

St. Claire Regional Medical Center

NEWSBRIEF

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SCR Hosts Annual Tree Lighting and Prayer Ceremony

St. Claire Regional's (SCR) annual Tree Lighting and Prayer Ceremony was held on Tuesday, November 29 at 10:00 am at the hospital's main entrance.

Mark J. Neff, SCR President/CEO, welcomed everyone and Sister Marla Monahan, SND, past SCR Board Chair, gave the opening prayer.

The tree, purchased by the SCR Auxiliary from Hutton & Lloyd Tree Farm, was lit by forty year staff members Ruth Brown, certified surgery tech and Judy Jewell,

nursing payroll clerk.

The Rowan County Senior High School "Select Choir," directed by Diehl Acherman, entertained with beautiful Christmas carols. Sister Mary Margaret Droege, SND, SCR Board Member, presented the closing prayer. Immediately following the ceremony refreshments were served for all.



The Rowan County Senior High School "Select Choir" performed several holiday songs at the SCR Tree Lighting



SCR Volunteers served hot chocolate and Christmas cookies to attendees

“You Got Caught Living the Mission!”

Mark J. Neff: “We all know what a good example Mr. Neff sets, but I need to brag a little on him. I was out about in the hallway and saw him walking with a somewhat frail older lady. It seems as this older lady was having difficulty finding the parking lot where she had parked her car. They were at the very old ER entrance by 2nd St. and her car was not there. Mark went and got his personal car to take her to find her car. Apparently they had walked a lot looking. I stayed with her and talked to her until he came to pick her up. She told me that she was here for learn about eye surgery coming up next week. She asked me who that nice man was who had been helping her and I told her that Mr. Neff was the president of the hospital. She looked very surprised and explained her vision was very poor and that it was very nice of him to help her. I just wanted to brag a little bit.” *Karen Silvey*

One of the cath techs: “I saw an experience of a patient’s family member in ICU; this was the husband of one of our cath patients. He has been a rad tech for 57 years and recently he was contacted that his license was going to be revoked. It happened to be Rad Tech Week and we ordered coffee mugs for the staff in recognition of the week. One of the cath techs gave him her coffee mug after hearing his story about being a tech for 57 years and his license being revoked which was upsetting to him. The gift seemed to make him very happy; he asked his daughter to take a picture of him with the mug. Just one of the many things staff do that we sometimes never hear anything about.” *Lee Ann O’ Bryan*

Jeanie Boggs: “No one could find the papers. I panicked because these bi-weekly reports are vital. Jeanie calmly searched until she found them, even though she had many other demands on her time and much more important things to do. She quieted my fears and solved my problem. She deserves my deepest thanks. She is truly a credit to SCR by showing compassion and understanding of a patient’s mental fears. Please tell her how very grateful I am.”

Andy Edie: “Nominated for being a very reliable troubleshooter and strong patient advocate at all times.” *Will Melahn, MD*

James Vansant, MD: “Nominated for championing to his staff the need for workflow redesign for admissions from the ED.” *Will Melahn, MD*

“Worku Wondafrash, MD: Nominated for being a physician champion for our new ED admission process on its first day.” *Will Melahn, MD*

Hospice and Palliative Care staff: “The hospice program provided for my wife, M.G. was amazing. Everyone- nurses, doctors, aides were there for anything that my family and I needed. M. G. was kept out of pain and was cared for in any and every possible way. God bless each and every one of you.”

Hospice and Palliative Care staff: “I would like to thank you for all the services you provided our family during J’s illness and the support you still provide me after his death. I pray God will watch over all the workers and give each of them the strength to help each family you provide services

for. I don’t think I could understand the process of losing a love one without your support.”

Holly Hilterbrand: “Holly is a wonderful phlebotomist. She did a great job and was very kind, hit the first stick, fast, very helpful, very courteous and efficient, very friendly.”

Lisa Poage, RN: “For sharing kindness and understanding to a patient that was terrified with a language barrier.”

Barb Ward: “Very thorough at her job and did little things for me the patient that were not housekeeping. She got me a string to control the overhead light.”

Jessica Robinson: “A wonderful diabetes program brochure and you stuck with it until approved by AOA. Also, thanks for the recent article regarding AOA recognition.” *Sherry Adkins, RN*

Jill Cornett, Becky Wills, Amanda Arnett: “Excellent preparation and catering for our reception and open house. Very nice to work with and it all looked great!” *Sherry Adkins, RN*

Taylor Williams: “Awesome follow through to questions, on site instructions and assistance. Taylor is great!” *Robin Franklin*



Allison Hartley, Haley Frizzell, and Shelby Walker dissect their frog

Bath County Middle School Gifted Students Dissect Frogs

submitted by [Brian Buelterman](#)

The Bath County Middle School Gifted & Talented program along with the Youth Service Center partnered with the Northeast Kentucky's Area Health Education Center (AHEC) program to bring a hands on, highly educational and engaging lesson to BCMS gifted students. Aaron Lodes, Health Education Career Coordinator, worked with Michelle Bloomfield and Kaye Wells from BCMS, to allow students to dissect frogs.

Middle school students learned about the human body, including the circulatory, respiratory, digestive, and central nervous systems. Students learned about the makeup of their bodies, by dissecting and learning about the frog.

Student emotions ranged from excited, curious and a little disgusted by the initial possibility. However, as the lesson preceded all students found the activity incredibly interesting and very educational. Macy Maze, 8th Grade student, said, "Dissecting the frog was one of the coolest things that I have done in school this year! It was a very fun learning experience."

Another sixth grade student exclaimed, "I never would have thought that I would have gotten to do this at school today!"

Northeast AHEC Preceptor of the Year Awards

submitted by [Julie Stephens](#)

On November 1, 2011 Dr. John Sanders, SCR Emergency Department physician, and the St. Claire Regional Physical Therapy Department were named Northeast Kentucky AHEC Preceptors of the Year at the Annual Preceptor Recognition Banquet held at the Center for Health Education and Research building in Morehead.

These awards are presented each year to outstanding clinical educators from the Northeast KY AHEC 17 county service area. These preceptors were chosen from over 150 candidates based on student comments. All were acknowledged for their dedication to teaching health professional students. SCR is so blessed to have these wonderful health professionals educating our future practitioners.

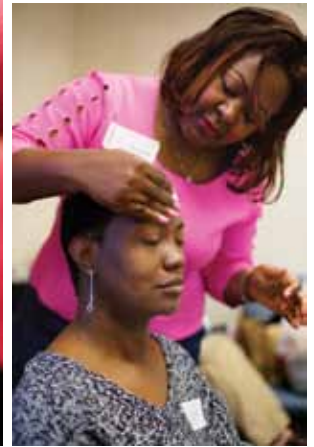


Debbie Neff, PT (Representing the SCR Physical Therapy Department)



John Sanders, MD – SCR Emergency Department

Look Good...Feel Better



It's like a makeover for the spirit.

Look Good...Feel Better is a free program that helps women look their best during cancer treatment. At Look Good...Feel Better sessions, experienced cosmetologists teach cancer patients beauty tips to help minimize the appearance-related side effects of chemotherapy and radiation. Good makeup application and a wig or turban can bring back your former appearance or create an entirely new one. In looking better, you'll experience renewed self-confidence and self-esteem.

It's like a makeover for the spirit. And that's a beautiful thing. To learn more about Look Good...Feel Better or other American Cancer Society programs for patients, call 1-800-227-2345 or visit cancer.org.

**The next Look Good...Feel Better sessions
are scheduled for:**

December 21st

January 18th

February 15th

1pm-3pm

St. Claire Regional-Main Campus

1st Floor Women's Imaging Center

To RSVP, call: Risa Roe at 606.783.6760



Look Good...Feel Better®



Personal Care Products Council
Foundation

NCA National
Cosmetology
Association

KUDOS

SCR Staff



Dr. Lisa Goldstein

Dr. Lisa Goldstein, SCR Family Medicine physician, has been chosen to deliver the presentation “Longitudinal Clerkship Experience In Family Medicine- A Study In Changing Curricular Models” at the upcoming Society of Teachers in Family Medicine (STFM) conference.

The annual STFM Conference offers presentations focusing on best practices, new teaching technologies, emerging research, and public policy issues. The meeting provides an energized networking forum for family medicine educators, with attendance of more than 1,000. Attendees exchange ideas and discuss issues that they are wrestling with in their professional and personal roles.



Dr. William Melahn

Dr. William Melahn, SCR Medical Affairs, VP, was one of several health professionals to recently be appointed to the Kentucky All Schedule Prescription Electronic Reporting (KASPER) Advisory Council by Governor Stever Beshear.

The panel’s work will significantly strengthen Kentucky’s nationally-recognized drug monitoring program, KASPER. The KASPER Advisory Council, made up of doctors, pharmacists, and professionals from the fields of nursing, dentistry and mental health, will issue recommendations for flagging suspicious prescribing habits within KASPER. This will allow unusual records to be submitted to medical licensure boards for further review or criminal investigation.



Angie Johnson, RN

Angie Johnson, RN in the Women’s Care Center recently became certified as a lactation consultant by the International Board of Lactation Consultant Examiners.

Lactation consultants specialize in educating families about the long-lasting value of breastfeeding, working with new mothers to prevent and solve breastfeeding problems and encouraging a social environment that supports breastfeeding.

Glenda May Retires After 30 Years of Service



Glenda May admires the cake served at her retirement reception



Many Environmental Service staff members join Glenda to celebrate her retirement



Glenda May and Joan Wells

On November 9, SCR recognized dedicated staff member, Glenda May, at a retirement reception in her honor. Glenda, former Environmental Services Manager, greeted many current and past SCR co-workers who attended to wish her well. She began working for SCR in 1981 and held a variety of positions over her 30 year career at the hospital.



SCR and UK College of Pharmacy Partnering to Provide Diabetes Education

St. Claire Regional is very pleased to partner with the University of Kentucky College of Pharmacy and the American Pharmacists Association to offer the following opportunity to folks who meet the following criteria:

- SCR employees,
- or SCR employee family members over the age of 18 years,
- who are on the SCR health insurance plan,
- and have diabetes.

You are eligible to participate in an exciting grant project! The benefit to the employee or their covered family member includes a comprehensive review of your medications by a participating pharmacist and 4 follow up visits. The program will begin in January, so you don't have to worry about fitting this into your holiday plans. In return for your time, you can be reimbursed up to \$20 per month for test strip costs for 6 months. This is a \$250 value. You may drop out of the program at any time.

Since this is underwritten by a grant, we need to have 30 enrollees by December 27th, or this opportunity may pass us by. I hope you will consider this as another tool to help you manage your diabetes as well as providing your support for the program. There are only 12 slots left, and then the opportunity is gone! Another plus is that you can receive a free cookbook of diabetic recipes while supplies last.

For more information, simply reply to this email or call the SCR Pharmacy at extension 6741. Our Diabetes Education Team also has information, and can be reached at extension 6702.

St. Claire Regional

Welcomes NEW STAFF

Kevin T Bailey
3rd Floor Central

Patience Murphy
3rd Floor North

Cathy J Blair
Respiratory Therapy

Kimberly K Norris
3rd Floor Central

Phyllis A Burd
Infusion Solutions

Sara N Phillips
Patient Access

Christy A Dailey
Mental Health Unit

James A Salisbury
MMS Clinical Services

Gaybrianna K Gillum
MMS Administration

Glen R Standafer
FM - Sandy Hook

Emily M Ginn
Cardiology

Leah R Thompson
Food Services

Nancy E Messer
3rd Floor Central

Ernest Watson
Radiology

Amber D Munday
Respiratory Therapy



UPCOMING C.E. Programs

December 8 | Pediatric Abusive Head Trauma (PAHT)

8:00 am-10:00 am

CHER 102D

KBN Contact Hours: 1.5

Instructors: Lisa Wallace, MSN, RNC-OB & Frankie Chapman, RN, ADN

December 13 | Recognition of Evidence Based Practice

12:00 pm-1:00 pm

CHER 102D

KBN Contact Hours: 1.0

Instructor: Freda L. Kilburn, RN, DSN

Contact Diana Helton, RN, BSN, Nursing C.E.
Coordinator

606-783-6602 or dlhelton@st-claire.org or
ssperry@st-claire.org

SCR Family Medical Supply Holiday Sale

Date: November 21 - December 31

Time: Monday - Friday 8:00 a.m. to 5:00 p.m.
Saturday 10:00 a.m. to 1:00 p.m.

**20% OFF LIFT CHAIRS • 20% OFF ALL SHOES
15% - 50% OFF SCRUBS**

For more information, call 606-784-2414

Breakfast With Santa

Date: December 3

Time: 9:00 a.m. to 11:00 a.m.

Location: SCR Café

For more information please contact
Angel Beamon @ 783-6864 or ambeamon@
st-claire.org OR Heather Mayhorn @ or 783-7510
hamayhorn@st-claire.org

SCR Diabetes Support Group

Date: December 13

Time: 6:00 p.m.

Location: Clinical Nutrition, second floor of
the hospital

The topic will be 'Healthy Holiday Foods'. For
more information, call 606-783-6702.



**St. Claire Regional
Medical Center**

222 Medical Circle • Morehead, KY 40351

SCR Staff Christmas Party

Night Shift

Date: December 15

Time: 10:00 p.m. to 11:30 p.m.

Location: SCR Café D

Day Shift

Date: December 16

Time: 7:30 a.m. to 9:30 a.m.

Location: SCR Café D

Evening Shift

Date: December 16

Time: 2:30 p.m. to 4:00 p.m.

Location: SCR Café D