

NEWSBRIEF

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Put the Final Check on Your Holiday To Do List by Helping us Help Others!

Every gift to St. Claire, no matter the size, makes a difference in the lives of those we serve. These gifts bring hope, healing, and recovery to us, our families, and our neighbors. They also support extraordinary opportunities, such as expanding services to all patients, including those unable to pay; increasing technology; educating the next generation of medical providers; enhancing SCH's facilities; and so much more.

During this season of giving, we hope you will consider a gift to St. Claire. Whether you make a one-time gift or opt for payroll deductions throughout the year, you will help ensure we continue to improve the lives of staff, patients, and families throughout our region.

To make your gift, visit www.st-claire.org/give or call 606.783.6512.

Thank you for your support! We're able to do so much more because of the generosity of people like us who support St. Claire's mission to provide a healing ministry to the people of Eastern Kentucky.



CANCER PREVENTION OUTCOMES

Kentucky has one of the highest rates of cancer in the nation, with the disease being one of the leading causes of death in the state. St. Claire HealthCare continues to do its part in educating the public and lowering the cancer death rate in Northeastern Kentucky. In 2016, SCH joined an effort with the UK Markey Cancer Center to "Terminate Lung Cancer." The goal of Terminate Lung Cancer (TLC) is to increase education and access to screening and preventive measures, including tobacco cessation resources. Below are SCH's cancer prevention and education efforts, along with results from 2018.

Tobacco Cessation

Over the course of the year, 17 participants enrolled in St. Claire HealthCare's Freedom From Smoking class through the American Lung Association, with eight quitting tobacco use by the end of the program. In an effort to make the class more accessible SCH now offers the class via zoom so that participants can access the class via any smart device.

In conjunction with Rowan County Senior High School, the American Lung Association Not-On-Tobacco (NOT) tobacco cessation program is now offered to students at RCSHS. Five facilitators including SCH and RCSHS staff collaborated to offer the program in 2018 with eight students volunteering to participate, four actively participating and one adolescent completing the program now living tobacco-free.

St. Claire Oncology proudly staffs three Certified Tobacco Treatment Specialists that have completed the 27-hour online UK BREATHE Tobacco Treatment Specialist Training.

Lung Cancer Symposium

Through the Terminate Lung Cancer program St. Claire hosted 94 attendees at the 3rd Annual Lung Cancer Symposium in September to further educate the public and medical community in our region about the effects of lung cancer and how to prevent it. This year the symposium featured speakers from the NE KY community, state and national level featuring a keynote speaker from the Center for Disease Control and Prevention.

SWOG Membership

St. Claire HealthCare is an Affiliate Member of SWOG and participates in cancer research studies, including trials conducted within the NCI's National Clinical Trials Network. SWOG is a cancer research cooperative group which designs and conducts multidisciplinary clinical trials to improve the

practice of medicine in preventing, detecting, and treating cancer, and to enhance the quality of life for cancer survivors. This membership allows St. Claire to bring National Clinical Trials to our patients close to home in a familiar and comfortable setting.

National Colorectal Cancer Prevention Clinical Trial

St. Claire HealthCare is collaborating on a nationwide research study to test whether two drugs can help prevent second cancers and the formation of new precancerous polyps, known as adenomas, in patients who have already battled colorectal cancer. The Preventing Adenomas of the Colon with Eflornithine and Sulindac (PACES) clinical trial is managed by the international cancer trials group SWOG, with public support from the National Cancer Institute (NCI). PACES is testing these two drugs in colorectal cancer survivors after previous research showed that they held promise for people currently undergoing treatment. That previous study showed the drugs significantly reduced the chances of people developed high-risk cancers. To read more about the trial visit www.st-claire.org/paces.



Front Row (L-R): Brittany Blair, APRN; Allen Lim, MD; Back Row (L-R): Ashley Gibson; Stephanie Justice, PharmD, BCPS; Vickie Fairchild, RN



Gardner Named Preceptor of the Year for UK's Medical Laboratory Sciences Program

Submitted by Donna Fannin

Patty Gardner, histology/lab technician, has been with St. Claire for more than 40 years. Patty is pictured above with Eli Smith who nominated her for this award.

According to Smith, "Patty made each day fun while imparting skills needed to become proficient in the laboratory. The best of what she taught me cannot be found in a procedure. The lesson I take home at the end of each day is focused around treating others better and encouraging positivity. Patty possesses the kind of attitude that deserves recognition."

Congratulations, Patty!

CELEBRATING A VERY MERRY St. Claire Christmas

Staff Christmas parties featured great food, gifts, and holiday cheer!



Human Resources staff assisted as Santa's elves during this year's staff Christmas parties, handing out staff gifts. Pictured above with Santa, played by Tom Lewis, are (L-R) Marsha Shrouf, Wendy Bleemel, Julie Butler, Christa Robinson, and Jill Rhodes.



Everyone loves having their photo taken with Santa! Left, Sister Judi Lambert, and above, Santa's little helpers Charlotte Kiser, Becky Runyon, and Kaitlin Bradley posed for their pictures.



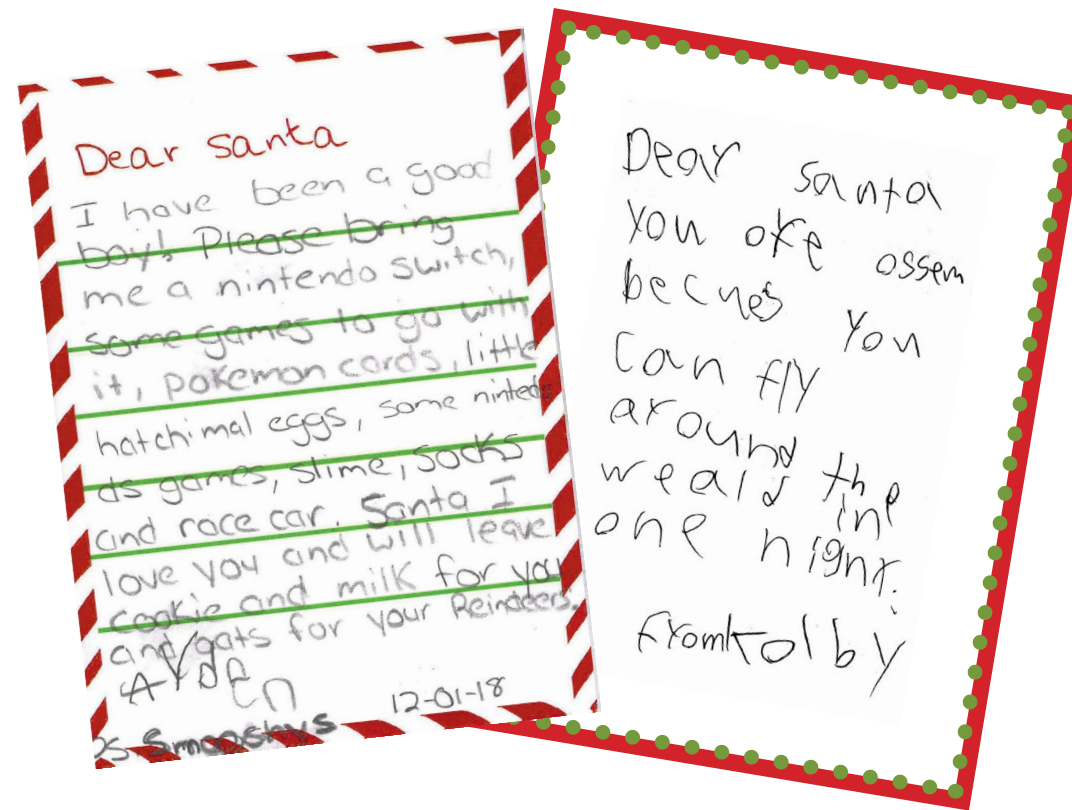
Merry Christmas to all and a special thank you to all SCH staff for another wonderful year of dedicated service!

Breakfast with Santa

Submitted by Barb Davis

Every year during his busiest of times, Santa Claus makes a special trip to St. Claire to spread Christmas cheer and deliver stockings full of goodies to the children. With wide eyes and excited smiles, more than 150 children sat on Santa's knee and told him what they wanted for Christmas during Breakfast with Santa. Some even hand delivered some very special letters to Santa.

Children were served a complimentary breakfast while they waited for Santa to call their name.



St. Claire
EMPACT
Employee Activities/CQI Team

A special thank you to Santa and all of his elves, including Greg Adkins with St. Claire Home Health, Pamela Egelston with Food Services, and everyone who helped transform the St. Claire Café into a winter wonderland for Santa's visit.

Want to see more photos?

Visit St. Claire's Facebook page!



HAPPY BIRTHDAY

JANUARY 2019

<p>Jan. 1 Dianna M. Bentley Whitley S. Cecil Susan B. Hamlin Shaunda N. Novak Felicia P. Richards Heather J. Thomas</p> <p>Jan. 2 Cheryl K. Bridenthal Taelor L. Puckett</p> <p>Jan. 3 Phillip B. Baker Abbi L. Chandler Mildred K. Cooper Patricia R. Eldridge Marsha A. Horsley William D. Lewis Shannon L. Moore Melinda E. Oakley</p> <p>Jan. 4 Greta L. Logan</p> <p>Jan. 5 Augusta D. Clark Calvin R. Conn Crystal L. Donathan Marla K. Kearns Melissa D. Montfort Rose M. Pettit</p> <p>Jan. 6 Carla K. Handy Colton L. Williams</p> <p>Jan. 7 Dakota M. Cooper Ashleigh M. Davis Lesa P. Hopson Erin N. Mocabee</p> <p>Jan. 9 Kelly J. Fannin Tiffany D. Kerns Cathy J. Lawson Robin R. Munday Melinda Sturgill Alicia Swim</p> <p>Jan. 10 April L. Campbell Mohammad A. Chouthry Nancy J. Conn Raymond C. Steagall Misty K. Woods-Bolton</p>	<p>Pharmacy Respiratory Therapy Opt. Infusion Services Specialty Practices Admin. 4th Floor Nursing Infusion Solutions</p> <p>Hospice Materials Management</p> <p>FM - Owingsville 3rd Floor Central Patient Financial Services FM - Olive Hill Home Health Radiology Physicians Home Health Emergency Department</p> <p>Diagnostic Imaging</p> <p>Infusion Solutions Bio Medical Engineering OPCC 4th Floor Nursing Laboratory Infusion Solutions</p> <p>Central Billing Office Infusion Solutions</p> <p>Diagnostic Imaging Nursing Administration Administration Food Services</p> <p>Health Information Mngt. Infusion Solutions Respiratory Therapy Central Billing Office Food Services TCU</p> <p>FM - Morehead North Anesthesia Professionals Patient Access Facilities Management Retail Pharmacy</p>	<p>Jan. 11 Sarah D. Dulin Shawna L. Rose</p> <p>Jan. 12 Caitlin N. Coffey Debra L. Dickerson Rebecca L. Downs Carl Jones Stephen F. McFarland William G. Roberts Melinda J. Sexton</p> <p>Jan. 13 Lisa M. Bennett Nancy J. Bond Melanie J. Butler Tracey L. Dickerson Linda T. Stahl Leigh A. Stiltner</p> <p>Jan. 14 Emily C. Bailey Amy D. Brown Lonneta R. Buckner Melanie A. Hurst Amber B. O'Neal Glenna S. Stevens</p> <p>Jan. 15 Alissa D. Mason</p> <p>Jan. 16 David A. Gross Nathan D. Hunt Kimberly S. Layne Branden L. Quinlan Lorri D. Raleigh Michael T. Smedley</p> <p>Jan. 17 Angela L. Gillespie Kayla R. James Lauren H. Lacy</p> <p>Jan. 18 Robert D. Craft Ana-Marina N. Kissinger</p> <p>Jan. 19 Connie B. Mayhorn Johnny B. Napier</p> <p>Jan. 20 Andy L. Cooper Lisa A. Goldstein Jessica N. Henderson</p>	<p>Environmental Services Nuclear Medicine</p> <p>Emergency Department Home Health FM- Owingsville Information Technology Pain Management Environmental Services Nursing Administration</p> <p>Environmental Services Environmental Services Primary Care Central Billing Office ICU Patient Financial Services</p> <p>Patient Access Infusion Solutions Behavioral Health Unit Hospice Occupational Therapy Food Services</p> <p>Patient Access</p> <p>AHEC Food Services Environmental Services Hospitalist Physician FM- Owingsville Security Services</p> <p>Behavioral Health Unit Environmental Services 3rd Floor North</p> <p>Pharmacy OPCC</p> <p>Counseling Services Home Health</p> <p>Environmental Services Family Medicine Specialty Practices Admin.</p>	<p>Lillie M. King Megan A. Neace Amanda K. Rose Jenna R. Tholen Chad A. Wilson</p> <p>Jan. 21 Cindy J. McKenzie</p> <p>Jan. 22 Tiffany L. Collins</p> <p>Jan. 23 Ada R. Albert Pamela S. Christy Veronica G. Hinton Mandy M. Roberts Miranda B. Shutt</p> <p>Jan. 24 Khang G. Nguyen</p> <p>Jan. 25 Donna F. Lucas Timothy A. Malone</p> <p>Jan. 26 Chantae B. Bryant Megan J. McDowell Frances A. Meritt</p> <p>Jan. 27 Alice C. Ferguson Victoria Henderson Kimberly L. Smallwood</p> <p>Jan. 28 Hal W. Bledsoe Shane T. Kiser Bethany L. McClure Jessica N. Oldham</p> <p>Jan. 29 Fhonda K. Hitch Christy M. Larsen</p> <p>Jan. 30 Kristina L. Kegley Latisha M. Mays Sara A. Nichols Trina M. Pierce</p> <p>Jan. 31 Kara D. Holbrook Martha C. Martin Amber N. Stamper</p>	<p>Same Day Surgery PCTE Diagnostic Imaging Diagnostic Imaging Sleep Lab</p> <p>FM - Frenchburg</p> <p>OPCC</p> <p>Hospice SPD Palliative Care Surgery House Staff</p> <p>Pharmacy</p> <p>Specialty Practices Admin. Bio Medical Engineering</p> <p>ICU ICU FM - Morehead</p> <p>FM - Sandy Hook Food Services FM - Frenchburg</p> <p>Bio Medical Engineering Surgery Family Medicine Express Central Scheduling</p> <p>Home Health Infusion Solutions</p> <p>Home Health Case Management Nursing Administration Laboratory</p> <p>4th Floor Nursing Respiratory Therapy Hospice</p>
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JANUARY 2019 EDUCATIONAL OPPORTUNITIES

- Jan. 4 | Tumor Board**
8:00 – 9:00 AM
St. Claire Teleconference Room
Credit: ACPE, Category 1 AMA, Nursing
- Jan. 8 | Crew Resource Management**
8:00 – 11:00 AM
CHER 102 D
Credit: CNE
- Jan. 9 | BLS Skills Check-Off**
8:00 AM – Noon (30 min. sessions)
Room 353 – 3N Conference Room
- Jan. 10 | PALS Renewal**
Registration: 8:00 AM, Class 8:30 AM – 4:30 PM
Sim Lab
- Jan. 10 | Secure Recertification Training**
8:00 AM – 2:00 PM
CHER 317
Credit: CNE
- Jan. 15 | CATS Lecture Series: Sex Differences in Stroke**
Noon – 1:00 PM
Café A
Credit: CME, CNE
- Jan. 16 | Interdisciplinary Grand Rounds**
Noon – 1:00 PM
St. Claire Library – Education Room
Credit: ACPE, Category 1 AMA
- Jan. 18 | Tumor Board**
8:00 – 9:00 AM
St. Claire Teleconference Room
Credit: Category 1 AMA, Nursing
- Jan. 22 | BLS Skills Check-Off**
8:00 AM – Noon (30 min. sessions)
Room 353 – 3N Conference Room
- Jan. 22 | Secure Training**
8:00 AM – 2:00 PM
CHER 102 D
Credit: CNE
- Jan. 24 & 25 | PALS Full Two-Day Course**
Registration: 8:00 AM, Class 8:30 AM – 4:30 PM
Sim Lab
Credit: CME, CNE

Merry Christmas



All SCH staff working on Christmas Day will receive a **FREE** Christmas Meal in the Café (either lunch or dinner).



222 Medical Circle | Morehead, KY 40351



"St. Claire Surgical Weight Loss gave me a new Appreciation for Life!"

- Adelinda Reed
Morehead, KY



Surgical Weight Loss Seminar

Jan. 3 | 6 - 7 PM | St. Claire Medical Pavilion

Join us for a **FREE** weight loss seminar to learn more about how St. Claire HealthCare Surgical Weight Loss can help you!

Register online at www.st-claire.org/surgicalweightloss or call 606.356.4814. You can also email jessica.copher2@st-claire.org for more information.



St. Claire HealthCare is a sponsored ministry of the **Sisters of Notre Dame Covington Province**

NEWSBRIEF

Have an article or event to submit for the Newsbrief?

Please send articles/information to be placed in the SCH Newsbrief to SCHcommunications@st-claire.org.

View current and past Newsbriefs online!
www.st-claire.org/Newsbrief



Breastfeeding Class

Thursday, Jan. 10 • 6-8 PM
Center for Health, Education & Research
FREE Class - No Registration Required

Join other expectant families to learn the benefits of breastfeeding, how to get started, and how to work through some early challenges.



    
Connect With Us!

Need a camera for a St. Claire event?

The Marketing/PR Dept. has several cameras available for loan.

Call ext. 6927 to reserve a camera for your event.

