

St. Claire Regional Medical Center

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Certified Nurses Day

March 19, 2014

A Day to Recognize Certified Nurses

Submitted by Lerae Wilson

Certified Nurses Day is a special day of recognition established by the American Nurses Credentialing Center (ANCC) to celebrate the contribution of board certified nurses to the advancement of the nursing profession and to higher standards and better outcomes for patient care. Professional certification in nursing is a measure of distinctive nursing practice. Certification in nursing represents an example of professional credentialing and is a voluntary process undertaken by practicing nurses. This voluntary process validates knowledge, skills and abilities beyond the scope of RN licensure. According to the American Board of Nursing Specialties, specialty-nursing certification is considered THE standard by which the public recognizes quality of nursing care. In the world of nursing it is the hallmark by which a nursing expert is recognized in their chosen field!

The Institute of Medicine's (IOM) 2010 report, *The Future of Nursing: Leading Change, Advancing Health*, recommended that leaders at the federal level, at schools of nursing, and in health care systems work together to increase the proportion of Registered Nurses with a baccalaureate degree in nursing (BSN) from 50% to 80% by 2020. The report clearly calls for nurses to assume primary responsibility for personal and professional growth. It urges nurses to continue individual education and opportunities that develop and advance leadership skills. Nurse leaders are charged with facilitating innovative strategies to increase quality of care and patient outcomes in a patient-centered care environment.

Continued on Pg. 2

Literature reviews clearly demonstrates the importance for nursing certification as certified nurses:

- ✓ Demonstrate higher knowledge of care related to pressure ulcers and familiarity with cancer care guidelines.
- ✓ Higher performance scores for education/collaboration, care planning, and evaluation compared to non-certified nurses.
- ✓ Demonstrate professional growth and credibility.
- ✓ A 2% decrease in the odds of patients dying associated with every 10% increase in the number of certified BSN nurses employed at a hospital. The same results were found for failure to rescue.
- ✓ A positive relationship between specialty certification and the nurse's perception of empowerment.
- ✓ A positive association between ICU nurses certified and a lower rate of reported falls and a lower rate of failure to rescue
- ✓ Statistically significant relationship between a unit's having a higher percentage of nurses who are certified rehabilitation registered nurses and a decreased length of stay.

SCR supports nursing certification by reimbursing nurses for the cost of the examination. SCR also assists with paying for review courses and certification study course materials prior to the exam. If you are currently certified, congratulations! If you are not certified, then please consider attaining this important milestone in your career. The journey to certification is a pathway to increased knowledge, growth and development.

Please join me in celebrating this important day and the certification accomplishments of the following nurses:

Medical/Surgical Nursing (Med/Surg): Molly Carew | Leslie Watts
Evelyn Harr | Lula Pecco
Sexual Assault Nurse Examiner (SANE): Debra Hayes | Robin Donehue
Shellie Wilburn

Adult Psychiatric/ Mental Health Certification (MHC): Tammy Crager | Tina Parsons

Oncology Certified Nurse (OCN) / Oncology Nursing Society: Vicki Fairchild | Regina Pettit
Susie Hamlin

Certified Emergency Nurse (CEN): Nick Hammonds | Phelan Bailey
Michelle Garvin | Billy Thomas
Kim Short | Amanda Hester
Sarah Flynn | Sarah Whisman

Certified Flight Registered Nurse (CFRN): Nick Hammonds | Chris McDavid
Amanda Hester

Critical Care Registered Nurse (CCRN): Kim Short

Certified Registered Nurse Anesthetist (CRNA): Julie Perry | Joy Ray | Tom Cibiras
Kristi Dickens | Emily Mason
Carri Hicks | Cindy Blankenship
Irene Rooney

Perioperative Nursing (CNOR): Lisa Strong

Advanced Practice Registered Nurse (APRN): Anita Gulley | Christine O'Kelley
Jennifer Tabor | Jessica Duncan
Patrick Hughes | Glen Standafer

Molly Carew | Leslie Watts
Mary Anne Brown | Mary Caric
Michele Walters | Natalie Back
Lucille Mays | Diana King
Steve Stanley | Pam Copher
Shelley Sadler

Certified Nurse Midwife (CNM): Frances Meritt

Wound Care Certification: Penny Littleton | Jeanie Stamm

Ostomy Management Specialist: Jeanie Stamm

Certified Gastroenterology Registered Nurse (CGRN): Denise Mooney

Nurse Executive Advanced/ Board Certified (NEA-BC): Lerae Wilson | Mattie Burton

Nurse Executive/ Board Certified (NE-BC): Lisa Wallace

Certified Hospice and Palliative Care Nurse (CHPN): Loyal Lewis | Teresa Wheeler

Inpatient-OB (RNC-OB): Nancy Brown | Robin Donehue
Lisa Wallace

Fetal Monitoring Certification (C-EFM): Nancy Brown | Robin Donehue
Lisa Wallace

International Board Certified Lactation Consultant (IBCLC): Angie Johnson

Certified Clinical Research Coordinator (CCRC): Yvonne Taul



This Doctors Day, honor one who made a difference in your life.



Their words change lives. Their compassion brings comfort. Their dedication offers hope. They are our doctors, and they do so much more than simply heal bodies. They touch hearts and impact lives like yours and mine.

March 30 is National Doctors Day, a day when we can show physicians how much we appreciate their tireless devotion to healing and advancing the art and science of medicine. **You can help us celebrate Doctors Day and make it even more meaningful for a physician who is special to you with a gift in his or her honor to the St. Claire Foundation!** Along with your gift, you can also write a personal note or tribute that we'll share with the physician you're honoring. (Giving amounts will remain confidential.) Not only will your gift be an encouragement to a dedicated physician, but it will also help us continue to provide amazing medicine close to home.

Thank you in advance for making this Doctors Day extra special for the physician in your life, and for your support of health care at St. Claire Regional!

To make a gift, simply complete this form, including your note/tribute, and return it to the St. Claire Foundation. For credit card gifts, you may also go to www.st-claire.org/doctorsday.

Yes, I want to make a gift in honor of a St. Claire Regional physician for Doctors Day!

Doctor Being Honored: _____
 Gift Amount: \$25 \$50 \$100 Other \$ _____
 Name: _____
 Address: _____
 City/ST/ZIP: _____
 My gift is enclosed. (Make check payable to St. Claire Foundation.)
 Please charge my credit card.
 Name on Card: _____
 Card Type: _____ Exp Date: _____
 Card #: _____

My note/tribute to Dr. _____

Please return this form (and check if applicable) to: St. Claire Foundation, 222 Medical Circle, Morehead, KY 40351. If you have questions, please call (606) 783-6511. Thanks!



Tadias Interview: Dr. Enawgaw Mehari on Pan-African Health Conference

TADIAS

As seen in TADIAS Magazine



New York (TADIAS) — Ethiopian-born Neurologist Enawgaw Mehari, St. Claire Regional Neurologist, Founder of the People's Clinic in Morehead and Founder and President of People to People, Inc. (P2P), keeps a busy schedule at his job as a Neurologist at St. Claire Regional Medical Center and Neurology Course Director for University of Kentucky, but he always finds time to form global partnerships on healthcare related projects in Ethiopia. P2P, an Ethiopian Diaspora association that he founded in 1999, has a worldwide membership of over 55,000 as well as close ties with medical institutions in Ethiopia and the United States. Recently the California-based non-profit organization, US Doctors for Africa (USDFA), announced that it has partnered with P2P as its “Strategic Co-host” of the upcoming Pan-African Medical Doctors and Healthcare Conference to be held in Addis Ababa from May 21st through 23rd, 2014.

“It is so natural these two organizations have agreed to come together to host such a high level conference,” Dr. Enawgaw said in a recent interview with Tadias Magazine. Dr. Enawgaw noted that the gathering will highlight what he calls a “Triangular Partnership,” a term used by People to People — which also runs a free clinic in Kentucky for the working poor — to describe the relationship of three global groups: Diaspora, developing countries and Western institutions. “For so long the donor communities have given huge amounts of money to Africa but have not invested sufficiently in capacity building,” he added. “People to People believes in a pragmatic vision that Triangular Partnership is the new paradigm.”

Dr. Enawgaw pointed out that Ethio-American Medical Group (EDAG) and Global Ethiopian Medical Enterprise, both members of the Ethiopian Diaspora, have merged together to build a state of the art hospital in Addis Ababa. “The goal is to mitigate the migration of Ethiopians to other



Dr. Mehari, St. Claire Regional Neurologist, founder of the People's Clinic in Morehead and Founder and President of People to People, Inc.



www.peoplepeople.org



countries for their high caliber healthcare,” he said. “The group believes we are where we are and we have what we have and it is therefore natural to give back to the people who made our dreams a reality.”

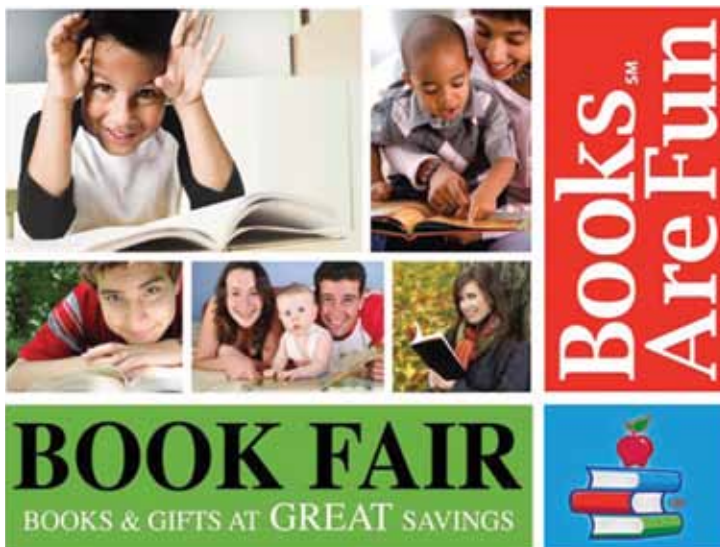
Dr. Enawgaw emphasized that there are many distinguished Ethiopians and friends of Ethiopians who are making a difference in many ways “such as Dr. Girma Tefera from University of Wisconsin coordinating the emergency medicine program, Dr. Senait Fisseha from Michigan University helping St. Paul University with its post graduate training, Dr. Elias Siraj from Temple University supporting the Endocrinology program, Dr. Dawd Siraj and Dr. Makeda Semret from McGill University in Canada supporting the infectious disease program at Black Lion hospital, Dr. Kassa Darge supporting the radiology program at Black Lion, Dr. Zelalem Temesgen from Mayo Clinic developing HIV/AIDS online education program for Ethiopia, and Dr. Anteneh Habte supporting the palliative and hospice educational effort to be added to medical school curriculums. In addition, Dr. Fikre Girma from McMaster University in Canada has played a significant role in introducing CME for emergency medicine in Ethiopia. The Hakim Workneh and Melaku Beyan society has been playing important roles in medical education and the health care system in Ethiopia. The list is huge and I hope I am not in trouble for forgetting important names.”

The upcoming conference at the United Nations Economic Commission for Africa headquarters in Addis Ababa, Dr. Enawgaw said, is open to medical students, medical doctors, health care specialists, policy makers and anyone interested both at home and abroad. He said some of the topics at the conference will include “Technology, education, infrastructure, social media, medical ethics, mental health, brain drain, brain circulation, brain gain, women’s health, burden of diseases, and non-infectious emerging chronic diseases such as diabetes mellitus, heart attack and stroke.”

Find the Article at:

<http://www.tadiaz.com/02/24/2014/tadiaz-interview-dr-enawgaw-mehari-on-pan-african-health-conference-in-ethiopia/>

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St. Claire Foundation Launches 2014 FUNDRAISING CAMPAIGN



MOREHEAD, KY. – “The NEXT 50 Years” is the theme of the St. Claire Foundation’s 2014 Annual Fundraising Campaign.

“Last year, St. Claire Regional took time to look back and celebrate our first 50 years of providing amazing medicine close to home,” said Tom Lewis, St. Claire Foundation Executive Director.

“This year, we look ahead with anticipation to our next half century and all of the advancements, challenges and lives touched that it holds in store.”

The goal for the Foundation’s 2014 campaign is \$250,000, Lewis said. Gifts received during the campaign can be designated by donors for a variety of purposes and needs, ranging from charity care for the uninsured and underinsured to educational programs to new equipment needs.

“Everyone deserves excellent medical care, and we understand the convenience and comfort of having the expert care you need right here at home,” Lewis said. “Our ability to offer these services is made possible in part by gifts to the St. Claire Foundation during our annual fundraising campaigns.”

Gifts to the St. Claire Foundation are tax-deductible, and you may designate the fund to which your gift is applied, Lewis said.

To give to the St. Claire Foundation’s 2014 Annual Fundraising Campaign or for more information, call (606) 783-6512 or go to www.st-claire.org and click on the Online Donations link.

Staff Discounts

- ✓ *Sam’s Club*
- ✓ *Local Restaurants*
- ✓ *Cell Phone Carriers*
- ✓ *Gym Memberships and more!*



ST. CLAIRE REGIONAL RECOGNIZES MARCH AS National Colorectal Cancer Awareness Month

**Morehead
Medical Specialists**

✦ St. Claire Medical Group

What to Know?

1. All Kentuckians age 50 and older should get regular colon cancer checks.
2. Early colon cancer may have no symptoms.
3. 9 out of 10 colon cancers may be prevented or cured with regular checks.

What to Do?

Ask your healthcare provider for a referral to see Dr. Cox



Thadis C. Cox, MD

Gastroenterology

Dr. Cox sees patients with stomach, colon and liver abnormalities as well as patients with pancreas and biliary system disorders.

Cox specializes in endoscopy procedures including colonoscopy, esophageal stricture dilation and endoscopic retrograde cholangiography.

If you're experiencing consistent heartburn, abdominal pain or another stomach-related illness, ask your healthcare provider for a referral to see Dr. Cox. He is committed to providing the highest quality digestive care to his patients.

Dr. Cox is currently accepting referrals at Morehead Medical Specialists. For more information or to schedule an appointment call 606-780-5375.



Cave Run Symphony Orchestra

Submitted by Ewell Scott

www.thecrso.com



Mission Statement

The mission of the CRSO Society is to perpetuate and promote the rich tradition of live symphonic music by presenting high caliber concerts. The CRSO Society shall also provide educational and enrichment activities for Morehead State University students and area high school students, thereby contributing to the quality of life for people of all ages and ethnicities throughout the region.

Contact Us

Cave Run Symphony Orchestra Society

P.O. Box 441 | Morehead, KY 40351

Phone: 606-356-0084 | Email: thecrso@gmail.com

Web: www.thecrso.com

WE NEED YOUR SUPPORT

Financial Support is necessary if we are to perpetuate the rich tradition of live symphonic music in our community. Ticket sales will account for only 20 percent of total funding needs. We invite you to consider making a gift of support to the Cave Run Symphony Orchestra Society. If you have questions, please contact us.

DONATION OPPORTUNITIES

DIAMOND FOUNDING DONOR - \$10,000 AND UP

One lifetime membership in CRSO Society; 20 complimentary Season Tickets per season for life; Permanent recognition in program and on website for life; Permanent recognition on entry way plaque; Corporate / Business logo permanently displayed in program and website; Permanent full-page ad in program for each concert

GOLD FOUNDING DONOR - \$5,000 - \$9,999

One lifetime membership in CRSO Society; 10 complimentary Season Tickets per season for life; Permanent recognition in program and on website for life; Permanent recognition on entry way plaque; Corporate / Business logo permanently displayed in program and website; Permanent half-page ad in program for each concert

SILVER FOUNDING DONOR - \$2,500 - \$4,999

One lifetime membership in CRSO Society; 8 complimentary Season Tickets per season for life; Permanent recognition in program and on website for life; Permanent recognition on entry way plaque

CONCERTMASTER'S CIRCLE - \$1,000 - \$2,499

One season membership in CRSO Society; 6 complimentary Season Tickets per season for one season; Recognition in program and on website

ORCHESTRA BENEFACTOR - \$250 - \$999

One season membership in CRSO Society; 4 complimentary Season Tickets per season for one season; Recognition in program and on website

MUSICIAN'S FELLOW - \$100 - \$249

One season membership in CRSO Society; 2 complimentary Season Tickets per season for one season; Recognition in program and on website

CRSO FRIEND - \$50 - \$99

One season membership in CRSO Society; One complimentary Season Ticket per season for one season; Recognition in program and on website

SPONSORSHIP OPPORTUNITIES

SEASON SPONSOR - \$4,000 AND UP

One season membership in CRSO Society (if applicable); 8 complimentary season tickets for the season; Logo / name presented on all CRSO promotional materials for the season; Recognition in program and on website

INDIVIDUAL CONCERT SPONSOR - \$1,500 - \$3,999

One season membership in CRSO Society (if applicable); 8 complimentary tickets for the concert; Logo / name presented on all CRSO promotional materials for the concert; Recognition in program and on website

INDIVIDUAL PERFORMER'S CHAIR SPONSOR (per season per chair)- \$1,200 - \$1,499

One season membership in CRSO Society (if applicable); 4 complimentary tickets per chair for the season; Recognition in musicians' roster in program and on website

INDIVIDUAL PERFORMER'S CHAIR SPONSOR (per concert per chair)- \$350 - \$1,199

One season membership in CRSO Society (if applicable); 2 complimentary tickets per concert per chair; Recognition in musicians' roster in program and on website

CRSO Schedule of Concerts 2014-15

- April 12, 2014 - Saturday 3 PM
- September 21, 2014 - Sunday 3 PM
- December 6, 2014 - Saturday 8 PM
- February 22, 2015 - Sunday 3 PM
- April 12, 2015 - Sunday 3 PM

**Schedule maybe subject to change.*

Buy Your Tickets Now

SEE OPPOSITE PAGE →

Adult Individual Concert Ticket - **\$10.00**

Student with ID (at door) - **\$5.00**

Adult Season Ticket - **\$25.00**

Children (17 and under) - **Free**

SCR DRIVING DOWN COSTS

Entering Fleet Deal With Enterprise

Submitted by Karen Holifield

As part of the financial improvement plan, St. Claire Regional recently entered into an agreement with Enterprise. You will see new vehicles begin to replace the ones we have. This has been done in such a way that SCR will have a presentable and safe fleet that will be leased from Enterprise and will save SCR approximately \$6000 each month.

Currently SCR has 56 vehicles in their fleet. These vehicles include cars, transit vans and box vans. The departments that have these vehicles include Family Medicine (couriers), Materials Management, HomeHealth, Hospice and Family Medical Supply. Enterprise Fleet Management proposed an agreement



that would include replacing vehicles over 100,000 miles with lease vehicles; which includes fuel management, full maintenance and collision insurance programs for a lower cost than we are currently paying.



Buy Your Tickets Now!

Adult Season Ticket \$25 ~ Adult Ticket \$10
(For 5 Concerts) (Single Concert)

Children Under 17 yrs. Free ~ University Student \$5



Name: _____ E-mail: _____

Address: _____

Adult Season Ticket - Qty. ___ Adult Ticket - Qty. ___ University Student Ticket - Qty. ___

Mail this form with payment to: CRSO, P.O. Box 441, Morehead, KY 40351

You may purchase tickets at Ky Folk Art Center, Rowan County Art Center, Coffee Tree Books or Holbrook Drug.

CRSO Schedule of Concerts 2014-15	
April 12, 2014 - Saturday at 5 pm - Ticket Required	Rowan County Middle School
September 21, 2014 - Sunday at 5 pm - Ticket Required	Morehead Conference Center
December 6, 2014 - Saturday at 8 pm - No Ticket	Morehead Conference Center - FREE
February 22, 2015 - Sunday at 5 pm - Ticket Required	Morehead Conference Center
April 12, 2015 - Sunday 5 pm - Ticket Required	Whetherby Gymnasium

*The following comments are from
SCR patients that completed our Press Ganey
patient satisfaction surveys in February*

AMBULATORY SURGERY

Kim Clark, RN took really good care of me. Thank you Kim. This appointment was scheduled quickly for me by Tamera Crager, RN.

EMERGENCY DEPT

Dr. Paul Turley is an excellent physician with very good bedside manner. He was friendly and explained my problems and treatment in an understandable way.

Pam Copher, APRN and Phelan Bailey, RN were great.

HOME HEALTH

Good service. Thank you Pam Compton, RN; Carrie Emmons, PT and Larry Hutchinson, PTA.

I was very pleased with my total experience. Alissa Musser-Elliott, PTA was very good at her job and very friendly.

Melinda McGlone, RN is the friendliest and best home health nurse.

Missy Lillard, RN is a very good person and really nice to talk to.

Debbie Blankship, RN is my nurse and is very good. She cares about me and is very friendly and caring.

Pam Evans, RN has been great. We love her to pieces. Wouldn't give her up.

Pam Compton, RN has been my nurse each time and she is excellent.

INPATIENT

Nurse Ruth Russell was outstanding.

Dr. Mitchell is wonderful!

Dr. Atish Patel was very good with our son. He showed concern, truly cared and explained everything very well. We were very happy to of had him.

The doctor's office called to check on our son after he came home. I would like to say thank you because it shows there are doctors out there who really care. We truly believe Dr. Atish Patel is one of those doctors. Thank you!

Both Dr. Hatton and Dr. Banks were great. This is my 3rd child with a different doctor each time and Dr. Hatton is by far the best doctor I've had. She respected my wishes and understood what I wanted. I would recommend her to anyone!

I remember Merry Jo Cloud, RN and a girl she was training. She was so nice. You could tell she cared about her job and the people. Always a smile.

Merry Jo Cloud, RN treated me nice.

Dr. Willie Lawson is by far the finest physician I have encountered in 67 years and I would gladly become one of his patients if he were staying in Morehead!

Tabetha Harmon, CLA-2 done a great job with blood draw.

Dr. Mitchell was excellent and always took time to answer my questions.

Dr. Lawson was excellent!

MEDICAL PRACTICE

My first visit with Dr. Brown was great. He is also my mom's doctor.

Dr. Hatton is the best doctor I have ever been to. She really is concerned about her patients.

Dr. Rucker and the entire staff are professional, polite and appear to work well together.



HIGHLIGHTING
Our Champions

Governor's Commonwealth Institute for Parent Leadership

EASTERN KENTUCKY - 2014



➔ What is the Governor's Commonwealth Institute for Parent Leadership?

The Governor's Commonwealth Institute for Parent Leadership provides leadership training that gives Kentucky parents, caregivers, and mentors the skills and tools necessary to become more involved in enhancing the academic achievement of all students in their child's school.

➔ Who will participate?

The institute is open to all parents and caregivers, mentors and other adults who work with students in the 32 county service region of Morehead State University & University of Pikeville, which includes the following counties: Bath, Bell, Boyd, Breathitt, Carter, Clay, Elliott, Estill, Fleming, Floyd, Greenup, Harlan, Johnson, Knott, Knox, Lawrence, Lee, Leslie, Letcher, Lewis, Magoffin, Martin, Mason, Menifee, Montgomery, Morgan, Owsley, Perry, Pike, Powell, Rowan, Wolfe.

➔ How many adults will participate?

An application process is used to select up to 30 participants from applications submitted by parents, caregivers or mentors from Eastern Kentucky. Once participants are identified, an orientation meeting will be held to learn more about the purpose of the training and expectations of the institute.

➔ What are participants in the institute trained to do?

Participants will be trained in leadership and communication skills, provided information that includes achievement data and an explanation of Kentucky's public education system resulting in a better understanding of the system and resources available. Training will enable them to work more effectively with other parents in their school to improve student achievement by designing and completing a project in their school or district. Mini-grants are provided to help fund the expenses of the project.

➔ Where will the institute sessions be held?

The first session of the eastern Kentucky institute will be held at the Hampton Inn in Morehead, KY. The last two sessions will be held at Carter Caves State Resort Park, Olive Hill, KY.

➔ How much does this training cost?

The institute is provided at NO COST to all participants; all expenses including meals, overnight accommodation and materials will be provided. The value of the training is approximately \$5,000 per participant over a two-year period.

➔ Who manages the Governor's Commonwealth Institute for parent Leadership?

The Governor's Commonwealth Institute is managed and staffed by personnel from the Prichard Committee for Academic Excellence, a non-partisan, non-profit, independent citizens-advocacy group. Since 1983, the committee, made up of volunteer parents and citizens from across Kentucky, has worked to improve all forms of public education in the Commonwealth.

How does someone apply to participate in the Governor's Commonwealth Institute for Parent Leadership?

- To apply online, visit our web page at www.gcipl.org and click on "Apply Now" on left hand side of screen, complete the Eastern KY application.
- To have an application sent to you, contact Lou Ann Cavenee-Ramos at **859-351-9420** or send an email to lramos@prichardcommittee.org
- For general information about the program, call Molly Toney at **859-233-9849 ext. 226**, or send an email to mtoney@prichardcommittee.org

Governor's Commonwealth Institute for Parent Leadership

Hampton Inn

August 15-16, 2014

500 Hampton Way, Morehead, KY 40351

Carter Caves State Resort Park

September 12-13, 2014

and November 21-22, 2014

344 Caveland Drive, Olive Hill, KY 41164

Attendance at all trainings is required | Deadline for applications: April 30, 2014 | Orientation date to be announced

LIVING WITH ARTHRITIS?

FREE HEALTH SCREENINGS
WEDNESDAY, APRIL 2 • 9:00 A.M. - NOON

ANKLE BRACHIAL INDEX | BONE DENSITY | BLOOD PRESSURE
BMI | PULMONARY FUNCTION TEST | CHOLESTEROL | GLUCOSE

- SCR PHYSICAL THERAPY** will be giving carpal tunnel screenings and joint flexibility measurements. Also, they will provide Information about living with and treating arthritis.
- SCR LABORATORY** will be offering free glucose and cholesterol screenings.
- PHI** will provide blood pressure and Pulse/oxygen rate testing.
- GATEWAY DISTRICT HEALTH DEPARTMENT** will be providing the BMI test and giving nutritional information.
- SCR RESPIRATORY** will be giving the pulmonary function test.
- SCR DIAGNOSTIC IMAGING** will be offering bone density testing.

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FAMILY MEDICAL SUPPLY
Located just off I-64 at Morehead Exit 137
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FOR MORE INFORMATION:
contact Crystal Dunaway at 606.784.2414
or visit www.st-claire.org
HOURS: Monday - Friday 8:00 a.m. - 6:00 p.m.
Saturday 10:00 a.m. - 2:00 p.m.

St. Claire Foundation

Accepting Scholarship Applications

Submitted by Tom Lewis

MOREHEAD, KY. – Applications for the St. Claire Foundation's 2014 Richard J. Bausch Family Scholarship and Sister Mary Jeannette Wess SND Scholarship are now available.

- The Bausch scholarship is an annual \$1,000 award intended to assist a college student from Appalachia who is pursuing a health sciences degree.
- ✓ To qualify, an applicant must be a pre-professional health sciences student enrolled in a community/technical college or university program and a resident of an Appalachian county as defined by the federal government.

The Richard J. Bausch Family Scholarship is funded by an endowment that was established in memory of the father of Gregory Bausch, PharmD, VP/SCR, COO/SCMG.

- To qualify for the \$750 Sister Mary Jeannette Wess S.N.D. Scholarship, you must:
- ✓ Be at least a college junior by Fall Semester 2014
- ✓ Be working on a bachelor's degree or higher in any degree program at an accredited college or university
- ✓ Have graduated from a high school in one of the following: St. Claire Regional service-area counties: Bath, Carter, Elliott, Fleming, Lewis, Magoffin, Menifee, Montgomery, Morgan, Rowan or Wolfe
- ✓ Be able to demonstrate academic achievement, leadership, service and financial need.

The Sister Mary Jeannette Wess S.N.D. Scholarship is named in honor of SCR's president/CEO from 1983-1995. Prior to her death in January 1996, she requested that donations be made to establish a scholarship fund to assist students from SCR's service region.

The application deadline for both scholarships is May 30.
For more information or to request a scholarship application, contact Tom Lewis, St. Claire Foundation Executive Director, at (606) 783-6511 or via email at telewis@st-claire.org.

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reg \$11.80
SALE \$8.99



BIOFREEZE®

BUY ONE GET ONE 1/2 OFF
Available in 4oz. tube, 3oz. roll on, 4oz. spray and 16oz. pump bottle. Soothes aching muscles and delivers fast pain relief. Great for arthritis, neck pain, back pain and sore muscles. Apply Biofreeze right where it's needed and without any mess.



**FREE
SAMPLES**

**20%
OFF**

**ALL LIFT
CHAIRS**





SCR Staff Notice

SCR Cafeteria Changes - Effective March 17, 2014

As a part of SCR's financial improvement plan that was described in the letter sent to all SCR staff a couple of weeks ago, the following changes in SCR's Cafeteria will begin Monday, March 17, 2014:

- SCR staff cafeteria discount will be **30%** instead of 40%.
- The cafeteria will no longer be open during the 3rd shift.

New Cafeteria Hours of Operation 6:30 a.m. to 7:00 p.m.

Meals Served at the following times:

Breakfast 6:30 a.m. to 10:00 a.m.

Lunch 11:00 a.m. to 2:00 p.m.

Dinner 4:30 p.m. to 7:00 p.m.

Closed 7:00 p.m. to 6:30 a.m. the following day.

Vending machines with sandwiches and snacks are now available in the 3rd floor north waiting area. Currently they are cash only but very soon they will accept credit/debit cards.

Happy Birthday


 APRIL
4/1

Evelyn F Harr 3rd Floor North
Jerry Randel McCleese Information Services
Leah-Ann M Owens Home Health

4/2

Valerie Prater Campbell Marketing and PR
Dianna K Davis Laboratory
Jenny R. Hamilton Food Services
Jill Ann Henry Human Resources
Vennie E Logan MMS Clinical Services
Sherry L. Parson Home Health

4/3

Theresa G Hollan Ultrasound
Gannett Paul Monk Infusion Solutions

4/4

Erika Scott Jent 3rd Floor Central
Beth A Lambert Cave Run General Surgery
Carmaleta Oney Central Billing Office

4/5

Debra K. Barker Laboratory
Linda M Westerman Respiratory Therapy

4/6

Lucille J. Diehl FM - Frenchburg

4/7

Edward J Scott MMS Clinical Services
Taylor J. Williams Information Services

4/8

Richard L Shutt Pharmacy

4/9

Lee A Helvey MMS Clinical Services
Kathy A Mays Rehab Unit

4/10

Timothy L Brown SPD
Amanda Paige Fosson Infusion Solutions
Wendy M Jarrett Human Resources
Rosella Jean Littleton FM - Olive Hill
Danielle Larae Owens Emergency Department

4/11

Thomas Earl Meade Information Services

4/12

Mary Elizabeth Dailey Patient Access
Krista Marie Havens Patient Financial Services
Kennie Jean Nolan Cave Run General Surgery
Keshia D Rowe Emergency Department

4/13

Cynthia Gulley Central Billing Office
Summer Brittani White Home Health
Terri Nicole Winkleman AHEC

4/14

Freda Marnell Hughes FM- Owingsville
Marie Lemaster OPCC
Lisa R Lytle Patient Financial Services
Brenda Elizabeth May Environmental Services
Cathy White Patient Access

4/15

Barbara A Wilson 3rd Floor North
Robert Francis Berger Environmental Services
Melissa Jane Cron Infusion Solutions
Risa L. Elam SCR Mammography
Mary Phillips Cave Run General Surgery
Lori Faye Wright Hospice

4/16

William Louis Melahn Administration
Sharon Smith Oldham Respiratory Therapy

4/17

Lois Callahan Respiratory Therapy
Karen Holifield Administration
Jessica Lynn Negron Food Services
Angela K. Ramey ICU

4/18

Edgar Creech Facilities Management
Amanda Lashae Skaggs Social Services

4/19

Kathy L Lobo Infusion Solutions
Sigrid Oline Turner Radiology
Susan Leaberry Victor Pharmacy

4/20

Traci S Blevins Central Billing Office
Caryn R Grim Radiology
Anita Frances Hampton Health Information Mngt.
Harper M Wells Patient Access

4/21

Tamera Lynn Crager Behavioral Health Unit
Norma Sue Kelsey Outpatient Center
Jana M Moore 3rd Floor Central
Regina Ann Thompson Gift Shop/ Auxiliary

4/22

Stephen D Damron MMS Clinical Services
Shelley Ann Green MMS Clinical Services
Rebecca Danyell Lewis Health Information
Management
Jo Ann E West Family Medical Supply

4/23

Robert V Cox Cardiology
Denzil Keeton Respiratory Therapy
Chelcee Elizabeth O'Cull 4th Floor Nursing
Leah Marie Stinson Home Health

4/24

Kathy J Erwin MMS Administration

4/26

Muhammad Anwar Anesthesia Professionals
James Toby Arnold MMS Clinical Services
Mitchell Sky Estes Central Transport
Sandra Dee McClain Same Day Surgery

4/27

Julie A Butler Surgery
Kayla Dawn Daulton Home Health
Selena Rae Sloan Home Health
Jennifer Hope Stacy-Bonot 3rd Floor Central
Christopher Lee Trusty Environmental Services

4/28

Michelle F Bailey MMS Clinical Services
Philip C Overall Emergency Physicians
Aleisha Noele White 3rd Floor North

4/29

Eric Dickerson Speech Therapy
Sheila Lynn Hamilton Podiatry
Emily Sue Mason Anesthesia Professionals
Nancy Jane Waltz Quality Management

4/30

Travis A Bailey Human Resources
Stacy D Bond Same Day Surgery
Sally Dehart Environmental Services
Stephanie B Harris FM - Olive Hill



UPCOMING C.E. Programs

March 21 | Tumor Board

8:00 - 9:00 AM

TC Conference Room

Credit: ACPE, Category 1 AMA

April 2 | Journal Club

8:00 - 9:00 AM

SCR Education Room

Credit: Category 1 AMA

April 4 | Tumor Board

7:30 - 9:00 AM

TC Conference Room

Credit: ACPE, Category 1 AMA

April 8 | Morbidity & Mortality

8:00 - 9:00 AM

SCR Education Room

Credit: Category 1 AMA

April 8 | BLS Check Off

1:00 - 4:00 PM

CHER 102C

RSVP with KaSandra Hensley at ext. 6830
or KNStone@st-claire.org

April 18 | Tumor Board

8:00 - 9:00 AM

TC Conference Room

Credit: ACPE, Category 1 AMA

April 24 & 25 | ACLS Provider

8:00 AM - 4:00 PM

CHER 102C

RSVP with KaSandra Hensley at ext. 6830
or KNStone@st-claire.org

"Keys to Success"



Submitted by Brenda Cundiff

On February 17, 2014 the operating room implemented a "Keys to Success" Program. The new program recognizes one staff member per week that has went above and beyond to make sure that their patient is the number one priority. Each staff member's name is placed on a key, along with their accomplishments for each week.

The winner each week is recognized among their peers and given a small token of our appreciation. The program has been empowering for staff and has also been an instrumental part in improving our Press Ganey scores, along with patient satisfaction. Our first three recipients to be recognized were April Knight, SST; Carri Hicks, CRNA and April Johnson, RN. I am very proud to be a part of such a dynamic, dedicated group of people and I see the "Keys to Success" program being a great success going into the future.



April Knight, SST; Carri Hicks, CRNA and April Johnson, RN

BOOKS ARE FUN BOOK FAIR

Date: Thursday, March 27 - Friday, March 28

Location: Café D

Time: March 27 • 10 a.m. - 4 p.m.
March 28 • 7 a.m. - 3 p.m.



For more information, contact Roberta Gilbert at ext. 6514 or rogilbert@st-claire.org

Family Medical Supply Living With Arthritis

Free Health Screening Event

Date: Wednesday, April 2

Location: Family Medical Supply

Time: 9 a.m. - Noon

For more information, contact Crystal Dunaway at 606.784.2414 or Crystal.Dunaway@st-claire.org



Camp SMILE FUNDRAISING NIGHT

Date: Friday, March 28

Location: Chick-a-Biddy, Mt. Sterling

Time: Starts at 5 p.m.

For more information, contact Maria Terrell at 606.783.6880 or materrell@st-claire.org



222 Medical Circle • Morehead, KY 40351

Have an article
or event to submit
for the Newsbrief?

St. Claire Regional Medical Center
NEWSBRIEF

Please send articles and/or information to be placed in the SCR Newsbrief to nick.bear@st-claire.org.

Visit the SCR web site at www.st-claire.org/newsbrief to read past editions of the SCR Newsbrief

NEED A CAMERA TO
COVER A SCR EVENT?



The Marketing/PR Dept. has several cameras available for loan. Contact ext. 6419 for more information.