

Twin Cities Spine Center cares deeply for the health and well-being of our patients, and we look forward to welcoming you back into our clinics.

For over 70 years, we have been a leader in spine care, committed to providing the safest and most effective care and treatment for spinal disease and injuries. That commitment to our patients remains our first priority.

We want you to feel safe when coming into our clinic for your appointment, so we are taking extra precautions.

We are following the recommended guidelines from the Centers for Disease Control and the Minnesota Department of Health, and we are putting these recommendations into place in all of our clinics.

In our clinics we are going the extra mile, from the front desk, all the way to the clinic rooms. We are:

- Frequently cleaning our clinics and facility spaces throughout the day and overnight. Appointment rooms are being sanitized after each patient visit.
- Plexiglass shields have been installed, and we've established safe traffic patterns, set up distancing in our lobbies and limited the number of patients in our clinics at one time.

Our providers and staff:

- Are screened daily for COVID-19 exposure or symptoms, including temperature checks.
- Are wearing face coverings and a shield when working face-to-face with patients. Hand sanitizer is used routinely.

When you arrive at the clinic for your appointment you will:

- Be asked a series of question to screen for any symptoms of, or history of exposure to, COVID-19*.
- Have your temperature taken.
- Be provided with a mask if you do not have one.
- Please be aware that if you do not pass the screening you will be asked to reschedule your appointment, or make a Telehealth virtual appointment.

What we ask of you:

- Please reschedule if you are not feeling well.
- Don't bring anyone else with you to your appointment, unless the patient is under 19 years old, or is elderly and requires assistance. In these cases, one guest may be allowed.

This is a challenging time, but by taking these extra precautions to help keep you safe, we are happy to be here in clinic for you get the help you need. Please keep in mind that if you are not comfortable with coming into the clinic, we are continuing to offer Telehealth virtual appointments.

We look forward to seeing you soon.