#### St. Claire HealthCare

Registration Now Open for Annual Benefit Golf Outing2FREE Surgical Weight Loss Seminar3



#### Rebecca Downs – LPN

For a lot people the hospital represents something bad, that either you or someone you know is sick and in need of medical intervention. This was true for one of our patients at St. Claire Family Medicine in Owingsville, where a regular office visit turned into a gateway for a hospital admission.

After the patient learned that he needed to be seen in the Emergency Department for additional testing, he was wrapped in fear and totally resistant to the idea and unfamiliarity of it all. But, in this moment Rebecca Downs, who the patient identifies as HIS nurse, stepped up to the plate. Not only did she work diligently to calm his fears and convince him of the importance but she actually drove to Morehead and accompanied him during his ER visit. Rebecca's actions demonstrated her commitment and compassion which are the core values of our organization.

# SCH Staff Receive Recognition with Spirit of St. Claire Award

Submitted by McKenna Spence

Congratulations to Rebecca Downs, LPN (left), and Stacey Triplett, RT, ROC, ARDMS (right), who recently received the Spirit of St. Claire Award. Thank you for all that you do and for representing what we consider to be the Spirit of St. Claire.

#### Stacy Triplett – RT, ROC, ARDMS

Getting an ultrasound can cause anxiety, especially for children, as you must remain still throughout the exam. Even more for our patients with congenital amoralities who are receiving ultrasounds on the heart. Stacey not only consistently performs quality examinations but she works diligently to treat patients with dignity and respect while also calming fears and keeping them relaxed for the duration of the exam.

Patients, family members, and providers alike have commended Stacey on her commitment to consistent quality exams and excellent customer service. One provider even noted that she feels Stacey is one of the best in the state in regards to pediatric echoes. We recognize Stacey as a glowing example of commitment and quality which are the foundation of what we do.



# Have you witnessed a staff member or volunteer going above and beyond to care for our patients and visitors?

You can nominate them for a Spirit of St. Claire Award by completing the online nomination form at **schstaff.org** or by emailing **patientexperience@st-claire.org**.



#### Thursday, Sept. 12, 2019 **Eagle Trace Golf Course** 1275 Eagle Drive • Morehead, KY 40351

#### **Register online!** www.st-claire.org/golf Or, complete the sponsorship form on the back of this flyer and return it to the St. Claire Foundation.

For more information, contact Joni at 606.783.6512 or Joan.Mraz@st-claire.org.

All proceeds benefit the St. Claire Charity Fund.

With the help of supporters *like you, St. Claire HealthCare* provided more than

\$2.7 Million in charity and uncompensated

care last year, at cost.

# + St. Claire HealthCare

## The St. Claire Foundation invites you to join us for our 25th Annual St. Claire Benefit Golf Outing!

The outing is a shotgun scramble with teams of up to four using a bestball format. There will be morning and afternoon flights, with awards given to the 1st, 2nd, and 3rd place teams in each flight.

#### SCHEDULE

7:00 a.m. 1<sup>st</sup> Flight Registration & Breakfast 8:00 a.m. Welcome & 1st Flight Tees Off Buffet Lunch, Door Prizes & 2<sup>nd</sup> Flight Registration Noon 1:30 p.m. Welcome & 2<sup>nd</sup> Flight Tees Off

#### SPONSORSHIP OPPORTUNITIES

NEWS

BRIEF

All sponsorships include a buffet lunch and either breakfast or a boxed dinner (depending on flight) for each player.

#### GOLD TEAM (2 FOURSOMES) — \$5,000

- A private meal for up to four with SCH's President/CEO and the VP or department head of your choice
- Special recognition in the program, on event banners and during the welcome ceremony

#### SILVER TEAM (2 FOURSOMES) — \$2,500

• Prominent recognition in the program, on event banners and during the welcome ceremony

#### BRONZE TEAM (1 FOURSOME) — \$1,000

• Recognition in the program and on event banners

#### SINGLE PLAYER — \$250

#### **DONATIONS & GIFTS-IN-KIND**

 Promotional items from your company for goodie bags or donated door prizes are greatly appreciated! We will also accept donated products regularly used by SCH with a value equaling the registration fee in lieu of a monetary payment.

#### \$100,000 HOLE-IN-ONE SHOOTOUT

At the end of each flight, the four golfers whose tee shots are closest to the pins on Eagle Trace's four par-3's will get a chance to participate in a \$100,000 Hole-in-One Shootout, sponsored by Eagle Chevrolet/Buick/GMC. (All golfers will have a chance to win prizes, including a new car, if they make a hole-in-one during their round.)

#### EAGLE TRACE GOLF COURSE

Eagle Trace is a gently rolling, beautifully wooded, public 18-hole golf course designed to challenge the skills of the most seasoned players, yet enjoyable and playable to all golfers. Visit www.eagletracegolfcourse.com for details.

## "Thanks to St. Claire **Surgical Weight Loss** I've lost nearly100 pounds. I'm enjoying life again!"

- Julie Manning Olive Hill, KY

## **Julie's Journey**

"I was so tired of my weight holding me back from doing all the things I wanted to do. Even getting in the floor to play with my grandchildren was a struggle. Now, I feel like a new person, and I'm not letting anything hold me back!

Choosing surgical weight loss at St. Claire HealthCare is the best decision I've made. The support I received from the surgical weight loss team was simply amazing. I would recommend them 1,000 times over."

## Changing your life can start with one simple step!

# Join us Thursday, August 1 for a FREE SURGICAL WEIGHT LOSS SEMINAR.

- Meet St. Claire's amazing Surgical Weight Loss Team and Bariatric Surgeon James Lynch, MD.
- Learn why being an Accredited Comprehensive Center for Bariatric Surgery contributes to the quality outcomes our patients experience.

Register today at st-claire.org/surgicalweightloss or for more information, call 606.356.4814. The seminar will be held on the 3rd floor of the St. Claire Medical Pavilion at 6 PM.







Discover our commitment to the long-term success of our patients through our pre and post-surgery support.

## Congratulations to Our Retirees!

NEWS

BRIEF

From large receptions with friends, family, and colleagues, to small department gatherings, July was full of bittersweet retirement celebrations honoring more than 30 St. Claire staff as they begin a new chapter in life.

From everyone at St. Claire HealthCare, thank you all for your many years of dedicated service. We wish you a happy retirement filled with fun and happiness.



**Rosemary Curtis** - 46 Years of Service



Elizabeth Reffitt - 43 Years of Service



Linda Griggs - 41 Years of Service



Janet Stewart - 38 Years of Service



Vickie Adkins - 35 Years of Service



Food Services

FM - Olive Hill

FM - Owingsville

Infusion Solutions

3rd Floor Central

**Diagnostic Imaging** 

**Respiratory Therapy** 

**Emergency Department** 

Behavioral Health Unit

Cardiology - MG

FM - Olive Hill

Pastoral Care

Laboratory

Foundation

Laboratory

ICU

TCU

ICU

Home Health

Social Services

Behavioral Health Unit

General Surgery - MG

Home Health

Infusion Solutions

Infusion Solutions

FM - Morehead North

Specialty Practices Admin.

Surgery

General Surgery - MG

#### August 1

Becky L. Crank Carolyn A. Moore Teresa J. Swartz

#### August 2

Brittany M. Dingess Stacey D. Humphries Lena M. Johnson Elizabeth L. Matera Aryn M. Meritt Brittany N. Riddell

#### August 3

Charlie M. Cantrell Amanda R. Hensley Gena M. Williams

#### August 4

Thomas E. Lewis Cassandra N. Royse Jordan S. Watts Susan M. Woodard

**August 5** Gabrielle R. McCarty Jodie A. Middleton

August 6 Lois J. Vice

August 7 Misty M. Buelterman Allison L. Gregory Angela A. LeMay Meagen M. Young

#### August 8 Kimberly Y. Bromagen

David W. Brown Suanne S. Bushong Tammy R. Hatfield Carol L. Kelsey Jaime P. Martinez

**August 9** Michelle E. Gulley Faith N. Ross

#### August 10

Trina O. Adams Phelan D. Bailey Craig H. Burrows Brenda K. Evans Amber F. Gregory Megan M. Logan Donnitta H. Woosley

#### August 11

Tabatha L. Harmon Christopher S. Hord Teri L. Roberts Rebecca S. Stamper

## AUGUST 2019

Mary A. Carter Melody R. Smallwood

#### August 13

Nicole R. Butler Jessica G. Caudill Patricia A. Gardner Tami M. Sammons Jordan P. Webb

#### August 14

Whitney S. Barnett Marie A. Dennison Allison R. Fisher Caitlin M. Guerin Brandy N. Krueger Rhonda G. Riley Carlissa L. Zornes

#### August 15

Amanda N. Dailey Brittany N. Jester Kristin D. Vinson

#### August 16

Gregory J. Bausch Gary A. Goad Amber L. Gulley Emily R. Kitchen Abigail P. Meade Cathy A. Thomas Stephen A. Williams

August 17 Anna K. Gray

#### August 18 Jeffrey Hughes

Home Health Jettrey Hughes Radiology Physicians Sheila J. Larsen Outpatient Infusion Svcs. August 19

Cassie L. Dailey Tiffany D. Debord Kayla R. Jones Ricky D. Lewis Mary J. Porter Stacy L. Triplett

#### August 20 Mansha U. Kahloon

Emergency DepartmentMansha U. KahloonHouse StaffSheree D. WalkerEnvironmental ServicesAugust 21Occupational TherapyDonna L. CookPatient Services SupportLee A. O'Bryan4th Floor NursingJonathan C. Perdue

11

armon Laboratory S. Hord Emergency Physicians ts FM - Owingsville itamper Nursing Administration

#### Keira D. Clark S Wynetta J. Fletcher Austin J. Greanias on Penny P. Littleton

August 22

4 www.st-claire.org



# BIRTHDAY

Patient Financial Services FM - Morehead

Anesthesia Professionals RPLP Pathology Patient Financial Services Surgery

3rd Floor North FM - Morehead Pharmacy Pharmacy Central Scheduling Patient Services Support Oncology - MG

Food Services 3rd Floor North Nursing Administration

Administration Infusion Solutions Family Medicine Express Patient Services Support 4th Floor Nursing Patient Financial Services Radiology Physicians

Nursing Administration

Sleep Lab Infusion Solutions

Food Services Respiratory Therapy Home Health Security Services AHEC Echo

Cardiology - MG Emergency Department

Environmental Services Informatics Pharmacy

Infusion Solutions FM - Morehead North Pharmacy Wound Care/Hyperbaric Blair McKinney Lutricia A. Roberts

August 23 Joseph E. Easter Michelle A. Moore Ashley D. Perry

August 24 Ashley E. Brown Jay M. Burton Lori B. Case Theresa L. Hanshaw Katrina G. Ison Kayla J. Nichols Kenna A. Nickell

August 25 Vickie L. Collett Rebecca J. Hamric Matthew G. Lewis Kimberly B. McCloud Richard B. Wilson

**August 26** Michael C. Helphinstine Mary L. Webb

August 27 Melissa Duff Carrie Emmons Debra L. Stinson Chelsea R. Walker Matthew I. Watts Chad D. Wright

August 28 Sharon I. Allen-Kinney Michael L. Ferguson Marcia L. Lindsey

Regina D. Porter Erin Q. Williams **August 29** Brittany N. Benton Mark A. Campbell Joshua E. Griffith Georgia K. Leadingham Corey B. Pritchard Kamryn B. Rose Lisa M. Westerman

**August 30** Sheena D. Fox Joshua Ratliff

#### August 31 Kristen E. Carmon David W. Victor Mandy S. Webb

Penelope S. Whitt

Patient Access 3rd Floor North

Environmental Services Food Services MRI

Emergency Physicians General Surgery - MG Behavioral Health Unit FM - Olive Hill Materials Management 4th Floor Nursing Nursing Administration

3rd Floor North Environmental Services Cardiology Home Health Infusion Solutions

Diagnostic Imaging Surgery

CT Scan Home Health Sleep Lab ICU Analytics Emergency Physicians

PCTE 3rd Floor North Food Services Home Health Family Medical Supply

4th Floor Nursing 3rd Floor Central Respiratory Therapy Environmental Services Emergency Department Administration Patient Services Support

Family Medical Supply Information Technology

Diagnostic Imaging General Surgery - MG Home Health Retail Pharmacy





NEWS

BRIEF

## **SAVE THE DATE** SEPTEMBER 12, 2019 9:00AM - 3:30PM ET

## CANCER SURVIVORSHIP & REHABILITATION A PATIENT'S JOURNEY

Location: Center for Health Education & Research building Morehead, KY 40351 316 W. Second St. | Room 102

Hosted by: St. Claire HealthCare & Markey Cancer Center Affiliate Network

#### Presenters: Andrew Savoie, DO Beth Butcher, PT DPT CLT-LANA Lauren Carney, PT MSED, DPT Justine Cooper Pickarski, MS, LGC Amber Silberman, DNP, APRN Jamie Studts, PhD Diane Ehlers, PhD Debra Gleason MSW, MSN, RN, CHPN

During this one-day course on cancer survivorship and rehab, we will follow a patient through the cancer survivorship journey and explore opportunities to understand better the unique needs of this patient population.

Registration: https://www.eventbrite.com/e/ cancer-survivorship-rehabilitation-symposium-apatients-journey-tickets-60867420092

Continuing Education credit pending.



7-7453

For more information contact: Jerone P. Farley | *jerone.farley@uky.edu* 

## BUY 1, GET ONE 50% OFF TOPS · PANTS · JACKETS · SHOES · COMPRESSION · DIAGNOSTICS





## AUGUST 2019 EDUCATION

August 2 | Tumor Board 8:00 – 9:00 AM St. Claire Library – Education Room Credit: Category 1 AMA, Nursing

#### August 5 | Secure Training

8:00 AM – 2:00 PM CHER 102 D

#### August 6 | Nursing Preceptor

8:00 AM – Noon Sim Lab Credit: CNE

#### August 6 | BLS Skills Check-Off

2:00 – 4:00 PM CHER 208 Register with KaSandra Hensley at kasandra.hensley@st-claire.org or ext. 6830.

#### August 7 | ACLS Renewal

Registration: 8:00 AM, Class 8:30 AM – 4:30 PM Sim Lab

#### August 8 | BLS Skills Check-Off

8:00 AM – Noon (30 min. sessions) Room 353 – 3N Conference Room



#### LIKE US on Facebook for the latest info on new products and

upcoming sales!

## St. Claire

606.784.2414 www.st-claire.org Located in the Kroger Shopping Center in Morehead, across from Lowe's

Open Monday - Friday: 8AM - 5PM No additional discounts, promotions or offers apply. Sale ends Aug. 16, 2019.

## **EDUCATIONAL OPPORTUNITIES**

#### August 14 | Wound Vac Nursing Education

Time: TBD Café D

#### August 16 | Tumor Board

8:00 – 9:00 AM St. Claire Library – Education Room Credit: Category 1 AMA, Nursing

#### August 20 | Clinical Scholar Program

8:30 AM – 4:30 PM CHER 102 D August 20 | Secure Training 8:00 AM – 2:00 PM CHER 314

#### August 20 | Basic Dysrhythmia Course

9:00 AM – 4:00 PM Café D Credit: CNE

#### August 20 | BLS Check Off

2:00 – 4:00 PM CHER 208 Register with KaSandra Hensley at kasandra.hensley@st-claire.org or ext. 6830.





NEWS

jane iredale



Clean ingredients. Powerful results. Your beauty uncompromised.

+ St. Claire Aesthetics

Call 606.783.6760 to schedule a FREE consultation and color match! Located on the first floor of the Medical Center Sale offers CANNOT be combined with any other offer.







St. Claire HealthCare is a sponsored ministry of the **Sisters of Notre Dame Covington Province** 

#### **NEWSBRIEF** Have an article or event to submit for the Newsbrief?

Please send articles/information to be placed in the SCH Newsbrief to **SCHcommunications@st-claire.org**.

View current and past Newsbriefs online! www.st-claire.org/Newsbrief

### Need a camera for a St. Claire event?

The Marketing/PR Dept. has several cameras available for loan.

Call ext. 6927 to reserve a camera for your event.

