

# T.J. TeamTalk

**JUNE 29, 2020**

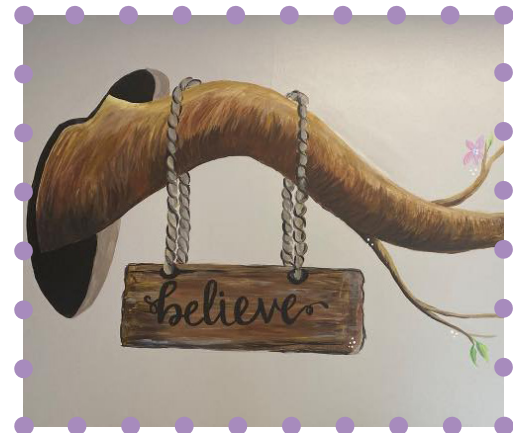
**T.J. HEALTH PAVILION ONCOLOGY MURALS ARE FINISHED!**



Thank you to the Glasgow High School REACH Art Club for their dedication to completing the T.J. Health Pavilion Oncology murals. After a delay due to the pandemic, they voluntarily finished the mural this summer!

A special thank you to all the wonderful students who helped, as well as Edwana Goodson for coordinating this project and REACH coordinator Terry Smith.

We think our patients will LOVE it!





# UPcoming EVENTS

## JULY

**July 4:** Independence Day

**July 6:** Bariatric Seminar

**July 8:** Blood Drive @ PAV (1 - 6 p.m.)  
(Multiple appointments still available!)

**July 28:** BLS 7:30 - 8:00 a.m.

ACLS 8:00 - 9:30 a.m.

PALS 9:30 - 11:00 a.m.

*If you have an important date or event that should be added,  
please email it to [mollie.felkins@tjsamson.org](mailto:mollie.felkins@tjsamson.org).*



*Please make note of our new phone number.  
We are here to help you!*

**270.651.4422**

T.J. Regional Health is proud to provide you with the same great service!

**T.J. Regional Health**

**SERVICE EXCELLENCE**

*Awards*

**DO YOU KNOW SOMEONE WHO  
EXEMPLIFIES THE VALUES AND  
STANDARDS OF THE T.J. PLEDGE?**

Nominate your fellow co-workers for one of the TJRH Service Excellence Awards. You may pick up a form outside the hospital cafeteria, print the one in the back of this newsletter, or you can also submit it online via the T.J. Intranet.

Award winners are announced monthly. Thank you for helping us to recognize our employees who strive for Service Excellence!

**June: Compassion**



## T.J. PATIENT ENCOUNTERS

6/20/20 - 6/26/20:

**6,523**

6/13/20 - 6/19/20:

**6,449**



# NEW

## COMMUNITY CENTER UPDATE

Mollie Felkins has recently taken over scheduling for the T.J. Health Pavilion Community Center. If you have any questions about scheduling an event or general Community Center questions, feel free to contact Mollie at 270.651.4522 or [mollie.felkins@tjsamson.org](mailto:mollie.felkins@tjsamson.org).

## JOINT COMMISSION

Are you ready?

### T.J. "CODES"

Don't forget, these can also be found on the back of your name badge!

**Code Red** – Fire

**Code Orange** – Contamination (internal and external)

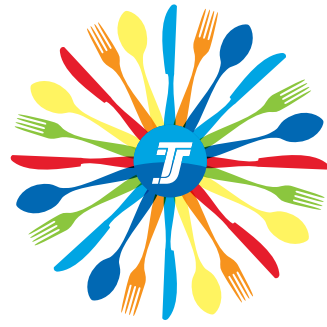
**Code Yellow** – Internal Disaster

**Code Blue** – Medical Emergency (adult and pediatric)

**Code Black** – Bomb Threat

**Code Silver** – Active Shooter – 911

**Code Amber** – Missing Person (adult and pediatric)



## Groceries and to-go meals!

Items include bread, milk, eggs, canned soft drinks, and more! The full item list and pricing is featured on the next 3 pages!

The to-go meal order forms are featured at the end of this newsletter.

All forms can be submitted at the Apple a Day Cafe or by emailing them to [floorstock@tjsamson.org](mailto:floorstock@tjsamson.org).

If you have any questions, please contact Sarah Kinslow at [sarah.kinslow@tjsamson.org](mailto:sarah.kinslow@tjsamson.org).



## IMPORTANT ANNOUNCEMENT!

A link to employee email/webmail has been added to the TJ website on the "For Employees" page (the same page where the weekly newsletter can be found). This can be found by hovering over "About Us" then clicking the "Publications" option. The "For Employees" page can be accessed by clicking the button at the bottom right of the page.

<https://www.tjregionalhealth.org/for-employees/>



**POPUP**  
*market*

Name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Order Date: \_\_\_\_\_

Pick Up Date: \_\_\_\_\_

Pick Up Time: \_\_\_\_\_

Item	Package Size		Price	Quantity
2% Milk	½ gallon	Refrigerated	\$2.50	
Whole Milk	½ gallon	Refrigerated	\$2.50	
American Cheese	160 slices	Refrigerated	\$14.00	
Cheddar Cheese	2.5lb, slices	Refrigerated	\$10.00	
Eggs, Pasteurized in Shell	Dozen	Refrigerated	\$4.00	
Deli Turkey	1lb, sliced	Frozen	\$4.00	
Bacon, Egg, Cheese Biscuits	Case of 12	Frozen	\$20.00	
All Beef Hot Dogs	5lb bag, 30 per bag	Frozen	\$15.00	
Chicken Breast (boneless, skinless)	5lb bag (16 per bag)	Frozen	18.00	
Chicken Tenders	5lb bag	Frozen	\$15.00	
Pulled Chicken	5lb bag	Frozen	\$23.00	
Pulled Pork	5.5lb bag	Frozen	\$25.00	
Scones, Blueberry	Dozen	Frozen	\$12.00	
Scones, White Choc Raspberry	Dozen	Frozen	\$12.00	
Scones, Apple Cinnamon	Dozen	Frozen	\$12.00	

All items are subject to availability. Please allow for delivery time to the Pavilion or to Columbia.

Pick-up locations are:

Main Hospital: TJ Café (M-F, 6:30am-1pm) Apple A Day (daily 7am-7pm)

Pavilion: Apple, Too (M-F, 7am-1pm)

Columbia: Kitchen (M-F, times may vary depending on courier schedule)



Name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Order Date: \_\_\_\_\_

Pick Up Date: \_\_\_\_\_

Pick Up Time: \_\_\_\_\_

Item	Package Size	Price	Quantity
Coke	12 pack cans	\$5.25	
Diet Coke	12 pack cans	\$5.25	
Ski	12 pack cans	\$5.25	
Sprite	12 pack cans	\$5.25	
Sprite Zero	12 pack cans	\$5.25	
Mountain Dew	12 pack cans	\$5.25	
Diet Mountain Dew	12 pack cans	\$5.25	
Sara Lee White Bread	Loaf	\$2.00	
Sara Lee Whole Wheat Bread	Loaf	\$2.00	
Ball Park Hamburger Buns	12 count	\$2.25	
Ball Park Hot Dog Buns	12 count	\$2.00	
Frosted Cherry Pop Tarts	Box of 6 packs	\$4.00	
Frosted Strawberry Pop Tarts	Box of 6 packs	\$4.00	
Frosted Blueberry Pop Tarts	Box of 6 packs	\$4.00	
Frosted Brown Sugar Pop Tarts	Box of 6 packs	\$4.00	
S'mores Pop Tarts	Box of 6 packs	\$4.00	

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**POPUP**  
market

Name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Order Date: \_\_\_\_\_

Pick Up Date: \_\_\_\_\_

Pick Up Time: \_\_\_\_\_

Item	Package Size	Price	Quantity
Krusteaz Pancake Mix	5lb Bag	\$5.00	
Skippy Peanut Butter	4lb	\$9.00	
Welch's Grape Jelly	20oz Squeeze Bottle	\$3	
Mott's Applesauce	46oz	\$3.50	
Vanilla Pudding Cups	4 pack	\$2.00	
Chocolate Pudding Cups	4 pack	\$2.00	
Sugar Free Vanilla Pudding	4 pack Cups	\$2.00	
Sugar Free Chocolate Pudding	4 pack Cups	\$2.00	
Heinz Ketchup	20oz	\$2.00	
French's Yellow Mustard	8oz	\$2.00	
Hellmann's Mayonnaise	20oz Squeeze Bottle	\$5.00	
Lipton Tea Bags	Box of 100 bags	\$5.00	
Lays Variety Chips (original, Doritos, Cheetos, Fritos, bbq, cool ranch)	30 bags	\$16.00	
Baked Lays Variety Chips (original baked, baked Cheetos, bbq, sour cream & onion, cheddar & sour cream)	30 bags	\$16.00	
Rice Krispy Treats	Box of 8	\$5.00	
Barilla Penne Pasta	1lb Box	\$2.00	

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# Congratulations to our 2020 Family Medicine Residency graduates!



## Basic EKG Rhythm and Cardiac Meds Review

### Objectives:

- Discuss heart anatomy and basic electrophysiology
- Discuss normal EKG measurements
- Recognize and understand basic and lethal arrhythmias
- Discuss signs/symptoms and treatments of arrhythmias

6.0 Contact Hours Awarded

You may register on HealthStream or by calling the Education Department.

Thursday July 9, 2020

8am – 2pm

4<sup>th</sup> floor Classrooms

**TJ Regional Health**

Total. Local. Care.

Basic EKG Rhythm and Cardiac Meds Review is for any nursing staff members wishing to learn more about basic rhythm interpretation. This is good review before taking ACLS.

# YOU'VE WORKED HARD TODAY. LET US MAKE DINNER EASY.

Place, and pay for, your order in the Apple-A-Day by noon. Pick-up your order, at the time specified, in the Apple-A-Day. If ordering from the Pavilion, place and pay for your order at the Apple, Too. Show your receipt and pick-up your order in the Apple-A-Day. \*All orders must be picked-up by 7pm.\*

<b>Name:</b>	
<b>Phone:</b>	
<b>Pick-Up Date:</b>	
<b>Pick-Up Time:</b>	

**Daily Special Family Meal (feeds up to 4)**  
**Chicken Tenders (12-16 varies based on size), 2 Family Size Sides,**  
**4 Dinner Rolls, and 2 Family Size Sauces**  
**\$20**

<b>Sides (meal includes 2):</b>	<b>How many orders of each side?</b>	<b>Sauces (meal includes 2):</b>	<b>How many cups of each sauce?</b>
Potato Wedges		BBQ	
Coleslaw		Ranch	
Onion Rings		Buffalo	
Tater Tots		General Tso's	
*extra sauce \$1 per cup, extra sides \$3 each*		Honey Mustard	

**Tuesday 6/30/20**

**Build Your Own Nachos (feeds up to 4) \$22**

Taco Meat or Fajita Spiced Chicken, Nacho Chips, Lettuce, Shredded Cheese,  
 Tomatoes, Black Beans, Salsa & Sour Cream

~ OR ~

**4 orders Chef's Special (chicken, rice, queso) with Chips & Salsa \$22**

<b>Family Nacho Meal</b>	<b>How many orders of each?</b>
Taco Meat (1 family size container included with meal)	
Fajita Spiced Chicken (1 family size container included with meal)	
<b>Chef's Special Family Meal (includes 4 chef's specials)</b>	

\*additional orders of Chef's Special, Taco Meat or Fajita Spiced Chicken are \$6 each\*



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Phone:	
Pick-Up Date:	
Pick-Up Time:	

**\$20 Daily Special Family Meal (feeds up to 4) \$20**  
**Chicken Tenders (12-16 varies based on size), 2 Family Size Sides,**  
**4 Dinner Rolls, and 2 Family Size Sauces**

Sides (meal includes 2):	How many orders of each side?	Sauces (meal includes 2):	How many cups of each sauce?
Potato Wedges		BBQ	
Coleslaw		Ranch	
Onion Rings		Buffalo	
Tater Tots		General Tso's	
*extra sauce \$1 per cup, extra sides \$3 each*		Honey Mustard	

## Wednesday 7/1/20 Chop Chop To Go

### Salad comes with a Honey Butter Croissant

1 salad \$6, 2 salads \$5.40 each, 3 salads \$5.20 each, 4 or more \$5 each  
 extra croissants \$1 each

Salad 1 (choose toppings)			Salad 2 (choose toppings)		
Chicken: Fried or Grilled	Fried	Grilled	Chicken: Fried or Grilled	Fried	Grilled
Bacon			Bacon		
Cheese			Cheese		
Tomatoes			Tomatoes		
Cucumbers			Cucumbers		
Red Onion			Red Onion		
Black Olives			Black Olives		
Croutons			Croutons		
Ranch: Regular or Fat Free	Reg	FF	Ranch: Regular or Fat Free	Reg	FF
Honey Mustard			Honey Mustard		
Salad 3 (choose toppings)			Salad 4 (choose toppings)		
Chicken: Fried or Grilled	Fried	Grilled	Chicken: Fried or Grilled	Fried	Grilled
Bacon			Bacon		
Cheese			Cheese		
Tomatoes			Tomatoes		
Cucumbers			Cucumbers		
Red Onion			Red Onion		
Black Olives			Black Olives		
Croutons			Croutons		
Ranch: Regular or Fat Free	Reg	FF	Ranch: Regular or Fat Free	Reg	FF
Honey Mustard			Honey Mustard		

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<b>Name:</b>	
<b>Phone:</b>	
<b>Pick-Up Date:</b>	
<b>Pick-Up Time:</b>	

**Thursday 7/2/20**  
**Chicken Tenders (12-16 varies based on size), 2 Family Size Sides,**  
**4 Biscuits, and 2 Family Size Sauces**  
 \*Feeds up to 4\*  
**\$20**

<b>Chicken Tenders</b>	<b>How many family-size orders of each?</b>	
<b>Plain</b>		
<b>Cajun Fried</b>		

\*Extra family-sized orders of chicken tenders \$14, extra individual order \$3.50\*

<b>Sides (meal includes 2):</b>	<b>How many orders of each side?</b>	<b>Sauces (meal includes 2):</b>	<b>How many cups of each sauce?</b>
<b>Buttermilk Chive Mashed Potatoes</b>		<b>White Gravy</b>	
<b>BBQ Carrots</b>		<b>Hot Honey</b>	
<b>Southern Style Green Beans</b>		<b>Maple Pecan Praline</b>	
<b>Dijon Roasted Potato Salad</b>		<b>BBQ</b>	
<b>Hot Honey Brussels Sprouts</b>		<b>Ranch</b>	
<b>Potato Wedges</b>		<b>Buffalo</b>	
<b>Coleslaw</b>		<b>General Tso's</b>	
<b>Onion Rings</b>		<b>Honey Mustard</b>	
<b>Tater Tots</b>			

\*extra sauce \$1 per cup, extra sides \$3 each\*

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<b>Pick-Up Time:</b>	

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**4 Dinner Rolls, and 2 Family Size Sauces**  
**\$20**

<b>Sides (meal includes 2):</b>	<b>How many orders of each side?</b>	<b>Sauces (meal includes 2):</b>	<b>How many cups of each sauce?</b>
Potato Wedges		BBQ	
Coleslaw		Ranch	
Onion Rings		Buffalo	
Tater Tots		General Tso's	
*extra sauce \$1 per cup, extra sides \$3 each*		Honey Mustard	

**Friday 7/3/20**

**Family Burger Pack (feeds up to 4) \$22**  
**Burgers, Buns, 2 Family Size Sides, Cheese,**  
**Lettuce, Tomato, Onion, Ketchup, Mayo, & Mustard**

<b>Type of Burgers (meal includes 4 burgers)</b>	<b>How Many of each?</b>	<b>Sides (meal includes 2)</b>	<b>How Many of each?</b>
Beef		Broccoli Salad	
Turkey		Onion Rings	
Veggie		Potato Wedges	
Sloppy Joe		Tater Tots	
Extra burger (beef, turkey or veggie) \$3 each		Coleslaw	
Extra family-size container of sloppy joes \$6		Extra sides \$3 each	

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<b>Name:</b>	
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<b>Pick-Up Date:</b>	
<b>Pick-Up Time:</b>	

**Daily Special Family Meal (feeds up to 4)**  
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**4 Dinner Rolls, and 2 Family Size Sauces**  
**\$20**

Sides (meal includes 2):	How many orders of each side?	Sauces (meal includes 2):	How many cups of each sauce?
Potato Wedges		BBQ	
Coleslaw		Ranch	
Onion Rings		Buffalo	
Tater Tots		General Tso's	
*extra sauce \$1 per cup, extra sides \$3 each*		Honey Mustard	

**Saturday & Sunday**  
**2 pizzas, 8 Breadsticks, Marinara, Parmesan, Pepperoncini Peppers, Garlic Butter**  
**\$25**

Pizzas (choose 2)	Quantity	Toppings (mark through anything you'd like left off)			
Cheese		Cheese			
Pepperoni		Pepperoni			
Veggie		Bell Pepper	Mushrooms	Onion	Black Olives
Supreme		Pepperoni		Sausage	
		Bell Pepper	Mushrooms	Onion	Black Olives

**One Cheese Pizza To Go: \$8, One Pepperoni, Veggie, or Supreme To Go: \$10**

# WE'RE ALL IN THIS *Together*



American  
Red Cross

## **Blood Drive** **T.J. Health Pavillion**

Community Center Room  
310 NL Roger Wells Blvd  
Glasgow, KY 42141

**Wednesday, July 8, 2020**  
**1:00 p.m. to 6:00 p.m.**

Sign up today at [Redcrossblood.org](https://Redcrossblood.org) and enter Sponsor code: TJSAMSONPAVILION

Appointments Encouraged.

**\*\* All donors will receive Cedar Fair tickets good for all Cedar Fair and Kings Island Parks! \*\***

On June 15, the American Red Cross began testing all blood, platelet and plasma donations for COVID-19 antibodies.

- The antibody test is authorized by the U.S. Food and Drug Administration and may indicate if the donor's immune system has produced antibodies to the coronavirus, regardless of whether they developed symptoms.
- The Red Cross hopes testing for COVID-19 antibodies will provide our valued donors insight into whether they may have been exposed to this coronavirus.
- We recognize that individuals and public health organizations desire more information about COVID-19, and as an organization dedicated to helping others, the Red Cross is fortunate to be able to help during this pandemic.
- Red Cross donors can expect to receive the results of their antibody test within 7 to 10 days through our Red Cross Blood Donor App or on our donor portal at [RedCrossBlood.org](https://RedCrossBlood.org).

**Cafe Menu  
June 29 - July 3**

*features*  
OF THE WEEK

Build Your Own Pasta Bar

Dessert: Cannoli

Soup: Chili

monday

Build Your Own Nachos

Dessert: Chocolate Cake

Soup: Pinto Beans

tuesday

Chop Chop Salad

Dessert: Oatmeal Raisin Cookies

Soup: Roasted Red Pepper

wednesday

Fried Chicken, Cajun Fried Tenders  
Hot Honey Brussels, Mashed  
Potatoes, BBQ Carrots, Green  
Beans

Dessert: Peach Cobbler  
Soup: Broccoli Cheddar

thursday

Build Your Own Burger Bar (beef,  
turkey, veggie, or sloppy joe)  
Onion Rings, Broccoli Salad

Dessert: Chocolate Chip Cookies  
Soup: Potato

friday

**Apple Too Menu  
June 29 - July 3**

*features*  
OF THE WEEK

Potato Soup, Cornbread, & a  
20oz Bottled Water or Soft  
Drink

\$4

monday

Lemon Pepper Chicken,  
Glazed Carrots & a 20oz  
Bottled Water or Soft Drink

\$5

tuesday

Grilled Hotdog, Baked Beans,  
Chips & 20oz Bottled Water or  
Soft Drink

\$4.75

wednesday

Hawaiian Ham & Cheese,  
Pineapple Coleslaw, & 20oz  
Bottled Water or Soft Drink

\$4.75

thursday

Grilled Chicken Caesar Wrap,  
Fresh Fruit, & 20oz Bottled  
Water or Soft Drink

\$4.75

friday





# **TJ** GLASGOW EMPLOYEE DISCOUNTS

*T.J. employees receive discounts at the following Glasgow businesses by showing your T.J. name badge.*

## **AAA**

Corporate Discount: \$40 for 2 people for 14 months. Call Cindy Piascik at 216.644.2988 to complete application on phone.

## **AT&T**

Receive 25% off base rates. (Excludes Unlimited Plans.)

## **AUTO SPA COMPLEX**

Receive \$2 off the \$20 or \$28 car wash.

## **AWARDS, INC.**

Receive 15% off gift items. (Excludes trophies & plaques.)

## **AZUL TEQUILA**

Receive 15% off **OR** a free queso.

## **BAILEY GIBSON SERVICE DEPT.**

Receive 15% off service.

## **BIG LOTS**

Receive 15% off your purchase.

## **BLUEGRASS CELLULAR**

Receive 15% off basic service.

## **BOUTIQUE 218 AT JORDAN'S SALON**

Receive 10% off clothing at Boutique 218.

## **CAPTAIN D'S**

Receive 15% off your purchase.

## **EL MAZATLAN**

Receive 10% off your purchase.

## **ELY DRUGS**

Receive 20% off your purchase of scrubs.

## **ENTERPRISE**

Use this corporate code for a discount: XZ58A71  
Discounts vary, contact Enterprise for specific details.

## **EXTREME FITNESS**

Individual: \$21 Family: \$26 Key Card: \$10

## **FANCY PANTS BOUTIQUE**

Receive 10% off your purchase.

## **FREDDY'S**

Receive 10% off your total on T.J. Tuesdays.

## **GARCIA'S**

Receive 10% off carryout order - employee's meal only.

## **LAWLESS ORTHODONTICS**

Receive a \$500 discount.

## **LONG JOHN SILVERS / A&W**

Receive 20% off regular-priced purchase.

## **MARCO'S PIZZA**

Receive 30% off regular-priced pizza. (Delivery & carryout.)

## **NEW CENTURY BUFFET**

Receive 10% off (T.J. employee's meal only).

## **NOT AVERAGE JOES GYM**

\$20 a month. No fees.

## **PAPA JOHN'S PIZZA**

Any large 5-topping or specialty pizza for \$12: Tjpi20

Large 3-topping pizza for \$9.99: 99wfg3

Reg. menu prices. Online, call-in and in-store orders.

## **RALPHIE'S FUN CENTER**

Receive free shoe or skate rental.

# GLASGOW EMPLOYEE DISCOUNTS, CONT.

## SHOGUN BISTRO

Receive 10% off your food purchase.

## SIDELINES CASUAL DINING

Receive 10% off your purchase.

## SWEETHEART BAKERY

Receive 10% off your purchase.

## THE URBAN DEN

Receive 15% off your purchase on Fridays.

## T.J. CAFE

Employee discount in employee cafeteria.

## T.J. GIFT SHOP

Receive 10% off your purchase.

Payroll deduction available for employees.

## WITTY'S COMPLETE CAR CARE

Receive \$5 off lube/oil/filter change.

## WORKOUT ANYTIME

First month free • \$15 Basic Individual Plan  
\$25 Premium Individual Plan • \$35 Friends & Family (2 ppl)

## YMCA

Joining fee is waived. 15% discount monthly.



## **T** COLUMBIA EMPLOYEE DISCOUNTS

*T.J. employees receive discounts at the following Columbia businesses by showing your T.J. name badge.*

### FRANKLIN NISSAN

10% off any service work.

### NANWOOD MARKET

10% off regularly priced items.

### RUGGED TRUTH BARBERSHOP

\$1 off a haircut.

### THE TRENDY FARMHOUSE

15% discount on merchandise and/or services of farm2furniture.

*If you are aware of other discounts that T.J. employees receive,  
please email [mollie.felkins@tjsamson.org](mailto:mollie.felkins@tjsamson.org).*





Community Mission  
FOUNDATION

Employee Donation Form  
Payroll Deduction Authorization/One Time Gift

I understand my donation will be made to the T.J. Community Mission Foundation to advance the Love Makes a House a Home campaign to support the Shanti Niketan Hospice Home, its programs and/or endowment.

Employee Name: \_\_\_\_\_  
Home Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email Address: \_\_\_\_\_  
Social Security Number: \_\_\_\_\_  
Employee Number: \_\_\_\_\_

**PAYROLL DEDUCTION**

Please deduct the following amount from each paycheck: \$ \_\_\_\_\_

- My gift is a:  5 year contribution
- 3 year contribution
- 2 year contribution
- 1 year contribution

I agree that my gross pay will be reduced by the amount of my deduction as indicated above. In the event a new Employee Deduction Authorization Form is not executed on or before the next year-end, this form shall be deemed to continue in force for the next succeeding year.

Employee Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**ONE TIME GIFT**

Please accept my one time gift: \$ \_\_\_\_\_ (check attached)

Make check payable to: T.J. Community Mission Foundation

## **T.J. HEALTH PAVILION**

**310 N.L. Rogers Wells Blvd., Glasgow • Call 270.651.1111 for general information.**

**Primary Care Pod A:** 270.651.6791

Dr. Mallory • Megan Buntin, APRN • Pat Spears, APRN

**Primary Care Pod B:** 270.659.5870

Dr. Gilson • Dr. Miller • Dr. Neuhaus

**Primary Care Pod C:** 270.659.5885

Dr. A. Campbell • Dr. Matney • Carla Hale, PA-C

**Cardiology:** 270.659.5970

Dr. Nair • Dr. Rajan • Dr. V. Reddy • Dr. Salifu  
Lisa DuCoff, APRN • Nancy Jo Houchens, APRN  
Ashley Robertson, APRN • Heather Bull, APRN

**Gastrointestinal Clinic:** 270.659.3398

Dr. Suh

**General Surgery:** 270.659.5945

Dr. Klapheke • Dr. Marion • Dr. Saridakis

**Gynecology & Obstetrics:** 270.659.5865

Dr. Craddock • Dr. Dirig • Dr. Thorpe • Nellie Bell, APRN  
Casey Sacia, APRN • Michelle Wilson, APRN

**Nephrology:** 270.659.5834

Dr. S. Reddy • Marissa Howard, APRN

**Neurology:** 270.659.5945

Dr. Koury

**Oncology:** 270.659.5890

Dr. Modi • Melanie Isbell, APRN • Lauren LeGrand, APRN

**Pain Management:** 270.659.5990

Dr. Bahadur • Angela Rush, APRN

**Pulmonology:** 270.659.5835

Dr. Kummerfeldt • Dr. Waheed

**Urology:** 270.659.5965

Dr. Wiatrak

**Urgent Care at the Pavilion:** 270.659.5555

**Laboratory:** 270.659.5584

**Pavilion Pharmacy:** 270.659.5599

**Radiology:** 270.659.5570

**Rehab Services:** 270.659.5660

**Respiratory:** 270.659.5540

**Women's Imaging:** 270.659.5591

## **ADDITIONAL SERVICE LOCATIONS**

**T.J. Health Cave City Clinic:** 270.773.2111

Paula West, APRN

**Cardiology:** Dr. Salifu

**T.J. Health Columbia:** 270.384.4753

**T.J. Health Columbia Clinic:** 270.384.0451

Patricia Doolin, APRN

**T.J. Health Columbia Primary Care:** 270.384.4764

Dr. Kiteck • Kandace Webster, APRN

**Cardiology:** Dr. Rajan • Ashley Robertson, APRN

**Gynecology:** Casey Sacia, APRN

**Pediatrics & Ped. Behavioral Health:** Alisha Risen, APRN

**Podiatry:** Dr. Risen

**Pulmonary:** Dr. Kummerfeldt

**Sleep:** Kim Bowman, APRN

**T.J. Health Edmonton Clinic:** 270.432.4800

Dr. Dunn • Connie Prostko, APRN • Khabeer Abdul, APRN

**T.J. Health Greensburg Clinic:** 270.973.5439

**Pediatrics & Ped. Behavioral Health:** Alisha Risen, APRN

**T.J. Health Russell Springs Clinic:** 270.858.3636

Latasha Gilpatrick, APRN • Nikki Loy, APRN

**T.J. Health Scottsville Clinic:** 270.237.3123

Emily Tabor Jessie, APRN • Lindsey Landers, APRN

**T.J. Health Tompkinsville Clinic:** 270.487.0720

Teresa Sheffield, APRN

**T.J. Home Health & Hospice:** 270.651.4430

**T.J. Long Term Care Team:** 270.651.4451

Dr. A. Kiser • Micah Tracy, APRN • Pat Spears, APRN  
Nikki Sherfey, APRN

**T.J. Samson Community Hospital:**

270.651.4444

**T.J. Samson Family Medicine:** 270.651.4797

Dr. House • Dr. Clouse • Dr. Gillette

**T.J. Sleep Clinic:** 270.651.1888

Dr. Turpen • Kim Bowman, APRN • Amy Thornbury, APRN

**T.J. Wound Care:** 270.651.4325

Dr. A. Kiser • Micah Tracy, APRN • Nikki Sherfey, APRN

**Walmart Clinic:** 270.678.3278

Tiffany Frye, APRN • Tracy Taylor, APRN



## TJRH Service Excellence Award Nomination Form

Nominee's Name (please print): \_\_\_\_\_ Date: \_\_\_\_\_

Nominee's Department: \_\_\_\_\_ Nominee's Supervisor: \_\_\_\_\_

Choose One:

**Hospital**

**Pavilion**

**Columbia**

**Clinics**

**Clinic Location:** \_\_\_\_\_

Choose Area(s) of service that the nominee consistently delivers service that reflects T.J. Regional Health's Service Excellence standards of:

**Compassion**

**Cooperation**

**Collaboration**

**Communication**

**Change**

**Champion**

Provide a detailed description of how the nominee exemplifies the standards listed on the pledge. Refer to T.J. Pledge for standards of behavior. Please be sure to provide specific examples of service.

Would you like to remain anonymous? \_\_\_\_\_

If no, please provide your name: \_\_\_\_\_

For Office Use Only:

Department Director Approval: \_\_\_\_\_

HR Approval: \_\_\_\_\_

# T.J. PLEDGE

## I WILL SHOW COMPASSION:

- ▶ see all patients, family members, visitors, coworkers, physicians, and anyone else at T.J. as my customer
- ▶ recognize that each and every interaction I have at T.J. Regional Health matters
- ▶ show kindness and compassion towards my customers at all times
- ▶ be sensitive to the personal and private needs of every customer

## I WILL COOPERATE WITH OTHERS:

- ▶ maintain zero tolerance for abusive behavior
- ▶ listen and be willing to accept fault when I make a mistake
- ▶ never underestimate the power of an apology
- ▶ refrain from blame and judgment
- ▶ bring a sense of calm to stressful situations

## I WILL COLLABORATE WITH OTHERS:

- ▶ value myself and every coworker as an equal part of one GREAT team working together
- ▶ treat others in a way that I would like to be treated
- ▶ participate only in conversations that are courteous, respectful, and reflect positively on my teammates and T.J. Regional Health
- ▶ foster a calm and pleasant atmosphere, and refrain from gossip, rumors, and insults
- ▶ speak honestly, seek truth, and act with integrity towards my teammates
- ▶ value the uniqueness and expertise that each team member contributes to the whole
- ▶ meet the need of the moment, regardless of whether or not it is considered part of my job

## I WILL COMMUNICATE:

- ▶ smile - at everyone
- ▶ always introduce myself, my role, and my purpose
- ▶ use body language, eye contact, and tone of voice that shows respect in every interaction
- ▶ follow the 10/5 rule: always acknowledging people at 10 feet away with a smile and always greeting people at 5 feet away
- ▶ escort any customer in need (visitors, patients) to their destination

## I WILL ADAPT TO CHANGE:

- ▶ be a part of the solution when I am presented with a challenge
- ▶ embrace change and set the example for those around me
- ▶ accept openly when there are changes that T.J. Regional and/or I have no control over
- ▶ manage the expectations of others by explaining duration and next steps as often as needed

## I WILL BE A CHAMPION:

- ▶ serve with passion
- ▶ view myself as an owner of T.J. Regional Health and act accordingly
- ▶ take responsibility for the physical appearance of T.J. Regional Health, including my work area
- ▶ go out of my way to daily thank and compliment my customers and coworkers
- ▶ dare to make a difference and be exceptional
- ▶ constantly try to improve myself and T.J. Regional Health
- ▶ speak positively about T.J. Regional, while at work and in public places outside of work





## **MISSION**

T.J. Regional Health will promote and provide for the health and wellness of the communities we serve and the healthcare professionals who serve them.

## **VISION**

T.J. Regional Health will utilize available resources to anticipate and exceed the healthcare needs of the region with a focus on quality and compassion.

## **CORE VALUES**

- Compassion
- Communication
- Be a Champion
- Cooperation
- Collaboration
- Adapt to Change