

St. Claire Regional Medical Center

NEWSBRIEF

Sweated the Rainbow
AHA HeartChase

2
3

May Champions
C.E. Programs

4
7

St. Claire Regional Proudly Announces the Addition of David Paul Turley, M.D. – Emergency Medicine

St. Claire Regional is proud to announce the addition of David Paul Turley, M.D., Emergency Medicine Physician, to our Medical Staff in the Emergency Department.

Turley received his medical degree at Marshall University School of Medicine in Huntington, WV. He completed his residency in emergency medicine at the University of Wisconsin Hospital health system.

Turley says his wife, Leann, is an amazing woman who directs the three-ring circus in which their children star. Leann has a Doctorate of Pharmacy and is from Olive Hill, KY. They have three sons; Silas and Samuel who are identical 9 year old boys who like baseball, basketball and soccer and Luke who is 2 years old and is learning to fight bad guys, turn on appliances and draw on walls. The Turley's are looking forward to moving to Kentucky to raise their children and provide medical services in our region.



David Paul Turley, M.D., Emergency Medicine Physician

Please join us in welcoming our new Emergency Medicine Physician to St. Claire Regional Medical Center and our community.



CHECK OUT THE SCR NEWSBRIEF ONLINE AT www.st-claire.org/newsbrief

David Gross Presents at National Conference



David A. Gross, MPA, SCR's Administrative Director for Education and Research.

submitted by: Greg Bausch, PharmD

David A. Gross, St. Claire Regional's administrative director for education and research, recently presented the findings from his study, "An Assessment of Alzheimer's Caregivers in Northeastern Kentucky," at the 36th Annual National Rural Health Conference.

The study, which was funded by the University of Kentucky's Center for

Clinical and Translational Science, analyzed caregivers' demographics, health status, daily tasks, and demand for support services (specifically, in-home respite and adult day care). Over a 10-month period, 72 local caregivers responded to a survey developed by Gross and Mary Horsley, SCR's clinical trials director and facilitator of the Rowan County Caring & Sharing Alzheimer's Support Group.

Among the findings were:

- Local caregivers tracked national demographic data (that is, most respondents were women, most were aged 55 or older, and most have obtained less than a college degree)
- On average, local caregivers self-report their health status as "good," but most respondents acknowledged they have delayed treatment for their own medical conditions or have experienced a worsening condition as a result of the demands associated with caregiving

- Nearly three-quarters of respondents indicated they would use in-home respite care if it were available or accessible, and more than half said they would utilize adult day care services.

The NRHA conference was held May 8-10 in Louisville.

"The number of Alzheimer's cases is expected to triple by the year 2050," Gross said, "and more than 70 percent of people with Alzheimer's disease are cared for at home, so this will continue to be an important issue within our region and nationally. I'm pleased that we could add to the knowledge base about a disease that affects so many people, including both patients and caregivers."

Gross and Horsley also hope to share the findings with the Gateway Area Development District, Gateway Wellness Coalition, and other local and regional agencies involved with health planning.

Sweated the Rainbow

submitted by: Charlene Blevins, RN

"Jewels of St. Claire," Julie Linder, RN and Kristina Thompson, LPN of Telemetry, participated in Louisville's *The Color Run* for charity.

The Color Run is a nationwide event partnered with a charity in each city and focuses on giving back through the community through participation.

The charity, *Girls on the Run*, of Louisville, is an organization that instills self-esteem in young girls through health education, mentoring life skills and physical training. It is in active collaboration, with girls and their parents, schools, volunteers staff and community, that this is accomplished.

Kristina is organizing another group event, The Dirty Girl, 5k mud run/obstacle course, in Louisville on August 24th, in recognition of Breast Cancer Awareness. For more information or to register as a team member, contact Kristina in Telemetry, 6631, or through her SCR email, Kristina.Thompson@st-claire.org.



Kristina Thompson, LPN and Julie Linder, RN with *The Color Run* truck.

Join SCR to Support AHA HeartChase Tuesday, October 1

The American Heart Association's HeartChase™ is an innovative community event that provides a fun, new way to promote healthy living and support a great cause.

Your HeartChase™ event brings families, friends and coworkers of all ages together in a community-wide competition to uncover clues, solve puzzles and complete challenges in a race to the finish line.



SCR is currently recruiting individuals to be **TEAM LEADERS** for more information on how to participate email Bobby Cox at rvcox@st-claire.org

Ethics and Ethical Leadership Study

St. Claire Regional is collaborating with Johnathan Nelson, Ph.D., an Assistant Professor of Management at Morehead State University, to investigate how ethical leaders communicate about ethics and how life experiences contribute to the development of ethical leadership.

Participants will be St. Claire Regional employees; interviews will be held at SCR with Professor Nelson and will focus on instances in which individuals have incorporated ethical issues into their communication or observed others doing so. This research will help provide guidance to leaders on best practices related to ethics-centered communication.

Participants will be invited by way of email, but if you have any questions, or wish to participate, please contact Johnathan Nelson, Ph.D. at j.nelson@moreheadstate.edu or Shawna Lewis at Shawna.Lewis@st-claire.org.

The following comments are from SCR patients that completed our Press Ganey patient satisfaction surveys in May.

AMBULATORY SURGERY

All staff were excellent, courteous and professional.

Dr. Mitchell is one of the best. Very professional, kind and very good at preparing me for what to expect.

All same day nurses were very attentive and professional.

Tara, RN, really put me at ease.

Julia Perry, CRNA, absolutely wonderful she did a spinal block on me.

HOME HEALTH

Gina Porter was excellent very caring and understanding lots of patience with me.

We loved Johnny Napier also he was just like Gina Porter with me. Give them both a raise!

Pam Evans was always concerned for my well being. She was never pushy, but concerned for me and my family.

Kathy Howard, RN, was an excellent nurse during my home health care.

Kathy Howard, RN, is excellent at her job - very caring and helpful to me.

MEDICAL PRACTICE

I'm always treated very well there - I especially enjoy seeing Leslie Stamper, she listens to me and doesn't make me feel like I'm a bother.

Leslie Stamper is always interested in answering questions for me. I enjoy my visits with her.

Kim waits on me quite often. I'm always happy to get waited on quickly and to have appts. when they fit my schedule.

Always very good. Dr. Rucker is a very professional and knowledgeable doctor.

INPATIENT

Derek Bradley was a great worker need more day time like him.

We are very fond of Dr. Vansant.

Dr. Crouse and his staff are the best. I know in my heart that I could not have asked for better!

Truly appreciate Judy Ramsey for spending time with my family during surgery.

Had a problem after surgery and Dr. Newcomb and Dr. Anwar were there within 5 min.

Sue Ingram did a great job explaining everything.

Raezan Youmans, Shelley Sadler and Anna Barker were amazing nurses!

Excellent care from nursing assistants to the charge nurse.

Wish to express thanks to Sister Jeannie for her follow-up call and wonderful advice in helping me to gain strength and feel better - I "thank you" St. Claire Regional - your mission is being well carried out by wonderful employees.




FAMILY DENTISTRY

Now Available at SCR Family Medicine-Morehead
Tuesdays and Wednesdays 8:00 a.m. to 5:00 p.m.

David L. Graham, DMD is Now
Accepting New Dental Patients

- Complete exams, x-rays, and cleanings
- Fillings, root canals, and extractions
- Crowns, bridges, full and partial dentures



David Graham, DMD
SCR Family Medicine Dentist

St. Claire Regional
Family Medicine

✦ St. Claire Medical Group

To schedule an appointment (606) 783-7700

Happy Birthday

JULY

George E Chapman	CT Scan	7/2	Randall W Perry	Nuclear Medicine	7/12	Natasha R Knipp	3rd Floor Central	7/23
Anna L Holbrook	3rd Floor North	7/2	Marcia A Shrout	Human Resources	7/12	Courtney N Peck	Emergency Department	7/23
Sherri L Layne	OPCC	7/2	Rhonda L Alexander	Patient Access	7/13	Nicki A Burchett	Surgery	7/24
Lisa B Amburgey	Surgery	7/3	Meghan G Howard	Laboratory	7/13	Krista M Childers	Occupational Therapy	7/24
Janice L Anderson	Family Medical Supply	7/3	Mindy A Huston	Nursing Administration	7/13	Jessie P Conn	ICU	7/24
Abigail S Hay	Pharmacy	7/3	Ashok Lakhiani	St. Claire Counseling	7/13	Penny Dunaway	Environmental Services	7/24
Betty G Kidd	Patient Access	7/3	Rhonda K Martin	CRSS	7/13	Lorey D Knipp	Sleep Lab	7/24
Andrew H Pelfrey	Surgery	7/3	Teresa K Russell	Family Medical Supply	7/13	Gina R Lewis	Respiratory Therapy	7/24
Elizabeth D Reffitt	SCR Case Management	7/3	William A Staton	Emergency Department	7/13	Connie S Scaggs	3rd Floor Central	7/24
Crystal L Limings	Home Health	7/4	Kathy M Gray	Echo	7/14	Ashley M Ward	MMS	7/24
Melinda L McGlone	Home Health	7/4	Clarissa G Hensley	MMS	7/14	Amanda B Arnett	Food Services	7/25
Taylor M Patrick	Physical Therapy	7/4	Tonya R Kennedy	Home Health	7/14	Linda M Conyers	Nursing Administration	7/25
Raezan C Youmans	4th Floor Nursing	7/4	Barbara J Corbin	ICU	7/15	James P Rizzo	Pathology Physicians	7/25
Allen S Lim	MMS	7/5	Heather N Kiser	Laboratory	7/15	Nancy J Stone	Infusion Solutions	7/25
Cynthia A Hamon	Surgery	7/6	Christine R O'Kelly	MMS	7/15	Tyleshia L Harris	Sleep Lab	7/26
Tina L Parsons	Mental Health Unit	7/6	Patricia J Barnes	Float Dept - Unit Sec	7/16	Melissa Minix	3rd Floor North	7/26
Brandon A Smith	Emergency Department	7/6	William R Gilliam	Environmental Services	7/16	Shannon M Minor	Home Health	7/26
Pamela E Copher	Emergency Physicians	7/7	Dwayne L Johnson	SCR Family Medicine	7/16	Dianna S Porter	FM - Sandy Hook	7/26
Teresa L Frizzell	FM- Owingsville	7/7	Mary R Conn	MMS	7/17	Wade A Prater	CT Scan	7/26
Deborah L Robertson	PACU	7/7	Freda L Kilburn	Nursing Administration	7/17	Tammy L Rasche	ICU	7/26
Autumn L Baker	3rd Floor North	7/8	Vickie L Nesbitt	ICU	7/17	John A Duff	Printing	7/27
Mohammad Marashdeh	MMS	7/8	Nicholas W Rodgers	Emergency Department	7/17	Cosby E Fannin	OPCC	7/27
Cindy K Moore	Environmental Services	7/8	Samuel L Claxon	Emergency Department	7/18	Sarah L Gilliam	3rd Floor North	7/27
Kristin E Moore	FM- Owingsville	7/8	Helen C Peck	FM - Frenchburg	7/18	Nowwar G Mustafa	MMS	7/27
LaDonna N Murphy	3rd Floor Central	7/8	Courtney Fultz	Environmental Services	7/19	Sarah A Small	Laboratory	7/27
Jon N Tate	4th Floor Nursing	7/8	Vanessa Harris	FM - Menifee (Dental)	7/20	James A Vansant	Hospitalist Physician	7/27
Ashley N Tillett	Float Dept - Unit Sec	7/9	Stephanie L Lewis	FM - Morehead	7/20	Karen W Bailey	Laboratory	7/28
Marsha D Wall	CRSS	7/9	Susan L Wallace	MMS	7/20	Kelly J Benton	Laboratory	7/28
Mohammad Aslam	Anesthesia Professionals	7/10	Ashley Brown	Radiology	7/21	Jeannie L Lacock	MMS Administration	7/28
Rebecca J Bocook	CRSS	7/10	Heather L Conn	MMS Administration	7/21	Chelsey A Roe	4th Floor Nursing	7/28
Caren Daniels-Thacker	Emergency Physicians	7/10	LeAnn N Davidson	Home Health	7/21	Mary J Thiel	HIM	7/28
Kimberly D Lycans	Infusion Solutions	7/10	Darcey Hall	Respiratory Therapy	7/21	Gregory S Wright	Infusion Solutions	7/28
Kimberly J Plank	Food Services	7/10	Gerald W Lykins	Mental Health Unit	7/21	Carolyn L Brown	Patient Financial Services	7/29
Teresa A Wheeler	Hospice	7/10	Rita C Arnold	MMS	7/22	Christy McKinney	Patient Financial Services	7/29
Cynthia Blankenship	Anesthesia Professionals	7/11	Donna K Barnett	ICU	7/22	Brian L Buelterman	AHEC	7/30
Elizabeth A Hesson	Infusion Solutions	7/11	Mary J Humkey	SCR Family Medicine	7/22	Pamela S Earehart	Home Health	7/30
Samantha J Jordan	Respiratory Therapy	7/11	Tina R Roberts	4th Floor Nursing	7/22	Markeeta Hall	FM - Morehead	7/30
Paula L Miller	TCU	7/11	Kelly R Steagall	Emergency Physicians	7/22	Jaime J Wagoner	FM - Morehead	7/30
Jessica L Cox	Radiology	7/12	Helen M Donathan	Environmental Services	7/23	Allison K Carson	Surgery	7/31
Pamela M Crose	Pathology	7/12	Arpie Hampton	3rd Floor North	7/23	Amanda R Hester	Emergency Department	7/31
Deborah L Gibson	3rd Floor Central	7/12	Angela J Justice	ICU	7/23	Janet L Horn	Quality Management	7/31
Dava L Jordan	3rd Floor Central	7/12				Heather M Shrout	3rd Floor Central	7/31



Fun with Food

at St. Claire Regional Outpatient Center

Will your child only eat a limited number of foods?

Do mealtimes feel like a battle number of foods?

Does your child resist trying new foods, textures or tastes?

If you answered yes to any of the above, join the Fun with Food group. The Fun with Food group meets weekly for one hour. Each group will have four children with two pediatric occupational therapists leading the group. The group uses a social, non-threatening approach to help children feel more comfortable with exploring new foods and their color, shape, texture, smell, taste and consistency.

To benefit from the group, children need to:

- Be medically stable
- Demonstrate an interest in their peers
- Have limited foods in their current diet
- Refuse foods or struggle with new textures or tastes

Toddler and school-aged groups meet weekly for one hour at St. Claire Regional Outpatient Center.

Call SCR Occupational Therapy at (606) 783-6919 for schedule details.

St. Claire Regional
OUTPATIENT CENTER

For more information or to sign your child up for Fun with Food, contact the SCR Occupational Therapy Department at (606) 783-6919



UPCOMING C.E. Programs

June 21 | Tumor Board

8:00 a.m. - 9:00 a.m.
TC Conference Room
Credit: ACPE, Category 1 AMA, Nursing

June 27 & 28 | PALS Provider

8:00 a.m. - 4:00 p.m.
CHER 102 ABC
RSVP with KaSandra Stone at ext. 6830 or KNStone@st-claire.org

July 3 | Journal Club

8:00 - 9:00 AM
SCR Education Room
Credit: Category 1 AMA

July 5 | Tumor Board

7:30 - 9:00 AM
TC Conference Room
Credit: ACPE, Category 1 AMA, Nursing

July 9 | Morbidity & Mortality

8:00 - 9:00 AM
SCR Education Room
Credit: Category 1 AMA

July 9 | BLS Check Off

1:00 - 4:00 PM
CHER 102C
RSVP with KaSandra Stone at ext. 6830 or KNStone@st-claire.org

July 15 | NRP Skills Check Off

8:00-10:00 AM
SCR-4C
RSVP with KaSandra Stone at ext. 6830 or KNStone@st-claire.org

Help Oklahoma Tornado Victims

Rowan County UNITE is taking donations to help the victims of the recent Oklahoma tornados. Their office is located at the OLD Rowan County Middle School.

For more information contact
Chris Salyers at (606) 784-1350

Around the Clock \$5.00 Masquerade Jewelry Sale

Date: Monday, July 8 - Wednesday, July 10

Location: Café B & C

Hours: July 8 at 9:00 p.m. - July 10 at 2:00 p.m.

Save the Date Bob G's Family Fun & Fitness Day

Date: Saturday, October 5

Location: MSU Laughlin Hall

Hours: 8:00 a.m.

This event is free and open to the public, created in honor of Bob Grueninger, by his community, for his community. Will include a walk and fun run (NAMIWalk), fitness activities and nutrition / health fair booths.

For more information contact Louise Cooper at (606) 783-5493 or l.cooper@moreheadstate.edu



**St. Claire Regional
Medical Center**

222 Medical Circle • Morehead, KY 40351

Have an article
or event to submit
for the Newsbrief?

St. Claire Regional Medical Center
NEWSBRIEF

Please send articles and/or information to be placed in the SCR Newsbrief to mbash@st-claire.org.

Visit the SCR web site at www.st-claire.org/newsbrief to read past editions of the SCR Newsbrief

NEED A CAMERA TO
COVER A SCR EVENT?



The Marketing/PR Dept. has several cameras available for loan. Contact ext. 6927 for more information.