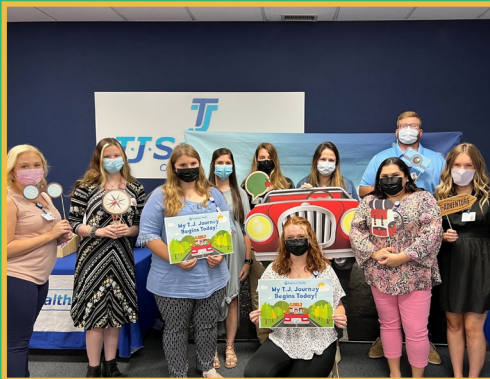
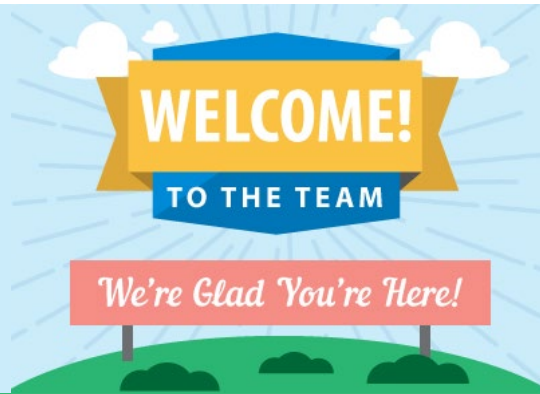


T.J. TeamTalk

JUNE 13, 2022



We are pleased to welcome the following new T.J. team members!

EMPLOYEE NAME

Reece Dicken
 Leslie Allen
 Mikaela Craig
 Alison Woodcock
 Alexis Fancher
 Hannah Love
 Alexis Furlong
 Logan Pitcock
 Chastity Walden
 Ben Milam
 Sheena Doty
 Olivia Bradshaw
 Tracey Standafer
 Ashley Albrekton
 Emma Bullock

DEPARTMENT

Phlebotomist
 Pharmacist
 Pharmacist
 OT
 Phlebotomist
 HR
 Mail Room Clerk
 Grounds Mower
 RN - Radiology
 Maintenance
 PSR - PAV
 APRN - Med Spa
 SNR - Post Partum
 SNR - W & NB
 SNR - W & NB

EMPLOYEE NAME

Maggie Lee
 Jasmine Glasscoe
 Preston Gothard
 Holly Chauvin
 Charity Burd
 Emily Anderson
 Alexis Key
 Eaden Fowler
 Keonna Thmpson
 Katelynn Bunnell
 Konnor Gallagher
 Blake Fite
 Karen Sherfey
 Cassidy Emerson

DEPARTMENT

Extern - Stepdown
 RN - 3C
 RN - ER
 RN - W & NB
 LPN - 2W
 Nurse Aide - 3W
 CNA - Med Surg
 CNA - Med Surg
 ER
 Extern - ER
 SNR - Stepdown
 SNR - 3C
 LPN - Cardiac Rehab
 Extern - ER



JUNE

June 14: Lunch & Learn @ LBM (12:30 - 1:30)

June 17: Blossoms Closet (8 a.m. - 3 p.m.) @ PAV

June 21: TJCMF Employee Event @ PAV

June 22: TJCMF Employee Event @ TJSCH

June 23: TJCMF Employee Event @ TJHC/
Clinics

June 30: T.J. Samson Women's Conference

If you have an important date or event that should be added, please email it to mollie.felkins@tjsamson.org.



SERVICE EXCELLENCE

Awards

DO YOU KNOW SOMEONE WHO EXEMPLIFIES THE VALUES AND STANDARDS OF THE T.J. PLEDGE?

Nominate your fellow co-workers or a provider for one of the TJRH Service Excellence Awards. You may pick up a form outside the hospital cafeteria, print the one in the back of this newsletter, submit it online via the T.J. Intranet, or it can now be found and **submitted** at <https://www.tjregionalhealth.org/for-employees/>.

Award winners are announced monthly. Thank you for helping us to recognize our employees and providers who strive for Service Excellence!

June: Compassion



T.J. PATIENT ENCOUNTERS

6/4/22 - 6/10/22:

NO UPDATE TO REPOST

5/28/22 - 6/3/22:

6,537



Cerner Community Works
#1system1voice

48 DAYS
UNTIL GO-LIVE



THANK YOU FOR YOUR SERVICE.

Farewell!

A FAREWELL RECEPTION FOR

DRS. CARLOS AND SANDRA KUMMERFELDT

Friday, June 17 from 1:30pm - 3pm

TJ SAMSON COMMUNITY HOSPITAL
BOARD ROOM

LUNCH & LEARN

AT LERA B. MITCHELL CLUBHOUSE
12:30 - 1:30 P.M.

FEBRUARY 22
AMERICAN HEART MONTH
NANCY JO HOUCHEMS, APRN, ANDY REECE,
APRN, & LISA DUCOFF, APRN

JULY 13
UV SAFETY/SKIN CANCER MONTH
DR. JAMES ALLRED

MARCH 15
COLORECTAL CANCER MONTH
DR. TODD MARION

AUGUST 8
EYE EXAM IMPORTANCE
DR. WARD

APRIL 12
OCCUPATIONAL SAFETY MONTH
DR. BARRET LESSENBERRY

SEPTEMBER 13
CHOLESTEROL MONTH
FAMILY PRACTICE

MAY 17
ORGAN DONATION
KIMBERLY WARDLOW

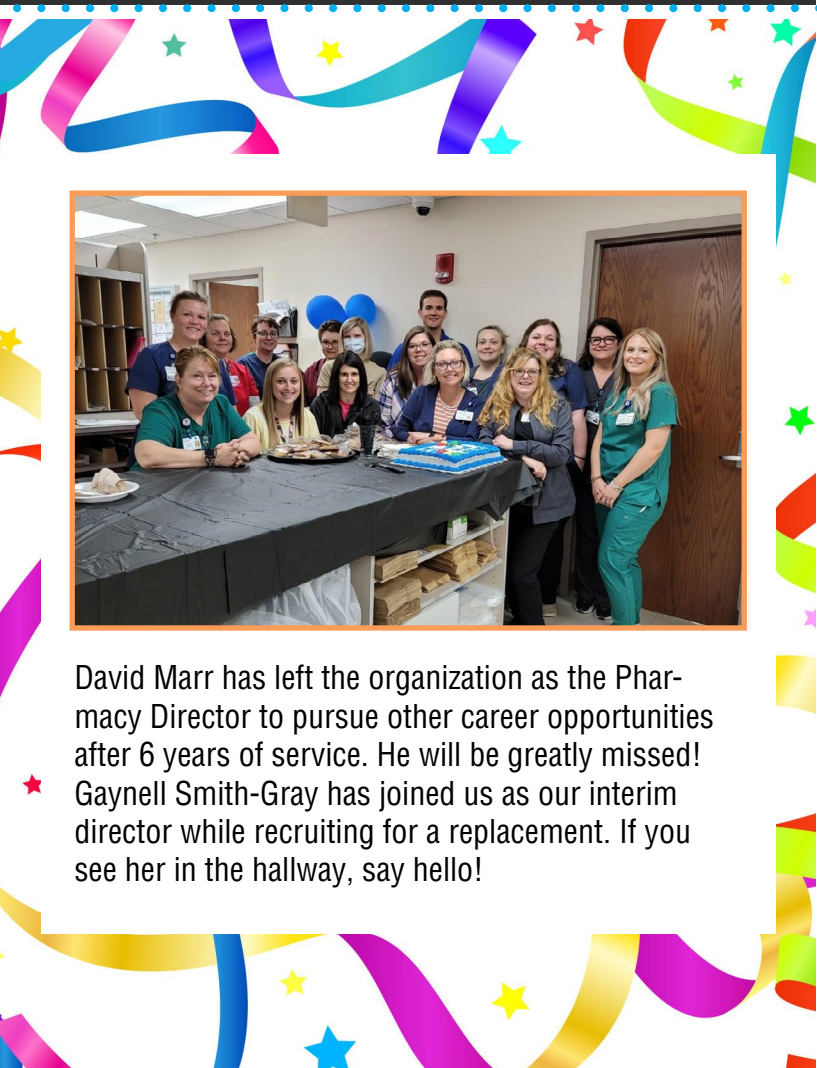
OCTOBER 19
BREAST CANCER AWARENESS MONTH
MELANIE ISBELL, APRN

JUNE 14
DEMENTIA AND BRAIN MONTH
DR. ERICA GILLETTE

NOVEMBER 8
AMERICAN DIABETES MONTH
DR. ALISON CAMPBELL

LUNCH PROVIDED.

ONE CEU WILL BE AWARDED TO NURSING PROFESSIONALS WHO ATTEND.
RSVP TO HAPPY NEAL AT 270.670.3824 OR JNEAL@TJSAMSON.ORG.



David Marr has left the organization as the Pharmacy Director to pursue other career opportunities after 6 years of service. He will be greatly missed!
★ Gaynell Smith-Gray has joined us as our interim director while recruiting for a replacement. If you see her in the hallway, say hello!

TJ-Samson Women's Conference

We are giving away **8 FREE tickets** to the T.J. Samson Women's Conference! If you would like to be entered into this giveaway, email Mollie Felkins at mollie.felkins@tjsamson.org by Friday, June 17. Winners will be announced in next week's newsletter.

*Sponsored by Crothall and T.J. Regional Health

NEW
HOLIDAYS
 IN THE SKY
 JUNE 18 - JULY 31, 2022

TJ REGIONAL HEALTH'S
Exclusive Ticket Discounts!

LOG ON WITH YOUR USER ID & PASSWORD
HolidayWorld.com/FunClub
 ACCESS DEEP DISCOUNTS ON TICKETS

SCAN HERE
 BUY TICKETS NOW

HolidayWorld
 & Splashin' SAFARI

Fun Club

The Water Coaster
 Capital of the World

FREE SOFT DRINKS • FREE SUNSCREEN • FREE PARKING

Username: Holiday863

Password: World863

BEECH BEND PARK
 &
Splash Lagoon

AMUSEMENT PARK, WATER PARK,
 SHOWS, CAMPGROUND & MORE!

SAVE \$12
 ON ADULT TICKETS
 PER PERSON

SAVE \$2
 ON CHILD/SENIOR
 TICKETS PER PERSON

Purchase online and skip the long ticket lines! Discount
 Tickets Sold Online at www.beechbend.com
 Enter Promo Code:
TJREGIONAL

798 Beech Bend Park Road, Bowling Green, KY
www.BeechBend.com

NEW T.J. GEAR IS HERE!

The T.J. Team Shop is **NOW OPEN** and will be open until 6/22. This is a fundraiser for the T.J. Community Mission Foundation and ten percent of all sales will be donated back. A few items available for purchase are shown below! Click [here](#) to shop.



BACK TO SCHOOL CARNIVAL

July 26, 2022, 3pm - 7pm

Beaver Trail Park, Glasgow, Shelter #2

The T.J. Regional Health and T.J. Pediatrics Back to School Carnival is a way to celebrate the upcoming school year while also introducing families to community resources. Your registration form secures one 10 foot by 10 foot booth. You will need to bring your own tent and table. If you need additional space or have any questions, please contact Kati Bowman at katherine.bowman@tjsamson.org or at 270.651.4520.

1. All vendors occupying a space must adhere to the carnival theme by choosing games and activities to engage the children and their families. Please include a brief description of your booth activity and theme below to prevent multiples of the same thing.
2. You may do giveaways for winning a game or enter to wins. We ask that you have information on the resources you offer children and families in our community.
3. If you would like to submit a door prize, please send a description and the value of it below. We ask that door prizes either be delivered to the T.J. Marketing Department, 1337 N. Race St, Glasgow, prior to the event or be brought to the Registration table by 2pm on the date of the event.
4. Vendors may set beginning at 1:30pm on the day of the event. Set up must be complete by 2:30pm on the day of the event. The event begins promptly at 3pm. Please keep your vendor table set up until 6pm.
5. T.J. Regional Health assumes no responsibility for the security of the vendor's property and the vendor agrees to hold the organization harmless for any damages.

DATE _____

VENDOR NAME (As it should appear in the Map) _____

DESCRIPTION OF BOOTH (include as many details as possible) _____

CONTACT INFORMATION:

Contact Person: _____

Mailing Address: _____

Phone: _____ **Email:** _____

12 Months of T.J.

The Glasgow-Barren County
Community Foundation, Inc. presents



The Annual Concert on the Square

A Glasgow Tradition Since 1999

Wednesday, June 29

Concert begins at 7:30 pm
in front of City Hall
in Downtown Glasgow

Celebrate with family and friends!
Bring Chairs or Blankets
Limited Seating Available
Food and Drinks will be Available

FREE ADMISSION

NO SOLICITING ALLOWED

*Columbia will miss you,
Dr. Kummerfeldt!*



THANK YOU!



Thank you to our Clinical Informatics
and ER Teams for helping out at the
Soup Kitchen last week!



BARREN COUNTY FAMILY YMCA

Purse & Pamper
GIRLS NIGHT OUT BINGO

Friday, June 17th, 4:30 pm

The Ole French Restaurant

255 Perkins Road, Glasgow Ky

Prizes include designer purses & gift baskets worth \$150 to \$400

A special gift is given to each guest.

Wine tasting & Wine for purchase.

Each ticket will include one 4-card bingo sheet per round.

20 rounds will be played. Additional 20 Rounds \$10.

Charcuterie Board & Refreshments included.

Shop local with Vendors onsite.

Free Childcare at the Barren County Family YMCA

From 4:00 - 9:30 PM

\$45 Per Ticket

TEXT PAMPER TO 41444 or

Call 270-651-9622 to purchase tickets



REGISTER HERE

Bluegrass
VINEYARD

Sponsored By

TJ Samson Women's Conference

• Presented in partnership with Glasgow BPW •

Thursday, June 30, 2022 • 8 a.m. to 3:30 p.m.
Cave City Convention Center



LISA BENTLEY
KEYNOTE SPEAKER & AUTHOR

*The Power of Resiliency:
Transforming Adversity
into Greatness*



DR. ERICA GILLETTE
T.J. FAMILY MEDICINE CENTER
PHYSICIAN & ASSISTANT PROFESSOR

*Understanding
Dementia*



LISA RICHARDSON
SCAD HEART ATTACK
SURVIVOR

*SCAD (Spontaneous Coronary Artery Dissection)
and Early Heart Attack Care Education*



MELISSA JOHNSON, RN, BSN
T.J. STROKE & CHEST PAIN
COORDINATOR

Registration includes:

Educational and inspirational speakers • Health screenings
Light breakfast • Lunch • Refreshments • Style Show featuring Sherri Shines Award Winners
Great shopping • Health information vendors • Lots of door prizes

Register online at tjregionalhealth.org/womensconference or complete this form:

Women's Conference Registration Form

Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

I'm registering for:

- \$45 General Registration
- \$300 Table of 8
Please include guest names.
- \$30 T.J. Employee/Volunteer
- \$30 BPW Member

Please remit with payment to: T.J. Samson Women's Conference | 1301 N. Race Street | Glasgow, KY 42141
Questions: Please contact Bethany Matthews at 270.651.4534 or bmatthews@tjsamson.org.

Registration Deadline: June 22, 2022 (or until sold out)

VERY FEW TICKETS REMAINING!



I _____ give the hospital
(please print name)
payroll department permission to deduct my Women's Conference ticket
purchase from my payroll check.

Please note: Only employees paid by T J Regional Health, T J Samson
Community Hospital and T J Health Columbia may use Payroll
deduction.

Purchases under \$25.00 will be deducted in full from one paycheck.
Purchases over \$25.00 will be divided into two paychecks.

In the event I terminate employment the entire balance due will be
deducted from my final paycheck.

Total \$ _____

_____/_____
Employee Signature / Badge # (mandatory)

Department

COUNTDOWN TO SUMMER

PURCHASE A \$100 GIFT
CARD AND RECEIVE A
\$20 CREDIT TO YOUR
R+ ACCOUNT.
VALID JUNE 3 - 21



- Must redeem by 12/30/22.
- Cannot be combined with other discounts.
- Cannot be applied to the purchase of R+ Memberships.

WISHING YOU WELL!



One of our student nurse externs, Parker Cassady, is leaving T.J. to head to Alabama and he will be greatly missed! Parker completed his practicum during Covid working alongside Tessa Castillo, Amanda Wells and Ashley Proffit on the covid unit. He has been doing his nurse externship with Tessa since graduating in May. Parker, you are always welcome back at TJ!



**TJ Health Pavilion
Community Center**

Friday, June 17th 8:00-3:00

**Boutique Clothing, Myra Handbags &
Accessories**

Small-3XL

**Payment: Cash, Venmo, PayPal, Credit
Card or TJ Payroll Deduction**

10% of ALL Sales go to TJ Women's Auxiliary



CERNER COMMUNITYWORKS

Cerner Sign In Fair

Join us for our Cerner Sign In Fair!

TJ Regional's CommunityWorks Training Team will be hosting a Cerner CommunityWorks Sign In Fair this week. Stop by and validate your sign in credentials so you will be prepared for your classroom session! Participating in the sign-in fair will also get you registered for a surprise drawing giveaway. Here are the details:

Wed, June 15th

TJ Samson Community Hospital Training Lab (1st Floor)

5:00 AM – 8:00 AM

10:30 AM-1:30 PM

Thursday June 16th

Columbia Board Room

6:00 – 8:00 AM

Pavilion Locker Room

10:00-1:30 PM

Friday June 17th

TJ Samson Community Hospital Training Lab (1st Floor)

5:00 AM - 8:00 AM

10:30 AM - 1:30 AM

Stop by during the listed times and spend 5-10 minutes with us to sign on to Cerner and validate your Cerner credentials. Members of our training team will be there to assist you.

Rural Health Clinics can stop in during hours listed above or email Ben Jessie at Benjamin.jessie@tjsamson.org to participate in the sign in fair.



Community Mission FOUNDATION

It's *Our* Foundation!

Employee Payroll Deduction Drive

GOAL: 600 Employees Giving

June 21 – T.J. Health Pavilion (10:30 a.m. to 1 p.m.)

June 22 – T.J. Samson Community Hospital (10:30 a.m. to 1 p.m.)

June 23 – T.J. Health Columbia and T.J. Clinics

- **FREE** Chaney's Ice Cream for every employee
- All recurring payroll deduction donors, and current donors, will also receive a **FREE** t-shirt
- Employees who sign up (or are already signed up) for recurring payroll deduction donations to the T.J. Community Mission Foundation will be entered into door prize drawing for several \$100s worth of goodies!



We want to extend a sincere THANK YOU to our T.J. employees who have donated over \$40,000 to the T.J. Community Mission Foundation in the last year. Your donations have gone on to support the Sweet Seats Car Seat Program, The Serenity Garden at T.J. Samson, and the Shanti Niketan Hospice Home. We couldn't have done it without you!

**The drawing for the door prizes will take place at 11 a.m. on Friday morning.*



You're Invited to Join Us

Learn more about your future!

Founded in 1949, Grand Canyon University is a private, Christian university with over 270 academic programs including 200 online for working professionals. Our online classes involve engaging interaction with classmates and individual attention from instructors who care about student success. As a regionally accredited university, we are dedicated to providing all of our students with an exceptional academic experience that helps students find their purpose.

Bring your previous college transcripts for a complimentary pre-evaluation

WE'LL HELP YOU FIGURE OUT:

- How many credits will transfer
- Your cost to attend
- Your time to graduation
- Available scholarships

Event Details:

College of Nursing and Health Care Information Table

Wednesday, June 15th, 11am-1pm

Information Table located near the cafeteria. Stop by for program information, GCU goodies, and snacks!

GRAND CANYON
UNIVERSITY®

FIND YOUR PURPOSE



FOR MORE INFORMATION, CONTACT:

Zach Dickey

602-247-3461

zach.dickey@gcu.edu

<https://www.gcu.edu/c/zach.dickey/step-1/>

Please note, not all GCU programs are available in all states and in all learning modalities. Program availability is contingent on student enrollment. Grand Canyon University is regionally accredited by the Higher Learning Commission 800-621-7440; <http://hlcommission.org/>. Important policy information is available in the University Policy Handbook at <https://www.gcu.edu/academics/academic-policies.php>. The information printed in this material is accurate as of MARCH 2021. For the most up-to-date information about admission requirements, tuition, scholarships and more, visit www.gcu.edu ©2021 Grand Canyon University 21G0E0107

YMCA MUD RUN FUN

Thanks to everyone who participated and volunteered at the event!



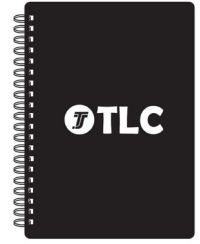
TLC CHAMPION CHEST



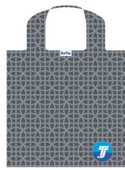
1 TOKEN



2 TOKENS



3 TOKENS



5 TOKENS



6 TOKENS



8/9 TOKENS



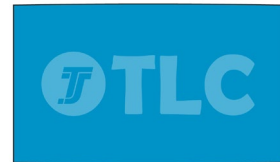
10 TOKENS

New!



12 TOKENS

New!



This gift certificate entitles

to a 15-minute massage session.

Please call 270.659.5880 to schedule your appointment.



15 TOKENS



20 TOKENS

New!



This gift certificate entitles

to a 30-minute massage session.

Please call 270.659.5880 to schedule your appointment.



25 TOKENS



OSEA® GENTLE TIDE FACIAL
gift certificate

40 TOKENS

The Apple A Day is open daily for your made to order breakfast, lunch and dinner dining selections.

T.J. Cafe

	June	13	14	15	16	17
week 5	Soup	Broccoli Cheddar	Chili	Roasted Red Pepper & Gouda	Vegetable Soup	Potato Soup
						
	Features	Build Your Own Pasta	Nacho Bar	Stacked or Wrapped	Buttermilk Marinated Grilled Chicken	Roast Turkey
		Penne	Taco Meat or Fajita Chicken	Spinach Wraps	Signature Fried Chicken	Meatloaf
		Zucchini Noodles	Grilled Chili Lime Chicken Burrito	Sourdough, Wheat, Hoagie	Chicken Tenders	Seasoned Green Beans
		Oven Fried Chicken	Nacho Chips	Turkey, Ham, Bacon	Hot Honey Brussels Sprouts	Mashed Potatoes
		Grilled Chicken	Refried Beans	Blackened Mahi Mahi	Cauliflower Mac & Cheese	Steamed Broccoli
		Italian Sausage	Spanish Rice	Chicken Salad	Roasted Asparagus	Cheese Sauce
		Balsamic Roasted Brussels	Cauliflower Rice		Maple Glazed Yams	Dressing
		Steamed Broccoli	Sautéed Peppers & Onions			Turkey Gravy
		Sautéed Sliced Mushrooms	shredded Lettuce			
	Toppings	Sundried Tomatoes	Diced Tomato	Spinach		
		Crushed Red Pepper	Sour Cream	Leaf Lettuce		
		Parmesan Cheese	Cheddar Cheese	Tomato		
			Queso	Red Onion		
			Pico De Gallo	Cheddar, American, Swiss		
			Salsa	Banana Peppers		
				Pickles		
	Sauces	Alfredo	Guacamole	Cajun Remoulade	Buffalo Sauce	Cranberry Sauce
		Marinara		Honey Mustard	Ranch	
					BBQ	
	Salad	Side Salad	Mexican Street Corn Salad	BLT Pasta		
				Kale Cranberry	Fruit Tea	
	Fried Item	Mozzarella Sticks	Jalapeno Poppers	Onion Rings		
	Bread	Breadstick	Cornbread	Dinner Roll	Cornbread	Cornbread
	Dessert	Cannoli	Tres Leches Cake	Chocolate Cake	Strawberry Cobbler	Salted Caramel Pretzel Brownie

Apple, Too

	June	13	14	15	16	17
Lunch Special Week 5		Hawaiian Ham & Cheese	Chicken BLT Salad	Italian Wrap	Fried Chicken Sandwich	Roast Beef & Cheddar Sliders
		Cranberry Kale Salad	Croissant	Kale Caesar Salad	Roasted Potato Wedges	Loaded Potato Salad



Employee Payroll Deduction Authorization Form

Employee Name: _____ Employee #: _____

Home Address: _____ City: _____ St: _____ Zip: _____

Phone: _____ Email Address: _____

Thank you for your decision to partner with the T.J. Regional Health family through your support of the T.J. Community Mission Foundation.

I would like for my gift to support the T.J. Community Mission Foundation (please check):

- _____ in support of where needed most.
- _____ in support of the Shanti Niketan Hospice Home.
- _____ in support of Community Medical Care.

Recurring Gift

_____ I wish to make a donation to the T.J. Community Mission Foundation through a **recurring deduction of my gross pay each pay period**. I understand that I can change or cancel this payroll deduction at any time by contacting Payroll/Finance, and that the deduction shall remain in effect until such time that I do so.

Please deduct the following amount from each paycheck (26 pay periods annually):

- | | |
|------------------------------------|----------------------------------|
| _____ \$38.47 = \$1000 annual gift | _____ \$10 = \$260 annual gift |
| _____ \$28.85 = \$750 annual gift | _____ \$3.85 = \$100 annual gift |
| _____ \$19.24 = \$500 annual gift | _____ \$_____ Other Amount |

One-Time Gift

_____ I wish to make a one-time donation to the T.J. Community Mission Foundation through payroll deduction.

\$_____ (one-time gift amount)

*Your recurring or one-time donation to the T.J. Community Mission Foundation is tax deductible.

PTO Buy Back Funds Gift

_____ I wish to donate all or a portion of my PTO Buy Back to the T.J. Community Mission Foundation. Please contact me to begin this process.

Employee signature: _____ Date: _____

RETURN COMPLETED FORM TO: T.J. Community Mission Foundation via interoffice mail, email scanned form to foundation@tjsamson.org, fax to 270.659.1704, or complete the payroll deduction form online at <https://www.tjregionalhealth.org/employeegive/>



TJ BARREN COUNTY EMPLOYEE DISCOUNTS

T.J. employees receive discounts at the following Glasgow businesses by showing your T.J. name badge.

AAA

Corporate Discount: \$40 for 2 people for 14 months. Call Cindy Piascik at 216.644.2988 to complete application on phone.

AT&T

Receive 25% off base rates. (Excludes Unlimited Plans.)

AWARDS, INC.

Receive 15% off gift items. (Excludes trophies & plaques.)

AZUL TEQUILA

Receive 15% off (dine-in only) **OR** a free queso (takeout only).

BAILEY GIBSON SERVICE DEPT.

Receive 15% off service.

BOUTIQUE 218 AT JORDAN'S SALON

Receive 10% off clothing at Boutique 218.

CAVE CITY PIZZA

Receive 10% off your total.

DON FRANKLIN GLASGOW

Receive 10% off standard services and repairs.

DROBOCKY ORTHODONTICS

Receive a free consultation and 5% off to T.J. staff and children. (New patients only. Does not apply to patients who are currently in active orthodontic treatment.)

EL MAZATLAN

Receive 10% off your purchase.

ELY DRUGS

Receive 20% off your purchase of scrubs.

ENTERPRISE

Use this corporate code for a discount: XZ58A71
Discounts vary, contact Enterprise for specific details.

EXTREME FITNESS

Individual: \$21 Family: \$26 Key Card: \$10

FREDDY'S

Receive 10% off your total.

GARCIA'S

Receive 10% off carryout order - employee's meal only.

LAWLESS ORTHODONTICS

Receive a \$500 discount.

LONG JOHN SILVERS / A&W

Receive 20% off regular-priced purchase.

MERCADO LATINO

Free fried plantains with any meal.
**\$1.25 Street Tacos every Wednesday
** \$4.99 Breakfast Burritos on Thursdays
(Now through end of May)

NOT AVERAGE JOES GYM

\$20 a month. No fees.

PAPA JOHN'S PIZZA

Any large 2-topping for \$10: TJ10
Any medium 5-topping or specialty pizza for \$12: TJ12
Any large 5-topping or specialty pizza for \$14: TJ14
Reg. menu prices. Online orders ONLY. Must have code.

RALPHIE'S FUN CENTER

Receive free shoe or skate rental.

RIB LICKERS

Receive 10% off your purchase.

BARREN COUNTY EMPLOYEE DISCOUNTS, CONT.

R+ MED SPA

Receive 20% off your purchase.

SHOGUN BISTRO

Receive 10% off your food purchase.

SIDELINES CASUAL DINING

Receive 10% off your purchase.

SOUTHERN CUP COFFEE & CAFE

Receive 10% off your purchase.

SWEETHEART BAKERY

Receive 10% off your purchase.

THOROUGHbred EXPRESS AUTO WASH

\$25 for Triple Crown Unlimited

\$23 for Derby Dazzler Unlimited

\$20 for Express Wash Unlimited

(prices are per vehicle/per month)

T.J. CAFE

Employee discount in employee cafeteria.

T.J. GIFT SHOP

Receive 10% off your purchase.

Payroll deduction available for employees.

VERIZON

Receive 15% off basic service.

WITTY'S COMPLETE CAR CARE

Receive \$5 off lube/oil/filter change.

WORKOUT ANYTIME

\$25 Premium Plus Plan

(\$15 per person for additional household member)

(\$39 + tax annual fee)

YMCA

Joining fee is waived. 15% discount monthly.



COLUMBIA EMPLOYEE DISCOUNTS

T.J. employees receive discounts at the following Columbia businesses by showing your T.J. name badge.

FRANKLIN NISSAN

10% off any service work.

RUGGED TRUTH BARBERSHOP

\$1 off a haircut.

NANWOOD MARKET

10% off regularly priced items.

THE TRENDY FARMHOUSE

15% discount on merchandise and/or services of farm2furniture.

***If you are aware of other discounts that T.J. employees receive,
please email marketing@tjsamson.org.***

T.J. HEALTH PAVILION

310 N.L. Rogers Wells Blvd., Glasgow • Call 270.651.1111 for general information.

Primary Care Pod A: 270.651.6791

Dr. Mallory • Dr. Behringer • Megan Buntin, APRN
Pat Spears, APRN

Primary Care Pod B: 270.659.5870

Dr. Gilson • Dr. Miller • Dr. Neuhaus • Dr. Kelly

Primary Care Pod C: 270.659.5885

Dr. A. Campbell • Dr. Matney • Dr. Brooks • Carla Hale, PA-C

Cardiology: 270.659.5970

Dr. Nair • Dr. V. Reddy • Dr. Salifu • Lisa DuCoff, APRN
Nancy Jo Houchens, APRN • Ashley Collins, APRN
Andy Reece, APRN

Gastrointestinal Clinic: 270.659.3398

Traci Anderson, APRN

General Surgery: 270.659.5945

Dr. Klapheke • Dr. Marion • Dr. Saridakis

Gynecology & Obstetrics: 270.659.5865

Dr. Craddock • Dr. Dirig
Nellie Bell, APRN • Casey Sacia, APRN • Michelle Wilson, APRN

Nephrology: 270.659.5834

Dr. S. Reddy • Marissa Howard, APRN

Neurology: 270.659.5663

Dr. Koury

Oncology: 270.659.5890

Dr. Modi • Melanie Isbell, APRN • Lauren LeGrand, APRN

Pain Management: 270.659.5990

Tracy Taylor, APRN

Pulmonology: 270.659.5835

Dr. Kummerfeldt • Dr. Mahmoud

Urology: 270.659.5965

Dr. Wiatrak

Urgent Care at the Pavilion: 270.659.5555

Laboratory: 270.659.5584

Pavilion Pharmacy: 270.659.5599

Radiology: 270.659.5570

Rehab Services: 270.659.5660

Respiratory: 270.659.5540

Women's Imaging: 270.659.5591

ADDITIONAL SERVICE LOCATIONS

T.J. Health Cave City Clinic: 270.773.2111

Paula West, APRN • Haley Cavanah, DNP, FNP-C

Cardiology: Dr. Salifu • **Pediatrics:** Dr. Brooks

T.J. Health Columbia: 270.384.4753

T.J. Health Columbia Clinic: 270.384.0451

Patricia Doolin, APRN

T.J. Health Columbia Primary Care: 270.384.4764

Dr. Kiteck • Kandace Webster, APRN • Angela Rush, APRN

Cardiology: Dr. Nair • Dr. Salifu • Ashley Collins, APRN

Gynecology: Casey Sacia, APRN

Pediatrics & Ped. Behavioral Health: Alisha Risen, APRN

Podiatry: Dr. Risen **Pulmonary:** Dr. Kummerfeldt

Sleep: Kim Bowman, APRN

T.J. Health Edmonton Clinic: 270.432.4800

Dr. Dunn • Dr. Matney

Connie Prostko, APRN • Khabeer Abdul, APRN

T.J. Health Greensburg Clinic: 270.973.5439

Pediatrics & Ped. Behavioral Health: Alisha Risen, APRN

T.J. Health Russell Springs Clinic: 270.858.3636

Chris Doolin, APRN • Kristi Irvin, APRN

T.J. Health Scottsville Clinic: 270.237.3123

Emily Tabor Jessie, APRN • Tiffany Frye, APRN

T.J. Health Tompkinsville Clinic: 270.487.0720

Teresa Sheffield, APRN

T.J. Home Health & Hospice: 270.651.4430

T.J. Long Term Care Team: 270.651.4451

Dr. A. Kiser • Micah Tracy, APRN • Pat Spears, APRN
Nikki Sherfey, APRN

T.J. Samson Community Hospital:

270.651.4444

T.J. Samson Family Medicine: 270.651.4797

Dr. House • Dr. Clouse • Dr. Gillette • Dr. Wright
Dr. Fisher

T.J. Sleep Clinic: 270.651.1888

Dr. Turpen • Kim Bowman, APRN • Amy Thornbury, APRN

T.J. Specialty Services Dermatology: 270.629.3376

Dr. Allred • Sherelen Hodges, APRN

T.J. Wound Care: 270.651.4325

Dr. A. Kiser • Micah Tracy, APRN • Nikki Sherfey, APRN



TJRH Service Excellence Award Nomination Form

Nominee's Name (please print): _____ Date: _____

Nominee's Department: _____ Nominee's Supervisor: _____

Choose One:

Hospital

Pavilion

Columbia

Clinics

Clinic Location: _____

Choose Area(s) of service that the nominee consistently delivers service that reflects T.J. Regional Health's Service Excellence standards of:

Compassion

Cooperation

Collaboration

Communication

Change

Champion

Provide a detailed description of how the nominee exemplifies the standards listed on the pledge. Refer to T.J. Pledge for standards of behavior. Please be sure to provide specific examples of service.

Would you like to remain anonymous? _____

If no, please provide your name: _____

For Office Use Only:

Department Director Approval: _____

HR Approval: _____

Submit completed nomination forms to Pam Bray in Human Resources.

T.J. PLEDGE

I WILL SHOW COMPASSION:

- ▶ see all patients, family members, visitors, coworkers, physicians, and anyone else at T.J. as my customer
- ▶ recognize that each and every interaction I have at T.J. Regional Health matters
- ▶ show kindness and compassion towards my customers at all times
- ▶ be sensitive to the personal and private needs of every customer

I WILL COOPERATE WITH OTHERS:

- ▶ maintain zero tolerance for abusive behavior
- ▶ listen and be willing to accept fault when I make a mistake
- ▶ never underestimate the power of an apology
- ▶ refrain from blame and judgment
- ▶ bring a sense of calm to stressful situations

I WILL COLLABORATE WITH OTHERS:

- ▶ value myself and every coworker as an equal part of one GREAT team working together
- ▶ treat others in a way that I would like to be treated
- ▶ participate only in conversations that are courteous, respectful, and reflect positively on my teammates and T.J. Regional Health
- ▶ foster a calm and pleasant atmosphere, and refrain from gossip, rumors, and insults
- ▶ speak honestly, seek truth, and act with integrity towards my teammates
- ▶ value the uniqueness and expertise that each team member contributes to the whole
- ▶ meet the need of the moment, regardless of whether or not it is considered part of my job

I WILL COMMUNICATE:

- ▶ smile - at everyone
- ▶ always introduce myself, my role, and my purpose
- ▶ use body language, eye contact, and tone of voice that shows respect in every interaction
- ▶ follow the 10/5 rule: always acknowledging people at 10 feet away with a smile and always greeting people at 5 feet away
- ▶ escort any customer in need (visitors, patients) to their destination

I WILL ADAPT TO CHANGE:

- ▶ be a part of the solution when I am presented with a challenge
- ▶ embrace change and set the example for those around me
- ▶ accept openly when there are changes that T.J. Regional and/or I have no control over
- ▶ manage the expectations of others by explaining duration and next steps as often as needed

I WILL BE A CHAMPION:

- ▶ serve with passion
- ▶ view myself as an owner of T.J. Regional Health and act accordingly
- ▶ take responsibility for the physical appearance of T.J. Regional Health, including my work area
- ▶ go out of my way to daily thank and compliment my customers and coworkers
- ▶ dare to make a difference and be exceptional
- ▶ constantly try to improve myself and T.J. Regional Health
- ▶ speak positively about T.J. Regional, while at work and in public places outside of work





MISSION

T.J. Regional Health will promote and provide for the health and wellness of the communities we serve and the healthcare professionals who serve them.

VISION

T.J. Regional Health will utilize available resources to anticipate and exceed the healthcare needs of the region with a focus on quality and compassion.

CORE VALUES

- Compassion
- Communication
- Be a Champion
- Cooperation
- Collaboration
- Adapt to Change