

St. Claire Regional Medical Center NEWSBRIEF

Lula's Dream

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SCR Welcomes New Staff

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SCR Staff Raise \$30000

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St. Claire Foundation Receives Largest Gift in its History

Care for children at St. Claire Regional Medical Center received a major boost on November 2, with the announcement of the largest gift ever to the St. Claire Foundation.

The estate of the late Ruth Maxine Browning of Olive Hill is giving the Foundation approximately \$650,000 to support pediatric services at St. Claire Regional (SCR).

"Ms. Browning's generosity is overwhelming," said Mark J. Neff, SCR President/CEO. "But we view this not as a gift to St. Claire Regional, but as a gift to the thousands of children in our service region who deserve the best possible medical care."

Browning died in March 2010 at the age of 94. She was born in Carter County in 1915. She had worked as a teacher and farmer in Colorado and Indiana before returning to Olive Hill after the death of her second husband, according to Olive Hill attorney Michael Fox, who helped Browning prepare her will.

"She expressed to me that as a teacher, she had been very distraught over a number of students who had cleft palates," Fox said. "She told me that she

wanted the money that she had saved to help children like the ones she had taught."

Fox said Browning lived simply in a modest home, and he was surprised when he discovered that her estate was worth approximately \$2 million.

"She was very modest, very humble," he said.

After some bequests to individuals and churches, Fox said Browning decided to divide the bulk of her estate among St. Claire Regional and two other organizations that treat children. The Shriners Hospitals for Children received a gift from the Browning estate in July. The third gift has not yet been announced.

SCR offers a wide array of pediatric services, including family medicine; physical, occupational and speech therapy; mental health services/child psychiatry; inpatient acute care; telemedicine; home health; surgery; emergency medicine; and educational programs through the Northeast Kentucky Area Health Education Center.

"The Sisters of Notre Dame, St. Claire Regional's sponsors, share Ms. Browning's particular



Representatives of the estate of the late Ruth Maxine Browning of Olive Hill presented St. Claire Regional (SCR) with a gift of \$650,000 on Wednesday. It is the largest gift in the history of the St. Claire Foundation, SCR's fundraising arm, and will be used to support a variety of pediatric services. Pictured (l-r) are St. Claire Foundation Board Chairman Dan Markwell, SCR President/CEO Mark J. Neff, Browning estate executor Tammy Jordan, estate attorney Michael Fox, and St. Claire Foundation Executive Director Tom Lewis.

concern for the health and well-being of children," said Tom Lewis, St. Claire Foundation Executive Director. "We are so grateful for Ms. Browning's gift, and the representatives of her estate can be sure that we will fully honor her wishes."

While Browning's gift will benefit a number of children's services at SCR, one anticipated use will be the expansion and enhancement of the St. Claire

TeleCare Network to serve schools in western Carter County, Lewis said.

The St. Claire Foundation was established in 2000 as SCR's fundraising arm. For information on how to make a gift to the Foundation, call (606) 783-6512, email telewis@st-claire.org, or visit www.st-claire.org and click on the Foundation link.

Lula's Dream

Can one nurse, a dream and two cans of green beans make a difference?

submitted by: LaRae Wilson, RN

It was during a recent District 10 Kentucky Nurses Association (KNA) meeting at St. Claire Regional (SCR) that current KNA President Mattie Burton, discussed service to others. Nurses, now more than ever, are needed to heed the call of service to not only the patients in hospitals and clinics, but to reach even farther into the community to extend service to those in need. Those attending the meeting were bouncing ideas off of one another

about community service when one nurse, Lula Pecco, an RN at SCR for twenty-five years, stated she had a life-long dream of starting a soup kitchen in Morehead. Living in the heart of Appalachia, she had first hand knowledge of the poor and the hungry.

Lula's dream was to start a soup kitchen to feed the hungry. Something about the way she said it and the manner in which she spoke, made all of those in attendance take notice. Her entire face lit up just talking about the serving the poor. Lula had never attended a

KNA meeting and she had been wondering why was she attending this one? Lula's nurse manager had asked her to attend in her place since she was going to be late. Accidents of this magnitude don't just happen.

Once Lula shared her thoughts and ideas with district members, Mattie outlined steps that would help Lula get started.

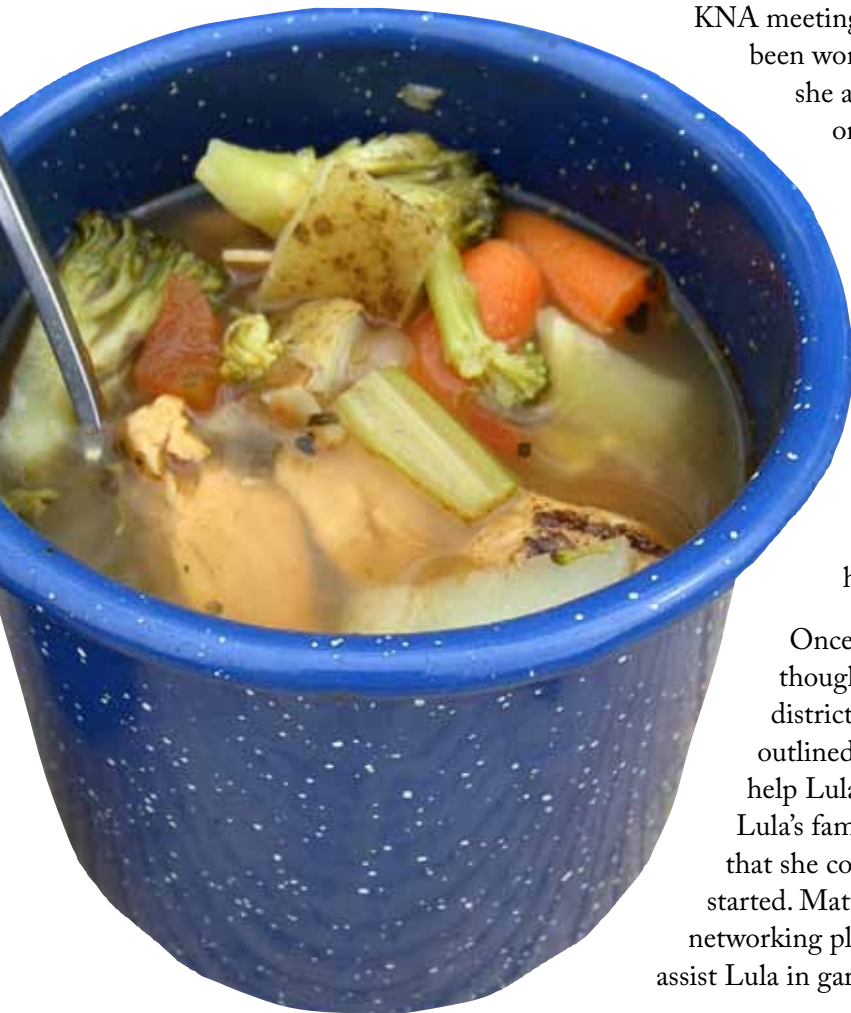
Lula's family had a building that she could use to get started. Mattie provided a networking plan that would assist Lula in garnering the

support she would need to begin, maintain and sustain such a worthwhile venture. The entire department of nursing wanted to support Lula's dream, which in reality would only further the mission of St. Claire Regional, "To proclaim God's goodness through a healing ministry to the people of Eastern Kentucky."

Lula's dream came true on September 16, 2011 in Rowan County. At first she, her family, church and hospital volunteers, were serving around 30 people per day. It quickly grew to 70 per day and is now over a 120 each day. One of the most touching stories shared by Lula was a story about a young man who had been coming to eat at the soup kitchen. He told Lula he had been out of work for a while. He shared with Lula he would have been hungry had it not been for eating at the soup kitchen. He was so grateful that she opened the kitchen and was taking it upon herself to feel the hungry. Jobless and looking for employment, he handed her 2 cans of green beans and asked if he could donate them to help feed others.

Nurses have always been a shining example of compassion and servitude throughout history. One nurse's dream to feed the poor in conjunction with a hospital's mission to serve the people of northeastern Kentucky is proving that the spirit of caring, the spirit of serving others, what Jesus taught us, can make a difference.

As Jesus said in Matthew 6:25-33: "Therefore I say unto you, take no thought for your life, what ye shall eat,





Lula Pecco, SCR nurse

or what ye shall drink...; Behold the fowls of the air: for they sow not, neither do they reap, nor gather into barns; yet your heavenly Father feedeth them.....for your heavenly Father knoweth that ye have need of all these things. But seek ye first the kingdom of God, and his righteousness; and these things shall be added unto you. May God Bless everyone during this season of giving we are approaching.

Amazing • Medicine
Close to Home

St. Claire Regional *Christmas Tree Lighting & Prayer Ceremony*

Tuesday, November 29



Celebrate the holiday season with
Rowan County High School Choir
and refreshments

SCR Staff Raise \$3000 for the Community Soup Kitchen



Father Paul, as Father Mulcahy, serves chicken noodle soup to Sister Jeanne, as Sister Jeanne



Tony Pattison as Hawkeye, Dr. Crusier as Radar, Diane Helton, as Hot Lips, and Father Paul as Father Mulcahy

submitted by: Janie Waltz

The nurse driven soup lunch fundraiser for the Community Soup Kitchen was a huge success – earning \$3000 in just two and a half hours!

The giving was kicked off by Surgery, OPCC, Lab and Administration, who raised \$200.00 to purchase pop. Billy Thomas, Emergency Department nurse manager, organized the pop and then delivered the leftovers to the Community Soup Kitchen. Mike Montes donated bowls, spoons, and crackers. Maintenance skillfully constructed the MASH sign which made for a great photo stop and added to the atmosphere. The outcome would not have been nearly as successful if not for Marketing's assistance with the promotional cards.

Who wouldn't want to come to the fundraiser with Hawkeye (Tony Patterson from Bio-med), B.J. Honeycut (Jim Perry from SCR Counseling), Radar (Dr. Crusier from SCR Counseling), Hot Lips (Diana Blanton) and Klinger (Jason McKenzie- Dietician) working the crowd. Father Paul stayed in character and was very original in his depiction of Father Mulcahy and we were all blessed to have him!

Lula Netherly generously donated soup and baked items as well as the UK tickets. Diane Helton organized the bake sale and assisted Libby Fannin, Lisa Wallace, Kathy Mays and Carolyn Wells in keeping the baked items moving and organized. A heartfelt thank-you to Oncology, QM, 3-N, 3-C, ICU, 4th, 5th, 6th, Cardiac Rehab, Surgery, Social Services, ED, Foundation, Radiology, Home Health, Bio-Med, SPD, Administration, Marketing, Facilities Management, Food Services, Facilities Management, Human Resources, Patient Financial Services, Pastoral Care and IS.

For all who cooked, baked, built, decorated, loaned, bought, donated... you are all AWESOME! Thank You!

November is Diabetes Awareness Month

The first step in calling out a proven killer is a simple show of hands.



Take the pledge to help stop a disease that's more likely to take your life than breast cancer and AIDS combined.

Join us at [facebook.com/AmericanDiabetesAssociation](https://www.facebook.com/AmericanDiabetesAssociation).



 American Diabetes Association.

1.800.DIABETES



Staff Notice

Pharmacists Impacting Your Diabetes Care: A Special Opportunity for SCR Staff

- Who:** St. Claire Regional staff who have Type 1 or Type 2 diabetes.
- What:** A comprehensive medication review and consultation with targeted diabetes education by a pharmacist of your choice at SCR or your participating community pharmacy. Plus, SCR staff participants receive up to 4 follow-up visits.
- Incentive:** Participants will receive up to \$20 per month reimbursement on test strip costs for up to 6 months.
- Cost:** Free benefit (\$250 value) provided by SCR and supported by a grant from the American Pharmacists Association Foundation through the University of Kentucky College of Pharmacy.

To enroll, please call the Pharmacy Department at (606)783-6741, email Catherine Shely, Director of Pharmacy at clshely@st-claire.org or call SCR Diabetes Education Program at (606) 783-6702. Hurry, program limited to first 30 participants!

A message from...



SCR Staff Participate in the 2011 Benefits Fair



Sister Marge and Dan Markwell



Holly Divine, UK Clinical Associate Professor and Sherry Adkins, SCR Diabetes Education Coordinator provide information on diabetes.



SCR staff enjoy the Benefits Fair



An Anthem representative answers Daniel Martin questions regarding coverage.

Don't Forget to Schedule and Participate in Open Enrollment Before November 18

HOLIDAY *Special*

Sit and recline – lift and stand with the touch of a button

- Over 20 models available (many models in stock)
- 5 size options including XXL
- Over 40 fabric color options
- Heat and massage available
- Lifetime manufacturer warranty on PRIDE® lift mechanism

FREE DELIVERY

Within a 50 mile radius



\$529⁹⁹
with coupon

Reg: \$665⁰⁰
Pride® Model: LC-105
Color: Cocoa

**20% Off ALL
Lift Chairs***

* INCLUDING CUSTOM ORDERS
NOT VALID WITH ANY OTHER OFFER EXPIRES 01/01/12

Monday - Friday 8 am - 5 pm | Saturday 10 am - 2 pm

St. Claire Regional
FAMILY MEDICAL **SUPPLY**

Located just off I-64 at Morehead-Exit 137
Kroger Shopping Center across from LOWE'S

606.784.2414 or 1.877.784.2414

**Bed Buddy®
Foot Warmers
with Aromatherapy**

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Treat your feet and senses to instant soothing warmth with these aromatherapy foot warmers.
Ready in Minutes, Reusable
Stays Heated for up to an hour

\$25^{.99}

TheraBeads® Neck Collar



\$9^{.99} **TheraBeads® Sinus Compress**



TheraBeads® is a major breakthrough in moist heat therapy. Thera Beads delivers moist heat safely and effectively without the use of water or electricity. When heated in a microwave oven, Thera Beads release their retained moisture, providing pain relieving therapeutic moist heat.



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Recommended by your FREE Aetrex® iStep® Analysis



20% off SHOES

Aetrex • Brooks • Landau • Orthofeet



Starting at
\$39^{.99}
Children's Humidifiers

One-gallon water tank
Runs quiet up to 11 hours
Auto off function when tank is empty
Up to 2.1 gallon moisture output per day



\$10⁹⁹ **All Other 3 oz. roll-on Biofreeze 25% OFF**

Soothes aching muscles and delivers fast pain relief
Great for arthritis, neck pain, back pain and sore muscles
Apply Biofreeze right where it's needed

Bring in this coupon for a
FREE SAMPLE of BIOFREEZE®

limit one sample per customer expires 01/01/12



Landau®
available for men

urbanescrubs

**15% - 50%
OFF SCRUBS**



“You Got Caught Living the Mission!”

Names of staff who have received 2 or more sunflower appreciation cards and /or been mentioned by name on the Press Ganey surveys during first quarter (July to September, 2011)

3CENTRAL

Jeanie Enix
Erika Jent

3NORTH

Autumn Donathan
Edith Fields

3NORTH/CENTRAL

Kylea Lewis

5TH FLOOR

Jeanie Boggs
Angie Caudill
Kandi Ginn
Carolyn Hardeman
Debbie Hayes
Cynthia LeMaster
Heather May
Christy Moore
Amanda Reid
Rita Sammons
Dessie Trent
Rebecca Winkleman

6TH FLOOR

Judy Easterling
Sue Hedgecock
Jerry Lykins
Linda Roar
Leah Sargent

INPATIENT

Cindy Birchfield
Brenda Burrows
Sister M. Jeanne Cleves

CLINICAL NUTRITION

Jean Jones

ENVIRONMENTAL SERVICES

Sharon Johnson
Barb Ward

HIM

Theresa Garvin

RESPIRATORY

Holly Hall
Laboratory
Jeffrey Hamm
Jennifer Harper
Lisa Johnson
Leslie Lewis
Trish Riddle

PASTORAL CARE

Sister Judi Lambert

TRANSPORT

Scott Miller

AMBULATORY SURGERY

Jana Thomas

OPCC/ONCOLOGY

Bonnie Bausch
Brittany Blaire
Betty Caudill
Vicky Fairchild
Susie Hamlin
Renee Hatfield
Dr. Allen Lim
Regina Pettit
Heather Wallace

EMERGENCY DEPARTMENT

Dr. Mark Bailey
Dr. P. Ravisankar
Dr. John Sanders
Danielle Skaggs

FAMILY MEDICINE

Kim Bromagen-
FM Owingsville
Mary Anne Brown-
FM Olive Hill
Dr. Craig Burrows-
FM Morehead
Dr. Twana Hatton -
FM Sandy Hook
Dr. Shilpan Patel -
FM Morehead

PHYSICIANS

Dr. Denis Alier
Dr. Clarence Clayton
Dr. Ann Colbert
Dr. Stephen Damron
Dr. Salahadin Gharard
Dr. Mansha Kahloon
Dr. Melanie Ledford

Dr. Thomas Newcomb
Dr. Richard Proudfoot
Dr. Ed Scott
Dr. David Victor
Dr. Worku Wondrafrash

HOME HEALTH

Debbie Blankenship
Stacy McClain
Leah Ann Owens

LEADERSHIP

Travis Bailey
Dr. Greg Bausch
Linda Fultz
Karen Holifield
G. R. (Sonny) Jones
Randy McCleese
Dr. William Melahn
Sister Marge Mouch
Mark Neff
Charlotte Walker
Joan Wells
Dr. Kim Williams
Lerae Wilson



Hospice and Palliative Care...
We Listen, We Care.

Helping put the pieces into place to ensure that you and your loved ones find comfort, dignity and respect.

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**St. Claire Regional
Medical Center**

Hospice & Palliative Care

606.783.6812

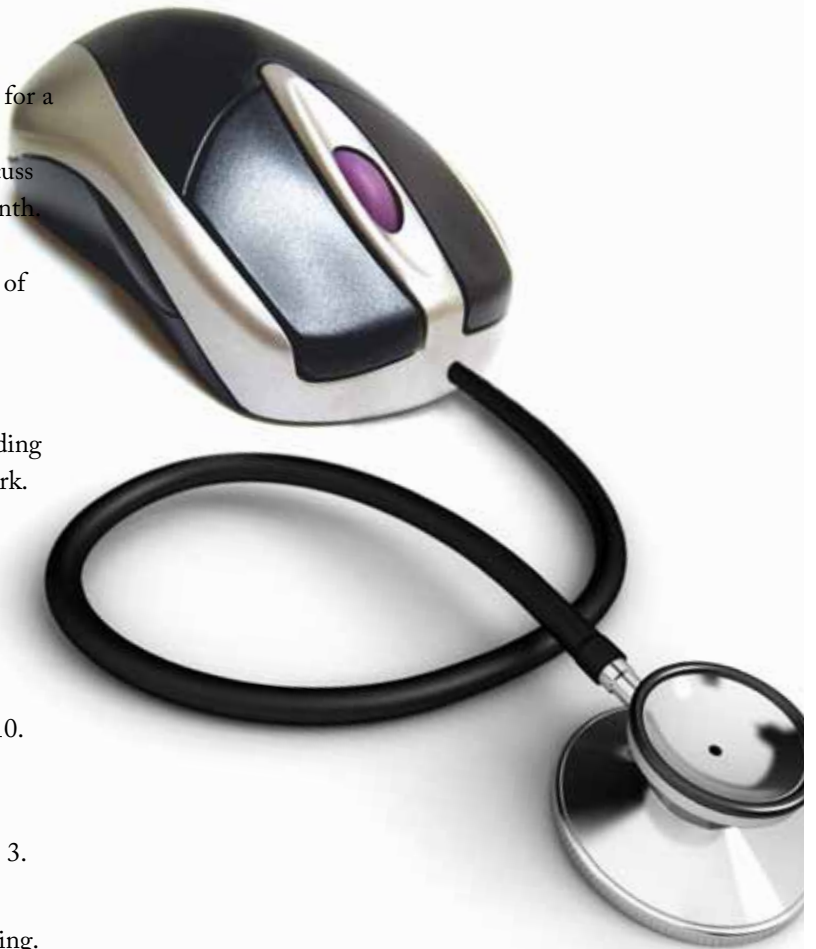
Meditech Project Update

Overall Project (Program)

- Dr. Daniels and Dr. Damron attended the Meditech Physician/CIO symposium in Boston last week.
 - Both found the symposium to be very productive
 - They will be asked to share with medical staff what they have learned.
- Medical Carts
 - Carts from different vendors are onsite and are being rotated through clinical areas.
 - A nursing group will be visiting Central Baptist on November 4th to observe workflow for med administration and documentation involving medical carts.

MEDITECH Project – Phase II – go live is March 1, 2012

- Dictionary building is ongoing. Teams are editing documentation, standardizing assessments and order sets.
- BMV (Bedside Medication Verification)
 - Scanner evaluation is underway and results will be finalized for a decision next week.
 - Team members have attended nursing unit meetings to discuss this new initiative with staff and will continue to do so next month.
 - Scanning of formulary in the testing system was completed last week and we will do the same for the live system at the end of December.
- EDM (Emergency Department Management)
 - Application II Training was held this week.
 - The Meditech specialist felt good about the dictionary building that had been completed and where the team was with their work.
- ESS (Executive Support System)
 - Is now live in Meditech.
 - Will serve as a data mining tool for Management.
 - Will be deployed in the coming weeks.
- ORM (Operating Room Management)
 - Application II Training will be onsite (SCR) November 8-10.
 - Working on interfaces for vital sign monitors.
- PCS (Patient Care System)
 - Application II Training will be onsite (SCR) November 1 – 3.
- PatientWorks (forms software)
 - In the process of upgrading this software for armband printing.
- Risk Management/Quality Management
 - Application training will be onsite (SCR) November 29 – 30.



ST. CLAIRE REGIONAL Christmas Giving Opportunities

Rowan County Christmas

St. Claire Regional is again participating in "Rowan County Christmas." This program is sponsored by SCR and other Rowan County social service agencies, churches and organizations. The program will provide new toys for children 18 years of age and under, gifts for the elderly and food vouchers for families.

SCR "adopted" ALL of the 16, 17 and 18 year old boys and girls in the county and these teens will be relying on us for their Christmas gift this year.

HOW CAN YOU HELP?

Individuals or departments can adopt a teen by taking an ornament from the SCR Christmas tree in the cafeteria and signing the "elf" sheet beside the tree.

- **Purchase one \$20 gift for a teenage boy or girl and attach your name and phone number. Please, no clothes.**
- or
- **Bring a \$20 donation , with your name and phone number to the Foundation House and someone will shop for you.**

Storybook Christmas

St. Claire Regional is again helping the MSU/Rowan County Adult Basic Education and Literacy Advisory Board collect NEW books for children under the age of 18. These books will be given to children and teens throughout Rowan County. Last year, SCR made it possible for many children to have their first new book.

HOW CAN YOU HELP?

- **Individuals or departments can participate by placing new books in the "Storybook Christmas Box" located in the main cafeteria.**

Please turn in all Gifts, Books and Donations by

FRIDAY, DECEMBER 2

For more information contact the St. Claire Foundation office
Thelma Johnson, Ext. 6517 or Shirley Caudill, Ext. 6512



To Benefit the Alzheimer's Association

Saturday November 5th • Morehead City Park

Registration begins at 8:00 a.m. • Race begins at 10:00 a.m.
Race Timing Provided by JOHN'S RUN/WALK SHOP

Early Bird Deadline: Monday, October 17th

T-shirt guaranteed to all who register prior to early deadline!

Early Bird fee Adults: \$20 Kids (4-12): \$10 3 & Under: FREE

Entry Fee after October 18th & Race Day

Adults: \$25 Kids (4-12): \$15

Register Online at

www.surveymonkey.com/s/TurkeyTrot2011

For more information contact

Mary Horsley Email: mahorsley@windstream.net or Phone: 606-316-7756

St. Claire Regional

Welcomes

NEW STAFF

Lora Michelle Adams
Laboratory

Julia M Dailey
Food Services

Jessica N Adams
Patient Access

Marta L Fraley
Environmental Services

Amanda D Adkins
Patient Access

Mohammad M Marashdeh
MMS Clinical Services

Sabrina Bailey
MMS Clinical Services

Jennifer M Martt
Environmental Services

Manjinder K Bains
Pharmacy

Coty F Rodgers
Environmental Services

Ashlei R Binion
3rd Floor Central

Vanessa L Sammons
TCU

Kelli M Brown
Environmental Services

Angela K Shawler
Radiology

Jama L Burton
Surgery/Same Day Surgery

Mohammed Ateeq Sheikh
ICU

Derik D Caskey
Food Services

Kayla N Stephens
Homemaker II

Jennifer D Cook
Hospitalist Physician

Jenilee R Tierney
3rd Floor Central

Kimberly E Criswell
Nursing Administration

Donna Woodall
Patient Access



Northeast AHEC UPCOMING C.E. Programs

Nov 3 & 4 | ACLS Provider

9:00 am - 4:00 pm

CHER 102

Credit: Category 1 AMA, Nursing

Nov 4 | Tumor Board

7:30 am - 9:00 am

St. Clare TeleCare Conference Room

Credit: Category 1 AMA, Nursing

Nov 8 | Morbidity and Mortality

8:00 am - 9:00 am

SCR Administrative Board Room

Credit: Category 1 AMA

Nov 15 | Emerging Trends in Oral Anticoagulation

12:00 am - 1:00 pm

CHER 102

Credit: ACPE, Category 1 AMA, Nursing

Nov 17 | ACLS Renewal

9:00 am - 4:00 pm

CHER 102

Credit: Category 1 AMA, Nursing

Nov 18 | Tumor Board

8:00 am - 9:00 am

St. Clare TeleCare Conference Room

Credit: Category 1 AMA, Nursing

**RSVP with Brian Buelterman
at ext. 6453 or blbuelterman@st-claire.org**

Turkey Trot for for a Cure to Support the Alzheimer's Association

Date: November 5

Time: Register - 8:00 am, Race Time - 10:00 am

Location: Morehead City

Early Bird Deadline: Monday, October 17th

T-shirt guaranteed to all who register prior to early deadline!
Early Bird fee Adults: \$20 Kids (4-12): \$10 3 & Under: FREE

Entry Fee after October 18th & Race Day

Adults: \$25 Kids (4-12): \$15

Register Online at

www.surveymonkey.com/s/TurkeyTrot2011

SCR Diabetes Support Group

Date: November 8

Time: 6:00 p.m.

Location: Clinical Nutrition, second floor of the hospital

The topic will be 'Keeping the Holidays Healthy with Diabetes'. For more information, call 606-783-6702.

Breast Cancer Support Group

Date: November 15 (Every 3rd Tuesday)

Time: 5:30 p.m.

Location: SCR Rm. 266, past the Chapel on the 2nd floor

For more information please contact Judy Ramsey at ext. 6735



222 Medical Circle • Morehead, KY 40351



NEED A CAMERA TO COVER A SCR EVENT?

The Marketing/PR Dept. has several cameras available for loan. Contact ext. 6419 for more information.

Please send articles and/or information to be placed in the SCR Newsbrief to jilrobinson@st-claire.org.