


 St. Claire HealthCare

NEWSBRIEF

Burrows Completes Program Directors Development Fellowship 3
 Fletcher to be Inducted as AANP Fellow 3

7th Annual Women's Health Conference Recap 6-7
 SCH Receives SND Ministry Fund Grants 8



FRIDAY, JUNE 14 • 6 PM
 MOREHEAD CONFERENCE CENTER

Dust off your **BOOTS**,
 throw on your **BLING**,
 and join us for an evening of
 fine dining, entertainment,
 and some of Kentucky's
 finest **BOURBON**.

SEATING IS LIMITED.
 GET YOUR TICKETS TODAY!

Visit www.st-claire.org/signature or call
 606.783.6512 for more information.

Tickets are Now Available for the St. Claire Foundation's 2019 Signature Event

Make plans now to attend "Bourbon, Boots & Bling" on Friday, June 14 at the Morehead Conference Center. The event will kick off with an opening reception at 6 p.m. featuring a silent auction, hors d'oeuvres, and an open bar offering a variety of bourbons, beers, wines, and a signature cocktail. Enjoy an amazing dinner prepared by St. Claire Catering, then get ready to laugh your socks off when "America's Funniest Professor" Carl Hurley takes the stage. A nationally recognized comedian and Kentucky native, Hurley's humor is heard regularly SiriusXM Channel 98 Laugh USA and Channel 97 Blue Collar Radio.

Award-winning auctioneer James Benton Pendleton of Salt Lick will be back by popular demand to host a live auction you won't want to miss! Items up for bid include a one-week stay in Costa Rica (up to 14 guests), a private dinner catered by St. Claire Catering's Chief Chef Mike Montes, a Four Roses gift basket and private tour of the historic distillery, custom engraved bourbon barrel heads, and lots more!

Proceeds from this year's Signature Event will be used to relocate St. Claire's inpatient rehabilitation services conveniently within the unit and provide our patients with a state-of-the-art therapy gym and functional training space which will include a home simulation environment with a kitchen, laundry, bedroom, family area, and a transfer car.

We truly need your support to make this inpatient therapy space a reality.

St. Claire HealthCare

**NATIONAL HOSPITAL WEEK IS
MAY 12-18, 2019**



CELEBRATING HOPE AND HEALING

**Join us for our
annual cookout!**

May 16 - Thursday
Off Campus Visits
BBQ (Night Shift)
10:30 pm to midnight (In Cafeteria)

ALL WEEK
Online Quiz—With a Chance to
Win Dailey Prizes!

May 17 – Friday
*BBQ & Prize Drawings
(Lunch) 11:00 am to 1:30 pm
(Dinner) 4:30 pm to 6:00 pm

BBQs will be held on the Foundation Grounds.
In case of rain, food will be served in the cafeteria.

Burrows Completes National Institute of Program Directors Development Fellowship

Craig Burrows, MD, Program Director for the University of Kentucky, Morehead Family Medicine Residency program completed the National Institute of Program Directors Development yearlong fellowship and received his graduation certificate during the Annual Conference of Residency Directors in Kansas City.

The fellowship develops program directors in Family Medicine throughout the country with educational sessions and workshops oriented to improve the administration and teaching of residencies and to enhance the scholarly work of residents and faculty.

As part of the fellowship, Dr. Burrows produced an academic project on the impact of training Family Medicine residents in Opioid Use Disorder and Medication Assisted Therapy and their likelihood to incorporate that into their future practice.



Fletcher to be Inducted as a Fellow of the American Association of Nurse Practitioners



Wendy Fletcher, DNP, APRN
St. Claire Family Medicine - Morehead, North

Wendy Fletcher, DNP, APRN, Clinical Director of Advanced Practice and family medicine provider at St. Claire Family Medicine - Morehead, North, will be one of only two Kentucky nurse practitioner (NP) leaders who will be inducted into the Fellows of the American Association of Nurse Practitioners (FAANP) during the 2019 AANP National Conference this June.

The FAANP program was established in 2000 to recognize NP leaders who have made outstanding contributions to health care through clinical practice, research, education or policy. Fellows of AANP are visionaries and, as such, hold an annual think tank to strategize about the future of NPs and health care. The new Fellows will continue to demonstrate leadership and contribute to the mission of AANP while continuing the tradition of impacting national and global health through their outstanding contributions.

Please join us in congratulating Wendy on this honor!

CANCER SURVIVORS *ice cream social*



All those affected by cancer are invited to join us for fun, fellowship, and an ice cream bar with all the toppings as we come together to **celebrate cancer survivorship!**

Sunday, June 2
2:00 - 4:00 PM

Center for Health, Education & Research
316 W. Second Street • Morehead, KY 40351
(Located across from the Medical Center)



For more information, call 606.783.6625.

Gibson Presented with Timothy W. Mullett, MD Lung Cancer Prevention Award at KCSP Conference

Submitted by Kaleigh Underwood



(Photo by Pete Camparoni, UK)

Ashley Gibson, Research Coordinator/Patient Navigator for St. Claire HealthCare, was presented the Timothy W. Mullett, MD Lung Cancer Prevention Award at the Kentucky Center for Smoke-free Policy annual conference, held April 16-17 in Lexington. Ashley was selected for her devotion and passion for preventing lung cancer through education, advocacy, and policy change.

“This award is a reflection of our community,” Ashley said. “Our community understands what is at stake and has rallied behind our initiatives to improve the air we breathe. Without their support, our programs would never have gotten off the ground. I am honored to receive this award and am thankful to every colleague and community member that shares my passion and has played a role in our efforts.”

Some of Ashley’s accolades include completing the University of Kentucky’s Certified Tobacco Treatment Specialist course and teaching quarterly tobacco cessation classes in St. Claire’s service region both in-person and via video conferencing. She was also awarded a grant to train five teachers at Rowan County Senior High School to facilitate youth tobacco cessation through the American Lung Association Not-On-Tobacco program, and has advocated for tobacco policy change in Frankfort the past two years.

Lambirth Joins RPLP Administration

Submitted by Rebecca M. Todd, MD

The University of Kentucky College of Medicine is pleased to announce the addition of Shea Lambirth, MD, to the Rural Physician Leadership Program administration.

Dr. Lambirth will serve as the director of curriculum and faculty development. As a graduate of the Rural Physician Leadership program, she is passionate about the mission of the college, the program, and the success of the students. After graduation from medical school, she completed internal medicine residency training at the University of Vermont Medical Center.

Currently, she is a member of the St. Claire hospitalist team and will continue to fulfill her position as the internal medicine clerkship site director. Dr. Lambirth has special interests in academic community medicine, medical student research, and rural medicine which is evidenced by her many publications and oral presentations over the past 10 years. Additionally, she was honored by the University of Vermont Gold Humanism Honor Society as a resident teacher.

Please join us in congratulating Dr. Shea Lambirth.



Shae Lambirth, MD

One Night ABOUT YOU 7th Annual

Over 150 Women Participated in 7th Annual One Night About You Women's Health Conference

On Thursday, April 25, more than 150 women attended the 7th Annual One Night About You Women's Health Conference hosted by St. Claire HealthCare and UK HealthCare. The conference featured 13 free health screenings, many health informational booths, and a large variety of health education sessions by St. Claire HealthCare and UK HealthCare providers on topics specifically related to women's health.

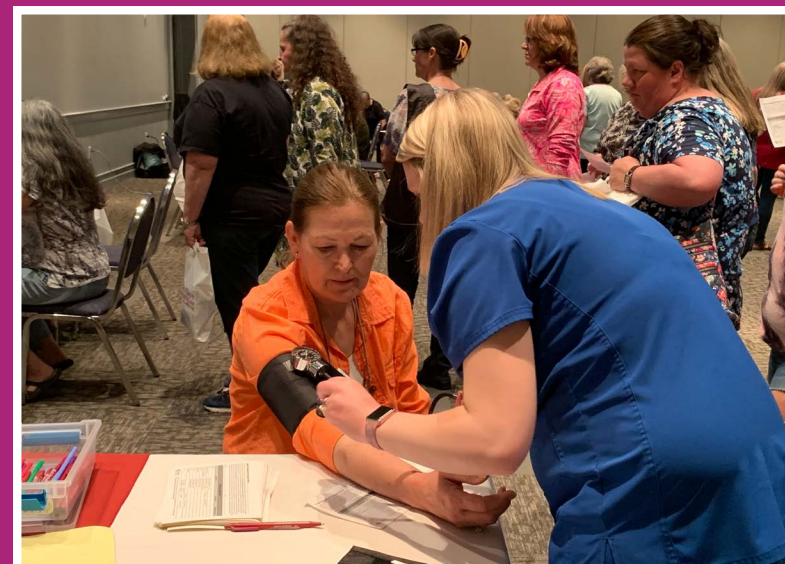
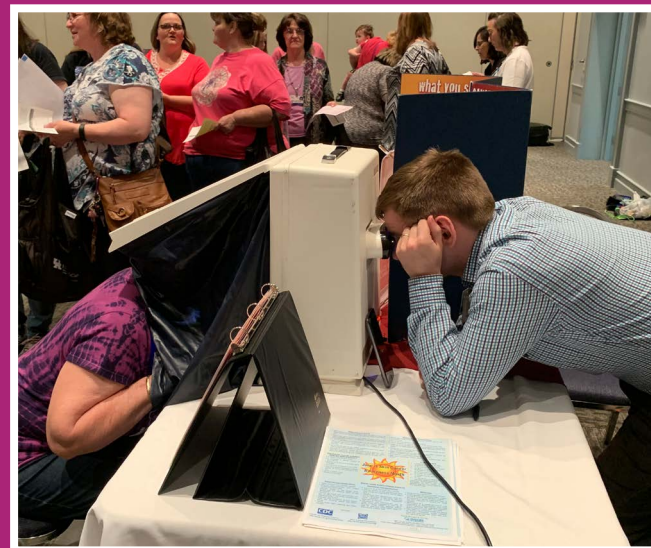
This year's keynote speaker Lesley Jackson, MD, St. Claire Family Medicine physician, did an incredible job kicking-off the educational sessions with a presentation entitled "Down the Rabbit Hole" which focused on the mental and emotional health concerns of women in today's culture.

"We love seeing women of all ages come out to learn more about their unique health and wellness needs," said Valerie Campbell, SCH Marketing & PR Director. "Thank you to all our staff who helped make this year's event so successful by either presenting, performing health screenings, or manning a health information booth.

SCH staff, mark your calendars and make plans to attend our 8th Annual Women's Health Conference scheduled for **Thursday, April 23, 2020**, at the Morehead Conference Center!

Want to see more photos from the event?

Visit St. Claire HealthCare on Facebook.



St. Claire Awarded More than \$20,000 in SND Ministry Fund Grants

Submitted by Tom Lewis

We are happy to announce that St. Claire HealthCare has been awarded more than \$20,000 from the Sisters of Notre Dame Ministry Fund Grant.

Nearly \$15,000 will support a Benzodiazepine De-Escalation Clinic spearheaded by Cheryl McClain, ACO, Primary Care Services, and Sonata Bohen, Psychiatric Nurse Practitioner. Funds will be used for patient treatment option modalities and supplies including biofeedback/neurofeedback and a qEEG system, training for staff in cognitive behavior therapy for insomnia, as well as additional teaching and training supplies for both patients and staff.

An additional \$6,000 will fund a project led by Hannah Mayse-Hardymon, SCH Director of Food Services, aimed to reduce readmission rates and improve the health of the community by providing meals for at-risk patients after they are discharged from the hospital. Hot lunches from our patient menu will be delivered to patients in the Morehead area who have been identified as at nutritional risk and in need of this program by a multidisciplinary team including dietitians, social workers, doctors, and nurses. With the help of this program, patients will be enabled to better follow their restricted diet which will, in turn, help diabetic wounds heal, reduce or prevent edema, and better address kidney disease. Elderly patients who are not able to prepare a hot meal for themselves after returning home from the hospital will also benefit from this program.



FOR BEHAVIORAL HEALTH

In Honor of Mental Health Awareness Month

Join us to learn how pet companionship can help us live mentally healthier lives!

Saturday, May 11 • Noon - 2 PM

Morehead Dog Park • Don Greenhill City Park

FREE ICE CREAM FOR YOU & YOUR DOG!

Door Prizes • Guest Speakers • Local Vendors



St. Claire HealthCare COMMUNITY involvement



St. Claire Labor & Delivery was proudly represented by Tina Roberts, RNC-OB, CLC, and Kayla Nichols, LPN, during Lewis County's Family Resource and Youth Services Center's Annual Community Baby Shower!

Sunflower Appreciation

On behalf of everyone at St. Claire HealthCare, we want to extend a special thank you to the individuals below who were recently recognized with sunflower appreciation cards for their hard work and dedication to living our mission.



- | | | | |
|-------------------|-------------------|------------------------------|------------------|
| Penni Adkins | Jenny Everman | Kayla Jones | Tina Roberts |
| Amanda Allen | Misti Fannin | Marla Kearns | Nick Rodgers |
| Patty Arnett | Michael Ferguson | Carlie Kelley | Rita Sammons |
| Belinda Ashely | Wendy Fletcher | Lorena Kirby | John Sanders, MD |
| Arley Avery | Brianna Fryman | Louise Lamb | Mindy Sexton |
| Lisa Back | Brandon Fultz | Alex Lambert | Alyssa Shelton |
| Candra Bailey | Scotty Fultz | Kay Leadingham | Amanda Skaggs |
| Tosha Bates | Christina Garcia | Crystal Limings | Janet Sloan |
| Diane Beane | Jen Garner | Megan Logan | Renee Slone |
| Jessica Becraft | Sarah Gibson | Elizabeth May | McKenna Spence |
| Lisa Marie Bennet | Sharon Goodpastor | Aly McClain | Amber Stamper |
| Brittany Benton | J Greenhill | Madison McCoy | Becky Stamper |
| David Brown | Jessi Gulley | Kim McDavid | Randy Stevens |
| Nancy Brown | Anita Gulley | Norah McGlone | Shannon Stevens |
| Sarah Bryan | Chyann Hanson | Kathy McGuire | Billy Thomas |
| Jennifer Bryan | Donna Havens | Kana McKenzie | Jessica Thompson |
| Megan Burke | Joy Henderson | Nicki McKenzie | Tracy Trusty |
| Michelle Butler | Rebecca Hickerson | Jordan Montgomery | John Walker |
| Sarah Cantrell | Kara Holbrook | Heather Morgan | Karen Webb |
| Polly Carroll | Colby Holmes, DPM | Johnny Napier | Amanda Wells |
| Lori Case | Kathi Howard | Oliver Thomas Newcomb IV, MD | Lisa Westerman |
| Kathy Clay | Hannah Howard | Kayla Nichols | Cynthia Whitt |
| Merry Jo Cloud | Calyssa Howard | Tina Parsons | Chanel Wilder |
| Donna Cook | Tesla Jackson | Becky Patrick | Irene Williams |
| Lindsay Cox | Jackie Jackson | Dalton Rakestraw | |
| Ashleigh Davis | Taylor Johnson | Laura Rayburn | |
| Gene Dehart | Angie Johnson | Rhonda Riley | |



Don't Feed the Phish

Phishing attacks are on the rise, follow these simple rules to not get hooked.

Submitted by Andy Price

- **Don't Make It Personal** - Never use your SCH email address for personal items. Many phishing attacks are based around email about your Netflix or social media accounts. If you do not use your SCH email for these items, when you get them at work you can quickly identify them as a phishing attack.
- **Look at the Sender** - Pay close attention to the sender's email address. Often criminal use emails address that look close to a real business email but will have slight changes. For example: @micr0soft.com, med1tech.com, or st-clarie.com
- **Look for the External Warning** - If you get an email message that looks like it is from an SCH address but has ATTENTION: This email originated from outside of the organization. Do not open attachments or click on links unless you recognize the sender and know the content is safe, be aware the email did not come from inside SCH and is a phishing email.
- **Grammar Counts** - Be alert for bad grammar or misspelled words.
- **Think It Through** - If something does not feel right, take a minute to think why would I get this, should I have gotten this, and do I know this person or business.

If you think you have received a phishing email ...

Do not click on the links. Do not open any attachments. Do not reply or forward the email.

Notify them helpdesk by phone to report the issue.

Meece to be Inducted into National Gold Humanism Honor Society

Submitted by Rebecca M. Todd, MD



Jacob Meece, a member of the RPLP Class of 2020, will be inducted into the national Gold Humanism Honor Society.

Students selected demonstrate the best listening skills with patients and exceptional interest in service to their communities. They are humble and exemplify the person you would want to take care of your loved ones. Jacob best personifies the quote by Francis Peabody - "the secret of good patient care lies in caring for the patient."

Congratulations, Jacob!



St. Claire Received Global Recognition for 2018 AORN Go Clear Award™

Submitted by Riki Watts

St. Claire HealthCare was recognized at the 2019 Association of periOperative Registered Nurses (AORN) Global Conference and Expo for our AORN Go Clear Award™. Riki Watts, RN, and Melissa Haber, RN, are pictured representing SCH at the conference alongside other Go Clear award recipients.

SCH received gold level recognition for its commitment to a surgical smoke-free environment for our perioperative team and patients.

St. Claire HealthCare Welcomes New Staff

Chelsea R. Applegate
Hospice

Heather N. Fields
Infusion Solutions

Donald H. Lloyd II
Administration

Shelby L. Richmond
Emergency Department

Linda S. Bailey
Food Services

Emily H. Given
Occupational Therapy

Ashley G. Logan
Environmental Services

Jerrica R. Shaver
Food Services

Kelly L. Butler-Vise
FM - Morehead North

Amanda J. Harlow
Environmental Services

Robin B. Porter
ICU

Daniel E. Snider
Central Transport

Rachel A. Clark
3rd Floor Central

Dorothy L. Humphries
ICU

Blanche A. Purvis
FM - Morehead

Lula M. Thomas
Food Services



St. Claire HealthCare
Social Skill Builder
SUMMER CAMP

Does your child struggle with day-to-day interactions such as initiating conversation and reading social cues?

Our **FREE** Social Skill Builder Camp can help!

Application Deadline: May 10

For dates, times and application information, visit:
www.st-claire.org/skillbuilder



222 Medical Circle | Morehead, KY 40351

Breastfeeding Class



May 9 • 6-8 PM

Center for Health, Education & Research
 FREE - No Registration Required

Join other expectant families to learn the benefits of breastfeeding, how to get started, and how to work through some early challenges.



TROUBLE BREATHING?

Join SCH's **Better Breathers Club!**

Our next monthly meeting will be held:

Thursday, May 23 at 1 PM • Café A



    
Connect With Us!



St. Claire HealthCare is a sponsored ministry of the **Sisters of Notre Dame Covington Province**

NEWSBRIEF

Have an article or event to submit for the Newsbrief?

Please send articles/information to be placed in the SCH Newsbrief to SCHcommunications@st-claire.org.

View current and past Newsbriefs online!
www.st-claire.org/Newsbrief

Need a camera for a St. Claire event?

The Marketing/PR Dept. has several cameras available for loan.

Call ext. 6927 to reserve a camera for your event.

