

St. Claire Regional Medical Center

NEWSBRIEF

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NAMI Mental Health Awareness Walk

submitted by: Regina Thompson

St. Claire Regional mental health services and community partners recently participated in the National Alliance on Mental Illness (NAMI) Mental Health Awareness Walk. The walk demonstrated how each participant, working together, can reduce social stigma against those who suffer from mental illness.

The Mental Health Awareness Walk was a courageous step forward for the (NAMI) group in Morehead. Two women of the community recognized the need for raising awareness concerning mental illness and developed the group a few years ago. The Morehead NAMI group provides advocacy,

education and support to families and patients while improving the lives of those with mental illness.

According to current estimates, one in five Americans suffer from diagnosable mental illness in any given year. Mental illness is treatable and SCR mental health services want to spread the message that treatment works. Treatment of mental illness involves not only medication, but also psychotherapy or “talk therapy” as well as family involvement and psychiatric rehabilitation programs. If someone you know may have a mental illness and needs help don't wait, please seek assistance.



SCR mental health services staff and their families participate in the Morehead NAMI Mental Health Walk

For more information

Outpatient Mental Health Services
St. Claire Counseling
(606)783-6805

Pathways Inc.
(606)783-4161

Inpatient Mental Health Services
St. Claire Regional
(606)783-6662

Morehead NAMI
(606)784-4551

Melva Crawford Retires After 35 Years of Service

submitted by: Lisa Wallace



Melva Crawford

Melva Crawford, Women's Care Unit Secretary, showed dedication during her 35 years of service at SCR. I greatly appreciate the vital direction she displayed in the unit. SCR wants to extend sincere gratitude for her service as well as best wishes into retirement. Melva graciously chose to donate her SCR rocking chair to the newborn nursery. We thank Melva for friendship, commitment, dedication, excellence and quality service to our Mission.

Sincerely,

Lisa Wallace, MSN, RNC-OB
Women's Care Unit Nurse Manager

My mother, Melva Crawford, recently retired from St. Claire Regional after 35 years of service. I do not believe that she considered all her years at SCR a service. She has enjoyed her time here and the lifelong friends she has made while employed at SCR. I enjoyed hearing everyone talk about how she has touched them in one way or another through encouragement and kind words. She has enjoyed the work; being involved with the birth of babies and beginnings of new families as well as the celebrations of friends. She misses her great friends, but it was time for her to retire. This hospital has been good to her and our family and we thank God for all of your blessings. It makes me very proud of who she is and all the hard work and dedication she provided.

She is enjoying being home and staying very busy with her home, animals and family. She will be a great grandmother again this year and is excited about the birth of a new great grandson. She has been a great role model for me over the years with her dedication to work and family. I know she will be missed by many and I wanted to thank everyone for all the happy moments they have given her.

Sincerely,
Rebecca Hitchcock

Camp Smile T-Shirt Sale



Hospice will be taking pre-orders for Camp Smile t-shirts through July 1. Shirts will be delivered after July 15.

Short Sleeve tees - \$15.00
(payroll deduction available)

All proceeds support Camp SMILE bereavement camp for children.

Contact Robin Conley @ rconley@st-claire.org or ext. 6888

The following comments are from SCR patients that completed our Press Ganey patient satisfaction surveys in May.

Everyone of the nurses was great BUT ONE NIGHT - I just loved Marsha, Heather and some more. BUT ONE!! The student nurse was great.

Dr. Skolvokia was very good, kept us informed, made sure we understood everything and understood what we wanted and asked.

Randa Hall, RN was our discharge nurse and she made sure we understood everything. She was exceptional.

I had the best doctor he was so good to me. Dr. Burrows.

Nurse Cindy on 3rd Central really took good care of my little one and checked in on her frequently. I was really pleased with her.

Jon found my vein really fast on the first try and they usually never find it at the first time.

Unbelievable is what Dr. Damron is - The greatest asset St. Claire Regional has. He goes the extra mile always. An honor to be his patient.

Dr. Alier excellent doctor.

Dr. Moore was easy to like and she helped me to understand things.

Andy Edie PA-C is one of the best providers that I have seen. Wished he had an office; I would see him!



Teddy Care Drive Collects Over 1,000 Stuffed Animals



Trish Lewis, Thelma Johnson, Regina Thompson and Julia Neill stand with some of the many stuffed animals donated during the Teddy Care drive.

submitted by: Regina Thompson

Hospitals are never fun places for children. Whether they are there for an hour, a day or longer for treatment and recovery, it can be a frightening place. Often children have to leave their favorite toys at home or can only bring a few with them.

Teddy bears and other lovable stuffed animals can actually reduce stress, anxiety, boredom and help kids recover faster. Doctors and nurses can use stuffed animals to demonstrate a procedure to a child, and therapists sometimes use them as part of a patient's treatment. Often though, they are given to comfort a child during their stay or at the completion of a procedure.

Over 1,000 teddy bears were donated by community members to SCR ER and Gateway Children's Advocacy Center during this year's Teddy Care Drive. St. Claire Counseling, SCR Emergency Services and Gateway Children's Advocacy Center want to say, "Thank You" to all SCR employees and volunteers, community members and organizations who made donations to the Teddy Care program. For more information on donating stuffed animals to the Teddy Care program contact Regina Thompson at (606)783-6859.

UK Football Gift Basket Raffle

\$1.00 EACH OR 6 FOR \$5.00

Payroll deduction is available for staff at the following price:

20 tickets for \$15.00 or

25 tickets for \$20.00

Basket Includes:

Two tickets to the UK vs Central Michigan game September 10

Blue and white cornhole set

Two - XL UK t-shirts

UK car flag

UK foam finger

UK earrings, necklace, bracelet, keychain and several other items.

5th Floor Rounding Board

submitted by: Debra Hayes



The 5th floor clinical staff have successfully implemented the use of an hourly rounding board. The team aims to improve quality of care, patient satisfaction and team work by using a centralized visual record of each staff member's rounding.

Happy Birthday JULY

7•1 John E Adams	Information Services	Deborah L Gibson Dava L Jordan Linda G McHenry Randall W Perry Marcia Shrout	3rd Floor Central 3rd Floor Central 3rd Floor Central MMS Clinical Services Human Resources	7•23 Debra R Damron Helen Marie Donathan Arpie Hampton Angela J Justice	3rd Floor North Environmental Services 3rd Floor North ICU
7•2 Nikki A. Adkins George E. Chapman Janet E. Helvey Anna Lynn Holbrook Sherri L. Layne Todd Waits	Emergency Department Radiology Emergency Department 3rd Floor North Outpatient Care Center SCR Family Medicine	7•13 Rhonda Louise Alexander Melissa Dawn Halbert Meghan G. Howard Mindy Ann Huston Ashok Lakhiani Rhonda K Martin Teresa K Russell Kellie A Stafford William A. Staton	Patient Access Environmental Services Laboratory Nursing Administration St. Claire Counseling Services CRSS Administration Family Medical Supply Homemaker II Emergency Department	7•24 Lorey Dawn Buchino Nicki A Burchett Jessie Pearl Conn Penny Dunaway Stephen Hobbs Gina Rhna Lewis Jacqueline Renee Logan Connie Sue Scaggs	Respiratory Therapy Surgery/Same Day Surgery ICU Environmental Services Radiology Physicians Respiratory Therapy CRSS Administration 3rd Floor Central
7•3 Lisa Byron Amburgey Janice L Anderson Betty G Kidd Andrew H Pelfrey Lana S Preston Elizabeth D Refitt	Surgery/Same Day Surgery Family Medical Supply Patient Access Surgery/Same Day Surgery Homemaker II Quality Management	7•14 Kathy Marie Gray Clarissa G Hensley Tonya Rae Kennedy Shane Arlin Sagraves	MMS Clinical Services MMS Clinical Services Home Health Nursing Administration	7•25 Amanda Brooke Arnett Linda Michelle Conyers Nancy J Stone	Food Services Nursing Administration Infusion Solutions
7•4 Crystal L Limings Melinda L McGlone Valerie Messer	Home Health Home Health Respiratory Therapy	7•15 Barbara J Corbin Heather Natasha Kiser Christine R O'Kelly Albert J Smith	ICU Laboratory MMS Clinical Services Nephrology	7•26 Bonnie Lou Curtis Tyleshia L Harris Melissa Minix Shannon M Minor Dianna S Porter Tammy Lou Rasche Patricia J Thomas	Homemaker II MMS Clinical Services 3rd Floor North Home Health FM - Sandy Hook ICU Float Dept - Unit Sec
7•5 Tina M Elkins Allen S. Lim	Emergency Department Oncology Services	7•16 Wendy Adkins Patricia J Barnes	3rd Floor North Float Dept - Unit Sec	7•27 John Allen Duff Cosby E Fannin Sarah Lynn Gilliam Nowwar G Mustafa Amanda K Ramey Sarah Ann Small Arra D Thacker James A Vansant	Printing Outpatient Care Center 3rd Floor North MMS Clinical Services Family Medical Supply Laboratory Patient Access Hospitalist Physician
7•6 Cynthia A Hamon Anita Kay Johnson Tina Lynn Parsons Jeanie M Vance	Surgery/Same Day Surgery Home Health Mental Health Unit 4th Floor Nursing	7•17 Mary Ruth Conn Freda Lou Kilburn Vickie L Nesbitt Nicholas W Rodgers Belinda G Wages	MMS Clinical Services Quality Management 3rd Floor North Emergency Department Central Billing Office	7•28 Josephine Arnett Karen Wells Bailey Kelly Jo Benton Jeannie L Lacock Mary Juanelle Thiel Management Gregory S Wright	CRSS Administration Laboratory Laboratory MMS Administration Health Information Infusion Solutions
7•7 Teresa Lynn Frizzell Sarah Ann Gilliam Deborah Lois Robertson	FM- Owingsville Patient Access PACU	7•18 Melinda G McMahan Helen C Peck Sarah Reynolds-Sparks	Cave Run General Surgery FM - Frenchburg Home Health	7•29 Carolyn L Brown Teresa Lynn Jordan Christy McKinney	Financial Services Home Health Patient Financial Services
7•8 Kristin Elizabeth Moore LaDonna Nicole Murphy Jon Nicole Tate	FM- Owingsville 3rd Floor Central 4th Floor Nursing	7•19 Courtney Fultz Sarah Jane Howard	Environmental Services Administration	7•30 Brian L Buelterman Pamela S Earehart Markeeta Hall Christina Mae Hernandez Richard Turner	AHEC Home Health Home Health Patient Financial Services Environmental Services
7•9 Jennifer C Akers Rachel D. Henderson Ashley Nicole Howerton Heather E Moore Roshan Pais	Home Health Patient Access Float Dept - Unit Sec Surgery/Same Day Surgery Hospitalist Physician	7•20 Vanessa Harris Barbara C King Stephanie E Mullins Dennis Lee Walling	FM - Menifee (Dental) Sleep Lab FM - Morehead Emergency Department	7•31 Allison Kay Booth Amanda R. Hester Heather Marie Shrout	Surgery/Same Day Surgery Emergency Department 3rd Floor Central
7•10 Mohammad Aslam Rebecca J. Bocook Caren L. Daniels-Thacker Kimberly D Lycans Sally A Mosley Kimberly J Plank Teresa Ann Wheeler	Anesthesia Professionals Cave Run General Surgery Emergency Physicians Infusion Solutions Home Health Food Services Hospice	7•21 Ashley Brown Heather Leigh Conn LeAnn Nicole Davidson Darcy Hall Gerald Wade Lykins Margaret B Morgan	Radiology MMS Administration Home Health Respiratory Therapy Mental Health Unit Hospice		
7•11 Cynthia J Blankenship Elizabeth Ann Hesson Samantha Jo Jordan Paula Lynn Miller	Anesthesia Professionals Infusion Solutions Respiratory Therapy TCU	7•22 Donna Kirkwood Barnett Mary Jane Humkey Joan Marie Mraz Tina Renee Roberts Kelly R Steagall	ICU SCR Family Medicine Human Resources 4th Floor Nursing Emergency Physicians		
7•12 Jessica L Cox Pamela M Crose Robin C Franklin	Radiology Pathology Hospice				



Let **Your Decisions** be known

Decisions can be difficult. Especially those regarding end-of-life care. But sharing our preferences in advance of serious illness provides us the peace of mind of knowing that if we are unable to voice our opinions our loved ones and health care providers will know and follow our wishes.

Advance planning also provides our loved ones the comfort of knowing, without uncertainty, they are doing the right thing. St. Claire Regional Hospice & Palliative Care is here to help — at any stage of life.

Call us or stop by today to learn about preparing for end-of-life decisions from our professional staff.

(606) 783-6808 or toll-free at 1-800-264-0616
201 Lyons Avenue in Morehead

 **St. Claire Regional
Medical Center**
Hospice & Palliative Care

Retirement Reception

in honor of

Mary Dowling, RN, CNM

for 36 years of devoted service

July 7, 2011

8:00 a.m. - 10:00 a.m.

SCR Cafeteria

All SCR staff, volunteers
and well-wishers are invited

Meditech Phase II Modules **UPDATE**

Go Live – October 2011

DR - Data Repository

Go Live – March 2012

PCS/BMV – Patient Care System and
Bedside Medication Verification

ORM – Operating Room Management

EDM I & II – Emergency Department Management

Coming Soon

Information Sessions, Training Sessions and Vendor Fair



Northeast AHEC UPCOMING C.E. Programs

- JUNE 24** **CHF Update**
presented by Dr. Weaver
12:00 pm - 1:00 pm
CHER Building

RSVP with Brian Buelterman at ext.
6453 or blbuelterman@st-claire.org
- JULY 8** **ACLS Renewal**
9:00 am - 4:30 pm
CHER Building

RSVP with Loretta Burchett at ext.
6830 or laburchett@st-claire.org
- JULY 27** **SCR Multidisciplinary
Case Conference**
presented by Dr. Weaver

12:00 pm - 1:00 pm
SCR Café D

RSVP with Brian Buelterman at ext.
6453 or blbuelterman@st-claire.org
- JULY
27 & 28** **ALSO Course**
CHER Building
7:45 am – 4:00 pm

RSVP with Loretta Burchett at
ext. 6830 or laburchett@st-claire.org

NEWS & EVENTS

FMS Father's Day Sale

Date: June 6 - June 18

Location: SCR Family Medical Supply

Open: M - F 8:00 am - 5:00 pm
Saturday 10:00 am - 2:00 pm

Visit the store for many great gifts for Dad.

Books Are Fun - Book Sale

Date: June 20 9:00 am - 4:00 pm
June 21 7:00 am - 3:00 pm

Location: Cafe' A&B

Bed Sheet Sale

Date: June 23 and June 24

Location: Cafe' A&B

Time: 7:00 am - 6:30 pm

Free SCR Health Screenings at Relay for Life — Rowan County

Date: June 25

Location: McBrayer Elementary School

Time: 6:30 p.m.

For more information please contact,
Regina Thompson at ext 6859



**St. Claire Regional
Medical Center**

222 Medical Circle • Morehead, KY 40351

Honoring SCR Staff Who Served Our Country

In honor of Independence Day, SCR will be recognizing staff members who have served in the military. If you're a veteran or know a veteran that would like to participate please contact Janie Waltz, Coordinator, Patient Relations njwaltz@st-claire.org or 6591.