

St. Claire Regional Medical Center

# NEWSBRIEF

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OCTOBER 5-11 WAS EMERGENCY NURSES WEEK

## "Life Saving Hands"

**Submitted by Phelan Bailey**

**E**mergency Nurses Week was celebrated October 5-11. This year's theme, "Life Saving Hands," recognized that emergency nurses play an integral role in emergency departments, providing critical care when it's most needed. Why do emergency nurses warrant special appreciation? Well, quite simply, because they make a huge difference to sick, injured and even dying people every single day, offering vital assistance and support.

We would like to take this opportunity to express our appreciation for our Emergency Nurses at St. Claire Regional. We have 31 nurses in the Emergency Department; many of whom have received specialized certifications including Certified Emergency Nurse (CEN), Certified Pediatric Emergency Nurse (CPEN) and Critical Care Registered Nurse (CCRN).

Nursing as a profession requires a special level of compassion. Emergency nurses face numerous difficulties during their working life, yet still return every day to provide crucial care for those who need it the most. Thank you to the nurses of SCR's Emergency Department for your dedication, service and commitment to your patients and community. We honor you who provide care to those whose lives have been touched by life's tragedies.



St. Claire Regional  
Medical Center  
*Emergency Department*

# EVERYONE IS INVITED TO ATTEND ST. CLAIRE REGIONAL'S **FREE BREAST CANCER AWARENESS** EVENT

St. Claire Regional is hosting our annual Go Pink Event at St. Claire Regional Family Medical Supply on Wednesday, October 22 from 9 a.m. to noon. The Go Pink event is focused on providing early breast cancer detection education, close to home treatment options, post-mastectomy supply information including free fitting consultations and breast cancer survivors will be on-site to share their inspirational true-life stories.

In addition, the first 100 attendees will receive a FREE "Go Pink" t-shirt and all attendees will have the opportunity to participate in FREE health screenings including, ankle brachial index, blood pressure, bone density, cholesterol and glucose. St. Claire Regional Family Medical supply is located in the Kroger Shopping Center across from LOWE's.

For more information, call 606-784-2414 and ask for Crystal or Ashley.

FOR MORE INFORMATION  
**READ** →

## 3 SCR NURSES **Complete BSN Program**

Submitted by Lerae Wilson

Robin Donehue, RN; Nick Hammonds, RN, CEN, CFRN, Director of Informatics and Rita Sammons, HPTL, recently completed the BSN program and are officially BSN Nurses. Please join us in congratulating all three SCR nurses.



Robin Donehue, RN (left); Nick Hammonds, RN, CEN, CFRN, Director of Informatics (middle) and Rita Sammons, HPTL (right)

# EARLY DETECTION Leads to Survival **GO PINK EVENT**

Join us Wednesday • October 22

from 9:00 a.m. - Noon

St. Claire Regional Family Medical Supply



## FREE HEALTH SCREENINGS

- Ankle Brachial Index
- Blood Pressure
- Bone Density
- Cholesterol
- Dermascan
- Glucose
- Oxygen Saturation
- Pulse Rate

*No Appointment Necessary*

*Self-Breast Exam Demonstrations • Door Prizes  
Health Screenings • Refreshments*

### EARLY DETECTION

- Self-breast exam demonstrations will be offered by SCR healthcare providers.

### EDUCATION & RESOURCES

- St. Claire Regional Oncology
- American Cancer Society  
*Look Good, Feel Better program*
- UK HealthCare Markey Cancer Treatment Center
- Gateway District Health Department
- Kentucky Cancer Program

### INSPIRATION

- Breast cancer survivors will be on-site to share their inspirational true-life stories.

The first 100 women will receive a

**FREE**  
"GO PINK"  
T-SHIRT

Plus, make sure you look for  
our Pink Dot Sale  
**10% OFF**  
ALL ITEMS WITH A "PINK DOT"



**St. Claire Regional**  
**FAMILY MEDICAL SUPPLY**  
*Located in the Kroger Shopping Center across from Lowe's*

For more information about  
the "Go Pink" event call  
606-784-2414 or 877-784-2414  
and ask for Crystal or Ashley.

**STORE HOURS**  
Monday - Friday 8 a.m. - 6 p.m.  
Saturday 10 a.m. - 2 p.m.

# J. Toby Arnold, DO

INTERNAL MEDICINE PHYSICIAN

# & Missy Adams, APRN

"We have made Morehead our home and we are *dedicated to your health.*"



Specializing in prevention, diagnosis and medical treatment for adults of all ages including women's health.

**Morehead  
Medical Specialists**

✦ St. Claire Medical Group

234 Medical Circle, Morehead, KY

To schedule an appointment with  
Dr. Arnold or Missy Adams,  
Call **606.780.5249** or **606.784.6641**.

[www.st-claire.org](http://www.st-claire.org)



# WOMEN'S IMAGING & AESTHETICS

 **St. Claire Regional  
Medical Center**

OCTOBER 1-30

## BRING A FRIEND **SPECIAL**

Bring a friend that is new to our practice,  
and if you both purchase 35 units of Botox®  
you will both **RECEIVE 15 Units FREE.**

Plus, Receive **10% OFF** all SkinMedica® products.

## INTRODUCING THE #1 MEDICAL GRADE **CHEMICAL PEELS**

SkinMedica® chemical peels address the visible skin imperfections that result from skin aging and sun exposure, such as fine lines and wrinkles, uneven skin tone and texture. They also repair skin tone unevenness that can be caused by acne scarring or changes in pigment.

Female, Age 25



Before the Peel



After 3 Peels

Call **606.783.6760** or  
stop by to receive your  
**FREE CONSULTATION.**

Located on first floor of  
St. Claire Regional Medical Center

*\*Gift certificates available*

  
onabotulinumtoxinA injection

  
(bimatoprost ophthalmic solution) 0.03%



  
An Allergan Company

## Receive a **FREE Sunscreen** (MSRP 46.00)

With the initial purchase of one of our chemical peels

Plus, **RECEIVE \$25.00 OFF** your 2nd & 3rd Peel.

### SCR Staff:

Stop by Women's Imaging & Aesthetics for additional staff discounts during the month of October.



Get healthy. Stay healthy.

Anthem  
BlueCross BlueShield

Questions? Call the 800-4-CANCER hotline

The National Cancer Institute's hotline has experts to answer questions, send booklets, fact sheets and other materials. You also can go to [cancer.gov](http://cancer.gov) to learn more about breast cancer.

## You celebrate what it means to be a woman

### Go for it, and as part of that celebration, learn all you can about breast cancer

Why? The reason is simple. You're that important! And so is your mother, aunt, sister, friend, female colleague or neighbor.

About 1 in 8 women in the U.S. will get invasive breast cancer.<sup>1</sup> It's a scary thought, but there's somewhat better news. Death rates from breast cancer have dropped since the 1990s.<sup>1</sup> Information is power; the more you know, the more you can help yourself and other women you love take steps to help prevent or discover cancer early.

### So what is breast cancer?

Breast cancer happens when cells in the breast split and grow out of control. The most common types of breast cancer are found in milk glands and milk ducts. When cancer cells spread to other parts of the body, the cancer is called invasive. When cancer cells stay where they grow, it's noninvasive.<sup>2,3</sup>

### Are you likely to get breast cancer?

There are a few common links among women with breast cancer, called risk factors. They give you a greater chance of getting breast cancer. Having one or more doesn't mean you'll

get breast cancer; most women who have some risk factors never get the disease.<sup>4</sup> Just be aware of these risk factors:

- Being a woman
- Getting older — about 66% of breast cancers are found in women at least 55 years old
- Having a family member with breast cancer/inherited genetic factors
- Having your first child after age 35
- Starting menopause after age 55
- Having your first period before age 12
- Using birth control pills now or recently
- Not being active
- Being overweight or obese
- Drinking alcohol — women who have 2 to 5 drinks a day have 1.5 times the risk of women who don't drink<sup>4,5</sup>

You can't control all risk factors, but you can control a few like weight and alcohol use. You can lower risks by eating a healthy diet and getting screened. You also can cut your risk by avoiding hormone therapy after menopause.<sup>4,6</sup> Talk to your doctor about your risk factors and schedule your breast cancer screenings.

## Screenings you may need

Breast cancer screenings look for the cancer before you have symptoms. The size of the cancer and the stage when it's found affect treatment and survival.<sup>7</sup> Here are three important breast cancer screenings:

- **Mammogram:** An X-ray of the breast, this is the best way to find breast cancer early.
- **Clinical breast exam:** Your doctor or nurse feels for lumps and examines the breast for changes.

Ask your doctor what tests you may need and how often you should have them.

## Pay attention to symptoms

First perform a breast self-exam. This is a self-check you do on your own breasts to look and feel for lumps and changes in breast size and shape.<sup>8</sup> Check out the list below to see what to look for. Symptoms vary from person to person. Just remember, having any of these symptoms doesn't mean you have breast cancer. If you have these symptoms, talk to your doctor as soon as possible:

- A new lump in the breast or armpit
- Thickening or swelling of part of the breast
- Irritation or dimpling of the skin
- Red or flaky skin on the breast or nipple
- Pulling in of the nipple or nipple pain
- Nipple discharge other than breast milk
- Change in breast size or shape
- Pain in any part of the breast<sup>9,10</sup>

You may have no symptoms at all. That's why the tests are so important.<sup>9</sup> You should know mammograms can't find all breast cancers, but it's a good start.<sup>10</sup>

**Remember to schedule your mammogram and tell your friends to do the same. It's one more way to celebrate being a woman!**

## Pregnant women: get checked, too!

Breast cancer rarely happens during pregnancy, but is the most common cancer found in pregnant women – about 1 in 3,000 women. It's harder to find lumps during pregnancy. So it's vital that pregnant women do self-exams as well as get clinical exams.<sup>11</sup>

## Visit [anthem.com](http://anthem.com) for more ways to get healthy and stay that way.

- 1 American Cancer Society website: *What Are the Key Statistics for Breast Cancer?* (accessed May 28, 2014): [cancer.org](http://cancer.org).
- 2 Mayo Clinic website: *Breast Cancer Types: What Your Type Means* (accessed May 28, 2014): [mayoclinic.com](http://mayoclinic.com).
- 3 Susan G. Komen for the Cure website: *What Is Breast Cancer?* (accessed May 28, 2014): [komen.org](http://komen.org).
- 4 American Cancer Society website: *What Are the Risk Factors for Breast Cancer?* (accessed May 28, 2014): [cancer.org](http://cancer.org).
- 5 Susan G. Komen for the Cure website: *Risk Factors and Risk Reduction* (accessed May 28, 2014): [komen.org](http://komen.org).
- 6 Centers for Disease Control and Prevention website: *How Do I Reduce my Risk?* (accessed May 28, 2014): [cdc.gov/cancer/breast/basic\\_info/prevention.htm](http://cdc.gov/cancer/breast/basic_info/prevention.htm).
- 7 American Cancer Society website: *Can Breast Cancer Be Found Early?* (accessed May 28, 2014): [cancer.org](http://cancer.org).
- 8 Centers for Disease Control website: *What Screening Tests Are There* (accessed May 28, 2014): [cdc.gov/cancer/breast/basic\\_info/screening.htm](http://cdc.gov/cancer/breast/basic_info/screening.htm).
- 9 Centers for Disease Control website: *What Are the Symptoms?* (accessed May 28, 2014): [cdc.gov/cancer/breast/basic\\_info/symptoms.htm](http://cdc.gov/cancer/breast/basic_info/symptoms.htm).
- 10 American Cancer Society website: *How Is Breast Cancer Diagnosed?* (accessed May 28, 2014): [cancer.org](http://cancer.org).
- 11 Susan G. Komen for the Cure website: *Breast Cancer in Pregnancy* (accessed May 28, 2014): [komen.org](http://komen.org).



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## The following comments are from SCR patients that completed our Press Ganey patient satisfaction surveys in September

### AMBULATORY SURGERY

Dr. Cox and his staff were very professional and patient with my situation. I appreciate that very much. Thank you!

My physician, Dr. Phillips is just the best! I have total confidence in her!

### EMERGENCY DEPT

Dr. Turley was very good with information and was very up front and honest with treatment. We really appreciated that.

Dr. Scrogam was fantastic.

Everyone was great!

Dr. Overall explained things so we could understand them. My husband and I were constantly kept in the loop with the lab work that was done.

### HOME HEALTH

Leah-Ann Owens, RN, was very informative, friendly and professional.

My nurse was Pamela Evans. She always made me feel better with a smile.

Melinda McGlone is a great nurse. We really appreciate her.

Cindy McKenzie, RN, has been wonderful.

Carrie Emmons, PT; Kim McCloud, OT; Larry Hutchinson, PTA and Melinda McGlone, RN, were well prepared, professional, kind and always on time.

I want to put out a special word, complimenting Larry Hutchinson, PTA for his professionalism and kindness to my husband and I.

My nurse, Shannon Moore, was excellent. She is one of the best nurses.

Leah-Ann Owens, RN, is always nice and courteous.

### INPATIENT

Barbara Wilson, RN, was exceptionally capable and professional.

My experience with the ICU staff and the 5th floor staff was wonderful. They do so much to make sure that patients are comfortable. They were so kind to me and my daughter.

Dr. Perry and his colleagues are the best ever.

I was very pleased with the care given to my husband and I would recommend St. Claire Regional to family and friends.

The ICU nurses were exceptional!

The social worker, Amanda Skaggs, was very helpful and took care of everything for our family.

I had many spectacular nurses, including, Tina Roberts, RNA; Jessica Logan, RN and Veronica Fannin, RN. They were all AMAZING and they stand out as superstars.

### MEDICAL PRACTICE

Leslie Watts, APRN, was very professional and friendly. She was very knowledgeable and thorough. I have recommended her to several of my friends and family.

I always have a very good experience with Kim Bromagen, APRN, her nurses and the receptionists each time I go to Family Medicine in Owingsville.

I love Dr. Moore and the rest of the staff at Family Medicine in Olive Hill.

This was a good experience. Dr. Conley is a really good, special doctor and is always on time.

The staff at St. Claire Regional Family Medicine in Sandy Hook work very hard to make sure that their patients receive the best care possible. The receptionists are very kind and helping.

Dr. Goldstein was very good with my toddler, Simon, and showed real interest and concern for his special needs while treating him.

The entire staff at Family Medicine in Elliott, including the front desk, the nurses, the doctors and even to the environmental services staff were all very friendly. They made my experience with my son a very pleasant one.

I was very pleased with my appointment with Dr. Ramey. I am very appreciative of her concern to help get to the root of my pain and help me with what I needed in this season of my life.

I always have a very good experience with Kim Bromagen, APRN, her nurses and the receptionists, each time I go to Family Medicine in Owingsville.

It is a great day when you can get in to see the doctor and get out within 30 minutes. Mary Caric, APRN, always listens and answers any questions I might have. She is great!

Dr. Ramey was very nice and took the time to listen to me. I had a wonderful experience.

I loved my nurse, Sabra Stevens and midwife, Franny Meritt!

Dr. Baker was very helpful in taking over my care, assisting me with my medical problems and referring me to the proper physicians in a timely manner.

Dr. Cupp always explains things and if you don't quite "get" it, he tries to make sure you understand by explaining another way.

I have an ongoing health concern and Dr. Burrows has been excellent in his care and concern for me.

I drive an hour each way to see Dr. Burrows and his staff. From a healthcare standpoint it is worth the travel time.

I was extremely happy with the care I received. I will definitely recommend Leslie Watts, APRN, to others and will continue to schedule appointments with her in the future.

Alicia Swim, RN, was wonderful with my daughter. She was very caring and loving and treated her as if she was family.

Dr. Ramey is wonderful. She is the only health care provider for my family.

I absolutely love Mary Caric, APRN. She is so kind and caring. She addressed every need and concern I had and went above and beyond my expectations.

Dr. Hunter is an excellent provider.

Dr. Conley is a really good, special doctor.

Dr. Ramey is an excellent doctor and Alecia Swim is a very good nurse.

HIGHLIGHTING  
Our Champions



**MEDICAL PRACTICE (continued)**

Dr. Al Sa'd was very clear and answered all of my question's.

I really like Dr. Burrows.

Dr. Carolyn Moore is a very caring person that I rely on for care without hesitation.

At each "station," we were treated with respect and told precisely what was going on, and when we'd see Dr. Moore. The examination, as always, was professional and productive. The blood work, etc. was done in a timely manner. The front desk was very professional and timely. The Family Medicine in Olive Hill is like a well-oiled machine.

Dr. Moore's nurses are top notch. They show genuine concern and take my concerns seriously.

Dr. Moore's nurses have anticipated the logistical challenges, such as moving furniture around or even out of the room so that I could maneuver my wheelchair and so my husband would have a chair to sit in. They even held the doors open for me.

Kim Cundiff, in reception, remembered I had difficulty maneuvering my wheelchair entering the clinic, so she personally came out and opened the doors for me so that I could get inside the building as easily as possible and waited as my husband put up our ramp. Her fellow receptionist fielded the calls so she could do this. This is the genuine kind of personal, but very real help and concern that we find at the clinic.

I've seen a lot of doctors and Dr. Moore is one of the BEST diagnosticians I've ever seen.

I have absolute confidence in Dr. Moore. My life was in her hands and she saved me. I trust her with my own life and my husband's. She keeps up on her field and genuinely cares about her patients. I would put Dr. Moore's diagnostic capability and "doctoring" up against any family practice doctor and many specialists. She does this quietly and humbly.

I have had a very good experience with Leslie Watts, APRN. She is very courteous and helpful. She is always willing to give good advice on how to improve your health.

Patricia Eldridge is a very good nurse.

I will recommend Dr. Rucker to everyone.

The nurses are all great. Edith Fields was great and took really good care of me.

Molly Carew, APRN, explained everything to me and always listened to what I have to say, including me in the decisions about my treatment. I have the up most confidence in Molly and would highly recommend her as a health care provider to anyone.

Molly Carew, APRN, is great and cares about her patients. She is very understanding and explains things to you in a way anyone can understand. She always follow's up with you the next day after you have labs done and discusses any concerns you may have.

I like Don Hughes, APRN. He listens and talks to you

**Amazing. Medicine.**  
**Close to Home.**

# The challenge is about to begin!

## FOUNDATION STAFF APPEAL INFORMATIONAL MEETINGS

- **DAYS:** October 16, 17, 20, 27 & 29
- **TIMES:** At the top and bottom of each hour from 6:30 to 9:30 a.m. and from 11:00 a.m. to 2:00 p.m.
- **WHERE:** SCR Cafeteria D (*Sessions will also be scheduled at outlying facilities*)
- **WHO SHOULD ATTEND:** Every SCR staff member!



## YOU MAY BE A WINNER!

Just by attending an informational session, you'll be entered into drawings for:

- **8 hours of OTO**
- **Walmart gift card**
- **Gas card**

The sooner you attend a session, the more chances you'll have to win!

**Please attend a session and learn more about the St. Claire Foundation  
2015-2017 Staff Challenge. Sessions will last about 20 minutes.  
You can bring your breakfast or lunch, or we'll have refreshments available.**

**Are you up for the challenge? It doesn't cost you a thing to find out more. SEE YOU THERE!**

# Happy Birthday



<b>11/1</b> Chelsea LaShae Howell	FM - Menifee (Dental)	<b>11/12</b> Syed Ali	Anesthesia Professionals	Victoria Jayne Kittle	Home Health
<b>11/2</b> Mary Caric	FM - Morehead	Heather Dawn Blalock	3rd Floor Central	Mark J Neff	Administration
Merry-Jo Lynne Cloud	3rd Floor Central	Shana Noel Cooper	4th Floor Nursing	Jennifer Leigh Schadle	TCU
Kristi Lee Dickens	Anesthesia Professionals	Linda L Craft	Hospice	Cassie Jo Stanley	MMS Clinical Services
Kathy Faye Hall	Food Services	Patty A Lewis	MMS Administration	<b>11/23</b> Courtney Hollingsworth	Cardiology
<b>11/3</b> Tammy Ann Bailey	Laboratory	Amanda Louisa Ramey	FM - Morehead	Monica Paige Stevens	Emergency Department
Mary E. C. Ferguson	Cave Run General Surgery	Elizabeth A Smith	MMS Clinical Services	<b>11/24</b> Mitzi Carroll	Infusion Solutions
Danielle Renee Hamm	House Staff	<b>11/13</b> Amy E. Barnes	Float Dept - Unit Sec	Bobbi L Carver	Patient Access
Karen Silvey	Health Information Mngt.	Nicole June Brewer	Emergency Department	Courtney Day	Health Information Mngt.
<b>11/4</b> Cathy Lynn Jobe	Pharmacy	April King	Family Medical Supply	Teresa Diana Kelley	ICU
Sherry S. Lyons	Home Health	Philip Stanley Nelson	Infusion Solutions	Vanita K Mabry	Patient Financial Services
Tara Beth Mays	Same Day Surgery	<b>11/15</b> Julia C Allen	Home Health	<b>11/25</b> Ann Louise Colbert	Palliative Care
Rebecca A Roysse	Hospice	Shelly Don Brown	Nursing Administration	Joshua Freeman Gallagher	Central Transport
<b>11/5</b> Jaysa Stark Kiser	Surgery	Barbara Morrison Ross	Infusion Solutions	Ashley Renay Helton	Nursing Administration
Brenda C Stanley	Financial Services	<b>11/16</b> Brent D Barnette	Facilities Management	Joelle Nicole Schultz	3rd Floor North
<b>11/6</b> Chad Daniel Collett	Information Services	Shirley A Caudill	St. Claire Foundation	Erin Patrick Wornall	Pharmacy
Robert Combs	Social Services	Terra Nicole Hampton	Infusion Solutions	<b>11/26</b> Ashley Gale Cooper	MMS Clinical Services
Crystal Labeth Fultz	Social Services	<b>11/17</b> Kayla D Fannin	MMS Administration	<b>11/27</b> Kiana Mae Cunningham	Podiatry
Margaret Sue Hargett	Home Health	<b>11/18</b> Tamara R Helton	Home Health	<b>11/28</b> Cheryl Gale Bussell	SCMG Central Billing Office
Beverly Jo Penix	Float Dept - Unit Sec	Margaret Mary Mouch	Quality Management	Harmony Phoenix Past	Patient Access
Amy Maxine Stevens	Laboratory	Andrea L Story	SCR Case Management	Joseph F. Pierce	Patient Access
Shellie Wilburn	Emergency Department	<b>11/19</b> Timothy Lee Hamm	Emergency Department	Lindsay Jane Switzer	FM - Morehead
<b>11/7</b> Sherry Lynn Buck	Cave Run General Surgery	Carrie Ann McClain	FM - Morehead	<b>11/29</b> Kana S McKenzie	3rd Floor North
Cindy Kay Ohnheiser	Home Health	Mary Dawn Newell	Behavioral Health Unit	Yolanda Frances Vance	Float Dept - Unit Sec
Richard N Simpson	Infusion Solutions	Janet Marie Sloan	Environmental Services	<b>11/30</b> Abeer S AlQaisi	MMS Clinical Services
Jackie D Stamper	Patient Financial Services	Diana Jo Stegall	Patient Access	Paula Ann Collins	Surgery
David Paul Turley	Emergency Physicians	Krishna Tangirala	MMS Clinical Services	Danette Fyffe	Nursing Administration
<b>11/8</b> Brittni Renae Martin	Patient Financial Services	<b>11/20</b> Sarah Jane Brown	4th Floor Nursing	Joel E. Porter	FM - Menifee (Dental)
Levonda L Thomas	FM- Owingsville	Linette Hopkins	ICU	Vickie C Rivers	Float Dept - Unit Sec
<b>11/9</b> Amanda D Adkins	Patient Access	Shirley Ann McVey	Home Health		
Amanda Glover	OPCC	<b>11/21</b> Tona Y Kidd	Float Dept - Unit Sec		
<b>11/10</b> Richard R Burke	FM - Morehead	James A Salisbury	SCMG Central Billing Office		
Bonnie L Edington	MMS Administration	Harlan Lee Wages	Cave Run General Surgery		
Ronnie R Reynolds	Facilities Management	<b>11/22</b> Christopher Ryan Clise	Central Transport		
<b>11/11</b> Shonna K Crouch	SCMG Central Billing Office	Michael Wade Collins	MMS Clinical Services		
Deidre Ann Horsley	Nursing Administration	Andrea Corrine Corkran	Clinical Nutrition		
		Allison Brooke Crockett	Behavioral Health Unit		
		Melissa Kidd	Emergency Department		

Happy  
Birthday



## UPCOMING C.E. Programs

### October 17 | Tumor Board

8:00 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA

### November 4 | BLS Check Off

1:00 - 4:00 PM

CHER 102C

RSVP with KaSandra Hensley at ext. 6830 or  
kasandra.hensley@st-claire.org

### November 5 | Journal Club

8:00 - 9:00 AM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

### November 7 | Tumor Board

7:30 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA

### November 11 | Morbidity & Mortality

8:00 - 9:00 AM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

### November 21 | Tumor Board

8:00 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA

# SCR's CT Unit Granted Accreditation

Submitted by  
Lee Ann O'Bryan

St. Claire Regional's CT Unit was recently granted accreditation by the American College of Radiology's Committee on CT Accreditation for a period of 3 years.

Congratulations to the Imaging Department.  
Excellent job!





## Women's Imaging & Aesthetics OCTOBER SALES SPECIALS

**Date:** Sale ends October 30

**Location:** Women's Imaging & Aesthetics

For more information contact Risa Elam  
at 606.783.6760 or see page 5.

Stop by to receive your **FREE CONSULTATION.**

**SCR STAFF** - Stop by for additional discounts  
during the month of October.

## "GO PINK" Event

**Date:** Wednesday, October 22

**Location:** St. Claire Regional Family Medical Supply

**Time:** 9 a.m. - 12 p.m.

**Free "Go Pink" t-shirt for first 100 attendees.**

For more information see page 3  
or call 606.784.2414 and ask for  
Crystal or Ashley.

## Newborn Care Class

Presented by Alyssa Hunter, MD

**Date:** Thursday, October 23

**Location:** Family Medicine location in Morehead

**Time:** 6 p.m. - 8 p.m.

For more information contact Edna Gagliano  
at ext. 7554 or call the Family Medicine  
location in Morehead at ext. 3771

## Breastfeeding Class

Presented by Franny Meritt, CNM

**Date:** Thursday, November 20

**Location:** Family Medicine location in Morehead

**Time:** 6 p.m. - 8 p.m.

For more information contact Edna Gagliano  
at ext. 7554 or call the Family Medicine  
location in Morehead at ext. 3771



**St. Claire Regional  
Medical Center**

222 Medical Circle • Morehead, KY 40351



St. Claire Regional is  
a sponsored ministry of the  
**Sisters of Notre Dame**  
Covington Province

## NEWSBRIEF

### Have an article or event to submit for the Newsbrief?

Please send articles and/or information to be placed  
in the SCR Newsbrief to [nick.bear@st-claire.org](mailto:nick.bear@st-claire.org).

Visit the SCR web site at [www.st-claire.org/newsbrief](http://www.st-claire.org/newsbrief)  
to read past editions of the SCR Newsbrief

### Need a Camera to Cover a SCR Event?

The Marketing/PR Dept. has several  
cameras available for loan.  
Contact ext. 6419 for more information.

