

# NEWSBRIEF

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## Tickets are Now Available for St. Claire Foundation's 2018 Signature Event

You're invited to join us for a rockin' good time at the St. Claire Foundation's 2018 Signature Event, "Rockin' & Rollin' on Railroad Street" takes place Friday, June 15 at the Morehead Conference Center.

Kick off your evening on Morehead's old Railroad Street with an opening reception at 6 p.m., featuring hors d'oeuvres and an open bar offering a variety of beers, wines and bourbons. Enjoy an amazing dinner prepared by St. Claire's Aramark at 7 p.m., followed by musical entertainment, dancing and a live auction! A cash bar begins at 7:30 p.m.

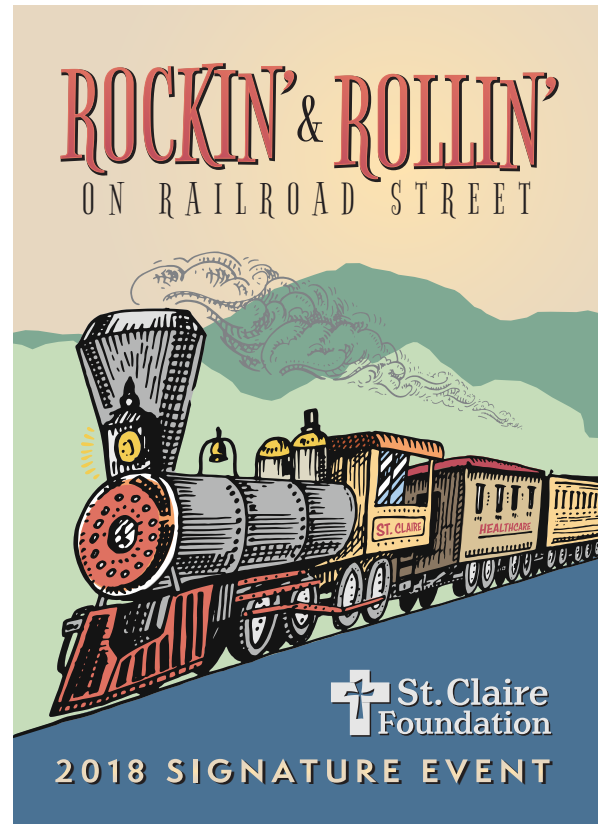
Musical entertainment will be provided by Flashback, a versatile Lexington-based group. Formed in 2002, Flashback has played venues such as Bogart's, Parlay Social, Rising Star Casino, Banners and O'Neill's, as well as providing music for company functions and weddings. Their music ranges from Motown hits of the 60's to classic rock.

Silent and live auctions, will provide even more opportunities to support SCH! Items up for bid include a private dinner catered by Mike Montes, St. Claire Aramark Chef, UK Football tickets, engraved bourbon barrel heads, a log cabin quilt, a pontoon boat rental, an Eagle Trace membership and lots more. Back by popular demand, award-winning auctioneer James Benton Pendleton of Salt Lick will conduct our live auction.

## A Rockin' Good Time in Support of a Great Cause

Proceeds from this year's Signature Event will benefit an exciting opportunity to relocate and transform St. Claire HealthCare's inpatient rehab services with a state-of-the-art therapy gym and functional training space. It will include a home simulation environment with a kitchen, laundry, bedroom, family area and a transfer car. Your support will help make this therapy gym a reality. These updates are all for one goal: to rehabilitate you or your loved one as quickly and completely as possible, so you can get back to your own home, family and life with a high level of independence.

**Seating is limited. Get your tickets today! [www.st-claire.org/signature18](http://www.st-claire.org/signature18)**





# Mother's Day Sale

## 20% OFF

Now - May 31

Celebrate Mom all month long with 20% off these great gift ideas!



**Sit, Recline, Lift or Stand**  
All with the Touch of a Button!

**More than 20 Lift Chair Models Available!**

Many models in stock.

- 5 size options including XXL
- Over 40 fabric color options
- Heat and massage available
- Lifetime manufacturer warranty on Golden Technologies® lift mechanism
- **FREE DELIVERY** within St. Claire HealthCare's 11-county service region

Model PR501T



**SHOES WITH STYLE & COMFORT**

ORTHOTIC • ACTIVE • EVERYDAY

We have more than 180 styles to choose from!



**COMPRESSION SOCKS & HOSIERY**

Reduce swelling and improve circulation with our large selection of compression socks and hosiery!



**MOBILITY ITEMS**

Improve your mobility with our selection of mobility aids and accessories.



**MEDLINE® REMEDY OLIVAMINE SKIN REPAIR CREAM**

Help protect and relieve dry, cracked, inflamed, reddened and itchy skin.



**ORTHOPEDIC PILLOWS**

The right orthopedic pillow can help align your body to reduce pain and improve sleep.

**DR.'S REMEDY® ENRICHED NAIL CARE**

Keep your nails healthy and beautiful with all the organic ingredients in Dr.'s Remedy!



Choose from more than 20 colors!

- Biotin
- Tea Tree Oil
- Garlic Extract
- Lavender
- Wheat Protein
- Vitamin C

**St. Claire FAMILY MEDICAL SUPPLY**



www.st-claire.org | 606.784.2414  
Located in the Kroger Shopping Center in Morehead, across from LOWE'S  
Monday - Friday 8AM - 6PM | Saturday 10AM - 2 PM  
No additional discounts, promotions or offers apply. 5/18.



## Medical Pavilion Opens Doors to First Patients

We are pleased to announce **some** St. Claire providers began seeing patients Monday, April 30 in our new Medical Pavilion. Due to construction and equipment delays, the building is opening in sections. Please see below for specialty opening dates.

### APRIL 30

- **Gastroenterology:** Thadis Cox, MD and Sarah Campbell, APRN
- **Nephrology:** Mohamed Elshayeb, MD
- **Neurology:** Steven Deitch, MD
- **Pain Management:** Joshua "Cory" Bailey, MD and Steve McFarland, APRN
- **Primary Care:** Anna Johnson, MD; Kitrina Kearfott, MD; Molly Carew, APRN and Alisha Clemons, APRN

### MAY 7

- **Orthopedics:** Charles Crouse, MD; R. Thomas Fossett, MD; Lacinda Rishel, PA-C and Marsha Wall, PA-C
- **Medical Pavilion Retail Pharmacy**

### MAY 14

- **Bariatric Surgery:** James Lynch, MD
- **Cardiology:** Ahmad Isbitan, MD and Mansha U. Kahloon, MD
- **General Surgery:** Michael Burton, MD; James Lynch, MD; Jacob Perry, MD and Mary Phillips, MD
- **Palliative Medicine:** John Sanders, MD and Jennifer Hardin, APRN
- **Urology:** Eugene S. Greenberg, MD; O. Thomas Newcomb, III, MD and O. Thomas Newcomb, IV, MD

\*The relocation date for **Oncology & Infusion and Podiatry** will be announced soon.



# Neff Recognized for Role in Child Advocacy

By MEGAN SMEDLEY *The Morehead News* April 13, 2018

A local man was recognized last month for his commitment to children who are victims of sexual assault.

Mark Neff, president and CEO of St. Claire HealthCare, was among 14 child advocacy center partners recognized during a special ceremony in Frankfort.

The event was held as a kick-off to Child Abuse Awareness Month, and following the event guests joined the Governor and First Lady in planting pinwheels on the front lawn of the capital.

Neff is board chair for the Gateway Children's Advocacy Center on Main Street and has served on the board for 18 years.

He recalls that when he began serving on the GCAC board, the initiative for advocacy centers was just beginning, and there was no funding for centers coming from Frankfort.



Mark Neff poses with Diane Rodgers, GCAC director, left, and Caroline Ruschell, KACAC director, following last month's ceremony.

He has served as President/CEO of St. Claire since June 1995.

"I am not sure we would be where we are without Mark and St. Claire," said Diane Rodgers, director of GCAC. "He has not only provided emotional support, but also provided us with physical and financial support."

With the support of St. Claire HealthCare, GCAC has expanded services and updated its building, which was the former clinic of Dr. Louise Caudill.

"It made a lot of sense for these services to be in this building," said Neff.

A St. Claire HealthCare physician visits the center to provide exams for victims at no cost to the families.

GCAC serves children and families from Bath, Menifee, Montgomery, Morgan, and Rowan counties.

Among services provided at the GCAC are family advocacy, community education, and mental health counseling.

Investigative interviews and medical examinations also occur on-site.

For more information about the GCAC, visit [www.gatewaycac.com](http://www.gatewaycac.com)

**"At St. Claire, we obviously see the impacts of abuse in various ways. I saw this as a logical support service, and as a way for us broaden the services in this region," Neff said.**

 A collage of several circular images showing nurses in different work environments: one at a desk, one on a phone, one pointing at a screen, one in a patient room, and one at a computer workstation.
 

## Celebrate National Nurses Week

MAY 6 -12, 2018

During National Nurses Week, St. Claire HealthCare would like to extend a special thanks to you, our nurses, as you continue to provide the highest level of quality care to your patients. You deserve special recognition for your efforts to inspire, innovate and influence every day!

*Please Join Us for the Annual Nurses Week Celebration*  
 Wednesday, May 9, 2018  
 SCR Cafeteria Rooms A-D  
 Breakfast @ 7:30 a.m.  
 Nursing Excellence Award Ceremony @ 9 a.m.

 The logo for National Nurses Week 2018, featuring stylized human figures in blue, green, and orange, with the text "NURSES INSPIRE INNOVATE INFLUENCE" and "NATIONAL NURSES WEEK 2018 AMERICAN NURSES ASSOCIATION".



# Join us for a *Lively & Lovely* Laser Event

Thursday, May 10 | 10 a.m. - 6 p.m.



Buy One Get One **FREE** On all Laser Services (of equal or lesser value)

20% off all SkinMedica® Products

Never tried Botox? Get 25 units of Botox® FREE\* with the purchase of a Skin Rejuvenation Package. \*Only applies to first time Botox® users.

Get a **FREE** Skin Consultation From Allergan SkinMedica® & Syneron Candela® Laser Reps

**REGISTER** for a chance to win a laser hair removal package valued at **\$400!**



No additional discounts, promotions or offers apply.

4/18

## Fletcher Appointed to KCTCS Board of Regents



Wendy Fletcher, DNP, APRN

Gov. Matt Bevin appointed Wendy Fletcher, DNP, APRN, to the Kentucky Community and Technical College System (KCTCS) Board of Regents. The 14-member governing board consists of eight members appointed by the Governor and six elected members (two members of the teaching faculty, two non-teaching staff and two students). She will serve a term expiring July 21, 2023.

*"It's an absolute honor to be asked and to serve on the KCTCS board! I have a heart for helping others in their pursuits for success and I believe that aligns perfectly with the KCTCS mission to give Kentucky's citizens the opportunity to earn a better education and a better life," said Fletcher. "Like me, many of KCTCS's students are non-traditional, life-long learners, so working with the Board to help those 16 colleges train a workforce that best serves local communities across the state is very exciting."*

Fletcher serves as St. Claire HealthCare's Clinical Director of Advanced Practice and is a family medicine provider at St. Claire Family Medicine Morehead-North. She also serves in several volunteer positions with community and professional organizations, including the Morehead State University Alumni Board, the Kentucky Coalition of Nurse Practitioners and Nurse Midwives, and the Medicaid Nursing Technical Advisory Committee.

### NATIONAL CANCER SURVIVORS DAY

Join us as we **celebrate SURVIVORSHIP**

St. Claire HealthCare invites all **CANCER SURVIVORS** to an Ice Cream Social on Sunday, June 3 from 2 to 4 PM at the Center for Health, Education & Research (Room 102).

For more information, call 606.783.6625.



# One Night ABOUT YOU 6th Annual

## Nearly 200 Women Participated in the Recent Women's Health Conference

Women of all ages joined together on Thursday, April 26 for a night of women's health education at the 6th Annual One Night About You Women's Health Conference. The event, sponsored by St. Claire HealthCare and UK HealthCare featured over 13 free health screenings, 12 health education informational booths and six educational sessions.

Sessions included a variety of topics including heart disease, weight management, menopause, pelvic health, annual well woman visits and skin health.

Nearly \$3,000 in door prizes were given away during the evening, including a variety of gift cards, gift baskets and a Michael Kors handbag. Goody bags valued at \$20 were also handed out to each attendee.

*Thank you to everyone who participated in this year's conference!*



*Want to see more photos from the event?*  
Visit St. Claire HealthCare on Facebook.





# Social Skill Builder SUMMER CAMP

CENTER FOR HEALTH, EDUCATION & RESEARCH

Does your child struggle with day-to-day interactions such as initiating conversation and reading social cues?

St. Claire HealthCare's **FREE** Social Skill Builder Camp can help!

Licensed therapists Amber O'Neal, MS, OTR/L, Stacy Border, DPT, and Sarah Beth Bryan, MS, CF/SLP, will help your child with:

- Initiating and maintaining conversations, and turn taking
- Self-awareness and self-regulation
- Body language and nonverbal communication
- Safety awareness and physical boundaries
- Listening, paying attention and following directions
- Expressing wants, needs and emotions
- Fine and gross motor activities

**Rising Preschoolers & Kindergartners**

June 18-22 | 8:00-10:00 AM

**Rising 1st & 2nd Graders**

June 25-29 | 8:00-10:00 AM

**Rising 3rd & 4th Graders**

June 25-28 | 1:00 - 3:30 PM

**Rising 5th & 6th Graders**

July 16-20 | 1:30 - 4:00 PM

*Learning social skills can be fun and will help your child function better at home, school and in the community. Each day will be a fun new theme like Dr. Seuss, Jungle Safari, Ocean Adventure and Rock Stars.*

Apply online by June 4 at: [www.st-claire.org/skillbuilder](http://www.st-claire.org/skillbuilder)  
Limited space available. You will be contacted in regards to admittance by June 8.

For more information, call 606.783.7780.



## Stroke Community Education Team is Raising Awareness

Submitted by Michelle Garvin, RN

Did you know, every 40 seconds, someone suffers a stroke? Did you also know that 80 percent of strokes may be preventable?

Stroke awareness is a key factor in stroke prevention and St. Claire's Stroke Community Education Team is dedicated to raising stroke awareness throughout our region. We provide stroke screenings and education at community health events and also educate children on recognizing stroke symptoms.

**Wear Your Stroke Awareness T-shirt on Fridays in May!**



A limited number of shirts are still available for \$15 and can be purchased via cash/check/payroll deduction.

Call Nursing Administration at 606.783.6645 or email [NPD@st-claire.org](mailto:NPD@st-claire.org) to get yours today!

## Stroke Awareness Event

Wednesday, May 23

10 AM - 2 PM | Café B & C

All SCH staff are invited to participate in health screenings like blood pressure, glucose and cholesterol to evaluate your risk of stroke.





MAY 2018

**May 2**

Layla L. Adkins TCU  
 Thomas S. Applegate Occupational Therapy  
 Selena R. Armitage Central Billing Office  
 Teresa D. Ferguson 4th Floor Nursing  
 Diana M. Rose FM – Sandy Hook

**May 3**

Christopher F. Fennell Counseling Services  
 Ronald K. Henson Materials Management  
 Melanie D. Smith Patient Access  
 Kathleen L. Wilson Nursing Administration

**May 4**

John H. Black Hospice  
 MaKendra G. Burton Emergency Department  
 Kimberly R. Eldridge Orthopedics  
 Vickie R. Fairchild Outpatient Infusion Services  
 Kathleen C. Harper FM – Sandy Hook  
 Barbara J. Hart Physical Therapy

**May 5**

Joni R. Adkins Urology  
 Joy E. Henderson 4th Floor Nursing  
 Glenn D. Vanous Infusion Solutions

**May 6**

Melissa R. Walters Family Medicine  
 Wendy C. Whitt FM – Frenchburg

**May 7**

Jerry M. Tilsley Information Technology

**May 8**

Brandy M. Canafax FM – Olive Hill  
 Cindra L. Greene FM – Olive Hill  
 Brittany H. Ingles Diagnostic Imaging  
 Connie S. Rodgers Surgery  
 Carla L. Terry CHER

**May 9**

Donna R. Johnson Podiatry  
 Todd A. Vance Infusion Solutions

**May 10**

Ashley D. Cox Environmental Services  
 Wade F. Fairchild Surgery  
 Brittany D. Gray Emergency Department  
 Shelby P. Logan Emergency Department  
 Heather N. Morgan Nursing Administration  
 Ana K. Percino Bringas 3rd Floor Central  
 Danielle R. Sexton 4th Floor Nursing

**May 11**

Ty E. Benedict Food Services

**May 12**

Carlyn R. Craft OPCC  
 Kathy J. Frazier 3rd Floor North  
 Isabella L. Handley 3rd Floor North

**May 13**

Melanie A. Crawford Bussell 4th Floor Nursing  
 Roxanne M. Johnson Home Health  
 Genetta D. Kincaid OPCC  
 Elisha M. Pemberton Infusion Solutions  
 Christine Potter TCU

**May 14**

Nancy J. Brown Cytology  
 Remona W. Gooding 3rd Floor Central  
 Elizabeth M. Stricklen Orthopedics  
 Whitney D. Thomas FM – Olive Hill

**May 15**

Ashley M. Fay Emergency Physicians  
 Laura G. Rayburn 3rd Floor Central

**May 16**

Tina R. Burchett Central Billing Office  
 Lori A. Ervin FM – Owingsville  
 Charles D. Harr Float Dept – Unit Sec  
 Chasity J. Rucker Environmental Services  
 Donna J. Thomas Pulmonology  
 Robert A. Williams Emergency Physicians

**May 17**

Kimberly A. Bozarth Emergency Department  
 Angela M. Craft Health Information Mngt.

**May 18**

Madison P. Walters 4th Floor Nursing

**May 19**

Norah E. McGlone Urology  
 Charlotte B. Walker Medical Group Admin.

**May 20**

Ray Fultz Materials Management  
 Kristina M. Hamilton Counseling Services  
 Dalton L. Ingles Pharmacy  
 Mary E. Jones General Surgery  
 Emily C. Kane 3rd Floor North  
 Bobby L. Meade Infusion Solutions  
 Savannah J. Newsom CT Scan  
 Loretta M. Wagoner Patient Financial Services

**May 21**

Taylor M. Adams Patient Access  
 Karen H. Allen Central Billing Office  
 Teresa L. Fultz Internal Medicine  
 Michelle B. Middleton Outpatient Infusion Services

**May 22**

Tonya R. Adkins 3rd Floor Central  
 Holly S. Atkins Respiratory Therapy  
 Chyann M. Hanson 3rd Floor Central  
 Adam D. Howard Facilities Management  
 Calyssa J. Howard Behavioral Health Unit  
 Kayla B. Keeton Human Resources  
 Nicolle J. Manning FM – Morehead North

Alma L. Masters FM – Frenchburg  
 Bailey R. Wells Environmental Services  
 Crissie M. Wolfe Float Dept – Unit Sec

**May 23**

Tonya R. Bickel Emergency Department  
 Debbie E. James Specialty Practices Admin.  
 Shannon R. Morgan Behavioral Health Unit

**May 24**

Shanda N. Cushard FM – Morehead

**May 25**

Tyannia R. Brown Respiratory Therapy  
 Clarence G. Clayton Podiatry  
 Kaleigh M. Underwood AHEC

**May 26**

Crystal B. Biddle Patient Financial Services  
 Cletus S. Carvalho Counseling Services  
 Kelli J. Fraley Environmental Services  
 Rhonda L. Holley Emergency Department  
 Tanya M. Riggs Orthopedics

**May 27**

Patricia E. Arnett Behavioral Health Unit

**May 28**

Jenise Blanton Laboratory  
 Samantha M. Brown Patient Access  
 Wayne A. Hargett Jr. Food Services  
 April D. Holbert Emergency Department  
 Jonathon M. O'Connor Facilities Management  
 Jennifer H. Perry Infusion Solutions  
 Shelby J. Warren Home Health

**May 29**

Barbara A. Adams Central Billing Office  
 Jerria M. Cantrell Behavioral Health Unit  
 Linda D. Fultz Quality Management  
 Johnathan L. Pittman Pharmacy  
 Tabitha G. Wallace Central Billing Office

**May 30**

Craig D. Butler Radiology Physicians  
 Carri L. Hicks Anesthesia Professionals  
 Regina L. Maze Central Billing Office  
 Raychel L. Perry 3rd Floor Central  
 Sharon S. Perry Administration  
 Richard M. Stamper Health Information Mngt.  
 Ashley S. Sublett Emergency Department  
 Tammi S. Wilson Outpatient Center

**May 31**

Julia M. Dailey Family Medicine Express  
 Tawni R. Donahue Materials Management  
 Kristen O. Kusterer Counseling Services  
 John A. Sanders Palliative Care  
 Brittany L. Wilson Pain Management

# National Hospital Week

## May 6-12, 2018

**ALL WEEK**

Online Quizzes — Win Prizes!

**May 10 - Thursday**

Off Campus Visits

BBQ (Night Shift)

10:30 pm to midnight (In Cafeteria)

**May 11 - Friday**

\*BBQ & Prize Drawings

(Lunch) 11:00 am to 1:30 pm

(Dinner) 4:30 pm to 6:00 pm

Join us for  
 our annual  
 cookout!



\* BBQs will be held on the Foundation Grounds.

In case of rain, food will be served in the cafeteria.

A message from...





# St. Claire EMPACT Annual Easter Egg Hunt

Submitted by: Barb Davis



The Easter Bunny made a stop to hide eggs for all the children at St. Claire EMPACT's Annual Easter Egg Hunt! The EMPACT committee and SCH staff provided more than 3,000 candy-filled eggs! The children had a great time searching for eggs, especially the three golden eggs!

The lucky little hunter who found the golden egg from each age group received a \$25 Walmart gift card. The Golden Egg winners were Olivia Walton (0-3), Emma Conyers (4-6) and Brooklynn Alexander (7-10).

Thanks to all who helped make the 2018 Easter Egg Hunt a huge success, and a special thank you to the Rowan Co. Fire Department for taking the time to come out for our event.



## MAY 2018 EDUCATIONAL OPPORTUNITIES

### C.E. Programs

**May 4 | Tumor Board**

8:00 – 9:00 AM, SCR Teleconference Room  
Credit: Category 1 AMA, Nursing

**May 9 | Morbidity & Mortality**

Noon – 1:00 PM, SCR Library - Education Room  
Credit: Category 1 AMA

**May 16 | Interdisciplinary Grand Rounds**

Noon – 1:00 PM, SCR Library - Education Room  
Credit: ACPE, Category 1 AMA

**May 18 | Tumor Board**

8:00 – 9:00 AM, SCR Teleconference Room  
Credit: Category 1 AMA, Nursing

**May 22 | BLS Check-Off**

1:00 – 4:00 PM, CHER 208  
Register with KaSandra Hensley at [kassandra.hensley@st-claire.org](mailto:kassandra.hensley@st-claire.org) or ext. 6830.

### Nursing Professional Development Educational Offerings

To register, email [kayla.harrison@st-claire.org](mailto:kayla.harrison@st-claire.org)

**May 3 | BLS Skills Check-Off**

8:00 AM – Noon (30 min. sessions)  
Room 353 – 3N Conference Room

**May 7 | Charge Nurse Course**

8:00 AM – Noon, Café D  
Credit awarded: CNE

**May 8 | Inpatient Pediatric Nursing Competency Session 1**

8:30 – 10:30 AM, Sim Lab  
(MMS - door immediately on your right through main entrance. Knock for entry.)

**May 10 | PALS Renewal**

Registration: 8:00 AM, Class 8:30 AM – 4:30 PM Sim Lab  
(MMS - door immediately on your right through main entrance. Knock for entry.)

**May 14 | BLS Skills Check-Off**

8:00 AM – Noon (30 min. sessions)  
Room 353 – 3N Conference Room

**May 15 | CATS Lecture Series: EMS**

Noon – 1:00 PM, Café A  
Credit awarded: CME, CNE

**May 22 & 29 | Basic Dysrhythmia Course**

1:00 – 4:00 PM, Sim Lab  
(MMS - door immediately on your right through main entrance. Knock for entry.)  
Credit awarded: CNE

**May 23 | Stroke Awareness Month Celebration 10:00 am – 2:00 pm Café D**

**May 24 | Secure Training**

8:00 AM – 2:00 PM, Sim Lab  
(MMS - door immediately on your right through main entrance. Knock for entry.)

**May 31 & June 1 | ACLS Full Two-Day Course**

Registration: 8:00 AM, Class 8:30 AM – 4:30 PM, Sim Lab  
(MMS - door immediately on your right through main entrance. Knock for entry.)  
Credit awarded: CME, CNE



A CONCEPTUAL ART EXHIBIT  
ON MENTAL ILLNESS.



# “A Day In The Life”

May 7 - June 1, 2018

ROWAN COUNTY ARTS CENTER



Opening Reception - Tuesday, May 15 | 5-7 PM

To RSVP, email [michelle.webb@st-claire.org](mailto:michelle.webb@st-claire.org) by May 12.



222 Medical Circle | Morehead, KY 40351

**GARDEN PARTY**

May 10-11, 7 AM - 4 PM  
Café C

Lanterns • Wind Chimes • Outdoor Candles  
Yard Lights • Yard Signs

 St. Claire  
*Gift Shop*

## NEWSBRIEF

Have an article or event  
to submit for the Newsbrief?

Please send articles/information to be placed in the SCH  
Newsbrief to [SCHcommunications@st-claire.org](mailto:SCHcommunications@st-claire.org).

View current and past Newsbriefs online!  
[www.st-claire.org/Newsbrief](http://www.st-claire.org/Newsbrief)

Need a camera for a St. Claire event?

The Marketing/PR Dept. has several  
cameras available for loan.  
Call ext. 6927 to reserve one.



Connect With Us!



St. Claire HealthCare is a  
sponsored ministry of the  
**Sisters of Notre Dame**  
Covington Province