

St. Claire Regional Medical Center

NEWSBRIEF

SCR's Aramark Hosts Special Valentine's Lunch

4

January Patient Satisfaction Surveys

8

The C.A.R.E. Channel - Now in Patient Rooms

6

March Birthdays

10

WOMEN'S IMAGING
& AESTHETICSNEW SERVICES;
NEW NAME

St. Claire Regional Women's Imaging now offers more than imaging services, it offers aesthetic services. These new services are provided by three trained SCR nurses: Courtney Hollingsworth, RN, BSN; Sigrid Turner,

RN, PCC and Leann Rose RN, BSN and SCR Radiologists: Craig D. Butler, MD and William D. Lewis, MD.

New aesthetics services include: Botox®, Juvéderm®, Latisse® and sclerotherapy. Botox®

Continued on pg. 2



Leann Rose RN, BSN; Sigrid Turner, RN, PCC Cardiology & Diagnostic Imaging and Courtney Hollingsworth, RN, BSN, Nurse manager ICU, Cardiology & Diagnostic Imaging



Continued from pg. 1

and Juvéderm® improves the look of facial appearances by reducing moderate and severe wrinkles in the forehead, eyes, nose and mouth. With Latisse®, patients can grow their eyelashes longer, fuller and darker by simply applying a prescription to the lashes. Sclerotherapy offers a solution to rid spider and varicose veins with a simple, short procedure.

Women's Imaging & Aesthetics began their aesthetic services during the Staff Open House, January 27 through the 29, offering special discounts and free consultations to any SCR staff member interested in the new aesthetic services. Currently, Women's Imaging & Aesthetics is in the middle of a public kick off, offering special pricing and free consultations to anyone in the public who is interested. The public kick-off started on February 3 and will go through February 28.

Women's Imaging & Aesthetics describes the new aesthetic services as a way to treat the entire person. Helping people feel better about the way they look will help them truly feel better. Women's Imaging & Aesthetics continues to focus on imaging services for women, including Digital Mammography, Computer-Assisted Detection, Bone Density Testing, Stereotactic Breast Biopsy and Breast Ultrasound.

**WOMEN'S IMAGING
& AESTHETICS**

YOUR MEDICAL SUPPLIES



SHIPPED
DIRECTLY
TO YOUR
DOOR

FOR
FREE

St. Claire Regional's **Family Medical Supply** is Now Offering **FREE Home Delivery** for the following medical supplies:

- Intermittent Catheters
- In and Out Catheters
- Ostomy Supplies
- Feeding Tube Supplies
- Gloves

**St. Claire Regional
FAMILY MEDICAL SUPPLY**

Located just off I-64 at Morehead Exit 137 Kroger Shopping Center across from LOWE'S

**606.784.2414
or 1.877.784.2414**

Monday - Friday | 8 am - 6 pm
Saturday | 10 am - 2 pm

Scrub SALE

MARCH
5 & 6

7:00 A.M. TO
7:00 P.M.

CAFES
C & D

SCRUBS

Landau • Smitten • Koi
Wonder Wink • Urbane
Orange • Ecko

SHOES:

Sanita • Brooks
Smitten

DIAGNOSTICS

Prestige • MDF
Littmann

**25%
OFF**

EVERY Regularly
Priced Item

Including Scrub Tops & Pants,
Diagnostic Tools, Shoes
& Accessories



Landau

urbane scrubs



WonderWink



50% OFF & \$5.00
SCRUB BINS

St. Claire Regional
FAMILY MEDICAL SUPPLY

Located just off I-64 at Morehead Exit 137 Kroger Shopping Center across from LOWE'S

For more information contact

Kimberle Mullins at Kimberle.Mullins@st-claire.org

606.784.2414 | 1.877.784.2414

Monday - Friday | 8 am - 6 pm

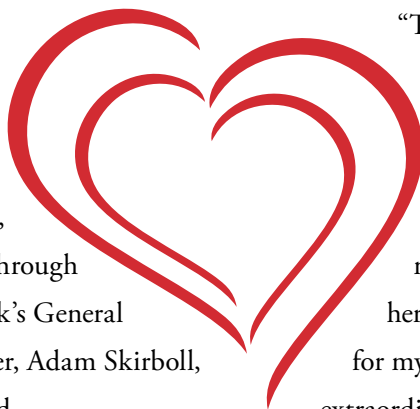
Saturday | 10 am - 2 pm

SCR's Aramark Hosts a Delicious

SCR VALENTINE'S LUNCH

Based on Dietetic Intern's Idea

On Wednesday Feb. 12 the Food Service staff created a special Valentine's Day Lunch. Whitney Asher, University of Kentucky Dietetic Intern in SCR's Food Service Systems Management department, proposed the idea for the themed meal. Through collaboration and teamwork with Aramark's General Manager, Mike Montes and Chef Manager, Adam Skirboll, the Valentine's Lunch menu was developed.



"The feedback from the hospital staff and visitors was extremely positive and overwhelming. Everyone loved the idea and menu so much that plans for a quarterly themed meal are in planning. I appreciated the help of everyone from Food Services, the managers and marketing team. I feel very lucky to be here at St. Claire Regional for two of my three rotations for my Dietetic Internship, and to be surrounded by extraordinary people makes it that much sweeter," said Asher.

The Valentine's Lunch was served from 11a.m to 2p.m. The entrees included lobster rolls, steak, fresh fruit cobb salad and mushroom saffron risotto. Served alongside the entrees were roasted red potatoes, sautéed mushrooms, steamed asparagus and sautéed kale. Dessert included chocolate dipped strawberries and cheesecake. The strawberries sold very quickly and were such a hit with staff that Food Services sold them Thursday and Friday as well, offering a great solution to Valentine's presents.

"The entire Food Service staff should be commended. They were able to pull off an excellent Valentine's Lunch by serving a gourmet meal to 810 people in 3 hours, dipped over 2,000 strawberries, served nearly 500 rib eye steaks and over 100 lobster rolls," said Montes.

Whitney will be in the Food Service Systems Management rotation for a total of 10 weeks, with 5 weeks left to go. After that, she will be doing a 10-week Medical Nutrition Therapy rotation at SCR. The Valentine's Lunch was a part of a theme meal assignment that Whitney had to complete for her internship, in which she had to come up with her own theme, promote it and create a menu. Whitney did a great job at this assignment and actually served up the lobster rolls herself.

The Valentine's Lunch had a great turn out and the food was delicious. All of SCR's staff appreciated the special lunch. A big thank you goes out to Aramark, all the employees of Food Service and Whitney Asher for providing such a wonderful meal and we look forward to the next big lunch at SCR.



Whitney Asher, University of Kentucky Dietetic Intern and Mike Montes, General Manager of Aramark

 St. Claire Regional
Medical Center**Thelma Johnson****1981 – 2014**

a LEGACY

of Love
& Loyalty

L - LEADERSHIP**E** - EARNESTNESS**G** - GIVING**A** - ABILITY**C** - CARING**Y** - YEARNING

Retirement Celebration for Thelma Johnson

February 21, 2014 from 2- 4 p.m.
St. Claire Regional Cafeteria

 St. Claire Regional
Medical Center

SCR Now Offers the C.A.R.E. Channel in Patient Rooms

Helping to Create a Healing Environment

St. Claire Regional announces the debut of The C.A.R.E. Channel, installed in all patient rooms and in several other areas of the hospital. Paid for through a grant by the Sisters of Notre Dame, this innovative service is provided as part of our commitment to creating healing environments for patients, families and staff.

The C.A.R.E. Channel offers relief from commercial television, noise and other stressful distractions. Combining beautiful nature images and soothing instrumental music, The C.A.R.E. Channel serves as an environmental tool to enhance and promote healing. While the channel is on patients typically have a more relaxed day, enjoy a better night's sleep and respond better to all other hospital treatments.

While the environment is experienced on all sensory levels, sound is by far the most invasive sense affecting hospitals, impacting patient satisfaction, confidentiality, compliance, staff performance and morale. Research and patient satisfaction data have shown that The C.A.R.E. Channel's sounds significantly improves these areas.

First developed in 1992, The C.A.R.E. Channel is now provided in hospitals throughout 48 States. Hospitals using this system have reported reductions in the use of pain medication and improved quality of rest for patients. They have also noticed a decrease in the level of noise on the units and an increase in patient and staff satisfaction due to lower stress levels.

"I'm very excited that we have this wonderful option to offer our patients. The C.A.R.E. Channel is perfect for those who desire television programming that can provide a sense of peace and comfort," said **Sr. Judi Lambert**, SND, Acting Director of Mission Integration, Director of Pastoral Care

St. Claire Regional is very excited about the installation and the many opportunities The C.A.R.E. Channel will provide. Thank you to Ronnie Adkins, Hal Bledsoe and everyone who helped install the product and make The C.A.R.E. Channel at SCR a reality. The C.A.R.E. Channel is a step towards providing a more comfortable environment and St. Claire Regional will continue on a path of providing the best atmosphere possible to everyone who enters our doors.



CHANNEL 88

THE C.A.R.E. CHANNEL

88

NOW IN ALL SCR PATIENT ROOMS

Creating Environments that Heal

Beautiful nature images and instrumental music composed and produced to provide you with a healing, safe and comfortable environment. Because we care about your hospital experience.

**Everyone is Invited to
Learn More About the C.A.R.E. Channel**

Monday, February 24th | 11am – 2pm | SCR Cafeteria



Congregation of the
Sisters of Notre Dame

The C.A.R.E. Channel provided through a grant from the Sisters of Notre Dame



The following comments are from
SCR patients that completed our Press Ganey
patient satisfaction surveys in January.

EMERGENCY DEPT

Dr. Wicker is wonderful.

Dr. Bailey and staff were all excellent in every way.

Kelly Steagall PA-C provided the proper care and explained about the treatment I needed. Thank you Kelly Steagall.

HOME HEALTH

Debbie Blankenship was always a very nice lady, the best you can get! A very good lady at all times. We thank you Debbie Blankenship.

Kim Moore and all the girls were wonderful.

Annette Sparks was really good!

Nurse Pam Evans, Aimee Cover, O.T. and Crystal Limings, P.T. were all wonderful in helping me through rehab and to get better.

Tammy Helton is an all around awesome nurse and person.

INPATIENT

Dr. Lawson was very personable and kind. Listened to me and answered concerns.

Dr. LaBarbra is the best! Great attitude always!

It was great! All my nurses and Dr. LaBarbra were great!

I have no bad things to say. Third floor nurses are wonderful. I really like Ruth Russell, RN. I loved everyone of them. VERY GOOD!

All of the nurses were very good. They took real good care of me. That meant a lot to me when I was so sick! Nurse Ruth Russell, RN was really good. I give them all 5 stars.

Dr. Mitchell is the best doctor I have had and I thank him so much for helping me.

Dr. Mitchell and Dr. Todd did a very wonderful job.

I stayed in the hospital from Wed. to Fri. Angela Johnson, RN was excellent. Was very pleased to have her as a nurse.

Thanks to Chelcea O'Cull the experience was better than I would have expected.

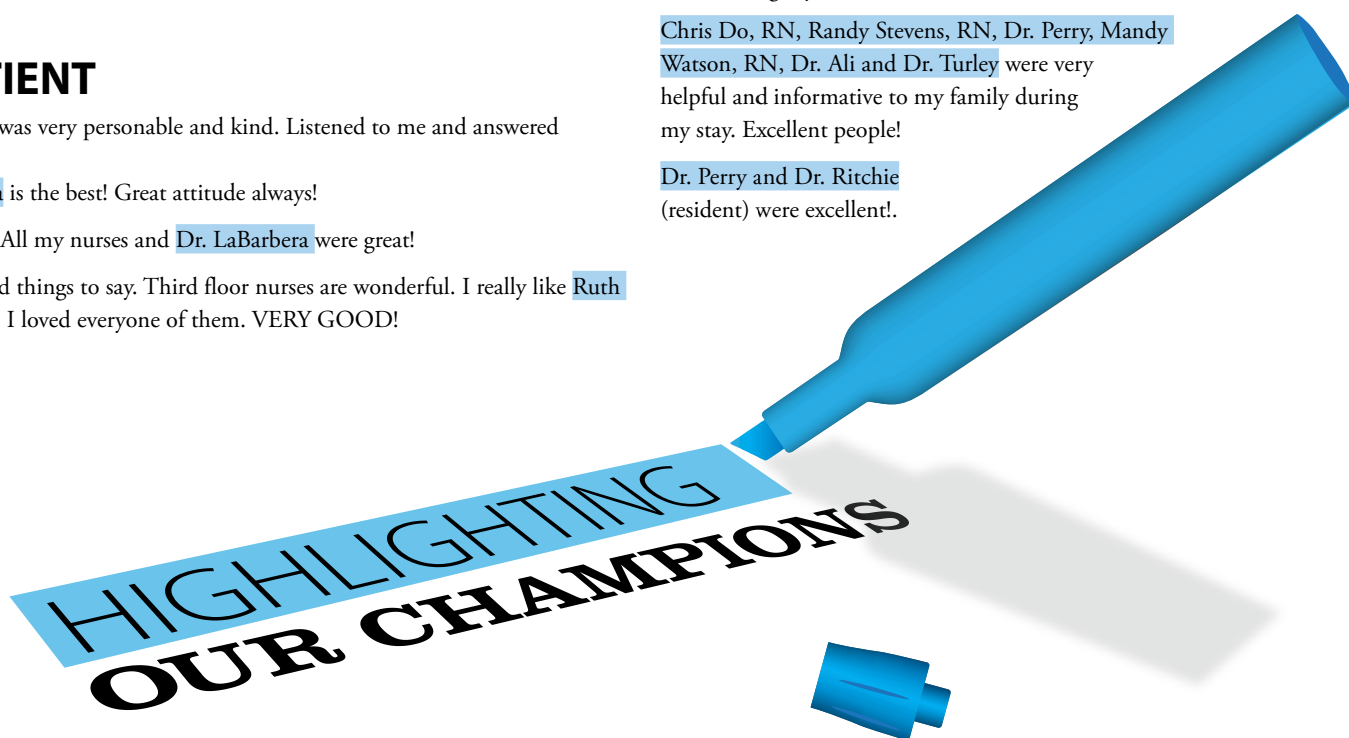
Mandy Watson, RN and Dr. Turley were excellent! The entire ER staff was great.

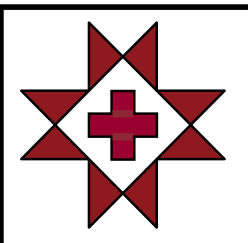
Mandy Watson, RN in ER was great. She was very helpful and informative to me and my family.

Jess Cox and Brent Harris did a great job and made me feel very comfortable while having my CT.

Chris Do, RN, Randy Stevens, RN, Dr. Perry, Mandy Watson, RN, Dr. Ali and Dr. Turley were very helpful and informative to my family during my stay. Excellent people!

Dr. Perry and Dr. Ritchie (resident) were excellent!





SCR Staff Notice

Infection Control Standards

Due to the recent influx of Influenza in our region we want to remind all SCR staff to carefully follow all infection control practices.

Droplet Precautions are implemented for patients with suspected or confirmed influenza.

While patient is in the healthcare facility Droplet Precautions remain in effect for 7 days after illness onset or until 24 hours after the resolution of fever (without fever-reducing medications) and respiratory symptoms, whichever is longer.

Patient placement in a private room; when a single patient room is not available, consultation with infection control is recommended for possibility of cohorting patients.

Staff are required to don a facemask upon entering the patient's room. Remove the facemask when leaving patient's room, dispose of facemask in waste container and perform **hand hygiene**.

Hand Hygiene:

- Before and after patient contact or contact with the patient's environment, after removal of gloves or PPE. Hand Hygiene can be performed by use of soap and water or alcohol-based handrub. When hands are visibly soiled use soap and water.

During Aerosol-Generating Procedures:

- Staff are to adhere to standard precautions, including wearing gloves, a gown, and either a face shield that fully covers the front and side of the face or goggles.
- Staff are to wear N95 mask
- Family and visitors are not to be present during aerosol-generating procedures
- After aerosol-generating procedure environmental surface cleaning is required

If patients under Droplet Precautions requires movement or transport outside of the room:

- Have patient wear a facemask, if possible and follow respiratory hygiene and cough etiquette and hand hygiene.
- Communicate with appropriate personnel before transferring patients to other departments in the hospital of suspected, probable, or confirmed influenza patient

Patients treated with antivirals still require the above mentioned guidelines during their hospital stay.

Modes of Transmission:

- Large-particle respiratory droplet transmission within 6 feet of patient
- Indirect contact transmission via hand transfer of influenza virus from virus-contaminated surfaces or objects to mucosal surfaces of the face (nose, mouth, eyes)
- All respiratory secretions and bodily fluids are potentially infectious

cdc.gov



Flu Virus: Spreading potentially lethal pathogens, influenza virus particles (brown) invade cilia (blue) in the airways of the human lung.

Image by Karsten Schneider/Science Photo Library



St. Claire Regional Medical Center

Happy Birthday



MARCH

3/1

Lauretta Joan Barker Environmental Services
Jessica R Callahan SCR Case Management
Barbara L Davis Central Scheduling
Elizabeth Morgan Harmon Pharmacy
Janie D Jamison ICU

3/2

Rebecca M Gavalchik Human Resources
Tonya H. Good Surgery
Marsha Kay Maggard 3rd Floor North
Andy B Price Information Services

3/3

Venus R. Butler Laboratory
Casie Hope Caldwell ICU
Retha M Davis Environmental Services
Ruthie Ann Guess Surgery
James Oldham Patient Financial Services

3/4

Danny Paul Blackburn Sleep Lab
Jesse Walker Clarke Emergency Department

3/5

Molly B Carew FM - Sandy Hook
Arica Leigh Conley Physical Therapy
Betty Dyer Home Health
Cinderella Lynn Haskett Home Health

3/6

Terrell W Bradley Facilities Management
Troy Neal Conley SCR Informatics
Chrysinda Ann Hillman Patient Financial Services
Bradley Allan Hutchinson Physical Therapy
Judy M Thompson Patient Financial Services

3/7

Melanie Lynn Catron Nursing Administration
Rita C Hopkins MMS Clinical Services
Lisa Ann Ingles Home Health
Paul Denzil Pozzie Infusion Solutions

3/8

Delores L Franklin Financial Services
Melinda Lawhorn Surgery

3/9

Toni Bellamy Float Dept - Unit Sec
Abilene Bowens Laboratory
Marc C Crusier St. Claire Counseling Services
Angela Michelle Cundiff Patient Access
Morgan Marie King Occupational Therapy
Chesla R Whitt MMS Clinical Services

3/10

Lindsay Nicole Brown 3rd Floor North
Kimberly Rayburn MMS Clinical Services
Patrick M Russell Emergency Physicians

3/11

Susan Denise Dunaway Home Health
Judy L Fannin FM - Frenchburg
Amanda Lee Grubb Patient Financial Services
Sharon Kiser Environmental Services
Julia B Perry Anesthesia Professionals
Sadie Diamond Shepherd Rehab Unit

3/12

Lisa A Blanton Surgery
Kristy Ann O'Bryan Health Information Mngt.
Jennifer Lynn Worley Home Health

3/13

Rachael Thomas Davis Patient Financial Services
Amanda Gail Dyer SCMG Central Billing Office
Angie D Stone MMS Clinical Services
Michael Ross Tekulve Cave Run General Surgery
Rhonda Young MMS Clinical Services

3/14

Stephanie J. Baker Radiology
Adam Wesley Scroggum Emergency Physicians

3/15

Nancy P Gulley ICU
Michella Renae Smedley Environmental Services
Emilie Jane Wills Pharmacy

3/16

Barrett D Webb Emergency Physicians

3/17

Sharon Goodpaster 3rd Floor Central
Rosemary Hamilton SCMG Central Billing Office
Patrick D Hughes FM- Owingsville
Tracey G. Workman Hospice

3/18

Kathryn H Bloom Occupational Therapy
Donald C Howell Facilities Management
Dreama Renee Leigh Laboratory
Crystal L Little SCR Family Medicine
David A. Morrison ICU
Rebecca L Wells Food Services

3/19

Patricia A Blevins Emergency Department
Angela Kaye Humphries Wound Care/Hyperbaric
Cynthia A Schneider Cave Run General Surgery
Heather Nichole Wallace MMS Clinical Services
Katrina Rose Wallace Environmental Services

3/20

Mark Elliott Bailey Emergency Physicians
Mona Kay Coffman Materials Management
Lorna Gay Lacey Emergency Department
Beverly B Macey PACU
Miranda Lynn McClanahan Float Dept - Unit Sec
Amy Kochur Oesch Speech Therapy
Maleaha Stommel Nursing Administration
Irene E Van Kersen Same Day Surgery

3/21

Belinda W Ashley Hospice
Raychel D Stevens Pharmacy

3/22

Loretta Burchett Laboratory
Kayla M Coffman Food Services
Isaac D Craft Pharmacy
Elizabeth A Hefner Speech Therapy
Georgeanna J. Howard Respiratory Therapy
Derl A Wallace Infusion Solutions

3/23

Whitney J. Asher U.K. Dietetic Intern
Dianna Kay Gardner SCMG Central Billing Office
Julie Ann Linder 3rd Floor North
Lucille Mays FM - Morehead
Shawna Elaine Sargent Patient Financial Services

3/24

Rebekah Sue Easter Surgery
Donna Martin Fannin Laboratory
Janet R Roe SCMG Central Billing Office
Marjorie Anne Scott Cave Run Clinic Administration
Michele Ann Walters FM - Morehead

3/25

Joshua Randell Berry Food Services
Charla Rayanne Pennington 3rd Floor Central
Glen R Standafer FM - Frenchburg
Ingrid K Van Rooyen Pathology

3/26

Charlene F Purnell Health Information Mngt.
Glennis Matthew Sigmon Infusion Solutions
Barbara Kay Weaver Health Information Mngt.

3/27

Jennifer Lynn Dickey 3rd Floor Central
Mary Joenita Schlueter Health Information Management
Rebecca Lynn Sulken Respiratory Therapy
Kevin S Trent Family Medical Supply

3/28

Welma M Henson FM - Sandy Hook
Carol R Justice Patient Financial Services
Becky Louise Robbins Infusion Solutions

3/29

Kimberly E Criswell OPCC
Gracie Lenore Kidd Food Services

3/30

Casey Suzanne Lovelace Ultrasound
Punnaivanam Ravisankar Emergency Physicians

3/31

Melodye Layne Galbreath Physical Therapy
Shawna Lorraine Messer Laboratory
Lisa A Wallace 4th Floor Nursing



UPCOMING C.E. Programs

February 21 | Tumor Board

8:00 - 9:00 AM

TC Conference Room

Credit: ACPE, Category 1 AMA

February 21 | ACLS Renewal

8:00 AM - 4:30 PM

CHER 102D

RSVP with KaSandra Hensley at ext. 6830 or

KNStone@st-claire.org

February 28 | PALS Renewal

8:00 AM - 4:30 PM

CHER 102D

RSVP with KaSandra Hensley at ext. 6830 or

KNStone@st-claire.org

March 4 | BLS Check Off

1:00 - 4:00 PM

CHER 102C

RSVP with KaSandra Hensley at ext. 6830 or

KNStone@st-claire.org

March 5 | Journal Club

8:00 - 9:00 AM

SCR Education Room

Credit: Category 1 AMA

March 7 | Tumor Board

7:30 - 9:00 AM

TC Conference Room

Credit: ACPE, Category 1 AMA

March 11 | Morbidity & Mortality

8:00 - 9:00 AM

SCR Education Room

Credit: Category 1 AMA

March 21 | Tumor Board

8:00 - 9:00 AM

TC Conference Room

Credit: ACPE, Category 1 AMA

Spring SCRUBS

Now in
Stock

*Come check out
our New Collections
At St. Claire Regional's
Family Medical Supply*

*New
50% Off
Markdowns*



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Saturday | 10 am - 2 pm

For more information

contact Kimberle Mullins at

Kimberle.Mullins@st-claire.org

NEWS & EVENTS



**St. Claire Regional
Medical Center**

222 Medical Circle • Morehead, KY 40351

Learn More About The C.A.R.E. Channel

Date: Monday, February 24

Location: SCR Cafeteria

Time: 11a.m. – 2 p.m.

For more information, contact
Sr. Judy Lambert at ext. 6738
or Judine.Lambert@st-claire.org



Family Medical Supply Scrub Sale

Date: Wednesday, March 5
and Thursday, March 6

Location: Cafe's C & D

Time: 7 a.m. – 7 p.m.

For more information, contact
Kimberle Mullins at 606.784.2414
or Kimberle.Mullins@st-claire.org



*The Social Work Program at
Morehead State University Presents:*

A Full Day of CEU Training for Social Workers

Date: Friday, March 28

Location: MSU at Mount Sterling, Clay Community Center

Time: 9 a.m. – 4:30 p.m.

For more information, contact
Monica Himes at 859-499-0780

Have an article or event to submit for the Newsbrief?

St. Claire Regional Medical Center
NEWSBRIEF

Please send articles and/or information
to be placed in the SCR Newsbrief to
nick.bear@st-claire.org.

Visit the SCR web site at
www.st-claire.org/newsbrief to read
past editions of the SCR Newsbrief

NEED A CAMERA TO COVER A SCR EVENT?



The Marketing/PR Dept. has several cameras
available for loan. Contact ext. 6419 for more
information.