St. Claire Regional Medical Center

National Nurse Practitioner Week 2 5th Floor Completes No Fall Challenge 6
Congratulations Sr. Judi Lambert, SND 3 2013 Staff Recognition 8-9
National Medical Staff Services Awareness Week 4 EMPACT's Annual Trunk-or-Treat 10

SCR Staff Publish Article in

National Magazine

he Nursing 2013 Journal,
October issue, page 14-16
contains the article, Sepsis:
Recognizing the Next Event, written
by Dr. Freda Kilburn, SCR Nursing
Practice Consultant; Phelan Bailey,
RN, CEN, SCR Nurse Manager of
ED; and David Price, RN, CEN.
The article is published under the
section: Inspiring Change. Nursing
2013 is a peer reviewed journal of
Clinical Excellence published by
Lippincott, Williams & Wilkins.

The authors expressed belief that in a busy clinical environment such as the ED, the time saved by using a nurse SIRS (systemic inflammatory response syndrome) triage assessment protocol can positively impact patient flow and outcomes and expedite treatment.





National Nurse Practitioner (APRN) Week

November 10-16

Submitted by Dreama Perkins

St. Claire Regional Family Medicine would like to recognize the Family Medicine Nurse Practitioners for their service and dedication to our patients.



Jessica Duncan, **APRN**

Don Hughes, **APRN**

Glen Standafer, **APRN**

Molly Carew, **APRN**

Leslie Watts, **APRN**



Mary Anne Brown, **APRN**

Mary Caric, **APRN**

Lisa Back, **APRN**

Lucille Mays, **APRN**

Michele Walters, **APRN**



Congratulations, Sr. Judi Lambert, SND

Board Certified by the National Association of Catholic Chaplains (NACC)

Sr. Judi Lambert, SND, Pastoral Minister at SCR and Acting Director of Mission Integration recieved her Chaplain Board Certification by the National Association of Catholic Chaplains (NACC). Certification by the NACC is a great achievement that took Sr. Lambert a lot of work and dedication of achieve. In order to attain this certification many qualifications must be examined and met. Some of these include a Master's degree, completion of four units of clinical pastoral education, extensive writing and interviewing, recommendations, a vote by the National Certification Commission and much more. A letter from the National Association of Catholic Chaplains said,

"Ministry to the sick and troubled now requires the same professionalism of preparation and demonstration of competence by ministers in pastoral care as health care requires of its professionals. Our Standards and Procedures for certification are therefore demanding and are updated through periodic revisions. It is therefore a credit to your institution that Sr. Lambert has sought and achieved this certification."

Please join us in congratulating Sr. Judi Lambert for this amazing achievement.





St. Claire Regional Observes

National Medical Staff Services Awareness Week

Submitted by Donna Besant

St. Claire Regional observed National Medical Staff Services Awareness Week, November 3-9, 2013.

In 1992, President George Bush issued a proclamation designating the first week of November as "National Medical Staff Services Awareness Week," to acknowledge and thank medical services professionals (MSPs) for playing "an important role in our nation's healthcare system."

The American Medical Association-Organized Medical Staff Section also recognizes the medical services profession in a resolution that formally acknowledges,

"The importance and value of medical services to professionals in the healthcare organization and its physician members, and recognizes their contribution and dedication in preserving quality patient care."

When you visit a hospital, you see the doctors, the nurses, and other medical personnel. What you don't see are the people behind the scenes who make certain the credentials of all practitioners who are caring for you are correct and have been verified.

MSPs are experts in provider credentialing and privileging, medical staff organization, accreditation and regulatory compliance, and provider relations in the diverse healthcare



From left to right: Shawna Lewis, Administrative Assistant/Administration; Sue Perry, Credentialing Specialist; Donna Besant, Assistant to CEO; Abby Baker, Coordinator, Medical Staff Development

industry. They credential and monitor ongoing competence of the physicians and other practitioners who provide patient care services in hospitals, managed care organizations, and other healthcare settings.

MSPs are a vital part of the community's healthcare team. They are dedicated to making certain that all patients receive care from practitioners who are properly educated, licensed, and trained in their specialty.

For more information about MSPs and the National Association Medical Staff Services (NAMSS), visit www.namss.org.

St. Claire Regional and Susan G. Komen

Working for the Cure Submitted by Kacie Bledsoe



Mary Horsley, RN, CCRP, Clinical Trials Director and Kacie Bledsoe, Administrative Coordinator of Grants & Contracts

For the second year in a row, St. Claire Regional Medical Center (SCR) was graciously awarded a \$10,000 Susan G. Komen for the Cure grant. The funds received from the grant were used to support the organization's breast cancer screening program for underserved and underinsured women in the region. Specifically this grant allowed SCR to provide 40 women with a free mammogram at SCR's Women's Imaging & Aesthetics location.

In addition to mammography services, 20 women received a \$25 gas card.

The grant also provided money used to purchase educational materials and promotional items to help increase breast cancer awareness in our region.

susan G.

"This is a great program", said one of the 40 free mammogram recipients. "It allowed me to have a mammogram and gave me gas to get there. I would not have been able to receive a mammogram if I had not received the voucher".

SCR staff also showed their support by participating in the Susan G. Komen Race for the Cure event in Lexington, on October 5.





HOLIDAY VENDORPALOOZA

Saturday, November 9th | 9:00am - 4:00pm

@ Morehead Conference Center

Come out and support SCR's Gift Shop at this gathering of local artists. Admission is FREE and there will be lots of door prizes! The event will feature several different types of vendors, including arts and craft, baked goods, candles, handbags, jewelry, cookware, wreaths, and much more.

Hosted by: Artsy Tartsy Custom Creations

THE ULTIMATE GIRL PARTY 2

Saturday, November 16th | 10:00am – 3:00pm @ Bath Co. Ag Center

Come out and support SCR's Gift Shop again at this gathering of 25 different vendors. Admission is FREE and door prizes will be given out by each vendor. Items included at the party will include home décor, candles, jewelry, unique gift items, food products, purses, holiday wreaths and much more!

Sponsored By: Lynn Reed of Travel Escapes





Outstanding Performance in Bedside Medication Verification

Submitted by Don Carpenter

The St. Claire Regional Bedside Medication Verification (BMV) team would like to acknowledge the outstanding performance from everybody utilizing the bedside medication verification. Our scanning rates continue to climb and help increase our patient's safety. Our scanning rates for medications and patients are reaching 97% and 98% respectively. These are fantastic rates and as we move forward into different areas of the hospital we continue to have great success due to the collaborative efforts given by all the caregivers. We want to recognize the top four staff members from the third quarter of 2013.

These individuals have helped to ensure the safest patient care possible at St. Claire and we invite you all to join us in congratulating them on their achievement. If you would like to contact the BMV team you can email us at BMV@st-claire.org.

1 st Place (tie)	Tamera Crager Kathy Mays	100% Scan Rate 100% Scan Rate	6th Floor Nursing Rehab / TCU Nursing
2 nd Place	Tammy Rasche	99.81% Scan Rate	ICU Nursing
3 rd Place	Nicole Murphy	99.74% Scan Rate	3rd Center Nursing

5th Floor Completes Stryker® 60 Day No Falls Challenge!

Submitted by Debra Hayes

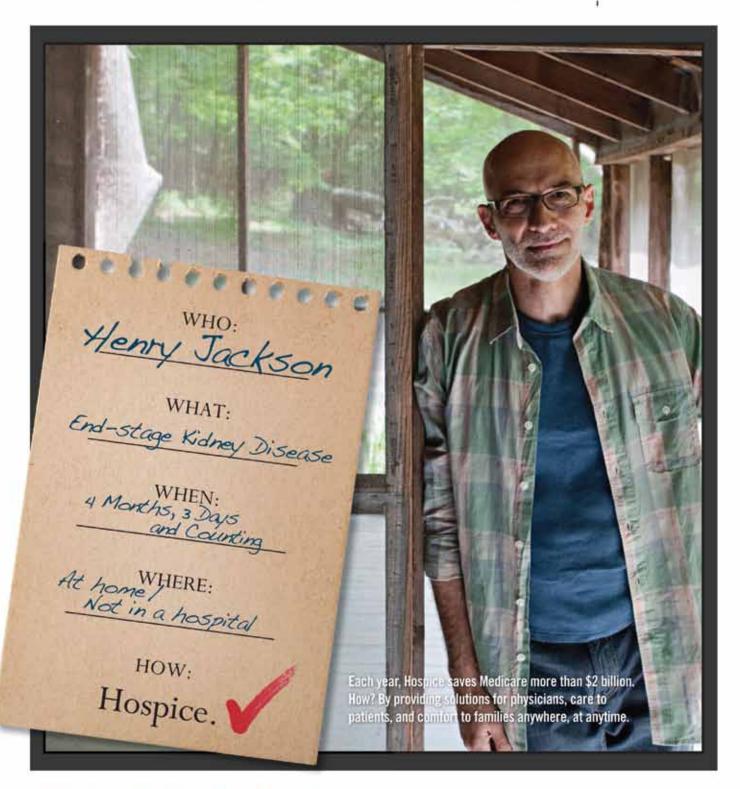
We are excited to announce the 5th Floor TCU/ IRU's successful completion of the Stryker 60 Day No Falls Challenge with phenomenal results! Working with Jon Dodds of Stryker Medical, the 5th Floor staff received technology upgrades, including the very best in Stryker Chaperone bed exit alarm technology, to seven of our existing beds. Additionally, staff received training on the importance of safe bed positions for high fall risk patients and education around evidence-based best practices for fall prevention being utilized in the most successful hospitals around the United States. As a result of the 5th Floor staff's commitment to excellence, we are pleased to announce the successful completion of the Stryker 60 Day No Falls Challenge with zero bed-related events! Please join us in congratulating the 5th Floor for their efforts in improving patient safety at SCR!



Left to Right: Kristen Perry, CNA; Rebecca Winkleman, CNA; Heather Helphenstine, RN; Rita Sammons, RN and Jon Dodds, Stryker Representative



NATIONAL HOSPICE PALLIATIVE CARE MONTH





HOSPICE | Care on Your Terms.

THURSDAY, NOVEMBER 7, 2013 St. Claire Regional Medical Center

2013 Staff Recognition Recognizing SCR Staff Members for their Many Years of Service



10 Years of Service

Back row L to R: Chesla Whitt; Jerry Tilsley; Leigh Stinson and Dreama Rucker, MD

Middle row L to R: Carrie Hicks; Melanie Hurst; Manaha Kahloon,

Charlotte Kiser and Elizabeth Napier

Front row L to R: Martha Henderson; Nicole Gifford; Judy Fannin; Caren Daniels Thacker, MD and Mohammed Aslam, MD



15 Years of Service

Back row L to R: William Melahn, MD; Charles Ratliff; Mary Staton

Front row L to R: Ada Albert; Angela Caudill; Pamela Egelston; Jo Ann Griffith and Anita Hughes



20 Years of Service

L to R: Pam Crose; Robin Donehue; Jeffrey Hughes; Jodie Middleton; Carolyn Moore, MD and Robin Sorrell



25 Years of Service

Back row L to R: Mary Ann Perry; Regina Maze; Kathy Mays; Grace Little; Patty Lewis; Carol Justice; Charlotte Walker and Regina Pettit Front row L to R: Michelle Bailey; Theresa Garvin; Rebecca Hitchcock;



30 Years of Service

L to R: Mark Neff; Sheri Quinn and David Victor, MD



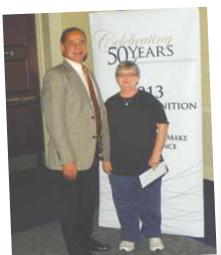
35 Years of Service

Back row L to R: Edward Scott, MD and Catherine Shely Front row L to R: Nancy Brown; Della Fannin; Kathy Gray and Wilma Markwell



40 Years of Service

Back L to R: Ralph Fossett, MD and Charles Moore. Front L to R: Deloris Franklin and Rhonda Lewis



45 Years of Service

Mark Neff and Helen Chadwell



50 Years of Service

Mark Neff; Margaret McKenzie and husband Jay McKenzie

8 www.st-claire.org www.st-claire.org 9



EMPACT'S Annual Trunk-or-Treat

Submitted by Nicole Winklemen

ver 200 superheroes, princesses, goblins and ghosts descended on St. Claire Regional on Saturday, October 26 for the annual EMPACT Trunk-or-Treat. For nearly two hours, witches on broomsticks and cowboys on horses circled the parking lot gathering candy, playing games, and drinking hot chocolate.

"Thanks to SCR and their community involvement, we have really been able to do a lot for the kids today and they have had a great time," said Barb Davis, an EMPACT member.

New additions to this year's event include a bounce house for the kids to play in, as well as free hot dogs and popcorn. The Morehead Fire Department brought a fire truck for the kids to explore, alond with the annual favorite fishing tank. The fishing tank was set up so the kids could fish for additional treats and toys. Lisa Lytle from Patient Financial Services set up a face painting booth and the kids also enjoyed a candy bar walk.

First place in the trunk decorating contest went Kathy Mays and Charlene Blevins from TCU/IRU on the 5th Floor, who had a Duck Dynasty theme to their booth. Second place went to Erika Robinson, Stephanie Lewis and Mary Caric from Morehead Family Medicine, who decorated their trunk up with ghosts and goblins.

EMPACT would like to thank PHI and all the SCR Departments who donated candy or set up a trunk. EMPACT would also like to send a special thank you to Jeff Fannin from Good Shepherd Printing who donated the bounce house for the event, the Citizens Bank who donated the use of their grill and popcorn machine and the Morehead Fire Department for bringing the fire truck.

























SCR's Participates in Say Boo to Drugs Treat Fest

SCR participated in the 4th annual Say Boo to Drugs Treat Fest on Thursday, October 31. With an estimated 4500 participants, this was one of the largest years yet for the event. With a total of 70 local business, organizations and groups coming out to provide an opportunity for kids to have a safe environment to enjoy trick-or-treating. Say Boo to Drugs is sponsored by Rowan County Operation UNITE.





Angry Birds Melissa McKenzie, Community Education Manager-Behavioral Health Services and Michael Ash, Marketing Assistant giving out goodies during Say Boo to Drugs

SCR Welcomes Nick Bear

SCR Marketing and PR's newest Team Member

St. Claire Regional welcomes Nick Bear to the Marketing and Public Relations Department. Nick is the new SCR Coordinator of Graphics/ Communications. He will be doing much of the graphic design and internal communication throughout SCR's health system, including the development of the NewsBrief. If you have a good story to enter into the NewsBrief, please contact Nick at nick.bear@st-claire.org or call ext. 6419.







Pride® Golden Monarch Plus \$64999 Reg. 590

Special Sale Price

Pride® LC105 \$52999 Special Sale Price

20%ff
ALL LIFT
CHAIRS
INCLUDING CUSTOM ORDERS

Not valid with any other offer

FREE

Within a 50 Mile Radius Sit and recline. lift and stand with the touch of a button

- Over 20 models available (many models in stock)
- 5 size options including XXL
- · Over 40 fabric color options
- · Heat and massage available
- Lifetime manufacturer warranty on PRIDE® and Golden Technologies® lift mechanism

St. Claire Regional

FAMILY
SUPPLY
MEDICAL

Located just off I-64 at Morehead-Exit 137
Kroger Shopping Center across from LOWE'S

606.784.2414 or 1.877.784.2414 Monday - Friday | 8 am - 6 pm Saturday | 10 am - 2 pm





Dr.'s Remedy® Enriched Nail Polish Tea Tree Oil • Garlic Bulb Extract • Vitamin C & E • Wheat Protein





Choose from more than 20 colors. (Color, Top Coat or Base Coat)



Switch Stick® **Fashion Cane**



Medical Moist Heating Pads



Bed Buddy® Foot Warmers with Aromatherapy

Treat your feet and senses to instant soothing warmth with these aromatherapy foot warmers. They are ready in minutes, reusable & stay heated for up to an hour.







JOBST® Compression **Products**

· Knee High · Thigh High · Pantyhose

· Women's and Men's Styles



urbanezorubz

Landau



50% OFF Bring in this coupon for a **FREE SAMPLE of** BIOFREEZE limit one sample per customer expires 12/31/13

BIOFREEZE®

Soothes aching muscles and delivers fast pain

BUY ONE GET ONE

of Equal or Lesser Value

relief Great for arthritis, neck pain, back pain and sore muscles. Apply Biofreeze right where it's needed and without any mess.







November 7 | ACLS Update

8:30 AM - 4:00 PM CHFR 102ABC RSVP with KaSandra Stone at ext. 6830 or KNStone@st-claire.org

November 12 | Morbidity & Mortality

8:00AM - 9:00AM **SCR Education Room** Credit: Category 1 AMA

November 15 | Tumor Board

8:00AM - 9:00AM TC Conference Room

Credit: ACPE, Category 1 AMA, Nursing

November 18 | NRP Skills Check Off

8:00AM - 10:00AM

SCR-4C

RSVP with KaSandra Stone at ext. 6830. or KNStone@st-claire.org

November 21 | PALS Update

8:00AM - 4:00PM CHER 102ABC

RSVP with KaSandra Stone at ext. 6830 or KNStone@st-claire.org

St. Claire Regional

Welcomes New Staff

Trina O. Adams Cave Run General Surgery Michelle Lee Rayburn 3rd Floor Central

Saranda Gail Blevins Behavioral Health Unit

Amanda Lashae Skaggs Social Services

Amanda Dawn Day Respiratory Therapy

Janet Marie Sloan Food Services

Mitchell Sky Estes Environmental Services Krystal Klepal Smalley MMS Clinical Services

Diana Sue King Nursing Administration Kimber Abigail Smith SPD

Mary Alice Loper FM - Morehead

Christa Jean Thompson Nursing Administration

Amanda N. Radeke 3rd Floor North

Katlyn Dawn Thompson Surgery



ST. CLAIRE REGIONAL

Christmas Giving Opportunities

Rowan County Christmas

St. Claire Regional is participating in "Rowan County Christmas" again this year. This program is sponsored by SCR and other Rowan County social service agencies, churches and organizations. The program provides new toys for children 18 years of age and under, gifts for the elderly and food vouchers for families.

SCR has once again sponsored seniors who are eligible for assistance in Rowan Co.

If you, or your department would like to adopt a senior this year, simply sign the "Elf" Sheet beside the Christmas tree in the cafeteria and choose one of these options;

Purchase one \$20 gift for a senior male or female and attach your name and phone number. (Please, no clothes)

Bring a \$20 donation, with your name and phone number to the Foundation House and someone will shop for you.

Storybook Christmas

St. Claire Regional is again helping the MSU/Rowan County Adult Basic Education and Literacy Advisory Board collect NEW books for children under the age of 18. These books will be given to children and teens throughout Rowan County. Last year, SCR made it possible for many children to have their first new book.

 Individuals or departments can participate by placing new books in the "Storybook Christmas Box" located in the main cafeteria.

Please turn in all Gifts, Books and Donations by FRIDAY, DECEMBER 6

For more information contact the St. Claire Foundation office Thelma Johnson, Ext. 6517 or Shirley Caudill, Ext. 6512



St

Dynamic Cookware

Date: Monday, November 18 - Tuesday, November 19

Location: Café B & C

Time: Tuesday: 8 a.m. – 6 p.m. | Wednesday: 7 a.m. – 3 p.m.

For more information, contact Thelma Johnson at ext. 6517 or Thelma.Johnson@st.claire.org

L & G Reed Fine Jewelry, Purses, & Boots

Date: Thursday, November 21 - Friday, November 22

Location: Café D

Time: Thursday: 8 a.m. – 5 p.m. | Friday: 8 a.m. – 4 p.m.

For more information, contact Thelma Johnson at ext. 6517 or Thelma. Johnson@st.claire.org

SCR Auxiliary Thanksgiving Bake Sale

Date: Tuesday, November 26 **Location:** Second Floor Hall **Time:** 8 a.m. - 2 p.m.

For more information, contact Thelma Johnson at ext. 6517 or Thelma. Johnson@st.claire.org

Rhonda Mackin, Waxed Items & Earrings

Date: Tuesday, December 3 - Wednesday, December 4

Location: Café C

Time: Tuesday: 7 a.m. - 6 p.m. | Wednesday: 7 a.m. - 4 p.m.

For more information, contact Thelma Johnson at ext. 6517 or Thelma. Johnson@st.claire.org



Have an article NEWSBRIEF or event to submit for the Newsbrief?

Please send articles and/or information to be placed in the SCR Newsbrief to nick.bear@st-claire.org.

Visit the SCR web site at www.st-claire.org/newsbrief to read past editions of the SCR Newsbrief

NEED A CAMERA TO COVER A SCR EVENT?



The Marketing/PR Dept. has several cameras available for loan. Contact ext. 6419 for more information.