








Take Control of Your Healthcare

Make it easy with the new Twin Cities Spine Center Patient Portal

How can it help me?

The *new* Twin Cities Spine Center Patient Portal helps you conveniently and securely connect with your (or your dependents') doctor, manage care, and view health information on a web-enabled device.

Features available:

-  **Messaging**
Ask your doctor or care team a question share an update and/or send an attachment
-  **Appointments**
View past and upcoming appointments
-  **Medications**
Request refills and/or renewals and review your prescription medications
-  **Health Record**
View visit summaries, and other documentation
-  **Health Forms**
Complete paperwork before your appointments

Three easy steps to get started

- 1 Provide a valid email address to your doctor's office. You'll receive an invitation to enroll.
- 2 Create a username and password, then follow onscreen prompts to activate your account.
- 3 Use your username and password to securely stay in touch with doctors and access your health information anytime, anywhere.

Ask us about managing your health using the *new* patient portal!