# St. Claire Regional Medical CenterSt. Claire Regional Medical CenterSt. Claire Regional Medical CenterSt. Claire Regional Medical CenterSt. Claire Regional Medical Supply Father's Day SaleClaire Regional Medical Supply Father's Day SaleClaire Regional Medical Supply Father's Day SaleEKHC Gains New Members<br/>Fun with Food Group2SCR Family Medical Supply Father's Day Sale6-723SCR Family Medical Supply Father's Day Sale6-71

# Kentucky Bank gift makes ER visits more *BEAR*able for younger SCR patients

Thanks to the generosity of Kentucky Bank, a trip to the emergency room will be a little less stressful and frightening for children.

A significant Kentucky Bank contribution will allow St. Claire Regional Medical Center's Emergency Department to give anxious young patients a nice teddy bear.

The plush bears will come with a "Get well soon!" card.

"Going to the hospital can be pretty scary and overwhelming for a child who doesn't feel well already," said Nick Hammonds, SCR's Director of Critical Care Services. "It's really nice to be able to give them one of these teddy bears to hug and calm their fears."

"The well-being and happiness of our children is one of the most fundamental responsibilities we have as a community leader. Kentucky Bank is proud to provide teddy bears for children who visit the St. Claire emergency room," said Tom James, Kentucky Bank Associate Vice President. "We hope the teddy bears help comfort and bring a smile to the children."

"We appreciate Kentucky Bank's initiative and generosity so much," said St. Claire Foundation Executive Director Tom Lewis. "It's a wonderful example of how businesses can partner with SCR to make our patients' hospital experience even better."



(L-R) Billy Hough, Kentucky Bank Senior Vice President; Tom Lewis, St. Claire Foundation Executive Director; Jeremy Brown, Kentucky Bank Market President; Nick Hammonds, SCR Director of Critical Care Services; and Tom James, Kentucky Bank Associate Vice President.



A "Get well soon!" card will be attached to each teddy bear.

## UK HealthCare and St. Mary's Medical Center Join Eastern Kentucky Healthcare Coalition

UK HealthCare in Lexington, Ky. and St. Mary's Medical Center in Huntington, W.Va. are now members of the Eastern Kentucky Healthcare Coalition. The two organizations join original members Highlands Regional Medical Center (Prestonsburg, Ky.), Our Lady of Bellefonte Hospital (Ashland, Ky.) and St. Claire Regional Medical Center (Morehead, Ky.) in the coalition.

The mission of the Eastern Kentucky Healthcare Coalition, as written in the organization's mission statement, is to "develop a clinically-integrated network of healthcare providers to enhance the health status of our communities in an accountable and responsible manner." In the coalition, each facility maintains its autonomy while working together on select projects that provide collective efficiencies for the hospitals (such as vendor contracts), improve patient access (through coordinated health events to provide greater patient access while eliminating duplication of efforts) and prepare for the reforms of the Affordable Care Act in addition to other integration.

"UK HealthCare and St. Mary's will make excellent additions to the coalition's efforts to develop a clinically-integrated network of providers to enhance the health status of our communities," said Eastern Kentucky Healthcare Coalition's executive director Jim Fuzy.

"St. Mary's Medical Center is very pleased to become a partner with the Eastern Kentucky Healthcare Coalition," said St. Mary's Medical Center president and CEO Michael Sellards. "As we share a similar mission to enhance the health status of our communities, the coalition will provide opportunities for a more seamless delivery of services to our patients."

"As Kentucky's largest academic medical center focused on providing advanced subspecialty patient care, we at UK HealthCare are committed to improving the health of the people of eastern Kentucky and through our collaboration with other members of the Eastern Kentucky Healthcare Coalition, we will be able to impact and improve the access and quality of care for Kentuckians," said Dr. Michael Karpf, UK executive vice president for Health Affairs.

Highlands Regional Medical Center, Our Lady of Bellefonte Hospital, St. Claire Regional Medical Center, St. Mary's Medical Center and UK HealthCare have a combined 1,783 patient care beds, more than 14,400 employees and 1,780 physicians.



University of Kentucky



St. Mary's Medical Center

The mission of the Eastern Kentucky Healthcare Coalition

"Develop a clinically-integrated network of healthcare providers to enhance the health status of our communities in an accountable and responsible manner."

#### ST. CLAIRE REGIONAL ESTABLISHES NEW DOCTOR OF OSTEOPATHIC FAMILY MEDICINE RESIDENCY PROGRAM IN MOREHEAD, KY

In an effort to help meet the national demand for primary care physicians and expand access to primary care services in underserved communities, Greg Bausch, PharmD, VP/COO of the St. Claire Medical Group, announced the establishment of the new doctor of osteopathic (DO) family medicine residency program in conjunction with the University of Pikeville and supported by the Affordable Care Act - Teaching Health Center Graduate Medical Education (THCGME) Program grant. Under the leadership of Twana Hatton, DO, Program Director, this new residency program begins in July of 2013 with two resident physicians who will train at the St. Claire Regional Family Medicine location in Sandy Hook, Ky.

"We are excited about the establishment of the new osteopathic family medicine residency program to be based in St. Claire Regional's Family Medicine practice. Family physicians serve a unique role in the delivery of primary care and can take care of most problems affecting patients from infancy through old age, This included the entire family; from mother and child through their grandparents," says Bausch.

"St. Claire Regional is very proud to be able to host an osteopathic family medicine residency program that will benefit many patients particularly in the communities that need our services. Primary care initiatives are an important aspect of health reform and we look forward to training the next generation of family medicine doctors," says Hatton.

The St. Claire Regional Family Medicine Osteopathic Residency Program is excited to welcome our two new doctor of osteopathy residents: Parker Banks, DO, and Chadwick "Chad" Gambrell, DO.





Parker Bank, DO

Chadwick Gambrell, DO

Dr. Banks graduated in May, 2013 from the University of Pikeville, Kentucky College of Osteopathic Medicine. He was born right here at St. Claire Regional and grew up in West Liberty. He completed his undergraduate education at Morehead State University. His hobbies include hunting, fishing, farming, cooking, Nascar and UK basketball. We also want to congratulate Dr. Banks on his upcoming June marriage.

Dr. Gambrell graduated from Lincoln Memorial University-DeBusk College of Osteopathic Medicine, located in Harrogate, Tennessee. He grew up in Pineville, Kentucky and attended the University of Kentucky as an undergraduate. His hobbies include hunting, fishing, and spending quality time with his wife Chassidy and their two daughters; Ava, age 6 and Emery, age 16 months.

**ABOUT OSTEOPATHIC PHYSICIANS:** Osteopathic physicians practice a "whole person" approach to medicine. Instead of just treating for specific symptoms or illnesses, they regard the body as an integrated whole. Osteopathic physicians focus on preventive health care and receive extra training in the musculoskeletal system—your body's interconnected system of nerves, muscles and bones that makes up two-thirds of your body mass. This training provides osteopathic physicians with a better understanding of how an illness or injury in one part of your body can affect other parts. They are licensed by the Kentucky Board of Medical Licensure as fully practicing physicians, with all the rights and responsibilities as their MD colleagues.



# Fun with Food at St. Claire Regional Outpatient Center

Will your child only eat a limited number of foods? Do mealtimes feel like a battle number of foods? Does your child resist trying new foods, textures or tastes?

If you answered yes to any of the above, join the Fun with Food Group. The Fun with Food group meets weekly for one hour. Each group will have four children with two pediatric occupational therapists leading the group. The group uses a social, non-threatening approach to help children feel more comfortable with exploring new foods and their color, shape, texture, smell, taste and consistency.

#### To benefit from the group, children need to:

- Be medically stable
- Demonstrate an interest in their peers
- · Have limited foods in their current diet
- Refuse foods or struggle with new textures or tastes

The Fun with Food Group meets weekly for one hour at the St. Claire Regional Outpatient Center

**Toddler Group:** Thursday 11:00 a.m. to Noon **School-Aged Group:** Tuesday 4:00 p.m. to 5:00 p.m.

For more information or to sign your child up for Fun with Food, please contact the SCR Occupational Therapy Department at (606) 783-6919

St. Claire Regional TPATIENT CENT



Dr. Dreama Rucker accepts the Large Business of the Year award at the Frenchburg/Menifee County Chamber of Commerce awards banquet.

#### SCR Family Medicine - Frenchburg Recognized by Chamber of Commerce

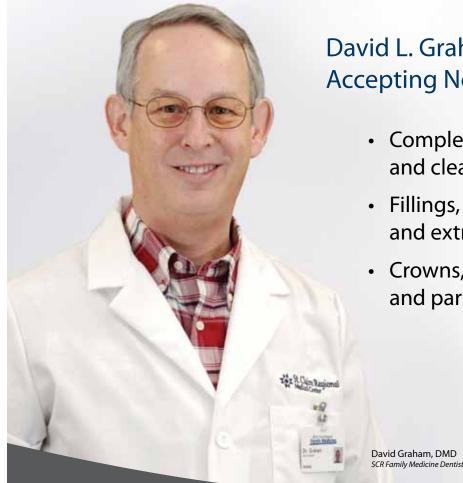
#### submitted by: Dreama Perkins

St. Claire Regional Family Medicine - Frenchburg was named 2012 Large Business of the Year by Frenchburg/Menifee County Chamber of Commerce. They were recognized for their outstanding contributions and continued support of the Frenchburg/Menifee County community. Dreama Rucker, MD accepted the award on behalf of the clinic at the Chamber Banquet on April 19, 2013

# FAMILY DENTISTRY

NEWS

Now Available at SCR Family Medicine-Morehead Tuesdays and Wednesdays 8:00 a.m. to 5:00 p.m.



David L. Graham, DMD is Now Accepting New Dental Patients

- Complete exams, x-rays, and cleanings
- Fillings, root canals, and extractions
- Crowns, bridges, full and partial dentures



☆ St.Claire Medical Group

To schedule an appointment (606) 783-7700

# FATHER June 1 - June 15



NEW

Reg: \$900<sup>00</sup> Golden Technologies<sup>®</sup>: Monarch Plus

# Sit and recline – lift and stand with the touch of a button

All Lift Chairs

ecia

- Over 20 models available (many models in stock)
- 5 size options including XXL
- Over 40 fabric color options
- Heat and massage available
- Lifetime manufacturer warranty on PRIDE® and Golden Technologies® lift mechanism

FREE DELIVERY Within a 50 mile radius

Located just off I-64 at Morehead-Exit 137 Kroger Shopping Center across from LOWE's

NOT VALID WITH ANY OTHER OFFER



Monday- Friday 8 am - 5 pm | Saturday 10 am - 2 pm 1-877-784-2414 606-784-2414



NEWS

BRIEF



#### **Cinch-Loc**<sup>™</sup> **Back Support**

Reduces the load on the lumbar discs and often provides immediate pain relief



Orthofeet • Sanita



#### ea. \$19.99 Pocket Dresser by Briggs

Certified therapeutic shoe fitter on staff to provide the best shoe to fit your needs.

- Large button hook for thick denim jean buttons. · Small button hook for tiny
- shirt buttons. Closed loop buttoner for use on delicate materials.
- Zipper pick to pull up zippers, pry out buried zipper tabs or help untangle shoelace knots.



TheraBeads® deliver moist heat safely and effectively without the use of water or electricity. When heated in a microwave oven, TheraBeads® release their retained moisture, providing pain relieving therapeutic moist heat.

#### **Back & Joint Pain Relief**

Bifocal Strengths:

+1.0 to +3.5





# **10%ff Wellness Mats**

- Edges will never curl
- No-trip ¾ beveled edge
- Anti-microbial, by design
- Puncture & heat resistant
- Stain & dirt resistant
- Easy to clean
- Safe & non-toxic (PVC-Free)

Sizes: 6' x 2' or 3' x 2' Color: Tan, Black, Burgundy Motifs: Trellis and Bella

1-877-784-2414 606-784-2414



# Join SCR to Support AHA HeartChase Tuesday, Ocotober 2

The American Heart Association's HeartChase<sup>™</sup> is an innovative community event that provides a fun, new way to promote healthy living and support a great cause.

Your HeartChase<sup>™</sup> event brings families, friends, and coworkers of all ages together in a community-wide competition to uncover clues, solve puzzles and complete challenges in a race to the finish line.



SCR is currently recruiting individuals to be <u>TEAM LEADERS</u> for more information on how to participate <u>email Bobby Cox at</u> <u>cvcox@st-claire.org</u>

#### St. Claire Regional Family Medical Supply Extends Hours NOW OPEN

**Monday - Friday** 8:00 a.m. to 6:00 p.m. **Saturday** 10:00 a.m. to 2:00 p.m.





1-877-784-2414 606-784-2414

#### **One Night: About You –** Free women's health conference

St. Claire Regional and UK HealthCare hosted its first health conference for women, One Night: About You, on Friday, May 17 at the Morehead Conference Center. There were over a hundred women from Morehead and surrounding counties who attended this free event. These women enjoyed an evening of fun and free prizes while having vital health screenings, learning more about women's health specific issues and discovering fun ways to remain healthy.

Many of the participants took the time to thank everyone involved with the event for all of their hard work. "The event was so nice and I had a great time. I can't thank you enough for doing an event like this as I learned a lot about taking care of my health. I hope you do it again next year," said one of the participants.

> A special thanks to the following people who worked so very hard to make the event so much fun and a huge success: Dr. Kimberly Williams, SCR's VP of Special Projects for giving an awesome keynote message about the best way to cope with stress; SCR Cardiologist, Nowwar G. Mustafa, MD, UK OB/GYN, Rebecca Todd, MD, SCR's Occupational Therapist, Morgan King and SCR's Physical Therapist, Kerry Muldowney for providing the women's health content for the breakout sessions; Laura White, Rowan County's UK Cooperative Extension agent for demonstrating how to make some healthy snacks and providing free cooking utensils and healthy recipes; all of the SCR clinical staff who provided free health screenings; Rowan Unite and the Gateway Health Department for setting up educational tables; Carry Brown, IT Works, SCR Gift Shop and Melody Hoff, Massage Therapist for donating door prizes.



Mary Horsely, RN, provides blood pressure checks at the free health screening of the event.



Over 100 women participated in the One Night, About You event.



Dr. Kim Williams discussed her presentation on managing stress at the One Night, About You event.

# **Congratulations** Lisa Wallace, RN



Lisa Wallace, RN is the Director of Nursing Education/Orientation and Nurse Manager of 4 Center (Women's Care).

Please join SCR in congratulating Lisa Wallace on passing the ANCC Nurse Executive exam! Lisa is now certified in nursing leadership.

You're invited!

Join us in celebration for: Judy Ramsey Judy is retiring with 27 Years of dedicated service.

Where: SCR Cafeteria 222 Medical Circle, Morehead, KY 40351

When: June 14, 2013 - 8:30 - 10:00 a.m.

St. Claire Regional Wew Staff

Virginia L Boone 3rd Floor North

Jessica Gayle Caudill *AHEC* 

Karla Kay Christen Food Services

Julie Ann Dragoo Health Information Management

Leanna Gale Gilliam Environmental Services

Toni Danielle Hammons *Radiology* 

> Katrina Rene Hunt Mental Health Unit

Kayla Paula Mae King MMS Administration

Adam James Lawhorn Environmental Services

Denise Lynn Lipps 3rd Floor North

Vanita K Mabry Patient Financial Services

Katlyn Colette Menix Patient Access William Brandon Pace Emergency Physician

Vergie Elaine Phipps *TCU* 

Holly Lee Royse Patient Access

Amy S. Dehart Russell *Home Health* 

Edgar Ruben Salas Hospitalist Physician

Austin M Slone Food Services

Raychel D Stevens Pharmacy

Donna Jean Thomas MMS Clinical Services

Holly Lynnette Utterback MMS Administration

Christine Marie Williams Infusion Solutions

Michelle Marie Wilson MMS Clinical Services



# UPCOMING **C.E. Programs**

#### June 4 | BLS Check Off

1:00 p.m. - 4:00 p.m. CHER 102C RSVP with KaSandra Stone at ext. 6830 or KNStone@st-claire.org

#### June 5 | Journal Club

8:00 a.m. - 9:00 a.m. SCR Education Room Credit: Category 1 AMA

#### June 7 | Tumor Board

7:30 a.m. - 9:00 a.m. TC Conference Room Credit: ACPE, Category 1 AMA, Nursing

#### June 11 | Morbidity & Mortality

8:00 a.m. - 9:00 a.m. SCR Education Room Credit: Category 1 AMA

#### June 13 | CPI: Non-Violent Crisis Intervention

8:00 a.m. - 3:00 p.m. CHER 102 Credit: Nursing RSVP with Mary Staton at ext. 6664 or MRStaton@st-claire.org

#### June 17 | NRP Skills Check Off

8:00 a.m. - 10:00 a.m. SCR-4C RSVP with KaSandra Stone at ext. 6830 or KNStone@st-claire.org

#### June 21 | Tumor Board

8:00 a.m. - 9:00 a.m. TC Conference Room Credit: ACPE, Category 1 AMA, Nursing

#### June 27 & 28 | PALS Provider

8:00 a.m. - 4:00 p.m. CHER 102 ABC RSVP with KaSandra Stone at ext. 6830 or KNStone@st-claire.org

# NEWS & EVENTS

#### Help Oklahoma Tornado Victims

Rowan County UNITE is taking donations to help the victims of the recent Oklahoma tornados. Their office is located at the OLD Rowan County MIddle School.

For more information please contact Chris Salyers at (606) 784-1350

#### SCR Family Medical Supply Father's Day Sale

Date: Saturday, June 1 – Saturday, June 15 Location: SCR Family Medical Supply Hours: M-F 8:00 a.m. to 5:00 p.m. Saturday 10:00 a.m. to 2:00 p.m.

20% off all lift chairs and shoes, plus lots of other great gifts for Dad!





# Have an article **NEWSBRIEF** or event to submit for the Newsbrief?

Please send articles and/or information to be placed in the SCR Newsbrief to <u>jlrobinson@st-claire.org</u>.

Visit the SCR web site at www.st-claire.org/newsbrief to read past editions of the SCR Newsbrief

### NEED A CAMERA TO COVER A SCR EVENT?



The Marketing/PR Dept. has several cameras available for loan. Contact ext. 6927 for more information.