

St. Claire Regional Medical Center

NEWSBRIEF

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Advancing Medicine. Close to Home.

THROUGH OUR GROWING MEDICAL STAFF



New SCR 2013 - 2014 Physicians

Front Row L to R: Amanda Ramey, DO, Family Medicine; Phillip C. Overall, MD, Emergency Medicine; Ashley Hunter, MD, Family Medicine

Middle Row L to R: Dustin Cupp, DO, Family Medicine; Brandon Pace, MD, Emergency Medicine; Hani Alkhanan, MD, Internal Medicine/Hospitalist; David P. Turley, MD, Emergency Medicine; Emily Bausch Blevins, DMD, Dentistry

Back Row L to R: Steven Frame, MD, UK Pathology/Cytology; Toby Arnold, DO, Internal Medicine; Frank LaBarbera, MD, UK Obstetrics/Gynecology

Not in Photo: Krishna Tangirala, MD, Internal Medicine; Elizabeth Matera, MD, Family Medicine; Victor Pilewski, MD, General Surgeon; Adam Scrogham, MD, Emergency Medicine; Preeti Siddam, MD, Internal Medicine/Hospitalist; Syed Tayyab, MD, Internal Medicine

SCR Hospice
*cares about you
and your family.*

Don't Wait to Talk About Hospice



It's an all too common situation. A family is at the bedside of a loved one who is seriously ill and nearing the end of life. Each member of the family has a different idea of what should be done and what the patient would have wanted.

Far too many people wait until they are in the midst of a health care crisis before thinking about what options are available or what care they or their loved ones would have wanted. St. Claire Regional (SCR) Hospice professionals deal with these challenging situations every day – that's what they are trained to do.

When a family is coping with a serious illness and a cure is no longer possible, SCR hospice provides the type of care most people say they want at the end of life: comfort and dignity. Considered to be the model for high-quality, compassionate care for people with a life-limiting illness, SCR hospice care includes expert medical care, pain management, and emotional and spiritual support. Care is provided by an inter-disciplinary team of professionals and trained volunteers. The wishes of the patient and family are always at the center of care.

Most hospice care is provided in the home – where the majority say they would want to be at this time. Care is also provided in nursing homes, assisted living facilities, and hospice centers.

SCR Hospice care is paid for by Medicare, Medicaid, and most private insurance plans and HMOs.

“The National Hospice and Palliative Care Organization reports that more than 1.58 million people received care from our nation's hospices last year,” says Maria Terrell RN, MSN, SCR Hospice & Palliative Care Nurse Manager.

SCR Hospice providers can help with information about care options and choices and ensure you live as fully as possible throughout your entire life. They will make sure your loved ones receive support as well.

One of the best ways to make sure you and your loved ones benefit fully from hospice, should you ever need this care, is to talk about it before it becomes an issue.

For more information, contact SCR Hospice at 606-783-6880.

2013 St. Claire Regional Medical Center Benefits FAIR



Nearly 300 SCR staff members attended the Benefits Fair on Oct. 29. The purpose of the Benefits Fair was to kick off Open Enrollment and provide staff with information about SCR's benefits for 2014. The event helped guide staff towards picking the right benefits package. Free health screenings and prizes were also given out at the event. Several staff members won prizes including a 150 pc. tool set and kitchen utensils.



2013 Benefits Fair Prize Winners

Wilma Markwell, Food Services
13 pc. Cookware Set

Pamela Egelston, Food Services
3 pk. Flameless Candles

John Duff, Printing
150 pc. Tool Set

Charles Moore, Materials Mgnt.
Auto Emergency Kit

Danette Fyffe, MMS Admin.
Snow Shovel

Sue Perry, Administration
Wall Clock

Virginia Conn, Central Scheduling
Cocoa Gift Set

Sigrid Turner, Radiology
Nonstick Roaster

Michelle Garvin, Emergency Dept.
12 pc. Kitchen Prep Set

Connie Rodgers, Surgical Services
Food & Drink Maker

Rae Ann Laine, EVS
Slow Cooker Buffet

Kimberly Criswell, OPCC
Holiday Snack Set

Carol Kelsey, ICU
Camping Chair

Carrie Gross, Cardiology
Sonic Toothbrush

The following comments are from SCR patients that completed our Press Ganey patient satisfaction surveys in October.

AMBULATORY SURGERY

Never been there when I wasn't treated exceptionally well. Facility always spot less. **Garrett Cline**, the transporter very helpful and kind with a very caring demeanor.

Dr. Newcomb took the time to explain the procedure, the need for the surgical procedure and the after surgery information. I felt very well-informed. The nurses in the surgical unit were great. They were very friendly with a good sense of humor to put us all at ease.

Dr. Newcomb and his staff were TOP-NOTCH and gave an excellent description of the surgery and its outcome. The surgery unit and staff were very caring and friendly. They gave me a very personal service, and I never felt rushed by them.

EMERGENCY DEPT

Becky Parker and **(William) Billy Thomas** were outstanding.

Dr. Mark Bailey was very compassionate & concerned.

Dr. Paul Turley is the best ER doctor in the state, in my opinion. He did an excellent job. He was polite, courteous and detail oriented.

The radiology department was excellent. The new x-ray equipment was great. **Jessica Cox**, the x-ray tech took very good care of my daughter and made her feel very comfortable.

HOME HEALTH

Kathie Howard was very compassionate, caring and considered everything that my mom needed or ask. She's a very nice lady!

Pam R. Compton, Carrie Emmons, Trish Hampton, and Stephanie Jolly are the greatest. They are exceptional people and very professional. I recommend them to anyone.

Pam Compton was the greatest, exceptional, professional nurse. She went above and beyond the call of duty. The on call nurses were good too.

Stephanie Jolley was the greatest, exceptional professional aide, going above and beyond the call of duty.

Carrie Emmons was the greatest professional therapist.

Trish Hampton was an exceptional and professional therapist.

I just can't say enough good things about **Pam R. Compton, Stephanie Jolly, Carrie Emmons, and Trish Hampton**.

I had **Debbie Blankenship**. She was very professional and showed true concern for me. She was always here when she said she would be. She would ask if I had any questions for her or concerns. And if I did she would explain things to me in terms I could understand. She also caught two meds prescribed to me by another doctor that cause problems with my heart.

Very good. I love **Cindy McKenzie**. This is the second time I have had her.

Shannon Moore was an awesome nurse. I could not have had anyone more concerned, compassionate and knowledgeable. Thank you for sending her.

I couldn't ask for better nurses for any one. **Kathy Howard** was wonderful.

My nurse, **Annette Sparks**, is excellent! She is not only my nurse, she is a very good friend. She goes way beyond her duties. #1. Love her!

Home Health was awesome.

Regular nurse, **Le Ann Owens** is great.

INPATIENT

Tia Wells, Nancy Messer, Joelle Smith and Jennifer Priddy were excellent nurses. If I ever have to stay in the hospital again these ladies would be the ones I would want. They were very caring and friendly.

If I ever have to have another surgery I would want **Dr. Victor** to be the one to do it.

St. Claire Regional made me feel loved and a reason to fight this illness. I would say, if **Dr. Perry** and others had not have kept me these eight days I would not be alive today and I want to thank everyone. May God bless you. I still have a long ways to go. So remember me in your prayers. Thank you again.

Sally Taylor in admitting was wonderful. She has signed me in several times and was very pleasant and cheerful. She has always been that way with me, even in VERY HECTIC times there!

I must say **Jeannie Enix, LPN** on 2nd shift was excellent! When I requested tea and toast at 5 a.m. it appeared in a short period! That occurred 2 mornings! She was wonderful, friendly, caring and took great care of me! **Melissa Kennedy, RN** days did a great job too!

Emily Mason, CRNA was wonderful and very caring.

I had thought about going to Lexington to have total knee replacement. When I got scheduled and had not seen the orthopedist, I decided to call **Dr. Crouse**. I was very pleased with the care.

Dr. Newcomb is the best.

Carolyn Barker did a wonderful job taking care of my room. Couldn't have asked for better or done better myself.

Dr. Burton was wonderful.

Very good. I would like to thank everyone who was involved in my husband's care. All of you were wonderful. A special thanks to **Dr. Burton, Sister Jean Frances Cleaves**, the chaplain and nurses. God bless all of you.

Dr. Turley in the ER is wonderful. He kept me informed, and did everything he could to help me.

In the ER, **Dr. Turley, Dr. Wells**, all nurses and techs checked on me, making sure I was OK and not in pain.

Dr. Phillips and staff were extremely helpful and concerned even to the point of making an extra visit one day due to my concern.

Dr. Tom Fossett, my surgeon was very nice and courteous.

As long as **Dr. Mitchell** continues his practice there, I'll take my pregnancy's to there.

MEDICAL PRACTICE

I have decided to drive from Morehead to Olive Hill to see **Dr. Moore**. She is a very good physician and I am confident with the care I am getting.

Very good service. **Dr. Moore** is an excellent doctor and very caring.

HIGHLIGHTING
OUR CHAMPIONS



St. Claire Regional would like to give staff and physicians a meaningful way to help those in the Philippines who were recently devastated by Typhoon Haiyan. Gifts to this appeal will go to Catholic Relief Services to assist those impacted by the typhoon. Here are some examples of how cash donations will help those in need:

- \$8 provides a water kit for a family. This includes one jerry can, one pail and aqua tabs for water purification.
- \$15 provides an emergency shelter kit. This includes tarps and nails that are combined with local materials to create emergency shelter.
- \$22 provides household living supplies. This includes sleeping mats, three blankets, utensils, plastics, glasses and a cooking pot.
- \$28 provides hygiene kits. This includes a two-month family supply of soap, laundry detergent, toothbrush, toothpaste, feminine sanitary napkins and towels.
- \$50 provides agricultural and livelihood support. This includes seeds, tools, materials and training for families to recover their land and assets, grow food and earn an income.
- \$400 provides transitional shelters. This includes durable materials suitable for the local environment to help families construct shelters that can be expanded or converted into permanent homes.

Please Note: Dollar amounts cover items only, not costs associated with distribution, training and monitoring.

To donate, please complete the form below and return it (along with your gift if applicable) to the St. Claire Foundation via in-house mail. If you have questions, please call Tom Lewis at 783-6511. Thanks and God bless you.



Typhoon Haiyan Relief Appeal

Name: _____ Department: _____

I wish to make a gift in the amount of: \$ _____

PAYMENT TYPE: ___ Payroll Deduction* ___ Check/Cash ___ Credit Card

Card #: _____ Exp. Date: _____

Card Type: _____ Name on Card: _____

* Minimum gift of \$20 required for payroll deduction donations.

HOLIDAY *Special*

NOVEMBER 29 - DECEMBER 31, 2013

Golden Technologies®
Monarch Plus

\$649⁹⁹ Reg: \$900⁹⁹

Special Sale Price



Pride® LC105

\$529⁹⁹ Reg: \$665⁹⁹

Special Sale Price



**20% off
ALL LIFT
CHAIRS**

INCLUDING CUSTOM ORDERS
Not valid with any other offer

**FREE
DELIVERY**

*Within a
50 Mile Radius*

*Sit and recline, lift and stand
with the touch of a button*

- Over 20 models available (many models in stock)
- 5 size options including XXL
- Over 40 fabric color options
- Heat and massage available
- Lifetime manufacturer warranty on PRIDE® and Golden Technologies® lift mechanism

**St. Claire Regional
FAMILY MEDICAL → SUPPLY**

Located just off I-64 at Morehead-Exit 137
Kroger Shopping Center across from LOWE'S

606.784.2414 or 1.877.784.2414

Monday - Friday | 8 am - 6 pm

Saturday | 10 am - 2 pm



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Dr's Remedy® Enriched Nail Polish

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Get One
FREE

Choose from more than 20 colors. (Color, Top Coat or Base Coat)



\$10 OFF

reg. \$39.99

Switch Stick® Fashion Cane



10% OFF

Michael Graves® Drive® Medical Moist Heating Pads



Bed Buddy® Foot Warmers with Aromatherapy

\$9.99

Treat your feet and senses to instant soothing warmth with these aromatherapy foot warmers. They are ready in minutes, reusable & stay heated for up to an hour.

\$8.99

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Great stocking stuffers! All sizes from toddler to XL



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- Women's and Men's Styles

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limit one sample per customer
expires 12/31/13





Happy Birthday

December

12/1 Donna R Conn Health Information Mngt.	Andrea L. Keaton Paulette Keeton Charlotte S. Parr Tericia B Tackett	Cave Run General Surgery Home Health TCU Respiratory Therapy	Amanda Jane Reid Angela G Stanfield TCU Emergency Department
12/2 Don A Carpenter Stephanie Danielle Dailey Pharmacy Behavioral Health Unit	12/15 David Bruce Bailey Diane Nichols Beane Emily Bausch Blevins Barbara Ann Walker	Cardiology 4th Floor Nursing FM - Menifee (Dental) Same Day Surgery	12/24 Kristeena M Abney Mercedes J Fletcher Tom Larsen Phillip Montgomery Stephanie Tasha Purvis Julie Anne Williams Emergency Physicians 3rd Floor North Infusion Solutions Facilities Management Cave Run General Surgery 4th Floor Nursing
12/3 Thelma L Johnson Steve M Koenig Denise L Mooney Stephanie Lynn Oney Kathy Kay Trent Gift Shop/ Auxiliary MMS Clinical Services OPCC Wound Care/Hyperbaric Materials Management	12/16 Jewelie R Casteel William Ernie Lewis Elizabeth Melydia Napier Cassandra Hope Perkins Lisa Jolene Strong Justin V Thornsberry	Financial Services Facilities Management SCR Case Management FM - Morehead Surgery Respiratory Therapy	12/25 Catherine Joanna Garrison Teresa Kay Jones Mary Ann Lewis Wanda Mae Pennington Surgery Home Health Nursing Administration Environmental Services
12/4 Angelee Adkins Sheila Ann Nobrega Denita Joy Ray Callie S. Wagoner Crystal D Whitt MMS Clinical Services Respiratory Therapy Anesthesia Professionals Home Health Cave Run General Surgery	12/17 Thomas James Carver James Brandon Tackett	Cave Run General Surgery Behavioral Health Unit	12/26 Patty A Fugate FM - Menifee (Dental)
12/5 Cynthia Lemaster Occupational Therapy	12/18 Samantha Rice Michelle Marie Wilson	Nursing Administration MMS Clinical Services	12/27 Melissa F Alcorn Diana J Blanton Steven Douglas Stanley Leslie Kay Williams Cave Run General Surgery Float Dept - Unit Sec Surgery AHEC
12/7 Joshua Allen Ackerman Kacie D Bledsoe Deborah Brown Vicky L Murphy Erica Robinson Central Transport Grants Cave Run General Surgery Cave Run General Surgery FM - Morehead	12/19 Derek Scott Carroll Denise Annette Conn Pamela R Evans Randall Monroe Stevens	Infusion Solutions Float Dept - Unit Sec Home Health Same Day Surgery	12/28 Nathan D Dillon Louise Simms Lamb Emilee Paige Redwine Shelley Davis Sadler Monica D. Zornes Emergency Department SCR Mammography Ultrasound 4th Floor Nursing Pharmacy
12/8 Monica Miller Hall Lesley Margaret Jackson Erica J Pick TCU MMS Clinical Services SCR Family Medicine	12/20 Martha Marie Henderson Marvin Earl Puckett	Food Services Facilities Management	12/29 Tyler Quinn Ashley Debra A Clark Joseph Andrew Edie Roberta O Gilbert Julie Beth McKinney Deborah K Oakley Teresa Lynn Rife Food Services Float Dept - Unit Sec SCR Family Medicine Gift Shop/ Auxiliary 3rd Floor North Home Health Infusion Solutions
12/9 Erin M Himes Emergency Physicians	12/21 Martha Jean Gulley Kayla Paula Mae King	FM - Frenchburg MMS Administration	12/30 Betty O Fossett Jean Harney Jones Lacinda Rishel Cave Run General Surgery Clinical Nutrition Surgery
12/10 James Paul Brandenburg Administration	12/22 Glenda Fay Hardin James T Jackson Wanda Ruth Johnson Angel Dawn Jolley Christopher H McKenzie Maria A Terrell	Environmental Services ICU Same Day Surgery Materials Management Information Services Hospice	12/31 MaryAnn Perry Cytology 12/31/1964
12/11 Kristie E Hackworth MMS Clinical Services	12/23 Deborah Mae James House Staff		
12/12 Patricia A Ison FM - Sandy Hook			
12/14 Twila G Carpenter Kathryn S. Howard MMS Clinical Services Home Health			





✦ St. Claire Regional Medical Center's

EMPACT

Employee Activities/CQI Team

Breakfast with Santa

DECEMBER 7, 2013

9:00 a.m. – 11:00 a.m.

Café Meeting Rooms

Breakfast will be served to children.

For more information please contact:

Barb Davis @ 7621 or Bldavis@st-claire.org

Angel Beamon @ 7599 or ambeamon@st-claire.org

✦ St. Claire Regional Medical Center's
EMPACT
Employee Activities/CQI Team

Christmas Decorating Contest

You are invited to enter the **Christmas Decorating Contest** sponsored by EMPACT. Just complete this entry form. The entry form must be received by December 13th at 10:00 a.m. Pictures will be taken of all entries and judging will be based on the photo. Winners will be announced by Friday December 20th. *(Entry may be a door, window or tree)*

Prizes will be awarded (1st, 2nd, and 3rd places) in Each of the following categories:

- Most Representative of Department
- Most Beautiful
- Most Creative

All entry forms must be received by December 13th to be included in the judging.

For additional information, contact;

Barb Davis @ bldavis@st-claire.org

Nicole Winkleman @ tnwinkleman@st-claire.org



PLEASE RETURN THIS ENTRY Form BY DECEMBER 13 TO BARB DAVIS (CENTRAL SCHEDULING)
(BLDAVIS@ST-CLAIRE.ORG)

DEPARTMENT: _____

CONTACT PERSON: _____ EXT: _____

TYPE OF ENTRY (DOOR, WINDOW, TREE) _____

TITLE OF ENTRY: _____



UPCOMING C.E. Programs

December 4 | Journal Club

8:00 - 9:00 a.m.

SCR Education Room

Credit: Category 1 AMA

December 5 & 6 | ACLS Provider

8:00 a.m. - 4:00 p.m.

CHER 102ABC

RSVP with KaSandra Stone at ext. 6830 or
KNStone@st-claire.org

December 6 | Tumor Board

7:30 - 9:00 a.m.

TC Conference Room

Credit: ACPE, Category 1 AMA, Nursing

December 10 | Morbidity & Mortality

8:00 - 9:00 a.m.

SCR Education Room

Credit: Category 1 AMA

December 10 | BLS Check Off

1:00 - 4:00 p.m.

CHER 102C

RSVP with KaSandra Stone at ext. 6830 or
KNStone@st-claire.org

December 20 | Tumor Board

8:00 - 9:00 a.m.

TC Conference Room

Credit: ACPE, Category 1 AMA, Nursing



St. Claire Regional
Medical Center

Gift Shop



Christmas Open House

Monday, November 25

7 a.m. - 7:30 p.m.

Tuesday, November 26

7 a.m. - 4 p.m.

Refreshments!
Door Prizes!
Special Sales!



222 Medical Circle Morehead, KY 40351

606.783.6797

www.facebook.com/StClaireGiftShop

SCR Auxiliary Thanksgiving Bake Sale

Date: Tuesday, Nov. 26

Location: Second Floor Hall

Time: 8 a.m. - 2 p.m.

For more information, contact Thelma Johnson at ext. 6517 or Thelma.Johnson@st.claire.org

Rhonda Mackin Waxed Items & Earrings

Date: Tuesday, Dec. 3 - Wednesday, Dec. 4

Location: Café C

Time: Tuesday: 7 a.m. - 6 p.m. | Wednesday: 7 a.m. - 4 p.m.

For more information, contact Thelma Johnson at ext. 6517 or Thelma.Johnson@st.claire.org

Annual Tree Lighting

Date: Tuesday, Dec. 5

Location: SCR lobby

Time: 10 a.m.

For more information, contact Thelma Johnson at ext. 6517 or Thelma.Johnson@st.claire.org

Books R Fun

Date: Tuesday, Dec. 10 - Wednesday, Dec. 11

Location: Café B & C

Time: Tuesday: 11 a.m. - 5 p.m. | Wednesday: 7 a.m. - 4 p.m.

For more information, contact Thelma Johnson at ext. 6517 or Thelma.Johnson@st.claire.org



**St. Claire Regional
Medical Center**

222 Medical Circle • Morehead, KY 40351

Have an article
or event to submit
for the Newsbrief?

St. Claire Regional Medical Center
NEWSBRIEF

Please send articles and/or information to be placed in the SCR Newsbrief to nick.bear@st-claire.org.

Visit the SCR web site at www.st-claire.org/newsbrief to read past editions of the SCR Newsbrief

NEED A CAMERA TO
COVER A SCR EVENT?



The Marketing/PR Dept. has several cameras available for loan. Contact ext. 6419 for more information.