

St. Claire Regional Medical Center

NEWSBRIEF

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Foundation President's Luncheon

Honoring the Generosity of SCR's Society Members

SCR's annual Foundation President's Luncheon was held on Thursday, Oct. 10 at the CHER building to commemorate the many members of the St. Claire Society and their generous support to the St. Claire Foundation. The St. Claire Society represents our most generous supporters who have donated \$10,000 or more to the St. Claire Foundation since it was opened in January of 2000.

Mark J. Neff, SCR President/CEO, began his presentation centered on the many updates, expenditures and additions to St. Claire Regional over the last year. He included a summary of SCR's latest physicians, renovations to our 5th floor and the purchase of advanced medical equipment. Attending society members were well informed on all the great things they're donations were being used for.



Left to Right: Mark J. Neff, SCR President/CEO; Dr. and Mrs. Craig H. Burrows; and Steve Lewis, Executive Director of the St. Claire Foundation during the presentation of plaques to SCR Society Members advancing to a higher support level.

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Mark J. Neff, SCR President/CEO; and Paul Hollan with Cardinal Office Products

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Neff's presentation ended with the SCR 50th Anniversary documentary, which included a history of our organization, and commentary from past and present staff.

After the video, Tom Lewis, Executive Director of the St. Claire Foundation, recognized the Society donors. The St. Claire Society is split into seven different categories based on the total amount donated from each individual, business or estate. Members who advanced to a higher category over the last year were recognized with a plaque.

The Foundation President's Luncheon was a great event with an excellent purpose; to commemorate the generous individuals that make up the St. Claire Society. Donations from the Society are a very important factor in the growth of SCR and the continuation of our mission in eastern Kentucky.

SCR's 50th Anniversary Staff & Family Celebration



SCR's 50th Anniversary Staff & Family Celebration on Oct. 8 at Harold White's Picnic Area had an amazing turnout. The event was filled with great food, prizes and games that made sure all who showed up had a good time.

After parking at Rowan Co. High School and taking a bus over to the picnic area, SCR staff and their families were greeted by a spectacle of things to do. By noon, most of the crowd was enjoying hot dogs, chuckburgers and great tasting ribeye sandwiches over at the picnic table area. On the opposite side of the picnic area, kids enjoyed a line of inflatables, including basketball, two bounce houses and a giant slide. A very tall rock wall stood beside the

inflatables, which seemed to be one of the biggest hits at the picnic. Next to that, a Schwan's ice cream truck handed out everyone's favorite treats.

In the middle of it all, Mark J. Neff, SCR President/CEO, called out names of those who won many great prizes. The names were called out once every hour and the prizes included Ipads, TV's, Kindles, Bicycles, Grills, Gift Cards and more. In total, there were 47 SCR staff members who won prizes. Also, in the center of the festivities, three signs were hung to recognize employees who received gold, silver or bronze status in the sunflower staff recognition program. All of those employees recognized were given a gift card.



Trunk-or-Treat

October 26, 2013



We need your help!

To volunteer to set up a trunk and pass out candy or to donate candy, contact:
Angel Beamon — ext. 7567 ambeamon@st-claire.org
Barb Davis — ext. 7621 bldavis@st-claire.org

St. Claire Regional Medical Center's
EMPACT
Employee Activities/CQI Team

The following comments are from SCR patients that completed our Press Ganey patient satisfaction surveys in September.

AMBULATORY SURGERY

Dr. Crouse, my anesthesiologist and my nurses and were great.

HOME HEALTH

Annette Sparks was very helpful.

My nurse, Jackie Malone was excellent. I love her.

My RN Jackie Malone was the best.

I was always treated very good and had a wonderful nurse, Julie Allen. She is the best!

My nurse was Julie Allen and she was the very best. She was so kind and helpful in every thing she done.

Julie Allen is the best! She was very knowledgeable, concerned and always kept me informed of arrival times.

Tonya Kennedy was very helpful. She is the best nurse you can have and a very caring person.

I couldn't ask for any one more awesome. Michelle Dillon is so great at her job.

We love Shannon Moore. She is nice every time she comes and is so interested in helping me with everything I mention. Always a smile on her face. She answered all of our questions. She is a great person!

Teresa Jones was my moms friend as well as her home health aid. Mom always looked forward to seeing her.

The nurse I had was Ethel Burchett. She is the best and I absolutely adored her.

My nurse Julie Allen was super good.

I completely enjoyed my experience with Michele Dillon, Shelly Brown and Tim Jones. They were very professional and helpful.

Michelle Dillon and Tim Jones worked with me in every way so I was able to reach my goals.

Melissa Lillard was very good in the handling of my care.

Ms. Annette Sparks was great and very professional.

Julie Allen is the BEST!!!

Brenda Pendelton was excellent!

I could not have asked for any better care. Shannon Moore was my nurse and she's the best!

Violet Vago was excellent. She showed concern and demonstrated knowledge, care and timeliness.

Tammy Helton is the best!

Everyone from St. Claire Regional are life savers! I love them all, including Gina Porter and Aimee Cover.

INPATIENT

Very good explanations. Jeff Hamm from lab was great.

Beth Adams and Brenda Borrows were my nurses. They were very good, helpful & friendly.

Dr. Victor and his staff were excellent. They had a great personality along with their skills.

Becky Gilreath was an exceptional nurse to me and my family. Very nice and friendly.

Dr. Mitchell was above and beyond an exceptional doctor.

Nurse Brianna Buck was wonderful, as well as Robin Donithan.

Nurse Brianna Buck was exceptional. She took excellent care of my baby and I. She was an enormous help teaching me how to breastfeed and care for my newborn. She worked non stop. St. Claire needs nurses like her.

Nurse Robin Donithan was excellent in labor and delivery. I felt very safe with her expertise.

Joy Ray did an excellent job with the epidural. I had a very good experience thanks to her.

Dr. Todd was great; very professional.

MEDICAL PRACTICE

I like everyone there. Mary Ann Brown is wonderful.

I have followed Dr. Goldstein from Morehead to Sandy Hook. She's worth the time and drive to get genuine, quality care.

Dr. Goldstein is amazing. Her mannerism, concern, and attitude make visits comfortable. It really feels like I am visiting family.



**HIGHLIGHTING
OUR CHAMPIONS**



TURKEY TROT 5K

NOVEMBER 2, 2013

CENTER FOR HEALTH, EDUCATION AND RESEARCH

REGISTRATION 8:00 A.M. • RACE 10:00 A.M.

RACE TIMING PROVIDED BY JOHN'S RUN/WALK SHOP

Early Bird Deadline: Monday, October 29th

T-shirt guaranteed to all who register prior to early deadline!

Adults: \$20 • Kids (4-12): \$10 • 3 (& under): FREE • Teams (10 or more): \$10 per person

Entry Fee after October 29th - Race Day

Adults: \$25 • Kids (4-12): \$15 • Teams (10 or more): \$10 per person

Register Online

www.turkeytrotmorehead.com

FREE HEALTH SCREENINGS
Following the Race

Proceeds Benefit

alzheimer's 
association



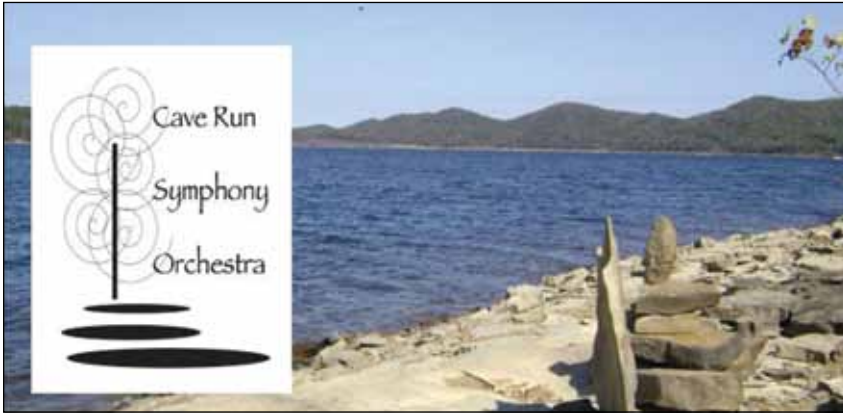
FOR MORE INFORMATION CONTACT

Mary Horsley e-mail: mahorsley@windstream.net or 606-316-7756

The Cave Run Symphony Orchestra

The First Concert and Tickets are Free

Submitted by Ewell Scott, MD, Retired MMS Physician



A free concert from the Cave Run Symphony Orchestra is taking place on December 7, 2013 at the Morehead Convention Center. This is the first concert from the professional grade orchestra made up entirely of Rowan County residents. The orchestra envisions that this will be the first of many concerts to come. Going forth, they plan on having up to four concerts a year. Everyone is invited to attend the concert at the conclusion of Hometown Holidays at 8pm on Dec. 7. For more information on the concert and the Cave Run Symphony Orchestra, please visit www.thecrso.com.

A Retired SCR Nurse Displays her Artwork on 5th Floor

Submitted by Debbie Hayes, RN

Barbara Ritchey, a retired SCR nurse, gave the current nurses on the 5th floor a surprise by showing off her artwork. Although Ritchey is in the hospital, it does not seem to dampen her bright personality and favorite hobby of painting. Ritchey showed the nurses a painting of a horse she had completed in the recent past and was even drawing more animals while hospitalized here at SCR. She told stories of the days when she was a nurse at SCR and explained how she gained a love of painting animals. The painting of the horse Ritchey brought in was just one of many pieces of artwork she had painted in her life. The realism of the painting is truly astonishing.

Ritchey said, "I painted the horse that I called Hi!! in Oct. 2007 for Mike and Michelle Wagner who own Grayfriars Arabian Farms, in upstate New York, near Buffalo. I Repainted the Hi!! Horse a second time in Sept. 2008 for the Morehead Art Guild Inc. show in Nov. 2008, at the Carl D. Perkins center. The painting was purchased by a SCR staff member and I donated the money to the Blind Veterans Foundation, which gives help to wounded and paralyzed veterans from the wars in Iraq and Afganistan. I feel the U.S. government has failed our dead and wounded veterans and whatever I can do to help them is a debt I owe to those men and women."



Barbara Ritchey holding her painting, "Hi!!"

Compassionate

Trustworthy
Amazing

A Doctor that Truly Listens and Cares

Krishna Tangirala, M.D.

INTERNAL MEDICINE PHYSICIAN



"Dr. Tangirala was patient and listened to everything I had to say. He treated me as a person as well as a patient. I have finally found a doctor who I can trust to always make me feel comfortable and accurately diagnose and treat my symptoms. Thank you Dr. Tangirala." -Billi Nell Prater

NOW ACCEPTING NEW PATIENTS

To Schedule an appointment with **Dr. Tangirala**,
Call *Morehead Medical Specialists* at **606.780.5244**.

**Morehead
Medical Specialists**

✦ St. Claire Medical Group

Pastoral Care Week, October 20th – 26th

Submitted by Sr. Judy Lambert

There have been many changes on the Pastoral Care staff in the last few months, due largely to the retirement of former Director of Pastoral Care, Judy Ramsey. Sr. Judi Lambert is now the Director of Pastoral Care and Interim Director of Mission Integration. Rev. Michael Anderson moved from part-time chaplain to full time, and Rev. Jesse Perry from PRN to part time. And the staff recently welcomed Rev. Aryn Meritt as the new PRN chaplain.

The chaplain's goal is to visit with each patient in the hospital within 24 hours of admission (or within 72 hours if the patient was admitted on a weekend). Professional chaplains working as members of the interdisciplinary health care team help patients and families address emotional, spiritual, religious and cultural needs. In addition, chaplains can help patients define their goals of care. Also chaplains can have discussions that influence treatment compliance, patient quality of life and end-of-life care.

Perhaps the most important act of healing a chaplain can perform is to empower the client, patient or family member to access his or her own spiritual and religious coping strategies. This is both the heart and challenge of chaplaincy. While chaplains are religious leaders endorsed by a particular religious community, they are responsible to provide ministry and to facilitate the free exercise of religion for all the persons in their organization. They are never asked to violate their religious convictions, nor do they pressure others to violate their convictions. They are expected to remain sensitive to the personal, moral and spiritual needs of all patients, families and staff.



SCR Pastoral Team from Left to Right: Rev. Aryn Meritt; Sr. Judi Lambert; Rev. Jesse Perry and Rev. Michael Anderson

The chaplaincy profession has standards for certification to become a Board Certified Chaplain. To become a certified chaplain there are several requirements, including: being ordained or endorsed by one's faith tradition, successful completion of at least four units of Clinical Pastoral Education (CPE) in an accredited CPE center, a Master's degree in theology, divinity, religious studies, pastoral studies, or spirituality granted or acknowledged by an accredited academic institution.

At St. Claire Regional, chaplaincy services are available 24/7 to patients, family and staff. And, if a staff member should see a distressed patient or family member that may benefit from a visit, the staff member is encouraged to call Pastoral Care at ext. 6735 or page the chaplain on call.

October is Fall Prevention Month

Submitted by Freda L. Kilburn, RN, DSN, Nursing Practice Consultant



Courtney Hollingsworth, RN, SCR Nurse Manager, teaching others about safety prevention. Courtney is the Chair of the Quality Council that assisted in putting the program together.

"The nurses of St. Claire Regional have decided that we are going to do everything possible to prevent patient falls at our hospital," says Freda Kilburn.

We decided to establish and foster a culture of safety and to place our patients in the very best therapeutic and safe environment. A poster presentation has been in the cafeteria for staff members to learn about preventive and protective interventions. A short questionnaire was given to participants with the chance to win either the fall basket or a gift card to Wal-Mart.

We are asking everyone to join us in reaching our goal: No patient falls at SCR! Beginning Oct. 21 through Oct. 31 there will be required one hour sessions for the nursing staff to become knowledgeable of the Evidence-Based Fall Prevention and Patient Safety Program. To enroll, call Mindy Sexton at 6600 or email her at mindysexton@st-claire.org.

The poster will be presented at the Kentucky Organization of Nurse Leaders convention, Nov. 6-7 in Louisville, KY.

October is **BREAST CANCER AWARENESS** Month

GO PINK EVENT

Tuesday • October 29 • 2013

St. Claire Regional Family Medical Supply
from 9:00 a.m. - Noon

FREE HEALTH SCREENINGS

Ankle Brachial Index
Blood Pressure
Bone Density
Cholesterol
Dermascan
Glucose
Oxygen Saturation
Post-Mastectomy
Supply Consultations
Pulse Rate

No appointment necessary



Health Screenings • Refreshments • Door Prizes

The first 100 women will receive a FREE "Go Pink" t-shirt.

For more information about the "Go Pink Event" contact Kimberle Mullins at, 606.784.2414.

St. Claire Regional
FAMILY MEDICAL SUPPLY
Dedicated to Healthy Living

FOR MORE INFORMATION CALL
1-877-784-2414
606-784-2414

STORE HOURS
Monday - Friday 8 a.m. - 6 p.m.
Saturday 10 a.m. - 2 p.m.

Happy Birthday **NOV**

11/1 Chelsea LaShae Howell Sara Gail Hylander	FM - Morehead Dental FM - Morehead	11/10 Bonnie L Edington Ronnie R Reynolds	MMS Administration Facilities Management	11/20 Sarah Jane Brown Shirley Ann McVey	4th Floor Nursing Home Health
11/2 Mary Caric Merry-Jo Lynne Cloud Kathy Faye Hall	FM - Morehead 3rd Floor Central Food Services	11/11 Shonna K Crouch Deidre Ann Horsley	SCMG Central Billing Office 3rd Floor North	11/21 Tona Y Kidd James A Salisbury Harlan Lee Wages	Float Dept - Unit Sec SCMG Central Billing Office Cave Run General Surgery
10/3 Tammy Ann Bailey Mary E. C. Ferguson Danielle Renee Hamm Karen Silvey	Laboratory Cave Run General Surgery Office Assistant - CHER Health Information Mngt.	11/12 Syed Ali Linda L Craft Amanda J Johnson Patty A Lewis Amanda Louisa Ramey Mohammad A Siddiqui Elizabeth A Smith	Anesthesia Professionals Hospice Physical Therapy MMS Administration FM - Morehead SCR Informatics MMS Clinical Services	11/22 Melissa Kidd Victoria Jayne Kittle Katlyn Colette Menix Mark J Neff Jennifer Leigh Schadle	Emergency Department Home Health Patient Access Administration TCU
11/4 Cathy Lynn Jobe Sherry S. Lyons Tara Beth Mays Rebecca A Roysse	Pharmacy Home Health Same Day Surgery Hospice	11/13 Amy E. Barnes Nicole June Brewer April King Philip Stanley Nelson	Float Dept - Unit Sec Emergency Department Family Medical Supply Infusion Solutions	11/23 Courtney Hollingsworth	Cardiology
11/5 Ashlei R Binion Richard W Proudfoot Brenda C Stanley	3rd Floor Central Cave Run General Surgery Financial Services	11/14 Johnny Ray	Environmental Services	11/24 Mitzi Carroll Bobbi L Carver Courtney Day Vanita K Mabry	Infusion Solutions Patient Access Health Information Mngt. Patient Financial Services
11/6 Chad Daniel Collett Robert Combs Crystal Labeth Fultz Margaret Sue Hargett Allie Jane Lyons Beverly Jo Penix Amy Maxine Stevens Shellie Wilburn	Information Services Social Services Social Services Surgery Pharmacy FM - Morehead Laboratory Emergency Department	11/15 Julia C Allen Shelly Don Brown Barbara Morrison Ross	Home Health Home Health Infusion Solutions	11/25 Ann L. Colbert Joelle Nicole Schultz Erin Patrick Wornall	Palliative Care 3rd Floor North Pharmacy
11/7 Sherry Lynn Buck Kristi Lee Dickens Shawna Lewis Cindy Kay Ohnheiser Richard N Simpson Jackie D Stamper David Paul Turley Jeff Wicker	Cave Run General Surgery Anesthesia Professionals Administration Home Health Infusion Solutions Patient Access Emergency Physicians Emergency Physicians	11/16 Brent D Barnette Shirley A Caudill Judy Lynn Easterling Anthony D Weaver	Facilities Management St. Claire Foundation Behavioral Health Unit Hospitalist Physician	11/26 Ashley Gale Cooper	MMS Clinical Services
11/8 Brittni Renae Martin Levonda L Thomas	Patient Financial Services FM- Owingsville	11/17 Kayla D Fannin Beverly N Moore Tina York	MMS Administration Emergency Department Environmental Services	11/28 Cheryl Gale Bussell Stephen Burnham Lamb Joseph F Pierce Tracey Daniels Skaggs Lindsay Jane Switzer	Central Scheduling SCR Counseling Services Patient Access Patient Access FM - Morehead
11/9 Amanda D Adkins Juanita Conn Amanda Glover Patricia L Morgan	Patient Access Cave Run General Surgery OPCC Cave Run General Surgery	11/18 Tammy Davis Tamara R Helton Andrea L Story	MMS Administration Home Health SCR Case Management	11/29 Yolanda Frances Vance	Float Dept - Unit Sec
		11/19 Carrie Ann McClain Janet Marie Sloan Diana Jo Stegall Krishna Tangirala Robin A Young	FM - Morehead Food Services Patient Access MMS Clinical Services Behavioral Health Unit	11/30 Paula Ann Collins Danette Fyffe Joel E Porter Vickie C Rivers	Float Dept - Unit Sec MMS Administration FM - Menifee (Dental) Float Dept - Unit Sec



UPCOMING C.E. Programs

October 21 | **NRP Skills Check Off**

8:00AM - 10:00AM

CHER 102C

RSVP with KaSandra Stone at ext. 6830
or KNStone@st-claire.org

October 24 & 25 | **PALS Provider**

8:00AM - 4:00PM

CHER 102 ABC

RSVP with KaSandra Stone at ext. 6830
or KNStone@st-claire.org

November 1 | **Tumor Board**

7:30AM - 9:00AM

TC Conference Room

Credit: ACPE, Category 1 AMA, Nursing

November 5 | **BLS Check Off**

1:00PM - 4:00PM

CHER 102C

RSVP with KaSandra Stone at ext. 6830
or KNStone@st-claire.org

November 6 | **Journal Club**

8:00AM - 9:00AM

SCR Education Room

Credit: Category 1 AMA

November 7 | **ACLS Update**

8:30AM - 4:00PM

CHER 102ABC

RSVP with KaSandra Stone at ext. 6830
or KNStone@st-claire.org

November 12 | **Morbidity & Mortality**

8:00AM - 9:00AM

SCR Education Room

Credit: Category 1 AMA

November 15 | **Tumor Board**

8:00AM - 9:00AM

TC Conference Room

Credit: ACPE, Category 1 AMA, Nursing

November 18 | **NRP Skills Check Off**

8:00AM - 10:00AM

SCR-4C

RSVP with KaSandra Stone at ext. 6830
or KNStone@st-claire.org

November 21 | **PALS Update**

8:00AM - 4:00PM

CHER 102ABC

RSVP with KaSandra Stone at ext. 6830
or KNStone@st-claire.org



**St. Claire Regional
Medical Center**

222 Medical Circle • Morehead, KY 40351

Purse Lovers Dream Sale

Date: Tuesday, October 29th - Wednesday, October 30th

Location: Café B & C

Time: Tuesday: 7 a.m. - 6 p.m. | Wednesday: 7 a.m. - 4 p.m.

For more information, contact Thelma Johnson at ext. 6517 or Thelma.Johnson@st.claire.org

“Go Pink” Event

Date: Tuesday, October 29th

Location: SCR Family Medical Supply

Time: 9 a.m. - 12 p.m.

For more information, contact Kimberle Mullins at 784-7068 or Kimberle.Mullins@st.claire.org

The first 100 women will receive a FREE “Go Pink” t-shirt.

3rd Annual Turkey Trot for a Cure

5K run/walk to benefit the Alzheimer’s Association

Date: November 2nd

Location: Center for Health Education & Research

Time: Registration begins at 8am

For more information, contact Mary Horsley at 606-316-7756 or mahorsley@windstream.net. You can also visit www.turkeytrotmorehead.com

Have an article
or event to submit
for the Newsbrief?

St. Claire Regional Medical Center
NEWSBRIEF

Please send articles and/or information to be placed in the SCR Newsbrief to nick.bear@st-claire.org.

Visit the SCR web site at www.st-claire.org/newsbrief to read past editions of the SCR Newsbrief

NEED A CAMERA TO
COVER A SCR EVENT?



The Marketing/PR Dept. has several cameras available for loan. Contact ext. 6419 for more information.