

St. Claire Regional Medical Center

NEWSBRIEF

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“Use St. Claire Home Health Any Time You Can.
They Do Good Work.”

– **Teddy Hughes**, home health graduate

Submitted by Michelle Dillon

When his physician ordered Home Health, Teddy Hughes didn't know what to think. He had never had home health services before and didn't know anyone who had. All he knew was that he was going home from a two week hospital stay after respiratory failure, needing trach care and getting nutrition through a nasal gastric tube. Teddy was afraid he would never eat or drink anything again or be able to travel to Georgia to see his five month old grandson. He wondered when or if he even would get back to his role as a clown for Shriners Hospital, a service he has provided since 2001.

Then he encountered Shannon Moore, his home health nurse and Eric Dickerson, who would be his speech therapist.

Hughes said, “If you tell me I can do something, I'm going to work hard to get it done. Shannon and Eric encouraged me from day one. Eric came in and evaluated me, told me he was going to work with me and that I was going to be fine. That was so important. He showed me this little thing and that little thing to make things better. He was right and that made me want to work harder. My doctor couldn't believe how well I was doing when I went back to check with him.”

Shannon Moore recognized and influenced that drive for Hughes to work hard. Shannon said, “Mr. Hughes and his wife both played a big role in his recovery. They were very eager to learn and participate in his care.” The ability to impact

Continued on pg. 2



Shannon Moore, RN; Teddy Hughes and Eric Dickerson, SLP

people in their homes is one thing home health staff have in common. I have been an RN for eighteen years, starting out at UK Hospital's MedSurg/Ortho unit. I have been with St. Claire Home Health since May 2011 in the Montgomery Co. area. Until home health, I felt like my patient care was fragmented and rushed. Sometimes I would see a patient only once or twice, then have to ask someone else the outcome. With home health, you get to work with people and their families in the comfort of their home and at their own pace, which I feel is very conducive to patients being involved in their own care. As a case manager, I am involved from the beginning of their care until discharge and have the resources available to meet all of their healthcare needs. To me, this is the true definition of nursing."

Eric Dickerson expresses a similar sentiment, saying, "Everybody does so well at home and the recovery is so much faster. Of all the settings I've worked in, I knew I was going to like home health the best." He points to Mr. Hughes as one

success story which reinforces his devotion to home health. "He was such a good patient and I was so happy I could help him as he helps others. After a four week course of speech therapy, Mr. Hughes has made 'marked' improvement. His voice is no longer gravelly and difficult to understand. He is eating and drinking safely and has gained weight."

Now, Hughes is getting back to all the things that are important to him. He recently said, "I'm strong enough to drive. I'm going to Atlanta next week to see my grandson." This weekend, though, he will be a clown at the Shriner's Clown Rodeo. "I don't know how much I can do, but I'll do as much as I can." He adds: "I'm going to tell people, to use St. Claire Home Health any time they can because they do good work. I was in bad shape. I could tell Eric and Shannon knew what they were talking about. There wasn't any guess work. I look at them as angels sent to take care of me and get me to do what I needed to do to get better."

Ebola Preparation for SCR Staff

Submitted by Tracy Stewart

As part of the efforts of the Ebola Task Force, Jan Horn, Infection Prevention Manager; Irene Williams, Employee Health Nurse and Dr. Mary Jane Humkey, Medical Director, Primary Care, provided the first of several training sessions for proper donning and doffing of personal protective equipment in the event that an Ebola patient is present in one of SCR's clinics or emergency department. Tami Brandenburg, SCR Risk Manager, was also present to observe the first training session.

Levonda Thomas, Patricia Eldridge, Krystal Smalley, Twila Carpenter, Donna Conkright, Kim Smallwood and Sabra Stevens were provided specific item-by-item, step-by-step instruction in the proper CDC specified protocol. According to Jan Horn, it can take as long as 45 minutes to properly don and doff the equipment, and the buddy-system is employed as a means of insurance and compliance.



From left to right: Tami Brandenburg, SCR Risk Manager; Dr. Mary Jane Humkey, Medical Director, Primary Care; Jan Horn, Infection Prevention Manager and Irene Williams, Employee Health Nurse



LOOK YOUR BEST THIS HOLIDAY SEASON

NOVEMBER 17 - DECEMBER 31



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606.783.6760

Located on the first floor of
St. Claire Regional Medical Center

SCR Staff: Stop by Women's Imaging &
Aesthetics for additional staff discounts
during our Holiday Sale.

**WOMEN'S IMAGING
& AESTHETICS**

 **St. Claire Regional
Medical Center**

EMPACT's Annual Trunk or Treat

Submitted by Barbara Davis

On Saturday, October 25 over 200 princesses, superheroes, ghosts and goblins attended St. Claire Regional for EMPACT's annual Halloween Trunk or Treat. Over 15 departments participated in the event for the families of St. Claire Regional employees.

Many departments donated candy for the event. Activities at the event included a photo booth, a corn hole game, a frozen fishing pond and face painting.

EMPACT would like to thank PHI, Rowan Co. Ambulance Service, Morehead Fire Department and the SCR departments who set up a booth or trunk to help make the 2014 Trunk or Treat a success. The smiles on the children's faces makes all the hard work everyone put into it worth it.





The vast majority of Americans say what they want at the end of life is to die in their own homes, as comfortable and pain-free as possible. The hospice philosophy is about making sure that a patient's death experience reflects their wishes.

Here are five ways that hospice helps to deliver this:



Hospice gives you comfort. Hospices are experts at managing life-limiting illness. The hospice team ensures that medication, therapies and treatments all support a care plan that is centered on the patient's goals. And hospice services can be offered wherever the patient calls home, allowing friends and family to visit freely—something they might not be able to do in a hospital ICU setting.

Hospice gives you peace. Beyond physical relief, hospice strives to help patients and families find emotional and spiritual comfort during what is often a very traumatic time. Hospice organizations are able to provide families with counselors, therapists, spiritual care advisors and bereavement professionals who can best support their struggles with death and grieving. These services are part of the hospice benefit, covered by Medicare, Medicaid or most private insurances.



Hospice gives you something extra. Hospice is not only about compassionate medical care and control of pain. Art and music therapists inspire joy; pet therapy and massages are offered at many programs as well.

Hospice gives caregivers guidance. Most families are not prepared to face the death of a loved one. In addition to caring for patients, hospice also offers services for families and loved ones that provide emotional support and advice to help family members become confident caregivers and adjust to the future with grief support for up to a year.



Hospice gives you more. Be it more joy, more love, or more quality of life in general, the goal of hospice is to offer patients the ability to enjoy the time they have remaining, and create meaningful memories for their families. Hospice offers more moments of life.

Learn more at www.MomentsofLife.org

Brought to you by:



Battling Holiday Depression

Written by Anna G. LaBarbera, LCSW, St. Claire Counseling

Submitted by Melissa McKenzie

It is true that the rate of depression increases during the holidays. How can they not with the media telling us and showing us what a perfect Thanksgiving and Christmas gathering should look like? The expectations are enormous and the realities are sometimes overwhelming for all of us. As adults we have very strong images and memories of our childhood holidays. Some of them are magical, some traumatic and some neutralized by time and distance. Here are a few tips on how to make the holidays brighter and balanced.



- 1 Keep expectations in check. Everything does not have to be perfect, yourself included. The goal is to celebrate the spirit of the season with your family and your friends. There are things that will be out of your control and that's ok. Just go with it. What is the worst that could happen. If a situation becomes emotionally untenable then shorten the visit and lighten or distract from the situation.
- 2 Do not try to do too much and certainly do not over commit. Fatigue, over scheduling and taking on too many tasks can dampen spirits and drain energy. Do less so you have more energy to spend with family and friends.
- 3 Create a reasonable budget for yourself and stick to it. Many large families participate in Kris Kringle for the children or do a family gift. If money is very limited, think about baked goods, homemade sauces, relishes, knitted scarves and blankets, personalized items and other affordable, meaningful gifts. The holidays are not about the presents, it's about the thoughts and time spent with those we love.
- 4 Don't isolate yourself. If you are feeling left out, get out of the house and find some ways to participate in festive holiday events. Local churches and civic groups organize free concerts, parades, caroling programs and more. Studies show that helping others can help improve our mood and feelings of well-being. This is the perfect time of year to volunteer and spread the cheer. There are opportunities at the local food pantry, animal shelter and nursing home where your presence will make a difference.
- 5 Many of us are separated from our families or have lost loved ones. If you can't be with those you love then make plans to celebrate again when you can all be together. In the meantime plan a celebration with friends who are in town, or those who are new to your town.

Extend a welcome to a pot luck supper and start a new tradition in your community. Remember the point is to be together and celebrate the holiday.
- 6 Watch your diet and remember to exercise. Be sure to get enough sleep and eat healthy meals and snacks to avoid feeling run down or stressed out during these busy times.
- 7 Sometimes people suffer from depression due to lack of sunlight during the shorter days and bad weather. Using a full spectrum lamp for twenty minutes a day can lessen this type of depression, which is called SAD (Seasonal Affective Disorder). This is also a good opportunity to take "me" time to unwind and reflect on the experiences of the day. Journaling works well during this time. If you see a therapist regularly, be sure to schedule appointments during the holiday season to discuss issues that arise due to holiday stress and unresolved conflicts.
- 8 Learn forgiveness and acceptance. If some of your relatives have always acted out or made you feel bad, chances are those things won't change. Strategize in advance how you will handle these situations to avoid serious conflicts. If you know what you are getting into, it will be easier to not let them push your buttons. This is a good topic to bring up in therapy.

May the true meaning of this holiday season bring joy to your hearts.

Happy Holidays!



✦ St. Claire Regional Medical Center's
EMPACT
Employee Activities/CQI Team

Breakfast with Santa

DECEMBER 6, 2014

9:00 a.m. – 11:00 a.m.

Café Meeting Rooms

Breakfast will be served to children.

For more information please contact:

Barb Davis @ 7621 or Bldavis@st-claire.org

Angel Beamon @ 7599 or ambeamon@st-claire.org

HOLIDAY

DECEMBER 1-31, 2014

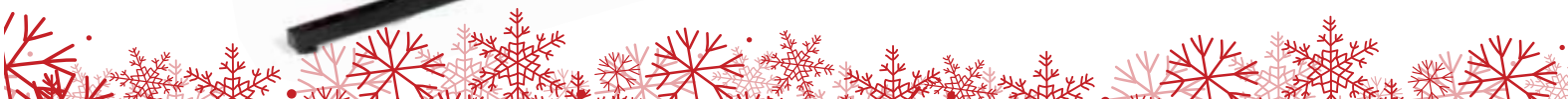
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FAMILY MEDICAL SUPPLY

Located just off I-64 at Morehead-Exit 137 in the Kroger Shopping Center across from LOWE'S

606.784.2414 or 1.877.784.2414

Monday - Friday | 8 am - 6 pm

Saturday | 10 am - 2 pm

November is National Alzheimer's Disease Awareness Month

Turkey Trot for a Cure a Success

Submitted by Mary Horsley, RN, CCRP

November is National Alzheimer's Disease Awareness month and we kicked it off once again with a 5k walk/run on November 1 at the Center for Health Education and Research (CHER) to raise awareness and support for the Alzheimer's Association. The 2014 Turkey Trot for a Cure was a great success with more than 160 walkers and runners raising \$3,500 in donations for our local chapter.

We would like to take this opportunity to **THANK** our sponsors which includes: St. Claire Regional, Whitaker Bank, Print + Pixel Creative, Sanders Brown Center on Aging, Cave Run Manor, Ale 8 One, Maysville Family Chiropractic, MSU Nursing, MSU Chemistry Club, Northcutt & Son Home for Funerals, Mark & Marlene Blankenbuehler, Team Judy, Wal-Mart, Kroger and Aramark. Thank you to those who participated and volunteered to make the event successful.

We need to be aware of the extent Alzheimer's disease has on America and continue to work together to find a cure. The annual Alzheimer's Association Facts & Figures for 2014 are astounding. Over 5 million people in the US have Alzheimer's disease; including 67,000 Kentuckians. The disease affects 1 in 8 older adults and it is the 6th leading cause of death in the US today for which there is no cure. Fifty percent of those who suffer from Alzheimer's disease never receive the diagnosis. There are also as many as 16 million unpaid Alzheimer's caregivers!

Alzheimer's is a type of dementia that causes problems with memory, thinking and behavior. Symptoms usually develop slowly and get worse over time, becoming severe enough to interfere with daily tasks. The disease is the most common form of dementia, a general term for

memory loss or other intellectual abilities and accounts for 50-80 percent of dementia cases. Memory loss that disrupts daily life is not a normal part of aging. It may be a symptom of Alzheimer's disease.

Every individual may experience one or more of these signs in different degrees:

- Memory loss that disrupts daily life
- Challenges in planning or solving problems
- Difficulty completing familiar tasks at home, at work or at leisure
- Confusion with time or place
- Trouble understanding visual images and spatial relationships
- New problems with words in speaking or writing
- Misplacing things and losing the ability to retrace steps
- Decreased or poor judgment
- Withdrawal from work or social activities

Alzheimer's has no current cure, but treatments for symptoms are available and research continues. Although current Alzheimer's treatments cannot stop the disease from progressing, they can temporarily slow the worsening of dementia symptoms and improve quality of life for those with Alzheimer's and their caregivers. Today, there is a worldwide effort under way to find better ways to treat the disease, delay its onset and prevent it from developing.

Many people have trouble with memory loss; this does not mean they have Alzheimer's disease. There are many different causes of memory loss. If you or a loved one is experiencing symptoms it is best to see a doctor so the cause can be determined.



Merry Christmas

Staff Christmas Party Hours

SCR Main Cafeteria

Night shift - Thursday

12/11 10:00 p.m. to 11:30 p.m.

Day/Evening Staff - Friday

12/12 7:30 a.m. to 9:30 a.m. &
2:30 p.m. to 4:00 p.m.

*Staff Christmas Gifts may be picked up during
Christmas party hours.*



* Don't forget Santa will be here to
spread holiday cheer!

A message from...



**St. Claire Regional
Medical Center**

Human Resources



The following comments are from SCR patients that completed our Press Ganey patient satisfaction surveys in December

AMBULATORY SURGERY

Judy Cain, volunteer, was excellent and welcoming.

Kim Criswell, CNA and Libby Fannin, RN, were wonderful.

Irene Rooney, CRNA, was very friendly and seemed very skilled.

I would like to thank the young man that took me to and from my procedure and took me out when I was released. He was one of the nicest young men I have meet in a long time. He was very pleasant, very courteous and made me feel like I was worth his time. I also want to thank him for the conversation. Most young men his age do not relate to older people the way he did. He is truly a fantastic young man. Thank you Josh Ackerman, Orderly.

Randy Stevens, RN, in the surgery dept. is great with IV's.

EMERGENCY DEPT

Dylan Gose from Environmental Services was very prompt in cleaning up my child's spill in our room. He was very sweet.

Dr. Turley is an awesome doctor. He had good bedside manner and was interested in my utmost care.

Cindy Murphy, CRNA; Jenny Lynn Dickey, CRNA and all the rest of the ER staff were great. I can't say enough about how much I appreciate them.

HOME HEALTH

Missy Lillard, RN, was great.

Shannon Moore, RN, has been wonderful helping with blood pressure questions.

I was very pleased with the care I received. Pam Compton, RN; Carrie Emmons, PT and Kim McCloud, OT, were great!

Nurse, Denise Dunaway and Crystal Limings, PT, were awesome. I would highly recommend those two to anyone who needs their services. Thank you to both for your help in getting me back to normal.

Pam Compton, RN, is the best. I was a nurse so I should know. When I need help again I will request her.

Julie Allen, RN, has been so much help to me. She is so caring and is concerned about my well-being. I have needed that to help me start getting better.

Melinda McGlone, RN, is very sweet. We just love her. She answered and told us everything we needed to know.

Home Health nurse, Jenny Everman, was very good.

Pam Compton, RN, is the best!

They were very nice to me. Eric Dickerson, Speech Therapist, and I got along very well.

Annette Sparks, RN, has been with me as nurse since earlier in the year. At first, I couldn't get my meds right but she began preparing them for me each week. She

cautioned me about falls. Annette was always concerned for my privacy and was very professional. She was very gentle in all my treatments and always in contact about times of visits. I'm thankful for the care she has given me.

Pam Compton, RN and Susie Hargett, RN, are super good and we became friends. Both are very friendly and caring.

Gina Porter, PTA, is the best of the best. She was concerned for my progress and work outs. Gina is a friendly and very caring lady.

Cindy McKenzie, RN, was ALWAYS there for us and took excellent care.

I would recommend Cindy McKenzie, RN, to anyone needing home health care.

Crystal Reeves, RN and Annette Sparks, RN, are both AMAZING Home Health nurses. They are very compassionate and absolutely the best. Mom loved both of them dearly.

Johnny Napier is the best PT ever. He not only knows how to teach patients to recover but is very compassionate as well. My mother thought the world of Johnny. He has done so much for her.

INPATIENT

Angie Johnson, RN; Jessica Logan, RN and Heather Morgan, RN, took such great care of me. I feel they truly care about their patients.

Dr. Labarbera was amazing!

The ER staff was superb, including Dr. Wright, nurses and technicians.

Dr. Wright, Dr. Baldwin and Dr. Aslam were all helpful, courteous and professional.

Traveling from Memphis, to Pittsburgh, I had increasing breathing problems and was lucky to pull into Morehead to find an ER. The ER staff were exceptional, personable and professional. Once I was admitted, Dr. Aslam was terrific.

The nurses were perfect! Diane Bean, RN; Robin Donehue, RN; Morgan King, OT and Dr. Parker Banks are all amazing people!

Dr. Vansant and Dr. Baldwin were very compassionate and caring.

Dr. Clayton is very good.

MEDICAL PRACTICE

Dr. Burrows called me back and walked me to the room. He was very courteous and professional. I was completely satisfied with the visit. I was very happy he was available to care for me as my regular physician.

Frannie Meritt, CNM, is wonderful and always makes me feel at ease.

I have went to Dr. Burrows for various issues and he has always found a way

to help me. It didn't matter if it was a female issue, pregnancy issue, injury or if I was just sick. He always cared about the problem at hand and got to the root of it.

Leslie Watts, APRN, is wonderful!

Cindra Greene, is an amazing nurse practitioner. My youngest son has also recently seen Cindra Greene. He's a special needs child and she worked very well with him. She was so concerned with his recovery, she called me personally on her day off to make sure his fever had gone down. She will definitely be our usual provider from now on.

All the staff at Family Medicine in Olive Hill are wonderful.

Frannie Meritt, CNM, was amazing. She called me after hours at my home to explain my lab results in detail.

Dr. Rucker is one of the best doctors I have seen in a long time. She takes time to listen and explain so you can understand.

Alisha Swim, RN and Dr. Ramey are very sweet and caring. I really like them.

Dr. Moore is wonderful. She takes time to explain and answer every question. I am very confident in the care she provides.

Dr. Hunter was great. I knew something wasn't right and instead of dismissing my concerns, she worked with me to find the cause of my problems.

Dr. Conley is always so wonderful with our family.

Alicia Swim, RN, was very sweet, kind and helpful.

Dr. Ramey is an awesome doctor and person! She really cares about her patients.

Dr. Goldstien is very likable and down to earth. My family and I recommend her to others.

Lindsay Switzer, LPN, did a great job drawing blood.

Dr. Ramey makes me feel comfortable. Plus, she can relate to my problems. I really enjoy going to see her. That is not something I have experienced in the past.

Mary Caric, APRN, is wonderful! She was very concerned, compassionate and probably the best care provider I have had.



ST. CLAIRE REGIONAL Christmas Giving Opportunities

● Rowan County Christmas

St. Claire Regional is participating in "Rowan County Christmas" again this year. This program is sponsored by SCR and other Rowan County social service agencies, churches and organizations. The program provides new toys for children 18 years of age and under, gifts for the elderly and food vouchers for families.

If you, or your department would like to adopt an individual or family this year, simply sign the "Elf" Sheet beside the Christmas tree in the cafeteria and choose one of these options;

Purchase one \$20 gift for a male, female or family and attach your name and phone number.
(Please, no clothes)

Bring a \$20 donation, with your name and phone number to the Foundation House and a Rowan County Christmas Board Member will shop for you.

● Storybook Christmas

St. Claire Regional is again helping the MSU/Rowan County Adult Basic Education and Literacy Advisory Board collect NEW books for children under the age of 18. These books will be given to children and teens throughout Rowan County. Last year, SCR made it possible for many children to have their first new book.

Individuals or departments can participate by placing new books in the "Storybook Christmas Basket" located in the main cafeteria.

Please turn in all Gifts, Books and Donations by
FRIDAY, DECEMBER 5

For more information contact the St. Claire Foundation office
Regina Thompson, Ext. 6517

Happy Birthday


 DECEMBER

12/1	Donna R Conn	Health Information Mngt.	12/14	Twila G Carpenter Kathryn S. Howard Andrea L. Keaton Paulette Keeton Charlotte S. Parr Tericia B Tackett	MMS Clinical Services Home Health Cave Run General Surgery Home Health TCU Respiratory Therapy	12/25	Catherine J. Garrison Teresa Kay Jones Mary Ann Lewis Wanda Mae Pennington	Surgery Home Health Nursing Administration Environmental Services
12/2	Don A Carpenter Brittany Nicole Cord Stephanie Danielle Dailey Randall Blake Gay	Pharmacy Behavioral Health Unit Behavioral Health Unit Physical Therapy	12/15	David Bruce Bailey Diane Nichols Beane Emily Bausch Blevins Barbara Ann Walker	Cardiology 4th Floor Nursing FM - Menifee (Dental) Same Day Surgery	12/26	Patty A Fugate David Elijah Gifford	FM - Menifee (Dental) Radiology
12/3	Steve M Koenig Lesley Ellen Lewis Denise L Mooney Stephanie Lynn Oney Kathy Kay Trent	MMS Clinical Services Health Information Mngt. OPCC Wound Care/Hyperbaric Materials Management	12/16	Jewelie R Casteel William Ernie Lewis Elizabeth Melydia Napier Cassandra Hope Perkins Justin V Thornsberry	Financial Services Facilities Management SCR Case Management FM - Morehead Respiratory Therapy	12/27	Melissa F Alcorn Diana J Blanton Steven Douglas Stanley Leslie Kay Williams	Cave Run General Surgery Float Dept - Unit Sec Surgery Home Health
12/4	Angelee Adkins Matthew E. Donovan Sheila Ann Nobrega Teresa Ann Poe Denita Joy Ray Callie S. Wagoner Crystal D Whitt	MMS Clinical Services Information Services Respiratory Therapy Cave Run General Surgery Anesthesia Professionals Home Health Cave Run General Surgery	12/18	Samantha Rice Justin Boone Rose	Nursing Administration Emergency Physicians	12/28	Nathan D Dillon Louise Simms Lamb Emilee Paige Redwine Shelley Davis Sadler Monica D. Zornes	Home Health SCR Mammography Ultrasound 4th Floor Nursing Pharmacy
12/6	Lori K Caswell Enawgaw B Mehari	Cave Run General Surgery MMS Clinical Services	12/19	Derek Scott Carroll Denise Annette Conn Pamela R Evans Randall Monroe Stevens Sharon Kaye Williams	Infusion Solutions Float Dept - Unit Sec Home Health Same Day Surgery Emergency Department	12/29	Debra A Clark Joseph Andrew Edie Roberta O Gilbert Deborah K Oakley Teresa Lynn Rife	Float Dept - Unit Sec MMS Clinical Services Gift Shop/ Auxiliary Home Health Infusion Solutions
12/7	Joshua Allen Ackerman Kacie D Bledsoe Deborah Brown Vicky L Murphy Erica Robinson	Central Transport Grants Behavioral Health Unit Cave Run General Surgery FM - Morehead	12/20	Martha Marie Henderson Marvin Earl Puckett	Food Services Facilities Management	12/30	Betty O Fossett Jean Harney Jones Julia Ann Neill Lacinda Rishel Sarah Renee Slone	Cave Run General Surgery Clinical Nutrition St. Claire Counseling Services Surgery Behavioral Health Unit
12/8	Monica Miller Hall Tammy Lynn McClurg	TCU Central Scheduling	12/21	Stephanie Lynn Boggs Martha Jean Gullely Kayla Paula Mae King	Food Services FM - Frenchburg MMS Administration	12/31	MaryAnn Perry Jetta Nicole Slone Mark Samuel Wigal	Cytology 3rd Floor North Infusion Solutions
12/9	Erin M Himes Chase Nathanael Yarman	Emergency Physicians Laboratory	12/22	Wanda Ruth Johnson Angel Dawn Jolley Maria A Terrell Shelbi A. Vanlandingham	Same Day Surgery Materials Management Hospice Nursing Administration			
12/10	James Paul Brandenburg Elizabeth Courtney Wolf	Administration St. Claire Counseling Services	12/23	Deborah Mae James Angela G Stanfield	House Staff Emergency Department			
12/11	Bethany Nicole Foister Kristie E Hackworth	3rd Floor North MMS Clinical Services	12/24	Kristeena M Abney Phillip Montgomery Stephanie Tasha Purvis Julie Anne Williams	Emergency Physicians Facilities Management Cave Run General Surgery 4th Floor Nursing			
12/12	Patricia A Ison	FM - Sandy Hook						
12/13	Stacy Marie Padgett	3rd Floor Central						


 Happy
Birthday



UPCOMING C.E. Programs

November 21 | Tumor Board

8:00 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA

December 3 | Journal Club

8:00 - 9:00 AM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

December 2 | Tumor Board

7:30 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA

December 9 | Morbidity & Mortality

8:00 - 9:00 AM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

December 9 | BLS Check Off

1:00 - 4:00 PM

CHER 102C

RSVP with KaSandra Hensley at ext. 6830 or

kasandra.hensley@st-claire.org

December 17 | Interdisciplinary Grand Rounds

12:30 - 1:30 PM

SCR Library

Credit: ACPE, Category 1 AMA

December 19 | Tumor Board

8:00 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA



Submitted by Ewell Scott, M.D.

Cave Run Symphony Orchestra

Presents "Holiday Concert"

HOMETOWN HOLIDAYS

Saturday, December 6, 2014 @ 8 p.m.

Morehead Conference Center

FREE ADMISSION



**St. Claire Regional
Medical Center**

222 Medical Circle • Morehead, KY 40351

Annual Christmas Tree Lighting

Date: Wednesday, December 3

Location: Outside SCR's main entrance

Time: Music from the MSU Jazz Combo starts at 9:45 a.m.
Ceremony begins at 10 a.m.

For more information,
contact Regina Thompson at ext. 6517
or Regina.Thompson@st-claire.org

Refreshments will be served!

LOOK YOUR BEST AESTHETICS SALE

Date: November 17 - December 31

Location: Women's Imaging & Aesthetics

For more information contact Risa Elam
at 606.783.6760 or see page 5.
Stop by to receive your FREE CONSULTATION.

**SCR STAFF - Stop by for additional
discounts during the month of October.**

SCR FAMILY MEDICAL SUPPLY HOLIDAY SALE

Date: December 1 - December 31

Location: SCR Family Medical Supply

For more information contact Ashley Brown
at 606.784.2414 or Ashley.Brown@st-claire.org.
See pages 8-9 for sales flyer.

Rowan Co. Christmas

Reminder: All gifts must be turned in to SCR's
Foundation House by Friday, Dec. 5.

For more information,
contact Regina Thompson at ext. 6517
or Regina.Thompson@st-claire.org



St. Claire Regional is
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St. Claire Regional Medical Center NEWSBRIEF

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