

St. Claire Regional Medical Center NEWSBRIEF

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St. Claire Foundation STAFF GIVING APPEAL 2012-2014



The St. Claire Foundation's 2012-2014 Staff Appeal is off to a great start, and it isn't too late to participate.

The Foundation was established in 2000 to raise private dollars to support the St. Claire Regional Mission. Among other things, the Foundation annually hosts a golf scramble and a mystery dinner theater asking members of the community, SCR physicians and volunteers to contribute.

Every three years, the Foundation asks members of the SCR staff to make a three-year pledge of support. Pledges made during the current Staff Appeal will run from January 2012 through December 2014.

Designate how your gift is used

Greatest Need Fund

This fund is used to meet important needs that enable us to continue to fulfill our mission, to proclaim God's goodness through a healing ministry to the people of eastern Kentucky.

St. Claire Charity Care Fund

During FY 2010-2011 St. Claire Regional provided 10.6 million dollars in care to people who can't afford it otherwise. Your gift to this fund helps us offset those losses.

SAFE Fund

The St. Claire Assistance Fund for Employees (SAFE) is a source of help for SCR staff members in crisis situations, such as a burned or flooded home. Last fiscal year, 45 SCR employees received a total of \$17,000 in SAFE assistance.

Choose how to pledge your gift

The Foundation Staff Appeal offers several payment options, so you can choose what works best for you. And no gift is too small. Pledge payment options include:

- Payroll Deduction
- Cash/Check/Credit Card
- Installment
- OTO Donation

For more information contact Tom Lewis, Foundation Executive Director, at ext. 6511 or at telewis@st-claire.org.

Don't miss your last chance to attend a staff appeal session and qualify to win one of the many door prizes

Monday,
October 24
Café D

8:30 am

9:00 am

9:30 am

11:00 am

11:30 pm

NOON

12:30 pm

1:00 pm

4:30 pm

5:00 pm

5:30 pm

Sessions will run
approximately 20 minutes

SCR Staff Members Give Back

Dear Family, Friends and Co-Workers,

When I started working at St Claire Regional I had no idea 'just how much my life was going to change in a very short time. I had finally gotten the job I had always wanted. I now had the great opportunity to work in my home town and be in close proximity to my child (Alana) and family. To my surprise, I was pregnant with my second child - Eli, within the first year.

Now, as you all know, Eli was born with Polycystic Kidney Disease and my life took another BIG turn. Eli is truly a wonderful, blessing to our family and to anyone who meets him. He is wonderfully happy and we love him beyond words.

When I meet people with such a thankful, giving heart, like all of you, I know that I am honored and blessed to have friends like you! I would like to thank each one of you for your generous donations of time, money, gifts and love shown toward Eli and our family.

You each have honored me and my family with your generosity, kindness, love and prayers. You have chosen to share part of your lives with us and I cannot begin to express how thankful we are! We are truly overwhelmed with the great outpouring of care and concern for our family. I never realized how much this small community would do for a child that most of you have never met.

There have been so many donations from within the community and from outside the community, I feel certain that I have missed saying "Thank You" to someone and for this I apologize.

I appreciate everything that has been done in honor of Eli and again I want to say Thank You.

Lucy Diehl and family



SCR Staff Encourages Reaching Out in Your Community

submitted by: Martha Gullely

The committee for the Eli Diehl Benefit that was held on September 24th would like to thank everyone for their efforts, time, and donations. If you didn't get to attend the event, the outcome surpassed more than we hoped for. This was a very uplifting experience for all of us. We recommend that if you have never been involved in this type of community service for your co-worker, neighbor, or maybe someone you don't even know, you will definitely be blessed for it.



SCR Staff Benefits Fair

Friday - October 21
8:00 am to 3:00 pm - Cafeteria

Family Medicine staff unable to attend may call during the Benefits Fair to speak to a benefits representative @ ext 6707

Meditech Update

submitted by: Joy Moore

Overall Project (Program)

- Testing continues with the Kentucky Health Information Exchange
- Medical Necessity meeting Wednesday 10/19.
Goal is to get all medical necessity dictionaries built and tested, for a go-live date of March 1, 2012.

MEDITECH Project – Phase II – go live is March 1, 2012

- Demo sessions for scanners and mobile workstations were held on Monday, October 17th.
- Dictionary building ongoing
- Editing documentation
- Standardizing assessments



Check out these opportunities!

Center for Health Education and Research

Heart Health Study

A free voluntary study about identifying and managing your risk factors for Heart Disease. The focus of this research study is to improve quality of life and reduce heart disease risk in rural Kentucky. If you participate you will receive a heart health program that will help you to reduce your risks from heart disease. More information can be obtained from CHER staff at the Employee Benefits Fair or by calling SCR Clinical Trial Associates Ashley Moore at 606-783-7577 or Teresa Gevedon 606-783-7561.



Project IMPACT Diabetes

Project IMPACT Diabetes is a pharmacist-provided patient care service where pharmacists provide diabetes education and medication therapy management (MTM) to employees of St. Claire Regional Medical Center through group educational classes and individual follow-up appointments to improve glucose control, medication use and self-care practices.

Employees with diabetes will have the option of receiving care at the worksite via clinical pharmacists employed by St. Claire or via community pharmacists from a newly established network of pharmacies providing services within the 5 county region from which St. Claire employees are drawn. The initial and follow-up assessments are provided by pharmacists who have expertise in diabetes care.

**For more information,
visit our booth at the benefits fair
or call the numbers listed above.**

In the diabetes program, pharmacists will work closely with patients' other health care providers for medication adjustments and recommendations. Pharmacists will conduct initial MTM and diabetes assessments with the patient and then follow-up every 1-3 months to resolve any drug therapy problems and reinforce education (up to 4 sessions over the year).

Sessions are expected to last 30-60 minutes each. Individual comprehensive education is available with local diabetes educators through the St. Claire Regional Diabetes Education Program prior to the sessions with the pharmacists. Project IMPACT is made possible by a grant to the University of Kentucky College of Pharmacy through the American Pharmacists Association Foundation.

Additional information regarding the program will available at the Fall St. Claire Benefits Fair. A maximum of 30 patients may enroll in the program by December 27, 2011. Following enrollment, patients will be scheduled for comprehensive education at St. Claire and for individual assessments with the pharmacist to begin January 2012 (or sooner, if available).

Is it Alzheimer's Disease?



By Mary Horsley, RN, CCRP

As autumn approaches we are reminded that November/ Thanksgiving is right around the corner! November is also National Alzheimer's Awareness month and we will be kicking it off with a 5k walk/run November 5th. But more importantly, we need to be aware of the magnitude Alzheimer's disease has on America and work together to find a cure. The new annual "Alzheimer's Association Facts & Figures" for 2010 are out.

Did you know?

- 5.4 million people in the US have Alzheimer's disease; it affects 1 in 8 older adults and it is the 6th leading cause of death in the US today.
- 50% of those who suffer from Alzheimer's disease never receive the diagnosis. On another note there are 14.9 million unpaid caregivers!

Staggering statistics to say the least and with the recent announcement of University of Tennessee's legendary women's basketball coach Pat Summit, who suffers from early onset Alzheimer's disease; we know it has no boundaries. Alzheimer's disease can affect anyone.

Alzheimer's is a type of dementia that causes problems with memory, thinking and behavior. Symptoms usually develop slowly and get worse over time, becoming severe enough to interfere with daily tasks. Alzheimer's is the most common form of dementia, a general term for memory loss or other intellectual abilities and accounts for 50-80 percent of dementia cases. Memory loss that disrupts daily life is not a normal part of aging. It may be a symptom of Alzheimer's disease.

Know the 10 Signs of Alzheimer's Disease

- Memory loss that disrupts daily life
- Challenges in planning or solving problems
- Difficulty completing familiar tasks at home, at work or at leisure
- Confusion with time or place
- Trouble understanding visual images and spatial relationships
- New problems with words in speaking or writing
- Misplacing things and losing the ability to retrace steps
- Decreased or poor judgment
- Withdrawal from work or social activities
- Changes in mood and personality

Alzheimer's has no current cure, but treatments for symptoms are available and research continues. Although current Alzheimer's treatments cannot stop the disease from progressing, they can temporarily slow the worsening of dementia symptoms and improve quality of life for those with Alzheimer's and their caregivers. Today, there is a worldwide effort under way to find better ways to treat the disease, delay its onset, and prevent it from developing.

Many people have trouble with memory loss; this does not mean they have Alzheimer's disease. There are many different causes of memory loss. If you or a loved one is experiencing symptoms it is best to see a doctor so the cause can be determined. St. Claire TeleCare in collaboration with the University of Kentucky offers a weekly memory disorders clinic. For more information please call 606-783-6864.

Happy Birthday NOV

11/ 1 Jennifer L. Meade	HIM	Angela Gail Price Ronnie R Reynolds	3rd Floor North Facilities Management	11/20 Rachel L. Binion Sarah Jane Brown Jaclyn F Lewis Shirley Ann Prater Lori A Reynolds	MMS Administration 4th Floor Nursing Respiratory Therapy Home Health Home Health
11/ 2 Mary Caric Merry-Jo Lynne Cloud Kathy Faye Hall Miranda L Shultz	FM - Morehead 3rd Floor Central Food Services MMS Clinical Services	11/11 Shonna K Crouch Deidre Ann Horsley Amy Horton	MMS Administration 3rd Floor North Patient Access	11/21 Tona Y Kidd Luka Smiley Harlan Lee Wages	Float Dept - Unit Sec Respiratory Therapy Radiology
11/ 3 Tammy Ann Bailey Autumn M Donithan Mary E. C. Ferguson Danielle Renee Halbleib Karen Silvey	Laboratory 3rd Floor North Cave Run General Surgery RPLP HIM	11/12 Syed Ali Shana Cooper Beverly Jill Cornett Linda L Craft Amanda J Johnson Amy Bond Lewis Patty A Lewis Mohammad A Siddiqui Elizabeth A Smith	Anesthesia Professionals Home Health Food Services Hospice Physical Therapy Physical Therapy MMS Administration Pharmacy MMS Clinical Services	11/22 Jennifer L Bellamy Melissa Kidd Victoria Jayne Kittle Melony Longacre Kimberly Scott McClain Mark J Neff	TCU Emergency Department Home Health Environmental Services FM - Morehead Administration
11/ 4 Cathy Lynn Jobe Sherry S. Lyons Tara Beth Mays Rebecca A Royse	Pharmacy Home Health 3rd Floor Central Hospice	11/13 Amy E. Barnes Nicole June Brewer Philip Stanley Nelson	Float Dept - Unit Sec Emergency Department Infusion Solutions	11/23 Courtney Hollingsworth	Cardiology
11/ 5 Ashlei R Binion Mark Gibson Richard W Proudfoot Brenda C Stanley	3rd Floor Central Physical Therapy Cave Run General Surgery Financial Services	11/14 Evelyn J Erwin Johnny Ray	Homemaker II Environmental Services	11/24 Mitzi Carroll Courtney Day Nathan M Howard	Infusion Solutions Emergency Physicians Nursing Administration
11/ 6 Chad Daniel Collett Robert Combs Margaret Sue Hargett Allie Jane Lyons Beverly Jo Penix Amy Maxine Stevens Shellie Wilburn	Information Services Social Services Surgery/Same Day Surgery Pharmacy Emergency Department Environmental Services Emergency Department	11/15 Julia C Allen Shelly Don Brown Mikia Sue Lyles	Home Health Cardiology Surgery/Same Day Surgery	11/25 Ann Louise Colbert Erin Patrick	Palliative Care Pharmacy
11/ 7 Kristi Lee Dickens Shawna Lewis Amanda N Littleton Sherry Lynn Reynolds Jackie D Stamper Jeffrey Wicker	Anesthesia Professionals Laboratory MMS Clinical Services Cave Run General Surgery Patient Access Emergency Physicians	11/16 Brent D Barnette Shirley A Caudill Judy Lynn Easterling Jessica McAbee Anthony D. Weaver	Facilities Management St. Claire Foundation Mental Health Unit Hospitalist Physician Hospitalist Physician	11/27 Kiana M Cunningham	TCU
11/ 8 Teresa Jo Chandler Jason Dean Elliott Brittni Renae Martin Levonda L Thomas Steven D Vico	3rd Floor North PACU Patient Financial Services FM- Owingsville Mental Health Unit	11/17 Sherry Kay Adkins Kayla D Fannin Shelly M Rogers Tina York	Clinical Nutrition MMS Administration MMS Clinical Services Environmental Services	11/28 Cheryl Gale Bussell Joseph F. Pierce Sherry J Swim	Central Scheduling FM - Morehead Home Health
11/ 9 Amanda D Adkins Amanda Glover	Patient Access Outpatient Care Center	11/18 Jeffrey Dean Butts Tammy Davis Tamara R Helton Margaret Mary Mouch Andrea L Story	Environmental Services HIM Home Health Administration Quality Management	11/29 Cody Berger Alfred K Hicks Vanessa L Sammons Yolanda Frances Vance	Physical Therapy Cave Run General Surgery TCU Float Dept - Unit Sec
11/10 Bonnie L Edington Rebecca Nickell	MMS Administration Patient Access	11/19 Carrie Ann McClain Diana Jo Stegall Crystal Lee Surface Robin A Young	FM - Morehead Patient Access 3rd Floor Central Mental Health Unit	11/30 Seth Bromagen Paula Ann Collins Susanna O Haney Joel E. Porter Vickie C Rivers	Environmental Services Float Dept - Unit Sec Home Health FM - Menifee (Dental) Float Dept - Unit Sec

St. Claire Regional Medical Center's
EMPACT
Employee Activities/CQI Team



October 29, 2011

2:00 p.m. – 4:00 p.m.

SCR Family Medicine Morehead Clinic
Parking Lot

SCR EMPACT is beginning to plan the Fall Family Festival/Trunk or Treat.

In years pass we have had over 300 children so we need to get started planning. We need to know how many units/departments will be participating in the event. Those participating will give a treat out of their trunk/space to the little ghost and goblin, princes and princesses trick or treaters.

There will also be a trunk/space decorating contest you can enter as well.

If your unit/department is interested in setting up a booth/trunk

Please complete this form and turn it in to

Angel Beamon

(TeleCare, 6864, or ambeamon@st-claire.org)

October 24 @ 3:30.

Hope to see you all there!!



UNIT: _____

THEME (optional): _____

Please expect at least 300 Children.

Morehead Medical Specialists New Physician

NOW ACCEPTING

NEW PATIENTS

**“I have made
Morehead my home
and I am dedicated to
your healthcare.”**

– Dr. Matthew Birdwhistell
Internal Medicine

**Dr. Matthew Birdwhistell specializes
in prevention, diagnosis and medical
treatment for adults of all ages.**

**Morehead Medical Specialists provides comprehensive
healthcare services for your entire family.**

FAMILY MEDICINE

James C. Lacock, MD • Dreama D. Rucker, MD

PEDIATRICS

Nancy J. Henly, MD • Mirosława E. Sikorska, MD

INTERNAL MEDICINE

Matthew C. Birdwhistell, DO

Stephen D. Damron, MD • Shelly Rogers, MD

Edward J. Scott, MD • Ewell G. Scott, MD

**Morehead
*Medical Specialists***

✦ St. Claire Medical Group

To schedule an appointment with call **606.784.6641**

SCR Diabetes Education Program Celebrates ADA Recognition with an Open House

The St. Claire Regional (SCR) Diabetes Education program has been awarded its fifth consecutive recognition from the American Diabetes Association (ADA). To celebrate this honor, SCR hosted an open house on Wednesday, October 19 from 1:00 p.m. to 3:00 p.m. in the SCR Diabetes Education department. Everyone was invited to join the diabetes team to celebrate this achievement and enjoy free refreshments.

The SCR Diabetes Education program provides comprehensive diabetes self-management education for individuals with diabetes or those who are at risk for developing diabetes. Assuring high-quality education for patient self-care is one of the primary goals of the program. Through the support of our health care team and increased diabetes knowledge and awareness, the patients can assume a major part of the responsibility for their diabetes management. Unnecessary hospital admissions and some of the acute and chronic complications of diabetes may be prevented through self-management education.

The ADA Education Recognition effort, begun in the fall of 1986, is a voluntary process which assures that approved education programs have met the National Standards

for Diabetes Self-Management Education Programs. Programs that achieve recognition status have staff with knowledgeable health professionals who can provide state-of-the-art information about diabetes management for participants.

“The process gives professionals a national standard by which to measure the quality of the services they provide”, commented Sherry Adkins, RN, Diabetes Education Coordinator. “And, of course, it helps consumers to identify these quality programs.”

The SCR Diabetes Education program provides services at the hospital and at SCR Family Medicine locations. For more information on the SCR Diabetes Education program, please contact (606) 783-6702.



SCR Diabetes team with their ADA Recognition certificate.



Individuals join the SCR diabetes team in celebrating their ADA Recognition.



To Benefit the Alzheimer's Association

**Saturday
November 5th • Morehead City Park**

Registration begins at 8:00 a.m. • Race begins at 10:00 a.m.
Race Timing Provided by JOHN'S RUN/WALK SHOP

Early Bird Deadline: Monday, October 17th

T-shirt guaranteed to all who register prior to early deadline!

Early Bird fee Adults: \$20 Kids (4-12): \$10 3 & Under: FREE

Entry Fee after October 18th & Race Day

Adults: \$25 Kids (4-12): \$15

Register Online at

www.surveymonkey.com/s/TurkeyTrot2011

For more information contact

SCR and UK Markey Cancer Center Partner to Support the Hope Lodge

St. Claire Regional and UK Markey Cancer Center are partnering to help hundreds of cancer patients and their families who stay at the Hope Lodge in Lexington, KY. We are collecting janitorial and maintenance items to assist with the daily living needs of the lodge. Specifically we are collecting: All Purpose Cleaner, Toilet Bowl Cleaner, Furniture Polish, Air Freshener and Energy Efficient Light Bulbs. We have placed a collection box at the hospital's information desk at our main entrance for any donations.

The Hope Lodge provides free, overnight private rooms for cancer patients and their caregivers, creating an environment to ease the stress of the cancer journey. The Hope Lodge accepts patients from central and eastern Kentucky and is easily accessible to all of the outpatient cancer treatment facilities in the Lexington area.

Donations will be collected until October 21, for more information contact Beth Maggard at ext. 6927



Northeast AHEC UPCOMING C.E. Programs

Oct 21 | Tumor Board

8:00 am - 9:00 am
St. Clare TeleCare Conference Room
Credit: Category 1 AMA, Nursing

Oct 25 | Emerging Trends in Oral Anticoagulation

12:00 pm - 1:00 pm
CHER Rm102
Credit: ACPE, Category 1 AMA, Nursing

Oct 26 | Multidisciplinary Case Conference

12:30 pm - 1:30 pm
CHER 102D
Credit: ACPE, Category 1 AMA, Nursing

Nov 2 | Journal Club

8:00 am - 9:00 am
SCR Cafe D
Credit: Category 1 AMA

Nov 3 & 4 | ACLS Provider

9:00 am - 4:00 pm
CHER 102
Credit: Category 1 AMA, Nursing

Nov 4 | Tumor Board

7:30 am - 9:00 am
St. Clare TeleCare Conference Room
Credit: Category 1 AMA, Nursing

Nov 8 | Morbidity and Mortality

8:00 am - 9:00 am
SCR Administrative Board Room
Credit: Category 1 AMA

RSVP with Brian Buelterman

at ext. 6453 or blbuelterman@st-claire.org

Staff Notice

DONATE

St. Claire Regional and UK Markey Cancer Center are partnering to help hundreds of cancer patients and their families who stay at Hope Lodge.

- All Purpose Cleaner**
- Toilet Bowl Cleaner**
- Furniture Polish**
- Air Freshner**
- Energy Efficient Light Bulbs**

Donations will be collected until October 21
For more information contact Beth Maggard at ext. 6927

SCR Trunk or Treat

Date: October 29

Time: 2:00 p.m. - 4:00 p.m.

Location: SCR Family Medicine – Morehead parking lot

For more information please contact Angel Beamon, 6864



**St. Claire Regional
Medical Center**

222 Medical Circle • Morehead, KY 40351

Health Living Series Event

Date: November 2

Time: 9:00 a.m. - 12:00 p.m.

Location: SCR Family Medical Supply

Prepare for the Great American Smokeout with free health screenings and smoking cessation education

For more information, call 606.784.2414



NEED A CAMERA TO COVER A SCR EVENT?

The Marketing/PR Dept. has several cameras available for loan. Contact ext. 6419 for more information.

Please send articles and/or information to be placed in the SCR Newsbrief to jlrobinson@st-claire.org.

NEXT DEADLINE: Oct. 25

Turkey Trot for for a Cure to Support the Alzheimer's Association

Date: November 5

Time: Register - 8:00 am, Race Time - 10:00 am

Location: Morehead City

Early Bird Deadline: Monday, October 17th

T-shirt guaranteed to all who register prior to early deadline!
Early Bird fee Adults: \$20 Kids (4-12): \$10 3 & Under: FREE

Entry Fee after October 18th & Race Day

Adults: \$25 Kids (4-12): \$15

Register Online at

www.surveymonkey.com/s/TurkeyTrot2011