



ST. CLAIRE REGIONAL UPGRADES NETWORK INFRASTRUCTURE

SCR's information technology department is currently working to upgrade the facility's network infrastructure in preparation for the Meditech Health Information system implementation.

The network upgrade fulfills several purposes with the simplest being to refresh outdated equipment. The new infrastructure will have the ability to reach network speeds 10 times faster than the existing equipment and will have a better error recovery – which means higher reliability.

The addition of a hospital wide wireless network will be the most visual benefit of the network infrastructure upgrade. The medical center will begin to see an influx of wireless capable devices, such as tablets and mobile carts. This will make it possible for clinical staff to fulfill their duties while mobile. The wireless system will also allow the medical center to provide wireless internet for our patients and their families.

The Meditech Health Information System which includes electronic medical records requires that an enterprise class wireless system be installed throughout the medical center. The enterprise class wireless system utilizes the newest standard of wireless technology as it



not only provides increased speed and coverage but it can be centrally managed and monitored as well.

Other key benefits of the network infrastructure upgrade are reliability and security. The new core switches offer a true redundancy that we currently do not have. If one switch fails the other one takes over without interruption to the end user. The complete infrastructure upgrade, from wired to wireless gives us the ability to have advanced

security features to protect both the network and end user. The infrastructure upgrade puts into place the requirements necessary to expand into new services and technologies.

“With the combination of the network infrastructure upgrade, the installation of the data center, and the implementation of Meditech Health Information system, St. Claire Regional has taken a huge step forward to become an enterprise class technological center” says Mike Williams, SCR Network Analyst. “Overall this new system will be a great asset to St. Claire Regional and our development toward faster and more reliable health care.”

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CARTER COUNTY SENIOR CENTER HEALTH SCREENING A SUCCESS

Submitted By: Regina Thompson



SCR Family Medicine– Olive Hill provided blood pressure, pulse and oxygen screenings



SCR Sleep Lab provided sleep assessments



SCR outpatient rehabilitation unit gave balance screenings

St. Claire Regional offered free community health screenings Wednesday, May 19th at Carter County Senior Center in Grayson KY. Senior citizens from Grayson and Olive Hill enjoyed a variety of free general health screenings. During May's flooding the new senior center in Olive Hill, where the event was originally scheduled, received significant flood damage and is being renovated. Seniors from Olive Hill have been riding a bus to the Grayson Center for daily activities and were looking so forward to the screening event they asked our staff to come to Grayson.

Many SCR departments participated in the event. SCR Family Medicine in Olive Hill offered blood pressure, pulse, and oxygen screenings. The lab provided cholesterol and glucose screenings. Sleep assessments were completed by the sleep lab and St. Claire Counseling presented grief and stress management education. DermaScans were done by AHEC and balance screenings were completed by the outpatient rehabilitation unit. SCR Family Medical Supply also provided information and demonstrations on new products available at the retail store.

Bone density screenings were provided by diagnostic imaging services. The diagnostic imaging staff is now performing Ankle-Brachial Index (ABI) at community health screenings. ABI screens the adequacy of the circulation in participants' legs.

All participants were very appreciative of the screening event and of all our SCR staff who assisted. The medical center has been invited back in the fall to give the Senior Center and their participants an opportunity to work on getting healthier!

For more information on SCR Health Screening Events or to request a health screening at your community event, please contact Gina Thompson at (606)783.6859 or Loretta Burchett at (606) 783.6830.



CAMP



SMILE

Sharing Memories in a Loving Environment

Camp SMILE (Sharing Memories in a Loving Environment) is a collaborative effort by St. Claire Hospice & Palliative Care and the Morehead State University Department of Nursing. **Camp SMILE** is offered to children, 5-17 years old, who have been involved in Hospice services or who have suffered the loss of a loved one. Trained bereavement counselors will offer a variety of participatory activities to guide the children through understanding feelings of grief and loss. There is no charge for the campers, who will receive lunch and afternoon swimming and fun activities each day, bereavement materials and a camp T-shirt. Hospice conducts **Camp SMILE** as a free community service and receives no reimbursement for it. We depend on cash and in-kind contributions.

WHO: Children ages 5-17
WHERE: Morehead State University, Laughlin Health Building
WHEN: Tuesday, July 21 through Friday, July 24, 9 a.m. to 4 p.m.
CONTACT: Melanie Hurst, Camp SMILE Coordinator, at (606) 783-6808

**FREE LUNCH, AFTERNOON SWIMMING
AND FUN ACTIVITIES**

Campers will receive a camp tee shirt and a variety
of bereavement materials.



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**SR. MARYLYN EHRMAN
IS RETIRING AFTER 17 YEARS OF SERVICE
with
St. Claire Regional Medical Center**

Please join us at her
RETIREMENT PARTY

Monday, June 7

8:00 a.m. – 10:00 a.m.

Cafe' D

Come by and give her your well wishes,
eat breakfast and celebrate with her.



UPCOMING EVENTS

LUNCH TIME FUNDRAISER FOR RELAY FOR LIFE

Sponsored by: SCR Inpatient Rehabilitation Unit

Date: June 7th

Time: 11:00 a.m. - 2:00 p.m.

Location: SCR Lobby, outside the Gift Shop

Chili Dogs, Taco Salads, Homemade dessert and drinks all for \$5

BOOK FAIR

Date & Time: June 8 12:00 pm - 6:00 pm
June 9 8:00 am - 3:00 pm

Location: SCR Cafe' B & C

DIABETES SUPPORT GROUP "Enriching your diet with Whole Grains"

Date: June 8

Time: 6:00 p.m.

Location: SCR Cafe' D

For more information contact Brandi Poskas at bcposkas@st-claire.org

PALS RENEWAL COURSE

Date: June 14

Time: 9:00 a.m. - 4:30 p.m.

Location: SCR Outreach Center

For more information contact Brandi Poskas at bcposkas@st-claire.org



SCR WELCOMES NEW STAFF

Bryen S. Alexander	3rd Floor Central
Nancy Jean Brown	Cytology
Cindy M. Chafins	Infusion Solutions
Alex Champagne	Radiology
Mamie Doss	Environmental Services
Jacqueline R. Durham	Occupational Therapy
Veronica Fannin	Nursing Administration
Alisha Ferrell	Environmental Services
Courtney Fultz	Environmental Services
Sarah Ann Gilliam	Patient Access
Joy D. Harper	Laboratory
Melony Longacre	Environmental Services
Lisa Dawn McPeck	Surgery/Same Day Surgery
Kimberly Pattison	Environmental Services
Amanda Jane Reid	Nursing Administration
Kayla Roe	Patient Access
Dawit Tadesse	Food Services