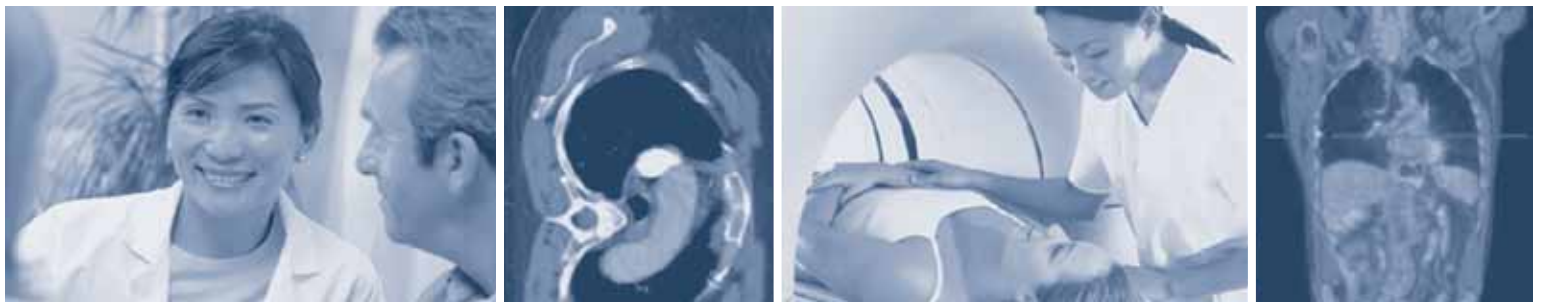


St. Claire Regional Medical Center

# NEWSBRIEF

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**PET/CT IMAGING NOW AVAILABLE AT SCR!**

**S**t. Claire Regional began offering mobile PET/CT services on Wednesday, October 1. Patients will be scheduled thru SCR's centralized scheduling department.

PET/CT is an imaging tool that combines two scan techniques in one exam - a PET scan and a CT scan. PET/CT is mainly used for diagnosis, staging or restaging malignant disease and metastases and evaluation of treatment response. It may also be used to differentiate dementia versus Alzheimer's disease. The two procedures together provide information about the location, nature of and the extent of the lesion. In other words, it answers questions like: Where is the tumor, how big is it, is it malignant, benign or due to inflammatory change and has the cancer spread?

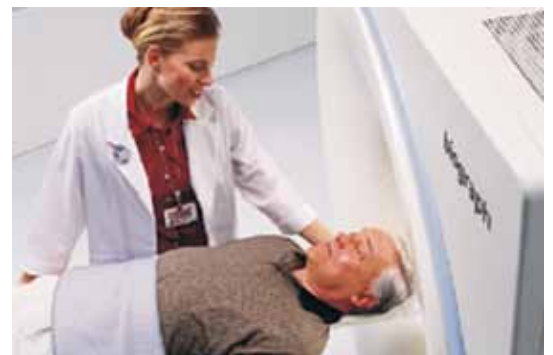
*Healthcare providers may contact Centralized Scheduling to schedule a patient.*

**CENTRALIZED SCHEDULING**

phone **606.783.7676**  
 toll-free **877.515.7676**  
 fax **606.783.6935**



Accredited by  
The Joint Commission



# SCR Welcomes New OB/GYN Physician

UK HEALTHCARE

**Corey Blake Forester, M.D., FACOG**



Corey Blake Forester, M.D., FACOG, is a Board Certified Obstetrics & Gynecology (OB/GYN) physician with UK Healthcare. Forester is now providing services at UK Women's Healthcare in Morehead and St. Claire Regional Medical Center.

Forester, a native of Mayfield, KY, earned his medical degree at the University of Kentucky College of Medicine and

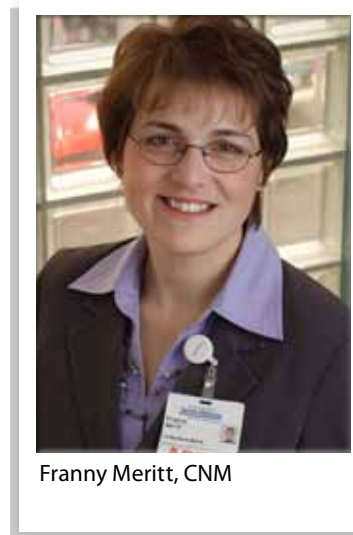
completed his OB/GYN residency at UK Healthcare in 2009. He is a Fellow of the American Congress of Obstetricians and Gynecologists and has been in private practice for the last 5 years. Dr. Forester manages routine and high risk pregnancies, as well as in office and surgical treatments for gynecologic problems.

Dr. Forester is now seeing and accepting new patients. For more information or to schedule an appointment with Dr. Forester call UK Morehead Women's Healthcare at 606.207.2931.

## National Nurse Midwifery Week is October 5-11

*Submitted by Dreama Perkins*

St. Claire Regional Family Medicine would like to recognize Franny Meritt, CNM for her service and dedication to our patients.



Franny Meritt, CNM



In 2013, St. Claire Regional provided \$9.6 million, at cost, to the uninsured and underinsured.

Gifts to the **St. Claire Foundation's St. Claire Care Fund** help offset those costs so that SCR can continue to care for people — including our friends and neighbors — regardless of their ability to pay.

**It's a worthwhile challenge.  
Are you up for it?**



**Coming  
in  
October**

# WOMEN'S IMAGING & AESTHETICS

 **St. Claire Regional  
Medical Center**

OCTOBER 1-30

## BRING A FRIEND **SPECIAL**

*Bring a friend that is new to our practice,  
and if you both purchase 35 units of Botox®  
you will both RECEIVE **15 Units FREE.***

*Plus, Receive **10% OFF** all SkinMedica® products.*

## INTRODUCING THE #1 MEDICAL GRADE **CHEMICAL PEELS**

SkinMedica® chemical peels address the visible skin imperfections that result from skin aging and sun exposure, such as fine lines and wrinkles, uneven skin tone and texture. They also repair skin tone unevenness that can be caused by acne scarring or changes in pigment.

Female, Age 25



Before the Peel



After 3 Peels

Call **606.783.6760** or  
stop by to receive your  
**FREE CONSULTATION.**

Located on first floor of  
St. Claire Regional Medical Center

*\*Gift certificates available*

  
onabotulinumtoxinA injection

  
(bimatoprost ophthalmic solution) 0.03%



  
An Allergan Company

### SCR Staff:

Stop by Women's Imaging & Aesthetics for additional staff discounts during the month of October.

**Receive a FREE Sunscreen (MSRP 46.00)**

*With the initial purchase of one of our chemical peels*

*Plus, RECEIVE **\$25.00 OFF** your 2nd & 3rd Peel.*

At St. Claire Regional **BREAST CANCER AWARENESS**  
**is About More Than Just a Month.**  
**IT'S ABOUT EARLY DETECTION AND**  
**INCREASED SURVIVAL RATES ALL YEAR LONG.**

Breast cancer is the second leading cause of death in women. According to the American Cancer Society the chance of a woman having invasive breast cancer during her life is about 1 in 8. The good news is that breast cancer death rates have been going down as a result of finding the cancer earlier and better treatment options. To date there are more than 2.8 million breast cancer survivors in the United States. So while there are no proven methods of preventing breast cancer, finding and treating it in its earliest stages can lead to survival.

*The best way to fight breast cancer is to have a plan that helps you detect the disease in its early stages.*

The two most important recommendations to women for early detection and survival of breast cancer are to do monthly self-breast exams, have annual physical exams by their health care provider and do yearly mammograms starting at age 40.

Recognizing October as Breast Cancer Awareness Month is a good reminder for everyone to create awareness about the importance of breast cancer screenings and for women to talk with their healthcare providers about breast health. By spreading the word, you can help efforts to reduce the number of diagnoses and deaths from breast cancer. For more information or to schedule your mammogram today call **606.783.7676**.



## Did You Know?

*Many preventive services are now covered without any out of pocket expenses...including mammograms.*

If you have a St. Claire Regional health insurance plan or have a new health insurance policy that began on or after September 23, 2010, many preventive services, including mammograms, are now covered without paying anything due to the Affordable Care Act. Note that this applies only when these services are delivered by a in-network provider. Including mammograms, there are 15 covered preventive services for adults, 22 covered preventive services for women, including pregnant women and 26 covered preventive services for children.

For a complete list of newly covered preventive services go to <http://www.hhs.gov/healthcare/> and click on Facts & Features, then click on Fact Sheets and finally click on Preventive Services Covered Under the Affordable Care Act.



**EARLY DETECTION Leads to Survival**  
**GO PINK EVENT**

**Join us Wednesday • October 22**

from 9:00 a.m. - Noon

St. Claire Regional Family Medical Supply



**FREE HEALTH SCREENINGS**

- Ankle Brachial Index
- Blood Pressure
- Bone Density
- Cholesterol
- Dermascan
- Glucose
- Oxygen Saturation
- Pulse Rate

*No Appointment Necessary*

*Self-Breast Exam Demonstrations • Door Prizes  
 Health Screenings • Refreshments*

**EARLY DETECTION**

- Self-breast exam demonstrations will be offered by SCR healthcare providers.

**EDUCATION & RESOURCES**

- St. Claire Regional Oncology
- American Cancer Society  
*Look Good, Feel Better program*
- UK HealthCare Markey Cancer Treatment Center
- Gateway District Health Department
- Kentucky Cancer Program

**INSPIRATION**

- Breast cancer survivors will be on-site to share their inspirational true-life stories.

The first 100 women will receive a

**FREE**  
**"GO PINK"**  
**T-SHIRT**



Plus, make sure you look for  
 our Pink Dot Sale  
**10% OFF**  
 ALL ITEMS WITH A "PINK DOT"



For more information about the "Go Pink" event call 606-784-2414 or 877-784-2414 and ask for Crystal or Ashley.

**STORE HOURS**  
 Monday - Friday 8 a.m. - 6 p.m.  
 Saturday 10 a.m. - 2 p.m.

# Randy McCleese meets with IT Leaders at Russell Senate Office Building To Address Obstacles in new Legislation

Randy McCleese, SCR's VP of Information Services and CIO and Board Chair of the College of Healthcare Information Management Executives (CHIME) along with staff from the Office of the National Coordinator for Health Information Technology (ONC), officials from CHIME and the Association of Medical Directors of Information Systems (AMDIS) met for a Capitol Hill Briefing in the Russell Senate Office Building during National Healthcare IT Week on Tuesday, September 16 to discuss problems with the 2015 federal Meaningful Use Program reporting period and to highlight how government and industry leaders across the U.S. are working to connect healthcare computer networks and electronic medical records (EMR).

The American Recovery and Reinvestment Act (ARRA) that was passed in 2009 contained laws that initiated the Meaningful Use Program which sets strict EMR and other healthcare IT requirements healthcare providers must meet. In order to meet the Federal government's definition of Meaningful Use, each hospital and physician's electronic medical record system must be able to share records with each other in an electronic format. The first few years of the Meaningful Use Program required hospitals and physicians to attest the meaningful use of electronic medical records for a period of 90 days. Changes to the program now require a full year (365 days) of reporting which has caused major concern in the healthcare industry. As of August 2014 only 4% of hospitals and less than 2% of physicians have been able to meet

requirements for Stage 2 of the Meaningful Use Program. With the numerous protocols, security, participants and other complexities associated with the transfer of electronic medical records, almost every hospital and physician in the country has experienced problems meeting the Meaningful Use requirements. Because of this, hospital IT leaders from across the country are asking for relief by requesting that the Meaningful Use attestation period for 2015 be reduced from 365 days to 90 days.

Those who attended the briefing were in support of a newly proposed bill called the Flex-IT Act, which would offer the relief hospitals are asking for. The Flex-IT Act was created in effort to change the time period in which Meaningful Use is measured back to the original 90-day reporting period, alleviating the serious problems and strain on hospitals caused by switching the reporting period to a full 360 days.



Randy McCleese (left), during the Capitol Hill Briefing in the Russell Senate Office Building, along with Mark Probst, CIO, Intermountain Healthcare in Utah (middle) and Ross Branzell, President/CEO, CHIME (right)



Members of the St. Claire Auxiliary (from left to right): Bonnie Bennett; Brenda Bennett; Mary Farr; Brigitte Vansant; Roberta Gilbert, SCR Gift Shop Coordinator and Mildred Stanley

## SCR Gift Shop Wins at Arts and Eats

The St. Claire Regional Gift Shop won the prize for best decorated booth at the fourth annual Morehead Arts and Eats Fest on Saturday, September 20.



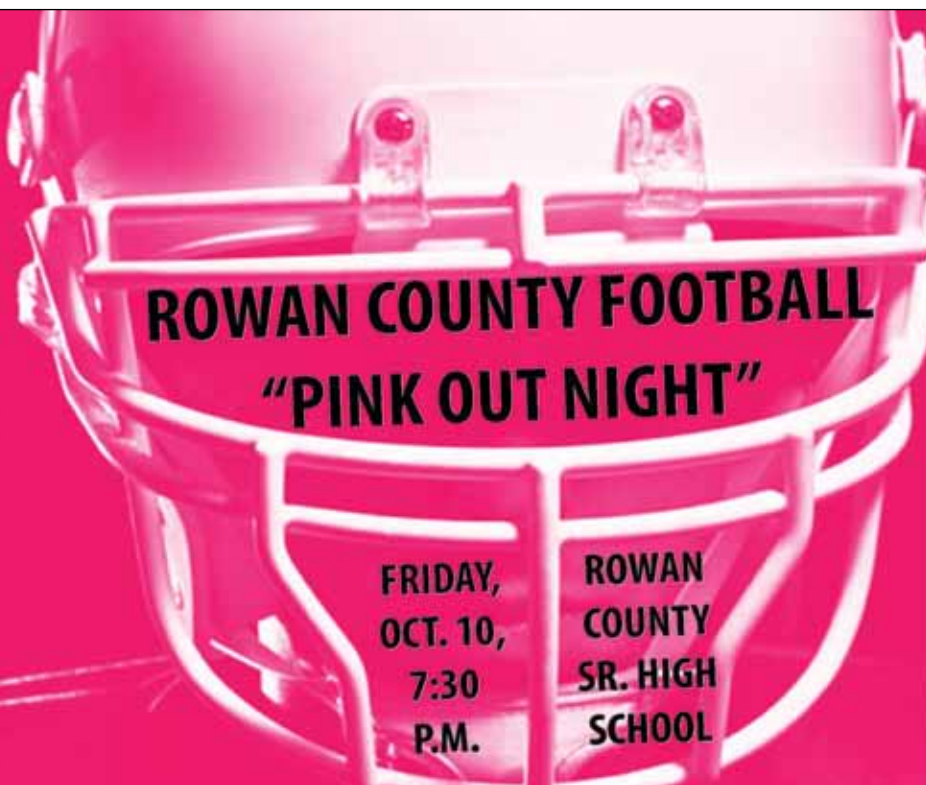
It's Breast Cancer Awareness Month, and the Rowan County Football Boosters will be collecting donations for the

**ST. CLAIRE FOUNDATION  
CANCER CARE FUND**

during Friday night's  
**Rowan County v. Boyd County**  
football game.

At halftime, there will be a **Cancer Walk** for cancer survivors and in memory of individuals who battled cancer.

Come out and cheer on the Vikings as they take on Boyd County and support cancer care at St. Claire Regional!



Anyone who signs up to walk and donates \$5 will get a **FREE Rowan County Viking Pink Out T-shirt**

**St. Claire Regional  
Medical Center**  
Gift Shop

**OPEN**

*T'was **12 weeks Before Christmas**, And all through  
the store, Fall was in the air, And there were Sales galore.*

**20% OFF All Fall Items • 50% OFF Selected Jewelry**  
**50% OFF Natural Impressions**

**Sneak Peeks  
of Christmas  
to Come!**



Proceeds benefit programs provided  
through the St. Claire Foundation

222 Medical Circle • Morehead, KY 40351

**606.783.6797**

[www.facebook.com/StClaireGiftShop](http://www.facebook.com/StClaireGiftShop)

# PA's Practice Medicine and Increase Access to Quality Care

*Submitted by Julia Flannery*

The physician assistant (PA) profession is growing faster than ever at a time when Americans need quality medical providers in every community. St. Claire Regional is proud to recognize the PAs on our healthcare team during National PA Week, Oct. 6-12.

There are 100,000 PAs in America who are nationally certified and licensed at the state level to practice medicine, and are authorized to prescribe medication in all 50 states, the District of Columbia and all U.S. territories, with the exception of Puerto Rico.

interpret tests, perform medical procedures like joint injections, counsel patients on preventive healthcare, assist in surgery, write prescriptions and make rounds in nursing homes and hospitals.

PAs are educated through intense, three-year, graduate-level programs that require the same prerequisite courses as medical schools. As part of their education, PAs complete at least 2,000 hours of clinical rotations. To maintain their certification and licenses, PAs earn 100 hours of CME every two years and recertify through a national exam as medical generalists every 10 years.

Studies identify high-quality care with physician-PA teams, the quality of care provided by PAs is comparable to that of physicians, PAs enhance care coordination and that practices and institutions relying on PAs are more cost-effective than those without PAs.

Learn more about this dynamic profession by visiting [www.aapa.org](http://www.aapa.org).

If anyone is specifically interested in the UKPA Program they may contact Julia Flannery, Student Affairs Officer, University of Kentucky Physician Assistant Program, at [Julia.Flannery@uky.edu](mailto:Julia.Flannery@uky.edu).

“Our country’s healthcare system is going through a complete overhaul and focusing on quality care. Because PAs practice medicine in every specialty and setting, they can help increase access to quality medicine for patients,” said John McGinnity, MPS, PA-C, DFAAPA, president of the American Academy of Physician Assistants.

Among many medical services, PAs can obtain medical histories, conduct physical exams, diagnose and treat illnesses, order and

AMERICA  
NEEDS  
PAs

MEETING PATIENTS’  
NEEDS IN A  
CHANGING HEALTHCARE  
SYSTEM IS A BIG JOB.

America’s PAs  
should know.  
They do it  
every day.



Kim Bromagen, PA-C

St. Claire Regional  
Family Medicine  
Recognizes  
October 6-12 as  
**NATIONAL PHYSICIAN  
ASSISTANTS WEEK.**

*Submitted by  
Dreama Perkins*



Shelley Irving, PA-C





St. Claire Regional Medical Center's  
**EMPACT**  
*Employee Activities/CQI Team*



# TRUNK OR TREAT

Date: Saturday October 25

Time: 12:00 – 2:00

Location: SCR Family Medicine  
Parking Lot

## BEAN BAG TOSS

# TREATS



ANY QUESTIONS PLEASE CONTACT  
ANGEL BEAMON @ [AMBEAMON@ST-CLAIRE.ORG](mailto:AMBEAMON@ST-CLAIRE.ORG)

# St. Claire Regional Welcomes NEW STAFF

**Melissa Christine Adams**  
MMS Clinical Services

**Matthew Edward Donovan**  
Information Services

**Stephanie Ellen Mullins**  
MMS Clinical Services

**Abeer S AlQaisi**  
MMS Clinical Services

**Molly J Gabel**  
Nursing Administration

**Harmony Phoenix Past**  
Patient Access

**Sean Semj Blair**  
Patient Access

**Rhonda Michelle Gerahart**  
Environmental Services

**Mindy Lou Perry**  
Cave Run General Surgery

**Heather Dawn Blalock**  
3rd Floor Central

**Shannon Renae Gibson**  
SCMG Central Billing Office

**Samantha Mae Rayburn**  
Patient Access

**Megan Elizabeth Burke**  
Same Day Surgery

**Timothy Lee Hamm**  
Emergency Department

**Megan Leigh Sparks**  
Environmental Services

**Carli Susann Burton**  
Environmental Services

**Terra Nicole Hampton**  
Infusion Solutions

**Monica Paige Stevens**  
Emergency Department

**Bobbie Jo Bush**  
MMS Clinical Services

**Jordan Anthony Logan**  
Radiology

**Shamika Latrice Williams**  
FM - Owingsville

**Beth Anne Chapman**  
3rd Floor North

**Kathy Ann McGuire**  
3rd Floor North

**Carlissa Lashelle Zornes**  
MMS Clinical Services

**Diane Bailey Cline**  
Environmental Services

**Kana S McKenzie**  
3rd Floor North

**Whitney Lenae Crump**  
Radiology

**Margaret Mary Mouch**  
Quality Management



## UPCOMING C.E. Programs

### October 14 | **Morbidity & Mortality**

8:00 - 9:00 AM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

### October 17 | **Tumor Board**

8:00 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA

### November 4 | **BLS Check Off**

1:00 - 4:00 PM

CHER 102C

RSVP with KaSandra Hensley at ext. 6830 or

kasandra.hensley@st-claire.org

### November 5 | **Journal Club**

8:00 - 9:00 AM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

### November 7 | **Tumor Board**

7:30 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA

### November 11 | **Morbidity & Mortality**

8:00 - 9:00 AM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

### November 21 | **Tumor Board**

8:00 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA

## Get Real Ministries Yarn Group to host Crocheting and Knitting Event at St. Claire Regional

*Submitted by Tami Sammons*

Get Real Ministries Yarn Group is hosting a crocheting and knitting event at St. Claire Regional in Café D on Saturday, October 25 from 9 am to noon. The event is in honor of *National Make a Difference Day* and is open to anyone who would like to attend.

Get Real Ministries Yarn Group is a knitting group that provides home-made yarn items to the community. This year, they have been working on newborn hats and booties to be donated to St. Claire Regional in October. During the event, the group will have many of the hats and booties they have created over the last year on display.



If you would like more information on the event, please contact Tami Sammons at **606.207.0653**.



## SCR GIFT SHOP TOY SHOW

Proceeds benefit  
programs provided  
through the SCR  
Foundation

**Date:** Thursday, October 16

**Location:** Café D

**Time:** 7 a.m. - 7 p.m.

For more information, contact Roberta Gilbert  
at ext. 6514 or [rogilbert@st-claire.org](mailto:rogilbert@st-claire.org)

## Breastfeeding Class

Presented by Franny Meritt, CNM

**Date:** Thursday, October 16

**Location:** Family Medicine location in Morehead

**Time:** 6 p.m. - 8 p.m.

For more information contact Edna Gagliano  
at ext. 7554 or call the Family Medicine  
location in Morehead at ext. 3771

## "GO PINK" Event

**Date:** Wednesday, October 22

**Location:** St. Claire Regional Family Medical Supply

**Time:** 9 a.m. - 12 p.m.

**Free "Go Pink" t-shirt for first 100 attendees.**

For more information see page 5  
or call 606.784.2414 and ask for  
Crystal or Ashley.

## Newborn Care Class

Presented by Alyssa Hunter, MD

**Date:** Thursday, October 23

**Location:** Family Medicine location in Morehead

**Time:** 6 p.m. - 8 p.m.

For more information contact Edna Gagliano  
at ext. 7554 or call the Family Medicine  
location in Morehead at ext. 3771



222 Medical Circle • Morehead, KY 40351



St. Claire Regional is  
a sponsored ministry of the  
*Sisters of Notre Dame*  
Covington Province

## NEWSBRIEF

### Have an article or event to submit for the Newsbrief?

Please send articles and/or information to be placed  
in the SCR Newsbrief to [nick.bear@st-claire.org](mailto:nick.bear@st-claire.org).

Visit the SCR web site at [www.st-claire.org/newsbrief](http://www.st-claire.org/newsbrief)  
to readpast editions of the SCR Newsbrief

### Need a Camera to Cover a SCR Event?

The Marketing/PR Dept. has several  
cameras available for loan.

Contact ext. 6419 for more information.

