

TJ TEAM Talk

APRIL 12, 2021

TLC CHAMPION CHEST



1 TOKEN



2 TOKENS



3 TOKENS



6 TOKENS



8 TOKENS



9 TOKENS

SALE



5 TOKENS

~~10 TOKENS~~



12 TOKENS



New!



15 TOKENS



20 TOKENS



New!



25 TOKENS



40 TOKENS



Champion Chest

Item	Tokens
Chap stick	1
Hand Sanitizer	1
Sticky Notes	2
Notepads/pens	3
Blanket	5
TJ Mug	6
Junior TJ tote bags	6
Umbrella	8
Lunch Box	9
Pizza Hut Gift Card	10
Backpack	12
15 minute massage	15
TJ Polo	15
Beach Towel	15
30 minute massage	25
Camping Chair	25



APRIL

April 16: National Healthcare Decisions Day

April 24: DEA Drug Take Back Day

If you have an important date or event that should be added, please email it to mollie.felkins@tjsamson.org.



COMMUNICATION *corner*

Giving Directions - There's more than one way to make a PB&J

If you were given the direction to "make a PB&J sandwich", what would you do first? Spread jelly or peanut butter? Get the bread out of the bag? Find all the ingredients in the cabinet?

When giving directions on a task, project, or patient check-in, it is VITAL to give directions that can be followed easily but also encompass ALL the aspects of the task. Too many times, directions are given based on the person's experience who is giving the directions. This often leads to miscommunication and missteps in the process. When you give directions that require a process for a specific task, think of the person who will be following these directions experience. Have they done this task before? Do they know the importance of this task? What information can I give that would make it easier for them to complete this task properly?



SERVICE EXCELLENCE *Awards*

**DO YOU KNOW SOMEONE WHO
EXEMPLIFIES THE VALUES AND
STANDARDS OF THE T.J. PLEDGE?**

Nominate your fellow co-workers or a provider for one of the TJRH Service Excellence Awards. You may pick up a form outside the hospital cafeteria, print the one in the back of this newsletter, or you can also submit it online via the T.J. Intranet.

Award winners are announced monthly. Thank you for helping us to recognize our employees and providers who strive for Service Excellence!

April: Collaboration



T.J. PATIENT ENCOUNTERS

4/3/21 - 4/9/21:

8,066

3/27/21 - 4/2/21:

9,437





REFERRAL BONUS

For Recruitment of RN, RN Graduate, LPN, LPN Graduate - Full Time

- The first **10** T.J. employees who recruit a RN, RN Graduate, LPN, LPN Graduate will receive **5 DAYS OF PTO** or the equivalent **CASH** (employee's choice, unless employee is maxed on PTO accrual, then they would receive the cash equivalent).
- The next **5** T.J. employees who recruit a RN, RN Graduate, LPN, LPN Graduate will receive **3 DAYS OF PTO** or the equivalent **CASH** (employee's choice, unless employee is maxed on PTO accrual, then they would receive the cash equivalent).
- New employee status will be full time only.
- Max referral per employee for the bonus is three new employees.
- The new employee will sign a referral statement upon hire with the HR Recruiter listing the name of the employee who recruited them to T.J.
- The employee will receive the PTO hours after the newly hired employee completes the 90 day introductory period.
- Exempt from the referral bonus is (1) HR (2) Administration (3) Directors (4) Coordinators
- This referral bonus will be in effect until June 1, 2021.

The following compliments were recently received from patients and patient surveys. Keep up the great work, T.J. Team! Thank you for the dedication you show your patients and coworkers each day!

AMULATORY SURGERY

“Everyone was excellent, this was the first surgery I’d ever had at T.J. and they were awesome! Thanks so much!”

“The surgical tech showed great compassion to my son. It helped relieve some of my motherly worries. Great job.”

“My experience was very good! I felt well informed - prepared & cared for during this surgical procedure. (Complete surgical team!)”

“Felt very confident in both Dr. Mitta & Dr. Santapura as they explained the pain block I was going to get to prepare me for my procedure & care afterwards.”

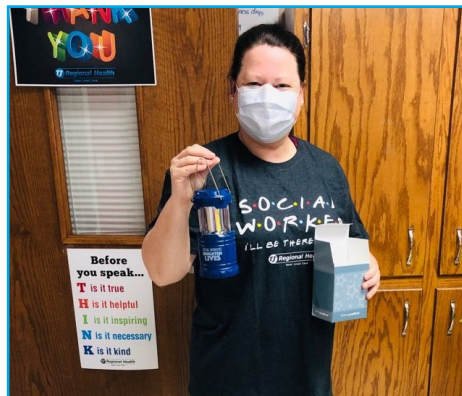
“I had a very good experience. Everyone was professional and kind. I felt confident in my surgery team and being a nurse myself, that was very important to me. Thank you all.”

“Thoughtful - kind - considerate - informative - very compassionate & understanding from beginning to the end of the pre-op visit.” (Pam Robertson, Kristy Nunn and Tina Simmons)

“They were very thorough in making sure all information given and received was correct.”

“Each one involved did a “great job”. Was very nice even to the point of calling to check on me the day after the procedure.” (Beth Reid and Penny Perkins)

SOCIAL WORKER MONTH CELEBRATIONS



Thank you for all you do for this community!

April
14



**LIVE SECOND WEDNESDAY
WEBINAR SERIES**

Managing Your Time While Working Remotely

Date: 4/14/2021

Time: 1:30PM to 2:30PM EST

Remote work is becoming the new normal, and projections are that it will continue long after Covid, but it does present some unique time management challenges.

You can register for this event on mylifeexpert.com or <https://attendee.gotowebinar.com/register/4179373851655217164>

A recording of this presentation is available at <https://attendee.gotowebinar.com/recording/3210552376393648141>

Presented by: Mary-Ellen Sposato Rogers

Our information, services and support programs are here for you with 24/7 access to help when you need it.

**MaxWell
EAP**

888-550-5535

Register for this event at:
[MyLifeExpert.com](https://mylifeexpert.com)

OR

Scan Here to
Download:



When creating a new account,
use company code: **fjshhealth**

EMPLOYEE ASSISTANCE PROGRAM - AVAILABLE 24/7 - ALWAYS CONFIDENTIAL



**DEA National Drug
Take Back Day**
APRIL 24, 2021

Do your part and dispose of your unwanted, unused and outdated medications.

Barren County Sheriff's Department

117 N. Public Square, Glasgow, KY

270-651-2771

Hours of Operation: Mon - Fri 8 a.m - 4 p.m.

Glasgow Police Department

101 Pin Oak Lane, Glasgow, KY

270-651-6165

Hours of Operation: Open 24/7

Cave City Police Department

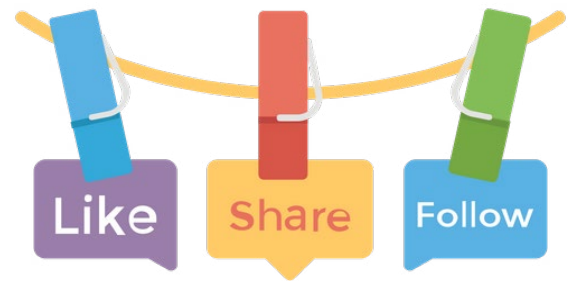
103 Duke Street, Cave City, KY

270-773-2441

Hours of Operation: Mon - Fri 8 a.m - 4 p.m.



**FOLLOW US ON
SOCIAL MEDIA**



We are excited to announce two new social media accounts related to T.J. Regional Health!

You can now like/follow us at T.J. Careers on Facebook and R+ Med Spa on Facebook and Instagram!

And if you don't already, be sure to like/follow the T.J. Regional Health page on Facebook, Instagram and LinkedIn as well as the T.J. Community Mission Foundation page on Facebook.

**NATIONAL HEALTHCARE
DECISIONS DAY**
your decisions matter

Join Americans across the country in making future healthcare decisions known to family, friends and healthcare providers. Share your wishes and complete your advance directive, because... **YOUR DECISIONS MATTER.**

Be sure to checkout the T.J. social media pages on Friday, April 16, as we celebrate National Healthcare Decisions Day!



BENEFITS

Open Enrollment!



Wonderful News!

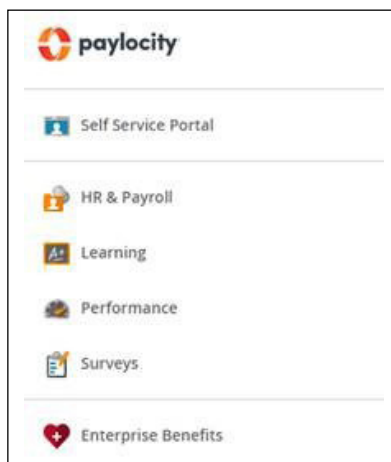
Medical, Dental and Vision premiums will remain the same for the 2021-2022 plan year!

Open Enrollment for the 2021 – 2022 Plan Year will begin Monday, **April 19, 2021**, and end Friday, **April 30, 2021** for changes effective June 1, 2021. As a reminder, Open Enrollment is your opportunity to make changes to your benefits such as changing medical plans or adding or removing dependents without a Qualifying Event.

WHAT I NEED TO KNOW:

- A passive enrollment will occur during this open enrollment period. This means that for those employees who do not wish to make any changes to their current elections (**with the exception of FSA or Dependent Child Care**) your enrollment information will roll over to the 2021-2022 plan year automatically. For employees wishing to enroll or make changes to their current coverage, your online enrollment **must** be completed.
- If you currently have Flex Spending and/or Dependent Child Care and want to continue with this benefit in the 2021-2022 Plan Year you **must complete** online enrollment to continue benefits. If you do not enroll during Open Enrollment your benefits *will no longer be effective* June 1, 2021. We will be using a new FSA and Dependent Child Care provider this year, HealthEquity. We will be sending out additional information next week.
- Please note, **your specific per paycheck deduction is subject to change based on your level of Engagement in the Health Awareness and Improvement Program!** Payroll deductions will be updated following Open Enrollment with final results from biometric screening and Personal Risk Assessment (PRA) offered earlier this Spring. Premium rates will be adjusted in Paylocity by May 15th. Be sure to login and review your benefits conformation page to verify your premiums are correct.

HOW TO ENROLL OR MAKE CHANGES:



To complete this process for 2021, please log in to your Paylocity Self-Service Portal on your computer (not accessible on the phone app) to access the Benefits Open Enrollment beginning April 19!

1. Navigate to the “HR & Payroll” tab in the upper left hand corner.
2. Click on “Enterprise Benefits”.
3. Click on “Start Your Enrollment”.

BENEFITS UPDATES AND CHANGES:

CORE BENEFITS

- Medical benefits remain the same for 2021 along with medical premiums.
- Dental benefits and premiums remain the same for 2021.
- Vision benefits and premiums remain the same for 2021.

IMPORTANT REMINDER: Remember, in order to make benefit changes throughout the plan year, you must first encounter a Qualifying Event such as marriage, divorce, loss of other coverage, or birth/adoption of a child.

Contact the Human Resources (HR) Department for any additional assistance.
Please call Pam Bray at ext. 4886 or Rachel Forrester at ext. 4501 or Heather Mattox at ext. 4501.



FOR THOSE CALLED
TO DO MORE,
STEP FORWARD.

Chamberlain University knows that it takes a special person to commit to helping and healing others. Whether you're considering the next step in your nursing career or seeking to impact the health of your community, Chamberlain offers the degree programs, options and resources to help you reach the next level of your career.

Join Chamberlain's Virtual Open House from April 13–15, where you can learn about online degree programs and chat live with a Chamberlain representative.

Date:

April 13-15, 2021

Live Chat With a Representative

During These Times:

April 13th 10:00AM to 7:00PM CST

April 14th 7:00AM to 4:00PM CST

April 15th 1:00PM to 10:00PM CST

Why Choose Chamberlain?

- Experienced healthcare educators are committed to your success
- Classes are always evolving with new innovations and ideologies
- Online programs are designed for working professionals just like you

If you aspire to do more for the people you serve, please join Chamberlain at the Virtual Open House.

Programs With Purpose

• RN to BSN	• DNP
• MSN With Specialty Tracks	• MPH
• MSN Advanced Practice	• MSW
• Certificate Programs	

REGISTER TODAY!

PATIENT ACCESS WEEK



Thank you for all you do!

Doctor of Nursing Practice (DNP)

The Lindsey Wilson College Doctor of Nursing Practice in Executive Leadership (DNP) program will provide quality graduate nursing education that prepares students as change agents and as life-long learners within the profession of nursing.

Partnerships

with many local hospitals. See a list on our website at online.lindsey.edu.

Online Academic Success Coach available.

Financial aid available to those who qualify.

APPLY NOW



LWC has the **LOWEST** tuition rates among top online universities.

Designed specifically for the **working nurse**. Coursework every 8 weeks.

ACCREDITATION

- Southern Association of Colleges and Schools Commission on Colleges (SACSCOC)
Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia, 30033-4097 or call (404) 679-4500 for questions about the accreditation of Lindsey Wilson College.

One Track, 2 Entry Points.

BSN to DNP
68
Credit hours

MSN to DNP
36
Credit hours

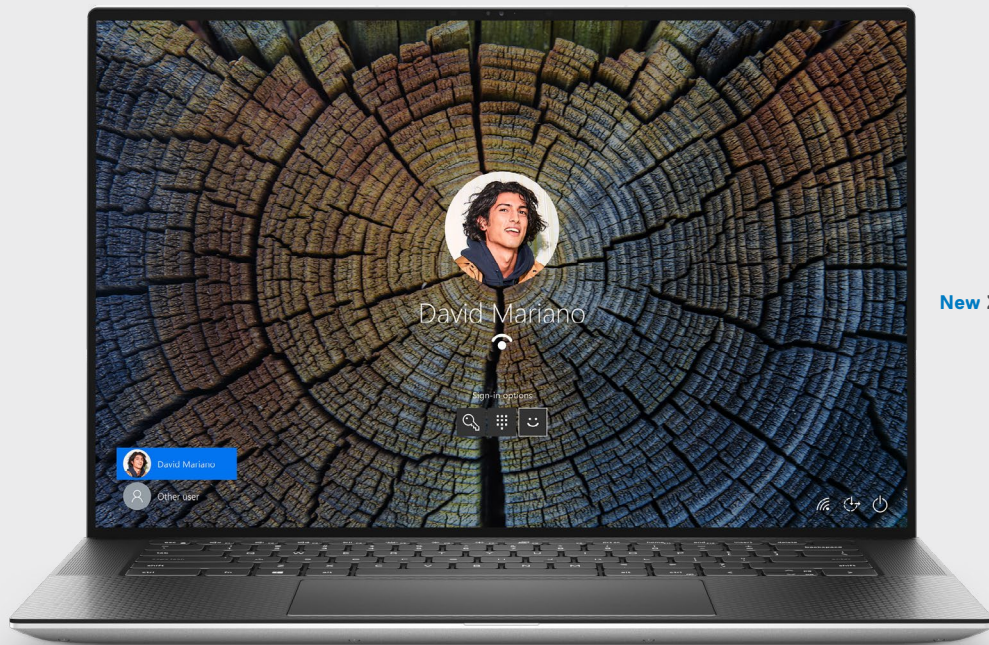
210 Lindsey Wilson Street
Columbia, Ky. 42728
Local: 270-384-8152
1-800-264-0138
LindseyOnline@lindsey.edu



MEMBER EXCLUSIVE

SPECIAL OFFERS. 48 HOURS ONLY.

Get up to an additional 10% off on powerful tech for all you do*. Starts 4/20.



New XPS 15



Inspiron 15 5000



Alienware m15 R3



XPS Desktop

To take advantage of Dell's 48 Hour sale, visit your dedicated member website at www.dell.com/mpp/tjsamson

Offers valid 4/20/2021-4/22/2021 at 6:59 AM ET, unless otherwise noted. Limited quantities available at these prices.
*Offers subject to change, not combinable with all other offers. Taxes, shipping, and other fees apply. Free shipping offer valid in Continental U.S. (excludes Alaska and P.O. Box addresses). Offer not valid for Resellers. Dell reserves the right to cancel orders arising from pricing or other errors. Hard Drive capacity varies with preloaded material and will be less. System memory may be used to support graphics, depending on system memory size and other factors. Microsoft and Windows are trademarks of Microsoft Corporation in the U.S. and/or other countries. Screens simulated, subject to change. Windows Store apps sold separately. App availability and experience may vary by market. Copyright © 2021 Dell Inc. or its subsidiaries. All Rights Reserved. Dell Technologies, Dell, EMC, Dell EMC and other trademarks are trademarks of Dell Inc. or its subsidiaries. Other trademarks may be trademarks of their respective owners. 542322

All it takes is a glance









Welcome New Team Members





We're so glad you're here!

Michelle Byrd	ER - Unit Clerk	Kaffey Crumpton	PAV Switchboard
Charlotte Thompson	Dialysis - RN	Tina Smith	PAV Switchboard
Ashley Snuverink	3C - RN	Allisha Fearer	Phlebotomist
Michele Coomer	2C TJHC - RN	Sarah Hampton	Cash Management
Tara Barnett	3C - RN	Angie Burton	Coding
Clarissa Terry	3C - CNA	Katie Steele	Patient Access - ER
Olivia Vaught	3C- CNA	Matthew Sanderson	Patient Access - UC
Jessica Arterburn	3C - Nurse Assistant	Sheila Boston	Patient Access - UC
Pam Alvey	3C - CNA	Robin Throneberry	CT Technologist
Sarah Garrett	Patient Call Rep	Linsey Simpson	Student Resp Therapist
Karen Carter	ICU - RN	Naida Gagulic	Student Resp Therapist
Jessica Gaskins	ER - RN	Alanna Thornbury	Clinical Specialist - Med Spa
Ashley Gabow	Practice Management	Doug Thomas	Security
Alicia Pierce	TJHC Primary Care	Whitney Woodcock	Pharmacist
Tiffany Smith	PAV Patient Access	Teresa Brewer	Patient Accounting

TJ Café

April	5	6	7	8	9
Soup	Chili	Loaded Potato	Broccoli Cheddar	Roasted Red Pepper & Gouda	Chicken Noodle
			Chop Chop Salad- the Original		Comfort Food!
Features	Chicken Wings Chicken Tenders Oven-Fried Zucchini Sticks Steamed Broccoli Cheese Sauce Carrots & Celery	Al Pastor (Pork Tacos) Chicken Tinga Tacos Crispy Fish Tacos Veggie Tacos Cilantro Lime Rice Spicy Black Beans Sautéed Poblano Peppers Baked Sweet Plantains queso cheese Grilled Pineapple	Fried Chicken Grilled Chicken Salad Mix Bacon Cucumber Tomato Cheese Onion Croutons Black Olives	Brisket Pulled Pork Chipotle BBQ Chicken Breast Baked Beans Mac & Cheese Grilled Cabbage Honey Butter Corn	Meatloaf Signature Fried Chicken Breast Green Bean Casserole Roasted Vegetables Broccoli Au Gratin White Beans Mashed Potatoes Peppered White Gravy Macaroni & Tomatoes
Toppings	Assorted Toppings & Sauces	Assorted Toppings & Sauces		Assorted Toppings & Sauces	
Salad	Coleslaw Wedge Salad	Cilantro Jicama Slaw		Loaded Potato Salad Cucumber & Onion Salad	Side Salad
Fried Item	Potato Wedges	Fried Sliced Jalapenos	Corn Nuggets		
Bread	Cornbread	Cornbread	Honey Butter Croissant	Cornbread	Biscuits & Cornbread
Dessert	Melissa's Choice	Melissa's Choice	Melissa's Choice	Melissa's Choice	Ice Cream Bar
April	12	13	14	15	16
Soup	Vegetable Soup	Chicken & Dumplings	Pinto Beans	Broccoli Cheddar	Chili
			Comfort Food!		Fri-Yay!!!
Features	Baked Chicken Broccoli Alfredo Lasagna Stuffed Portobellos Grilled Asparagus Steamed Broccoli Parmesan Creamed Spinach Oven Roasted Potatoes Assorted Toppings & Sauces Kale Caesar Garden Salad Mozzarella Sticks	Nachos & Enchiladas Cheese & Bean Enchiladas Taco Meat or Fajita Chicken Cilantro Lime Rice Cauliflower Rice Charro Beans Assorted Toppings & Sauces Mexican Street Corn Salad Jalapeno Poppers Cornbread	Roast Beef Manhattan Fried Fish Steamed Carrots Brussels Sprouts Green Beans Mashed Potatoes Brown Gravy Vinegar Slaw Hush Puppies Cornbread & Dinner Rolls	Jerk Brisket Jerk Turkey Grilled Caribbean Chicken w/ Mango Salsa Red Beans & Rice Smashed Red Potatoes Grilled Cabbage Callaloo Baked Sweet Plantains Caribbean Cooler Punch Assorted Toppings & Sauces	French Dip Grilled Brats Burgers Oven-Fried Zucchini Sticks Steak Fries King Sized Soft Pretzels BBQ Onions Assorted Toppings, Cheese, & Sauces Creamy Broccoli Salad Fried Mushrooms Cornbread

Apple A Day

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April	4	5	6	7	8	9	10
Breakfast Special	Nashville Hot Chicken Biscuit \$2.50	Nashville Hot Chicken Biscuit \$2.50	Nashville Hot Chicken Biscuit \$2.50	Nashville Hot Chicken Biscuit \$2.50	Nashville Hot Chicken Biscuit \$2.50	Nashville Hot Chicken Biscuit \$2.50	Nashville Hot Chicken Biscuit \$2.50
Lunch Special							
April	11	12	13	14	15	16	17
Breakfast Special	Steak, Egg, & Cheese Breakfast Sandwich \$3.00	Steak, Egg, & Cheese Breakfast Sandwich \$3.00	Steak, Egg, & Cheese Breakfast Sandwich \$3.00	Steak, Egg, & Cheese Breakfast Sandwich \$3.00	Steak, Egg, & Cheese Breakfast Sandwich \$3.00	Steak, Egg, & Cheese Breakfast Sandwich \$3.00	Steak, Egg, & Cheese Breakfast Sandwich \$3.00
Lunch Special							
April	18	19	20	21	22	23	24
Breakfast Special	Iffy Bitty Honey Butter Chicken Biscuits & Tots \$4.50	Iffy Bitty Honey Butter Chicken Biscuits & Tots \$4.50	Iffy Bitty Honey Butter Chicken Biscuits & Tots \$4.50	Iffy Bitty Honey Butter Chicken Biscuits & Tots \$4.50	Iffy Bitty Honey Butter Chicken Biscuits & Tots \$4.50	Iffy Bitty Honey Butter Chicken Biscuits & Tots \$4.50	Iffy Bitty Honey Butter Chicken Biscuits & Tots \$4.50
Lunch Special							
April	25	26	27	28	29	30	1
Breakfast Special	Baguette French Toast 2 for \$4	Baguette French Toast 2 for \$4	Baguette French Toast 2 for \$4	Baguette French Toast 2 for \$4	Baguette French Toast 2 for \$4	Baguette French Toast 2 for \$4	Baguette French Toast 2 for \$4
Lunch Special							

Apple, Too

April	5	6	7	8	9
Breakfast Special	Blueberry Pancakes 2 for \$2	Blueberry Pancakes 2 for \$2	Blueberry Pancakes 2 for \$2	Blueberry Pancakes 2 for \$2	Blueberry Pancakes 2 for \$2
Lunch Special	Chicken Cobb Salad Croissant 20oz Bottled Drink \$5	BLTA Croissant Creamy Broccoli Salad 20oz Bottled Drink \$5	Chicken Fajitas Black Beans 20oz Bottled Drink \$5	Pizza Sub Side Salad 20oz Bottled Drink \$5	Crispy Orange Chicken Bowl Eggroll 20oz Bottled Drink \$6
Breakfast Special	Fried Bologna, Egg & Cheese on Texas Toast \$2.75	Fried Bologna, Egg & Cheese on Texas Toast \$2.75	Fried Bologna, Egg & Cheese on Texas Toast \$2.75	Fried Bologna, Egg & Cheese on Texas Toast \$2.75	Fried Bologna, Egg & Cheese on Texas Toast \$2.75
Lunch Special	Cali Grilled Chicken Sandwich BLT Pasta Salad 20oz Bottled Drink \$5	Bacon Cheeseburger Creamy Broccoli Salad 20oz Bottled Drink \$5	Chicken & Cheese Quesadilla Chips & Salsa 20oz Bottled Drink \$5	BBQ Bacon Cheddar Sliders Chips 20oz Bottled Drink \$5	French Dip (with provolone) Roasted Potato Wedges 20oz Bottled Drink \$5
Breakfast Special	Nashville Hot Chicken Biscuit \$2.50	Nashville Hot Chicken Biscuit \$2.50	Nashville Hot Chicken Biscuit \$2.50	Nashville Hot Chicken Biscuit \$2.50	Nashville Hot Chicken Biscuit \$2.50
Lunch Special	Hawaiian Ham & Cheese Cranberry Kale Salad 20oz Bottled Drink \$5	Chicken BLT Salad Croissant 20oz Bottled Drink \$5	Italian Wrap Kale Caesar Salad 20oz Bottled Drink \$5	Fried Chicken Sandwich Roasted Potato Wedges 20oz Bottled Drink \$5	2 Roast Beef & Cheddar Sliders Loaded Potato Salad 20oz Bottled Drink \$5
Breakfast Special	Chocolate Chip Pancakes 2 for \$2	Chocolate Chip Pancakes 2 for \$2	Chocolate Chip Pancakes 2 for \$2	Chocolate Chip Pancakes 2 for \$2	Chocolate Chip Pancakes 2 for \$2
Lunch Special	Fried Bologna Sandwich Chips & Fruit 20oz Bottled Drink \$5	Chicken Salad & Fresh Fruit Plate (with fruit dip) Blueberry Muffin 20oz Bottled Drink \$5	Tuna Salad Croissant Chips, Fresh Fruit Cup 20oz Bottled Drink \$5	General Tso's Chicken Bowl Eggroll 20oz Bottled Drink \$6	Sloppy Joe Loaded Potato Salad 20oz Bottled Drink \$5



TJ GLASGOW EMPLOYEE DISCOUNTS

T.J. employees receive discounts at the following Glasgow businesses by showing your T.J. name badge.

AAA

Corporate Discount: \$40 for 2 people for 14 months. Call Cindy Piascik at 216.644.2988 to complete application on phone.

AT&T

Receive 25% off base rates. (Excludes Unlimited Plans.)

AWARDS, INC.

Receive 15% off gift items. (Excludes trophies & plaques.)

AZUL TEQUILA

Receive 15% off (dine-in only) **OR** a free queso (takeout only).

BAILEY GIBSON SERVICE DEPT.

Receive 15% off service.

BLUEGRASS CELLULAR

Receive 15% off basic service.

BOUTIQUE 218 AT JORDAN'S SALON

Receive 10% off clothing at Boutique 218.

CAPTAIN D'S

Receive 15% off your purchase.

DON FRANKLIN GLASGOW

Receive 10% off standard services and repairs.

DROBOCKY ORTHODONTICS

Receive a free consultation and 5% off to T.J. staff and children. (New patients only. Does not apply to patients who are currently in active orthodontic treatment.)

EL MAZATLAN

Receive 10% off your purchase.

ELY DRUGS

Receive 20% off your purchase of scrubs.

ENTERPRISE

Use this corporate code for a discount: XZ58A71
Discounts vary, contact Enterprise for specific details.

EXTREME FITNESS

Individual: \$21 Family: \$26 Key Card: \$10

FANCY PANTS BOUTIQUE

Receive 10% off your purchase.

FREDDY'S

Receive 10% off your total.

GARCIA'S

Receive 10% off carryout order - employee's meal only.

LAWLESS ORTHODONTICS

Receive a \$500 discount.

LONG JOHN SILVERS / A&W

Receive 20% off regular-priced purchase.

NOT AVERAGE JOES GYM

\$20 a month. No fees.

PAPA JOHN'S PIZZA

Any large 5-topping or specialty pizza for \$12: Tjpi20
Large 3-topping pizza for \$9.99: Tjpi9993
Reg. menu prices. Online, call-in and in-store orders.

RALPHIE'S FUN CENTER

Receive free shoe or skate rental.

RIB LICKERS

Receive 10% off your purchase.

GLASGOW EMPLOYEE DISCOUNTS, CONT.

SHOGUN BISTRO

Receive 10% off your food purchase.

SIDELINES CASUAL DINING

Receive 10% off your purchase.

SOUTHERN CUP COFFEE & CAFE

Receive 10% off your purchase.

SWEETHEART BAKERY

Receive 10% off your purchase.

NEW

THOROUGHbred EXPRESS AUTO WASH

\$25 for Triple Crown Unlimited
\$23 for Derby Dazzler Unlimited
\$20 for Express Wash Unlimited
(prices are per vehicle/per month)

T.J. CAFE

Employee discount in employee cafeteria.

T.J. GIFT SHOP

Receive 10% off your purchase.
Payroll deduction available for employees.

WITTY'S COMPLETE CAR CARE

Receive \$5 off lube/oil/filter change.

WORKOUT ANYTIME

First month free • \$15 Basic Individual Plan
\$25 Premium Individual Plan • \$35 Friends & Family (2 ppl)

YMCA

Joining fee is waived. 15% discount monthly.



T COLUMBIA EMPLOYEE DISCOUNTS

T.J. employees receive discounts at the following Columbia businesses by showing your T.J. name badge.

FRANKLIN NISSAN

10% off any service work.

NANWOOD MARKET

10% off regularly priced items.

RUGGED TRUTH BARBERSHOP

\$1 off a haircut.

THE TRENDY FARMHOUSE

15% discount on merchandise and/or services of farm2furniture.

If you are aware of other discounts that T.J. employees receive, please email marketing@tjsamson.org.



Community Mission FOUNDATION

Employee Donation Form Payroll Deduction Authorization/One Time Gift

I understand my donation will be made to the **T.J. Community Mission Foundation** to advance the *Love Makes a House a Home* campaign to support the **Shanti Niketan** Hospice Home, its programs and/or endowment.

Employee Name: _____

Home Address: _____

Phone: _____

Email Address: _____

Social Security Number: _____

Employee Number: _____

PAYROLL DEDUCTION

Please deduct the following amount from each paycheck: \$_____

- My gift is a: **5 year contribution**
 3 year contribution
 2 year contribution
 1 year contribution

I agree that my gross pay will be reduced by the amount of my deduction as indicated above. In the event a new Employee Deduction Authorization Form is not executed on or before the next year-end, this form shall be deemed to continue in force for the next succeeding year.

Employee Signature: _____ Date: _____

ONE TIME GIFT

Please accept my one time gift: \$_____ (check attached)

Make check payable to: *T.J. Community Mission Foundation*

T.J. HEALTH PAVILION

310 N.L. Rogers Wells Blvd., Glasgow • Call 270.651.1111 for general information.

Primary Care Pod A: 270.651.6791

Dr. Mallory • Megan Buntin, APRN • Pat Spears, APRN

Primary Care Pod B: 270.659.5870

Dr. Gilson • Dr. Miller • Dr. Neuhaus • Dr. Kelly

Primary Care Pod C: 270.659.5885

Dr. A. Campbell • Dr. Matney • Dr. Brooks • Carla Hale, PA-C

Cardiology: 270.659.5970

Dr. Nair • Dr. V. Reddy • Dr. Salifu

Lisa DuCoff, APRN • Nancy Jo Houchens, APRN

Ashley Robertson, APRN • Heather Bull, APRN

Gastrointestinal Clinic: 270.659.3398

General Surgery: 270.659.5945

Dr. Klapheke • Dr. Marion • Dr. Saridakis

Gynecology & Obstetrics: 270.659.5865

Dr. Craddock • Dr. Dirig • Dr. Vazquez

Nellie Bell, APRN • Casey Sacia, APRN • Michelle Wilson, APRN

Nephrology: 270.659.5834

Dr. S. Reddy • Marissa Howard, APRN

Neurology: 270.659.5945

Dr. Koury

Oncology: 270.659.5890

Dr. Modi • Melanie Isbell, APRN • Lauren LeGrand, APRN

Pain Management: 270.659.5990

Dr. Bahadur

Pulmonology: 270.659.5835

Dr. Kummerfeldt

Urology: 270.659.5965

Dr. Wiatrak

Urgent Care at the Pavilion: 270.659.5555

Laboratory: 270.659.5584

Pavilion Pharmacy: 270.659.5599

Radiology: 270.659.5570

Rehab Services: 270.659.5660

Respiratory: 270.659.5540

Women's Imaging: 270.659.5591

ADDITIONAL SERVICE LOCATIONS

T.J. Health Cave City Clinic: 270.773.2111

Dr. Camas • Paula West, APRN

Cardiology: Dr. Salifu

T.J. Health Columbia: 270.384.4753

T.J. Health Columbia Clinic: 270.384.0451

Patricia Doolin, APRN

T.J. Health Columbia Primary Care: 270.384.4764

Dr. Kiteck • Kandace Webster, APRN • Angela Rush, APRN

Cardiology: Ashley Robertson, APRN

Gynecology: Casey Sacia, APRN

Pediatrics & Ped. Behavioral Health: Alisha Risen, APRN

Podiatry: Dr. Risen

Pulmonary: Dr. Kummerfeldt

Sleep: Kim Bowman, APRN

T.J. Health Edmonton Clinic: 270.432.4800

Dr. Dunn • Connie Prostko, APRN • Khabeer Abdul, APRN

T.J. Health Greensburg Clinic: 270.973.5439

Pediatrics & Ped. Behavioral Health: Alisha Risen, APRN

T.J. Health Russell Springs Clinic: 270.858.3636

Chris Doolin, APRN

T.J. Health Scottsville Clinic: 270.237.3123

Emily Tabor Jessie, APRN • Lindsey Landers, APRN

T.J. Health Tompkinsville Clinic: 270.487.0720

Teresa Sheffield, APRN

T.J. Home Health & Hospice: 270.651.4430

T.J. Long Term Care Team: 270.651.4451

Dr. A. Kiser • Micah Tracy, APRN • Pat Spears, APRN

Nikki Sherfey, APRN

T.J. Samson Community Hospital:

270.651.4444

T.J. Samson Family Medicine: 270.651.4797

Dr. House • Dr. Clouse • Dr. Gillette • Dr. Wright

Dr. Fisher

T.J. Sleep Clinic: 270.651.1888

Dr. Turpen • Kim Bowman, APRN • Amy Thornbury, APRN

T.J. Wound Care: 270.651.4325

Dr. A. Kiser • Micah Tracy, APRN • Nikki Sherfey, APRN



TJRH Service Excellence Award Nomination Form

Nominee's Name (please print): _____ Date: _____

Nominee's Department: _____ Nominee's Supervisor: _____

Choose One:

Hospital

Pavilion

Columbia

Clinics

Clinic Location: _____

Choose Area(s) of service that the nominee consistently delivers service that reflects T.J. Regional Health's Service Excellence standards of:

Compassion

Cooperation

Collaboration

Communication

Change

Champion

Provide a detailed description of how the nominee exemplifies the standards listed on the pledge. Refer to T.J. Pledge for standards of behavior. Please be sure to provide specific examples of service.

Would you like to remain anonymous? _____

If no, please provide your name: _____

For Office Use Only:

Department Director Approval: _____

HR Approval: _____

Submit completed nomination forms to Pam Bray in Human Resources.

T.J. PLEDGE

I WILL SHOW COMPASSION:

- ▶ see all patients, family members, visitors, coworkers, physicians, and anyone else at T.J. as my customer
- ▶ recognize that each and every interaction I have at T.J. Regional Health matters
- ▶ show kindness and compassion towards my customers at all times
- ▶ be sensitive to the personal and private needs of every customer

I WILL COOPERATE WITH OTHERS:

- ▶ maintain zero tolerance for abusive behavior
- ▶ listen and be willing to accept fault when I make a mistake
- ▶ never underestimate the power of an apology
- ▶ refrain from blame and judgment
- ▶ bring a sense of calm to stressful situations

I WILL COLLABORATE WITH OTHERS:

- ▶ value myself and every coworker as an equal part of one GREAT team working together
- ▶ treat others in a way that I would like to be treated
- ▶ participate only in conversations that are courteous, respectful, and reflect positively on my teammates and T.J. Regional Health
- ▶ foster a calm and pleasant atmosphere, and refrain from gossip, rumors, and insults
- ▶ speak honestly, seek truth, and act with integrity towards my teammates
- ▶ value the uniqueness and expertise that each team member contributes to the whole
- ▶ meet the need of the moment, regardless of whether or not it is considered part of my job

I WILL COMMUNICATE:

- ▶ smile - at everyone
- ▶ always introduce myself, my role, and my purpose
- ▶ use body language, eye contact, and tone of voice that shows respect in every interaction
- ▶ follow the 10/5 rule: always acknowledging people at 10 feet away with a smile and always greeting people at 5 feet away
- ▶ escort any customer in need (visitors, patients) to their destination

I WILL ADAPT TO CHANGE:

- ▶ be a part of the solution when I am presented with a challenge
- ▶ embrace change and set the example for those around me
- ▶ accept openly when there are changes that T.J. Regional and/or I have no control over
- ▶ manage the expectations of others by explaining duration and next steps as often as needed

I WILL BE A CHAMPION:

- ▶ serve with passion
- ▶ view myself as an owner of T.J. Regional Health and act accordingly
- ▶ take responsibility for the physical appearance of T.J. Regional Health, including my work area
- ▶ go out of my way to daily thank and compliment my customers and coworkers
- ▶ dare to make a difference and be exceptional
- ▶ constantly try to improve myself and T.J. Regional Health
- ▶ speak positively about T.J. Regional, while at work and in public places outside of work





MISSION

T.J. Regional Health will promote and provide for the health and wellness of the communities we serve and the healthcare professionals who serve them.

VISION

T.J. Regional Health will utilize available resources to anticipate and exceed the healthcare needs of the region with a focus on quality and compassion.

CORE VALUES

- Compassion
- Communication
- Be a Champion
- Cooperation
- Collaboration
- Adapt to Change