

NEWSBRIEF

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St. Claire HealthCare Organizes Mass Casualty Emergency Drill

St. Claire HealthCare would like to thank all those who participated in the mass casualty emergency drill on Tuesday, Oct. 9. St. Claire HealthCare along with the Morehead Fire Department, Morehead Police Department, Rowan County EMS, PHI Air Medical, Rowan County Schools Transportation Department, and Rowan County Senior High School performed a drill as a training exercise to ensure all of those involved are prepared in the event of a real mass casualty emergency.



Jacob E. Perry, MD, general surgeon (pictured left) doing a surgical consult along with Adam Scrogam, MD, emergency medicine physician (pictured right).

“St. Claire and the rest of the community understand the importance of training exercises to ensure preparedness,” said Jill Grier, RN, St. Claire HealthCare Emergency Management Coordinator. “Recognizing the things that stress our normal day-to-day operations of the hospital and emergency services need to be practiced so that we are experts at it. We’re just going to keep getting better and better at it the more we practice.”

The drill was designed to simulate the aftermath of a school bus accident with approximately 19 patients. Medical students played the role of school-aged children. Participants in the training exercise were assigned fake names, ages, and specific injuries, ranging from bruises to major traumas and even received special effects make-up to create realistic wounds. The actors were evaluated by Rowan County EMS and transferred to St. Claire Regional Medical Center where emergency medical staff jumped into action to care for the influx of patients.

See more photos on page 2.



Morehead Fire Department, Morehead Police Department, Rowan County Schools Transportation Department, and Rowan County EMS worked together to rescue and evaluate those in need of medical assistance.



Punnaiyanam Ravisankar, MD, emergency medicine physician assesses a patient actor's wounds.



St. Claire HealthCare Emergency Department staff work together to treat the 19 patient actors who arrived with trauma.

To view more photos from the mass casualty drill, visit the SCH Facebook page!

EARLY DETECTION LEADS TO SURVIVAL

go pink

Breast Cancer Awareness Event

FRIDAY, OCTOBER 26 • 9 AM TO NOON
ST. CLAIRE FAMILY MEDICAL SUPPLY

Win Fabulous Door Prizes!

We're giving away nearly \$1,000 in door prizes.

- Shoes & Socks
- Post-Mastectomy Apparel
- Pink Accessories
- And Much More!

No purchase necessary. Must be 18 or older. One entry per person. You don't have to be present to win.

The first 100 women will receive a

FREE

"GO PINK" T-SHIRT
and Goody Bag!



FREE HEALTH SCREENINGS

No Appointment Necessary & No Fasting Required

- Ankle Brachial Index
- Dermascan
- Blood Pressure
- Glucose
- Bone Density
- Oxygen Saturation
- Cholesterol
- Pulse Rate

EDUCATION & RESOURCES

- St. Claire Breast Cancer Prevention Education
- St. Claire Oncology Services
- UK HealthCare Markey Cancer Center

ENJOY FREE REFRESHMENTS

Featuring
20% OFF
Pink Dot Deals Throughout the Store!



St. Claire
FAMILY MEDICAL SUPPLY

www.st-claire.org | 606.784.2414

Located in the Kroger Shopping Center in Morehead

Monday - Friday: 8AM - 5PM | Saturday & Sunday: Closed

No additional discounts, promotions or offers apply. 10/18.



St. Claire HealthCare recognizes
Emergency Nurses
 during Emergency Nurses Week
 and all year long!



Submitted by Phalen Bailey

Since 1989, the Emergency Nurses Association has recognized the second Wednesday in October as Emergency Nurses Day, a day honoring emergency nurses for their commitment to patient care. In 2001, the Emergency Nurses Association (ENA) expanded the celebration to devote an entire week to honoring emergency nurses, because one day is simply not enough to recognize all contributions made by emergency nurses. This year's Emergency Nurses Week theme focuses on how powerful emergency nurses are. They have the capability to provide safe practice and care in difficult situations while remaining confident, strong and empowering their colleagues.

We want to recognize the hard work and dedication demonstrated by all of our St. Claire HealthCare emergency nurses. Over the last year alone, our nurses have accomplished some amazing things, such as increasing our number of specialty certifications to 20, and becoming one of only three hospitals in Kentucky with the designation of Pediatric Ready Emergency Department. Please help us in thanking our emergency nurses for everything they do!

If you have received amazing care from St. Claire HealthCare emergency nurses, please send them a personal thank you for all they do!



*Cropper Earns
 MBS Certification*

Submitted by Riki Watts

Maggie Cropper, SRNA, Administrative Assistant for Same Day Surgery, recently received her Metabolic and Bariatric Surgery Clinical Reviewer Certification through the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program. This certification exhibits Cropper's commitment to her role as the MBS Clinical Reviewer at SCH. Congratulations, Maggie!

*"Proclaiming God's
 goodness through a healing
 ministry to the people of
 Eastern Kentucky."*

The mission of
 St. Claire HealthCare



**TRUNK
 OR TREAT!**

Date: October 27, 2018

Time: Noon - 1:00 p.m.

Location: CHER Building Parking Lot

St. Claire EMPACT
 Employee Activities/CQI Team

For more information, contact:
 Barb Davis @ 783.7527
 Angel Beamon @ 784.3771

St. Claire HealthCare Recognizes Our Rehab Team

During National Rehab Awareness Week and All Year Long for Providing
Amazing Rehab Close to Home!

Submitted by Debbie Neff

Physical Therapy • Speech Therapy • Occupational Therapy



Adult Outpatient Therapy:
 (back, left to right) Kirsten Morant; Ethan Kamer, PT, DPT;
 David Carr, PT, ECS; Chris Shields, PTA; Caleb Madden, PT, DPT

(front, left to right) Kristi Whitt; Debbie Neff, PT, MSPT, CLT;
 Morgan King, MS, OTR/L, CLT; Amber Gregory, MS, OTR/L



Hospital Based Therapy:
 (left to right) Bradi Boden; Amber Gregory, MS, OTR/L; Debbie Neff,
 PT, MSPT, CLT; Bryan Cardenas, PT, DPT; Katie Bloom, MS, OTR/L; Arica
 Conley, PT, MSPT



Pediatric Therapy:
 (left to right) Stacy Border, PT, DPT; Kliricia Loc, OTR/L; Beth Reynolds,
 MS, OTR/L; Sarah Beth Bryan, MS, SLP; Amber Stone, CF-SLP; Barb Hart



*Goodbye Summer,
Hello
Ageless
Autumn!*

Now thru Oct. 31

BOTOX[®]
Cosmetic
onabotulinumtoxinA_{injection}

\$9 per unit
Notice results within 3 to 7 days!

Juvéderm[®]
Ultra • Ultra Plus • Volbella[®]
Vollure • Voluma[®]

\$50 Off
Immediate results that last up to 1 year!

Restylane[®]
AND
Restylane[®]
LYFT[™]

\$100 Off
PLUS get an extra \$20 off when you sign up for Aspire points.

kybella[®]
(deoxycholic acid) injection 10 mg/mL

\$300 Off
Improve your chin profile non-surgically by permanently destroying fat cells.

Latisse[®]
(bimatoprost ophthalmic solution) 0.03%

5 ml for only
\$119
For darker, longer, fuller lashes!

SkinMedica
An Allergan Company

BUY 2 *Vitalize* or *Rejuvenize* Chemical Peels
for only **\$249** & GET 1 *Vitalize* Peel FREE
SAVE \$200

10% Off All SkinMedica[®] Products

25% off all LASER packages

Skin Rejuvenation

Our non-surgical skin rejuvenation laser services treat the appearance of **Fine Lines & Wrinkles, Sagging Skin, Dark Spots, Acne or Acne Scarring.**

Hair Removal

Our Syneron Candela[®] laser is safe and effective on all skin types and can be used to remove hair from anywhere on the body.

**St. Claire
Aesthetics**

Located on the first floor of the Medical Center

606.783.6760

Connect with us!
Gift Certificates Available!
 CANNOT be combined with any other offer.

Join us for
SCH Benefits & Wellness Fair

Thursday, October 25 | 8:00 a.m. to 3:00 p.m.
St. Claire Regional Cafe B - D

Insurance representatives from Anthem, Delta Dental, Febco (medical reimbursement/dependent care) and Colonial Life (supplemental) will provide information on 2019 benefits and answer questions. There will also be free health screenings available and a chance to win door prizes!

SCH Sponsored Screenings & Information:

- Cholesterol
- Glucose
- Blood Pressure
- Pulse
- Oxygen
- ABI (Ankle-Branchial Index)
- PAD (Peripheral Arterial Disease)
- Stroke Assessment
- Bariatric - Surgical Weight Loss

2019 Benefits Enrollment

Friday, October 26 - Saturday, November 10

To access 2019 insurance information visit

www.schstff.org

- or -

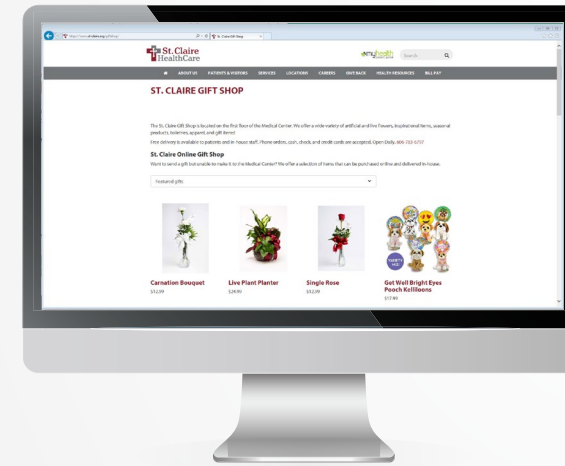
SCH's Intranet

All FT & PT staff are required to complete an election for 2019 insurance. Please sign up for a 1-on-1 appointment with a benefit counselor in SCH's Cafeteria, or complete your enrollment online. (Note: the online enrollment site will not be available until October 26.)

All full-time staff are required to recertify for both the Tobacco and Spousal Surcharge Certifications via SCH's Employee Portal. Your previous certification will not rollover. (Note: surcharges only apply to health insurance).

For questions or more information, contact Human Resources at 783.6584.

Now you can purchase select items from the St. Claire Gift Shop **ONLINE** with free delivery to patients and in-house staff!



Simply visit us at:
www.st-claire.org/giftshop



Wear your lung cancer screening T-shirt each Friday in November!

All proceeds benefit lung cancer screening awareness efforts.

Get your T-shirt in the 2nd floor hallway while supplies last!

Tuesday, Oct. 30
11 AM - 1 PM

Wednesday, Oct. 31
11 AM - 1 PM

Thursday, Nov. 8
11 AM - 1 PM

T-shirts are \$15 each and can be purchased via cash/check/payroll deduction.
Small - 4XL Available (Quantities are limited)



NOVEMBER 2018

Nov. 1

Misty D. Hardy Behavioral Health Unit
Chelsea L. Havens FM - Menifee (Dental)
Melissa J. Yungbluth FM - Menifee (Dental)
Sara G. Hylander FM - Morehead
Regina L. Holbrook Surgery

Nov. 2

Merry-Jo L. Cloud 3rd Floor Central
Mary Caric FM - Morehead
Tesla N. Jackson Nursing Administration
Krystal L. Scarberry Nursing Administration

Nov. 3

Heather D. Nickell Behavioral Health Unit
Chase E. Hanshaw Central Transport
Elaine A. Fraim Financial Services
Karen Silvey Health Information Mngt.
Lauren K. Craycraft House Staff
Danielle R. Hamm House Staff

Nov. 4

Tara B. Mays 3rd Floor North
Rebecca A. Royle Hospice
Jerry D. Holbrook Infusion Solutions

Nov. 5

Courtney R. Elam Emergency Physicians
Richard W. Proudfoot General Surgery
Brenda C. Stanley Information Technology
Michaela S. Lantz Internal Medicine - MG
Colby J. Holmes Podiatry

Nov. 6

Beverly J. Daniel Behavioral Health Unit
Chad D. Collett Information Technology
Shellie W. Smith Nursing Administration
Beverly J. Penix Patient Services Support
Denise L. Hundley Quality Management
Robert Combs Social Services
Crystal L. Hall Social Services

Nov. 7

Richard N. Simpson Infusion Solutions
Jackie D. Stamper Patient Financial Services
Sherry L. Buck Quality Management
Brittany N. Whitt Surgery

Nov. 8

Levonda L. Ingram Hospice
McKenzie P. Justice Patient Services Support

Nov. 9

Hannah G. Zornes 3rd Floor Central
Amanda D. Adkins Central Scheduling
Bethany P. Coleman FM - Morehead
Kliricia M. Loc Occupational Therapy
Amanda Glover Pharmacy
Charles R. Layne Pharmacy

Nov. 10

Richard R. Burke Family Medicine
Amanda J. Gee FM - Olive Hill
Jennifer N. Pruett Speech Therapy

Nov. 11

Deidre A. Horsley 3rd Floor North
Abigail C. Timm 3rd Floor North
Shonna K. Crouch Central Billing Office

Nov. 12

Amanda L. Ramey FM - Morehead
Patty A. Lewis Health Information Mngt.
Shana N. Cooper Home Health
Licia R. Lykins Retail Pharmacy

Nov. 13

Amanda L. Francis Patient Access
Madison B. McCoy Patient Services Support
April King Sleep Lab

Nov. 14

Jessica M. Kidd Cardiology
Vickie A. Cantrell FM - Sandy Hook
Jessica N. Perry ICU
April D. Carter Internal Medicine - MG

Nov. 15

Kristy A. Hay Emergency Department
Julia C. Allen Home Health
Michael J. LeRose Infusion Solutions
Barbara M. Ross Infusion Solutions

Nov. 16

Shirley A. Caudill Foundation
Herbert D. Garrett Infusion Solutions
Anthony D. Weaver Internal Medicine - MG

Nov. 17

Kayla D. Sisk FM - Menifee (Dental)

Nov. 18

Tamara R. Helton Nursing Administration

Nov. 19

Carrie A. McClain Central Scheduling
Jamie L. Perry Environmental Services
Janet M. Sloan Environmental Services
Lonnie B. Brewer Infusion Solutions
Rebecca M. Hickerson Patient Services Support
Diana J. Stegall Specialty Practices Admin.

Nov. 20

Sarah J. Copher 4th Floor Nursing
Jacob D. Waddell Central Transport
Misty P. Waddell ICU
Alexandra N. Lambert Nursing Administration

Nov. 21

James A. Salisbury Central Billing Office
Harlan L. Wages Diagnostic Imaging

Chelle D. Gilliam Health Information Mngt.
Ishmael W. Stevens Infusion Solutions
Tona Y. Kidd Patient Services Support

Nov. 22

Mark J. Neff Administration
Melissa Kidd Cardiology - MG
Cassie J. Stanley Cardiology - MG
Christopher R. Clise Central Transport
Andrea C. Campbell Clinical Nutrition
Amanda R. Wells Nursing Administration
Madison P. Winkleman Nursing Administration

Nov. 23

Monica P. Stevens Emergency Department
Courtney Hollingsworth Nursing Administration
Bethany L. Lowery Nursing Administration

Nov. 24

Bobbi L. Carver Central Scheduling
Mitzi Carroll Infusion Solutions

Nov. 25

Joelle N. Craft ICU
Cathy L. Smith Infusion Solutions
Anthony J. Massarone Pharmacy
Gaybrianna K. Hall Surgery

Nov. 26

Suthanya McLoney Food Services
Ashley G. Cooper Pulmonology - MG

Nov. 27

Mika J. Sapp Central Scheduling
Holly M. Meade Infusion Solutions

Nov. 28

Joseph F. Pierce 3rd Floor North
Cheryl G. Bussell Health Information
Management

Nov. 29

Patrick A. Dillon Home Health
Randa R. Reed Podiatry

Nov. 29

Kana S. McKenzie 3rd Floor North
Yolanda F. Vance Behavioral Health Unit

Nov. 30

Tijuana F. Carroll 3rd Floor North
Danette Fyffe AHEC
Savanna N. Sublett Behavioral Health Unit
Tracy L. Perkins Cardiac Rehab
Vickie C. Rivers Emergency Department
Joel E. Porter FM - Menifee (Dental)
William E. Kamer Physical Therapy



OCTOBER & NOVEMBER 2018 EDUCATIONAL OPPORTUNITIES

C.E. Programs

Oct. 19 | Tumor Board

8:00 – 9:00 AM
SCR Library - Education Room
Credit: Category 1 AMA, Nursing

Nov. 2 | Tumor Board

8:00 – 9:00 AM
SCR Library - Education Room
Credit: Category 1 AMA, Nursing

Nov. 7 | Journal Club

Noon – 1:00 PM
SCR Library - Education Room
Credit: Category 1 AMA

Nov. 13 | BLS Check-Off

1:00 – 4:00 PM
CHER 208
Register with KaSandra Hensley at
kasandra.hensley@st-claire.org or ext. 6830.

Nov. 14 | Morbidity and Mortality

Noon – 1:00 PM
SCR Library - Education Room
Credit: Category 1 AMA

Nov. 16 | Tumor Board

8:00 – 9:00 AM
SCR Library - Education Room
Credit: Category 1 AMA, Nursing

Nov. 21 | Interdisciplinary Grand Rounds

Noon – 1:00 PM
SCR Library - Education Room
Credit: ACPE, Category 1 AMA

Nursing Professional Development Educational Offerings

To register, visit HealthStream and search for the course in the catalog.

Oct. 23 | Basic Dysrhythmia Course

9:00 AM – 4:00 PM
Sim Lab
Credit awarded: CNE

Oct. 25 & 26 | PALS Full Two-Day Course

Registration: 8:00 AM, Class 8:30 AM – 4:30 PM
Sim Lab
Credit awarded: CME, CNE

Oct. 30 | ACLS Renewal

Registration: 8:00 AM, Class 8:30 AM – 4:30 PM
Sim Lab

Nov. 1 | Bullying Prevention

4:30 PM – 6:30 PM
Café B
Credit awarded: CNE

Nov. 8 | PALS Renewal

Registration: 8:00 AM, Class 8:30 AM – 4:30 PM
Sim Lab

Nov. 9 & 12 | BLS Skills Check-Off

8:00 AM – Noon (30 min. sessions)
Room 353 – 3N Conference Room

Nov. 13 | Crew Resource Management

8:00 – 10:30 AM
CHER 102D
Credit awarded: CNE

Nov. 15 | Secure Training

8:00 AM – 2:00 PM
CHER 102
Credit awarded: CNE

Bereavement Support

A bereavement support group meets the first Monday of each month. Meetings are free and open to anyone dealing with loss.

Monday, Oct. 22 @ 5 p.m.
St. Claire Hospice (201 Lyons Ave., Morehead)

Contact Tiffany Fannin, LSW, at 783-6808 for more information.



222 Medical Circle | Morehead, KY 40351

free CHILD DEVELOPMENT CLASSES
DESIGNED FOR PARENTS AND CAREGIVERS

Getting Through The Day

Emotional, Self-Regulation and Behavior Management

Tuesday, Nov. 13 · 6-7 PM

Rowan County Public Library - Community Room



Holiday Extravaganza

Thursday, Nov. 8	7 a.m. - 7 p.m.
	9 a.m. - Midnight
Friday, Nov. 9	8 a.m. - 6 p.m.
Saturday, Nov. 10	9 a.m. - 2 p.m.

*Door Prizes - Gift w/Purchase - Special Sales
Refreshments on Saturday*

Melissa and Doug - Simply Southern - Viv and Lou
Vera Bradley - Aromatherapy - Ty - Inis - Candle Warmers



Need a camera for a St. Claire event?

The Marketing/PR Dept. has several cameras available for loan.

Call ext. 6927 to reserve a camera for your event.



NEWSBRIEF

Have an article or event to submit for the Newsbrief?

Please send articles/information to be placed in the SCH Newsbrief to SCHcommunications@st-claire.org.

View current and past Newsbriefs online!
www.st-claire.org/Newsbrief


Connect With Us!



St. Claire HealthCare is a sponsored ministry of the **Sisters of Notre Dame** Covington Province