

ST. CLAIRE REGIONAL KICKS OFF ANNUAL FUNDRAISING CAMPAIGN

With an emphasis on expanded cardiology services, St. Claire Regional Medical Center has kicked off its 2011 Community Fundraising Campaign.

The theme for this year's campaign is "Cardiac Care Close to Home".

St. Claire Regional recently expanded its cardiology services by adding coronary angioplasty, a procedure that opens narrowed or blocked blood vessels with ballooning and stenting.

"Every 20-minute delay in seeking treatment for a possible heart attack could affect whether you live or die," said Tom Lewis, Executive Director of the St. Claire Foundation. "We're thankful that St. Claire Regional can now offer coronary angioplasty, rather than having to take the precious time to transport those patients elsewhere."

The need for diagnostic and interventional cardiology services is great, Lewis said, so much so that SCR is currently adding a second cardiac catheterization lab.

"Our efforts to provide and

expand these types of much needed, specialized services to the people of northeast Kentucky are made possible in part by gifts to the St. Claire Foundation during our annual fundraising campaigns," he said.

Another significant issue facing not-for-profit hospitals like SCR is the growing number of uninsured and underinsured patients whom they treat. This past year, SCR provided \$10.6 million in charity and uncompensated care at cost.

"Gifts to the St. Claire Foundation help us offset those losses as we continue to provide needed medical care to those who come through our doors, regardless of their ability to pay," Lewis said.

Lewis said he was concerned that the recent construction of the \$30 million Center for Health, Education and Research has given some area residents the misconception that SCR no longer needs community financial support.

"The CHER building is a collaboration of Morehead State University, the University of Kentucky College

of Medicine and St. Claire Regional. It houses a variety of programs, including SCR's Family Medicine Clinic, which is nearly triple the size of our former clinic in Morehead," he said. "We are so appreciative of the Kentucky General Assembly funding that paid for CHER construction, but we still have to cover the costs of equipping and operating SCR's portion of the building."

"I encourage you to think about the void that would exist in this region if St. Claire Regional were not here," said Susan Victor, St. Claire Foundation Annual Support Committee chairwoman. "I'm amazed that a hospital in a city the size of Morehead offers more than 30 medical specialties and has a half-million patient encounters a year."

To make a gift to the St. Claire Regional Community Fundraising Campaign, call (606) 783-6512 or go to www.st-claire.org/foundation.php. In addition on our website you can view St. Claire Regional's Community Benefit Report and a detailed 2011 Community Fund Raising brochure.



My mother came to the ER with chest pain; she was diagnosed and receiving treatment in less than 30 minutes.

Mary Dowling, RN daughter of Susan Dowling, who underwent angioplasty at SCR and was home in two days.

IDREES KAHLOON COMPETES IN THE TEEN JEOPARDY! TOURNAMENT

Idrees Kahloon, son of Dr. Kahloon, SCR Cardiologist, recently competed against 15 students from across the country in the Jeopardy! Teen Tournament.

“Ever since I was 4 or 5, I told my mom I’d go on ‘Jeopardy!’ and win something. About a year ago, I decided to actually try it,” Idrees said.

Idrees debuted in the tournament on February 22 during the quarter-final match ups. He advanced to the semi-final round, which aired February 24, after out-answering students from Illinois and Ohio. His run for the Jeopardy \$75,000 prize ended in the semi-final round.

Idrees is a student at Paul Laurence Dunbar High School where he is the captain of the academic team and president of the Culture Society. His favorite subject in school is physics and he is doing research with Dr. Gang Cao in the physics department at the University of Kentucky, investigating the bulk spin valve effect.

“It really deepens your understanding of what goes on around you,” said Idrees, who this month earned first-place honors for his Energy and Transportation project in the district science fair.



Idrees Kahloon (left) competes in the Teen Jeopardy! Tournament



Mansha U. Kahloon, MD, SCR Cardiologist and proud father of Idrees Kahloon (center) laughs with other competitors backstage of Teen Jeopardy! Tournament



MARK J. NEFF SPEAKS TO CHAMBER OF COMMERCE

Mark J. Neff, SCR President/CEO, spoke at the Morehead-Rowan County Chamber of Commerce March luncheon about SCR’s current challenges and future. The presentation outlined the community benefits that SCR provides as well as highlighted recent facility, physician and service line developments.

HIGHLIGHTING OUR CHAMPIONS

Submitted by: Tracy Stewart

The following comments are from SCR patients that completed our Press Ganey patient satisfaction surveys in February.

Dr. Kahloon was my doctor. All of the doctors and nurses were very kind.

Some of the nurses were really good to me - Dr. Cox was very good.

Dr. Alier is an outstanding and very knowledgeable physician. We are very lucky to have him in this area.

Always had a good stay in this hospital - Never any problems great staff - Friendly - Alice - Knowledgeable overall. Overall stay great!

Dr. Raj was great!

Dr. Moore and her associates are very professional.

Very understanding group of people who worked on my son on his dental surgery. Was very happy and thankful for their care of him. He is 27 and has autism. They are a great staff & dentist.

These two ladies were the nicest. They took every step to make sure my 5 year old was comfortable & not frightened to have his first x-rays

Nurses were excellent, very good to me & my parents.

My parents were so upset & the staff were so kind & patient with them.

Because of my medical condition I have many X-rays and tests done weekly. But the X-ray tech, **Stephanie**, was the absolute most incredible. A completely professional and caring technician. I was very impressed!! I believe **Stephanie** is deserving great complement and award for being the best at her job.

Dr. Wells was wonderful. She kept me very informed and was very courteous.

Amazing. Medicine. Close to Home.

10TH
ANNUAL

OH BABY! IT'S A BABY SHOWER

April 2, 2011

10am - Noon

Morehead Conference Center
Morehead, KY

PLANNING, PREGNANT, NEW OR ADOPTING PARENTS
JOIN US FOR A COMMUNITY BABY SHOWER!

THIS ANNUAL EVENT WILL LINK YOU TO COMMUNITY RESOURCES WHICH WILL HELP SUPPORT YOUR PREGNANCY, NOT JUST DURING BUT AFTER. A CHANCE TO NETWORK WITH OTHER NEW MOMS AND MOMS -TO-BE!

Free
to the
Public

Information Booth Topics will include:

- Breastfeeding
- Dental Care
- Infant Care
- New Fathers
- Pre & Postnatal Education
- Financial Information
- Safety Issues & Many More!

Sponsored By:

To receive additional information contact Loretta Burchett at laburchett@st-claire.org or 606.783.6830.



UK HealthCare
Obstetrics and Gynecology



DO YOU SMOKE AND WANT TO QUIT? SCR is Offering Cooper/Clayton Smoking Cessation Classes

Submitted By: Irene Williams

COST: Free to employees and their families

WHEN: First Class is March 29th at 5:00 pm

WHERE: SCR Family Medicine Conference Rm
1st floor of the CHER Building



You Must Sign Up to Attend

For more information or to sign up contact:
Irene Williams at ext. 6649 or 606.207.9944

Sessions facilitated by Mary Horsley and Mona Coffman.



Debbie Hayes, new 5th floor manager

DEBBIE HAYES Named 5th floor Nurse Manager

Submitted By: Karen Holifield

Please congratulate Debbie Hayes in her new position as Nurse Manager for TCU/IRU. She will officially start March 19th. Debbie has been in the float pool for many years and has 20+ years of nursing experience. We look forward to having her with us.

In addition, Lisa Wallace will be mentoring Debbie through her training and transition into a management role. Lisa is going to be focusing on practice issues, schedules and performance improvement and competency while Debbie learns her new role. Thank you Lisa!

DRUG ABUSE & ADDICTION CONFERENCE: April 28-29 **Signs, Symptoms and Help for Drug Problems & Substance Abuse Conference** **at the Center for Health, Education and Research Conference Room**

The illegal use of painkillers Vicodin, Tylox, Percocet, etc. are rampant and black tar heroin is making a huge comeback. Kids are using stimulants to study harder, focus better, stay up later and to get high! Doctor shoppers are on the prowl looking for easy marks. We are even seeing “meth mouth” in teenagers! Learn how the rampant illicit use of prescription drugs, internet drug trafficking, doctor-shopper cons, use of performance enhancing drugs, “high octane” marijuana use, “shake-and-bake”, “extreme drinking”, and more impact clinical practice and what we can do about it! Health professionals can play a huge role in drug abuse identification, prevention and intervention. Emphasis will be placed on increasing your skills and abilities to recognize the signs and symptoms of drug abuse, refer drug abusing patients for help and treat recovering patients in your practice.

PROGRAM ONE – COMMUNITY **FREE TO ATTENDEES**

Thursday, April 28 from 6 p.m. to 7 p.m. -
Doug Burnham, MSW, presenting “How to Show Love to a Family Member who is Abusing Drugs”

7 p.m. to 8 p.m. -
Dr. Kimberly Williams, Vice President, SCR, presenting “A Personal Perspective: Drug Addiction through the Eyes of a Loved One”

PROGRAM 2 – HEALTHCARE PROVIDERS **PRE-REGISTER, \$25** **DAY OF, \$35**

Friday, April 29 - 9 a.m. to 4 p.m.
Prescription, OTC and Other Hot Drugs of Abuse: What’s Cooking in Your Practice? *Brian Fingerson, BPharm, RPh, President, KY Professionals Recovery Network and Patrick Sammons, PhD, Professor Emeritus, University of Kentucky will present this all day conference.*

The objectives are as follows:

- Describe how drug abuse can lead to addiction and drug effects of prescription drug abuse;
- Learn how to quickly recognize the physical and behavioral effects of prescription drug abuse;
- Know how drug seekers attempt to obtain and divert prescription drugs and learn the advantages of using our prescription monitoring program, KASPER
- Recognize health and impairment problems of heroin, marijuana, alcohol, inhalants, ecstasy and other “fun drug” abuse.
- Increase your screening skills for recognizing drug misusing and abusing patients; and
- Know the risk/resiliency tools for preventing youth from ever using drugs and learn how to apply these in your practice.

6 hours each: Category I Credit; Nursing; ACPE (both Pharmacists and Pharmacy Techs); CHES; Radiology.
Request has been submitted for Respiratory credit.

To register or questions please contact:
Loretta Burchett at 783.6830 or laburchett@st-claire.org

Sponsored by:



This program is brought to you by the Northeast Kentucky Area Health Education Center and Operation Unite - Rowan County. All persons planning and participating in this program have no financial interests.

“ARE YOU AN ACCIDENTAL DEALER?”

Submitted By: Sister Marge Mouch

St. Claire Regional is partnering with Operation Unite to host an educational event to raise awareness for the need to properly secure over-the-counter and prescription medications. Parents, grandparents, friends and caregivers are invited to attend sessions starting at 11:30 a.m. and 12:30 p.m., Wednesday, March 23 and Thursday March 24 in SCR Café D. Connie Richardson, LCSW, with Operation Unite, will explain what an accidental dealer is and provide steps that individuals can take to avoid becoming one.

Studies show that the majority of youth who experiment with prescription drugs first obtain these drugs from a family member or a family friend without consent – making that person an “Accidental Dealer.” This is particularly worrisome, because the average age of first-time recreational drug use in southern and eastern Kentucky is age 11.

No registration necessary and refreshments will be served. For more information please contact Sister Margaret Mouch (606) 783-6516.



MARCH THIRTIETH

DOCTORS' DAY 2011

Dedicated to Excellence

Healthy Feet

support a healthier you

FREE FOOT HEALTH CONSULTATIONS

WEDNESDAY, APRIL 6
9:00 A.M. - NOON

Dr. Clarence Clayton

Cave Run Surgical Specialists' podiatrist will be giving free foot health consultations.

Freebies and Door Prizes

The first 30 customers will receive a FREE Foot Spa gift and 5 customers will win a free pair of Lynco® Inserts by Aetrex® - a \$40 value.

Health Screenings

- Blood Pressure
- Cholesterol
- DermaScan
- iStep Foot Analysis
- Glucose
- Oxygen Saturation
- Pulse Rate



Aetrex® Digital Foot Imaging
Step onto the Aetrex® iStep analysis device that will capture your foot type, pressure points and shoe size.

 St. Claire Regional
FAMILY MEDICAL SUPPLY

Morehead Kroger Shopping Center
across from LOWE'S

APRIL BIRTHDAYS

Evelyn F Harr	3rd Floor North	4/1	Sharon Smith Oldham	Respiratory Therapy	4/16
Jerry Randel McCleese	Information Services	4/1	Mary Grace Sy	FM - Olive Hill	4/16
Leah-Ann M Owens	Home Health	4/1			
Valerie Prater Campbell	Marketing and PR	4/2	Lois Callahan	Respiratory Therapy	4/17
Dianna K Davis	Laboratory	4/2	Jessica Lynn Henderson	Food Services	4/17
Jenny R. Hamilton	Food Services	4/2	Karen Holifield	Administration	4/17
Jill Ann Henry	Human Resources	4/2	Angela K. Ramey	ICU	4/17
Vennie E Logan	MMS Clinical Services	4/2	Edgar Creech	Facilities Management	4/18
Sherry L. Parson	Home Health	4/2	LaShonda Helphenstine	Float Dept - Unit Sec	4/18
Cody Lucas Plank	Family Medical Supply	4/2			
Theresa G Hollan	Radiology	4/3	Kathy L Lobo	Infusion Solutions	4/19
Karen Sue Adkins	Homemaker II	4/4	Sandra Gayle Skaggs	MMS Clinical Services	4/19
Pamela A Boggs	Homemaker II	4/4	Sigrid Oline Turner	Radiology	4/19
Kristi Cook	Administration	4/4	Susan Leaberry Victor	Pharmacy	4/19
Erika Scott Jent	3rd Floor Central	4/4			
Beth A Lambert	3rd Floor North	4/4	Traci S Blevins	FM - Olive Hill	4/20
Carmaleta Oney	Central Billing Office	4/4	Caryn R Grim	Radiology	4/20
			Anita Frances Hampton	Health Information Management	4/20
Debra K. Barker	Laboratory	4/5	David A Price	Emergency Department	4/20
Linda M Westerman	Respiratory Therapy	4/5			
			Tamera Lynn Crager	Mental Health Unit	4/21
Lucille J. Diehl	FM - Frenchburg	4/6	Norma Sue Kelsey	SCR Outpatient Cent	4/21
Monte Robinette	Infusion Solutions	4/6	Jana M Moore	3rd Floor Central	4/21
			Regina Ann Thompson	Marketing and PR	4/21
Edward J Scott	MMS Clinical Services	4/7			
Taylor J. Williams	Information Services	4/7	Stephen D Damron	MMS Clinical Services	4/22
			Shelley Ann Green	MMS Clinical Services	4/22
Richard L Shutt	Pharmacy	4/8	Rebecca Danyell Lewis	Health Information Management	4/22
			Doris Mae Tucker	FM - Morehead	4/22
Lee A Conley	MMS Clinical Services	4/9	Jo Ann E West	Family Medical Supply	4/22
Karen Long	FM- Owingsville	4/9			
Kathy A Mays	3rd Floor Central	4/9	Bradley Scott Collins	Sleep Lab	4/23
			Denzil Keeton	Respiratory Therapy	4/23
Timothy L Brown	SPD	4/10	Lisa Dawn McPeck	Surgery/Same Day Surgery	4/23
Rosella Jean Littleton	FM - Olive Hill	4/10	Larry M. Mullins	Anesthesia Professionals	4/23
Amy Jo Oney	Homemaker II	4/10	Chelcee Elizabeth O'Cull	4th Floor Nursing	4/23
Danielle L Skaggs	Emergency Department	4/10	Leah Marie Stinson	Home Health	4/23
Thomas Earl Meade	Information Services	4/11	Kathy J Erwin	MMS Administration	4/24
Amanda Mers	Environmental Services	4/11			
			Heather A Mayhorn	Home Health	4/25
Bobbie Gail Fisk	FM - Morehead	4/12			
Krista Marie Havens	3rd Floor Central	4/12	Muhammad Anwar	Anesthesia Professionals	4/26
Kennie Jean Nolan	Cave Run General Surgery	4/12	Stephanie R. Ball	Food Services	4/26
			Sandra Dee McClain	Surgery/Same Day Surgery	4/26
Cynthia Gulley	Central Billing Office	4/13			
Charles Kevin Hale	Infusion Solutions	4/13	Melanie Barker	Home Health	4/27
Donna Music	Nursing Administration	4/13	Loretta A Burchett	AHEC	4/27
Selena Renee Mynhier	Emergency Department	4/13	Julie A Butler	Surgery/Same Day Surgery	4/27
			Kayla Dawn Daulton	3rd Floor Central	4/27
Freda Marnell Hughes	FM- Owingsville	4/14	Selena Rae Sloan	Home Health	4/27
Marie Lemaster	3rd Floor North	4/14			
Cathy White	Patient Access	4/14	Michelle F Bailey	Respiratory Therapy	4/28
Barbara A Wilson	Home Health	4/14	Sharon P Lewis	ICU	4/28
			Donna Jane Oldfield	Home Health	4/28
Melissa Jane Cron	Infusion Solutions	4/15			
Sheree' Hamilton	Pharmacy	4/15	Eric Dickerson	Speech Therapy	4/29
Brenda Allen Jefferson	Outpatient Care Center	4/15	Sheila Lynn Hamilton	Nephrology	4/29
Mary Phillips	Cave Run General Surgery	4/15	Nancy Jane Waltz	Quality Management	4/29
Risa L. Roe	Radiology	4/15			
			Travis A Bailey	Human Resources	4/30
Tracy A Henderson	Food Services	4/16	Lesley Hope Combs	4th Floor Nursing	4/30
Staci McClain	Home Health	4/16	Sally Goodan	Environmental Services	4/30
William Louis Melahn	Administration	4/16	Stephanie B Harris	FM - Morehead	4/30



Letters From Home Recognition Dinner

2011

Attention All Staff Members of SCR

If you have a son, daughter, or family member from the Northeast Kentucky area that has been accepted to a medical school for the 2011-2012 academic year we would like to know about it!

Each year SCR and the Northeast KY AHEC have a recognition dinner for students that have been accepted to medical school. This year's recognition dinner is set for **Tuesday, May 3rd, 2011** and will be held at the Center for Health Education and Research Building.

The "Letters From Home" program will follow your son, daughter, or family member through their Medical Education career and help them with rotations, residencies and possible employment opportunities as well.

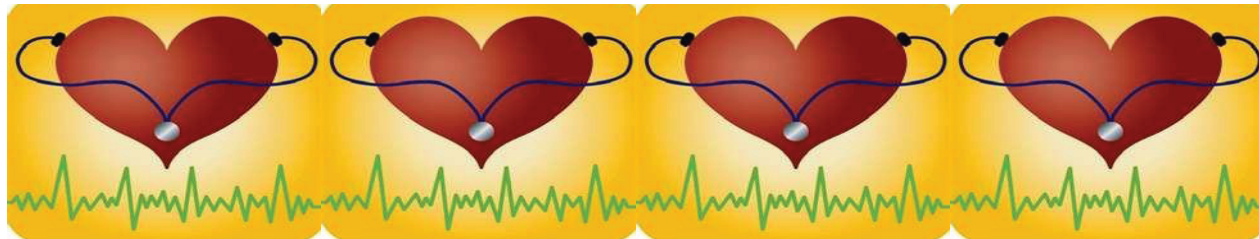
Please contact:

Julie Stephens, Student Services Coordinator

Office Phone: 606-783-6470

Email: jbstephens@st-claire.org

Make sure these exceptional students don't miss out on this great opportunity!



Be a Part of Our **Healthy Heart** Kick-Off!

The Center for Health Education and Research is offering a **Healthy Heart** program.



Are you currently diagnosed with heart disease?



Are you male over 44 or female over 55 years of age?



Do you have high cholesterol or high blood pressure?



Are you overweight?



Do you have a history of Diabetes?



Do you have a sedentary lifestyle?



Do you have a diet high in fats or low in fruits and vegetables?

***If you would like to have more information on making a tailored plan designed to lower your risk factors for heart disease and improve you overall health. Please contact:**

Ashley Moore RN call 606-783-7577 or email Aamoore@st-claire.org

Teresa Gevedon RN call 606-783-7561 or email Txgevedon@st-claire.org

Mary Horsley RN call 606-783-6476 or email Mahorsley@st-claire.org

UPCOMING EVENTS

ST. PATRICK'S DAY CELEBRATION SCR STAFF AND VOLUNTEERS

Date: March 17 2:00 pm - 4:00 pm
10:30 pm - 11:30 pm

Location: 2nd Floor across from Medical Library

LINDA LEACH PURSES

Date: March 21 7:00 am - 7:00 pm
March 22 7:00 am - 4:00 pm

Location: Cafe' A & B

BLOOD DRIVE

Date: March 21 8:00 am - 11:00 am
March 22 8:00 am - 1:30 pm

Location: Ky Blood Center Bus, Lot H

SCENTED CREATIONS BY: RHONDA MACKIN

Date: March 23 7:00 am - 7:00 pm
March 24 7:00 am - 7:00 pm

Location: Cafe' C

ARE YOU AN ACCIDENTAL DEALER

Date: March 23 11:30 am - 12:30 pm
March 24 11:30 am - 12:30 pm

Location: SCR Cafe' D

Staff and community members are invited to attend. Parents, grandparents, friends and caregivers, don't be an accidental dealer of drugs to your kids. For questions please Contact: Sister Margaret Mouch 783-6516



**St. Claire Regional
Medical Center**

222 Medical Circle • Morehead, KY 40351

TEDDY CARE DONATE STUFFED ANIMALS DURING CHILD ABUSE PREVENTION MONTH

Submitted By: Regina Thompson

During the month of April, for Child Abuse Prevention Month, you can help a child by donating a new stuffed animal of any size. These gifts of comfort will be distributed throughout the year to our pediatric patients in the ED and at Gateway Children's Advocacy Center.

Drop off your stuffed animal at:

- The SCR Gift Shop*
- Pastoral Care Department on the second floor
- Human Resources on the seventh floor
- St. Claire Counseling 445 Clinic Drive in Morehead

*receive a 20% discount on stuffed animals purchased from The SCR Gift Shop for the Teddy Care drive.



NEED A CAMERA
TO COVER AN
EVENT?

The Marketing/PR Dept. has several cameras available for loan. Contact ext. 6419 for more info.

Please send articles and/or information to be placed in the SCR Newsbrief to jlrobinson@st-claire.org.

NEXT DEADLINE: March 22