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Neff Announces Retirement After 23 Years of Service

“It is with both sadness and joy that I am announcing my retirement from St. Claire HealthCare and the office of President/CEO effective January 31, 2019. It has been a very difficult decision as my time here has been a tremendous blessing. I’m sad to leave, but excited about the next phase of life as my wife, Diane, and I plan to relocate back to Notre Dame, Indiana to be closer to our children and grandchildren.”

–Mark J. Neff, SCH President/CEO

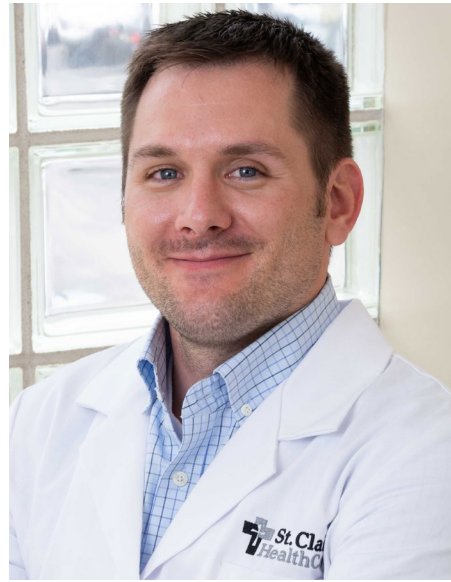
Mark J. Neff, FACHE, St. Claire HealthCare President/CEO, has announced that he will retire effective January 31, 2019.

Neff was appointed President and CEO of St. Claire in 1995. When he arrived, he brought with him more than 10 years of not-for-profit, regionally integrated healthcare system experience.

“Mark’s exemplary vision and leadership skills over the past 23 years have enabled St. Claire to achieve high levels of organizational growth and success,” says Sister Marla Monahan, St. Claire HealthCare Board of Directors Chair. “We are sorry to see Mark leave the organization, but at the same time, we are very thankful to him for his dedication and commitment to the mission of St. Claire. We wish him and his family many blessings.”

Beyond Neff’s leadership at St. Claire HealthCare, he serves on many local and statewide boards to better the health of people in Eastern Kentucky. He serves, and will continue to serve, until his official retirement at the end of January as the Chair for the Morehead/Rowan County Economic Development Board and the Gateway Child Advocacy Center Board as well as serves on the following boards: Kentucky Health Collaborative Board, Eastern Kentucky Healthcare Coalition Board, MSU College of Business & Technology Advisory Board, People’s Clinic Board, New Hope Clinic Board, St. Charles Community Board, Infusion Solutions Board, Kentucky GoodHelp ACO Board, and the Circle of Friends (KHA PAC) Board.

Welcome Our New Podiatrist Colby Holmes, DPM



Colby Holmes, DPM
Podiatrist

SCH proudly welcomes new podiatrist Colby Holmes, DPM. Holmes provides comprehensive ankle and foot care including reconstructive surgery, trauma, limb salvage, foot and ankle arthritis, and ankle stabilization.

“I have always enjoyed serving and helping others. I chose to become a foot and ankle surgeon to help people become more active and pain free,” says Holmes.

Holmes received his Doctor of Podiatric Medicine at Des Moines University in Iowa. He then completed a Podiatric Medicine and Surgery Residency with a credentialing in Reconstructive Rearfoot/Ankle Surgery (PMSR/RRA) at St. Mary’s Medical Center in Evansville, Indiana where he also served as chief resident.

“My wife and I both grew up in small communities, and have always had a desire to raise our family in one as well. From the moment we first drove into Eastern Kentucky we felt at home,” says Holmes. “In my free time I enjoy outdoor activities, playing and watching sports and most of all spending time with my wife, Nataley, and our three children Lincoln age 6, Jane age 2 and Grace who is 4 months old.”

Need relief for foot, ankle or heel pain? Holmes is accepting new patients at the St. Claire Medical Pavilion. Call 606.780.5500 to schedule an appointment.

St. Claire Retail Pharmacy

We now have two Pharmacy locations for your convenience!

**St. Claire Medical Pavilion
St. Claire Regional Medical Center**

Our Pharmacies will gladly **match any competitor’s price** in Morehead for both prescription and over-the-counter (OTC) medicines. Let our friendly, professional pharmacy staff serve you with a smile! To fill or transfer your prescriptions, simply stop by or give us a call.

St. Claire Retail Pharmacy
in the Medical Pavilion
606.780.5550
Monday - Friday | 9 am - 5 pm

St. Claire Retail Pharmacy
in St. Claire Regional Medical Center
606.780.5400
Monday - Friday | 7 am - 7 pm
Saturday - Sunday | 9 am - 5 pm

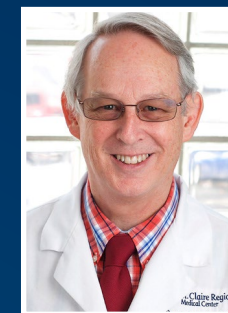
Schedule Your Child’s School Entry Dental Exam Today!

St. Claire Family Dentistry



St. Claire Family Dentistry offers:

- ✓ Complete exams, x-rays and cleanings
- ✓ Fillings (White & Silver) and extractions
- ✓ Crowns, bridges, full and partial dentures



David Graham, DMD
**St. Claire Family Medicine
Morehead, Downtown**
316 West Second Street
606.783.7701



Emily Blevins, DMD
**St. Claire Family Medicine
Frenchburg**
732 Highway 36
606.768.6345

St. Claire Family Dentistry

Welcome Our New Interventional Cardiologist, Matthew J. Zimmerman, MD

St. Claire HealthCare is proud to welcome board certified interventional cardiologist Matthew Jason Zimmerman, M.D., to our medical staff.

Zimmerman says he chose a career in healthcare because he wanted to help people in a very meaningful way. “As a student, I was particularly interested in cardiology because of my family’s history of cardiovascular disease. Several of my aunts, uncles and grandparents have needed extensive treatments and surgeries to address their cardiac problems. Because of my concern for them, I wanted to learn as much as possible about this area of medicine and help other families address these sometimes challenging diagnoses,” says Zimmerman. “By addressing the current medical problems of my patients and educating them regarding current and potential health issues, I hope that I have been able to make a positive impact on their health and the general well-being of my community.”

Zimmerman, a native of Glasgow, Kentucky, earned his medical degree and completed his internal medicine residency at the University of Louisville College of Medicine and completed his cardiology and interventional cardiology fellowships at the University of Cincinnati.

Zimmerman has several clinical interests and certifications in the cardiovascular area. He is board certified in the ABIM disciplines of internal medicine, cardiovascular disease and interventional cardiology. He performs diagnostic cardiac catheterization, coronary and peripheral angioplasty and coronary and peripheral stenting. Zimmerman also has an interest in electrophysiology and performs pacemaker and loop recorder placements as well as cardiac device (pacemaker, ICD, Bi-V ICD) change out procedures. He has additional board certifications in vascular ultrasound (R.P.V.I.), echocardiography (including TEE), nuclear cardiology, hypertension management and clinical lipidology. Zimmerman is also a fellow in the following organizations: American College of Cardiology (FACC), Society for Coronary Angiography and Intervention (FSCAI), and American Society of Nuclear Cardiology (FASNC).

Zimmerman is married to Falguni Amin-Zimmerman, a radiation oncologist in Lexington and has three children Uma, age 13, Shailen, age 11, and Deven, age 9. “I love spending time with my family, and I enjoy watching our children play sports and participate in school activities,” says Zimmerman. “As a family, we also love to travel and watch movies.”



Matthew J. Zimmerman, MD
Interventional Cardiologist

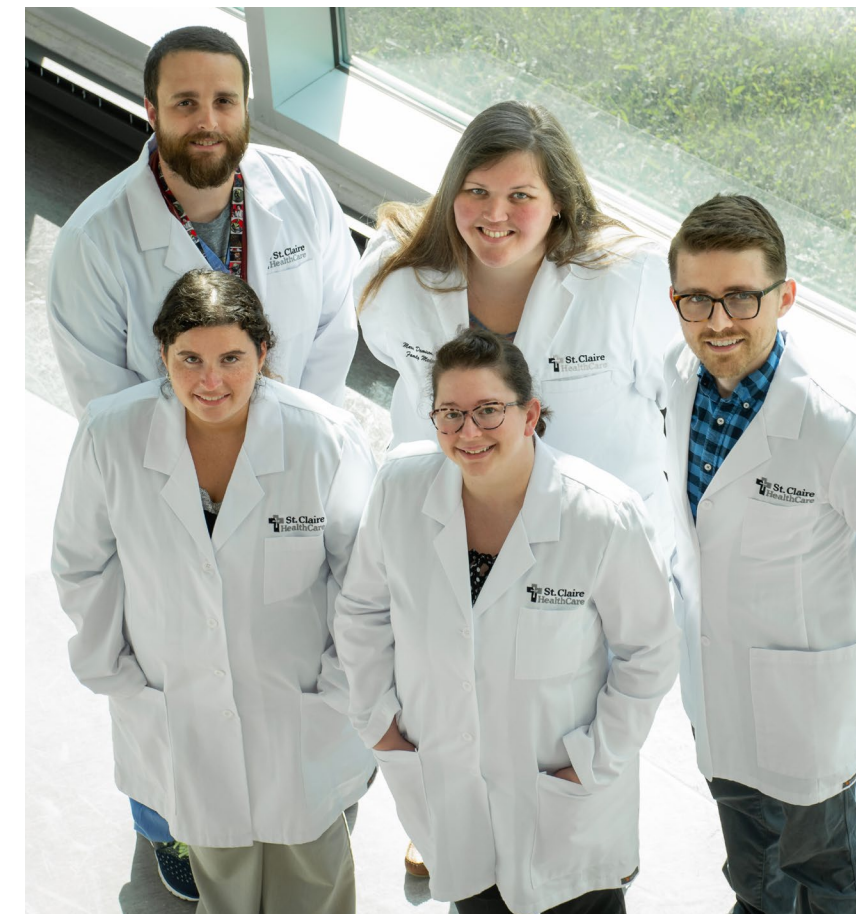
SCH’s Family Medicine Residencies Recognized

St. Claire HealthCare’s Family Medicine Residency Programs have been recognized by the Rural Training Track (RTT) Collaborative for a record of training and placing Family Practice Physicians in rural and underserved areas to practice medicine.

The RTT Collaborative gives recognition for residencies that place 35% or more of their graduates, averaged over three years, in rural and underserved areas to practice medicine.

SCH’s Family Medicine Residencies have averaged greater than 66% of their graduating residents going on to practice in rural and underserved areas in Kentucky and surrounding states. Several of the graduates have decided to continue to practice medicine at SCH serving the patients in our service region. Examples include emergency medicine physician Punnaivanam Ravisankar, MD, and family medicine physicians Brad Baker, DO, Parker Banks, DO, Marie Dennison, MD, Kristen Murphy, DO, William Murphy, DO, Selenia Raines, DO, and Amanda Ramey, DO.

Greg Bausch, PharmD, Institutional Director of Medical Education at St. Claire HealthCare, states that the residencies have made a huge impact on the health of the communities we serve. “St. Claire has been involved with medical education since its founding in 1963. However, the goal of attracting and retaining large numbers of physicians interested in rural and underserved populations has only been accomplished through the development of longitudinal programs of significant duration, such as these residency programs. If residents do most of their training in a rural area, then they will stay in a rural area to practice; pure and simple. This approach is a model that can effectively address the significant problem of maldistribution of medical professionals seen in most rural areas of the country. It has certainly positively impacted the 11 counties of SCH’s service area in a relatively short period of time.”



Front Row (L-R): Amanda Ramey, DO, and Kristen Murphy, DO
Back Row (L-R): Parker Banks, DO, Marie Dennison, MD, and William Murphy, DO

“The outcome of graduates serving in disadvantaged areas of Kentucky is intentional,” says Craig Burrows, MD, St. Claire Residency Program Director. “We interview candidates who have strong commitments to the needs of the underserved and many have connections to our area. Training them in an excellent institution like SCH provides them the experience and confidence to be able to practice anywhere in the country but because of the role models they have in our area, they choose to go to rural areas.”

The mission of St. Claire HealthCare’s Residencies is to create and retain future partners in delivering a healing ministry to our rural populations by focusing on the heart of family medicine.

The purpose of the RTT Collaborative is to sustain health professions education in rural places through mutual encouragement, peer learning, practice improvement, and the delivery of technical expertise, all in support of a quality rural workforce. The RTT* Collaborative is a board directed cooperative of participating programs and individuals committed to this mission.

Fall into *Fabulous Skin*
 One Day Only Savings
 Friday, August 24
 Save-the-Date • Sale Details Coming Soon!
 St. Claire Aesthetics

2018 SCH RESIDENCY MATCH

Submitted by Dee Hamm

St. Claire HealthCare and its two in-house residency programs went 7 for 7 in the 2018 match!

Please join us in welcoming each of our new residents!

University of Kentucky Rural (Morehead) Family Medicine Residency Program Welcomes:



George Chapman, DO



Amanda Cothorn, MD



Trisha Patel, MD



Amber Sexton, DO

George Chapman, DO, graduated from the University of Pikeville, Kentucky College of Osteopathic Medicine in May. A familiar face at SCH, Chapman worked as a radiological technologist for a number of years before attending medical school. He completed his undergraduate education in radiologic sciences (1996) and history (2014) at Morehead State University. Chapman enjoys spending time with his wife and their families, teaching, as well as a plethora of outdoor activities such as motorcycle and horseback riding, fishing, hiking, kayaking and general outdoor adventure in his spare time.

Amanda Cothorn, MD, graduated from the University of Louisville College of Medicine in May 2017. Cothorn hails from Elizabethtown, Kentucky and received her undergraduate degree in art history (2009) from the University of Louisville. She enjoys hobbies such as hiking, photography, reading and learning more about Appalachian, Celtic and Native American culture/history.

Trisha Patel, MD, graduated in May 2017 from the University of Louisville College of Medicine, where she also earned her undergraduate degree in biology. Hailing from Owensboro, Kentucky, Patel also completed a graduate degree in pharmacology at Tulane University in New Orleans. In her spare time she enjoys cooking/experimenting with fusion cuisine, playing badminton, traditional Indian dance and watching Bollywood movies/Indian soap operas.

Amber Sexton, DO, graduated from the University of Pikeville, Kentucky College of Osteopathic Medicine in May. A Morehead native, Sexton completed her undergraduate training at Morehead State University (2014), majoring in biomedical sciences. In her spare time she is also interested in volunteering at church, cooking, reading, swimming, traveling and of course University of Kentucky Basketball.

St. Claire PGY-1 Pharmacy Residency Welcomes:



Kaitlyn Bartley, PharmD



Lauren "Katie" Craycraft, PharmD



Austin Greanias, PharmD

Kaitlyn Bartley, PharmD, graduated from the University of Kentucky College of Pharmacy in May. After completing her PGY1 with St. Claire HealthCare, she hopes to complete a PGY2 Pharmacy Residency in Oncology. Bartley is originally from Pikeville, Kentucky and graduated from Morehead State University (2015) with a B.S. in Biomedical Sciences.

Lauren "Katie" Craycraft, PharmD, a Winchester, Kentucky native, received her B.A. in Chemistry from Eastern Kentucky University and her PharmD from the University of Kentucky College of Pharmacy in May. While attending school, Craycraft was an intern with Kroger and is now looking forward to making the change to clinical pharmacy. Her current interests are critical care and emergency medicine. After completing a rotation at

St. Claire during her fourth year of pharmacy school, she knew that she would be applying for residency here. Craycraft is excited to join the PGY1 Pharmacy Residency and the team at St. Claire HealthCare.

Austin Greanias, PharmD, is from Louisville, Kentucky and is a graduate of the University of Kentucky College of Pharmacy. His current hobbies/interests include general fitness (CrossFit, hiking, swimming and ultimate Frisbee), cooking, baking, reading and spending time with family. He also plays keyboard for his church, and has played some form of musical instrument since the first grade. Greanias is excited to expand and strengthen his clinical knowledge via SCH as he moves toward his goal of becoming a clinical oncology pharmacist.



Cory Yoder, DO

Chief Resident Selected for 2018-2019

At the end of their second year of residency, one resident is elected by their peers to serve as Chief Resident. The Chief Resident is chosen for their leadership skills and clinical acumen. They function as a liaison between administration, faculty and residents; supervise coverage of call responsibilities; and work closely with the residency administrators, faculty, program director and coordinator to identify opportunities in the residency and seek prompt, effective and workable solutions.

It is with great pride that we announce Cory Yoder, DO, as the 2018-2019 Chief Resident. Yoder, a native of Hazel Green, Kentucky, received her undergraduate education at Morehead State University, graduating in 2011, and is a 2016 graduate of the University of Pikeville, Kentucky College of Osteopathic Medicine.

SCH Participates in the National Cancer Institute's PACES Prevention Study to Lower Risk of Colon and Rectal Cancer's Return

Submitted by Ashley Gibson



Front Row (L-R): Brittany Blair, APRN, and Allen Lim, MD
 Back Row (L-R): Ashley Gibson, Stephanie Justice, PharmD, BCPS, Vickie Fairchild, RN

St. Claire HealthCare is collaborating on a nationwide research study to test whether two drugs can help prevent second cancers and the formation of new precancerous polyps, known as adenomas, in patients who have already battled colorectal cancer.

There are more than 1 million colorectal cancer survivors in the United States today, and that number is growing, according to American Cancer Society statistics. Even after patients complete treatment and are cancer-free, their risk of developing precancerous polyps or a second cancer is notably higher than the risk faced by the general population.

The Preventing Adenomas of the Colon with Eflornithine and Sulindac (PACES) clinical trial is managed by the international cancer trials group SWOG, with public support from the National Cancer Institute (NCI). PACES will enroll about 1,500 patients who have recently completed their treatment for colon or rectal cancer. Volunteers will take either eflornithine, sulindac, both

drugs, or a placebo daily for three years and will then have a colonoscopy to check for precancerous polyps.

PACES is testing these two drugs in colorectal cancer survivors after previous research showed that they held promise for people currently undergoing treatment. That previous study showed the drugs significantly reduced the chances of people developed high-risk cancers.

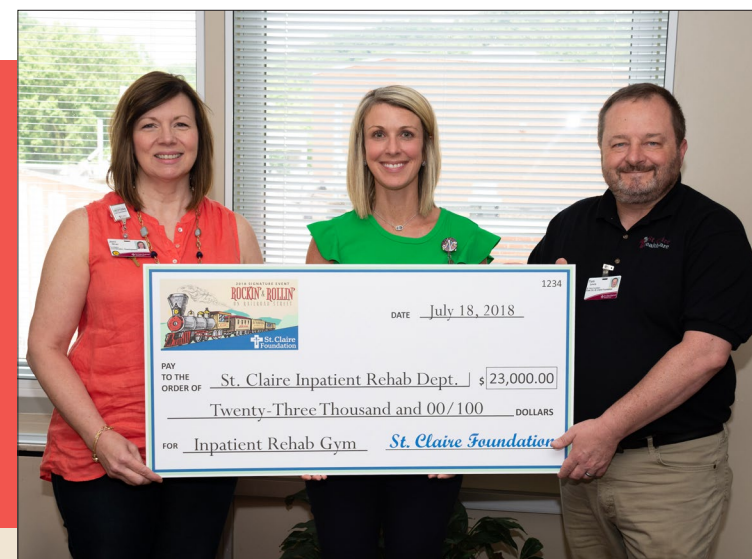
Patients interested in joining the PACES trial must meet eligibility criteria. Those who have had surgery for colorectal cancer within the previous 6 – 15 months, have since completed any chemotherapy, and are now considered cancer-free may be eligible to join. The two drugs being tested are not new, though neither has been approved by the

U.S. Food and Drug Administration (FDA) specifically for colorectal cancer prevention. Both drugs lower the body's levels of a group of naturally-formed molecules called polyamines, though the drugs work in different ways. Excess polyamines have a role in the development of colorectal cancer.

For more information on the PACES trial at St. Claire HealthCare, contact the Oncology Research Coordinator, Ashley Gibson at 606.783.7561.

More details about the study can be found online at <https://www.swog.org/clinical-trials/s0820>.

The PACES study is being conducted by SWOG, a cancer research network which designs and conducts clinical trials with federal funding from NCI. For more information, visit SWOG.org. St. Claire HealthCare is a SWOG member and participates in cancer research studies, including trials conducted within the NCI's National Clinical Trials Network.



St. Claire Foundation's Signature Event Raised \$23,000!

The St. Claire Foundation's recent 2018 Signature Event raised \$23,000 to support St. Claire HealthCare's efforts to relocate and upgrade our inpatient rehabilitation services with a state-of-the-art therapy gym and functional training space, including a home simulation environment. SCH Rehabilitation Services Director Debbie Neff (center) was presented a check for the project by the Foundation's Joni Mraz and Tom Lewis.

A special thanks to all who attended this year's Signature Event as it was each of you that made this contribution possible.

St. Claire HealthCare Welcomes New Staff

Timothy A. Adkins
Environmental Services

Hannah M. Bender
4th Floor Nursing

Jennifer L. Bryan
4th Floor Nursing

Samantha J. Burney
Infusion Solutions

Danielle J. Caldwell
Laboratory

Kelly N. Crum
Patient Services Support

Donald F. Damron
AHEC

Anthony K. Fultz
TCU

Brandon J. Fultz
Environmental Services

Khila A. Harris
Environmental Services

Sabrina M. Henderson
Environmental Services

Colby J. Holmes
Podiatry

Deidre A. Horsley
3rd Floor North

Devin J. King
TCU

Angelina M. Klein
Family Medical Supply

April N. Knight
Family Medical Supply

Kenna A. Nickell
Nursing Administration

Jessica N. Perry
ICU

Melissia A. Perry
3rd Floor Central

Melody R. Smallwood
PCTE

Savanna N. Sublett
Behavioral Health Unit

Heather N. Troxell
Environmental Services

Alicia F. Wallace
FM - Owingsville

Madeline M. Wilson
3rd Floor North

Timothy D. Woods
Infusion Solutions

Matthew J. Zimmerman
Cardiology



AUGUST 2018 EDUCATIONAL OPPORTUNITIES

C.E. Programs

August 1 | Journal Club

Noon - 1:00 PM, SCR Library - Education Room
Credit: Category 1 AMA

August 3 | Tumor Board

8:00 - 9:00 AM, SCR Library - Education Room
Credit: Category 1 AMA, Nursing

August 7 | BLS Check-Off

1:00 - 4:00 PM, CHER 208
Register with KaSandra Hensley at
kasandra.hensley@st-claire.org or ext. 6830.

August 7 | The Next Era in Hepatitis C Treatment: Bring Cure to Primary Care

6:00 - 7:30 PM, CHER 102
Credit: ACPE, Category 1 AMA, Nursing

August 8 | Morbidity and Mortality

Noon - 1:00 PM, SCR Library - Education Room
Credit: Category 1 AMA

August 15 | Interdisciplinary Grand Rounds

Noon - 1:00 PM, SCR Library - Education Room
Credit: ACPE, Category 1 AMA

August 17 | Tumor Board

8:00 - 9:00 AM, SCR Library - Education Room
Credit: Category 1 AMA, Nursing

August 21 | BLS Check-Off

1:00 - 4:00 PM, CHER 208
Register with KaSandra Hensley at
kasandra.hensley@st-claire.org or ext. 6830.

Nursing Professional Development Educational Offerings

To register, email kayla.harrison@st-claire.org

August 2 & 3 | ACLS Full Two-Day Course

Registration: 8:00 AM, Class 8:30 AM - 4:30 PM, Sim Lab
Credit awarded: CME, CNE

August 7 | BLS Skills Check-Off

8:00 AM - Noon (30 min. sessions)
Room 353 - 3N Conference Room

August 8 | ACLS Renewal

Registration: 8:00 AM, Class 8:30 AM - 4:30 PM, Sim Lab

August 9 | Crew Resource Management

8:00 - 10:30 AM, CHER 415
Credit awarded: CNE

August 9 | PCA Competency Session 1

Noon - 4:00 PM, Café D

August 23 | Secure Recertification Training

8:00 AM - Noon, CHER 102
Credit awarded: CNE

August 21 | CATS Lecture Series "Stroke Case Scenarios"

Noon - 1:00 PM, Café A
Credit awarded: CME, CNE

August 28 | Basic Dysrhythmia Course

9:00 AM - 4:00 PM, Sim Lab
Credit awarded: CNE

August 29 | PCA Competency Session 1

8:00 AM - Noon, Café D

August 30 | How to Survive the First Year of Nursing School

8:30 AM - 12:30 PM, Café D
Credit awarded: CNE

August 30 & 31 | PALS Full Two-Day Course

Registration: 8:00 AM, Class 8:30 AM - 4:30 PM, Sim Lab
Credit awarded: CME, CNE

The Sim Lab is located in the St. Claire/UK Education Annex (previously Morehead Medical Specialists), immediately on your right through the main entrance.

Don't miss the fun!



**Sign your team up for the
24th Annual St. Claire Foundation
Golf Outing by August 30.**

*Don't have a team?
Don't worry.*

Registration is available for individuals, too!

www.st-claire.org/golf2018

GOLF BALL DROP RAFFLE

SPONSORED BY
MTM

Win up to \$5,000!

*Chances are \$10 each.
You don't have to be present to win.*

Purchase chances online at
www.st-claire.org/golfballdrop,
or using the registration form below.
Your number(s) will be emailed to you.
Be sure to save that email!

Proceeds from the raffle will benefit SCH's new
inpatient rehab therapy gym and training space.

Golf Ball Drop Raffle chances are nonrefundable.

St. Claire Medical Center, Inc. - Charitable Gaming Exempt Organization #EXE0002007

ENTRY FORM

Return with payment to:
St. Claire Foundation
222 Medical Circle • Morehead, KY 40351

Name: _____

Daytime Phone: _____

Address: _____

City: _____

State/ZIP: _____

Email: _____

of Chances: _____

Payment (# of Chances x \$10): _____

Effective July 30, 2018

Our Store Hours Have Changed!

Monday - Friday: 8 AM - 5 PM
Saturday & Sunday: Closed



St. Claire HealthCare
222 Medical Circle | Morehead, KY 40351



Next Surgical Weight Loss Seminar Aug. 30 | 6 - 7 PM | CHER Building

Join us for a **FREE** weight loss seminar to learn more about how St. Claire HealthCare Surgical Weight Loss can help you!

Register online at www.st-claire.org/surgicalweightloss or call 606.356.4814.
You can also email jessica.copher2@st-claire.org for more information.

Need a camera for a St. Claire event?

The Marketing/PR Dept. has several cameras available for loan.

Call ext. 6927 to reserve a camera for your event.



NEWSBRIEF

Have an article or event to submit for the Newsbrief?

Please send articles/information to be placed in the SCH Newsbrief to SCHcommunications@st-claire.org.

View current and past Newsbriefs online!
www.st-claire.org/Newsbrief


Connect With Us!



St. Claire HealthCare is a sponsored ministry of the **Sisters of Notre Dame** Covington Province