

St. Claire Regional Medical Center

NEWSBRIEF

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Diabetes Awareness

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SCR was great under pressure

The Morehead News March 6, 2012

Letter To The Editor:

I have had the privilege to work as a volunteer with the pastoral care department at St. Claire Regional Medical Center for more than 25 years.

Last Friday night I was on call for pastoral care when the tornado devastated Morgan, Menifee and Magoffin counties. When I reported to the emergency room at St. Claire to assist with spiritual care to those who were being transported in, the emergency room was full with patients and ambulances were continually arriving.

The hospital was operating under Code Yellow which is the hospital's disaster code. I was absolutely amazed as I observed the entire staff working together with complete efficiency during such a stressful time.

Everyone from Mark Neff, the hospital CEO, to the very important ones who were cleaning and preparing the rooms for the next patient were working together as a team that in my opinion cannot be beat.

The doctors, nurses, coordinators and everyone else that night worked together with the goal of responding to a disaster with professionalism and respect for the patients. I want to say thank you to the entire staff that worked Friday night during Code Yellow and for succeeding in reaching your goal.

Each of you did a tremendous job and I am proud to have such a wonderful hospital in our area to rely upon for not only disasters but for all of our medical needs.

Jeff Fannin, Pastor
Bluebank Church of God



Amazing. Medicine. Close to Home.

Tornado Disaster Briefing

Mark J. Neff, SCR President/CEO

As you are aware there was devastating tornado damage in Morgan, Menifee and Magoffin Counties in our service area Friday evening, March 2. SCR suffered no damage to facilities, including the St. Claire Regional Family Medicine in Frenchburg. Almost simultaneously we were notified to expect 'mass casualties' from Morgan County. SCR initiated its Code Yellow (Disaster) Plan. For the next 10 hours we experienced intense 'managed chaos'. The response from staff and physicians was nothing short of amazing. Within 30 minutes we had adequate staff and scores of physicians respond to the Code Yellow and report for duty. Our Incident Command Center was activated in Cafeteria D under the authority of Dr. Melahn and me. We decided to also keep the Family Care Clinic open, bringing in additional staff to serve the walking wounded triaged from the ED to the CHER building site to lessen the pressure on the ED.

We were almost immediately notified to expect 7 critical patients and walking wounded. The Emergency Department was staged and ready under the direction of Dr. Daniels and Nick Hammonds, with the help of Drs. Wells, Sanders, Overall, Williams and Ravi. Specialty physicians including Drs. Perry, Scott, Koenig, Lim, Colbert, Ledford, Moore, Mustafa, Clayton, Wilson, Wonderfresh, Humkey, Lewis, Burrows and Crouse soon arrived. Sometime later we were notified that Morgan County ARH Hospital was severely damaged and would be evacuating

their inpatients to us (approx. 12 patients). Eventually we were able to directly admit these folks (bypassing the ED). Ambulances arrived with additional patients throughout the evening and early morning hours. Ultimately we transferred approx. 11 trauma patients to UK and admitted 20+ patients to SCR. We also ended up housing several patients that were discharged but frail with nowhere to go. Our Incident Command group met at 3:00 am and made the decision that we would have to go on ED admission divert, due to lack of beds. We would need to stabilize and transfer for a period of time. We contacted UK, St. Joe, Central Baptist and St. Mary's for bed availability and all were very tight. We were able to transfer as necessary.

It is obvious to me and to Leadership that lives were saved due to your heroic efforts and continued selflessness to serve the people of this region. All staff continues to rally to accommodate additional inpatient, emergency department and outpatient need.

We contacted ARH and the State Emergency Operations Center and offered assistance with setting up an ambulatory care site in West Liberty if needed. We were told the Health Department is 'gone' and that Dr. Fredericks office is also badly damaged. We will assist as requested. Dr. Melahn was on the ground Sunday morning, March 4, in West Liberty to offer our assistance as needed. Dr. Ann Colbert, Glen Standafer and Lucy Mays provided on site care at the West Liberty

shelter Sunday night and Monday. Sadly, I must also report that one of our staff members was killed in Menifee County during the storm. Anita Smith was a medical technologist in the laboratory. We have sent our deepest sympathies to Anita's family.

I am sure we have had many staff directly impacted by the storm. We are attempting to assist through the SAFE program. Check our new website for Disaster related information and updates.

The hospital has stabilized but remains very busy. During the surge of the past week, we registered through the State Emergency Operations Center on the Medical Reserve Corp site seeking additional staff. We had various staff from the area respond to our need.

Most importantly our staff members have responded unselfishly to the patient demands since the storm I would personally like to express my deep appreciation for all your efforts. It has been a very difficult time, particularly with the Meditech implementation on top of the very significant disaster event. Thank you for hanging in there!

Both our Board of Directors and the Sisters of Notre Dame have sent wishes of support, appreciation and prayers to all of you.

Thanks again for truly living our Mission!

Mark J. Neff

What St. Claire Regional is doing to help tornado victims in our region:

- Placed a primary care medical team in West Liberty in cooperation with the Gateway District Health Department
- Medical supplies donated and delivered to Morgan County
- SCR's Aramark Services has prepared meals for Morehead's Soup Kitchen for tornado victims
- Providing employment for ARH clinical staff
- Developed a webpage www.st-claire.org/disaster to direct staff, physicians, volunteers and community friends in how they can assist by either volunteering or donating monies or items
- Developed a SAFE fund to assist our staff members who were affected by the tornadoes



The following comments are from SCR patients that completed our Press Ganey patient satisfaction surveys in January.

EMERGENCY DEPT

- I saw *Dr. Wells for same problem this time last year. She's a wonderfully compassionate and thorough physician!
- *Dr. Lynch was excellent!!! Both *Dr. Lynch & *Dr. Overall provided top of the line care.

AMBULATORY SURGERY

- Years ago I had a bad experience having an endoscopy. I was very nervous! Everyone was so good to me and did everything to make me feel better! *Dr. Phillips is amazing! I won't dread it if I ever need another one!

HOME HEALTH

- Our nurse is *LeeAnn Owens - she has to be the absolute BEST nurse on your staff. She is GREAT with our mother. We appreciate her so much.
- I wish you would let *LeeAnn Owens and your entire staff know how appreciative we are to have her for our mother's nurse. The care she gives is outstanding.
- *Ms. Ethel Burchett was wonderful, was always concerned about how I was feeling about not wanting to hurt me when she drew blood.
- *Ms. Ethel Burchett helped me understand about MRSA, and what I needed to do to keep my family & friends safe.
- I have had 3 home health nurses *Patty Arnett, *Kathy Howard? - *Mary Ann - a mental health nurse. They have all been fantastic & I have enjoyed their visits. Thank you!
- Nurse *Shannon Moore, PT - *LeeAnn Owens, OT *Brenda Pendleton, personal _____ *Donna Stamper and others have been very professional and pleasant. They represent St. Claire well!
- *Ethel Burchett was an excellent nurse and our family would request her again.
- *Paulette Keeton, HHA, was with my dad when he had cancer and we were so please to see her. We had good experience with all but one.
- *Melinda Mc Clone, *Carrie Evans, *Stephanie Jolley, *Pam Compton NA are all very good & caring.
- My nurse *Stacy McClain, R.N. can't be any better. If all your nurses were as capable as *Stacy, you have the best nurses around.
- *Annette Sparks, RN is a very good home health nurse & I couldn't ask for a sweeter or better person and gave EXCELLENT care.
- My nurse *Stacie McClain is a excellent and very caring nurse whom is very concerned and considerate of her patients.
- *Shannon Moore is the best!!!
- *Tonya Kennedy, R. N. has been very good with dad - good nurse.

INPATIENT

- Good, *Lula Pecco was excellent and very patient.
- *Marsha Maggard, *Evelyn Harr, & all nurses and assist's. *Kayla, *Lori Gulley and *Crystal Surface were excellent and very professional.
- *Sigrid Turner in radiology is a wonderful nurse, explained everything and made me very comfortable. She cant be beat!!
- *Dr. Kahloon is a very good dr. taking care of my needs and explaining everything.
- Dr. Wells was great.
- *Dr. Mitchell was the best physician I've had.
- All nurses & assistants on 3 North very friendly & courteous. Couldn't have for better. *Lisa Poage, *Lori Gulley exceptionally good.
- *Drs. Kahloon and * Dr. Victor couldn't have been any nicer or professional.
- *Nancy Gulley was there to explain things, which she did so well! *Sister Jeanie was precious about everything - as usual!
- *DR. DAVID VICTOR - above and beyond call of duty.
- Very good experience. *Dr. Proudfoot & * Dr. Cox were especially nice & explained things well. I hope to never need to come back but if I do I'll definitely use St. Claire - good job.
- I want to commend the ICU nurses *Tammy Rasche and *Jessie Conn; they were great especially *Tammy could not have asked for any better.
- Nancy Messer, was my nurse - absolutely a wonderful nurse!!!
- *Dr. Burrows was very professional polite, courteous.

MEDICAL PRACTICE

- Excellent staff, *Dr. Hatton is very thorough, wants to hear what you have to say.



Take it. Share it.

In 2011, the American Diabetes Association encouraged Americans to “Join the Million Challenge” and more than 600,000 people took the Diabetes Risk Test. On March, 27, 2012, the Association will aim to top that number, inspiring people to take the all-new Diabetes Risk Test, as well as to share the test with everyone they care about - friends, family members and colleagues. With each person that takes the test and knows their risk, the Association is that much closer to stopping diabetes.

American Diabetes Association Alert Day®, which is held every fourth Tuesday in March, is a one-day, “wake-up call” asking the American public to take the Diabetes Risk Test to find out if they are at risk for developing type 2 diabetes.

The new Diabetes Risk Test asks users to answer simple questions about weight, age, family history and other potential risks for prediabetes or type 2 diabetes. Preventative tips are provided for everyone who takes the test, including encouraging those at high risk to talk with their health care provider.

Diabetes by the Numbers

Diabetes is a serious disease that strikes nearly 26 million children and adults in the United States, and a quarter of them—7 million—do not even know they have it. An additional 79 million, or one in three American adults, have prediabetes, which puts them at high risk for

developing type 2 diabetes. Recent estimates project that as many as one in three American adults will have diabetes in 2050 unless we take the steps to Stop Diabetes®.

Are You at Risk?

Everyone should be aware of the risk factors for type 2 diabetes. People who are overweight, under active (living a sedentary lifestyle) and over the age of 45 should consider themselves at risk for the disease. African Americans, Hispanics/Latinos, Native Americans, Asian Americans, Pacific Islanders and people who have a family history of the disease also are at an increased risk for type 2 diabetes.

Unfortunately, diagnosis often comes 7 to 10 years after the onset of the disease, after disabling and even deadly complications have had time to develop. Therefore, early diagnosis is critical to successful treatment and delaying or preventing some of its complications such as heart disease, blindness, kidney disease, stroke, amputation and death.

The American Diabetes Association has made a strong commitment to primary prevention of type 2 diabetes by increasing awareness of prediabetes and actively engaging individuals in preventative behaviors like weight loss, physical activity and healthful eating. Alert Day is a singular moment in time in which we can raise awareness and prompt action among the general public – particularly those at risk.

Take Charge of Your Health

Studies have shown that type 2 diabetes can often be prevented or delayed by losing just 7% of body weight (such as 15 pounds if you weigh 200) through regular physical activity (30 minutes a day, five days a week) and healthy eating. By understanding your risk, you can take the necessary steps to help prevent the onset of type 2 diabetes.

You can be part of the movement to Stop Diabetes® and get your free Diabetes Risk Test (English or Spanish) by visiting the Association on Facebook, stopdiabetes.com or by calling 1-800-DIABETES (1-800-342-2383). Although Alert Day is a one-day event, the Diabetes Risk Test is available year-round.

About the American Diabetes Association

The American Diabetes Association is leading the fight to Stop Diabetes and its deadly consequences and fighting for those affected by diabetes. The Association funds research to prevent, cure and manage diabetes; delivers services to hundreds of communities; provides objective and credible information; and gives voice to those denied their rights because of diabetes. Founded in 1940, our mission is to prevent and cure diabetes and to improve the lives of all people affected by diabetes. For more information please call the American Diabetes Association at 1-800-DIABETES (1-800-342-2383) or visit www.diabetes.org. Information from both these sources is available in English and Spanish.

St. Claire Regional Offers Free Diabetes Support Group Meetings

Our free support group meetings are held on the second Wednesday of every month.

At the St. Claire Regional Nutrition Department

For more information about these events contact
Sherri Adkins at ext. 6702 or skadkins@st-claire.org

ARE YOU AT RISK FOR TYPE 2 DIABETES?



Diabetes Risk Test

- 1 How old are you?**
 Less than 40 years (0 points)
 40—49 years (1 point)
 50—59 years (2 points)
 60 years or older (3 points)

Write your score in the box.

- 2 Are you a man or a woman?**
 Man (1 point) Woman (0 points)

- 3 If you are a woman, have you ever been diagnosed with gestational diabetes?**
 Yes (1 point) No (0 points)

- 4 Do you have a mother, father, sister, or brother with diabetes?**
 Yes (1 point) No (0 points)

- 5 Have you ever been diagnosed with high blood pressure?**
 Yes (1 point) No (0 points)

- 6 Are you physically active?**
 Yes (0 points) No (1 point)

- 7 What is your weight status?**
 (see chart at right)

Height	Weight (lbs.)		
4' 10"	119-142	143-190	191+
4' 11"	124-147	148-197	198+
5' 0"	128-152	153-203	204+
5' 1"	132-157	158-210	211+
5' 2"	136-163	164-217	218+
5' 3"	141-168	169-224	225+
5' 4"	145-173	174-231	232+
5' 5"	150-179	180-239	240+
5' 6"	155-185	186-246	247+
5' 7"	159-190	191-254	255+
5' 8"	164-196	197-261	262+
5' 9"	169-202	203-269	270+
5' 10"	174-208	209-277	278+
5' 11"	179-214	215-285	286+
6' 0"	184-220	221-293	294+
6' 1"	189-226	227-301	302+
6' 2"	194-232	233-310	311+
6' 3"	200-239	240-318	319+
6' 4"	205-245	246-327	328+
	(1 Point)	(2 Points)	(3 Points)
You weigh less than the amount in the left column (0 points)			

Add up your score.

If you scored 5 or higher:
 You are at increased risk for having type 2 diabetes. However, only your doctor can tell for sure if you do have type 2 diabetes or prediabetes (a condition that precedes type 2 diabetes in which blood glucose levels are higher than normal). Talk to your doctor to see if additional testing is needed.

Type 2 diabetes is more common in African Americans, Hispanics/Latinos, American Indians, and Asian Americans and Pacific Islanders.

For more information, visit us at www.diabetes.org or call 1-800-DIABETES

Visit us on Facebook
[Facebook.com/AmericanDiabetesAssociation](https://www.facebook.com/AmericanDiabetesAssociation)

Adapted from Bang et al., Ann Intern Med 151:775-783, 2009.
 Original algorithm was validated without gestational diabetes as part of the model.

Lower Your Risk
 The good news is that you can manage your risk for type 2 diabetes. Small steps make a big difference and can help you live a longer, healthier life.
 If you are at high risk, your first step is to see your doctor to see if additional testing is needed.
 Visit diabetes.org or call 1-800-DIABETES for information, tips on getting started, and ideas for simple, small steps you can take to help lower your risk.



11TH OH BABY! ANNUAL IT'S A BABY SHOWER

April 7, 2012

10am - Noon

Morehead Conference Center
Morehead, KY



**PLANNING, PREGNANT,
NEW OR ADOPTING
PARENTS
JOIN US FOR A
COMMUNITY BABY
SHOWER!**

**THIS ANNUAL EVENT WILL LINK YOU TO
COMMUNITY RESOURCES WHICH WILL
HELP SUPPORT YOUR PREGNANCY, NOT
JUST DURING BUT AFTER. A CHANCE TO
NETWORK WITH OTHER NEW MOMS AND
MOMS -TO-BE!**

Free to the Public

Informational Booth Topics will include:

- Breastfeeding
- Dental Care
- Infant Care
- New Fathers
- Kid-Print-ID
- Immunizations
- Pre & Postnatal Education
- Financial Information
- Safety Issues & Many More!



Sponsored By: To receive additional information contact Leslie Williams at lkwilliams@st-claire.org or 606.783.6431.



DO YOU USE TOBACCO PRODUCTS AND WANT TO QUIT? SCR is Offering Cooper/Clayton Smoking Cessation Classes

Submitted By: Irene Williams

COST: This program is free of charge to anyone wishing to quite smoking, chewing or using tobacco products

WHEN: The first class is April 10th at 5:00 p.m.

WHERE: SCR 2nd Floor in the Telemedicine Room
(across from the cafeteria), Room 224

To participate, sign up by Tuesday, April 3, 2012.

The first 12 SCR staff to sign up will receive free nicotine patches throughout the entire program.

You do not have to quit using tobacco products in the first week.

For more information or to sign up contact:
Irene Williams at ext. 6649 or 606-207-9944



Pancake Breakfast Benefit For People's Clinic

Sponsored by the American Legion Post 126 of Morehead

Price: \$5.00
Time: 8 a.m. - 11 a.m.
Date: Saturday, April 7, 2012
Location: The Carl Perkins Center
Morehead, KY 40351

All proceeds go to the People's Clinic.

For more information contact Joan Wells at jmwells@st-claire.org
or Andy Pelfrey at (606) 356-5060.



International P.E.O. Sisterhood Grant Award



Pictured L-R: Dr. Roma Prindle, Angela Caudill -recipient, Kay Freeland, Suanne Bushong, and Dr. Dreama Rucker

Members of the P.E.O. Sisterhood, Morehead Chapter AA, presented Angela Caudill a check for \$1500 awarded by the International P.E.O. Sisterhood's grant program for continuing education. Ms. Caudill is an activities therapist at St. Claire Regional Medical Center who has returned to school to pursue a degree in health information technology.

P.E.O., a Philanthropic Educational Organization, focuses on providing educational opportunities to women through the offering of scholarships, grants, awards and loans to help enhance their lives through learning.

Staff Vendor Discounts

- ✓ Sam's Club
- ✓ Cell Phone Carriers
- ✓ Local Restaurants
- ✓ Gym Memberships and more!

Find a full list of new SCR STAFF DISCOUNTS on the SCR Intranet



MISSION

To Proclaim God's Goodness Through a Healing Ministry to the People of Eastern Kentucky.

Look Good...Feel Better

It's like a makeover for the spirit.

Look Good...Feel Better is a free program that helps women look their best during cancer treatment. At Look Good...Feel Better sessions, experienced cosmetologists teach cancer patients beauty tips to help minimize the appearance-related side effects of chemotherapy and radiation. Good makeup application and a wig or turban can bring back your former appearance or create an entirely new one. In looking better, you'll experience renewed self-confidence and self-esteem.

It's like a makeover for the spirit. And that's a beautiful thing. To learn more about Look Good...Feel Better or other American Cancer Society programs for patients, call 1-800-227-2345 or visit cancer.org.

The next Look Good...Feel Better sessions are scheduled for:

Tues., March 20

Tues., April 17

Tues., May 15

1pm-3pm

St. Claire Regional-Main Campus

1st Floor Women's Imaging Center

To RSVP, call: Risa Roe at 606.783.6760



Look Good...Feel Better.

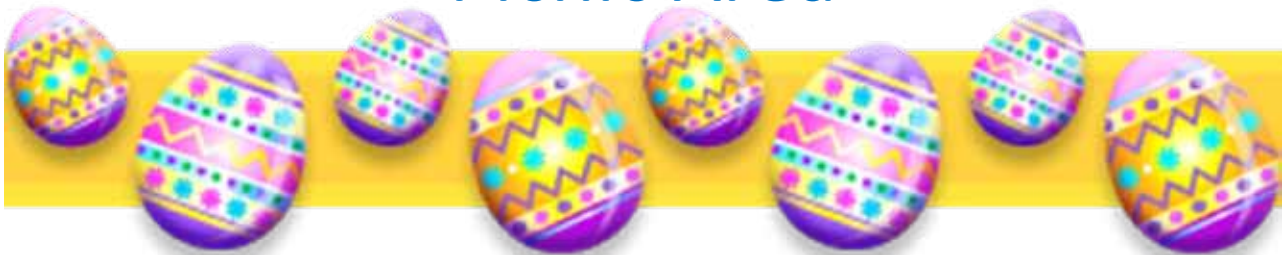


EASTER EGG HUNT 2012

When: March 31, 2012 @ 12:00

(Please arrive by 11:45 to hunt) Rain or Shine!

Where: White's Lumber Yard
Picnic Area



We are asking department to donate "candy/goodie" filled Easter Eggs. If your department can help us with eggs (last year we hid approximately 2,000 eggs), please contact Angel Beamon @ 6864 or Heather Mayhorn @ 7520.

Please tape the eggs together (it makes it much easier on the Easter Bunny to hide)

✦ St. Claire Regional Medical Center's
EMPACT
Employee Activities/CQI Team

A "Golden" egg will be hidden for each age group with a special prize for the child that finds it.

Age Groups:

0-3 years

4-6 years

7-10 years



Happy Birthday

April

4/1 Evelyn F Harr Jerry R McCleese Leah-Ann M Owens	3rd Floor North Information Services Home Health	Kennie J Nolan Keshia D Rowe	Cave Run Gen. Surgery Emergency Department	Norma S Kelsey Jana M Moore Regina A Thompson	SCR Outpatient Center 3rd Floor Central Marketing and PR
4/2 Valerie P Campbell Dianna K Davis Jenny R Hamilton Jill A Henry Vennie E Logan Sherry L Parson Cody L Plank	Marketing and PR Laboratory Food Services Human Resources MMS Clinical Services Home Health Family Medical Supply	4/13 Cynthia Gulley Charles K Hale Selena R Mynhier Terri N Winkleman	Central Billing Office Infusion Solutions 3rd Floor Central Patient Access	4/22 Stephen D Damron Shelley A Green Rebecca D Lewis Doris M Tucker Jo Ann E West	MMS Clinical Services MMS Clinical Services Health Information Man. FM - Morehead Family Medical Supply
4/3 Theresa G Hollan	Radiology	4/14 Freda M Hughes Marie Lemaster Cathy White Barbara A Wilson	FM- Owingsville 3rd Floor North Patient Access Home Health	4/23 Robert V Cox Denzil Keeton Lisa D McPeck Chelcee E O'Cull Leah M Stinson	Cardiology Respiratory Therapy Surgery/Same Day Surgery 4th Floor Nursing Home Health
4/4 Pamela A Boggs Beth A Lambert Carmaleta Oney	Homemaker II 3rd Floor North Central Billing Office	4/15 Melissa J Cron Brenda A Jefferson Mary Phillips Risa L Roe Lori F Wright	Infusion Solutions Outpatient Care Center Cave Run Gen. Surgery Women's Imaging Center MMS Clinical Services	4/24 Kathy J Erwin	MMS Administration
4/5 Debra K Barker Linda M Westerman	Laboratory Respiratory Therapy	4/16 Tracy A Henderson Staci McClain William L Melahn Sharon S Oldham	Food Services Home Health Administration Respiratory Therapy	4/25 Heather A Mayhorn	Home Health
4/6 Lucille J Diehl	FM - Frenchburg	4/17 Lois Callahan Karen Holifield Jessica L Negron Angela K Ramey	Respiratory Therapy Administration Food Services ICU	4/26 Muhammad Anwar Stephanie R Ball Sandra D McClain	Anesthesia Professionals Food Services Surgery/Same Day Surgery
4/7 Edward J Scott Taylor J Williams	MMS Clinical Services Information Services	4/18 LaShonda Copher Edgar Creech Amanda L Skaggs	Float Dept - Unit Sec Facilities Management Patient Access	4/27 Loretta A Burchett Julie A Butler Kayla D Daulton Selena R Sloan	AHEC Surgery/Same Day Surgery 3rd Floor Central Home Health
4/8 Richard L Shutt	Pharmacy	4/19 Anna C Kilgore Kathy L Lobo Sandra G Skaggs Sigrid O Turner Susan L Victor	Family Medical Supply Infusion Solutions MMS Clinical Services Radiology Pharmacy	4/28 Michelle F Bailey Sharon P Lewis Philip C Overall	Respiratory Therapy ICU Emergency Physicians
4/9 Lee A Conley Kathy A Mays	MMS Clinical Services 3rd Floor Central	4/20 Traci S Blevins Caryn R Grim Anita F Hampton David A Price Harper M Wells	FM - Olive Hill Radiology Health Information Man. Emergency Department Patient Access	4/29 Eric Dickerson Sheila L Hamilton Emily S Mason Nancy J Waltz	Speech Therapy SCR Outpatient Center Anesthesia Professionals Quality Management
4/10 Timothy L Brown Meleah J Butler Justin K Childers Amanda P Fosson Rosella J Littleton Amy J Oney Danielle L Skaggs	SPD Cave Run Clinic Admin. Food Services Infusion Solutions FM - Olive Hill Homemaker II Emergency Department	4/21 Leigh A Adams Tamera L Cragger	3rd Floor Central Mental Health Unit	4/30 Travis A Bailey Stacy D Bond Lesley H Combs Sally Goodan Stephanie B Harris	Human Resources Surgery/Same Day Surgery 4th Floor Nursing Environmental Services FM - Morehead
4/11 Thomas E Meade Amanda Mers	Information Services Environmental Services				
4/12 Bobbie G Fisk Krista M Havens	MMS Clinical Services Float Dept - Unit Sec				



UPCOMING C.E. Programs

March 13 | Morbidity and Mortality

8:00-9:00 AM,
SCR Education Room

Credit: Category 1 AMA

No registration necessary. Direct questions concerning this program to Brian Buelterman at ext. 6453 or blbuelterman@st-claire.org

March 15 | CPI Class: Non-Violent Crisis Intervention

8:00 AM-3:00 PM,
Outreach Bldg-Blue Room

Credit: Nursing

RSVP with Mary Ruth Staton at ext. 6664 or mrstaton@st-claire.org

March 16 | Tumor Board

8:00-9:00 AM,
TeleCare Conference Room

Credit: ACPE, Category 1 AMA, Nursing

No registration necessary. Direct questions concerning this program to Brian Buelterman at ext. 6453 or blbuelterman@st-claire.org

March 22 | Pharmacology, Polypharmacy & Addiction: Signs, Symptoms and Help

1:00-8:00 PM,
Grayson Conference Center

Credit: ACPE, Category 1 AMA, Nursing, Social Work

RSVP with Debbie Mecca at dmecca@pathways-ky.org

March 28 | Grand Rounds (Health Research)

12:30-1:30 PM,
CHER 102D

Credit: ACPE, Category 1 AMA, Nursing

No registration necessary. Direct questions concerning this program to Brian Buelterman at ext. 6453 or blbuelterman@st-claire.org

March 29 & 30 | PALS Provider

9:00 AM-4:30 PM,
CHER 102D

Credit: Category 1 AMA, Nursing

RSVP with KaSandra Stone at ext. 6830 or knstone@st-claire.org

April 4 | Journal Club

8:00-9:00 AM,
SCR Education Room

Credit: Category 1 AMA

No registration necessary. Direct questions concerning this program to Brian Buelterman at ext. 6453 or blbuelterman@st-claire.org

April 6 | Tumor Board

7:30-9:00 AM,
TeleCare Conference Room

Credit: ACPE, Category 1 AMA, Nursing

No registration necessary. Direct questions concerning this program to Brian Buelterman at ext. 6453 or blbuelterman@st-claire.org

April 10 | Morbidity and Mortality

8:00-9:00 AM,
SCR Education Room

Credit: Category 1 AMA

No registration necessary. Direct questions concerning this program to Brian Buelterman at ext. 6453 or blbuelterman@st-claire.org

April 19 | CPI Class: Non-Violent Crisis Intervention

8:00 AM-3:00 PM,
Outreach Bldg-Blue Room

Credit: Nursing

RSVP with Mary Ruth Staton at ext. 6664 or mrstaton@st-claire.org



**St. Claire Regional
Medical Center**

222 Medical Circle • Morehead, KY 40351

Look Good... Feel Better

Date: March 20

Time: 1:00 - 3:00 PM

Location: St. Claire Regional
Women's Imaging Center

RSVP by calling: Risa Roe at 606.783.6760

Look Good... Feel Better is a free program dedicated to women with cancer.

Healthy Feet, Healthier You

Date: April 4

Time: 9:00 AM - Noon

Location: Family Medical Supply

Free foot screenings by Dr. Clayton. Additional screenings include: Blood Pressure, Cholesterol and glucose. For more information contact Kimberle Mullins at (606) 784-2414

Pancake Breakfast

Sponsored by: American Legion Post 126 of Morehead

Date: April 7

Time: 8:00 - 11:00 AM

Location: The Carl Perkins Center

All proceeds go to the People's Clinic. Contact Joan Wells at jmwells@st-claire.org or Andy Pelfrey at (606) 356-5060.

Oh Baby! It's A Baby Shower!

Date: April 7

Time: 10:00 AM - Noon

Location: Morehead Conference Center

For more information contact Leslie Williams at lkwilliams@st-claire.org or (606) 783-6431

Have an article or event to submit to for the Newsbrief?

St. Claire Regional Medical Center
NEWSBRIEF

Please send articles and/or information to be placed in the SCR Newsbrief to mbash@st-claire.org.

To view this Newsbrief or a past Newsbrief on our website visit us at www.st-claire.org and click on "Online Publications".

NEED A CAMERA TO COVER
A SCR EVENT?



The Marketing/PR Dept. has several cameras available for loan. Contact ext. 6927 for more information.