealthCare is proud to announce that Melissa Haber, RN, BSN, has been promoted to Assistant Nurse Manager of Surgery, SDS and PACU. Before coming to SCH, Haber worked in post cardiac cath care at Carolinas Medical Center in Charlotte, North Carolina, where she was a charge nurse tasked with staffing four cardiac division units and chair of her unit based council . She also was a new graduate preceptor.

"I am honored to be a part of the leadership team at St. Claire HealthCare," said Haber. "I am excited to be a part of such a strong and passionate group of professionals. I look forward to positively impacting the patients and staff in my new role."

CONGRATULATIONS!

- **Lara Turner, BSN, RN**, graduated from Chamberlain College of Nursing with her BSN! She's been a huge asset to our Emergency Department since she joined us a year ago. We are so proud. Congrats Lara! *(submitted by: Michelle Garvin)*
- **Katrina Ison**, Team Leader of the SPD Department, successfully passed the certification exam for Central Service Professionals. Congratulations Katrina! *(submitted by Riki Watts)*
- **Marla Kearns, RN**, and **Tina Roberts, RN**, successfully completed the Certified Lactation Counselor Exam. *(submitted by Jon Nicole Tate)*
- 3 North would like to congratulate **Sarah Renee Slone** on her achievement! She passed her Telemetry Test with a 100%! *(submitted by Lanetta Winkleman)*

Do you have new department or service line news to share?

Did anything happen in your area this week that you would like to highlight?
Do you have any events or notifications you would like to relay to SCH staff?

If you have something to communicate, please do so by 10 a.m. each Friday, by using the SCH Communications form located on the Intranet.



You can reach the SCH Communications form by visiting SCH's Intranet at <http://intranet/> and clicking on the SCH Communications tab (the last listing above the "St. Claire HealthCare page title). The form will auto-populate your name, email and phone number. (If one of these doesn't fill in automatically, you can enter it manually.) If you have an attachment to include, click "Choose File" and locate the attachment on your computer. Once you have located the file, click "Open." Your file will now be successfully uploaded to your submission. Type the message you would like to communicate in the "What would you like to be communicated?" text field. After you have finished, click submit.

"Proclaiming God's Goodness through a Healing Ministry to the People of Eastern Kentucky."

- St. Claire HealthCare's Mission -

Breastfeeding Class

March 8 | 6 - 8 PM

CHER Building, 1st Floor

Join other expectant families to learn the benefits of breastfeeding and how to get started.



For more information, call St. Claire Family Medicine -
Downtown Morehead at 606.784.3771.



222 Medical Circle | Morehead, KY 40351

free CHILD DEVELOPMENT CLASSES
DESIGNED FOR PARENTS AND CAREGIVERS

Play and Positioning

Help your child play and develop appropriately.

Tuesday, March 13 • 6-7 PM

Rowan County Public Library - Community Room

NEWSBRIEF

Have an article or event
to submit for the Newsbrief?

Please send articles/information to be placed in the SCH
Newsbrief to SCHcommunications@st-claire.org.

View current and past Newsbriefs online!
www.st-claire.org/Newsbrief

Need a camera for a St. Claire event?

The Marketing/PR Dept. has several
cameras available for loan.
Call ext. 6927 to reserve one.



Surgical Weight Loss Seminar

March 15 | 6 - 7 PM | CHER Building

Join us for a FREE weight loss seminar to learn more about how
St. Claire HealthCare Surgical Weight Loss can help you!

Register online at www.st-claire.org/surgicalweightloss or call 606.356.4814.
You can also email jessica.copher2@st-claire.org for more information.



Connect With Us!
SCRmedical



St. Claire HealthCare is a
sponsored ministry of the
Sisters of Notre Dame
Covington Province