

St. Claire Regional Medical Center

# NEWSBRIEF

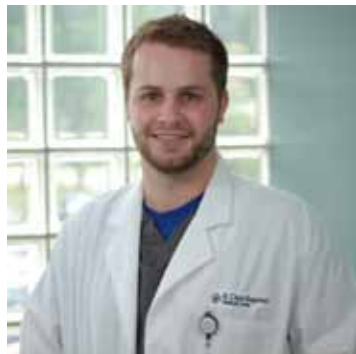
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## St. Claire Regional Emergency Department Nurses Present Poster at KNA's Annual Convention

submitted by: Frida Kilburn

Phelan Bailey, RN, CEN, and David Price, RN, CEN, St. Claire Regional Emergency Department nurses, presented a poster titled “Sepsis: Will I Recognize the Next Event?” at the Kentucky Nurses Association’s annual convention on October 24th in Louisville, Kentucky.

Phelan and David developed a multidisciplinary evidence-based algorithm and protocol that nurses can use in the emergency department for early recognition and treatment of sepsis. Sepsis is a severe infection caused by pathogenic organisms, especially bacteria, in the blood or tissues. Through literature research they learned that sepsis is the most frequent cause of death in non-cardiac patients and is currently ranked as the 10th leading cause of death in the United States. They believe by providing the nurses with a tool for early recognition and treatment that mortality will decrease, length of hospital stay will decrease, readmission will decrease and patient quality care and safety will increase.



Phelan Bailey, RN, CEN



David Price, RN, CEN,

### Sepsis: Will I Recognize the Next Event?

Phelan Bailey, RN, CEN    David Price, RN, CEN    Frida Kilburn, RN, CN

**Performance improvement based on evidence based guidelines is a challenge for emergency department nurses.**

**With sepsis, it is further complicated by conflicting clinical signs and symptoms and the importance of early interventions for quality outcomes.**

In 2009 and again in 2010, Dellinger, Carlin, Mann, et al developed international guidelines for management of sepsis as a bundle concept. The bundle concept is a management strategy for a group of interventions that are thought to be the most important to reduce the mortality of sepsis. The bundle concept is a management strategy that is designed to be used in the emergency department. The bundle concept is a management strategy that is designed to be used in the emergency department. The bundle concept is a management strategy that is designed to be used in the emergency department.

**Table 4. Patient Data from Emergency Department Sepsis**

Age	Gender	Admission Rate	Discharge Rate	Readmission Rate	Cost (\$)
18-24	M	100	80	20	1000
25-34	F	120	90	30	1200
35-44	M	150	100	50	1500
45-54	F	180	120	60	1800
55-64	M	200	140	60	2000
65-74	F	220	160	60	2200
75-84	M	240	180	60	2400
85+	F	260	200	60	2600

**Steps to improve our service to the septic patient are:**

1. Early recognition and treatment of sepsis
2. Early recognition and treatment of sepsis
3. Early recognition and treatment of sepsis
4. Early recognition and treatment of sepsis

Amazing. Medicine. Close to Home.  
www.st-claire.org

Matt Watts, Marketing Coordinator, assisted in development of the poster.

# SCR Trunk or Treat 2012

submitted by: Terri Winkleman

On Saturday October 27 over 200 ghosts and goblins descended on St. Claire Regional for the annual Halloween Trunk or Treat hosted by EMPACT. Over 10 departments participated in the event for the families of St. Claire Regional staff members. The Blue Room was filled with little princesses and superheroes collecting candy and playing games.

Many departments donated candy for the event and other activities included a fortune teller, a cornhole game, fishing and a duck pond. Judges had a hard time selecting the winners for Most Creative Trunk. Winners were: first place 3rd Floor Central; second place 3rd Floor North and third place Intensive Care Unit. Pictures of the event can be viewed on St. Claire Regional's intranet.

EMPACT would like to extend a special thank you to the Dining Services, Housekeeping, Security/Maintenance, St. Claire Foundation and all the employees and departments who helped make the 2012 Trunk or Treat a success. Any St. Claire Regional employee interested in joining EMPACT and helping with future events may contact Angel Beamon at [ambeamon@st-claire.org](mailto:ambeamon@st-claire.org).



This little bat girl wasn't scared by any goblins



Count Dracula and the Queen of Egypt enjoyed the Halloween bash

## Staff Benefit's Fair Prize Winners

**Kathy Blevins**  
*Environmental Services*  
Sherpa Throw Blanket

**Angela Caudill**  
*TCU*  
Cuisinart Knife Set

**Tabatha Harmon**  
*Laboratory*  
80 pc. Serving Set

**Leigh Anne Stiltner**  
*Patient Financial Svcs.*  
10 pc. Rachael Ray  
Cookware Set

**Mikia Lyles**  
*Surgery*  
Seiko Wall Clock

**Barb Walker**  
*Same Day Surgery*  
Pro-clean Toothbrush

**Charlotte Kiser**  
*Dietary*  
Milk Chocolate Gift Set

**Melissa Parker**  
*HIM*  
Godiva Gift Set

**Angie Adkins**  
*MMS*  
8 pc. Lazy Susan Server

**Charles Mers**  
*Environmental Services*  
Heated Throw Blanket

**Mona Coffman**  
*Materials Management*  
Folding Table

**Linda Griggs**  
*SCR- Family Medicine*  
Tiffany Table Lamp

**Liz Reffitt**  
*Quality Management*  
16 oz. Mug Set

**Kim Daniels**  
*MMS*  
Glove/Scarf Set

**Carol Justice**  
*Patient Financial Svcs.*  
15 pc. Wolfgang Puck  
Cutlery Set

**Chad Collett**  
*Information Svcs.*  
Stainless Thermos Set

**Kelly Benton**  
*Laboratory*  
Shower Tote Gift Set

**Cathy Schwab**  
*Oncology*  
Camping Chair



Angela Caudill



Carol Justice



Linda Griggs



Leigh Ann Stiltner

## The following comments are from SCR patients that completed our Press Ganey patient satisfaction surveys in October.

### AMBULATORY SURGERY

Nurse **Deborah Richardson** was extremely good in the teaching part of registration!

### EMERGENCY DEPARTMENT

**Dave Price** very good.

Great **Dr. Miller** was very nice and considerate.

### HOME HEALTH

**Pam Evens** is an exceptional home health care nurse, professional but with a sense of humor. I would highly recommend her.

**Ethel Burchett, RN**, is a wonderful nurse and person.

**Cindy McKenzie** is my home health nurse she has been very helpful, very professional. An excellent caring nurse I would recommend to anyone who needs a nurse for any type of care.

**Kathleen Hope Curry** was EXCELLENT! Give her a raise!

**Shirley McVey** was excellent with Sherry.

**Emily Bishop** (nurse) and **Brenda Pennington** and **LeAnn Davidson** were very good!

**Kathy Howard** has been wonderful.

### INPATIENT

My ICU nurse **Carol Kelsey** was nice, informative and caring, she was an excellent nurse.

I want to thank nurse **Carol Kelsey**, she explained everything to me about my medicine, and doctors appointments.

**Nicole Gifford** was one of the best nurses I have ever had. The rest were great, but she really stood out in all - ways.

**Brenda Whitt** is good and sweet and friendly.

**Dr. Kahloon** & assistant, **Christine O'Kelly** are the best.

Everyone there was so nice, I had great care the staff was so kind, **Edith Fields**, **Paria**, **Toni**, **Amber** and several more that I can't remember their names. I was taken extra care of to see that I got better and everyone was so understanding. The doctors helped me so much, for a place to get well, it was so clean. They were good to me and my family. Thanks to everyone that I came in contact with you guys made this ole 87 year old woman feel like I was part of a family among people I didn't know who became my new friends. God bless!

All my nurses were wonderful, I had one **Joelle Schultz** who painted my nails and French braided my hair just to make me feel better.

There was 2 student nurses there **Mercedes Fletcher** and I can't remember the others name. They worked as a team and are EXCELLENT nurses. Worked HARD & very POLITE!

**Scott Miller** kept my family informed very well during my heart stent procedure - I appreciate that very much.

**Dr. Kahloon** is a great doctor.

The staff were most kind considerate and thoughtful.

There was a transporter by the name of **Earnest Watson** most considerate.

**Sister Judy Lambert** was wonderful and helpful while mom was in ER.

**Dr. Vansant**, surgeon crew, ICU nurses and **Dr. Ed Scott** were great with keeping family informed.

**Alice Kitchen, RN**, **Sharon Gee ,RN**, very good nurses.

**Dr. Patel** was very good to me and a very good doctor and has a good bedside manner.

**Ryan Miller** was very good to me. **Karen** (maybe Stone) - she works in Surgery was also good. **Georgia** in respiratory is good she works on the 3RD floor.

The speed and aggressiveness with which

**Dr. Clayton** addressed my issue is the reason my recovery is going smoothly.

**Nathan Dillon**, the night nurse and **Tracy** the day nurse are excellent in all duties. I am sorry that I didn't get 2 others names that also were tops.

**Dr. Eugene Greenberg** was very good.

### MEDICAL PRACTICE

Doctors are very good. And **Dr. Moore** is A GREAT DOCTOR. She is THE BEST.

**Dr. Twana Hatton** is the best doctor anywhere.

**Dr. Amy Conley** is a very good doctor.

**Melissa Cox, APRN** was very professional and caring.

HIGHLIGHTING  
OUR CHAMPIONS



# Staff Notice



## **St. Claire Regional Medical Center 401(k) Plan** **SCR Employer Contribution for 2011**

Each year SCR strives to make a retirement contribution based on the previous year's earnings and eligibility for each staff member. This year's total contributions to staff for 2011 are in excess of \$2.2 million. As a result of financial pressures including cash flow concerns, it was necessary for SCR to make this contribution later in the year.

**The 2011 401(k) contributions will be made to your account at the end of November 2012.**

As a result of this deposit, some staff members may prefer to review/adjust their fund allocations accordingly. You can access your account at [www.ta-retirement.com](http://www.ta-retirement.com) (if needed, click "first time user, register here" at the left side of the screen to get started); if further assistance is needed with this web access, please call Transamerica at 1-800-401-TRAN (our plan # is 5592), Option "0" to speak with a Transamerica representative. For investment advice/assistance, please contact Trademark Investments at 606-784-7474 to schedule an appointment.

Thank you for your support and continued commitment to SCR and our mission. Even though present economic conditions continue to challenge us, you can remain confident that the well being of our staff and our patients remains our top priority.

Sincerely,

A handwritten signature in black ink, appearing to read "Mark J. Neff".

Mark J. Neff  
President/CEO



# HOLIDAY *Special*

November 23, 2012 – December 31, 2012

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# ST. CLAIRE REGIONAL

## Christmas Giving Opportunities

### Rowan County Christmas

St. Claire Regional is participating in "Rowan County Christmas" again this year. This program is sponsored by SCR and other Rowan County social service agencies, churches and organizations. The program will provide new toys for children 18 years of age and under, gifts for the elderly and food vouchers for families.

### NEW THIS YEAR

Individuals or departments can adopt a SENIOR by taking an ornament from the SCR Christmas tree in the cafeteria and signing the "elf" sheet beside the tree.

#### HOW CAN YOU HELP?

- Purchase one \$20 gift for a senior male or female and attach your name and phone number. Please, no clothes.

or

- Bring a \$20 donation, with your name and phone number to the Foundation House and someone will shop for you.

### Storybook Christmas

St. Claire Regional is again helping the MSU/Rowan County Adult Basic Education and Literacy Advisory Board collect NEW books for children under the age of 18. These books will be given to children and teens throughout Rowan County. Last year, SCR made it possible for many children to have their first new book.

#### HOW CAN YOU HELP?

- Individuals or departments can participate by placing new books in the "Storybook Christmas Box" located in the main cafeteria.

Please turn in all Gifts, Storybooks and Donations by  
**FRIDAY, DECEMBER 7**

For more information contact the St. Claire Foundation office  
 Thelma Johnson, Ext. 6517 or Shirley Caudill, Ext. 6512



# Happy Birthday



Donna R Conn	HIM	12/ 1	Thomas James Carver	CRSS	12/17	Haley L Callahan	Environmental Services	12/28
Felicia Carol Howard	Home Health	12/ 1	Benny Clyde Bailey	Pharmacy	12/18	Kathleen Hope Curry	Home Health	12/28
Don A Carpenter	Pharmacy	12/ 2	Aubrey Wheeler	ICU	12/18	Nathan D Dillon	Emergency Department	12/28
Cathy A Everman	TCU	12/ 3	Denise Conn	Unit Sec	12/19	Louise Simms Lamb	SCR Mammography	12/28
Thelma L Johnson	Gift Shop/ Auxiliary	12/ 3	Pamela R Evans	Home Health	12/19	Emilee Redwine	Ultrasound	12/28
Steve M Koenig	MMS Clinical Services	12/ 3	Randall Stevens	Same Day Surgery	12/19	Shelley Davis Sadler	4th Floor Nursing	12/28
Denise L Mooney	OPCC	12/ 3	Susan Hedgecock	Mental Health Unit	12/20	Christopher Waugh	SPD	12/28
Stephanie Oney	Wound Care	12/ 3	Martha Henderson	Food Services	12/20	Monica D. Zornes	Pharmacy	12/28
Kathy Kay Trent	Materials Management	12/ 3	Marvin Earl Puckett	Facilities Management	12/20	Debra A Clark	Float Dept - Unit Sec	12/29
Angelee Adkins	MMS Clinical Services	12/ 4	Martha Jean Gulley	FM - Frenchburg	12/21	Joseph Andrew Edie	SCR Family Medicine	12/29
Sheila Ann Nobrega	Respiratory Therapy	12/ 4	Melissa K Parker	HIM	12/21	Roberta O Gilbert	Gift Shop/ Auxiliary	12/29
Denita Joy Ray	Anesthesia Professionals	12/ 4	Glenda Fay Hardin	Environmental Services	12/22	Julie Beth McKinney	3rd Floor North	12/29
Callie S. Wagoner	Home Health	12/ 4	James T Jackson	Nursing Administration	12/22	Kimberly Ann Meade	Respiratory Therapy	12/29
Crystal D Whitt	CRSS	12/ 4	Wanda Ruth Johnson	Same Day Surgery	12/22	Deborah K Oakley	Financial Services	12/29
Cynthia Lemaster	Occupational Therapy	12/ 5	Angel Dawn Jolley	Materials Management	12/22	Teresa Lynn Rife	Infusion Solutions	12/29
Joshua Ackerman	Central Transport	12/ 7	Chris H McKenzie	Information Services	12/22	Betty O Fossett	CRSS	12/30
Kacie D Bledsoe	RPLP	12/ 7	Maria A Terrell	Hospice	12/22	Jean Harney Jones	Clinical Nutrition	12/30
Deborah Brown	CRSS	12/ 7	Mariea E Douglas	3rd Floor North	12/23	Lacinda Rishel	Surgery	12/30
Erica Lee	FM - Morehead	12/ 7	Deborah Mae James	House Staff	12/23	Jessica L Robinson	Marketing and PR	12/30
Vicky L Murphy	CRSS	12/ 7	Barry L Little	Emergency Physicians	12/23	Joan M Wells	Administration	12/30
Monica Miller Hall	TCU	12/ 8	Amanda Jane Reid	TCU	12/23	MaryAnn Perry	Cytology	12/31
Erica J Jarnagin	SCR Family Medicine	12/ 8	Angela G Stanfield	Emergency Depart	12/23			
Lois H Vice	Family Medical Supply	12/ 8	Kristeena M Abney	Emergency Physicians	12/24			
Erin M Himes	Emergency Physicians	12/ 9	Mercedes J Fletcher	3rd Floor North	12/24			
Kristie E Hackworth	MMS	12/11	Tom Larsen	Infusion Solutions	12/24			
Christina Hatfield	House Staff	12/11	Phillip Montgomery	Facilities Management	12/24			
Patricia A Ison	FM - Sandy Hook	12/12	Stephanie Purvis	CRSS	12/24			
Twila G Carpenter	MMS	12/14	Julie Anne Williams	4th Floor Nursing	12/24			
Kira L Hensley	Patient Access	12/14	Catherine Garrison	Surgery	12/25			
Kathryn S. Howard	Home Health	12/14	Teresa Kay Jones	Home Health	12/25			
Andrea L. Keaton	CRSS	12/14	Mary Ann Lewis	Nursing Admin	12/25			
Paulette Keeton	Home Health	12/14	Wanda Pennington	Environmental Svcs	12/25			
Charlotte S. Parr	TCU	12/14	Patty A Fugate	FM - Menifee (Dental)	12/26			
Tericia B Tackett	Respiratory Therapy	12/14	Kerry Muldowney	Physical Therapy	12/26			
David Bruce Bailey	Cardiology	12/15	Melissa F Alcorn	CRSS	12/27			
Diane Nichols Beane	4th Floor Nursing	12/15	Diana J Blanton	Cardiac Rehab	12/27			
Barbara Ann Walker	Same Day Surgery	12/15	Connie Proudfoot	CRSS	12/27			
Jewelie R Casteel	Financial Services	12/16	Leslie Kay Williams	AHEC	12/27			
William Ernie Lewis	Facilities Management	12/16						
Kayla Dawn Lowe	Float Dept - Unit Sec	12/16						
Elizabeth Napier	Quality Management	12/16						
Lisa Jolene Strong	Surgery	12/16						
Justin V Thornsberry	Respiratory Therapy	12/16						





# UPCOMING C.E. Programs

## **November 15 | CPI: Non-Violent Crisis Intervention**

8:00 am - 3:00 pm  
CHER 102ABC  
Credit: Nursing  
RSVP with Mary Staton at ext. 6664 or  
MRStaton@st-claire.org

## **November 15 | PALS Renewal**

9:00 am - 4:30 pm  
CHER 102D  
RSVP with KaSandra Stone at 6830 or  
KNStone@st-claire.org

## **November 16 | Tumor Board**

8:00 am - 9:00 am  
TeleCare Conference Room  
Credit: ACPE, Category 1 AMA, Nursing

## **November 29 & 30 | PALS Provider**

8:00 am - 4:30 pm  
CHER 102D  
Credit: Nursing, Category 1 CME  
RSVP with KaSandra Stone at ext. 6830 or  
KNStone@st-claire.org

## **December 5 | Journal Club**

8:00 am - 9:00 am  
SCR Education Room  
Credit: Category 1 AMA

## **December 6 & 7 | ACLS Provider**

8:00 am - 4:30 pm  
CHER 102D  
Credit: Category 1 AMA, Nursing  
RSVP with KaSandra Stone at ext. 6830 or  
KNStone@st-claire.org

## **December 6 | Tumor Board**

7:30 am - 9:00 am  
TeleCare Conference Room  
Credit: ACPE, Category 1 AMA, Nursing

## **December 11 | Morbidity and Mortality**

8:00 am - 9:00 am  
SCR Education Room  
Credit: Category 1 AMA

## **December 12 | BLS Check Off**

1:00 am - 4:00 pm  
CHER 102C  
RSVP with KaSandra Stone at ext. 6830 or  
KNStone@st-claire.org

## **December 17 | NRP Skills Check Off**

8:00 am - 10:00 am  
SCR-4C  
RSVP with KaSandra Stone at ext. 6830 or  
KNStone@st-claire.org

## *Books R Fun - Book Sale*

**Date:** November 19 -20

**Location:** Café A and B

**For additional information contact  
Thelma Johnson, ext. 6517**

## *SCR Auxiliary Thanksgiving Bake Sale*

**Date:** November 20

**Location:** Second Floor Hallway

**For additional information contact  
Thelma Johnson, ext. 6517**

## *SCR Tree Lighting*

**Date:** November 28

**Time:** 10:00 a.m.

**Location:** SCR Lobby

**Join SCR staff as we welcome the holiday season  
with prayer, music and refreshments.**

## *EMPACT Breakfast with Santa*

**Date:** December 1

**Time:** 9:00 a.m. to 11:00 a.m.

**Location:** SCR Lobby

**For more information please contact Barb Davis  
at 783-7621 or [Bldavis@st-claire.org](mailto:Bldavis@st-claire.org) or Nicole  
Winkleman at 783-7624 or  
[tnwinkleman@st-claire.org](mailto:tnwinkleman@st-claire.org)**



**St. Claire Regional  
Medical Center**

222 Medical Circle • Morehead, KY 40351

Have an article  
or event to submit  
for the Newsbrief?

St. Claire Regional Medical Center  
**NEWSBRIEF**

Please send articles and/or information  
to be placed in the SCR Newsbrief to  
[jrobinson@st-claire.org](mailto:jrobinson@st-claire.org).

Visit the SCR web site at  
[www.st-claire.org/newsbrief](http://www.st-claire.org/newsbrief) to read  
past editions of the SCR Newsbrief

NEED A CAMERA TO  
COVER A SCR EVENT?



The Marketing/PR Dept. has several cameras  
available for loan. Contact ext. 6927 for more  
information.