

St. Claire Regional Medical Center

NEWSBRIEF

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50th Anniversary Staff Celebrations

Save the Dates

August 5 - 9

Stop by and see SCR's display of historical memorabilia including exhibits from our beginnings to today. Located in Café C.

October 5

As a thank you for all SCR staff members who continue to play a significant role in SCR's successes and accomplishments, we will be hosting a "50 Year Celebration" on Saturday, October 5 at the Harold White picnic area. Please make plans to join us as we celebrate this exciting milestone! More details to come soon.

SCR Proudly Celebrates 50 Years of Providing Amazing Medicine Close to Home

St. Claire Regional has great joy in being able to look back over 50 years of providing amazing medicine to the communities we serve. We are truly humbled by the hard work, dedication and support of everyone who has made this possible. As SCR celebrates a half century of forward thinking that has benefited the health and well-being of the people in our community, we also reaffirm our commitment to innovative and quality patient care over the next 50 years.

SCR kicked off its 50th Anniversary Celebration with a mass presided by the Most Reverend Bishop Ronald W. Gainer, of the Diocese of Lexington at the Jesus Our Savior Church in Morehead. It was followed by a special thank you celebration at the Center of Health, Education and Research to honor our founders (Dr. Louise Caudill, the Sisters of Notre Dame and our Community), significant donors, medical staff, hospital leaders and long-term SCR staff members. All of which we owe a great debt of gratitude for our 50 year milestone and tradition of excellence.



Claire Louise Caudill, MD, and Susie Halbleib, RN

Despite SCR's humble beginnings with 41 beds, 42 staff members and 6 physicians representing 3 medical specialties, we now boast a 159 bed regional health system with over 1,200 staff, more than 100 physicians representing 31 medical specialties and serve a population of over 160,000. SCR's tradition of caring, compassion and its commitment to proclaiming God's goodness through a healing ministry to the people of eastern Kentucky has made SCR the largest and most respected rural hospital in northeastern Kentucky.

Celebrating
50 YEARS
 St. Claire Regional Medical Center
 1963 - 2013

YOU WON'T WANT TO MISS THIS

St. Claire Regional's

50th Anniversary

Documentry

visit us online at
www.st-claire.org



Above:
Sister Mary Edwin,
Alpha M. Hutchinson,
Sister Mary Joell,
Mayor William H.
Layne and J. Roger
Caudill

Dear Mark,

You're terrific!

*Just had to send my own
thanks for the wonderful
50th Celebration. You and
your helpers have done
an outstanding job. We
sisters so appreciate you
and the work you do
for God, the people and
us! Blessings & Peace
Sr. Marjorie Marie Thiel
M.D.*



Left:
The Most Reverend
Bishop Ronald W.
Gainer, presides over
mass on Saturday.



Sr. M. Jeanne Frances Cleves, RN, SND, and Sr. M. Martha, SND, are honored as two of the first sisters to serve at St. Claire Regional.



Susie Halbleib, RN, (Dr. Claire Louise Caudill's nurse) George Barber, MD, (Retired MMS Family Physician) and Richard Proudfoot, MD, (General Surgeon at Cave Run Surgical Specialists and son of Warren H. Proudfoot, MD) with a painting of SCR's first three medical staff presidents, Claire Louise Caudill, MD, George Barber, MD, and Warren H. Proudfoot, MD.

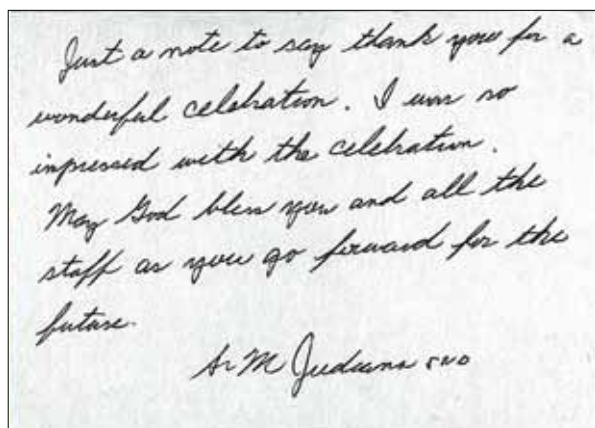
The painting was donated to SCR and unveiled at the celebration. The artist of the painting is Dongfeng Li, MFA, Associate Professor at Morehead State University.

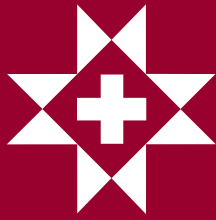


The Sister's of Notre Dame enjoying the reception at the 50th anniversary celebration after mass.



Sr. M. Ann Catherine, SND, Lisa Amburgy, Director, Surgical Services, RN, and George Barber, MD, retired MMS Family Physician, posing for a picture at the 50th celebration.





St. Claire Regional Medical Center

SCR is happy to announce that our Board of Directors has approved the reinstatement of the performance/merit increase program that provides each SCR staff member the opportunity to earn 0 - 2% for Fiscal Year 2014.

St. Claire Regional Proudly Announces the Addition of Krishna Tangirala, MD – Internal Medicine

St. Claire Regional Medical Center is proud to welcome Krishna Tangirala, MD Internal Medicine Physician. Dr. Tangirala specializes in the prevention, diagnosis and medical treatment for adults of all ages and will be providing services at Morehead Medical Specialists, a service of St. Claire Regional, beginning July 15.

Tangirala completed his medical degree at the Deccan College of Medical Sciences in India. He completed a residency in internal medicine at Unity Health System Hospital in Rochester, NY where he received the Outstanding Intern Award by the department of medicine, the Resident Humanist Award as well as the Senior Leadership Award.

Tangirala is looking forward to joining SCR and serving the patients in our community. He has a love for Formula 1 racing, tennis and watching NBA basketball. In addition, he loves traveling and learning about new cultures.

Dr. Tangirala is now scheduling and accepting new patients. To schedule an appointment with Tangirala, or any Morehead Medical Specialists, call 606-780-5224. Morehead Medical Specialists provides healthcare services for your entire family.



Krishna Tangirala, MD Internal Medicine Physician

Graduation Celebration at the Northeast KY AHEC

submitted by: Julie Stephens

On April 15 the Northeast KY AHEC celebrated the upcoming graduation of four students from the University Of Pikeville Kentucky College Of Osteopathic Medicine and seven students from the University Of Kentucky College Of Medicine Rural Physician Leadership Program. All students worked extremely hard and completed their third and fourth years of medical school within the Northeast KY AHEC's 17-county service region.

The evening was filled with celebration, inspiration, emotions and tears. The Northeast KY AHEC congratulates and wishes them well in residency in hopes they will return to a rural Kentucky area to practice when they finish. The Northeast KY AHEC is very proud to have had these wonderful students in our region!



Ashley Clevenger, DO
Hometown: Ashland, KY
Residency: Pediatrics—University of Kentucky (Lexington, KY)



Parker Panks, DO
Hometown: West Liberty, KY
Residency: Family Medicine—St. Claire Regional (Sandy Hook, KY)



Tom Edgerton, DO
Hometown: Meridian, MS
Residency: Orthopedics—University of Mississippi (Jackson, MS)



Caleb Meenach, DO
Hometown: Glasgow, KY
Residency: Internal Medicine—University of Kentucky (Lexington, KY)



Nathan Hudson, MD
Hometown: South Shore, KY
Residency: Internal Medicine—The Christ Hospital (Cincinnati, OH)



Lesley Jackson, MD
Hometown: Lexington, KY
Residency: Family Medicine—(Undetermined)



Katherine Johnson, MD
Hometown: Summerville, SC
Residency: Family Medicine—Self Regional Healthcare (Greenwood, SC)



Crystal Norgren, MD
Hometown: Boulder, CO
Residency: Diagnostic Radiology—Michigan State University (Grand Rapids, MI)



Shea Poynter, MD
Hometown: Cave City, KY
Residency: Urology—(Undetermined)



Miranda Smith, MD
Hometown: Sandy Hook, KY
Residency: Pediatrics—University of Kentucky (Lexington, KY)



Katrina Winkler, MD
Hometown: Richmond, KY
Residency: General Surgery—University of Kentucky (Lexington, KY)

Also, for this year's Graduation Celebration the students picked four preceptors to receive the following awards:



UK College of Medicine
Rural Physician Leadership Program
Most Inspiring Teacher Award
Dr. Steven M. Koenig, MD
Pulmonologist
Morehead Medical Specialists



UK College of Medicine
Rural Physician Leadership Program
Leadership in Rural Health Care Award
Dr. Edward J. Scott, MD
Internal Medicine
Morehead Medical Specialists



UPIKE KY College of Osteopathic Medicine
Most Inspiring Teacher Award
Dr. Twana J. Hatton, DO
Family Medicine
St. Claire Regional Family Medicine
Sandy Hook



UPIKE KY College of Osteopathic Medicine
Leadership in Rural Health Care Award
Dr. Clarence G. Clayton, DPM
Podiatrist
St. Claire Regional Outpatient Center

“Letters From Home” Recognition Dinner



Class of 2013 Letters From Home Students

Left to Right, Back Row: Daniel McCarty, Colby Jones, Jonathan Walrath, Cameron Felty, Parker Bach
Left to Right, Front Row: Timothy Waits, Gianni Maione, Sofeia Aslam, Will Grey, Daniel Hudson

submitted by: Julie Stephens

April 30 marked the 12th Annual “Letters From Home” recognition dinner. The Northeast Kentucky Area Health Education Center recognized 15 students from our region who have been accepted into medical school. These students will be attending the University of Kentucky College of Medicine, University of Louisville School of Medicine, University of Pikeville Kentucky College of Osteopathic Medicine, Indiana University

School of Medicine or Lincoln Memorial University DeBusk School of Osteopathic Medicine in the fall.

The “Letters From Home” program is a mechanism for staying in touch with students throughout their medical education through dinners at the colleges, sending birthday cards, newsletters and e-mailings. This provides encouragement to the students to return back home

for clinical rotations as well as return to practice when they complete their education.

The current Letters From Home students and St. Claire Regional Medical Center Medical staff provided insight and advice to students. The evening ended with each student being recognized and presented with a resource that will help them in medical school.

St. Claire Regional Family Medical Supply

NOW OPEN UNTIL 6:00 p.m. M-F

Monday - Friday
8:00 a.m. to 6:00 p.m.

Saturday
10:00 a.m. to 2:00 p.m.

Located just off I-64
at Morehead-Exit 137
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Cookies for a Cure

submitted by: Debra Hayes

The IRU/TCU staff and the Physical Therapy staff recently participated in the Rowan County Relay for Life in Morehead. Relay for Life took place on June 1 at the Morehead Church of God from 2 p.m. until 12 a.m. Relay for Life is an awareness walk, celebration of survivors and a night of remembrance for all those affected by cancer.

Their slogan was Cookies for a Cure, the participation from the staff was terrific, with hundreds of cookies donated and lots of volunteers working the booth. A fun day was had by all and the staff is already making plans for next year's event.

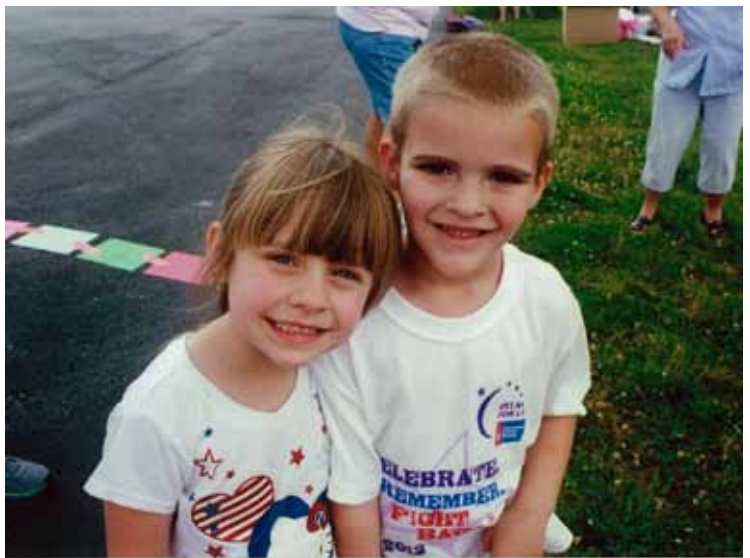


Staff, family and friends of IRU/TCU supporting Cookies for a Cure at the June 1 relay in Morehead.

l to r: Ethan Mays, Nina McCleese, Kathy Mays, Kalie McCleese, Devany Blevins, Maggie McCleese, Charlotte Parr, Connie Mayhorn, Debra Hayes



Sue Lequire, 5th floor staff member and a cancer survivor, participated in Relay for Life.



Emileigh Hayes, granddaughter of Debra Hayes and Nicholas Mayhorn, grandson of Connie Mayhorn were some of the youngest participants for the 5th floor.



Arica Conley, PT, and Kerry Muldowney, PT



Did you know?

In May 1985, Dr. Gordy Klatt walked and ran for 24 hours around a track in Tacoma, Washington, ultimately raising \$27,000 to help the American Cancer Society fight the nation's biggest health concern – cancer. A year later, 340 supporters joined the overnight event. Since those first steps, the Relay For Life movement has grown into a worldwide phenomenon, raising more than \$4 billion to fight cancer.

25 Million Americans

suffer from uncomfortable and unsightly varicose veins

Cave Run Surgical Specialists Has a Solution

RESULTS OF VENOUS ABLATION ARE IMMEDIATE



Now Offering Venous Ablation

Laser Treatment for Varicose Veins

Cave Run
Surgical Specialists

✦ St. Claire Medical Group

For more information or to schedule an appointment
call (606) 784-7551 ext. 1271 or ext. 1204

ABOUT LASER VEIN TREATMENT

In laser vein treatment, a thin fiber is inserted into the damaged vein. A laser light is emitted through the fiber, delivering just the right amount of energy. The targeted tissue reacts with the light energy, causing the vein to close and seal shut. The veins that are closed off are superficial veins that handle less than 5% of your blood flow. The blood is automatically routed to other veins.

THE PROCEDURE IS DONE RIGHT IN THE PHYSICIAN'S OFFICE

The procedure typically lasts anywhere from 45 minutes to one hour, and requires only a local anesthetic. Your physician will insert a thin laser fiber into the vein through a very small entry point, and the laser light that emits through this fiber will seal the faulty vein.

IMMEDIATE RESULTS

After treatment, the appearance of the abnormal vein is instantly improved with minimal-to-no scarring. There may be some slight swelling and minimal bruising around the treatment site. However, once that subsides, patients will see a significant difference in the appearance of your legs.

The following comments are from SCR patients that completed our Press Ganey patient satisfaction surveys in June.

INPATIENT

Dr. Proudfoot put me at ease.

Robin Donahue was the best nurse I had.

You have a great nursing staff.

HOME HEALTH

Ethel Burchett was great on everything.

Leah-Ann Owens was very sensitive to the needs of my husband, she informed me of how to care for him. She met his needs in a very caring way.

Kathy Howard was wonderful. I couldn't have asked for better care.

Kathy Howard was great.

My care was exceptionally good from excellent people especially Melinda McGlone good job.

My nurse, Leigh Ann Owens, was very kind and good to me at all times.

My nurses Ethel Burchett, Annette Sparks, Susanne Honey Haney and Pam Compton were excellent. Love my nurses.

Ethel Burchett, my nurse, was very loving.

Melinda McGlone is an excellent nurse.

EMERGENCY DEPT

Dr. Overall was very helpful and kind. He is a great doctor for kids.

The two nurses that did our baby's catheter for a urine specimen, Missy Kidd and Tara Watson, were so wonderful to our baby, they were very gentle and explained things really well. Great job.

We were scared when we found out that our baby had to be cathed I was sitting in the waiting area with her, and crying, when Rebecca Parker, RN came and put her arm around me and said it was going to be OK her comfort was much appreciated. She is a very good nurse.

Josh Bryan was her nurse and he was wonderful. Very concerned and caring.

Josh Bryan was very attentive toward family members.

AMBULATORY SURGERY

Dr. Clayton was very good.

Everyone involved was so nice.



Community Attitudes & Research Education Study

Mary Horsley, RN, of St. Claire Regional Medical Center along with Jeff Carrico, PharmD, BCPS, of the University of Kentucky, and Kentucky Clinical Trials Network is conducting a research study to evaluate attitudes towards participation in clinical trials amongst Kentuckians.

Eligible participants will be 18 years of age or older and include either:

- Cancer Patients or
- Community Volunteers (those without a cancer diagnosis)

All participants will attend a group informational session and complete two surveys about their attitudes towards participation in clinical trials. If you decide to participate, you will be one of about 200 people across the state to do so.

There are no known risks for your participation in this research study. Taking part in this study is voluntary. The information learned in this study may not benefit you directly, but may be helpful to others.

What will you be asked to do?

- Upon arrival, you will take a short survey and seal your answers in a color-coded unmarked envelope.
- Jeff Carrico, PharmD, BCPS, will then deliver an informational presentation lasting approximately 20 minutes. After the presentation, time will be set aside to answer your questions.
- You will then complete a second survey and seal your answers in a color-coded unmarked envelope.
- You will give both sealed envelopes to the study team.

Total time of participation is approximately 40-50 minutes.

Refreshments will be provided as well as \$20 to offset the costs for your time and travel.

DATE:

Tuesday, July 16, 2013

TIME:

6:00 p.m.

LOCATION:

Center for Health Education & Research
316 West Second Street
Room 102-D
Morehead, KY

If you would like to reserve a seat or would like additional information about **C.A.R.E.S.**, please contact Kristi Helton at (606) 783-6479



St. Claire Regional

Welcomes New Staff

Aaron P. Banks
House Staff

Roxanne M. Johnson
Physical Therapy

Margeaux A. Chinn
Nursing Administration

Wesley Lacy
MMS Clinical Services

Nichole N. Conley
Food Services

Jackilyn B. Malone
Home Health

Casey L. Craft
Patient Access

Rebecca J. McClain
MMS Clinical Services

Angela M. Cundiff
Patient Access

Dalton M. McKenzie
Food Services

Stephanie D. Dailey
Behavioral Health Unit

Ashley E. Peterson
TCU

Courtney Day
Health Information Management

Carolina S. Puckett
Surgery

Chadwick E. Gambrell
House Staff

Anita L. Wells
3rd Floor North

Jacob P. Glover
Patient Access

Paula J. Williams
Family Medical Supply

Dylan K. Gose
Environmental Services

Katlyn A. Wiseman
TCU

Larry W. Hutchinson
Physical Therapy

Jennifer L. Worley
Home Health

Seigfred P. Jalalon
FM - Morehead

SCR Emergency Text Notification System

SCR is launching a new Emergency Text Notification System using the One Call Now system. In an emergency, this new automated system will allow SCR to text staff with important messages.

To update your information, we have created a new staff Self-Service Portal located on SCR's Intranet, **which will be available Tuesday, July 16**. You can now update your address, phone number, and parking registration on a continuous basis conveniently.

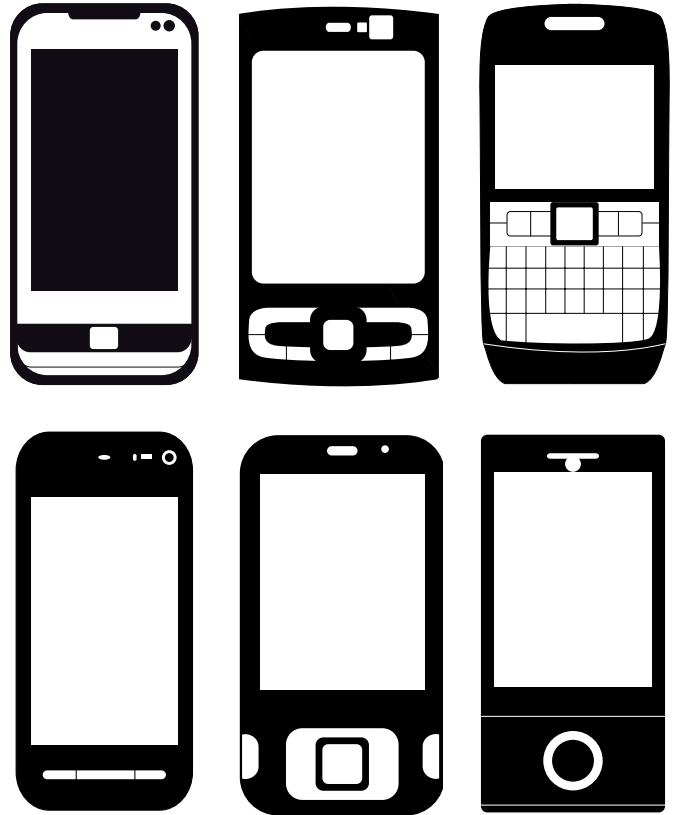
Thank you again for your effort and support of SCR's emergency preparedness efforts.

To begin receiving emergency text notifications...

**Text the word "Alert" to
22300
That's it!**

NOTE: If you subscribe to a cell plan with text messaging, One Call Now text messages will be included in your plan. If you do not have a text messaging option on your cellular plan or you exceed your plan's limit, standard text message charges will be applied by your cellular provider to receive these messages.

Please feel free to contact Human Resources (6586) with any questions or concerns.



UPCOMING C.E. Programs

July 15 | NRP Skills Check Off

8:00-10:00 AM

SCR-4C

RSVP with KaSandra Stone at ext. 6830
or KNStone@st-claire.org

July 18 & 19 | ALSO

8:00 AM - 4:00 PM

CHER 102

Credit: Nursing, AAFP, Category 1 AMA
RSVP with KaSandra Stone at ext. 6830
or KNStone@st-claire.org

July 19 | Tumor Board

8:00 - 9:00 AM

TC Conference Room

Credit: ACPE, Category 1 AMA, Nursing

July 25 & 26 | ACLS Provider

8:00 AM - 4:00 PM

CHER 102 ABC

RSVP with KaSandra Stone at ext. 6830
or KNStone@st-claire.org

July 30 | BLS Check Off

1:00 - 4:00 PM

CHER 102C

RSVP with KaSandra Stone at ext. 6830
or KNStone@st-claire.org

New & Olde Thyme Primitives

Date & Time:

Tuesday, July 16 | starting at 7:00 a.m.
Wednesday, July 17 | ending at 2:00 p.m.

Location: Café B & C

Books R Fun

Date & Time:

Wednesday, July 17 | 11:00 a.m. - 7:00 p.m.
Thursday, July 18 | 7:00 a.m. - 4:00 p.m.

Location: Café D

SCR Historical Display & Exhibits

Date & Time:

Monday, August 5 - Friday, August 9

Location: Café C

Jump into Spring St. Claire Regional Linens Fair

Date & Time:

Thursday, August 22 | 7:00 a.m. - 5:00 p.m.
Friday, August 23 | 7:00 a.m. - 3:00 p.m.

Location: Café C & D



**St. Claire Regional
Medical Center**

222 Medical Circle • Morehead, KY 40351

Have an article
or event to submit
for the Newsbrief?

St. Claire Regional Medical Center
NEWSBRIEF

Please send articles and/or information to be placed in the SCR Newsbrief to mbash@st-claire.org.

Visit the SCR web site at www.st-claire.org/newsbrief to read past editions of the SCR Newsbrief

NEED A CAMERA TO
COVER A SCR EVENT?



The Marketing/PR Dept. has several cameras available for loan. Contact ext. 6927 for more information.