St. Claire HealthCare

۲۲	Claire Family Medica	I Sunnly Father's Day Sale	3

Aesthetics Father's Day Sale	••
SCH Participates in Rike Morehead	



Celebrating Survivorship with Sweet Treats

St. Claire HealthCare welcomed more than 100 guests during the third annual Celebrate Survivorship ice cream social in recognition of National Cancer Survivors Day® on Sunday, June 3.

"Ours was one of many celebrations held around the world to bring attention to the ongoing challenges of cancer survivorship, and to celebrate the fact that cancer survivors are living longer, better and more productive lives than ever," said Vickie Fairchild, RN, OCN, Oncology Patient Care Coordinator.

"This event is an opportunity for us to honor our local cancer survivors, as well as a chance for survivors, along with their families, to connect with each other, celebrate milestones and recognize those who have supported them along the way."

For more photos from the event, visit St. Claire HealthCare on Facebook!



Relay for Life of Rowan County is just around the corner and we need your help to

Slam Dunk Cancer!

Support our team's fundraising opportunities.

Slam Dunk Cancer T-shirts

Order your T-shirt by contacting Chelle Gilliam at 606.783.6579 or Chelle.Gilliam@st-claire.org!

Chili Lunch & Bake Sale

Grab lunch or a quick snack Friday, June 8 at 10 a.m., in the 2nd floor hallway (just past the cafeteria). T-shirts can also be purchased during the sale.

Join St. Claire HealthCare's USA Basketball team.

Participate in Rowan County's annual relay event as a member of SCH's team on Saturday, June 9 from 6 p.m. to midnight at the new MCTC Rowan County Campus. (400 Rocky Adkins Tech Drive, Morehead, KY 40351)

Register online at: RelayForLife.org/RowanKy

JUNE 7, 2018 St. Claire HealthCare BRIEF

St. Claire HealthCare Welcomes New Medical Staff



Sarah Campbell, APRN St. Claire Gastroenterology

Sarah Campbell, APRN, joins Thadis C. Cox, MD, at St. Claire Gastroenterology, now located in the St. Claire HealthCare Medical Pavilion.

"Preventative care has always been an interest of mine since nursing school," says Campbell. "I enjoy teaching people how to be healthy and how preventative screenings benefit them. Gastroenterology fits into that perfectly."

Campbell received a Master of Science in Nursing from the University of Kentucky in 2012 and came to St. Claire with more than five years of experience in the medical field.

"I'm in awe of the relationships that healthcare providers at St. Claire have with their patients," she said. "I also enjoy the relationships built between providers at St. Claire. We work together closely and are able to bounce ideas off of one another. It's collaboration like I've never seen before, and it's been great."

In her spare time, Campbell enjoys quilting, as well as spending time with her husband, Willy, and two sons; Spencer and Lucas, ages 13 and 10, both of whom love to show sheep in local and state fairs.

If you are experiencing consistent heartburn, abdominal pain or another stomach-related illness, ask your healthcare provider for a referral to see one of St. Claire HealthCare's gastroenterology providers.



Tabitha Sims, APRN St. Claire Pediatrics

Tabitha Sims, APRN, is now seeing and accepting new patients at St. Claire Pediatrics located at 716 W. Main St., in Morehead.

Sims received her master's in pediatric nursing (primary care) from Maryville University. She comes to St. Claire with more than eight years of experience in women's care and neonatal nursing, and is certified by the pediatric nursing certification board.

"My first job out of nursing school was with St. Claire where I got my start in labor and delivery," says Sims. "I simply love my new role. Pediatrics is my calling, and I love practicing close to home."

Outside of clinic life, she enjoys spending time with her husband and four children; Sadie, age 10, Joey, age 6, and twins Levi and Roman, age 4. Sims also enjoys horseback riding, teaching POUND® fitness and volunteering at her church. "God has done great things for us, and we know the best is yet to come!"

For more information, or to schedule an appointment with any of our providers at St. Claire Pediatrics, call 606.780.5364 or visit www.st-claire.org/appointment.



Sit, Recline, Lift or Stand All with the Touch of a Button!



More than 20 Lift Chair **Models Available!**

Many models in stock.

- 5 size options including XXL
- Over 40 fabric color options
- Heat and massage available
- Lifetime manufacturer warranty on Golden Technologies® lift mechanism
- FREE DELIVERY within St. Claire HealthCare's 11-county service region

FINANCING AVAILABLE

Ask for details. Discount does not apply to lift chair upgrades

SHOES WITH STYLE & COMFORT

ORTHOTIC • ACTIVE • EVERYDAY More than 180 styles available!











MOBILITY ITEMS

Improve your mobility with our selection of mobility aids and accessories.





BIOFREEZE PAIN RELIEF

Soothe minor muscle and joint pain quickly. Apply Biofreeze right where it's needed and without any mess!



SHOE INSOLES, SUPPORTS, ORTHOTICS & SHOE HORNS **O**Step.

Using the iStep foot scanning system we can identify your arch type and pressure points to help you make better decisions on the right shoes and insoles for your feet.















www.st-claire.org | 606.784.2414 Located in the Kroger Shopping Center in Morehead, across from LOWE'S

Monday - Friday 8AM - 6PM | Saturday 10AM - 2 PM

No additional discounts, promotions or offers apply, 6/18.

and hosiery!

Like us on Facebook! 3 2 www.st-claire.org

St. Claire HealthCare NEWS DDIEE



NOW - JUNE 15

Help him *Transform*, *Fortify* and *Shield* his skin with

REGIMEN

a four-step regimen engineered for men's skin to provide age defense and daily damage restoration.

ONLY \$169



FACIAL CLEANSER (60z)

Gentle cleanser that washes away dirt, excess oil and impurities, while leaving the skin refreshed, smooth and hydrated.

RECALIBRATE (FOR MEN) (1.85oz)

Helps reduce the appearance of fine lines and wrinkles and is safe to use post shave to help prevent irritation, including redness and razor bumps. Also combats ingrown hairs.

HA5 (1oz)

Plump and smooth the appearance of fine lines and wrinkles, and provides up to 8 hours of continuous hydration.

ESSENTIAL DEFENSE SPF 47 (1.85oz) Lightweight, sheer broad spectrum UVA/UVB sunscreen that provides powerful daily protection against the sun.





B(R)OTOX

\$9
per unit

Improve the look of moderate to severe *Forehead Lines*, *Frown Lines* between the eyebrows and *Crow's Feet*.

LASER HAIR REMOVAL

20%

off all packages

Our Syneron Candela* laser is safe and effective on all skin types and can be used to remove hair from the *Chest, Back, Face, Stomach, Underarms* and *Feet*!

606.783.6760

Call to schedule your FREE skin consultation!

f ✓ Connect with us! o additional discounts, promotions or offers apply. 50





BIKE MOREHEAD SATURDAY, JUNE 16, 2018

Bike Morehead is an event that Switchback Cycling & Outdoors and Morehead Tourism puts on each year.
Riders from this area and from all over Kentucky (and surrounding states) come to bike either a 50, 65, or 100-mile ride in Rowan and surrounding counties.
There were more than 350 participants last year.

WE NEED VOLUNTEERS!

St. Claire HealthCare is a proud sponsor of Bike Morehead which is taking place on Saturday, June 16.

As a part of our support, SCH will be manning a rest stop which provides food/snacks and water/Gatorade for the riders. Our rest stop will be at the Cranston Volunteer Fire Department on 377 from 11:30 am to 5 pm. We need 4 volunteers at the rest stop at all times. In order to cover the 5 ½ hours, we will need at least 8 volunteers so that we will have at least 2 shifts. If we get more than 8 volunteers the shifts can be much shorter.

If you are interested in volunteering, please email Ched Crouse, MD at Charles.Crouse@st-claire.org.

Thank you to all staff who attended St. (laire's stroke awareness event in honor of Stroke Awareness Month.

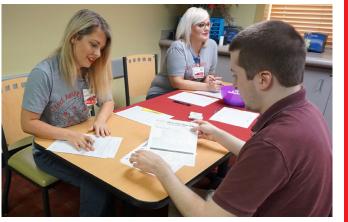
Submitted by Kayla Harrison

We were able to provide cholesterol, glucose, blood pressure, oxygen and stroke risk assessments to over 100 SCH staff!

Congratulations to Diane Kincaid, RN, Outpatient Care Center, who won a \$50 Walmart gift card for having her NIH Stroke Scale Certification!

If you are a healthcare professional interested in obtaining your NIH Stroke Scale certification at no cost to you, email kayla.harrison@st-claire.org for more information.





4 www.st-claire.org ______ Like us on Facebook! 5

St. Claire HealthCare

NEWS
BRIEF

JUNE 7, 2018

HAPPY BIRTHDAY

June 1

Gloria Rayburn Laboratory Sabra G. Stevens FM - Morehead

June 2

Christina M. Garcia 3rd Floor North

June 3

Jason A. Frye Infusion Solutions

June 4

Suzanne J. Hanshaw FM - Olive Hill Kristi D. Hensley Respiratory Therapy

June 5

Harold M. Anderson
Emily Clarke
Bio Medical Engineering
Amanda D. Day
Amanda M. Hamilton
Cynthia T. Lyon
Sandra F. Middleton
Shelia J. Moore
Misstie D. Pennington
Brenda M. Stapleton
Pastoral Care
Bio Medical Engineering
Respiratory Therapy
Specialty Practices Admin.
Emergency Department
Food Services
Information Technology
Patient Financial Services
ICU

June 6

Lisa G. Cassity

Emily K. Dickerson

Brittany L. Engle

Gretta V. Prewitt

Central Scheduling

TCU

Emergency Physicians

FM - Sandy Hook

June 7

Ralph T. Fossett Orthopedics - MG
Katherine L. Hamilton Family Medicine Express
Emily F. Jamison Laboratory
Tia E. Wells 3rd Floor Central

June 8

Kendra M. Fielding Infusion Solutions
Crystal L. Reeves Home Health

June 9

Amy L. Amburgey Emergency Department
Jennifer Cooper Laboratory
Ashley N. Gibson Grants
Erin M. Smith Cardiology - MG

June 10

Kayla J. Kelley Infusion Solutions
Kenneth A. Musser Infusion Solutions
Rebecca M. Parker Emergency Department

June 11

Jarad S. Cline Aimee L. Cover Haleigh N. Mayse Ricky L. Sparks Sarah L. Williams Information Technology Home Health 3rd Floor Central Environmental Services Infusion Solutions

June 12

Brenda A. Burrows PACU

Mohamed A. Elshayeb Nephrology - MG

Brian J. Napier Informatics

Wanda M. Seagraves Health Information Mngt.

June 13

Tiffany M. Fannin Hospice
Dorothy M. Noble Rehab Unit
Savannah H. Peterman ICU
Janet S. Stewart Family Medicine

June 14

Laura C. Brandt Karen K. Butler Karen L. Gambill Jason E. Knipp Laboratory Environmental Services Home Health Sleep Lab

June 15

Joy D. Harper Thomas C. Hedge Laboratory Materials Management

June 16

Virginia A. Conn Connie A. Hall Kiersten N. Thomas Amy T. Zimmerman Central Scheduling
Behavioral Health Unit
ICU
Central Billing Office

June 17

Haley S. Clark Eric L. DeAtley Betty J. Roark 3rd Floor North Facilities Management Float Dept - Unit Sec

June 18

Emily N. Elam Home Health
McKenna L. Spence Nursing Administration

June 19

Lindsey R. Conley Charles E. Crouse Angela M. Forman Pamela J. Snelling CT Scan Orthopedics - MG Diagnostic Imaging Central Billing Office

June 20

Kristen N. Murphy FM - Owingsville Mark Rhodes Medical Group Admin June 21

Rhonda A. Hale Fi Barbara J. Lunsford Co

Financial Services Central Billing Office

June 22

Shanna N. Kidd

FM - Morehead

June 23

Cheryl L. Cox Charlotte D. Kiser Teresa M. Tackett

FM - Owingsville Food Services Float Dept - Unit Sec

June 25

Michelle A. Dillon Home Health
Matthew L. Ellis Environmental Services

June 26

Whitney D. Cooper Ashley D. Donithan Ahmad A. Isbitan Megan N. Littleton Mary B. Waugh

r 3rd Floor Central
n Specialty Practices Admin.
Cardiology - MG
n FM - Morehead
ICU

June 27

Theresa L. Garvin Heather L. Phillips Tonya R. Ramey Anita J. Vest Health Information Mngt. 3rd Floor North Patient Financial Services TCU

June 28

Rachel M. Jones Loval F. Lewis Laura M. Plank Shena L. Skaggs Katlyn D. Thompson

Specialty Practices Admin. Hospice Home Health Internal Medicine - MG

Surgery

Laboratory

June 29

Lea D. Arrowood Jessica L. Becraft Gregory J. Hall Cassie R. Roe Health Information Mngt. Float Dept - Unit Sec Pharmacy

June 30

Melissa A. Brooks Home Health
Christopher N. Conley Bio Medical Engineering
Seigfred P. Jalalon Family Medicine Express
Jordan A. Logan Diagnostic Imaging
Lauren A. Robinson Pharmacy

JUNE 2018 **EDUCATIONAL OPPORTUNITIES**

C.E. Programs

June 12 | BLS Check-Off

1:00 – 4:00 PM, CHER 208 Register with KaSandra Hensley at kasandra.hensley@st-claire.org or ext. 6830.

June 13 | Morbidity & Mortality

Noon – 1:00 PM, SCR Library - Education Room Credit: Category 1 AMA

June 15 | Tumor Board

8:00 – 9:00 AM, SCR Library - Education Room Credit: Category 1 AMA, Nursing June 20 | 2018 Pharmacy Law Update - Morehead

6:30 – 8:30 PM, CHER 102D Credit: ACPE P

Register online at www.neahec.org/law18.

June 20 | Interdisciplinary Grand Rounds

Noon – 1:00 PM, SCR Library - Education Room Credit: ACPE, Category 1 AMA

June 21 | 2018 Pharmacy Law Update

6:30 – 8:30 PM, Bellefonte Centre - Ashland Credit: ACPE P Register online at www.neahec.org/law18.

Nursing Professional Development Educational Offerings

To register, email kayla.harrison@st-claire.org

June 7 & 8 | PALS Full Two-Day Course

Registration: 8:00 AM, Class 8:30 AM – 4:30 PM, Sim Lab (MMS - door immediately on your right through main entrance. Knock for entry.)
Credit: CME, CNE

June 14 | Crew Resource Management

8:00 – 10:30 AM, CHER 415 Credit: CNE

June 18 | Basic Dysrhythmia Course

9:00 AM – 4:00 PM, Sim Lab (MMS - door immediately on your right through main entrance. Knock for entry.) Credit: CNE

June 19 | CATS Lecture Series: Educating the Public

Noon – 1:00 PM, Sim Lab (MMS - door immediately on your right through main entrance. Knock for entry.) Credit: CME. CNE June 21 | Secure Training

8:00 AM – 2:00 PM, CHER 102 Credit: CNE

June 21 | 2018 Pharmacy Law Update

6:30 – 8:30 PM, Bellefonte Centre - Ashland Credit: ACPE P Register online at www.neahec.org/law18.

June 25 | BLS Skills Check-Off

8:00 AM – Noon (30 min. sessions), Room 353 – 3N Conference Room

June 26 | ACLS Renewal

Registration: 8:00 AM, Class 8:30 AM – 4:30 PM, Sim Lab (MMS - door immediately on your right through main entrance. Knock for entry.)

June 28 & 29 | ACLS Full Two-Day Course

Registration: 8:00 AM, Class 8:30 AM – 4:30 PM, Sim Lab (MMS - door immediately on your right through main entrance. Knock for entry.)
Credit: CME, CNEb

6 www.st-claire.org

Like us on Facebook!



- © Buy One on all Juvéderm® Fillers
- TNS Eye Repair® only \$49 reg. 885
- **Solution** Lytera* 2.0 only \$99 reg. \$139
- Basic Skin Care Bundle only \$79 reg. \$115
- Total Defense + Repair only \$39 reg. \$55
- FREE Skin Consultations

Quantities are limited. Certain restrictions apply. No additional discounts, promotions or offers



606.783.6760







NEWSBRIEF

Have an article or event to submit for the Newsbrief?

Please send articles/information to be placed in the SCH Newsbrief to **SCHcommunications@st-claire.org**.

View current and past Newsbriefs online! www.st-claire.org/Newsbrief

Need a camera for a St. Claire event?

The Marketing/PR Dept. has several cameras available for loan.
Call ext. 6927 to reserve one.









St. Claire HealthCare is a sponsored ministry of the **Sisters of Notre Dame** Covington Province