

EXPANDING TO MEET THE NEEDS OF OUR REGION – ST. CLAIRE REGIONAL FAMILY MEDICAL SUPPLY

Open & Ready to Serve You. The need for quality home medical products and services continues to grow. To meet this need, and support consumers who take an active role in their health care, St. Claire Regional Family Medical Supply, formerly known as St. Claire Home Medical Equipment, opened a retail medical supply store.

St. Claire Regional Family Medical Supply retail store carries a large inventory of quality home medical supplies and equipment as well as day-to-day healthy living items including readers, Ganz – Time & Again lotions, and scrubs. Since proper usage of the equipment is crucial to safety, St. Claire Regional Family Medical Supply's

equipment specialists do more than just make deliveries. They also teach you, and your family, how to use the equipment and how to contact them if you have any additional questions.

Retail Expansion. “We saw the need to provide a better way for consumers to find the homecare products they need and see what they were purchasing. At our new retail location, consumers have the ability to try scooters, walkers, wheelchairs, custom lift chairs and more,” states Lois Vice, Administrative Director, HomeCare Services. “There is no better way to determine if a product is right for you than to try it first,” she adds.

St. Claire Regional's Family Medical Supply's retail store was designed to accommodate more than just products. The

space was designed to host a variety of health and education clinics – some of which include flu shot clinics, legs and feet health events, sleep apnea and back pain educational events. In addition, the retail store has private consultation rooms for clients needing braces or supports, compression garments and wound or ostomy services.



The 4,000 sq./ft. showroom stocks hundreds of items and can have many more shipped next day

How We Can Help. “St. Claire Regional Family Medical Supply allows patients and families the opportunity to look at and try out medical equipment and supplies while receiving professional assistance from well trained staff”, says Amanda Ramey, SCR Family Medical Supply Sales Representative. “Some of the medical

assistance products we offer include: canes, crutches, bath aides, motorized wheelchairs, scooters, Oxygen equipment and CPAP and BiPAP sleep equipment. In addition, our store offers mobility specialists and respiratory therapists who are able to answer questions and help consumers custom-fit products to meet their individual needs.”

Providing more than 4,000 sq. foot of retail space and Free in home delivery, St. Claire Regional Family Medical Supply is conveniently located in Kroger Shopping Center across from Lowes in Morehead. St. Claire Regional Family Medical Supply is open Monday thru Friday, 9am to 6pm and Saturday, 10am to 2pm. Stop by and allow one of our friendly, trained specialists help you find the products you need!



A Healthy Commitment In Changing Times

NATIONAL HOSPITAL WEEK ACTIVITIES

ALL WEEK - MAY 11th - 15th
Quizzes and Games - Win Prizes

THURSDAY - MAY 14TH
BBQ (Night shift)
10:30 pm to 12 midnight

FRIDAY - MAY 15TH
BBQ & Prize Drawings
Lunch - 11 am to 1:30 pm
Dinner - 4:30 pm to 6:00 pm

**ALL BBQS WILL BE HELD ON
THE FOUNDATION GROUNDS.
IN CASE OF RAIN, FOOD WILL BE
SERVED IN THE CAFETERIA.**

ST. CLAIRE FOUNDATION - BAUSCH, SR. MARY JEANNETTE WESS, SND, SCHOLARSHIP APPLICATIONS BEING ACCEPTED

Submitted By: Submitted By Carla Terry,

The St. Claire Foundation is accepting applications for the 2009 Richard J. Bausch Family Scholarship and the Sister Mary Jeannette Wess S.N.D. Scholarship.

The Bausch scholarship is an annual \$1,000 award intended to assist a college student from Appalachia who is pursuing a health sciences degree. To qualify, an applicant must be a pre-professional health sciences student enrolled in a community/technical college or university program and a resident of an Appalachian county as defined by the federal government.

The Richard J. Bausch Family Scholarship is funded by an endowment that was established in memory of the father of Gregory Bausch, PharmD, SCR Vice President of Regional Affairs.

To qualify for the \$750 Sister Mary Jeannette Wess S.N.D. Scholarship, you must:

- Be at least a college junior by Fall Semester 2009;
- Be working on a bachelor's degree or higher in any degree plan at an accredited college or university;
- Have graduated from a high school in one of the following St. Claire Regional Medical Center service-area counties: Rowan, Bath, Carter, Elliott, Fleming, Lewis, Magoffin, Menifee, Montgomery, Morgan, or Wolfe;
- Be able to demonstrate academic achievement, leadership, service and financial need.

The Sister Mary Jeannette Wess S.N.D. Scholarship is named in honor of SCR's president/CEO from 1983-1995. Prior to her death in January 1996, she requested that donations be made to establish a scholarship fund to assist students from SCR's service region.

The application deadline for both scholarships is May 27. For more information or to request a scholarship application, contact Tom Lewis, SCR Director, Development at (606) 783-6511 or via email at telewis@st-claire.org.

DR. MOHAMMAD SIDDIQUI, SELECTED TO ATTEND PHARMACY LEADERSHIP INSTITUTE

Mohammad A. Siddiqui, PharmD, SCR Assistant Pharmacy Director, is the only pharmacist from Kentucky to be selected to attend the Pharmacy Leadership Institute from April 26th – May 1st.

The Institute is a program offered through the ASHP Foundation's Center for Health Systems Pharmacy Leadership and supported by the Cardinal Health Foundation. This highly successful executive pharmacy educational program is hosted by the Executive Leadership Center within Boston University's School of Management. The program uses a relevant program curriculum, high-quality instruction and peer interaction to broaden business skills managerial versatility and the extraordinary leadership demanded of today's health-system pharmacy leaders.

ST. CLAIRE REGIONAL FAMILY MEDICINE RESIDENCY PROGRAM-SUCCESSFUL IN 2009 MATCH

Submitted By: Carla Terry, GME Coordinator



Dr. Allamreddy

The St. Claire Regional Family Medicine Residency Program is excited to welcome the addition of two new residents: Swapna Allamreddy, M.B.B.S. and Brock Barnes, M.D. St. Claire Regional was successful in filling its positions in the March 2009 National Resident Matching Program for the third consecutive year.

Dr. Allamreddy attended undergraduate studies in Hyderabad, India. She received her medical degree from Hyderabad in 2006. Her hobbies include pot painting, fabric painting, soft toy making, listening to music, cooking, traveling and meeting people.



Dr. Barnes

Dr. Barnes attended undergraduate studies at Centre College in Danville, Kentucky. He received his medical degree from the University of Louisville in 2008. His hobbies include football, baseball, softball, competitive power lifting and reading about his Cherokee heritage.

Drs. Allamreddy and Barnes will begin their internship year at the University of Kentucky in July, 2009. They will join us at St. Claire Regional in June, 2010.



NIGHT AT THE DRIVE-IN

SPONSORED BY SCR EMPACT

Friday, May 1st, 2009

Saturday, May 2nd, 2009

Location: Judy Drive-In

Time: Gate opens at 8pm – Movie starts at dusk

**Movies: Fast and Furious 4 (1st movie),
12 Rounds**

Cost: \$14.00 per car

**Must present your SCR ID badge or SCR parking pass to qualify*

NATIONAL ANXIETY AND DEPRESSION AWARENESS WEEK MAY 3 – 9, 2009

Each year more than 40 million Americans will suffer with an anxiety disorder and over 20 million will suffer from some type of depressive illness. The cost to the economy of these terrible diseases is billions of dollars each year; the cost in human suffering is immeasurable. To bring awareness to these illnesses and education about anxiety and depressive illnesses, May 3 – 9, 2009 is National Anxiety and Depression Awareness Week.

Fear and anxiety are a normal part of life. Normal anxiety keeps us alert: it can make us question our actions as well as the actions of those around us. Mental health professionals are not concerned with normal anxiety. Rather, they concentrate on the fear and anxiety that significantly reduces or eliminates productivity, significantly interferes with an individual's quality of life; and for which friends, family and even the patient can find no obvious cause.

Approximately 21 million American adults suffer from a depressive illness each year making it one of the most common mental illnesses in the country. The symptoms of depression

can severely impair an individual's ability to function. Sometimes these symptoms can become so severe that people may lose their jobs, have very impaired interpersonal relationships or need to be hospitalized. However, once a depressive illness is diagnosed it can usually be quickly and effectively treated.

Depression and anxiety often occur together. Depression has also been found to occur at a higher rate among people who have other serious illnesses such as heart disease, stroke, cancer, HIV, diabetes, and Parkinson's. Symptoms of depression are sometimes mistaken for symptoms of

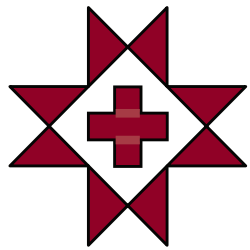
other illnesses. However, research has shown co-occurring depression can and should be treated, and treating the depression can also improve the outcome of the other illnesses.

Remember that a diagnosis for a mental illness can only be made by a complete clinical evaluation from a doctor or a mental health professional. St. Claire Counseling offers effective treatment for anxiety disorders and depression. Treatment frequently includes medication and psychotherapy. Treatment works!

You don't have to suffer! If you believe that you or a loved one may be suffering from depression or anxiety, contact St. Claire Counseling today at (606)783-6805.

People who suffer from depression and/or anxiety often experience the following symptoms:

- Constant, uncontrollable worrying
- Feeling blue, sad, or hopeless
- Sleeping problems, poor concentration
- Anxiety attacks, nervousness, or tension.
- Feelings of intense anxiety in social situations
- Loss of pleasure
- Phobias
- Unexplainable aches, pains, or headaches
- Rituals and obsessions



Staff Notice

SCR Staff,

Your hardwork & dedication is appreciated throughout the Year! It is each of YOU that makes a tremendous difference in the lives of our patients.

In recognition of National Hospital Week, we say -

THANK YOU!

Mark J. Neff
SCR President/CEO

A message from...

 **St. Claire Regional
Medical Center**
SCR Leadership

ST. CLAIRE REGIONAL -MAY BIRTHDAYS

Susan L. Blood	Laboratory	5/2	Matthew Shepherd	Laboratory	5/12	Nancy J Maggard	3rd Floor Central	5/22
Teresa D Ferguson	4th Floor Nursing	5/2	Michelle Carpenter	Family Medicine	5/13	Linda Faye Burchett	Environmental Services	5/24
Bobbi R. Maggard	Patient Access	5/2	Tajuan Washington	Surgery	5/13	Christie Hampton	Emergency Physicians	5/24
Elizabeth Majeski	Hospitalist Physician	5/2	Angela Caudill	TCU	5/14	Brittany L. Stacy	Health Information Mgmt	5/24
Diana M. Rose	Emergency Department	5/2	Remona W. Gooding	3rd Floor Central	5/14	Tyannia Brown	Respiratory Therapy	5/25
Crystal J Wright	AHEC	5/2	Brian Host	Pharmacy	5/14	Clarence G. Clayton	Cave Run Podiatry	5/25
Elizabeth Dray	Laboratory	5/3	Grace Banks Little	Revenue Cycle	5/14	Tonya M Curry	Surgery	5/25
Kathleen Wilson	Nursing Administration	5/3	Laura Salyers	St. Claire Counseling	5/14	Jessica Hale	Pt. Financial Services	5/25
Esther L Bays	3rd Floor Central	5/4	Carolyn Carr	Environmental Services	5/15	Derrick W Dean	SPD	5/26
John Black	Hospice	5/4	Betty Caudill	Outpatient Care Center	5/15	Rhonda L Holley	Emergency Department	5/26
Vickie Fairchild	Outpatient Care Center	5/4	Ashley M. Suttles	Patient Access	5/15	G.R. Jones	Administration	5/26
Kathleen Harper	Family Medicine	5/4	Charles D Harr	3rd Floor North	5/16	Anthony M Pattison	Bio Medical Engineering	5/26
Clinic			Kylea C. Lee	3rd Floor North	5/16	Ina Stephens	Surgery	5/26
Barbara Hart	Physical Therapy	5/4	Charles Moore	Materials Mgt	5/16	Denis O Alier	Family Medicine	5/27
Emery Samuel Stone	Infusion Solutions	5/4	Lisa Smith	Homemaker II	5/16	Patricia E Arnett	Nursing Administration	5/27
Bobbi Jo Swartz	Patient Access	5/4	Sheila R Thornberry	Family Medicine	5/16	Shelley E. Bennett	Cave Run General Surgery	5/27
Charlene Blevins	ICU	5/5	Angela Craft	3rd Floor Central	5/17	Zebulun A. Clark	Home Medical Equipment	5/28
Jessica L. Bowman	Laboratory	5/5	Charlotte Bumgardner	Pastoral Care	5/18	Rebecca Diane Dyer	Surgery	5/28
Joy Craft	Emergency Department	5/5	Anita Leigey	Laboratory	5/18	Kasey L. Lambert	3rd Floor Central	5/28
Bradford Gibson	Hospitalist	5/5	Rosa G Wilson	Environmental Services	5/18	Jennifer H. Perry	Infusion Solutions	5/28
John Staton	Information Services	5/5	Charlotte B Walker	Family Medicine Admin.	5/19	Pamela J Poston	Food Services	5/28
Lonnie Bargo	Radiology Physicians	5/6	Ray Fultz	Materials Management	5/20	Barbara A Adams	Central Billing Office	5/29
Melissa Heizer	Home Health	5/6	Kristina Hamilton	Mental Health Unit	5/20	Linda D Fultz	Quality Management	5/29
James H Perry	St. Claire Counseling	5/6	Mary Jones	Cave Run General Surgery	5/20	Craig D. Butler	Radiology Physicians	5/30
Wendy Whitt	Home Health	5/6	Megan Mraz	Human Resources	5/20	Catherine L Shely	Pharmacy	5/30
Jerry M Tilsley	Information Services	5/7	Loretta M Wagoner	Patient Access	5/20	Richard Stamper	Health Information Mgt	5/30
Mary Goodpaster	Occupational Therapy	5/8	Amanda Gilliam	3rd Floor Central	5/21	Tammi S Wilson	Surgery/Same Day Surgery	5/30
Connie Rodgers	Surgery	5/8	Carolyn Gilliam	Homemaker II	5/21	Jeri L. Brown	Infusion Solutions	5/31
Gregory Co Sy	Emergency Physicians	5/8	Christina L. Hamm	Emergency Department	5/21	Ruth I Brown	Surgery	5/31
Carla Terry	CHER	5/8	Joseph C. Mueller	Hospitalist Physician	5/21	Tawni R Donahue	Pathology	5/31
Regina A Dennis	Homemaker II	5/9	Tonya Adkins	Home Health	5/22	John A Sanders	Emergency Physicians	5/31
Donna R Ginter	Surgery	5/9	Holly Hall	Respiratory Therapy	5/22			
Lou Ann Snapp	Respiratory Therapy	5/10	Patricia Littleton	St. Claire Counseling	5/22			
Leslie Ann Cox	Occupational Therapy	5/11						

Amazing • Medicine
Close to Home

MOTHER'S DAY

APRIL 29TH - MAY 9TH

Special

Introducing Pride® & Golden Technologies® Lift Chairs

Sit and recline – lift and stand with the touch of a button

Over 20 Models Available In-Stock

- 2, 3 & Infinite Position Options
- 4 Size Options: Small, Medium, Large, XLarge

Over 40 fabric color options –

- UltraLeather®
- Micro-Suede
- Standard Fabrics
- Plush Velvet
- Levante Vinyl
- Brisa®

Heat and massage, plus many other accessories available

Custom orders delivered in as little as 2 days

FREE DELIVERY

Within a 50 mile radius



20% Off ALL Lift Chairs*
Starting at \$599⁹⁹

\$699⁹⁹ MSRP \$1070⁰⁰
Pride® Heritage Collection
Size: Medium
Color: Wheat

* including custom orders



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at Morehead-Exit 137
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NEWS & EVENTS

UPCOMING EVENTS

UPDATE ON CLOSTRIDIUM DIFFICILE-ASSOCIATED DISEASE

Date: Tuesday, May 26th
Time: 5:30 p.m. Dinner 6:00 Program
Location: Cafe' D

Presenter: David J. Feola, Pharm.D., Ph.D., BCPS
Assistant Professor, Pharmacy Practice and Science
University of Kentucky College of Pharmacy

Target Audience: Physicians, nurses, pharmacy,
and other interested healthcare professionals.

Objectives

1. Review the risk factors associated with the development of Clostridium difficile-associated disease (CDAD) including exposure to antimicrobial agents.
2. Design a treatment plan for patients with CDAD in your institution.
3. Describe the resurgence of CDAD and evaluate the impact of antimicrobial stewardship programs on its spread.

JANIE'S PRESS GANEY TIP

“Our concern for
your privacy”

Press Ganey Tips:

Provide information at admission on how patients can expect their privacy to be protected. Provide patients with a clear recourse should they feel their privacy has been compromised: patient advocate phone number. Do not discuss the patient or family with others unless necessary. In other words, don't "gossip." When discussing the patient's condition be discreet and private as possible (e.g., not public places). Respect the space and privacy of patients when speaking with clergy, chaplains, social service professionals, psychiatric professionals, and/or family members. If you call a patient at home ask if it is a good time to talk. It is difficult to carry on a personal conversation with others present.

Amazing • Medicine
Close to Home

Have an upcoming event that you would like to be mentioned in the St. Claire Regional Newsbrief?

Submit a detailed e-mail to Jessica Robinson in Marketing & PR at jlrobinson@st-claire.org. Be sure to include the name of the event, date, time, location, as well as whom to contact to receive further information.