

St. Claire Regional Medical Center

NEWSBRIEF

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Volunteers Brighten Christmas for Hospice Patients

Submitted by Maria Terrell RN, MSN

On December 16 and 17 St. Claire Regional Hospice Volunteer, David Nutter, made visits to patient's homes as Santa Claus along with his helper elf Linda Craft, volunteer coordinator. They gave our patients a quilt, gift bags and stockings. The quilts were made possible by donations given by a Morehead's sewing group called the So-Sews and the Grahn Community Center Quilting Group from Carter Co. The stockings were donated by the Town and Country Home Makers Club of Rowan Co. The Pecco family of Morehead gave the gift bags of fruit, candy and cakes. Our Hospice Volunteers met on December 10 to stuff the stockings and prepare Christmas cards for the families that we were fortunate enough to serve throughout the past year. Each family is given a crocheted angel in memory of their loved one. The angels are crocheted by Hospice nurses, Loyal Lewis and Cheryl Bridenthal, then they are starched and pressed by Linda Craft, Hospice Social Worker. SCR Hospice is very thankful for the support that is given by our volunteers and local community. If you are interested in volunteering for hospice please contact Linda Craft at 783-6808.



Some of the ladies from Grahn School Community Center who delivered the quilts
Front row L to R: Jearlene Bledsoe, Gay Jones and Oma Frazier
Back row L to R: Betty Frazier, Starlene Harris, Tiffany Fannin and Linda Craft



Linda Craft, Hospice Social Worker; Curt Adkins and David Mutter

 **St. Claire Regional
Medical Center**
Hospice & Palliative Care

FIRST BABY OF 2014

Born on New Year's Day *as seen in The Morehead News*

Jan. 7, 2014 — The first birth of 2014 at St. Claire Regional Medical Center was Wyatt Liam Russell, son of Tiara Weaver and Thomas Russell of Morehead.

He was born at 11:51 p.m., weighed 7 pounds, 15 ounces and was 21 inches long.

Wyatt Liam joins siblings Ivory, Sierra, Tyleigh, Ryker and Lyrica Russell. His grandparents are Tina and Tim Weaver.

Tiara Weaver received a wooden rocking horse handmade and donated by Paul Glesge of Morehead, the customary gift to the first newborn of a new year.

She also received a large gift basket courtesy of St. Claire Regional filled with a variety of items for a family with a newborn.



BABY WYATT

Wyatt Liam Russell, son of Tiara Weaver and Thomas Russell of Morehead, was the first birth of 2014 at St. Claire Regional

SCR Surgery Department Donates Meals & Gifts to Hospice and Palliative Care Patients *Submitted by Maria Terrell RN, MSN*

The SCR surgery department made donations for Hospice and Palliative Care patients during the past holiday season as they have for several years pass. Many of our patients face the challenges of poverty along with their burden of illness, for some this makes providing a Thanksgiving meal or Christmas gifts

impossible. Thankfully due to the generosity of the Surgery Department staff a total of 17 people received a Thanksgiving dinner and 2 families were adopted for Christmas gifts. The staff members of St. Claire Regional Hospice and Palliative Care are thankful for the continued support of our patients.

WOMEN'S IMAGING & AESTHETICS

 St. Claire Regional
Medical Center

STAFF OPEN HOUSE
Introducing Our New Line of Aesthetic Services

Jan. 27, 28 & 30 | 9:00AM – 6:00PM

FREE CONSULTATIONS

- Stop by or call to schedule an appointment
- Learn about exclusive staff discounts and pricing

- **Use Payroll Deduct**
25% of purchase down
The remaining cost can be split in to 3 easy payments

Botox® | Juvederm® | Latisse® | Sclerotherapy



**BUY 10 UNITS
GET 10 FREE**

**ONLY DURING
STAFF OPEN HOUSE**

BOTOX[®]
—Cosmetic
onabotulinumtoxinA_{injection}

In order to receive this special offer, SCR Staff **MUST** purchase during Staff Open House.

Can't Schedule During Open House?

Receive the special 10 for 10 Staff Special by paying now and scheduling later.

BOTOX[®]
—Cosmetic
onabotulinumtoxinA_{injection}

Latisse[®]
(bimatoprost ophthalmic solution) 0.03%

Juvederm[®]
ULTRA XC

The following comments are from SCR patients that completed our Press Ganey patient satisfaction surveys in December.

AMBULATORY SURGERY

Every nurse I encountered was friendly and caring! The nurses at St. Claire are excellent! Especially **Suzy Hargett** in OR!!

EMERGENCY DEPT

Dr. Turley was the doctor on call and he was WONDERFUL!

Dr. Daniels, was really nice.

Sam Claxon was very considerate and always checking to see if we needed anything.

HOME HEALTH

My nurse, **Debbie Blankenship** did a great job.

Tonya Kennedy is the best. You have become part of our family.

Melinda McGlone, Carrie Emmons & Trisha Hampton were all so nice and very efficient.

My nurse, **Julie Allen** was outstanding. She was always on time, very professional and friendly. I actually look forward to her visits.

Annette Sparks is the best nurse anyone could have. She's helpful, nice, gentle and patient.

Annette Sparks is aware of her job and does it very well.

Kim Stamper Moore, a registered nurse, treated me. She is a highly trained, professional nurse with good experience. She is excellent, highly knowledgeable and as gentle and careful with me as if I were her beloved mother.

Home Health Nurse, **Kim Moore**, was wonderful. She attended to me while I was very sick, and did an excellent job of it. I had no problems or complaints.

Nurse, **Kim Moore** rates superior in all of her ways of taking care of my problems. I was VERY sick and she handled it 100% correctly. She always made it and was never late.

I cannot fully express how very much I appreciate **Kim Moore's** excellent care of me. She is excellent in every facet of her care in pulling me through a very serious condition. I have 100% appreciation and commendation. She is certainly great, and a real asset to St. Claire Regional.

Mrs. LeAnn Owens is great! Great people skills as well as a nurse.

LeAnn Owens is great in all areas and excellent with mom who is 89-years-old.

My nurse was very good and if I ever had to have a PICC line again I'd like to have her come to take care of me. Her name was **Chrystal Underwood**.

INPATIENT

I felt very honored to have met and had **Dr. Atish Patel** care for me. His bedside manner and compassion went above and beyond. I am very blessed to have him treat me during my hospital stay!

Staff was outstanding and skilled. The care I received was great as well. Thank you St. Claire Regional for your care and compassion. SCR is very blessed and fortunate to have **Dr. Atish Patel** on their team. Great for Morehead and the surrounding counties!

The emergency room staff was excellent. **Dr. Kahloon** was excellent. EVERYONE was very caring and nice.



**HIGHLIGHTING
OUR CHAMPIONS**



kynect

Kentucky's Healthcare Connection

Kentucky Health Benefit Exchange

FREE PUBLIC FORUM

PRESENTED BY:

Miriam Fordham, DIRECTOR
Division of Health Care Policy Administration

JANUARY 29, 2014

5:30 PM – 7:30 pm

Room 102, Center for Health Education and Research
316 West Second Street, Morehead KY

Eastern Kentucky Healthcare Coalition

St. Claire Regional Medical Center • St. Mary's Medical Center • Our Lady
of Bellfonte Hospital • Highlands Regional Medical Center • UK HealthCare

What you need to know
about Kentucky's Health
Insurance Marketplace

Free and open to the public

- Question and Answer session
- On-Site Insurance Sign Up
assisted by "kynectors"
- Snacks will be provided
- No registration required

SPONSORS



For more information call Chris Salyers, Continuing Education Administrator for the
Northeast KY Area Health Education Center, at 606-783-6453.

Happy Birthday



<i>2/1</i>	Ryan A Elswick Timothy N. Jones Alyce M Taulbee Christine Marie Williams Michael Scott Williams	Information Services Home Health FM - Frenchburg Infusion Solutions Information Services	<i>2/12</i>	Anjelica Dawn Hackworth Jelana Sue Lewis Sherry D Pennington	Rehab Unit Laboratory Home Health	<i>2/21</i>	Carolyn Sue Middleton Janet Sue Puckett Kevin W Sharp	Environmental Services Home Health Nuclear Medicine
<i>2/2</i>	Angela Beth Graham Laura B Greene	Cave Run Clinic Admin. Ultrasound	<i>2/13</i>	Jessica Copher Stella Mae Glover Jean Marie Smith	Surgery Environmental Services SPD	<i>12/21</i>	Sheri Caudill Quinn Catherine L Schwab Miroslawa E Sikorska Jennifer N Tabor Teresa K Terry	Food Services OPCC MMS Clinical Services MMS Clinical Services Laboratory
<i>2/3</i>	Beth Adams Laura Ann Luke Kimberly Louise Thomas	ICU Laboratory TCU	<i>2/14</i>	David M. Carr Ashley Elizabeth Peterson Marsha Renee Shelton Amanda R. Stegall	Physical Therapy TCU Cardiac Rehab Pharmacy	<i>2/22</i>	Sharon Belle Boggs Jessi Janell Gulley Julie B Stephens	Laboratory 3rd Floor Central RPLP
<i>2/4</i>	Anna B Barker Chanette Moncal Kiser Leslie J Perkins Bradley E Wells	4th Floor Nursing ICU Environmental Services Radiology Physicians	<i>2/15</i>	Kayla Cundiff Jacqueline L Jackson Lisa J. Ray	Central Scheduling Home Health Quality Management	<i>2/23</i>	Jessica Nicole Baldrige Pamela R Compton Pamela A Egelston JoDonna L Wilson	FM - Morehead Home Health Food Services Pharmacy
<i>2/5</i>	Kristy L Moore	Behavioral Health Unit	<i>2/16</i>	Santana Nicole Baugus Jeffrey A. Hamm Philip M Hutchinson Charlotte S Lewis	Emergency Department Laboratory Pharmacy Administration	<i>2/24</i>	Jodie Lynn Mabry Trisha Gayle Miller Kelly Lynn Muse William Brandon Pace Mary Alice Prater	3rd Floor North Speech Therapy Sleep Lab Emergency Physicians Physical Therapy
<i>2/6</i>	Gloria J Enix Shirley D Greenhill Oliver Thomas Newcomb Michael T Smedley	3rd Floor Central Pharmacy Cave Run General Surgery Environmental Services	<i>2/17</i>	Abby Marie Baker Saranda Gail Blevins Leora Margaret McKenzie Alisha Perry Christa Lynn Robinson Kasandra N Stone Tina Rae Webster	Administration Behavioral Health Unit Patient Access MMS Clinical Services Human Resources AHEC Infusion Solutions	<i>2/25</i>	Michael D Bradley Jordan Combs Mary E. Corbin Erica Elaine Lewis	Family Medical Supply ICU Laboratory Emergency Department
<i>2/7</i>	Mary A Horsley Rose Ann Sloan	Grants Environmental Services	<i>2/18</i>	Madison Lynn Brooks Dana Renee Crouch Chadwick Eugene Gambrell Nicholas Earl Hammonds Mark Aaron Mullins Debra Schaffner	Nursing Administration Nursing Administration House Staff Emergency Department Physical Therapy TCU	<i>2/26</i>	Angela Marie Beamon Karen A Bledsoe Linda R Griggs Larry R Hamm Teresa L Stacy Ashley Elizabeth Stout	FM - Morehead Home Health SCR Informatics Facilities Management SCR Case Management Emergency Physicians
<i>2/8</i>	Cathy Ann Jones Alyssa Robinson	Environmental Services Cytology	<i>2/19</i>	Mary D. McKenzie Carolina Sue Puckett	MMS Administration Surgery	<i>2/27</i>	Nancy Pearl Brown	4th Floor Nursing
<i>2/9</i>	Melisa Ann Kennedy Jason Richard Ogden Holly Lynnette Utterback	3rd Floor Central Family Medical Supply MMS Administration	<i>2/10</i>	Donna L Crum Brianna G Elam Heather Knipp Helphinstine Susan A Lequire	Social Services 4th Floor Nursing TCU TCU	<i>2/28</i>	Mattie H Burton Carolyn Ann Farrow John S. Kelsey Rebecca Joan McClain	Nursing Administration FM - Menfee (Dental) Facilities Management MMS Clinical Services
<i>2/10</i>	Mary A Brown Toni Danielle Hammons Dreama Denise Perkins	FM - Olive Hill Radiology SCR Family Medicine	<i>2/29</i>			<i>2/29</i>	Rhonda S Ramey	Clinical Nutrition



Instructor Courses

ACLS Instructor
9:00 am - CHER 102
March 6
August 7

PALS Instructor
9:00 am - CHER 102
May 6
October 7

BLS Instructor
9:00 am - CHER 102
June 3
November 6

Provider Courses

ACLS Provider
8:00 am - CHER 102
January 30 & 31
April 24 & 25
June 26 & 27
September 25 & 26
December 4 & 5

PALS Provider
8:00 am - CHER 102
March 27 & 28
May 29 & 30
August 28 & 29
November 20 & 21

Renewal Courses

ACLS Renewal
8:00 am - CHER 102
February 21
July 25
October 17

PALS Renewal
8:00 am - CHER 102
February 28
October 24

BLS

The written exam (Part 1) will be completed online and the checkoff (Part 2) portion will be scheduled through the AHEC office. The online portion cost is \$28.50 to be paid by debit or credit card. After completing the written exam, please contact KaSandra Hensley at 606.783.6830 or *kasandra.stone@st-claire.org* to set up a time for the hands-on checkoff.

The cost of the checkoff is \$20.00. Cash, checks, money order or payroll deduction will be accepted for payment.

www.onlineaha.org

Directions for accessing the Online BLS Course

- Step 1:** Register or log in if you have an existing account.
- Step 2:** Once logged in, select "Course Catalog" under BLS - Basic Life Support, "HeartCode BLS Part 1", select purchase.
- Step 3:** Enter credit/debit card information.
- Step 4:** Your purchased course will appear in "mycourses", under "active courses". You are now ready to begin Heart Code BLS Part 1.
- Step 5:** When finished, print statement of completion with certificate number. Bring this certificate to the checkoff portion of the course.

Part 1 of the BLS course is offered by the American Heart Association and not the Northeast KY AHEC. The cost of Part 1 is \$28.50. After Part 1 is activated, it will expire after 12 months. Part 1 is a self-paced course; you can enter and exit a course as often as necessary.

If you are not active in the course for 30 minutes, your user session will time out. When this happens, you will see a message that your session expired. Simply log in again and return to the course. You will see all of your completed exercises have been saved.

You must complete your skills session within 60 days of completing Part 1 online. Only after completion of Parts 1 and 2 will you be awarded your BLS card.

Please note that you can access this course from any computer that has an internet connection by going to <http://www.onlineAHA.org>. There are four computers in the St. Claire Regional Medical Center Library, located on the 2nd Floor, available 24 hours a day.

1:00 pm - 4:30 pm CHER 102C

To schedule a 30-minute testing window contact KaSandra Hensley at 606.783.6830 or *kasandra.stone@st-claire.org*

February 11	June 10	September 9
March 4	July 8	October 14
April 8	July 29	November 4
May 13	August 5	December 9



**UPCOMING
C.E. Programs**

January 17

Tumor Board

8:00 - 9:00 AM | TC Conference Room
Credit: ACPE, Category 1 AMA

January 20

Procedural Sedation

6:00 - 7:00 PM | CHER 102D
Credit: Category 1 AMA
RSVP with KaSandra Stone at ext. 6830
or *KNStone@st-claire.org*

January 22

Trauma

5:00 - 6:30 PM | CHER 102
Credit: Category 1 AMA
RSVP with KaSandra Stone at ext. 6830
or *KNStone@st-claire.org*

January 29

**Kentucky Health Benefit
Exchange Information
Session (KYNECT)**

11:00 AM - 1:00 PM | CHER 102D
Credit: Category 1 AMA, ACPE
RSVP with Alice Combs at 606-436-3557
or *Alice.Combs@uky.edu*

January 29

KYNECT Public Forum

5:30 - 7:30 PM | CHER 102D

January 30 & 31

ACLS Provider

8:00 AM - 4:30 PM | CHER 102D
Credit: Category 1 AMA, Nursing
RSVP with KaSandra Stone at ext. 6830
or *KNStone@st-claire.org*

WOMEN'S IMAGING & AESTHETICS

STAFF OPEN HOUSE

Introducing Our New Line of Aesthetic Services

Date: Jan. 27, 28 & 30

Location: Women's Imaging & Aesthetics

Time: 9 a.m. - 6 p.m.

For more information, contact Risa Elam
at ext. 6760 or Risa.Elam@st-claire.org.

See page 3 for more information.

Procedural Sedation

Presentation by Muhammad Anwar, MD

Date: Monday Jan. 20

Location: CHER 102D

Time: 6 p.m. - 7 p.m.

Pre-register with KaSandra Hensley
at 606.783.6830 or kasandra.stone@st-claire.org

Valentine's Day Sale

Bella Taylor® handbags,
ladies scarves & home décor

Date: Monday-Tuesday, February 3 & 4

Location: Café Room B

Time: Monday, 7 a.m. - 7 p.m. | Tuesday, 7 a.m. - 6 p.m.

For more information, contact Thelma Johnson
at ext. 6517 or Thelma.Johnson@st-claire.org



**St. Claire Regional
Medical Center**

222 Medical Circle • Morehead, KY 40351

St. Claire Regional Medical Center
NEWSBRIEF

Have an article or event to submit for the Newsbrief?

Please send articles and/or information
to be placed in the SCR Newsbrief to
nick.bear@st-claire.org.

Visit the SCR web site at
www.st-claire.org/newsbrief to read
past editions of the SCR Newsbrief

NEED A CAMERA TO COVER A SCR EVENT?



The Marketing/PR Dept. has several cameras
available for loan. Contact ext. 6419 for more
information.