

NEWSBRIEF

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St. Claire is Going Blue in Support of Colon Cancer Awareness Month

Colon cancer is the third most common diagnosed cancer in men and women, and the second-leading cause of cancer deaths. When detected early, colon cancer is one of the most preventable and most treatable forms of cancer yet over a third of at-risk adults have not taken steps to make sure their cancer is caught before it advances.

It is critical that all people, of all ages, know the signs and symptoms of colon cancer. Join us for St. Claire HealthCare's Colon Cancer Awareness Health Fair on Thursday, March 7 from 11:30 a.m. to 1:30 p.m. at the Morehead Conference Center to learn more about your risk for colon cancer. Pick up a FREE take-home FIT kit which screens for potential markers of colon cancer and take advantage of additional health screenings like blood pressure, glucose, DermaScan, and more. The first 100 guests will receive a FREE T-shirt. Plus, you can also register to win lots of great door prizes including a pair of Brooks shoes valued at \$120!

If you are 50 years old or older, get screened now. If you think you may be at higher than average risk for colorectal cancer, talk to your healthcare provider about getting screened early. St. Claire Gastroenterologist Thadis C. Cox, MD, specializes in endoscopy procedures including colonoscopy. Ask your healthcare provider for a referral today!

**DRESS TO IMPRESS:
WEAR BLUE**

Dress in Blue Day is March 1.

Get your St. Claire Colon Cancer Awareness T-shirt and wear it on Fridays in March to bring awareness to this disease - as well as honor all who are impacted by colon cancer.

See page 4 for details.



Governor Matthew G. Bevin recently proclaimed March 2019 as Colon Cancer Awareness Month in Kentucky recognizing this special opportunity to provide education on the importance of early detection and screening. Members of St. Claire's scopes team are pictured above with the proclamation.



St. Claire Aesthetics Proudly Introduces

jane iredale
THE SKINCARE MAKEUP®



Clean ingredients. Powerful results. Your beauty uncompromised.

Primers & Concealers • Mineral BB Cream • Foundations
Hydration Sprays • Bronzers & Blushes • Lip Stains & Glosses

the jane iredale difference

- **Long-lasting coverage** with minimal need for touch-ups
- Non-comedogenic formulas **won't clog pores**
- **All natural ingredients** - free of parabens, talc, phthalates, synthetic fragrance, fillers and GMO ingredients
- Our SPF products are **recommended by The Skin Cancer Foundation as effective broad spectrum sunscreen**
- **Certified cruelty-free** by CCIC (Leaping Bunny)

EXCLUSIVE INTRODUCTORY STAFF OFFER!
SAVE 20%
Offer Expires 3.21.19

Stop by Aesthetics for a free color match.
Located on the first floor of St. Claire Regional Medical Center
No additional discounts, promotions or offers apply. 2/19



Trent Assumes Role of Interim TCU/IRU Nurse Manager/Case Manager

Submitted by Lerae Wilson

It is my pleasure to announce that Dessie Trent, BSN, RN, will transition into the position of Interim Nurse Manager/Case Manager of TCU/IRU. Dessie has been employed at St. Claire since July of 2009. In her time here she has worked in multiple positions including charge nurse, registered nurse, and patient care associate.

Dessie earned her associate degree in nursing from Morehead State University and bachelor's degree in nursing from Western Governors University. She is currently working on her master's through Grand Canyon University and anticipates graduating this June.

Dessie is passionate about our mission and is excited to join our leadership team in the pursuit of providing high-quality compassionate care. Please join me in welcoming and supporting Dessie in this new role.

I would also like to express my sincere gratitude to Debbie Hayes, BSN, RN, for her guidance and leadership of TCU/IRU for the last eight years. I appreciate your dedication and ongoing commitment to live the mission of SCH.



Dessie Trent, BSN, RN



JOIN US FOR A COMMUNITY
BABY SHOWER

SATURDAY, MARCH 30 • 10 AM - 1 PM
Morehead Conference Center (111 East First Street)

Attend **FREE** new mother and baby education sessions and be entered to win over \$2,000 in baby shower prizes!

Healthy, happy, and safe from the start!



Making Valentine's Day Sweeter ...



Please join us in thanking St. Claire Food Services staff, who helped share the love this Valentine's Day by making over 3,000 chocolate covered strawberries!

-Thank you!



Proudly wear your St. Claire colon cancer awareness t-shirt on Fridays in March!

Get yours while supplies last!

Wednesday, Feb. 27 • 11 AM - 1 PM

2nd Floor Hallway, Near the Cafeteria

Small - 3XL Available (Quantities are limited)

All proceeds benefit the St. Claire Oncology Fund. T-shirts are \$15 each and can be purchased via cash/check/payroll deduction.



MARCH 2019

<p>Mar. 1 Lauretta J. Barker Jessica R. Callahan Barbara L. Davis David L. Graham</p>	<p>Environmental Services Case Management Home Health Dental</p>	<p>Mar. 12 Kristy A. O'Bryan Jennifer L. Worley</p>	<p>Health Information Mngt. Case Management</p>	<p>Mar. 23 Dianna K. Gardner Lucille Mays Shawna E. Sargent Sandy J. Thomas Tristian H. Williams</p>	<p>Central Billing Office Family Medicine Express Patient Access Specialty Practices Admin. Patient Access</p>
<p>Mar. 2 Andy B. Price</p>	<p>Information Technology</p>	<p>Mar. 13 Michael C. Burton Rhonda Young</p>	<p>Environmental Services Specialty Practices Admin.</p>	<p>Mar. 24 Ashley N. Bowling Rebekah S. Easter Donna M. Fannin Regina R. Hall Lindy C. Hargis Charles R. Johnson Janet R. Roe Marjorie A. Scott Steven D. Taylor Jr. Michele A. Walters</p>	<p>3rd Floor Central Environmental Services Laboratory Nursing Administration Patient Access Infusion Solutions Central Billing Office Central Billing Office Information Technology Family Medicine Express</p>
<p>Mar. 3 Daniel B. Jones Carlie M. Kelley James Oldham Lauren R. Rayburn</p>	<p>Environmental Services Patient Services Support Patient Financial Services Physical Therapy</p>	<p>Mar. 14 Adam W. Scrogam Christopher C. Shields</p>	<p>Emergency Physicians Physical Therapy</p>	<p>Mar. 25 Morgan N. Clemons Charla R. Pennington Ingrid K. Van Rooyen</p>	<p>3rd Floor North Home Health Laboratory</p>
<p>Mar. 4 Glenn D. Meade</p>	<p>Bio Medical Engineering</p>	<p>Mar. 15 Nancy N. Gulley Michella R. Smedley</p>	<p>Hospice Environmental Services</p>	<p>Mar. 26 Krista L. Clark Charlene F. Purnell Barbara K. Weaver</p>	<p>Central Billing Office Health Information Mngt. Health Information Mngt.</p>
<p>Mar. 5 Jennifer T. Blanton Molly B. Carew Arica L. Conley</p>	<p>Emergency Department Family Medicine Physical Therapy</p>	<p>Mar. 17 Michele F. Conley Sharon Goodpaster Rosemary Hamilton Patrick D. Hughes Donald A. Sublett Tracey G. Workman</p>	<p>Surgery 3rd Floor Central Patient Access Family Medicine Infusion Solutions Hospice</p>	<p>Mar. 27 Kevin S. Trent</p>	<p>Family Medical Supply</p>
<p>Mar. 6 Terrell W. Bradley Troy N. Conley James E. Lynch Chrysinda A. Thornsberry Kelly E. Ward</p>	<p>Facilities Management Informatics General Surgery - MG Patient Financial Services Speech Therapy</p>	<p>Mar. 18 Kelly R. Bishop Kathryn H. Bloom Donald C. Howell Dreama R. Leigh Crystal L. Little Sydney N. Logan Sharon E. Lykins Heather R. O'Hara Rebecca L. Runyon</p>	<p>Food Services Occupational Therapy Facilities Management Laboratory Patient Financial Services Emergency Department Environmental Services 3rd Floor North Food Services</p>	<p>Mar. 28 Kasey E. Collins Lorraine H. Scarberry</p>	<p>FM - Morehead North PACU</p>
<p>Mar. 7 Melanie L. Catron Ginger W. Clarke Lisa A. Ingles</p>	<p>Nursing Administration Nursing Professional Dev. Home Health</p>	<p>Mar. 19 Emmie J. Parker Cade L. Wallace</p>	<p>Nursing Administration Pharmacy</p>	<p>Mar. 30 Jessica L. Logan Casey S. Lovelace Kathy A. McGuire Punnaivanam Ravisankar Matthew A. Williams</p>	<p>Same Day Surgery Ultrasound 3rd Floor North Emergency Physicians Behavioral Health Unit</p>
<p>Mar. 8 Deserae S. Caesar Delores L. Franklin</p>	<p>Patient Access Financial Services</p>	<p>Mar. 20 Mark E. Bailey Lisa M. Humbarger</p>	<p>Emergency Physicians Environmental Services</p>	<p>Mar. 31 Ashley L. Carper Steven D. McKenzie</p>	<p>Respiratory Therapy Patient Services Support</p>
<p>Mar. 9 Abilene Bowers Melinda C. Cecil Angela M. Cundiff Morgan M. King</p>	<p>Laboratory Ultrasound Patient Access Occupational Therapy</p>	<p>Mar. 21 Belinda W. Ashley</p>	<p>Hospice</p>		
<p>Mar. 10 Kimberly Rayburn Jessica E. Shelley</p>	<p>Specialty Practices Admin. Behavioral Health Unit</p>	<p>Mar. 22 Maryah L. Brown Victoria H. Carroll Isaac D. Craft Elizabeth A. Hefner Georgeanna J. Howard</p>	<p>Behavioral Health Unit Diagnostic Imaging Pharmacy Home Health Respiratory Therapy</p>		
<p>Mar. 11 Cynthia A. Bohen Susan D. Dunaway Judy L. Fannin Amanda L. Grubb</p>	<p>Counseling Services Home Health FM - Frenchburg Patient Financial Services</p>				



MARCH 2019 EDUCATIONAL OPPORTUNITIES

March 1 | Tumor Board

8:00 – 9:00 AM
St. Claire Library – Education Room
Credit: Category 1 AMA, Nursing

March 5 | Crew Resource Management

8:00 – 11:00 AM
CHER 102 D
Credit: CNE

March 5 | PALS Renewal

Registration: 8:00 AM, Class 8:30 AM – 4:30 PM
Sim Lab

March 6 | Project ECHO: Withdraw Management

Noon – 1:00 PM
CHER 102
Credit: Category 1 AMA, Nursing

**March 7 | Patient Care Associate
Competency Session II**

8:00 AM – 12:00 PM
Café B

**March 11 | Patient Care Associate
Competency Session II**

Noon – 4:00 PM
Café B

March 15 | Tumor Board

8:00 – 9:00 AM
St. Claire Library – Education Room
Credit: Category 1 AMA, Nursing

March 19 | Clinical Scholar Program

9:00 AM – 4:30 PM
CHER 102 D

March 19 | Secure Training

8:00 AM – 2:00 PM
CHER 314
Credit: CNE

**March 19 | CATS Lecture Series:
Hot Topics from ISC**

Noon – 1:00 PM
Café A
Credit: CME, CNE

March 20 | Interdisciplinary Grand Rounds

Noon – 1:00 PM
St. Claire Library – Education Room
Credit: ACPE, Category 1 AMA

**March 20 | Basic Medication-Assisted
Treatment (MAT) 101**

6:00 – 8:00 PM
CHER 102
Credit: ACPE, Category 1 AMA, Nursing (Credit Pending)

**March 20 | Basic Medication-Assisted
Treatment (MAT) 101**

6:00 – 8:00 PM
Montgomery Co. Health and Civic Center
Credit: ACPE, Category 1 AMA, Nursing (Credit Pending)

March 22 | BLS Skills Check-Off

8:00 AM – Noon (30 min. sessions)
Room 353 – 3N Conference Room

March 26 | Basic Dysrhythmia Course

9:00 AM – 4:00 PM
Sim Lab
Credit: CNE

March 27 | Secure Recertification Training

8:30 AM – 12:30 PM
CHER 102 D
Credit: CNE

March 28 & 29 | PALS Full Two-Day Course

Registration: 8:00 AM, Class 8:30 AM – 4:30 PM
Sim Lab
Credit: CME, CNE

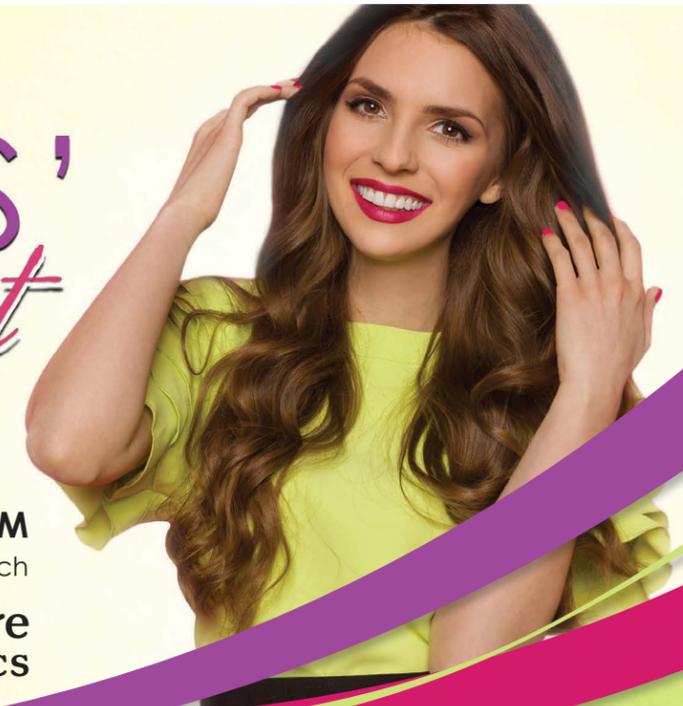
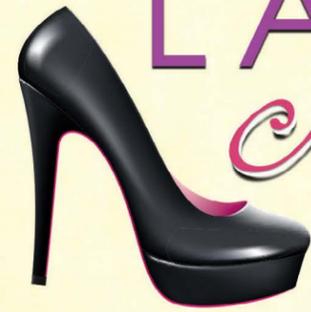
**March 29 | Patient Care Associate
Competency Session II**

Noon – 4:00 PM
CHER 102 D

Join us for

LADIES' Night Out

SPRING EVENT



Friday, March 22 • 5:30 - 7:30 PM

Center for Health, Education & Research



*\$25 Admission
Advance Registration Required*

-  Each guest will receive jane iredale and SkinMedica® **samples** valued at over \$75.
-  Enjoy drinks and heavy **hors d'oeuvres** while learning about products and services.
-  Register to **win over \$6,000** in products, services, and amazing door prizes!

Purchase your \$25 ticket at www.st-claire.org/ladiesnight or visit St. Claire Aesthetics.

Guests must be 21 or older.

Please present your confirmation email or ticket at check-in.

For more information, call 606.783.6760.

Get exclusive **special pricing** on all our products and services.

One Night Only!



FREE BOTOX!

2 Lucky Ladies Will Receive FREE Botox® During The Event!

Enter for your chance to win by checking the "I want to be an event model" box on when you purchase your ticket.

 **Connect with St. Claire Aesthetics!**

DON'T SAY "NOPE"
get your
SCOPE
BEAT COLON CANCER

The **first 100** guests will receive a
FREE T-SHIRT

COLON CANCER AWARENESS
HEALTH FAIR

THURSDAY, MARCH 7
11:30 AM - 1:30 PM

Morehead Conference Center





"Thanks to St. Claire Surgical Weight Loss I'm Living My Best Life!"

-Kristen Bledsoe
Olive Hill, KY



BEFORE **AFTER**

Surgical Weight Loss Seminar
March 7 | 6 - 7 PM | St. Claire Medical Pavilion

Join us for a **FREE** weight loss seminar to learn more about how St. Claire HealthCare Surgical Weight Loss can help you!

Register online at www.st-claire.org/surgicalweightloss or call 606.356.4814. You can also email jessica.copher2@st-claire.org for more information.



St. Claire HealthCare is a sponsored ministry of the **Sisters of Notre Dame Covington Province**

St. Claire HealthCare
NEWSBRIEF

Have an article or event to submit for the Newsbrief?

Please send articles/information to be placed in the SCH Newsbrief to SCHcommunications@st-claire.org.

View current and past Newsbriefs online!
www.st-claire.org/Newsbrief

Need a camera for a St. Claire event?

The Marketing/PR Dept. has several cameras available for loan.

Call ext. 6927 to reserve a camera for your event.



Breastfeeding Class



March 14 • 6-8 PM
Center for Health, Education & Research
FREE - No Registration Required

Join other expectant families to learn the benefits of breastfeeding, how to get started, and how to work through some early challenges.



Connect With Us!