

St. Claire Regional Medical Center

NEWSBRIEF

SCR Prepares for Ebola

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Let There Be Light

SCR Annual Tree Lighting & Prayer Ceremony

St. Claire Regional's (SCR) annual Tree Lighting and Prayer Ceremony was held on Wednesday, December 3 at the hospital's main entrance. There was a blessing of the season after introductions given by Sr. Mary Margaret Droege, SND. The tree, purchased by the SCR Auxiliary from Hutton & Lloyd Tree Farm, was lit this year by Sr. Jean Francis Cleves, SND, RN. The Morehead State University "Jazz Combo" played a wonderful assortment of holiday tunes creating a joyous atmosphere for all who attended. Immediately following the ceremony SCR volunteers served hot chocolate & snacks to all staff and visitors prepared by Aramark Catering and sponsored this year by SCR administration.



SCR Tree Lighting Hot Cocoa Recipe

INGREDIENTS:

1 package of instant Hot Cocoa Mix
 3 oz. Hot Water
 2 oz. Hot Heavy Cream
 2 Tablespoons Hershey's Syrup
 Whipped Topping & Marshmallows (as desired)

DIRECTIONS:

Stir together hot water & Hot Heavy Cream
 Stir in Instant Hot Cocoa Mix
 Add Chocolate Syrup
 Add Whipped Topping & Marshmallows

EBOLA

St. Claire Regional Infectious Disease Preparedness

“St. Claire Regional continues to take every precaution to ensure the health safety of our staff and region. We have conducted and completed many training drills as part of our on-going efforts to prepare for any infectious disease situation, but we wanted to go a step further and conduct specific training drills just for Ebola.”

Linda Fultz, SCR's Vice President of Quality and Resource Management.



As soon as the first Ebola patient was diagnosed in the United States, St. Claire Regional Medical Center (SCR) began preparing for a possible encounter. SCR began by forming an Infectious Disease/Ebola Team in coordination with our local Public Health Department (PHD) and Emergency Management Services (EMS). All frontline staff was trained on how to recognize and manage a suspect Ebola-positive patient and the proper use of personal protective equipment (PPE).

On Thursday, November 6, SCR, local PHD officials and EMS completed the Kentucky Public Health Ebola Tabletop Exercise which reviewed comprehensive plans for all clinical staff, pre-hospital transport, emergency department procedures and how to handle family members of suspected Ebola patients. The table top drill was then followed-up with an actual staged drill which was held on Tuesday, December 2. The drill involved suspected Ebola patients presenting to SCR's emergency room.

“Staged drills give us a real opportunity to practice what we have trained, and most importantly gives us an opportunity for improvement in our processes for treatment prior to an actual encounter,” said David Race, MD, SCR disaster preparedness medical director. “Immediately after our drills we hold a debriefing in which all aspects are evaluated through a formal critique process. I feel that the infectious disease drill went exceptionally well which helps us to know that our consistent and repetitive trainings work.”



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Aesthetics for additional staff discounts
during our Holiday Sale.

**St. Claire Regional
Medical Center**

“Shine a Light on Lung Cancer”

Submitted by Libby Fannin



L to R: Renee Hatfield, Ivory Jewell & Paul Blevins, Susie Hamlin, Kermit & Judy Kilgore, Omer & Pauline Brown, Libby Fannin, Michael Anderson

On November 19, St. Claire Regional’s Oncology Department in cooperation with the Lung Cancer Alliance sponsored their first ever, “Shine a Light on Lung Cancer” event. With lung cancer being the leading cause of death among all cancers and due to the lack of awareness of this deadly disease, the “Shine a Light” event specifically offered support, hope and inspiration for a community of survivors and their loved ones, friends and healthcare professionals.

Several lung cancer survivors spent time sharing stories including their personal experiences, obstacles, the treatment they pursued and even more personally the emotions they encountered at the time of their diagnosis. One patient spoke highly of Dr. Lim and the Nurses that helped restore his faith, and for extending a helping hand offering real perpetual hope in times of distress along with their professional expertise. The patient expressed his gratitude to the Lord for getting him through these difficult times, and for putting the right people in his path to help him overcome the obstacles he was faced with. This patient is now full of life, hope and grateful that he can share all of it with his family.

The event offered each participant a unique opportunity to share their experiences and to help support one another. The evening concluded with a moment of silence and several flashlights to “Shine a Light” remembering those who have lost their battle with lung cancer and for those who are still fighting.

Congratulations! *Recent DNP Graduates*

Submitted by Mindy Sexton



Norma “Bookie” Ginter, DNP, RN



Lerae Wilson, DNP, RN, NEA-BC

Please join us in congratulating, Lerae Wilson, Vice President of Patient Services/CNO and Norma “Bookie” Ginter, St. Claire Medical Group Administrative Director of Clinical Support & Informatics, for earning their Doctor of Nursing Practice degrees.

The Doctor of Nursing Practice (DNP) graduate is prepared to lead in the transformation of the health care system. By translating findings into practice and tracking outcomes at the individual, systems and population levels, the DNP will ensure quality and safety. These same skills also position the DNP to lead policy efforts in the broader health care arena. Nurses prepared as DNP’s are the health care leaders of tomorrow.

SCR VOLUNTEER

Upgrades Distribution System

one cable at a time...

in the
Spotlight

Submitted by Hal Bledsoe



Ronnie Adkins, SCR Volunteer for the BioMedical Technology Department

Ronnie Adkins is a very civic minded individual. Ronnie retired from Morehead State University as the Video Systems Manager in August 2009 after 29 years-of-service. While at MSU, Ronnie was in charge of extensive budgets and headed various technology platforms to include all communications media. Ronnie spends a large portion of his retirement donating time and energies to make a difference for others in the region. He dedicates a significant amount of time to Camp Caleb, a Christian camp located near Louisa, Kentucky.

In 2012 he felt a personal calling to give back even more to the community and began volunteering as a technical volunteer in the BioMedical Technology department. Ronnie was a perfect fit with the BioMed department with his easy

demeanor, education, technical skills, experience and quick learning abilities. During his volunteer work experiences it was noted we have various television performance issues throughout the building. Ronnie indicated he would be willing to take on the redesign of the current distribution system, and perform the necessary building wide recabling.

So he embarked on a paced but steadfast journey taking approximately twenty-six months to see the infrastructure replaced with a more modern approach for television distribution. All managers and nursing personnel were supportive of Ronnie's efforts as he donated his time during days, weekends and even late evenings to quietly and efficiently accommodate patient and staff schedules. In addition to improvements in channel reception, Ronnie's infrastructure design paid-off immediately by allowing connectivity access to host the C.A.R.E. Channel (Channel 88).

We would like to take a minute and thank Ronnie as he recently reached his goal by completing the last patient room. Like all our volunteers, Ronnie selflessly committed time, effort, talent and expertise to improve patient and staff satisfaction. If you pass him in the hall take a moment to thank him, and all our volunteers, for their altruistic commitments of time and effort they cheerfully donate.

Thanks Ronnie!

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The following comments are from SCR patients that completed our Press Ganey patient satisfaction surveys in December

AMBULATORY SURGERY

Betty Kidd at registration always greets you with a smile and hello.

Crystal Donathan, US, was very friendly not just to me but my family as well.

Jason McKenzie, RN, was excellent with starting my IV.

Robin Donithan, LPN, was very professional & helpful.

Kim Criswell, LPN, and **Sarah Gilliam**, procedure technician, very helpful and friendly.

Dr. Kahloon made me feel so safe & secure.

David Bailey, Cardiac CATH Lead Technologist, was very supportive during cath. The best team work!

EMERGENCY DEPT

Best experience I'd had with a medical provider in a long time. I would like for **Dr. Turley** to know this.

HOME HEALTH

Cindy McKenzie, RN, is always there for me.

Linda Haddix, OT, is great, very creative & fun things to help me.

I'm going to be facing surgery again, and I want **Cindy McKenzie, RN**, and **Linda Haddix, RN**, Both afterwards & no one else! They both are GREAT!

Annette Sparks, RN, is excellent nurse. I would recommend her care. Very good nurse and lady.

Nathan Dillon, RN, has gone far and beyond the call of duty.

Nathan Dillon, RN, did his job and always concerned about other agencies doing the right things for my health causing me to sit too long.

Denise Marcum – Dunaway, RN, is a very well trained & professional nurse. She is very good at her job.

INPATIENT

Tina Roberts, RN, (4th floor) was amazing!!!

MEDICAL PRACTICE

Twana Hatton, DO, could not ask for a better doctor.

Franny Meritt, CNM, is the nicest employee St. Claire Family Medicine has ever had. She always goes above and beyond in providing excellent care.

Alicia Swim, LPN, was wonderful. She was very kind. Treated me as family. Made sure I was comfortable before she left the room & asked if I needed anything.

Amanda Ramey, DO, was wonderful!!! She is the only provider for me and my family. We recommend her to everyone. She really cares about my health, and wants to help me be able to improve my health.

Alicia Swim, LPN, is by far the best nurse for my needs. She and **Dr. Ramey** make a perfect team.

I have highly recommended **Amanda Ramey, DO**, to several people as well as **Dr. Burrows**. There aren't any better doctor's around this area in my opinion.

The employee's at Registration are absolutely wonderful. **Cassandra Perkins** is very attentive and ensures she finds the answers to her patient's questions.

Dr. Ramey's LPN, Alicia Swim, is very caring.

Amanda Ramey, DO, is The Best at everything she does. She listens to your concerns, she's sympathetic, has the best personality, I have never had a Physician I love more. I have white coat syndrome and she helps me through.

Leslie Watts, APRN, is the only one that I will make appointment to see. She listens, she cares, and takes me serious. She has helped me more than anyone I have ever seen. And she will continue to be the one I go to when I need health care.

Wendy Whitt, RN, was very efficient and caring. Enjoyed a pleasant conversation with her and she made me feel at ease.

Dr. Rucker is very personable and easy to talk to about my concerns.

I couldn't ask for a better Doctor than **Dr. Ramey!** She's fantastic!

I would recommend **Dr. Ramey** to anyone needing to see a doctor. She is so sweet and friendly.

Wendy Whitt, RN, is excellent!

Dr. Rucker always takes time to talk with me about the problem I may be experiencing and I have the utmost confidence in her diagnosis and treatment.

Dr Rucker provides excellent care.

Mary Caric, APRN, was very attentive and interested in my concerns.

Dr. Ramey is very personable and professional.

Courtney Day, APRN, was excellent. She listened and addressed each of my concerns. She was very thorough and efficient.

Richard Burke, registration clerk FM-Morehead, was very accommodating with my appointment request.

Alicia Swim, LPN, is wonderful. She is so caring with my children. She treats them as if they was her own.

Dr. Ramey is the best. She is the only provider for my family.

Alley Glass, registration clerk FM-Morehead, is wonderful. She is always very helpful and friendly.

HOSPICE AND PALLIATIVE CARE

Everyone that was involved in my father's care was so wonderful. It was only a short period of time until everyone felt like family. We were so overwhelmed by their compassion. **Teresa Wheeler, RN** was so comforting the day of dad's passing. Excellent teamwork!

Hospice was a godsend! My husband & I cared for our friend and when **Belinda Ashley, RN**, the Hospice nurse, she helped us immensely with what to expect, meds, supplies and care, just everything. She was great! You need to give her a raise! She was our angel!

My husband was under Hospice care just for a short time. Me and my family are so thankful for the love and concern showed to both my husband & our family during this very sad time.



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 St. Claire Regional
Medical Center

 **ALLERGAN**

Happy Birthday

January

1/1

Dianna Bentley.....Pharmacy
Susan Hamlin.....OPCC
Nathan Lewis.....Environmental Services

1/2

Cheryl Bridenthal.....Hospice
Willard Howard.....ICU
Melissa Thomas.....SCMG Central Billing Office

1/3

Mildred Cooper.....Family Medical Supply
Patricia Eldridge.....FM - Olive Hill
Marsha Horsley.....Home Health
William Lewis.....Radiology Physicians
Shannon Moore.....Home Health
Melinda Oakley.....Emergency Department
Shamika Williams.....FM- Owingsville

1/4

Dreama Rucker.....FM - Frenchburg

1/5

Calvin Conn.....Bio Medical Engineering
Crystal Donathan.....OPCC
Marla Kearns.....4th Floor Nursing
Melissa Montfort.....Laboratory
JoAnn Pennington.....Financial Services

1/6

Dylan Gose.....Environmental Services
Keisha McKenzie.....Behavioral Health Unit

1/7

Judy Buelterman.....Palliative Care
Amanda James.....Environmental Services

1/9

Cathy Blair.....Respiratory Therapy
Robin Munday.....SCMG Central Billing Office
Melinda Sturgill.....Food Services
Alicia Swim.....FM - Morehead

1/10

Nancy Conn.....Patient Access
Michelle Mitchell.....3rd Floor North
Tiffany Sartin.....3rd Floor North
Raymond Steagall.....Facilities Management
Stacy Terry.....Family Medicine Express

1/11

Shawna Rose.....Nuclear Medicine
David White.....Laboratory

1/12

Debra Dickerson.....Home Health
Rebecca Downs.....FM- Owingsville
Carl Jones.....Information Services
Rebecca Parker.....Emergency Department
William Roberts.....Environmental Services
Melinda Sexton.....Nursing Administration

1/13

Nancy Bond.....Environmental Services
Tracey Dickerson.....MMS Administration
Linda Stahl.....Behavioral Health Unit
Leigh Stiltner.....Patient Financial Services

1/14

Emily Bailey.....Patient Access
Melanie Hurst.....Hospice
Amber O'Neal.....Occupational Therapy
Glenna Stevens.....Food Services

1/15

Angela Brown.....Emergency Physicians
Tracy Fannin.....ICU
Kia Littleton.....Laboratory

1/16

David Gross.....AHEC
Lorri Raleigh.....FM- Owingsville
Charles Rudd.....Pharmacy
Michael Smedley.....Security Services

1/17

Shelia Calton.....Food Services
Angela Gillespie.....Behavioral Health Unit
Kayla James.....Environmental Services

1/18

Robert Craft.....Pharmacy
Denise Lipps.....3rd Floor North
Dawn Ranshaw.....Rehab Unit

1/19

Emily Ginn.....Radiology
Alicia Hicks.....MMS Clinical Services
Connie Mayhorn.....TCU
Jason McKenzie.....OPCC
Johnny Napier.....Home Health
Mandy Smith.....Nursing Administration

1/20

Andy Cooper.....Environmental Services
Lisa Goldstein.....FM - Sandy Hook
Anita Gulley.....MMS Clinical Services
Jessica Henderson.....MMS Clinical Services
Lillie King.....Same Day Surgery
Catherine Mettey.....Central Billing Office
Amanda Rose.....Radiology
Chad Wilson.....Sleep Lab

1/21

Kathy Blevins.....Environmental Services
Joyce Dulin.....Environmental Services
Cindy McKenzie.....Home Health
Leslie Watts.....FM - Olive Hill

1/22

Latoshia Morris.....Cave Run General Surgery
Ada Albert.....Hospice
Cheryl Barker.....Behavioral Health Unit
Pamela Christy.....SPD
Veronica Hinton.....Hospice
Will Jones.....Food Services
Kimberly Short.....Emergency Department

1/24

Veronica Fannin.....4th Floor Nursing
Elizabeth Harrison.....Behavioral Health Unit
Sarah Newcomb.....Cave Run General Surgery
Tracy Stewart.....Quality Management

1/25

Donna Lucas.....MMS Clinical Services
Victor Pilewski.....Cave Run General Surgery

1/26

Carolyn Ingram.....3rd Floor Central
Cody Littleton.....Patient Access
Frances Meritt.....FM - Morehead

1/27

Alice Ferguson.....FM - Sandy Hook
Victoria Henderson.....Food Services
Kimberly Lambert.....Emergency Department
Brenda Moore.....SCMG Central Billing Office
Kimberly Smallwood.....FM - Frenchburg

1/28

Hal Bledsoe.....Bio Medical Engineering
Bethany McClure.....FM - Morehead
Crystal Moon.....Float Dept - Unit Sec
Jessica Oldham.....Central Scheduling

1/29

Emily Caskey.....Patient Access
Crystal Dunaway.....Family Medical Supply
Fhonda Thornsberry Hitch..Home Health

1/30

Latisha Fyffe.....Patient Financial Services
Kristina Kegley.....Home Health
Trina Pierce.....Laboratory

1/31

Nina McCleese.....Hospice



St. Claire Regional Welcomes NEW STAFF

Elisha Kay Adkins
Patient Access

Lena Jo Jordan
FM - Morehead

Kristina Mae Beamon
TCU

Marla Kaye Kearns
4th Floor Nursing

Elizabeth Sue Benedict
CRSS

Carolyn Ryna Lewis
FM - Morehead

Sierra Nicole Blevins
Patient Access

Nathan Donald Lewis
Environmental Services

Stephanie Lynn Boggs
Food Services

Glenn D. Meade
Bio Medical Engineering

Angela Marie Brown
Emergency Physicians

Stacy Marie Padgett
3rd Floor Central

Jeffrey Glenn Burchett
Bio Medical Engineering

Lana Sue Preston
Social Services

Michele Frances Conley
Cave Run General Surgery

Felicia Dawn Stacy
Same Day Surgery

Jeri Leah Garrison
Behavioral Health Unit

Amanda Jo Turner
AHEC

Stephanie Lynn Hamilton
Behavioral Health Unit

April Tenille Williams
Environmental Services

Tina Rae Hayes
Behavioral Health Unit

Carla Diane Holland
Same Day Surgery

Amanda Ray James
Environmental Services



UPCOMING C.E. Programs

January 2 | Tumor Board

7:30 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA

January 7 | Journal Club

8:00 - 9:00 AM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

January 13 | Morbidity & Mortality

8:00 - 9:00 AM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

January 16 | Tumor Board

8:00 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA

January 20 | BLS Check Off

1:00 - 4:00 PM

CHER 102C

RSVP with KaSandra Hensley at ext. 6830 or

kasandra.hensley@st-claire.org

“Joy to the World”



On December 11, SCR enjoyed a holiday performance by the Morehead State University Tuba/Ensemble under the direction of Dr. Stacy Baker in hopes of spreading some holiday cheer throughout SCR.

LOOK YOUR BEST AESTHETICS SALE

Date: November 17 - December 31

Location: Women's Imaging & Aesthetics

For more information contact Risa Elam
at 606.783.6760 or see page 5.

TAKE YOUR LASHES FROM NOW TO "WOW"

Date: Now thru February 28, 2015

Location: Women's Imaging & Aesthetics

For more information contact Risa Elam
at 606.783.6760 or see page 9.

Stop by to receive your FREE CONSULTATION.

SCR FAMILY MEDICAL SUPPLY HOLIDAY SALE

Date: December 1 - December 31

Location: SCR Family Medical Supply

For more information contact Ashley Brown
at 606.784.2414 or Ashley.Brown@st-claire.org.
See pages 6-7 for sales flyer.

NEW YEAR NEW YOU

January 7, 9 am to Noon

Location: SCR Family Medical Supply

For more information contact Ashley Brown



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St. Claire Regional Medical Center NEWSBRIEF

Have an article or event to submit for the Newsbrief?

Please send articles and/or information to be placed
in the SCR Newsbrief to Jill.Burns@st-claire.org

Visit the SCR web site at www.st-claire.org/newsbrief
to readpast editions of the SCR Newsbrief

Need a Camera to Cover a SCR Event?

The Marketing/PR Dept. has several
cameras available for loan.

Contact ext. 6419 for more information.

