

St. Claire Regional Medical Center

# NEWSBRIEF

Honoring SCR's Retired Physicians - Continued	2-3	SCR Welcomes New Medical Staff	6-7
St. Claire Regional Wins Hepatitis B Honor Roll Award	4	News and Events	12

## HONORING SCR RETIRED PHYSICIANS

A recognition of dedicated service reception was held in honor of seven recently retired St. Claire Regional (SCR) physicians at the Center for Health, Education and Research (CHER) building on Thursday, August 14. Each retired physician was honored with a plaque featuring a short personal biography. The plaques are displayed just outside the library on the second floor of the hospital on a wall dedicated to retired medical staff.



**Continued on pg. 2**

Standing up from left to right: Ewell G. Scott, MD; Richard Warren Proudfoot, MD and Stephen B. Mitchell, MD  
Sitting down from left to right: Shelley E. Bennett, MD; Maria H. Alboszta, MD and Albert "Jonathan" Smith, Jr., MD  
Not Pictured: Kimberly Daniels Williams, MD

# HONORING

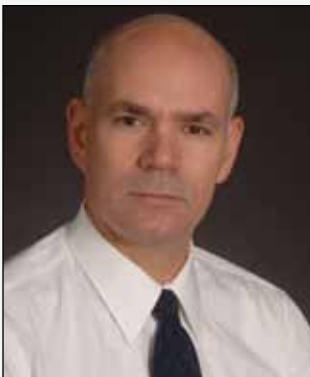
## SCR RECENTLY RETIRED PHYSICIANS



**Maria H. Alboszta, MD** - Dr. Alboszta joined St. Claire Regional's Medical Staff in 1994 as a psychiatrist. Her twenty year tenure at St. Claire Regional was the longest stretch of her professional career. Dr. Alboszta, a native of Poland, graduated from the Medical Academy in Warsaw, Poland in 1964 and obtained her Board Certification in Internal Medicine. She practiced inpatient and outpatient medicine in the Praga district of Warsaw until her family left the country in 1977.

**Shelley E. Bennett, MD** - Dr. Bennett began his practice as a general surgeon at Cave Run Surgical Specialists (formerly known as Cave Run Clinic) in 1974. He was influenced to return and work in Morehead by his mentor Dr. Warren Proudfoot. Dr. Bennett earned his medical degree from the University of Kentucky College of Medicine in Lexington, KY where he also completed his surgical residency. He went on to become board certified in general surgery and a Fellow of the American College of Surgeons.

Dr. Bennett served as Medical Staff President at St. Claire Regional Medical Center from 1981 to 1984 and 1991 to 1992. He also served as Chairman of Department of Surgery from 1976 to 1977, 1988 to 1989 and 1994 to 1995.



**Stephen B. Mitchell, MD** - Dr Mitchell earned his degree from the University of North Carolina School of Medicine and completed a residency in Obstetrics and Gynecology at Albany (NY) Medical Center before joining Morehead Medical Specialists (formerly known as the Morehead Clinic). Dr. Mitchell is a Fellow of the American Congress of Obstetricians and Gynecologists.

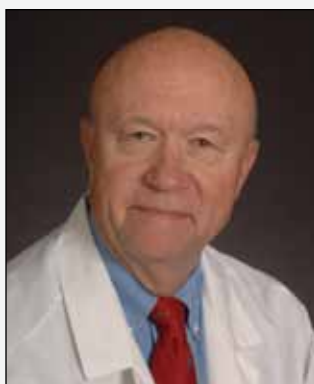
Dr. Mitchell served as the St. Claire Regional Medical Staff President from 2005 to 2006. In addition, he had a long-standing affiliation with the University of Kentucky as a voluntary and full-time faculty member and served as the OB/GYN course director for the Rural Physician Leadership Program.

**Richard Warren Proudfoot, MD** - Dr. Proudfoot completed his General Surgery specialty at the University of Kentucky and began his practice at Cave Run Surgical Specialists (formerly known as the Cave Run Clinic) in 1985.

Dr. Proudfoot pioneered the transition to minimally invasive surgery and endoscopic procedures: He was the first St. Claire Regional surgeon to perform: laparoscopic cholecystectomy; laparoscopic herniorrhaphy; laparoscopic Nissen fundoplication; ERCP and PEG. Dr. Proudfoot served as the St. Claire Regional Medical Staff president from 1989 to 1990. He also was privileged to mentor and share his interests with resident and students.



**Ewell G. Scott, MD** - Dr. Scott joined the internal medicine practice at Morehead Medical Specialists (formerly known as the Morehead Clinic) in 1972. He completed an internal medicine residency from the University of Virginia Hospital in 1970.



Dr. Scott served as Morehead Medical Specialists President and Medical Director from 1983 to 2003. He served two terms from 1975 to 1976 and 1986 to 1987 as St. Claire Regional Medical Staff President. In addition, he served on the St. Claire Regional Board of Directors as chairman of the medical records committee and the pharmacy & therapeutics committee. Involvement with the University of Kentucky and the University of Louisville's voluntary clinical faculty was also a very important part of his career. Dr. Scott completed his service on the St. Claire Regional Board of Directors in 2012. He co-founded the Kentucky Chapter of Physicians for a National Health Plan and has participated in advocacy of this goal in numerous state-wide events.

**Albert "Jonathan" Smith, Jr., MD** - Dr. Smith served as a nephrologist in Morehead and Eastern Kentucky providing hospital and outpatient services for over 20 years. He completed his residency and a fellowship in internal medicine and nephrology at State University of New York Downstate in Brooklyn, NY.

Dr. Smith came to Morehead to provide vital local dialysis and nephrology services to the area. He was instrumental in establishing a new dialysis center in Hazard, Kentucky and expanding dialysis services in Morehead. Dr. Smith served as St. Claire Regional Medical Staff President from 1995 to 1996.



**Kimberly Daniels Williams, MD** - Dr. Williams came to St. Claire Regional Medical Center in 1987 as a resident on rotation. She retired in 2013 after 25 years on the St. Claire Regional Medical Staff.



Dr. Williams was St. Claire Regional's first physician administrator and served as an Emergency Physician, Medical Director of Emergency Services and Vice President of Medical Affairs and Special Projects. Dr. Williams was Community-Based Faculty representative to the UK College of Medicine Curriculum Committee and the Medical Director of the Northeast Kentucky Area Health Education Center. She was appointed by the Governor to represent the Kentucky Medical Association on both TeleHealth and e-Health Boards of Directors and the Kentucky Health Information Exchange Coordinating Council.



## Did You Know We Deliver Babies?

Our family physicians and nurse midwife provide prenatal care including delivery of your baby at St. Claire Regional Medical Center. Newborn care and breastfeeding classes are also available on a monthly basis.

St. Claire Regional Family Medicine can take care of all of your family's health care needs as we provide care for all ages.

 St. Claire Regional  
***Family Medicine***

**MOREHEAD**

316 W. 2nd Street | Morehead, KY 40351

**606.784.3771**

# St. Claire Regional Wins Hepatitis B Honor Roll Award

*Submitted by Lisa Wallace*

St. Claire Regional Women's Care Unit was honored to be added to the Immunization Action Coalition Hepatitis B Birth Dose Honor Roll. The award recognizes hospitals and birthing centers who support the HBV immunization and achieve a 90% or greater immunization rate over a 12 month period.

St. Claire Regional began the initiative to increase our HBV immunization rates in July 2013 and met the requirements with a 92% rate in July 2014. Administration of the vaccine can prevent 70-95% transmission of hepatitis from positive mothers. Early immunization also protects infants from other infected family members, friends or caregivers.

The IAC is a non-profit organization. As of August 29, 2014, Kentucky has six other hospitals that have been recognized. St. Claire Regional will be recognized in IAC's monthly newsletter, IAC Express, which is distributed to approximately 50,000.

We are honored to receive this recognition. Our goal is to achieve 94% or higher by July 2015.

*-Lisa*





# TURKEY TROT 5K

*Support Alzheimer's Research*

## *When*

**Date** November 1st, 2014

**Registration** 8:00 a.m.

**Race** 10:00 a.m.

## *Where*

**Center for Health,  
Education, & Research**

316 West Second St.  
Morehead, KY 40351

## *Cost*

### **Before Oct. 20**

Adults - \$20

Kids (Ages 4-12) - \$10

Ages 3 & under - Free

Teams of 10+ - \$12/person

### **After Oct. 20**

Adults and Kids increase \$5

## *Health Fair*

10:30 a.m. - 12:30 p.m.

**REGISTER AT**  
[www.turkeytrotmorehead.com](http://www.turkeytrotmorehead.com)

Contact Mary Horsley at (606) 783-6476 or  
[mahorsley@st-claire.org](mailto:mahorsley@st-claire.org) to donate, sponsor,  
or learn more.

# SCR Welcomes New

FAMILY MEDICINE - OLIVE HILL

## Elizabeth L. Matera, MD



Elizabeth L. Matera, MD, family medicine physician, received her medical degree at the University of Louisville School of Medicine. She completed her residency at the University of Wisconsin's Madison Department of Family Medicine.

Matera is originally from Horse Cave, KY. Her hobbies include outdoor

activities, traveling, reading, film and gardening. Before medicine, Dr. Matera taught special needs students and was the program director of Teach for America in the Mississippi Delta. Matera is happy to be serving the healthcare needs of patients in the Olive Hill area.

St. Claire Regional Family Medicine specializes in care for your entire family. You can trust St. Claire Regional Family Medicine to manage your general, preventive and chronic health needs. For more information or to schedule an appointment with Dr. Matera or any of the St. Claire Regional Family Medicine providers in Olive Hill call 606.286.4152.

ONCOLOGY

## Abeer Said Alqaisi, MD



Abeer Said Alqaisi, MD, is a board certified internal medicine physician who joins our oncology medical staff in September.

Alqaisi earned her medical degree at Jordan University of Science and Technology and she completed her residency at St. Vincent Hospital in Indianapolis, IN. She is board certified by the American Board of Internal Medicine and has

a Fellowship in Hematology & Oncology through St. Louis University Hospital and University of Kentucky.

Alqaisi is married to St. Claire Regional cardiologist, Mohammad Marshdeh, MD. They have two beautiful children; a son, Tamim, who is 5 years old and a newborn daughter, Maya. Alqaisi enjoys reading, cooking and traveling.

St. Claire Regional takes pride in providing patients with compassionate, high-quality cancer care that is close to home. Alqaisi joins St. Claire Regional medical oncologist Allen Lim, M.D., who has been providing care for cancer patients for more than 20 years. St. Claire Regional's oncology program is nationally accredited, and delivers personalized care for patients at every stage of their cancer treatment and recovery.



St. Claire Regional  
Medical Center

# Medical Staff

## ST. CLAIRE COUNSELING

### Shaheen M. Gill, MD



Shaheen M. Gill, MD, is a board certified pediatrician who has a special interest in developmental and behavioral pediatrics. Beginning on the first of October Gill will be seeing patients at St. Claire Counseling.

Gill received her medical degree from the University of Punjab in Pakistan. She completed a residency in pediatrics at St. Joseph Hospital in NJ and a Fellowship in developmental and behavioral pediatrics at Georgetown University in Washington, DC. Before moving to Morehead Gill worked with Geisinger health system in State College, PA for more than 10 years.

“My family and I have made Morehead our home and I look forward to working with the children and youth in this region,” says Gill. “I very much enjoy working with the pediatric population. I have special interests in working with children who have autism spectrum disorders and attention deficit hyperactivity disorders (ADHD).”

Gill is married to Rashid Chaudhry, MD, board certified psychiatrist, who is also employed at St. Claire Regional. Gill and Chaudhry have been married more than twenty-seven years and have two wonderful sons: Hashim and Asim. Hashim is a second year medical student at the University of Kentucky College of Medicine and Asim is a junior computer science major at Morehead State University. “I love taking care of my family and cooking all cultures of food,” says Gill. “Cooking is a part of taking care of my family.”

Dr. Shaheen is providing pediatric developmental and behavioral health services at St. Claire Counseling and is currently accepting new patients. If you would like more information about Dr. Shaheen’s services call 606.783.6805 or 888.400.4544.

## FAMILY MEDICINE - OLIVE HILL

### Cindy Greene, APRN



Cindy Greene, APRN, family nurse practitioner, earned her Master of Science in Nursing at the University of Kentucky, where she graduated with a 4.0 GPA. She completed

the majority of her clinical experience at St. Claire Regional Family Medicine’s locations in Olive Hill and Sandy Hook.

Cindy is married to Mickey Greene from Sandy Hook. They have three grown children, Mindy, April and Michael. In her spare time she loves reading, hiking, flower gardening and cooking.

St. Claire Regional Family Medicine specializes in care for your entire family. You can trust St. Claire Regional Family Medicine to manage your general, preventive and chronic health needs. For more information or to schedule an appointment with Cindy Greene or any of the St. Claire Regional Family Medicine providers in Olive Hill call 606.286.4152.

# The Sisters of Notre Dame Covington Province Provincial and Assistant Provincial visit SCR

The newly selected Provincial, Sister Mary Ethel Parrott, and Assistant Provincial, Sister Mary Renée Nienaber, of the Sisters of Notre Dame Covington Province visited St. Claire Regional on Thursday, September 4.

During the sisters' visit, members of SCR management and hospital leaders sat down with them for a special "Molecular Gastronomy" themed lunch prepared by Mike Montes, Director, Food Services and Andrea Danley, ECU Dietetic Intern. Andrea also gave a lunch-time presentation on Molecular Gastronomy, which is a form of cooking that uses natural texturing agents to create gels and pearls. Pearls are small jellified droplets that look almost like caviar and can be flavored with just about anything. After lunch the sisters were given their first tour of the CHER building.

Sister Mary Ethel said she has good memories of St. Claire Regional from when she worked here two summers in the 1970's. She said, "Things have changed tremendously since the last time I visited which was about nine years ago."

Sister Mary Renée is no stranger to SCR either as she has visited many times to do presentations in the chapel for people who were interested in joining the Sisters of Notre Dame organization.

"We certainly thank Sister Marla for all the ways in which she contributed to SCR while she was Provincial Superior. We are also very happy that she will continue to serve St. Claire Regional as a member of the SCR Board of Directors. We welcome both Sister Mary Ethel and Sister Mary Renée and look forward to working with the new Provincial Leadership Team as we journey together in the years to come," said Sister Judi Lambert, BCC, SCR Director, Mission & Pastoral Care.



Left to Right: Sr. Judi Lambert, BCC, SCR Director, Mission & Pastoral Care; Sr. Mary Renée Nienaber, SND Assistant Provincial (sitting down); Sr. Mary Ethel Parrott, SND Provincial and Mark J. Neff, SCR President/CEO



Sr. Jeanne Francis, RN, SCR Patient Satisfaction Liaison; Sister Mary Ethel Parrott, SND Provincial; Mark J. Neff, SCR President/CEO; Mary Renée Nienaber, SND Assistant Provincial; Sr. Judi Lambert, BCC, SCR Director, Mission & Pastoral Care and Sr. Mary Juanelle Theil, SCR Office Assistant III, Health Information Management



St. Claire Regional is a sponsored ministry of the **Sisters of Notre Dame Covington Province**





# Cave Run Symphony Orchestra

*Presents*  
**AMERICAN MUSIC**

Submitted by Ewell Scott, M.D.

**Sunday, September 21, 2014**  
**at 3 p.m.**  
Morehead Conference Center

## Tickets

Adults \$10

MSU Students with ID \$5

Children (17 and Under) **FREE**

P.O. Box 441 Morehead, KY 40351

**606-356-0084**

thecrso@gmail.com

[www.thecrso.com](http://www.thecrso.com)

 **St. Claire Regional  
Medical Center**



**Kentucky  
Bank**  
*Call It Home!*

**the  
citizens  
bank**

# St. Claire Regional Welcomes **NEW STAFF**

**Emily Grace Baier**

3rd Floor North

**Felicia Dawn Bowling**

Float Dept - Unit Sec

**Randall Kyle Branham**

Surgery

**McKenna Leigh Brogli**

Float Dept - Unit Sec

**Tina Renne Burchett**

Health Information Management

**Jeremy Mark Burnham**

Cave Run General Surgery

**Corey Lee Campbell**

3rd Floor North

**Christopher Ryan Clise**

Central Transport

**Camryn Kayd Colen**

Food Services

**Shelby Mae Dickess**

Infusion Solutions

**Alexandria Braiden Gould**

Rehab Unit

**Kathleen Lynn Gound**

ICU

**Austin Douglas Howell**

Emergency Department

**Monica M Howell**

Nursing Administration

**Brittany Lashea Jarvis**

Printing

**Dustin Lee Johnson**

Radiology Physicians

**Teresa Diana Kelley**

ICU

**Brandy Nicole Krueger**

MMS Clinical Services

**Kimberly Bertram McCloud**

Home Health

**Melissa Anne Minix**

OPCC

**Lindsey Paul Roman**

Environmental Services

**Jetta Nicole Slone**

3rd Floor North

**Diana Gail Smith**

Behavioral Health Unit

**Sharon Kay Warmouth**

Environmental Services

**Ernest Watson**

Central Transport

**Alberta Ann Wells**

Environmental Services

**Sheyenne Autumn Wireman**

Patient Access



## UPCOMING C.E. Programs

### September 5 | Tumor Board

7:30 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA

### September 9 | Morbidity & Mortality

8:00 - 9:00 AM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

### September 17 | Interdisciplinary Grand Rounds

12:30 - 1:30 PM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

### September 19 | Tumor Board

8:00 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA

### October 1 | Journal Club

8:00 - 9:00 AM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

### October 3 | Tumor Board

7:30 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA

### October 14 | Morbidity & Mortality

8:00 - 9:00 AM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

### October 17 | Tumor Board

8:00 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA

# St. Claire Regional **Family Medicine** EXPRESS

## NON-URGENT MEDICAL CARE WALK-IN SERVICE WITH CONVENIENT HOURS

St. Claire Regional Family Medicine Express is providing convenient, walk-in treatment for a variety of routine non-urgent medical services at our new location inside of the St. Claire Regional Outpatient Center. No appointments are necessary.

### CONDITIONS TO BE TREATED AT FAMILY MEDICINE EXPRESS

- Colds/Flu
- Common Illnesses
- Skin Conditions
- Minor Injuries
- Sports Physicals
- Flu & Tetanus Vaccines

For management of ongoing illnesses or for appointments with a primary care provider, scheduled appointments are available at St. Claire Regional Family Medicine Morehead. **606.784.3771.**



### St. Claire Regional Family Medicine EXPRESS

Located inside St. Claire Regional Outpatient Center  
On U.S. 60 next to Aaron's Best One

1028 East Main Street, Morehead, KY 40351  
**606.783.6400**

### HOURS

**MONDAY - FRIDAY**  
8:00 a.m. - 8:00 p.m.

**SATURDAY**  
9:00 a.m. - 12:30 p.m.

## Jewelry SALE REG & Company

**Date:** Thursday, September 18 - Friday, September 19

**Location:** Cafe D

**Time:** Thursday 7a.m. - 5 p.m. • Friday 8 a.m. - 2 p.m.

For more information, contact Roberta Gilbert at ext. 6514 or [rogilbert@st-claire.org](mailto:rogilbert@st-claire.org)

*Payroll deduction, cash, Discover, MasterCard, and Visa Proceeds benefitting St. Claire Foundation Programs*

## Breastfeeding Class

Presented by Franny Meritt, CNM

**Date:** Thursday, September 18

**Location:** Family Medicine location in Morehead

**Time:** 6 p.m. - 8 p.m.

For more information contact Edna Gagliano at ext. 7554 or call the Family Medicine location in Morehead at ext. 3771

## Fall Blooms Sale

**Date:** Tuesday, September 23

**Location:** Cafe D

**Time:** 8:30 a.m. - 5 p.m.

For more information, contact Roberta Gilbert at ext. 6514 or [rogilbert@st-claire.org](mailto:rogilbert@st-claire.org)

## Newborn Care Class

Presented by Alyssa Hunter, MD

**Date:** Thursday, September 25

**Location:** Family Medicine location in Morehead

**Time:** 6 p.m. - 8 p.m.

For more information contact Edna Gagliano at ext. 7554 or call the Family Medicine location in Morehead at ext. 3771



222 Medical Circle • Morehead, KY 40351



St. Claire Regional is a sponsored ministry of the **Sisters of Notre Dame** Covington Province

## NEWSBRIEF

### Have an article or event to submit for the Newsbrief?

Please send articles and/or information to be placed in the SCR Newsbrief to [nick.bear@st-claire.org](mailto:nick.bear@st-claire.org).

Visit the SCR web site at [www.st-claire.org/newsbrief](http://www.st-claire.org/newsbrief) to readpast editions of the SCR Newsbrief

### Need a Camera to Cover a SCR Event?

The Marketing/PR Dept. has several cameras available for loan.

Contact ext. 6419 for more information.

