

St. Claire Regional Medical Center

NEWSBRIEF

Please Welcome the Newest Members of SCR's Medical Staff
Focus on Hand Hygiene

2-3
4

FMS Father's Day Sale

Men's Health Month: Men and Depression

6-7
8

SCR
ACHIEVES **STAGE 6**
of the HIMSS Analytics Electronic
Medical Record Adoption ModelSM

 **TOP 14%**
of All U.S. Hospitals
According to HIMSS Analytics

St. Claire Regional recently achieved a Stage 6 status in the HIMSS Analytics Electronic Medical Record Adoption ModelSM (EMRAM), which is an eight-step program that measures SCR's level of electronic medical record adoption and tracks our progress against other healthcare organizations across the country.

Receiving a Stage 6 designation places SCR in the top 14% of all hospitals in the United States according to HIMSS Analytics. This is a huge accomplishment for our organization, and proves that SCR is near the top in terms of implementing electronic medical records.

SCR staff have been working diligently over the last few years to make patient medical records electronic, along with scheduling, registration, billing, lab systems

and imaging systems. On July 1, 2014, SCR plans on launching the myhealth patient portal, which will provide SCR patients with access to their medical records and soon allow them to view their next appointments and view their medical bills.

Randy McCleese, CHCIO, FCHIME, FHIMSS, SCR's VP of Information Services and CIO said, "The EMRAMSM model is a tool that has been used for several years in the healthcare information technology industry to measure the adoption of electronic records. Achieving HIMSS Analytics EMRAMSM Stage 6 is a tribute to the staff at St. Claire Regional who have worked so hard in the past few years to implement electronic medical records. Thank you to everyone who has worked to make this possible."

According to HIMSS Analytics, becoming a Stage 6 institution means that SCR has established clear goals for improving safety, minimizing errors and prioritizing new IT technologies into our electronic medical records. HIMSS Analytics defines the next level, Stage 7, as becoming completely paperless, which SCR is in the progress of achieving.

In a letter from HIMSS Analytics, recognizing our accomplishment, H. Stephen Lieber, CAE, President & CEO, HIMSS, said, "We know that it takes executive commitment, support and a great team of healthcare professionals to achieve this pinnacle level."

Please Welcome the Newest Members of St. Claire Regional's Medical Staff

EMERGENCY MEDICINE

Adam W. Scrogam, MD

EMERGENCY MEDICINE PHYSICIAN



Adam W. Scrogam, MD, recently joined the emergency department medical staff at St. Claire Regional. He earned his medical degree at the University of Missouri-Columbia School of Medicine. He completed his residency at the University of Kentucky in emergency medicine

where he also served as Administrative Chief Resident.

Scrogam enjoys college basketball and has previously served as medical staff for the University of Kentucky men's basketball team. He also enjoys lots of outdoor activities including, hiking, hunting, fishing, golfing, boating and sailing.

W. Brandon Pace, MD

EMERGENCY MEDICINE PHYSICIAN



W. Brandon Pace, MD, recently joined St. Claire Regional's emergency department medical staff. He completed his undergraduate degree at Morehead State University and completed his medical degree from East Tennessee State University Quillen College of Medicine. He completed his residency at the

University of Kentucky in emergency medicine.

FAMILY MEDICINE

Amanda L. Ramey, DO

FAMILY MEDICINE PHYSICIAN



Amanda L. Ramey, DO, will be joining St. Claire Regional's medical staff and family medicine practice full-time in August, 2014.

Ramey earned her medical degree at the Pikeville College School

of Osteopathic Medicine in Pikeville and she completed her residency through the University of Kentucky Family Medicine Residency Rural Training Track.

She has been serving the area since 2012 as a resident at the St. Claire Regional Family Medicine location in Morehead where she is now excited to build her full-time medical practice as she continues to care for the people of our region. She has a special interest in obstetrics.

Her Hobbies include reading, hiking, and spending time with her family. "I'm looking forward to continuing to contribute to the health and well-being of the families in this area," she says.

Amanda L. Ramey, DO, is now accepting new patients. To make an appointment with Dr. Ramey or any of the St. Claire Regional Family Medicine providers in Morehead, please call 606.784.3771.

SURGERY

Victor J. Pilewski, MD

GENERAL SURGEON



Victor J. Pilewski, MD, will be joining the medical staff at Cave Run Surgical Specialists, a service of St. Claire Regional in July 2014.

Pilewski completed his medical degree

at Pennsylvania State University College of Medicine in Hershey, Pennsylvania. He completed his internship and residency at University of Kentucky College of Medicine in Lexington, KY.

In his spare time, he enjoys fishing, camping, cooking and woodworking. "I am excited about providing care to the people in the Morehead area," Pilewski says.

Victor J. Pilewski, MD is now scheduling and accepting new patients. To make an appointment with Dr. Pilewski, or any of our surgeons at Cave Run Surgical Specialists, call 606.784.7551 or 866.312.7369.

PSYCHIATRY

Rashid S. Chaudhry, MD

PSYCHIATRIST



Rashid S. Chaudhry, MD, recently joined the behavioral health medical staff at St. Claire Regional. He specializes in adult psychiatric care.

Prior to moving to the Morehead area, Chaudhry spent 10 years as the Medical Director of Adult Services for Meadows Psychiatric

Center and 2 years with Enlighten Psychiatric Services. Chaudhry completed his medical degree at Nishtar Medical College in Multan, Pakistan. He completed his residency in psychiatry at the University of Louisville.

Chaudhry says he is looking forward to serving the patients in our community, "I am very excited to move to the Morehead area and serve the senior adult population by establishing a program to help take care of any unmet needs."

Rashid S. Chaudhry, MD, is now accepting new patients. For more information about SCR's behavioral health services or to schedule an appointment with any of the providers at St. Claire Counseling, call 606.783.6805.



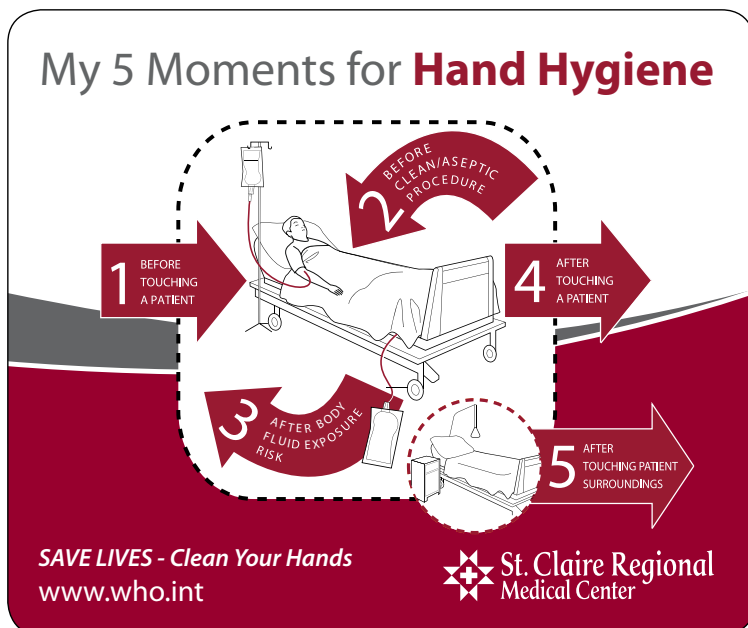
Focus on Hand Hygiene

SAVE LIVES - Clean Your Hands

Submitted by Jan Horn

The World Health Organization (WHO) focuses on global efforts to improve hand hygiene every year on May 5th. In celebration of WHO global hand hygiene efforts, SCR focused the month of May on hand hygiene and the role it plays in providing safe healthcare to patients. Hand hygiene is important to everyone who works at a healthcare facility, including registration clerks, environmental services, nurses and physicians. **We all play a hand in providing safe health care.**

SAVE LIVES Clean Your Hands by performing hand hygiene correctly and at the right moments according to the **WHO's 5 Moments of Hand Hygiene**. Throughout the hospital signs will be posted as a reminder of the correct way to perform handrub, handwash and the 5 moments. These signs can be used to educate visitors, patients and their families on how to perform correct hand hygiene. Performing correct hand hygiene is important for HCW, visitors, patients and their family members in preventing HAI. Please encourage and remind each other to perform correct hand hygiene practices.



Hand Hygiene Facts:

- Hand hygiene is the single most important procedure for preventing the transfer of microorganisms thus preventing healthcare-associated infections (HAI)
- Hand Hygiene is required not only to protect patients but the healthcare worker (HCW) as well
- Microorganisms can survive on HCW hands from 2-60 minutes (without proper hand hygiene)
- Defective hand hygiene (e.g. insufficient amount of product or insufficient duration and poor technique when performing) has been associated with outbreaks and endemics in healthcare

Healthcare-associated Infections (HAI) facts:

- Each year 1.7 million infections & 99,000 associated deaths related to healthcare-associated infections (HAI)
- HAI cause patients pain, suffering and increased hospital stay
- Contribute to \$28-33 Billion in excess healthcare cost each year
- Every day about 1 in every 20 hospitalized patients acquire an HAI
- HAIs are the most common complication of hospital care
- Insurance companies, Medicare and Medicaid do not reimburse/pay for the care that is needed to treat HAIs

SAVE LIVES - Clean Your Hands





Newborn & Breastfeeding Classes

offered by St. Claire Regional Family Medicine

Newborn Care Class

June 19, July 24 & August 21, 2014
6:00 - 8:00 p.m.
Presented by Alyssa Hunter, MD

Breastfeeding Class

June 12, July 17 & August 14, 2014
6:00 - 8:00 p.m.
Presented by Franny Meritt, CNM

For more information about these classes contact Edna Gagliano at 606.783.7554
or call our Family Medicine location in Morehead at 606.784.3771.

St. Claire Regional
Family Medicine
MOREHEAD

FATHER'S DAY

JUNE 2 - JUNE 14

Special



\$649⁹⁹
special sale price

Reg: \$900⁰⁰
Golden Technologies®: Monarch Plus

**SAVE
20%**
All Lift Chairs*
* including custom orders

Sit and recline – lift and stand with the touch of a button

- Over 20 models available (many models in stock)
- 5 size options including XXL
- Over 40 fabric color options
- Heat and massage available
- Lifetime manufacturer warranty on PRIDE® and Golden Technologies® lift mechanism

FREE DELIVERY
Within a 50 mile radius

NOT VALID WITH ANY OTHER OFFER

**Located just off I-64
at Morehead-Exit 137**

Kroger Shopping Center across from LOWE's

**St. Claire Regional
FAMILY MEDICAL SUPPLY**

Monday- Friday 8 am - 5 pm | Saturday 10 am - 2 pm
1-877-784-2414 606-784-2414



20% off SHOES

We Carry: Brooks • Landau • Orthofeet • Sanita

Certified therapeutic shoe fitter on staff to provide the best shoe to fit your needs.



\$39⁹⁹
reg. \$49⁹⁹

Cinch-Loc™ Back Support

Reduces the load on the lumbar discs and often provides immediate pain relief

Men's Bifocal & Reader Sunglasses

BUY ONE
GET ONE **FREE**

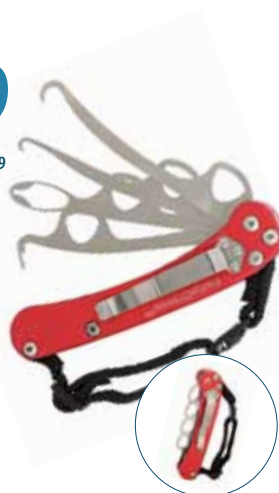


Bifocal Strengths:
+1.0 to +3.5

\$14⁹⁹
reg. \$19.99

Pocket Dresser by Briggs

- Large button hook for thick denim jean buttons.
- Small button hook for tiny shirt buttons.
- Closed loop buttoner for use on delicate materials.
- Zipper pick to pull up zippers, pry out buried zipper tabs or help untangle shoelace knots.



\$5 OFF
TheraBeads®



TheraBeads® deliver moist heat safely and effectively without the use of water or electricity. When heated in a microwave oven, TheraBeads® release their retained moisture, providing pain relieving therapeutic moist heat.

BACK & JOINT PAIN RELIEF

10% off
BIOFREEZE



10% off Wellness Mats



Sizes: 6' x 2' or 3' x 2'
Color: Tan, Black, Burgundy
Motifs: Trellis and Bella

- Edges will never curl
- No-trip ¾ beveled edge
- Anti-microbial, by design
- Puncture & heat resistant
- Stain & dirt resistant
- Easy to clean
- Safe & non-toxic (PVC-Free)

Monday - Friday | 8 am - 5 pm

Saturday | 10 am - 2 pm

1-877-784-2414 606-784-2414

St. Claire Regional
FAMILY MEDICAL **SUPPLY**

Men's Health Month:

MEN AND Depression SPOTLIGHT

Submitted by Melissa McKenzie

Both men and women get depression, but men can experience it differently than women. When a man has depression, he has trouble with daily life and loses interest in anything for weeks at a time. Although women with depression are more likely to attempt suicide, men are more likely to die by suicide.

Due to the stigma surrounding mental illness, many men do not recognize, acknowledge or seek help for their depression. Depression is a real and treatable illness. It can affect any man at any age. With the right treatment, most men with depression can get better and gain back their interest in work, family and hobbies.



Signs and Symptoms of Depression in Men

1. Feeling sad or "empty"
2. Feeling hopeless, irritable, anxious or angry
3. Loss of interest in work, family or once-pleasurable activities
4. Feeling tired
5. Not being able to concentrate or remember details
6. Not being able to sleep or sleeping too much
7. Overeating, or not wanting to eat at all
8. Thoughts of suicide or suicide attempts
9. Aches or pains, headaches, cramps or digestive problems
10. Inability to meet the responsibilities of work, caring for family or other important activities

FOR MORE INFORMATION, contact St. Claire Counseling at 606.783.6805.

Interdisciplinary Grand Rounds CLINICIANS IN THE COMMUNITY

REGULARLY SCHEDULED SERIES

When: June 18, 2014 @ 12:30 pm

Where: **CHER 102D**
316 West 2nd St. Morehead, KY

Presented by: **Mattie H. Burton, Ph.D.**
Director, Learning & Organizational Development
St. Claire Regional Medical Center

Credit: **CME: Category 1 AMA**
Pharmacy: ACPE 

Questions: Please e-mail kasandra.hensley@st-claire.org
or call 606.783.6830



The Northeast Kentucky Area Health Education Center is accredited by the Kentucky Medical Association (KMA) to sponsor continuing medical education for physicians. The Northeast Kentucky AHEC designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credits. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The Northeast Kentucky Area Health Education Center is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. The Northeast Kentucky AHEC designated this activity for a total of 0.1 CEUs. This is a knowledge-based CPE Activity. ACPE Universal Program

#0193-0000-13-010-L04-P.



St. Claire Regional Welcomes
**NEW
STAFF**

Brittany JoAnna Barker
Patient Access

Cheryl Annette Barker
Behavioral Health Unit

Lori K Caswell
Cave Run General Surgery

Jill Ann Caudill
Environmental Services

Jordan Clevenger
Patient Access

Teresa E Cooper
Environmental Services

Lisa Lynn Crabtree
Behavioral Health Unit

Sheena Dawnae Harris
Family Medical Supply

Autumn Brooke Hayes
Infusion Solutions

Crystal Leigh Kirk
Behavioral Health Unit

Geoffrey Co Sy
Materials Management

Jumell Wilson
Central Transport



St. Claire Regional is Launching
myhealth patient portal on

JULY 1

Your **FREE** Online Tool for
Accessing Your Healthcare
Information

More Information to Come

COME SEE HOW WE CAN TAKE YOU from **now** to **“WOW”**

SkinMedica® is the #1 medically dispensed, prescription-strength skin care system that can actually transform your skin. It's clinically shown to improve the appearance of fine lines and wrinkles, skin tone, texture and resiliency.

Call for your FREE skincare consultation today!

Lytera®
SKIN BRIGHTENING COMPLEX

TNS
ESSENTIAL SERUM®

TNS
RECOVERY COMPLEX®

Located on first floor of
St. Claire Regional Medical Center
*GIFT CERTIFICATES AVAILABLE



WOMEN'S IMAGING & AESTHETICS

 St. Claire Regional
Medical Center



BOTOX®
Cosmetic
onabotulinumtoxinA injection

Latisse®
(bimatoprost ophthalmic solution) 0.03%

Juvederm®
ULTRA XC

Juvederm®
VOLUMA® XC

SkinMedica®
An Allergan Company

606-783-6760

UPCOMING C.E. Programs

June 6 | Tumor Board

7:30 - 9:00 AM
SCR Teleconference Room
Credit: ACPE, Category 1 AMA

June 10 | Morbidity & Mortality

8:00 - 9:00 AM
SCR Library - Education Room
Credit: ACPE, Category 1 AMA

June 10 | BLS Check Off

1:00 - 4:00 PM
CHER 102C
RSVP with KaSandra Hensley at ext. 6830
or kasandra.hensley@st-claire.org

**June 18 | Interdisciplinary
Grand Rounds**

12:30 - 1:30 PM
SCR Library - Education Room
Credit: ACPE, Category 1 AMA

June 20 | Tumor Board

8:00 - 9:00 AM
SCR Teleconference Room
Credit: ACPE, Category 1 AMA

July 2 | Journal Club

8:00 - 9:00 AM
SCR Library - Education Room
Credit: ACPE, Category 1 AMA

July 4 | Tumor Board

7:30 - 9:00 AM
SCR Teleconference Room
Credit: ACPE, Category 1 AMA

July 8 | Morbidity & Mortality

8:00 - 9:00 AM
SCR Library - Education Room
Credit: ACPE, Category 1 AMA

July 8 & 15 | BLS Check Off

1:00 - 4:00 PM
CHER 102C
RSVP with KaSandra Hensley at ext. 6830 or
kasandra.hensley@st-claire.org



**St. Claire Regional
Medical Center**

222 Medical Circle • Morehead, KY 40351

BREASTFEEDING CLASS

Presented by Franny Meritt, CNM

Date: Thursday, June 12

Location: Family Medicine location in Morehead

Time: 6 p.m. - 8 p.m.

For more information contact
Edna Gagliano at ext. 7554 or call the
Family Medicine location in Morehead at ext. 3771

INTERDISCIPLINARY GRAND ROUNDS

Clinicians in the Community

Date: Wednesday, June 18

Location: CHER 102D

Time: Starts at 12:30 p.m.

For more information contact
KaSandra Hensley at ext. 6830
or KaSandra.Hensley@st-claire.org



NEWBORN CARE CLASS

Presented by Ashley Hunter, MD

Date: Thursday, June 19

Location: Family Medicine location in Morehead

Time: 6 p.m. - 8 p.m.

For more information contact
Edna Gagliano at ext. 7554 or call the
Family Medicine location in Morehead at ext. 3771

Have an article
or event to submit
for the Newsbrief?

St. Claire Regional Medical Center
NEWSBRIEF

Please send articles and/or information
to be placed in the SCR Newsbrief to
nick.bear@st-claire.org.

Visit the SCR web site at
www.st-claire.org/newsbrief to read
past editions of the SCR Newsbrief

NEED A CAMERA TO
COVER A SCR EVENT?



The Marketing/PR Dept. has several cameras
available for loan. Contact ext. 6419 for more
information.