

### ST. CLAIRE REGIONAL IRU/TCU PATIENT REGAINS INDEPENDENCE AND SMILE

When Gary Fugate lost function on his right side in March after suffering stroke a he wasn't smiling. However, 7 months later when he walked independently for the first time he definitely was.

UK Healthcare referred him to St. Claire Regional's Inpatient Rehabilitation Unit with only a 20% chance of regaining function of his right side. When Gary arrived at the St. Claire Regional IRU/TCU he was unable to perform simple independent daily living activities. He is now working 10 hours each day at the Bluegrass Army Depot in Richmond, KY, doing fieldwork. Gary's success story speaks to the dedication of both the inpatient and outpatient



*Dr. Melanie Ledford, Gary Fugate and Johnny Napier, PT*

therapy services at St. Claire Regional. SCR physical therapist, Arica Conley, PT; began the rehabilitation process and encouraged Gary to not give up. Another SCR physical therapist, Johnny Napier, PT completed the healing process with Gary by helping him regain function of his right lower extremities.

St. Claire Regional Medical center is fortunate to offer inpatient rehabilitation services under the direction of Dr. Melanie Ledford, Rehabilitation Director. For more information on these services and availability please contact Connie Mayhorn, Case Manager at (606) 783.6651.

## Amazing. Medicine. Close to Home.

# SCR RECOGNIZES STAFF MEMBERS FOR YEARS OF SERVICE

Submitted By: Christa Robinson



## Ten Year Employees

*Sitting left to right-* Robin Donithan, Jennifer Duke, Alice Ferguson, Norma “Bookie” Ginter, Remona Gooding, Sarah Jane Howard

*Standing left to right-* Valerie Stevens, Kimberly Quesinberry, Lana Preston, Heidi McDaniel, Gerald Lykins



## Fifteen Year Employees

*Sitting-* Gretta Prewitt, Jana Moore, Kimberly Meade, Bonnie Curtis

*Standing-* Nancy Shannon, Mark Neff



## Twenty Year Employees

*Sitting-* Patricia Arnett, Belinda Ashley, Kathy Catron, Frankie Chapman, Jennie Crouch, Brenda Cundiff

*Standing-* Patricia Eldridge, Tabatha Harmon, Carolyn Hayden, Betty Catron, Marsha Horsley, Seigred Jalalon, MD, Louise Lamb



## Twenty Year Employees

*Sitting-* Karen Silvey, O. Thomas Newcomb, MD, Joni Mraz, Beth Lambert

*Standing-* Kellie Stafford, Cathy White, Patricia Littleton, JoDonna Wilson



### Twenty-five Year Employees

*Sitting- Paula Adams, Melissa Alcorn, Hal Bledsoe, Diana Elliott, Melodye Galbreath, Jean Jones*

*Standing- Nancy Maggard, Mary Horsley, Teresa Stacy*



### Thirty Year Employees

*Sitting - Tim Brown, Veronica Hinton, Sabra Stevens*

*Standing- Janie Waltz, Judy Thompson*



### Thirty Year Employees

*Sitting-Janice Anderson, Dianna Davis*

**Amazing • Medicine  
Close to Home**

## CHRISTMAS BASKET RAFFLE

The SCR Oncology Relay for Life Team is raffling a Christmas basket that includes holiday items, Rada Cutlery, candles and other miscellaneous items. All proceeds will benefit the SCR Oncology Dept. Relay for Life team. The basket will be on display in the Oncology Department

Tickets can be purchased  
**\$1.00 each or  
6 for \$5.00**

from

November 22 –  
December 10

*For information contact a  
member of Oncology  
at Ext. 6625.*

## THANKS SCR STAFF FOR MAKING “SHARING HOPE” CAMPAIGN A SUCCESS!



*Staple items delivered to support the UK Markey Cancer Center Hope Lodge.*

St. Claire Regional partnered with UK Markey Cancer Center Network Affiliates to help hundreds of cancer patients and their families who stay at Hope Lodge. A special thank you to every SCR staff member who donated daily living necessities. These items help ease the load for these patients who come from all across Central and Eastern Kentucky.

Getting the appropriate cancer care sometimes means patients must travel away from home. This can place an even bigger emotional and financial burden on patients and caregivers during an already challenging time. Hope Lodge in Lexington, Kentucky, provides free, overnight private rooms for cancer patients and their caregivers, creating an environment which eases both the stress of the cancer journey and the financial challenge of receiving lifesaving treatment.

## Amazing • Medicine Close to Home

# New SCR Gift Shop Opens



The SCR Gift Shop has moved into a new location on the first floor. In addition to the traditional items, several new items are available. Visitors and staff can now purchase regular and flavored coffees, Coke products and fresh flowers delivered from All Seasons.

## SCR Welcomes Professionals from Japan



Social Workers, professors and other professionals recently visited Morehead to learn more about the HANDS program. The Gateway District Health Early Childhood Programs hosted the visitors and arranged tours of both healthcare and educational facilities in the area.

## SCR PHARMACY DEPARTMENT GOES INTERNATIONAL

*Submitted By: Cathy Shely*

Many SCR employees remember Chinwe Ibekwe, a Morehead pharmacist from Nigeria who volunteered at SCR while she pursued licensure in the US. She shared her experiences with colleagues in Lagos, Nigeria and suggested that they consider coming to SCR to see first-hand how the pharmacists utilize technology to provide safe and effective care to their patients. It took several months to coordinate the visit, but Margaret Obono and Funmi Fagboyo arrived here on October 14, 2010 for two weeks to observe pharmacy practice and take back information on clinical programs, inventory control and financial management. Items of particular interest included the barrier isolators which are used for sterile compounding, our use of crash carts, the Omnicell automated dispensing cabinets, and the role of pharmacy technicians.

They were interested to see what medications are kept at SCR, and in particular to see if the drug names were recognizable. For example, in Europe acetaminophen (Tylenol™) is paracetamol. It broke the ice, and comparisons and contrasts were informative and fun. Since they were



*Pharmacy Director, Cathy Shely and VP of Inpatient Services, Joan Wells present visiting pharmacists with certificate.*

here during pharmacy week, they had the opportunity to enjoy one of SCR's catered lunches (a big thanks to our friends in Food Services!) and a potluck. Margaret and Funmi commented that pharmacy staff is the same the world over – everyone enjoys celebrations and “feasts”.

One quote from their report that they will submit is applicable to us all:

“Every member of the staff at SCR is always smiling, always ready to help, amiable

and courteous to both patients, their relatives and other members of staff. We think this attitude will help our patient a great deal.”

It was a wonderful opportunity to learn more about pharmacy practice in other countries. Who would have thought SCR would be making an impact on pharmaceutical care somewhere so far away!

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## MEDITECH INFO SESSION - WINNERS

*Submitted By: Joy Moore*

Lisa Cassity

Diagnostic Imaging

BP Gas Card

Dr. Carolyn Moore

SCR Family Medicine - Olive Hill

BP Gas Card

## SPOTLIGHT: EMILY FULTON FOR GOING THE EXTRA MILE

*Submitted By: Frankie Chapman*



*Emily Fulton, Cardiac Rehab exercise physiologist*

How do you describe someone that goes the extra mile to help others? That would describe Emily Fulton, exercise physiologist for Cardiac Rehab. Not only does she educate, participate, and instruct the patients on a healthier lifestyle, but recently she found herself giving life saving measures to someone in need.

While on her way home from work Emily came across an unconscious stranger, not breathing and with no pulse. Without another thought she began CPR, as she is trained and certified in Advanced Cardiac Life Support, continuing until paramedics arrived on the scene and transported the patient to St. Claire Regional. Through the gracious prayers, blessings, and the care of many, including Emily Fulton, this story has a happy ending. The patient was able to see his family again and tell his story of survival. Thank you Emily for being a cardiac angel on this day of need!

## THANK YOU HAL BLEDSOE FOR YOUR DEDICATED CUSTOMER SERVICE

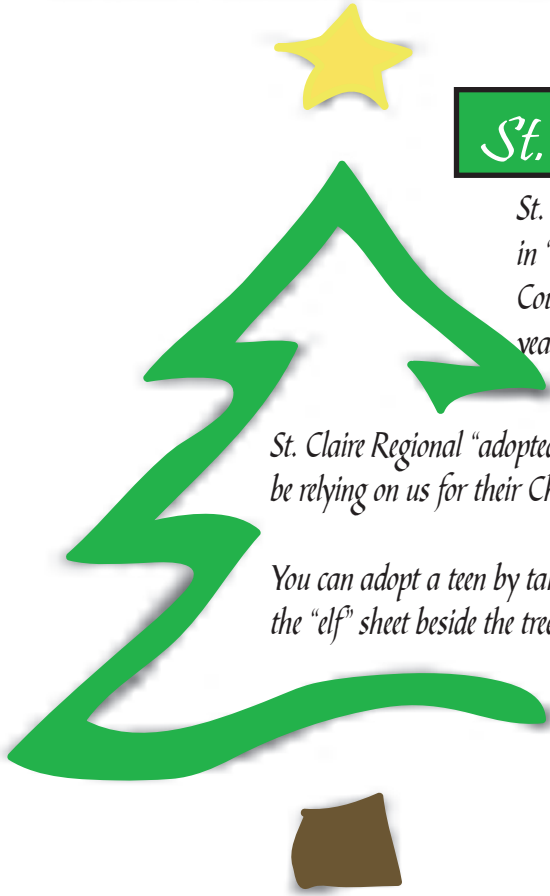
*Submitted By: Martha Gulley*



*Hal Bledsoe*

The staff at SCR Family Medicine-Frenchburg would like to say a big THANK YOU to Hal Bledsoe for his dedicated customer service. He went above and beyond to help one of our SCR employees and her newborn son, who requires special equipment. He visited the floors, talked to nurses, called and emailed companies and put together some equipment to help Mom monitor the baby's blood pressure. He followed up with the staff to make sure the equipment was appropriate. As always, he says, "Let me know if I can do anything else" and he means it. We appreciate all his service, kindness, and efforts. God bless you Hal.

# SCR Christmas Gift Giving Opportunities



## St. Claire Regional Christmas Tree for Teens

St. Claire Regional is making Christmas special for teens! St. Claire Regional is again participating in "Rowan County Christmas." This program is sponsored by St. Claire Regional and other Rowan County social service agencies, churches, and organizations and will provide new toys for children 18 years of age and under, gifts for the elderly and food vouchers for families.

St. Claire Regional "adopted" ALL of the 16, 17 and 18 year old boys and girls in the county - 80 in all! These teens will be relying on us for their Christmas gift this year. Here's how you can help them have a Merry Christmas:

You can adopt a teen by taking an ornament from the St. Claire Regional Christmas tree in the Cafeteria and signing the "elf" sheet beside the tree or calling the Foundation Office at Ext. 6517, Thelma Johnson or Ext. 6512, Shirley Caudill.

**\* Purchase one \$10 gift for a teenage boy or girl. Please, no clothes. Bring the gift to the Foundation House by Friday, December 3, and attach your name and phone number.**

**or**

**\* Bring \$10, with your name and phone number to the Foundation House before Friday, December 3. Someone will shop for you.**

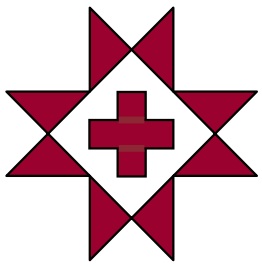
Departments or groups of employees may choose to adopt a teen. Individuals are welcome to donate less than \$10 to help purchase gifts.

## A Storybook Christmas

St. Claire Regional is again helping the MSU/Rowan County Adult Basic Education and Literacy Advisory Board collect NEW books for children under the age of 18. These books will be given to children and teens throughout Rowan County.

**Deadline is Friday, December 3.**





# Staff Notice

Meditech Electronic Medical Record  
**NOVEMBER INFO SESSION**  
**EDM & MEDICATION RECONCILIATION**

**EVERY THURSDAY**  
**3:00 p.m. & 3:30 p.m.**  
**SCR Cafe' D**

***What you can expect***

- What will you do without EDM?  
Overview of the EDM conversion timeline.
- Access medications, lab results  
and diagnostics from a single screen



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**Come Enjoy  
FREE Refreshments  
and Snacks**

**Chance to win  
a \$25 gift card  
at each info session.**

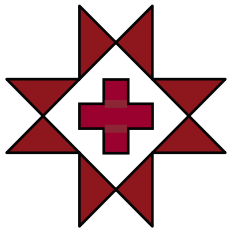
*\*Only eligible to win one  
gift card per month.*

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**CANCELED FOR  
NOVEMBER 25**



For more information or questions email [ACE@st-claire.org](mailto:ACE@st-claire.org)



# Staff Notice

## WINTER COAT DRIVE

Patient Access is collecting winter coats for **men, women and children** in the area.

Gently used winter coats may be dropped off at the donation box located in the Patient Access area until **December 15**.

If you have any question please contact Rebecca Nickell at ext. 6452

*A message from ...*



**St. Claire Regional  
Medical Center**

*Patient Access*

# HIGHLIGHTING OUR CHAMPIONS

Submitted by: Tracy Stewart

The following comments are from SCR patients that completed our Press Ganey patient satisfaction surveys in October.

Couldn't have wished for better care from the 4th floor, they treated me like family.

They were so kind and caring at St. Claire Regional Medical Center. We are so fortunate to have this fine medical center here close to home.

Dr. Mitchell, Dr. Crozier & Mary Dowling are the best ever. We are so lucky to have them.

Rhonda went out of way to come up with anything mom liked to eat. The staff was happy to reheat or bring new foods if mom was too sleepy to be fed for fear of her choking.

Dr. Ledford did an excellent job in working to find the source of all mom's medicine problems, & the cause of her pain.

Thank you everyone for everything they did.

Dr. Damron is awesome. He made me feel better just with his caring attitude. I cannot say enough about him!!!

Both Drs. Clayton and Victor provided comfort & excellent care!

Excellent 3rd & 5th floor staff!

Dr. Ann Colbert is an amazing treasure to any family caring for a fragile elderly parent. Dr. Cox was a skilled communicator & physician also.

No words to express how GREAT Dr. Scott was with my care, your very lucky he's on your staff, and it was lucky for me. My ER doc was also excellent.

St. Claire Regional always gives me & my family excellent care - Emergency & hospital. We would never go anywhere else!

My nurse was David. He was very attentive to my needs and was kind and courteous not only to myself, but also my spouse. Outstanding job.

Dr. Bailey was the physician that saw my daughter & he was very patient & kind with her. Great doctor!

The skill and knowledge of the staff is - both physicians and nurses - goes above and beyond the call of duty. Not only are they friendly and courteous but they genuinely care and you can tell in everything they do. They also provided me with concise and most updated info about my condition. (Cardiac Cath)

# 2010 Benefits Fair



## PRIZE WINNERS

A few Benefits Fair prize winners were photographed while picking up their prizes.



Carolyn Brown - Accounts Payable  
Rachel Ray, 7 pc Stow-a-way Set



Judy Ramsey - Pastoral Care  
Tiffany Table Lamp

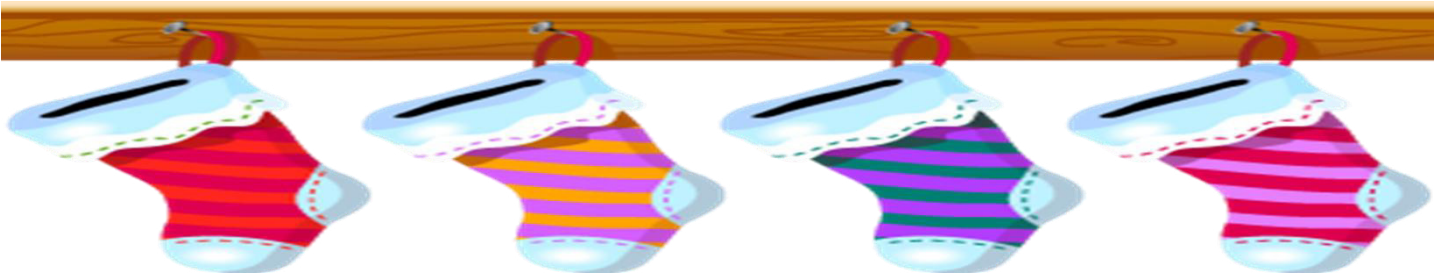


Drema Leigh - Lab  
5 pc. Mixing Bowl Set



Carol Kelsey - ICU  
18 pc. Wolfgang Puck Cookware Set

 St. Claire Regional Medical Center's  
**EMPACT**  
*Employee Activities/CQI Team*



# *Breakfast with Santa*

**Date: December 4, 2010**

**Time: 9:00 a.m. - 11:00 a.m.**

**Location: Cafeteria Rm.**

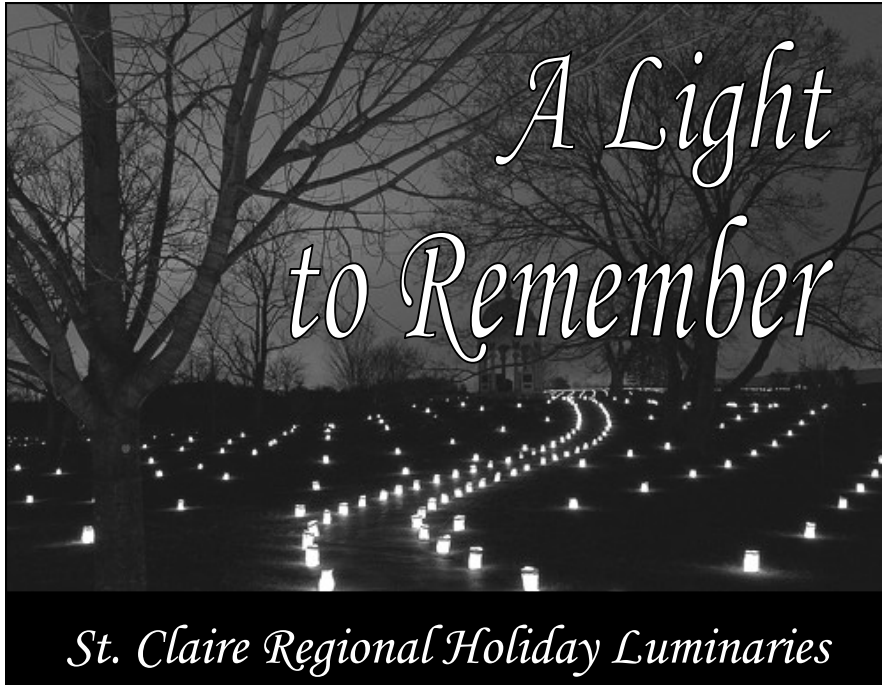
Donuts/Pastries, milk, and Juice will be served to children.



For more information please contact  
Angel Beamon @ 6864 or  
[ambeamon@st-claire.org](mailto:ambeamon@st-claire.org)  
Brandi Poskas @ 6453 or  
[bcposkas@st-claire.org](mailto:bcposkas@st-claire.org).

**DECEMBER BIRTHDAYS**

|                          |                                |       |                        |                                |       |
|--------------------------|--------------------------------|-------|------------------------|--------------------------------|-------|
| Dana Sue Burton          | Patient Access                 | 12/1  | Martha Marie Henderson | Food Services                  | 12/20 |
| Donna R Conn             | Health Information Management  | 12/1  | Marvin Earl Puckett    | Facilities Management          | 12/20 |
| Felicia Carol Howard     | Home Health                    | 12/1  | Mary K Slone           | Patient Access                 | 12/20 |
| Don A Carpenter          | Pharmacy                       | 12/2  | Martha Jean Gulley     | FM - Frenchburg                | 12/21 |
| Thelma L Johnson         | Gift Shop/ Auxiliary           | 12/3  | Melissa K Parker       | Radiology                      | 12/21 |
| Lesley Lewis             | Laboratory                     | 12/3  | John Joseph Stewart    | Hospitalist Physician          | 12/21 |
| Denise L Mooney          | Outpatient Care Center         | 12/3  | Glenda Fay Hardin      | Environmental Services         | 12/22 |
| Stephanie Lynn Oney      | Wound Care/Hyperbaric          | 12/3  | Wanda Ruth Johnson     | Surgery/Same Day Surgery       | 12/22 |
| Kathy Kay Trent          | Materials Management           | 12/3  | Angel Dawn Jolley      | Cytology                       | 12/22 |
| Sheila Ann Nobrega       | Respiratory Therapy            | 12/4  | Maria A Terrell        | Hospice                        | 12/22 |
| Denita Joy Ray           | Anesthesia Professionals       | 12/4  | Whitney Jo Thornton    | TCU                            | 12/22 |
| Callie S. Wagoner        | Home Health                    | 12/4  | Betty S Bloomfield     | Homemaker II                   | 12/23 |
| Crystal D Whitt          | Cave Run General Surgery       | 12/4  | Deborah Mae James      | House Staff                    | 12/23 |
| Stephanie Howard         | 3rd Floor Central              | 12/5  | Barry L Little         | Emergency Physicians           | 12/23 |
| Cynthia Lemaster         | Occupational Therapy           | 12/5  | Amanda Jane Reid       | TCU                            | 12/23 |
| Donna R Gilliam          | Emergency Department           | 12/6  | Tom Larsen             | Infusion Solutions             | 12/24 |
| Michael Lewis            | Emergency Department           | 12/6  | Phillip Montgomery     | Facilities Management          | 12/24 |
| Erika Bailey             | St. Claire Regional Outpatient | 12/7  | Emily Marie Potter     | Emergency Department           | 12/24 |
| Sesame Dijeng            | Emergency Physicians           | 12/7  | Teresa Kay Jones       | Homemaker II                   | 12/25 |
| Erica Lee                | FM - Morehead                  | 12/7  | Mary Ann Lewis         | Nursing Administration         | 12/25 |
| Deborah Logan            | Cave Run General Surgery       | 12/7  | Wanda Mae Pennington   | Environmental Services         | 12/25 |
| Vicky L Murphy           | Cave Run General Surgery       | 12/7  | Joyce A Brown          | Food Services                  | 12/26 |
| Monica Miller Hall       | Rehab Unit                     | 12/8  | Kyla Caudill           | Patient Access                 | 12/26 |
| Lois H Vice              | Home Health                    | 12/8  | Patty A Fugate         | FM - Menifee (Dental)          | 12/26 |
| Sylvia Glendening        | Home Health                    | 12/9  | Melissa F Alcorn       | Cave Run General Surgery       | 12/27 |
| Erin M Himes             | Emergency Physicians           | 12/9  | Sheana Dawn Barker     | Home Health                    | 12/27 |
| Zada Christina Stephens  | Laboratory                     | 12/9  | Diana J Blanton        | Cardiac Rehab                  | 12/27 |
| Julia Kirn Maness        | Cher Grants                    | 12/10 | Connie Evans Proudfoot | Cave Run General Surgery       | 12/27 |
| Sandra Kay McGuire       | FM - Sandy Hook                | 12/10 | Leslie Kay Williams    | AHEC                           | 12/27 |
| Brett M Horne            | Radiology                      | 12/11 | Louise Simms Lamb      | Radiology                      | 12/28 |
| Patricia A Ison          | SCR Family Medicine            | 12/12 | Tammie Jean Phillips   | Cardiology                     | 12/28 |
| David M Lewis            | Environmental Services         | 12/13 | Trevor Rayburn         | Radiology                      | 12/28 |
| Brittany Amber Blair     | Outpatient Care Center         | 12/14 | Shelley Davis Sadler   | 4th Floor Nursing              | 12/28 |
| Kathryn Howard           | Home Health                    | 12/14 | Christopher Waugh      | SPD                            | 12/28 |
| Paulette Keeton          | Homemaker II                   | 12/14 | Monica D. Zornes       | Pharmacy                       | 12/28 |
| Charlotte S. Parr        | Nursing Administration         | 12/14 | Debra A Clark          | Float Dept - Unit Sec          | 12/29 |
| Tericia B Tackett        | Respiratory Therapy            | 12/14 | Joseph Andrew Edie     | SCR Family Medicine            | 12/29 |
| David Bruce Bailey       | Cardiology                     | 12/15 | Julie Beth McKinney    | 3rd Floor North                | 12/29 |
| Diane Nichols Beane      | 4th Floor Nursing              | 12/15 | Kimberly Ann Meade     | Respiratory Therapy            | 12/29 |
| Barbara Ann Walker       | Surgery/Same Day Surgery       | 12/15 | Deborah K Oakley       | Financial Services             | 12/29 |
| Peter Coats              | Hospitalist Physician          | 12/16 | Teresa Lynn Rife       | Infusion Solutions             | 12/29 |
| William Ernie Lewis      | Facilities Management          | 12/16 | Betty O Catron         | Cave Run General Surgery       | 12/30 |
| Elizabeth Melydia Napier | Outpatient Care Center         | 12/16 | Tiffany S. Clark       | Cardiology                     | 12/30 |
| Lisa Jolene Strong       | Surgery/Same Day Surgery       | 12/16 | Jean Harney Jones      | Clinical Nutrition             | 12/30 |
| Sarah D. Brown           | Home Health                    | 12/17 | Julia A Neill          | St. Claire Counseling Services | 12/30 |
| Bryan W Hamon            | Emergency Physicians           | 12/17 | Lacinda Rishel         | Surgery/Same Day Surgery       | 12/30 |
| Rhonda Bradley           | Infusion Solutions             | 12/18 | Jessica L Robinson     | Marketing and PR               | 12/30 |
| Inez E. Smallwood        | Home Health                    | 12/18 | Joan M Wells           | Nursing Administration         | 12/30 |
| Aubrey Lynnette Wheeler  | ICU                            | 12/18 | MaryAnn Perry          | Cytology                       | 12/31 |
| Denise Annette Conn      | Float Dept - Unit Sec          | 12/19 |                        |                                |       |
| Pamela R Evans           | Home Health                    | 12/19 |                        |                                |       |
| Randall Monroe Stevens   | Surgery/Same Day Surgery       | 12/19 |                        |                                |       |



The holidays are a time for being with family and for remembering loved ones who have passed on. We cordially invite you to remember and celebrate the lives our staff has touched this past year in an event called *A Light to Remember*.

Electric luminaries will be placed on the front lawn of St. Claire Regional Medical Center to memorialize those who have passed away in St. Claire Hospice's service in 2010. If you would like to memorialize or honor a loved one or a special person through *A Light to Remember*, you may give a tax-deductible donation, using the form below. Hospice revenues do not cover the cost of our care, and your generous contribution will help extend services to others in need.

The luminaries will be displayed from Nov. 29 until a closing reception on Jan. 7, 2011 from 11 a.m. to 2 p.m. in St. Claire Regional Cafeteria Meeting Room B. This reception will include a display of all persons remembered and honored, along with refreshments. We invite you to join us. For more information, call the hospice office at 783-6808 or 1-800-264-0616.

*A Light to Remember* Information Form

Your Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Luminary in memory \_\_\_\_ or honor \_\_\_\_ of:

1) \_\_\_\_\_ 3) \_\_\_\_\_

2) \_\_\_\_\_ 4) \_\_\_\_\_

Donation Enclosed: \_\_\_\_ \$10 \_\_\_\_ \$25 \_\_\_\_ \$50 \_\_\_\_ Other: \$ \_\_\_\_\_

Please mail this form and your donation to: St. Claire Foundation,  
222 Medical Circle, Morehead, KY 40351.

**SCR STAFF  
HELP COUPLE  
CELEBRATE  
60<sup>TH</sup> WEDDING  
ANNIVERSARY**



*Denzel and Hortense Fannin celebrated their 60th wedding anniversary*

On November 4, 1950 Denzel and Hortense Fannin were married. Sixty years later, SCR staff was not going to let a hospital stay damper their celebration.

SCR staff invited the Fannin's family to join in a small anniversary party including cake and balloons. The couple recited poems to one another they had written for their 50th anniversary.

## UPCOMING EVENTS

### “LATEST IN STROKE CARE” PRESENTED BY MICHAEL DOBBS MD

**Date:** November 18  
**Time:** Registration 6:00 p.m. - 6:30 p.m.  
Program 6:30 p.m. - 7:30 p.m.  
**Location:** CHER, Rm. 102D

*RSVP to Brandi Poskas at [bcposkas@st-claire.org](mailto:bcposkas@st-claire.org)*

### AUXILIARY ANNUAL THANKSGIVING BAKE SALE

**Date:** November 23 & 24  
**Location:** SCR Gift Shop entrance

### RHONDA MACKIN WAXED & SCENTED HAND MADE ITEMS

**Date:** November 29  
**Location:** SCR Gift Shop entrance

### WILLOW TREE CRAFT SALE

**Date:** December 19th  
**Location:** Cafe A & B

### SCR TREE LIGHTING

**Date:** December 9  
**Location:** SCR Front Entrance  
**Time:** 10:00 a.m.

## SCR PROVIDES HEALTH SCREENINGS AT THE G.R.E.A.T. SENIOR EXPO

*Submitted By: Regina Thompson*

On November 9th, SCR's Health Screening group offered the gateway regional seniors a wide array of health screenings and information on living better. Approximately 125 seniors attended the event which was sponsored by Gateway Regional Elder Abuse Task Force. All screenings were provided free and all regional seniors were welcomed and encouraged to attend.



*Trish Riddle, Phlebotomy Supervisor and Megan Howard, CLIA, provided Glucose and Cholesterol screenings*



*Louise Lamb, Mammography supervisor, completing a Bone Density Scan*