

The logo for 'T.J. TEAM Talk' is set against a light blue sky with soft clouds. Two colorful kites with long, flowing ribbons are flying in the sky. At the bottom of the image is a strip of green grass. The text 'T.J.' is in a large, bold, blue font. 'TEAM' is in a bold, green font. 'Talk' is written in a large, orange, cursive font.

T.J. TEAM Talk

MAY 26, 2020

LETTER TO THE EDITOR: COVID-19 survivor is thankful

“I am a COVID-19 survivor.”

I never thought I would ever say those words, but in late April I was exposed to the coronavirus. One week later, I began to experience body aches, fatigue and shallow breathing. I went to the urgent care center, tested positive for the virus, and was put under quarantine with a regimen of antibiotics and an inhaler. Upon completing the antibiotics, I continued to have problems breathing and remained weak. A friend brought me some groceries, and I must have looked pretty bad. My friend’s wife is a nurse, and after hearing from her husband how I looked, urged me to act on my condition.

So, for the first time in my 63 years, I was carried by ambulance to T.J. Samson Community Hospital in Glasgow. Upon arrival, I was placed on oxygen and given aggressive treatments with steroids. For five days the doctors and nursing staff worked with me literally around the clock.

It worked ... I cannot say enough about the excellent care I received at T.J. Samson Hospital. The aggressive treatments began to reverse my condition, and the caring attitudes of the nurses, health care providers and other staff encouraged me. The prayers of family and friends let me know I was not alone in this struggle.

If you’re experiencing any of the symptoms of COVID-19, please don’t try to tough it out on your own ... don’t hesitate to reach out to a health care provider so you can also say: “I am a survivor!”

Lynn Traylor
Glasgow

**THANK
YOU!**



UPcoming EVENTS

JUNE

June 1: T.J. Gift Shop Reopens

June 8: T.J. Bariatric Surgery Support Group

If you have an important date or event that should be added, please email it to mollie.felkins@tjsamson.org.

T-SHIRT DISTRIBUTION



Team T.J. t-shirt sales are now closed, but thank you to everyone who ordered a shirt! The second order of shirts will be delivered in a few days. Send pics of you or your team in your t-shirts to mollie.felkins@tjsamson.org (please ensure proper PPE and social distancing in the photo).

T.J. Regional Health

SERVICE EXCELLENCE

Awards

DO YOU KNOW SOMEONE WHO EXEMPLIFIES THE VALUES AND STANDARDS OF THE T.J. PLEDGE?

Nominate your fellow co-workers for one of the TJRH Service Excellence Awards. You may pick up a form outside the hospital cafeteria, print the one in the back of this newsletter, or you can also submit it online via the T.J. Intranet.

Award winners are announced monthly. Thank you for helping us to recognize our employees who strive for Service Excellence!

May: Champion



T.J. PATIENT ENCOUNTERS

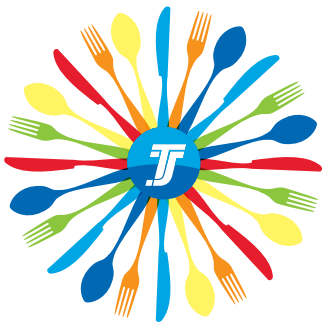
5/16/20 - 5/22/20:

5,454

5/9/20 - 5/15/20:

4,859





Now offering groceries and to-go meals!

Last month we began offering staple grocery items in the T.J. Cafe, Apple a Day Cafe, and Apple Too. Items include bread, milk, eggs, canned soft drinks, and more! The full item list and pricing is featured on the next 3 pages!

The to-go meal order forms are featured at the end of this newsletter.

All forms can be submitted at the Apple a Day Cafe or by emailing them to floorstock@tjsamson.org.

If you have any questions, please contact Sarah Kinslow at sarah.kinslow@tjsamson.org.



COVID-19 UPDATES

**NEIL THORNBURY WILL
SEND REGULAR UPDATES
RELATED TO COVID-19 FOR
AS LONG AS NECESSARY.**

Updates are also shared on the T.J. website and the T.J. Regional Health Facebook page.



Gift Shop



The T.J. Samson Gift Shop reopens June 1 and we are kicking it off with a sale!
30% off of EVERYTHING!

Please read the guidelines on keeping the reopening process safe.



SHOPPING GUIDELINES

- Masks are required.
- Maximum of 6 customers at a time.
- All sales final / no returns.
- Maintain 6-foot distancing at all times.

Monday - Friday: 8 a.m. - 4 p.m. (closed for lunch)
Closed Saturday and Sunday

FREE DELIVERY TO PATIENT ROOMS!

Thank you for your cooperation!



KEEP YOURSELF AND OTHERS HEALTHY

Please do the following:



6 FEET



KEEP A 6-FOOT DISTANCE
— IN EVERY DIRECTION —
BETWEEN YOURSELF AND OTHERS

OTHER WAYS TO PRACTICE BEING HEALTHY AT WORK

- ✓ wear your mask
- ✓ limit the number of people in breakrooms at one time
 - ✓ sanitize your hands frequently
 - ✓ sanitize high touch surfaces between uses

Working together,
WE CAN KEEP OURSELVES AND OTHERS HEALTHY!

 **Regional Health**

THANK YOU FOR LUNCH!

A delicious lunch was provided to Pavilion, T.J. Health Columbia and T.J. Clinic teams today. Please thank the following businesses for their generosity next time you visit them: SERVPRO, Phillips IGA, Extreme Fitness/Glass Holdings, Keller Williams - Dwayne Pierce Team, Bailey Gibson, Hometown Settlement Services, Monticello Banking Company, Erica Spillman - Keller Williams Realtor, and Wilson-Phillips Insurance Agency.





POPUP
market

Name: _____

Phone #: _____

Order Date: _____

Pick Up Date: _____

Pick Up Time: _____

Item	Package Size		Price	Quantity
2% Milk	½ gallon	Refrigerated	\$2.50	
Whole Milk	½ gallon	Refrigerated	\$2.50	
American Cheese	160 slices	Refrigerated	\$14.00	
Cheddar Cheese	2.5lb, slices	Refrigerated	\$10.00	
Eggs, Pasteurized in Shell	Dozen	Refrigerated	\$4.00	
Deli Turkey	1lb, sliced	Frozen	\$4.00	
Bacon, Egg, Cheese Biscuits	Case of 12	Frozen	\$20.00	
All Beef Hot Dogs	5lb bag, 30 per bag	Frozen	\$15.00	
Chicken Breast (boneless, skinless)	5lb bag (16 per bag)	Frozen	18.00	
Chicken Tenders	5lb bag	Frozen	\$15.00	
Pulled Chicken	5lb bag	Frozen	\$23.00	
Pulled Pork	5.5lb bag	Frozen	\$25.00	
Scones, Blueberry	Dozen	Frozen	\$12.00	
Scones, White Choc Raspberry	Dozen	Frozen	\$12.00	
Scones, Apple Cinnamon	Dozen	Frozen	\$12.00	

All items are subject to availability. Please allow for delivery time to the Pavilion or to Columbia.

Pick-up locations are:

Main Hospital: TJ Café (M-F, 6:30am-1pm) Apple A Day (daily 7am-7pm)

Pavilion: Apple, Too (M-F, 7am-1pm)

Columbia: Kitchen (M-F, times may vary depending on courier schedule)



POPUP
market

Name: _____

Phone #: _____

Order Date: _____

Pick Up Date: _____

Pick Up Time: _____

Item	Package Size	Price	Quantity
Coke	12 pack cans	\$5.25	
Diet Coke	12 pack cans	\$5.25	
Ski	12 pack cans	\$5.25	
Sprite	12 pack cans	\$5.25	
Sprite Zero	12 pack cans	\$5.25	
Mountain Dew	12 pack cans	\$5.25	
Diet Mountain Dew	12 pack cans	\$5.25	
Sara Lee White Bread	Loaf	\$2.00	
Sara Lee Whole Wheat Bread	Loaf	\$2.00	
Ball Park Hamburger Buns	12 count	\$2.25	
Ball Park Hot Dog Buns	12 count	\$2.00	
Frosted Cherry Pop Tarts	Box of 6 packs	\$4.00	
Frosted Strawberry Pop Tarts	Box of 6 packs	\$4.00	
Frosted Blueberry Pop Tarts	Box of 6 packs	\$4.00	
Frosted Brown Sugar Pop Tarts	Box of 6 packs	\$4.00	
S'mores Pop Tarts	Box of 6 packs	\$4.00	

All items are subject to availability. Please allow for delivery time to the Pavilion or to Columbia.

Pick-up locations are:

Main Hospital: TJ Café (M-F, 6:30am-1pm) Apple A Day (daily 7am-7pm)

Pavilion: Apple, Too (M-F, 7am-1pm)

Columbia: Kitchen (M-F, times may vary depending on courier schedule)



POPUP
market

Name: _____

Phone #: _____

Order Date: _____

Pick Up Date: _____

Pick Up Time: _____

Item	Package Size	Price	Quantity
Krusteaz Pancake Mix	5lb Bag	\$5.00	
Skippy Peanut Butter	4lb	\$9.00	
Welch's Grape Jelly	20oz Squeeze Bottle	\$3	
Mott's Applesauce	46oz	\$3.50	
Vanilla Pudding Cups	4 pack	\$2.00	
Chocolate Pudding Cups	4 pack	\$2.00	
Sugar Free Vanilla Pudding	4 pack Cups	\$2.00	
Sugar Free Chocolate Pudding	4 pack Cups	\$2.00	
Heinz Ketchup	20oz	\$2.00	
French's Yellow Mustard	8oz	\$2.00	
Hellmann's Mayonnaise	20oz Squeeze Bottle	\$5.00	
Lipton Tea Bags	Box of 100 bags	\$5.00	
Lays Variety Chips (original, Doritos, Cheetos, Fritos, bbq, cool ranch)	30 bags	\$16.00	
Baked Lays Variety Chips (original baked, baked Cheetos, bbq, sour cream & onion, cheddar & sour cream)	30 bags	\$16.00	
Rice Krispy Treats	Box of 8	\$5.00	
Barilla Penne Pasta	1lb Box	\$2.00	

All items are subject to availability. Please allow for delivery time to the Pavilion or to Columbia.

Pick-up locations are:

Main Hospital: TJ Café (M-F, 6:30am-1pm) Apple A Day (daily 7am-7pm)

Pavilion: Apple, Too (M-F, 7am-1pm)

Columbia: Kitchen (M-F, times may vary depending on courier schedule)

YOU'VE WORKED HARD TODAY. LET US MAKE DINNER EASY.

Place, and pay for, your order in the Apple-A-Day by noon. Pick-up your order, at the time specified, in the Apple-A-Day. If ordering from the Pavilion, place and pay for your order at the Apple, Too. Show your receipt and pick-up your order in the Apple-A-Day. *All orders must be picked-up by 7pm.*

Name:	
Phone:	
Pick-Up Date:	
Pick-Up Time:	

\$20 Daily Special Family Meal (feeds up to 4) \$20
Chicken Tenders (12-16 varies based on size), 2 Family Size Sides,
4 Dinner Rolls, and 2 Family Size Sauces

Sides (meal includes 2):	How many orders of each side?	Sauces (meal includes 2):	How many cups of each sauce?
Potato Wedges		BBQ	
Coleslaw		Ranch	
Onion Rings		Buffalo	
Tater Tots		General Tso's	
extra sauce \$1 per cup, extra sides \$3 each		Honey Mustard	

Wednesday 5/27/20

12 Sliders (beef, chicken, or combo), 2 Family Size Sides
Lettuce, Tomato, Onion, Cheese, Ketchup, Mayo, Mustard
\$25

Sliders:	How many of each?	Sides:	How many orders of each?
Beef Sliders		Waffle Fries	
Chicken Sliders		Kale Salad	
		Potato Wedges	
		Coleslaw	
		Onion Rings	
		Tater Tots	

Extra sliders \$1.75 each, extra family size sides \$3 each

YOU'VE WORKED HARD TODAY. LET US MAKE DINNER EASY.

Place, and pay for, your order in the Apple-A-Day by noon. Pick-up your order, at the time specified, in the Apple-A-Day. If ordering from the Pavilion, place and pay for your order at the Apple, Too. Show your receipt and pick-up your order in the Apple-A-Day. *All orders must be picked-up by 7pm.*

Name:	
Phone:	
Pick-Up Date:	
Pick-Up Time:	

\$20 Daily Special Family Meal (feeds up to 4) \$20
Chicken Tenders (12-16 varies based on size), 2 Family Size Sides,
4 Dinner Rolls, and 2 Family Size Sauces

Sides (meal includes 2):	How many orders of each side?	Sauces (meal includes 2):	How many cups of each sauce?
Potato Wedges		BBQ	
Coleslaw		Ranch	
Onion Rings		Buffalo	
Tater Tots		General Tso's	
extra sauce \$1 per cup, extra sides \$3 each		Honey Mustard	

Thursday 5/28/20

Asian Style Food

Family Size Tempura (Fried) Chicken, Fried Rice, 2 Sides, 4 Eggrolls

Sweet & Sour Sauce, General Tso's Sauce, Yum Yum Sauce & Soy Sauce Included

\$22

Sides (Choose 2)	How Many of Each?	Sauces (1 of each included):	How Many of Each?
Spicy Asian Slaw		Sweet & Sour	
Szechuan Green Beans		General Tso's	
Sesame Broccoli & Carrots		Yum Yum	
Fried Rice (one family size order comes with meal)		Eggrolls (4 included with meal):	

Additional order of chicken \$8, extra rice/sides \$3 each, extra sauce or eggroll \$1 each

YOU'VE WORKED HARD TODAY. LET US MAKE DINNER EASY.

Place, and pay for, your order in the Apple-A-Day by noon. Pick-up your order, at the time specified, in the Apple-A-Day. If ordering from the Pavilion, place and pay for your order at the Apple, Too. Show your receipt and pick-up your order in the Apple-A-Day. *All orders must be picked-up by 7pm.*

Name:	
Phone:	
Pick-Up Date:	
Pick-Up Time:	

Daily Special Family Meal (feeds up to 4)
Chicken Tenders (12-16 varies based on size), 2 Family Size Sides,
4 Dinner Rolls, and 2 Family Size Sauces
\$20

Sides (meal includes 2):	How many orders of each side?	Sauces (meal includes 2):	How many cups of each sauce?
Potato Wedges		BBQ	
Coleslaw		Ranch	
Onion Rings		Buffalo	
Tater Tots		General Tso's	
extra sauce \$1 per cup, extra sides \$3 each		Honey Mustard	

Friday, Saturday, & Sunday
2 pizzas, 8 Breadsticks, Marinara, Parmesan, Pepperoncini Peppers, Garlic Butter
\$25

Pizzas (choose 2)	Quantity	Toppings (mark through anything you'd like left off)			
Cheese		Cheese			
Pepperoni		Pepperoni			
Veggie		Bell Pepper	Mushrooms	Onion	Black Olives
Supreme		Pepperoni		Sausage	
		Bell Pepper	Mushrooms	Onion	Black Olives

One Cheese Pizza To Go: \$8, One Pepperoni, Veggie, or Supreme To Go: \$10

You're awesome!

T.J. HEALTH EDMONTON CLINIC

CONNIE PROSTKO

Connie always does such a great and wonderful job with me and my kids. We love her and everyone that works here.

DR. DUNN

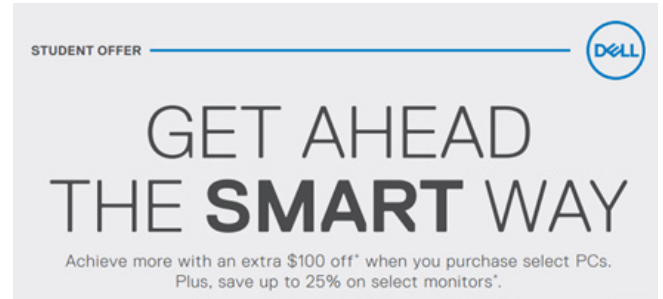
I always enjoy seeing Dr. Dunn. Even when I'm sick or injured, he has a pleasant, caring way of making me feel confident of the future. I hope he remains here for many years to come.


CRYSTAL DENNISON

Crystal is one of the most accommodating, kind and sweet people I've had the pleasure of meeting. She is always willing to help you. Thank you, Crystal!

DELL SAVINGS EVENT

The Back-to-School offer starts May 11th at 7AM ET. Receive an extra \$100 off when you purchase select PCs and up to 25% off select monitors. Discount will be instantly applied to models on the site before adding to cart!



STUDENT OFFER 

GET AHEAD THE SMART WAY

Achieve more with an extra \$100 off* when you purchase select PCs. Plus, save up to 25% on select monitors*.

The Early Savings event starts May 14th at 7AM ET. Save over \$350 on select products.



XPS 15 Get more \$1,149.99 Save \$100 \$1,049.99 10th Gen Intel® Core™ i7 processor, Windows 10 Home, 8GB memory*, 256GB SSD	Inspiron 15 5000 Get more \$499.99 Save \$100 \$499.99 10th Gen Intel® Core™ i5 processor, Windows 10 Home, 8GB memory*, 256GB SSD	XPS Desktop Get more \$1,349.99 Save \$100 \$1,499.99 9th Gen Intel® Core™ i7 processor, Windows 10 Home, 16GB memory*, 256GB SSD + 2TB hard drive*, NVIDIA® GeForce RTX™ 2080 Super	AVAILABLE STARTING 5/18 Alienware 34 Curved Monitor - AW3420DW Get more \$1,549.99 Save \$100 \$1,164.99 34" gaming monitor, 3440 X 1440 WQHD resolution, 120Hz refresh rate, 2ms GtG response time
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Promotional offers only available online at:
www.dell.com/mpp/tjsamson

THANK YOU TO OUR EMS HEROES!



To celebrate EMS Week last week, the ER crew collected donations to provide our great EMS crew with drinks, snacks, and a cake to show them how much we appreciate them. They also had a little fun decorating the EMS bay!



DONATION RECAP

Thank you to Little Caesar's Pizza for donating pizza last week!



Thank you to Rivendell for delivering Papa John's pizza this week!







FEEL GOOD STORY OF THE WEEK

Thank you to Mallory Strong, the 12 year old daughter of T.J. employee Tabitha Strong, for taking the money she had earned doing chores to buy "thank you" gifts for the technicians at the T.J. Pavilion and T.J. Outpatient Pharmacies. We appreciate your thoughtfulness, Mallory!



TJ Café Menu

May 25 – May 29

Monday	Closed in honor of Memorial Day	
Tuesday		Build Your Own Taco Salad Dessert: Lemon Bars Soup: Potato
Wednesday		Build Your Own Sliders Dessert: Banana Bread Blondies Soup: Tomato Roasted Red Pepper & Gouda
Thursday		Build Your Own Asian Bowl Tempura Chicken, Asian BBQ Shrimp, Fried Rice, Fried Cauliflower Rice, Lo Mein Noodles, Broccoli & Carrots, Szechuan Green Beans, Vegetable Chow Mein Dessert: Carrot Cake Soup: Pinto Beans
Friday		Pizza Motown Meat, Spicy Red Top, Veggie Bomb, Chicken Alfredo on Cauliflower Crust, Breadsticks Dessert: Salted Caramel Brownies Soup: Broccoli Cheddar

Apple Too Menu
May 25 - May 29

<i>features</i> OF THE WEEK	Monday	Closed in honor of Memorial Day
	Tuesday	Closed for lunch
	Wednesday	Grilled Hotdog, Chips & 20oz Bottled Water or Soft Drink \$3.75
	Thursday	Pizza Sub with Side Salad or Chips & 20oz Bottled Water or Soft Drink \$4
	Friday	Turkey Club with Fruit Salad or Chips & 20oz Bottled Water or Soft Drink \$4





TJ GLASGOW EMPLOYEE DISCOUNTS

T.J. employees receive discounts at the following Glasgow businesses by showing your T.J. name badge.

AAA

Corporate Discount: \$40 for 2 people for 14 months. Call Cindy Piascik at 216.644.2988 to complete application on phone.

AT&T

Receive 25% off base rates. (Excludes Unlimited Plans.)

AUTO SPA COMPLEX

Receive \$2 off the \$20 or \$28 car wash.

AWARDS, INC.

Receive 15% off gift items. (Excludes trophies & plaques.)

NEW!

AZUL TEQUILA

Receive 15% off **OR** a free queso.

BAILEY GIBSON SERVICE DEPT.

Receive 15% off service.

NEW!

BIG LOTS

Receive 15% off your purchase.

BOUTIQUE 218 AT JORDAN'S SALON

Receive 10% off clothing at Boutique 218.

CAPTAIN D'S

Receive 15% off your purchase.

EL MAZATLAN

Receive 10% off your purchase.

ELY DRUGS

Receive 20% off your purchase of scrubs.

ENTERPRISE

Use this corporate code for a discount: XZ58A71
Discounts vary, contact Enterprise for specific details.

EXTREME FITNESS

Individual: \$21 Family: \$26 Key Card: \$10

FANCY PANTS BOUTIQUE

Receive 10% off your purchase.

FREDDY'S

Receive 10% off your total on T.J. Tuesdays.

GARCIA'S

Receive 10% off carryout order - employee's meal only.

LAWLESS ORTHODONTICS

Receive a \$500 discount.

LONG JOHN SILVERS / A&W

Receive 20% off regular-priced purchase.

MARCO'S PIZZA

Receive 30% off regular-priced purchase. (Delivery & carryout.)

NEW CENTURY BUFFET

Receive 10% off (T.J. employee's meal only).

NOT AVERAGE JOES GYM

\$20 a month. No fees.

PAPA JOHN'S PIZZA

Any large 5-topping or specialty pizza for \$12: Tj20
Large 3-topping pizza for \$9.99: 99wfg3
Reg. menu prices. Online, call-in and in-store orders.

RALPHIE'S FUN CENTER

Receive free shoe or skate rental.

SHOGUN BISTRO

Receive 10% off your food purchase.

GLASGOW EMPLOYEE DISCOUNTS, CONT.

SIDELINES CASUAL DINING

Receive 10% off your purchase.

SWEETHEART BAKERY

Receive 10% off your purchase.

THE URBAN DEN

Receive 15% off your purchase on Fridays.

T.J. CAFE

Employee discount in employee cafeteria.

T.J. GIFT SHOP

Receive 10% off your purchase.
Payroll deduction available for employees.

WITTY'S COMPLETE CAR CARE

Receive \$5 off lube/oil/filter change.

WORKOUT ANYTIME

First month free • \$15 Basic Individual Plan
\$25 Premium Individual Plan • \$35 Friends & Family (2 ppl)

YMCA

Joining fee is waived. 15% discount monthly.



T COLUMBIA EMPLOYEE DISCOUNTS

T.J. employees receive discounts at the following Columbia businesses by showing your T.J. name badge.

FRANKLIN NISSAN

10% off any service work.

NANWOOD MARKET

10% off regularly priced items.

RUGGED TRUTH BARBERSHOP

\$1 off a haircut.

NEW!

THE TRENDY FARMHOUSE

15% discount on merchandise and/or services of farm2furniture.

*If you are aware of other discounts that T.J. employees receive,
please email mollie.felkins@tjsamson.org.*



Community Mission FOUNDATION

Employee Donation Form Payroll Deduction Authorization/One Time Gift

I understand my donation will be made to the **T.J. Community Mission Foundation** to advance the *Love Makes a House a Home* campaign to support the **Shanti Niketan** Hospice Home, its programs and/or endowment.

Employee Name: _____

Home Address: _____

Phone: _____

Email Address: _____

Social Security Number: _____

Employee Number: _____

PAYROLL DEDUCTION

Please deduct the following amount from each paycheck: \$_____

- My gift is a:
- 5 year contribution**
 - 3 year contribution**
 - 2 year contribution**
 - 1 year contribution**

I agree that my gross pay will be reduced by the amount of my deduction as indicated above. In the event a new Employee Deduction Authorization Form is not executed on or before the next year-end, this form shall be deemed to continue in force for the next succeeding year.

Employee Signature: _____ Date: _____

ONE TIME GIFT

Please accept my one time gift: \$_____ (check attached)

Make check payable to: *T.J. Community Mission Foundation*

T.J. HEALTH PAVILION

310 N.L. Rogers Wells Blvd., Glasgow • Call 270.651.1111 for general information.

Primary Care Pod A: 270.651.6791

Dr. Mallory • Megan Buntin, APRN • Pat Spears, APRN

Primary Care Pod B: 270.659.5870

Dr. Gilson • Dr. Miller • Dr. Neuhaus

Primary Care Pod C: 270.659.5885

Dr. A. Campbell • Dr. Matney • Carla Hale, PA-C

Cardiology: 270.659.5970

Dr. Nair • Dr. Rajan • Dr. V. Reddy • Dr. Salifu
Lisa DuCoff, APRN • Nancy Jo Houchens, APRN
Ashley Robertson, APRN • Heather Bull, APRN

Gastrointestinal Clinic: 270.659.3398

Dr. Suh

General Surgery: 270.659.5945

Dr. Klapheke • Dr. Marion • Dr. Saridakis

Gynecology & Obstetrics: 270.659.5865

Dr. Craddock • Dr. Dirig • Dr. Thorpe • Nellie Bell, APRN
Casey Sacia, APRN • Michelle Wilson, APRN

Nephrology: 270.659.5965

Dr. S. Reddy • Marissa Howard, APRN

Neurology: 270.659.5945

Dr. Koury

Oncology: 270.659.5890

Dr. Modi • Melanie Isbell, APRN • Lauren LeGrand, APRN

Pain Management: 270.659.5945

Dr. Bahadur • Angela Rush, APRN

Pulmonology: 270.659.5835

Dr. Kummerfeldt • Dr. Waheed

Urology: 270.659.5965

Dr. Wiatrak

Urgent Care at the Pavilion: 270.659.5555

Laboratory: 270.659.5584

Pavilion Pharmacy: 270.659.5599

Radiology: 270.659.5570

Rehab Services: 270.659.5660

Respiratory: 270.659.5540

Women's Imaging: 270.659.5591

ADDITIONAL SERVICE LOCATIONS

T.J. Health Cave City Clinic: 270.773.2111

Paula West, APRN

Cardiology: Dr. Salifu

T.J. Health Columbia: 270.384.4753

T.J. Health Columbia Clinic: 270.384.0451

Patricia Doolin, APRN

T.J. Health Columbia Primary Care: 270.384.4764

Dr. Kiteck • Kandace Webster, APRN

Cardiology: Dr. Rajan • Ashley Robertson, APRN

Gynecology: Casey Sacia, APRN

Pediatrics & Ped. Behavioral Health: Alisha Risen, APRN

Podiatry: Dr. Risen

Pulmonary: Dr. Kummerfeldt

Sleep: Kim Bowman, APRN

T.J. Health Edmonton Clinic: 270.432.4800

Dr. Dunn • Connie Prostko, APRN • Khabeer Abdul, APRN

T.J. Health Greensburg Clinic: 270.973.5439

Pediatrics & Ped. Behavioral Health: Alisha Risen, APRN

T.J. Health Russell Springs Clinic: 270.858.3636

Latasha Gilpatrick, APRN • Nikki Loy, APRN

T.J. Health Scottsville Clinic: 270.237.3123

Emily Tabor Jessie, APRN • Lindsey Landers, APRN

T.J. Health Tompkinsville Clinic: 270.487.0720

Teresa Sheffield, APRN

T.J. Home Health & Hospice: 270.651.4430

T.J. Long Term Care Team: 270.651.4451

Dr. A. Kiser • Micah Tracy, APRN • Pat Spears, APRN
Nikki Sherfey, APRN

T.J. Samson Community Hospital:

270.651.4444

T.J. Samson Family Medicine: 270.651.4797

Dr. House • Dr. Clouse • Dr. Akhouri • Dr. Gillette

T.J. Sleep Clinic: 270.651.1888

Dr. Turpen • Kim Bowman, APRN • Amy Thornbury, APRN

T.J. Wound Care: 270.651.4325

Dr. A. Kiser • Micah Tracy, APRN • Nikki Sherfey, APRN

Walmart Clinic: 270.678.3278

Tiffany Frye, APRN • Tracy Taylor, APRN



TJRH Service Excellence Award Nomination Form

Nominee's Name (please print): _____ Date: _____

Nominee's Department: _____ Nominee's Supervisor: _____

Choose One:

Hospital

Pavilion

Columbia

Clinics

Clinic Location: _____

Choose Area(s) of service that the nominee consistently delivers service that reflects T.J. Regional Health's Service Excellence standards of:

Compassion

Cooperation

Collaboration

Communication

Change

Champion

Provide a detailed description of how the nominee exemplifies the standards listed on the pledge. Refer to T.J. Pledge for standards of behavior. Please be sure to provide specific examples of service.

Would you like to remain anonymous? _____

If no, please provide your name: _____

For Office Use Only:

Department Director Approval: _____

HR Approval: _____

T.J. PLEDGE

I WILL SHOW COMPASSION:

- ▶ see all patients, family members, visitors, coworkers, physicians, and anyone else at T.J. as my customer
- ▶ recognize that each and every interaction I have at T.J. Regional Health matters
- ▶ show kindness and compassion towards my customers at all times
- ▶ be sensitive to the personal and private needs of every customer

I WILL COOPERATE WITH OTHERS:

- ▶ maintain zero tolerance for abusive behavior
- ▶ listen and be willing to accept fault when I make a mistake
- ▶ never underestimate the power of an apology
- ▶ refrain from blame and judgment
- ▶ bring a sense of calm to stressful situations

I WILL COLLABORATE WITH OTHERS:

- ▶ value myself and every coworker as an equal part of one GREAT team working together
- ▶ treat others in a way that I would like to be treated
- ▶ participate only in conversations that are courteous, respectful, and reflect positively on my teammates and T.J. Regional Health
- ▶ foster a calm and pleasant atmosphere, and refrain from gossip, rumors, and insults
- ▶ speak honestly, seek truth, and act with integrity towards my teammates
- ▶ value the uniqueness and expertise that each team member contributes to the whole
- ▶ meet the need of the moment, regardless of whether or not it is considered part of my job

I WILL COMMUNICATE:

- ▶ smile - at everyone
- ▶ always introduce myself, my role, and my purpose
- ▶ use body language, eye contact, and tone of voice that shows respect in every interaction
- ▶ follow the 10/5 rule: always acknowledging people at 10 feet away with a smile and always greeting people at 5 feet away
- ▶ escort any customer in need (visitors, patients) to their destination

I WILL ADAPT TO CHANGE:

- ▶ be a part of the solution when I am presented with a challenge
- ▶ embrace change and set the example for those around me
- ▶ accept openly when there are changes that T.J. Regional and/or I have no control over
- ▶ manage the expectations of others by explaining duration and next steps as often as needed

I WILL BE A CHAMPION:

- ▶ serve with passion
- ▶ view myself as an owner of T.J. Regional Health and act accordingly
- ▶ take responsibility for the physical appearance of T.J. Regional Health, including my work area
- ▶ go out of my way to daily thank and compliment my customers and coworkers
- ▶ dare to make a difference and be exceptional
- ▶ constantly try to improve myself and T.J. Regional Health
- ▶ speak positively about T.J. Regional, while at work and in public places outside of work





MISSION

T.J. Regional Health will promote and provide for the health and wellness of the communities we serve and the healthcare professionals who serve them.

VISION

T.J. Regional Health will utilize available resources to anticipate and exceed the healthcare needs of the region with a focus on quality and compassion.

CORE VALUES

- Compassion
- Communication
- Be a Champion
- Cooperation
- Collaboration
- Adapt to Change