

TJ Team Talk



OCTOBER 5, 2020

T.J. Regional Health Week

Thank you to our wonderful HR Department for all of their hard work making T.J. Regional Health Week a success! We appreciate all the time and effort you put in to spoiling us and we want you to know it doesn't go unnoticed!



As Faye Jessie said, "I'm truly grateful for what T.J. does for its employees and community. #TJPROUD"



More pictures will be featured over the next few weeks

UPcoming EVENTS

OCTOBER

October 14: Blood Drive @ PAV (1 - 6 p.m.)

October 16: Mamm's Day Out

October 27: BLS/ACLS/PALS

BLS @ 7:30 - 8:00 a.m.

ACLS @ 8:00 - 9:30 a.m.

PALS @ 9:30 - 11:00 a.m.

NOVEMBER

November 13: STREAMATHON benefitting the Shanti Niketan Hospice Home (7 p.m. - 10 p.m.)

If you have an important date or event that should be added, please email it to mollie.felkins@tjsamson.org.



Shelly Buchanan, Diana Sneed, Chad Fisher and Amber Westmoreland in their T.J. rain jackets!

T.J. Regional Health

SERVICE EXCELLENCE

Awards

DO YOU KNOW SOMEONE WHO EXEMPLIFIES THE VALUES AND STANDARDS OF THE T.J. PLEDGE?

Nominate your fellow co-workers for one of the TJRH Service Excellence Awards. You may pick up a form outside the hospital cafeteria, print the one in the back of this newsletter, or you can also submit it online via the T.J. Intranet.

Award winners are announced monthly. Thank you for helping us to recognize our employees who strive for Service Excellence!



October: Change

T.J. PATIENT ENCOUNTERS

9/26/20 - 10/2/20:

7,360

9/19/20 - 9/25/20:

7,607





T.J. SAMSON EMPLOYEE ENTRANCE HOUR CHANGES

Beginning **Thursday, October 1**, the Employee Entrance door will open at 6:30 a.m. and lock at 7 p.m. If you are an employee who comes in before 6:30 a.m. or after 7 p.m., you will need to use the ER entrance.

WE'RE ALL
IN THIS
Together


Blood Drive

T.J. Health Pavilion

Community Center Room
310 NL Roger Wells Blvd
Glasgow, KY 42141

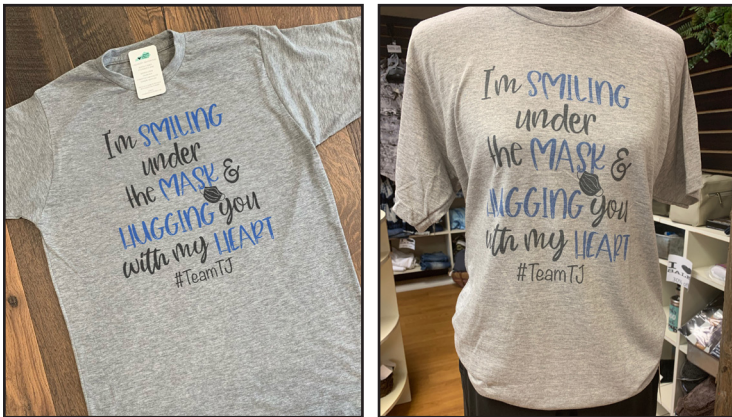
Wednesday, October 14th, 2020
1:00 PM – 6:00 PM

All donors will have their blood tested for COVID Antibodies

Sign up today! Visit [Redcrossblood.org](https://www.redcrossblood.org) or call 1-800-RED-CROSS

Appointments Encouraged

NEW T-SHIRT AVAILABLE IN THE GIFT SHOP



Sizes: S - 3X
Cost: \$15

A second order of these shirts has arrived and are selling quickly!

Visit the T.J. Gift Shop to purchase yours!

Updated T.J. Gift Shop Hours

The T.J. Gift Shop will be open from **9 a.m. - 1 p.m.:**

Tuesday, October 6th

Wednesday, October 7th

The T.J. Gift Shop will be **CLOSED:**

Monday, October 5th

Thursday, October 8th

Friday, October 9th

Creating Peaceful, Harmonious Holidays

Max Well EAP

So often, unrealistic expectations of the “perfect holiday” mar the joyous peace of the season. In this session, we will discuss those expectations and learn to create new traditions that bring joy to all while reducing stress, overspending, and exhaustion. We will also explore the many emotional issues (grief, loneliness, isolation, and stress) that can make the holidays a very difficult time. The goal of this session is to help you reduce stress and experience peace and joy.

Your Employee Assistance Program is here to help with information and resources to help you do the holiday your way.

ONLINE SEMINAR

Date: 10/14/2020

Time: 12:00-1:00pm EST

TOLL-FREE: **888-550-5535**

WEBSITE: **www.mylifeexpert.com**

COMPANY CODE: **tjshealth**

Click “Events Calendar” (bottom of opening page) to register for this seminar.

Available anytime, any day, your Employee Assistance Program is a confidential program to help you balance your work, family, and personal life.



EMPLOYEE ASSISTANCE PROGRAM OCT 2020

TJ Health Columbia

LAB PRE-DRAW DATES:

Sept. 30 and Oct. 1, 13 & 14

6:30 a.m. to 9:30 a.m. each day

Blood work and flu shots available each day.



There will be no health fair this year, only lab pre-draws. Pre-registration must be completed to attend the pre-draw and you must attend on that date and time. No walk-ins will be accepted. Masks will be required.

1,000 community members will receive

FREE LAB TESTING!

Pre-registration is required to ensure you will receive **FREE** lab testing.

You must pre-register online at www.tjregionalhealth.org

You may also pre-register by calling 270.384.4753.

HEALTH FAIR INCLUDES:

Basic Lab Panel

Sodium, Potassium, Chloride, Carbon Dioxide, BUN, Creatinine, Calcium, Glucose

For accurate results, do not eat or drink the morning of the test.

Lipid Panel

(Cholesterol, HDL, Calculated LDL, Triglycerides and Calculated VLDL)

PSA: Prostate Specific Antigen

Screenings are free for patients 18 and over only.

450 FREE FLU SHOTS WILL BE AVAILABLE!

(Ages 18 and over.)

FREE COLON CANCER SCREENING KITS

80 FIT Test Kits for home colorectal cancer screening

will be available for patients who meet screening qualifications.

ABI, CAROTID & AORTA SCREENINGS AVAILABLE

SEPT. 30 AND OCT. 1, 13 & 14

Call 270.384.7510 to pre-register for vascular screenings.

\$50 each or all 3 for \$120

This event is made possible with support from the Good Samaritan Foundation and the Lindsey Wilson College Nursing Division.



Do's and Don'ts

Do's and Don'ts for Health Care Staff Wearing Facemasks During the COVID-19 Pandemic*


Do's

- ✓ Wear a cloth or medical facemask whenever you are within 6 feet of other people.
- ✓ Wear a medical facemask as personal protective equipment when providing direct care.
- ✓ Change your facemask if it is damaged (e.g., torn, wet or visibly soiled) or becomes hard to breathe through.
- ✓ Remove ear loop facemasks by handling only the ear loops and tie face masks by handling only the ties.
- ✓ Perform hand hygiene before and after removing a facemask.
- ✓ Practice extended use of disposable medical facemasks (e.g., do not remove mask except to discard) rather than reuse (e.g., remove and store mask between uses) if supplies are limited.
- ✓ In crisis situations, if a facemask must be re-used, store and handle in a manner that prevents contamination of the inside of the mask and wash hands after re-applying.

Don'ts

- ✗ Wear a cloth facemask as personal protective equipment (e.g., when providing direct care to a patient).
- ✗ Remove your mask unless you are at least 6 feet away from other people, this includes co-workers, visitors and patients.
- ✗ Touch the front of a used mask during use or removal.
- ✗ Wear a facemask that is soiled, damaged or hard to breathe through.
- ✗ Wear a medical facemask for aerosol generating procedures (use an N95, Elastomeric, or Powered Air Purifying Respirator for these procedures).
- ✗ Reuse medical facemasks unless the organization has reached crisis situation and has contacted the local health authority and no alternative or additional supplies can be anticipated.

TACO 'BOUT a great job!



The following compliments were received about our outlying clinics. Keep up the great work!

The nursing staff is attentive, prompt and friendly! (Columbia PC)

The entire nursing staff, physician, and receptionist were all very courteous and helpful. (Scottsville)

Kandace is very thorough. She is truly concerned about my well-being and listens to me. I am very pleased with her as my provider and trust her. (Columbia PC)

I've been going here for several years, never been disappointed. (Family Practice, Glasgow)

Paula West and her staff are always there for my husband & I. (Cave City)

The nurse Kenna is always so pleasant, helpful and friendly. I love having her be my nurse, and my provider Nicole Loy is absolutely the best. She always shows care and concern and discusses options and we then decide together the treatment plan. Most of the time within a day or two I'll get a phone call from either Kenna or Nicole to check in on me. I couldn't be happier with the care I get from this provider. (Russell Springs)

Everyone at the office is always wonderful and in a great mood. Dr was, and always is, wonderful and very helpful and understanding and seems to truly care about me and my family's health. I have and will recommend him and his nurse Katie to anyone. He is very knowledgeable and if he doesn't have an answer he will find it. (Edmonton)

Everyone in the Scottsville office is wonderful. Very caring & happy environment. (Scottsville)

Amy Thornbury has always been very professional, kind, caring, compassionate, & thorough with my health & well being. I would, and have always, recommended Amy to anyone who may have any sleep disorder problems. I have the utmost respect & faith in Amy. (Sleep Clinic)

Melinda is one of the most caring nurses I've had. (Cave City)

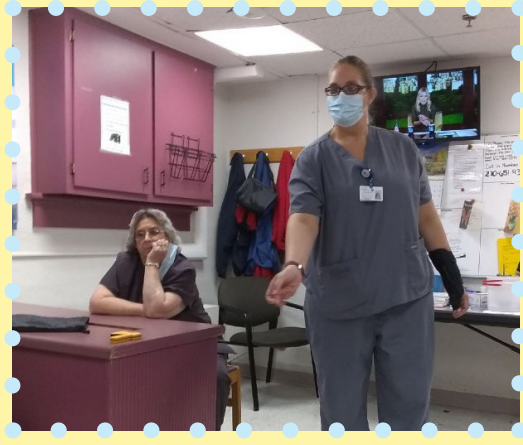
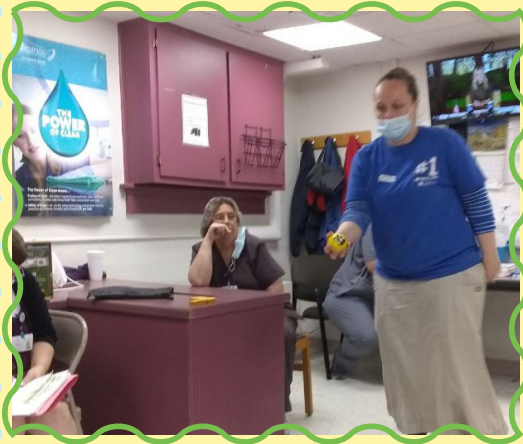
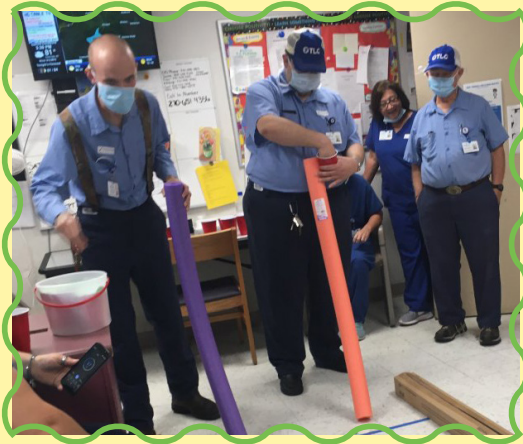
Tina has done an exceptional job helping me resolve an issue. She made sure to personally call me to make sure I received the assistance I needed. She has been a God send when I was continuously hitting a block wall. (Tina, works in Pat Spears' Office)

Today was my first visit and everyone was so nice, friendly and just wonderful. With that said, Dollie was just extra! Made my visit even more pleasurable. She is a keeper forever! (Dollie Slayton)

Megan and Michelle took care of my lab work when the doctor did not fill out all the information. They were very patient with me and my frustration. (Megan and Michelle, Pavilion Registration)

HOUSEKEEPING WEEK CELEBRATIONS

We had so much fun celebrating all our wonderful EVS teammates during Housekeeping Week!



National Prescription Drug Take Back Day: October 24th

Participating Locations

Adair County

- Kentucky State Police Post 15
1118 Jamestown Street, Columbia
270-384-4796
Additional Info: 24/7

Barren County

- Barren County Sheriff's Department
117 N. Public Square, Glasgow
270-651-2771
Additional Info: Mon.-Fri 8-4 Sat. 8-12

- Glasgow Police Department
201 S. Broadway Street, Glasgow
270-651-5151

- Cave City Police Department
103 Duke Street, Cave City
270-773-2441
Additional Info: Mon-Fri 8-4

Green County

- Greensburg Police Department
105 W Hodgenville Avenue, Greensburg
270-932-4202
Additional Info: 24/7

Hart County

- Hart County Sheriff's Department
116 East Union Street, Mumfordsville
270-524-2341

Additional Info: Mon.-Fri 8-4

- Horse Cave Police Department
121 Woodlawn Avenue, Horse Cave
270-786-4357

Additional Info: Mon-Fri 8-4:30

Metcalfe County

- Metcalfe County Sheriff's Department
106 S. Main Street, Edmonton
270-432-3041

Additional Info: Mon-Fri 8-4

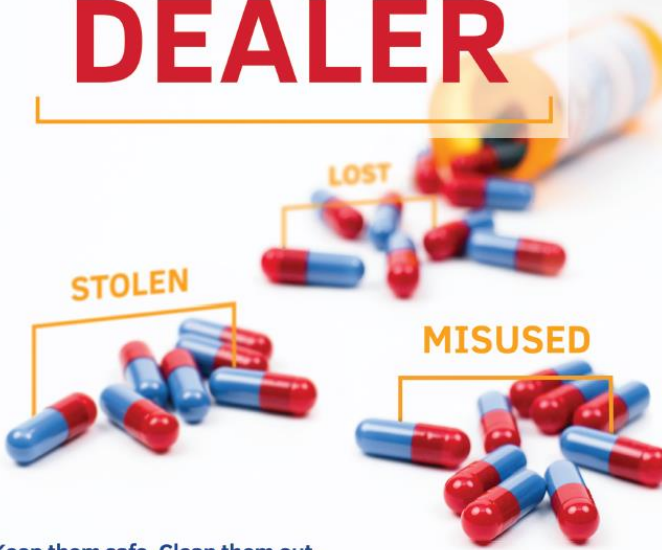
Monroe County

- Monroe County Sheriff's Department
200 N. Main Street, Tompkinsville
270-487-6622

Additional Info: Mon-Sat 8-4

- Tompkinsville Police Department
201 E. 2nd Street, Tompkinsville
270-487-6191

**DON'T BE THE
DEALER**



Keep them safe. Clean them out.
Take them back.

Service Excellence Awards

Congratulations to this month's Service Excellence Award Winner!



JESSICA SOULES has been selected as the September winner of the TJRH Service Excellence Award for **COMMUNICATION!**

According to the values of the T.J. Pledge, we communicate by:

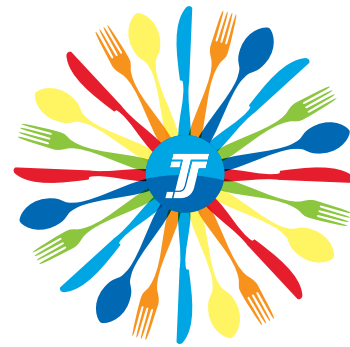
- Smiling at everyone
- Always introducing our self, our role, and our purpose
- Using body language, eye contact, and tone of voice that shows respect in every interaction
- Following the 10/5 rule: Always acknowledging people at 10 feet away with a smile and always greeting people at 5 feet away
- Escorting any customer in need to their destination

Jessica was recognized for showing these qualities and more when dealing with customers. The following submission was received about Jessica:

Jessica has worked hard on the implementation of the new payroll and timekeeper system. She completed all of the online training for the new system and communicated closely with Paylocity and Novatime implementation consultants to make sure the system was set up and working as anticipated based on our policies. Even though we are still having some issues with Novatime she is consistently working to make sure that everyone is paid correctly. She offers reliable communication with the timekeepers and directors to help them with any issues they may have. She has truly taken this project to heart.

**Congratulations to JESSICA, and
THANK YOU for the excellent service you provide to
TJRH every day!**

If you would like to nominate someone for a Service Excellence Award, you may fill out a nomination form on the intranet, print the form in this newsletter, or pick up a form outside the cafeteria.



Groceries and to-go meals!

The Pop-Up Market full item list and pricing, as well as the to-go meal order forms, are now featured on the employee page at www.tjregionalhealth.org!

All forms can be submitted at the Apple a Day Cafe or by emailing them to floorstock@tjsamson.org.

If you have any questions, please contact Sarah Kinslow at sarah.kinslow@tjsamson.org.

Donations needed for Christmas Angel Program

Due to COVID-19, the program has changed significantly, but the need is greater than ever. To meet the need that will still be there, the Family Resource Youth Service Centers are asking for cash donations to provide Christmas gifts for those children in need.

To donate, you can mail or drop off your check made to Barren County Educational Foundation/Christmas Angel to

Barren County Board of Education
ATTN: Christmas Angels
202 West Washington St.
Glasgow, KY 42141.

If you have any questions, please contact Dana Salley at 270.579.6381.

Donations are due ASAP.

**You may also donate by payroll deduction.
See next page for details!**





Christmas Angel Donations

PAYROLL DEDUCTION/ONE TIME GIFT

Employee Name: _____

Department: _____

Donations will be deducted from the 10/16 **and/or** 10/30 paycheck.

Amount to be deducted: \$ _____

- 10/16 (Forms due to Marketing by 10/9)
- 10/30 (Forms due to Marketing by 10/23)
- BOTH (Forms due to Marketing by 10/9)

The payroll deduction form can be found on the next page.

Please send this form and payroll deduction form to Mollie Felkins in the T.J. Marketing Department. You may scan and email your forms to mollie.felkins@tjsamson.org, or you may fax to 270.659.1704.

If you have any questions, please email Mollie Felkins at mollie.felkins@tjsamson.org.

Employee Signature: _____

Date: _____

STREAMATHON Department Basket Auction Opportunity

The T.J. Community Mission Foundation is hosting a STREAMATHON on November 13th, 2020. Although we won't be able to have an event in-person this year, we still have a great opportunity to raise awareness and support for the Shanti Niketan Hospice Home. Viewers will be able to bid on auction items online during the week leading up to the event and by the end of the night on 11/13, everyone will know whether or not they won the item(s) they bid on.

Our T.J. Departments have been instrumental the last few years in getting together very impressive baskets and other auction items to help us raise money for the Shanti Niketan Hospice Home! If your department would like to create a basket or donate an awesome item for our auction event, please let Treva Shirley know your department and theme ASAP. All auction items will be due to Marketing by October 31.

Please contact Treva Shirley at tshirley@tjsamson.org with any questions.

BAIRD
Private Wealth
Management
proudly presents
STREAMATHON
Let's Make This House a Home!
11.13.20


Community Mission
FOUNDATION

Benefitting the
Shanti Niketan
HOSPICE HOME 



Barren County Family YMCA, 1 YMCA Way, Glasgow, Kentucky 42141
Phone: 270-651-9622 www.barrencountymca.org

TJ Biometric Screening Coaching Participants:

TJ Biometric Screening Coaching Participants and eligible household members are considered full-time, full privilege members of the YMCA. A YMCA membership application must be completed and submitted to the Barren County Family YMCA before benefits are granted. This membership is entitled to access to the YMCA in Glasgow, Kentucky as well as included in the reciprocity agreement with the YMCA of the USA. Membership includes full facility access, program access, member discounted rates for-fee services and programs.

- Qualified Employee Only = NO Fee
- Qualified Spouse Only = NO fee
- If only one (employee or spouse qualify) add on other Spouse OR Child(ren) = \$14 per month
- If only one (employee or spouse qualify) add on other Spouse AND Children = \$20 per month

TJ Biometric Screening Coaching Participants will be granted a YMCA membership as an alternative to the coaching program provided by TJ at no cost to the individual participant. Participants (add on spouse and/or children) will be a full YMCA member upon completing the required membership application.

Each Coaching Participant must visit the YMCA at least six (6) times monthly to comply with the TJ coaching guidelines. The YMCA will track participant's usage through their software and provide reports monthly to TJ for each enrolled participant with a YMCA membership. The participant must scan their own membership card upon each entry into the YMCA facility to get credit for their visit. The YMCA is not responsible for tracking visits if the participant does not successfully scan their membership upon entry.

TJ employees and their families that do not qualify for the TJ Biometric Screening Coaching Program will get joiners fee waived and 15% off the YMCA Membership Rate:

	<u>Monthly</u>	<u>Annually</u>
Household:	\$39.10	\$469.20
Single Parent:	\$33.15	\$397.80
Adult:	\$31.45	\$377.40
Senior (60+)	\$22.95	\$275.40
Senior Couple	\$27.20	\$326.40

Membership Payment Options:

- Annual Payment = Pay in full for one year at the YMCA Welcome Center
- Monthly deduction from payroll can be arranged by TJ and the employee. Payroll deductions forms are available upon enrollment at the YMCA Welcome Center. TJ will send the YMCA payment monthly for those who chose employee payroll deduction
- Monthly payment plan through the YMCA directly. Payments directly through the YMCA are to be arranged at the YMCA Welcome Center. Monthly payments are withdrawn on or about the 15th of each month. Payments can be drafted from a credit or debit card or through a checking or savings account.
- Payment for membership will be held to the YMCA payment agreement. Unpaid fees including any service charges for returned payments may result in termination of the membership.

Memberships in good standing will be valid From August 1st, 2020 through July 31st, 2021.

If you have any questions, please contact Fit For Life at 270.651.4422 or Treva Shirley at tshirley@tjsamson.org.

**TJ Cafe Menu
October 5 - October 9**

<p style="font-size: 4em; font-family: cursive;">features</p> <p style="font-size: 0.8em; font-weight: bold;">OF THE WEEK</p>	Build Your Own Pasta Bar	monday	
	Dessert: Cannoli		
	Soup: Chili		
	Nachos	tuesday	
	Dessert: Brownie		
	Soup: Chicken Noodle Soup		
Chop Chop Salad	wednesday		
	Dessert: Oatmeal Raisin Cookies		
	Soup: Roasted Red Pepper		
Turkey & Dressing, Meatloaf Mashed Potatoes, Green Beans, Broccoli, Cheese Sauce	thursday		
	Dessert: Lemon Bars		
	Soup: Chili		
The Roost: Fried or Grilled Chicken Sandwiches, Sweet Potato Casserole, Fries, Coleslaw, Fresh Lemonade	friday		
	Dessert: Pecan Pie		
	Soup: Potato		

**TJ Cafe Menu
October 12 - October 16**

<p style="font-size: 4em; font-family: cursive;">features</p> <p style="font-size: 0.8em; font-weight: bold;">OF THE WEEK</p>	Build Your Own Baked Potato Bar	monday	
	Dessert: Brownie		
	Soup: Chili		
	Taco Salad, Fajitas, Enchiladas	tuesday	
	Dessert: Lemon Bars		
	Soup: Potato Soup		
Sliders: Beef or Chicken	wednesday		
	Fried Pickles, Kale Cranberry Salad		
	Dessert: Banana Bread Blondie		
	Soup: Vegetable		
Grilled Pork Chops, Country Fried Steak, Turnip Greens, Green Beans, Mashed Potatoes, Squash Casserole	thursday		
	Dessert: Pecan Pie		
	Soup: Pinto Beans		
Chili, Broccoli Cheddar, or Roasted Red Pepper Gouda Soup	friday		
	Grilled Cheese, Grilled Cheese with Bacon, Corndog, Steak Fries, Kale Caesar Salad, BLT Pasta Salad		
	Dessert: Salted Caramel Brownie		

**Apple Too Menu
October 5 - October 9**

<p style="font-size: 4em; font-family: cursive;">features</p> <p style="font-size: 0.8em; font-weight: bold;">OF THE WEEK</p>	Grilled Pimento Cheese with Bacon, Chips, & a 20oz Bottled Water or Soft Drink	monday	
	\$4.50		
	Chicken Cobb Salad, Croissant & a 20oz Bottled Water or Soft Drink	tuesday	
	\$4.75		
Tuna Salad Croissant, Chips, Fresh Fruit Cup & 20oz Bottled Water or Soft Drink	wednesday		
\$5			
Teriyaki Chicken Bowl, Cookie & 20oz Bottled Water or Soft Drink	thursday		
\$5			
Sloppy Joe, Potato Salad, & 20oz Bottled Water or Soft Drink	friday		
\$4.75			

**Apple Too Menu
October 12 - October 16**

<p style="font-size: 4em; font-family: cursive;">features</p> <p style="font-size: 0.8em; font-weight: bold;">OF THE WEEK</p>	Grilled Hotdog, Chili, & a 20oz Bottled Water or Soft Drink	monday	
	\$5		
	Bacon Cheeseburger, Chips, & a 20oz Bottled Water or Soft Drink	tuesday	
	\$5		
Big Daddy Brisket Sandwich, Potato Salad & 20oz Bottled Water or Soft Drink	wednesday		
\$5			
Grilled Chicken Caesar Wrap, Chips, Fruit Salad, & 20oz Bottled Water or Soft Drink	thursday		
\$5			
Meatball Marinara, Side Salad & 20oz Bottled Water or Soft Drink	friday		
\$5			



TJ GLASGOW EMPLOYEE DISCOUNTS

T.J. employees receive discounts at the following Glasgow businesses by showing your T.J. name badge.

AAA

Corporate Discount: \$40 for 2 people for 14 months. Call Cindy Piascik at 216.644.2988 to complete application on phone.

AT&T

Receive 25% off base rates. (Excludes Unlimited Plans.)

AUTO SPA COMPLEX

Receive \$2 off the \$20 or \$28 car wash.

AWARDS, INC.

Receive 15% off gift items. (Excludes trophies & plaques.)

AZUL TEQUILA

Receive 15% off **OR** a free queso.

BAILEY GIBSON SERVICE DEPT.

Receive 15% off service.

BIG LOTS

Receive 15% off your purchase.

BLUEGRASS CELLULAR

Receive 15% off basic service.

BOUTIQUE 218 AT JORDAN'S SALON

Receive 10% off clothing at Boutique 218.

CAPTAIN D'S

Receive 15% off your purchase.

DON FRANKLIN GLASGOW

Receive 10% off standard services and repairs.

NEW! **DROBOCKY ORTHODONTICS**

Receive a free consultation and 5% off to T.J. staff and children.

EL MAZATLAN

Receive 10% off your purchase.

ELY DRUGS

Receive 20% off your purchase of scrubs.

ENTERPRISE

Use this corporate code for a discount: XZ58A71
Discounts vary, contact Enterprise for specific details.

EXTREME FITNESS

Individual: \$21 Family: \$26 Key Card: \$10

FANCY PANTS BOUTIQUE

Receive 10% off your purchase.

FREDDY'S

Receive 10% off your total on T.J. Tuesdays.

GARCIA'S

Receive 10% off carryout order - employee's meal only.

LAWLESS ORTHODONTICS

Receive a \$500 discount.

LONG JOHN SILVERS / A&W

Receive 20% off regular-priced purchase.

MARCO'S PIZZA

Receive 30% off regular-priced pizza. (Delivery & carryout.)

NEW CENTURY BUFFET

Receive 10% off (T.J. employee's meal only).

NOT AVERAGE JOES GYM

\$20 a month. No fees.

GLASGOW EMPLOYEE DISCOUNTS, CONT.

PAPA JOHN'S PIZZA

Any large 5-topping or specialty pizza for \$12: Tjbj20
Large 3-topping pizza for \$9.99: 999WFG3T
Reg. menu prices. Online, call-in and in-store orders.

RALPHIE'S FUN CENTER

Receive free shoe or skate rental.

SHOGUN BISTRO

Receive 10% off your food purchase.

SIDELINES CASUAL DINING

Receive 10% off your purchase.

SWEETHEART BAKERY

Receive 10% off your purchase.

T.J. CAFE

Employee discount in employee cafeteria.

T.J. GIFT SHOP

Receive 10% off your purchase.
Payroll deduction available for employees.

WITTY'S COMPLETE CAR CARE

Receive \$5 off lube/oil/filter change.

WORKOUT ANYTIME

First month free • \$15 Basic Individual Plan
\$25 Premium Individual Plan • \$35 Friends & Family (2 ppl)

YMCA

Joining fee is waived. 15% discount monthly.



TJ COLUMBIA EMPLOYEE DISCOUNTS

T.J. employees receive discounts at the following Columbia businesses by showing your T.J. name badge.

FRANKLIN NISSAN

10% off any service work.

NANWOOD MARKET

10% off regularly priced items.

RUGGED TRUTH BARBERSHOP

\$1 off a haircut.

THE TRENDY FARMHOUSE

15% discount on merchandise and/or services of
farm2furniture.

*If you are aware of other discounts that T.J. employees receive,
please email mollie.felkins@tjsamson.org.*



Community Mission
FOUNDATION

Employee Donation Form
Payroll Deduction Authorization/One Time Gift

I understand my donation will be made to the T.J. Community Mission Foundation to advance the Love Makes a House a Home campaign to support the Shanti Niketan Hospice Home, its programs and/or endowment.

Employee Name: _____
Home Address: _____
Phone: _____
Email Address: _____
Social Security Number: _____
Employee Number: _____

PAYROLL DEDUCTION

Please deduct the following amount from each paycheck: \$ _____

- My gift is a: 5 year contribution
 3 year contribution
 2 year contribution
 1 year contribution

I agree that my gross pay will be reduced by the amount of my deduction as indicated above. In the event a new Employee Deduction Authorization Form is not executed on or before the next year-end, this form shall be deemed to continue in force for the next succeeding year.

Employee Signature: _____ Date: _____

ONE TIME GIFT

Please accept my one time gift: \$ _____ (check attached)

Make check payable to: T.J. Community Mission Foundation

T.J. HEALTH PAVILION

310 N.L. Rogers Wells Blvd., Glasgow • Call 270.651.1111 for general information.

Primary Care Pod A: 270.651.6791

Dr. Mallory • Megan Buntin, APRN • Pat Spears, APRN

Primary Care Pod B: 270.659.5870

Dr. Gilson • Dr. Miller • Dr. Neuhaus • Dr. Kelly

Primary Care Pod C: 270.659.5885

Dr. A. Campbell • Dr. Matney • Dr. Brooks • Carla Hale, PA-C

Cardiology: 270.659.5970

Dr. Nair • Dr. V. Reddy • Dr. Salifu

Lisa DuCoff, APRN • Nancy Jo Houchens, APRN

Ashley Robertson, APRN • Heather Bull, APRN

Gastrointestinal Clinic: 270.659.3398

Dr. Suh

General Surgery: 270.659.5945

Dr. Klapheke • Dr. Marion • Dr. Saridakis

Gynecology & Obstetrics: 270.659.5865

Dr. Craddock • Dr. Dirig • Nellie Bell, APRN

Casey Sacia, APRN • Michelle Wilson, APRN

Nephrology: 270.659.5834

Dr. S. Reddy • Marissa Howard, APRN

Neurology: 270.659.5945

Dr. Koury

Oncology: 270.659.5890

Dr. Modi • Melanie Isbell, APRN • Lauren LeGrand, APRN

Pain Management: 270.659.5990

Dr. Bahadur

Pulmonology: 270.659.5835

Dr. Kummerfeldt • Dr. Waheed

Urology: 270.659.5965

Dr. Wiatrak

Urgent Care at the Pavilion: 270.659.5555

Laboratory: 270.659.5584

Pavilion Pharmacy: 270.659.5599

Radiology: 270.659.5570

Rehab Services: 270.659.5660

Respiratory: 270.659.5540

Women's Imaging: 270.659.5591

ADDITIONAL SERVICE LOCATIONS

T.J. Health Cave City Clinic: 270.773.2111

Dr. Camas • Paula West, APRN

Cardiology: Dr. Salifu

T.J. Health Columbia: 270.384.4753

T.J. Health Columbia Clinic: 270.384.0451

Patricia Doolin, APRN

T.J. Health Columbia Primary Care: 270.384.4764

Dr. Kiteck • Kandace Webster, APRN • Angela Rush, APRN

Cardiology: Ashley Robertson, APRN

Gynecology: Casey Sacia, APRN

Pediatrics & Ped. Behavioral Health: Alisha Risen, APRN

Podiatry: Dr. Risen

Pulmonary: Dr. Kummerfeldt

Sleep: Kim Bowman, APRN

T.J. Health Edmonton Clinic: 270.432.4800

Dr. Dunn • Connie Prostko, APRN • Khabeer Abdul, APRN

T.J. Health Greensburg Clinic: 270.973.5439

Pediatrics & Ped. Behavioral Health: Alisha Risen, APRN

T.J. Health Russell Springs Clinic: 270.858.3636

Latasha Gilpatrick, APRN • Nikki Loy, APRN

T.J. Health Scottsville Clinic: 270.237.3123

Emily Tabor Jessie, APRN • Lindsey Landers, APRN

T.J. Health Tompkinsville Clinic: 270.487.0720

Teresa Sheffield, APRN

T.J. Home Health & Hospice: 270.651.4430

T.J. Long Term Care Team: 270.651.4451

Dr. A. Kiser • Micah Tracy, APRN • Pat Spears, APRN

Nikki Sherfey, APRN

T.J. Samson Community Hospital:

270.651.4444

T.J. Samson Family Medicine: 270.651.4797

Dr. House • Dr. Clouse • Dr. Gillette

T.J. Sleep Clinic: 270.651.1888

Dr. Turpen • Kim Bowman, APRN • Amy Thornbury, APRN

T.J. Wound Care: 270.651.4325

Dr. A. Kiser • Micah Tracy, APRN • Nikki Sherfey, APRN



TJRH Service Excellence Award Nomination Form

Nominee's Name (please print): _____ Date: _____

Nominee's Department: _____ Nominee's Supervisor: _____

Choose One:

Hospital

Pavilion

Columbia

Clinics

Clinic Location: _____

Choose Area(s) of service that the nominee consistently delivers service that reflects T.J. Regional Health's Service Excellence standards of:

Compassion

Cooperation

Collaboration

Communication

Change

Champion

Provide a detailed description of how the nominee exemplifies the standards listed on the pledge. Refer to T.J. Pledge for standards of behavior. Please be sure to provide specific examples of service.

Would you like to remain anonymous? _____

If no, please provide your name: _____

For Office Use Only:

Department Director Approval: _____

HR Approval: _____

Submit completed nomination forms to Pam Bray in Human Resources.

T.J. PLEDGE

I WILL SHOW COMPASSION:

- ▶ see all patients, family members, visitors, coworkers, physicians, and anyone else at T.J. as my customer
- ▶ recognize that each and every interaction I have at T.J. Regional Health matters
- ▶ show kindness and compassion towards my customers at all times
- ▶ be sensitive to the personal and private needs of every customer

I WILL COOPERATE WITH OTHERS:

- ▶ maintain zero tolerance for abusive behavior
- ▶ listen and be willing to accept fault when I make a mistake
- ▶ never underestimate the power of an apology
- ▶ refrain from blame and judgment
- ▶ bring a sense of calm to stressful situations

I WILL COLLABORATE WITH OTHERS:

- ▶ value myself and every coworker as an equal part of one GREAT team working together
- ▶ treat others in a way that I would like to be treated
- ▶ participate only in conversations that are courteous, respectful, and reflect positively on my teammates and T.J. Regional Health
- ▶ foster a calm and pleasant atmosphere, and refrain from gossip, rumors, and insults
- ▶ speak honestly, seek truth, and act with integrity towards my teammates
- ▶ value the uniqueness and expertise that each team member contributes to the whole
- ▶ meet the need of the moment, regardless of whether or not it is considered part of my job

I WILL COMMUNICATE:

- ▶ smile - at everyone
- ▶ always introduce myself, my role, and my purpose
- ▶ use body language, eye contact, and tone of voice that shows respect in every interaction
- ▶ follow the 10/5 rule: always acknowledging people at 10 feet away with a smile and always greeting people at 5 feet away
- ▶ escort any customer in need (visitors, patients) to their destination

I WILL ADAPT TO CHANGE:

- ▶ be a part of the solution when I am presented with a challenge
- ▶ embrace change and set the example for those around me
- ▶ accept openly when there are changes that T.J. Regional and/or I have no control over
- ▶ manage the expectations of others by explaining duration and next steps as often as needed

I WILL BE A CHAMPION:

- ▶ serve with passion
- ▶ view myself as an owner of T.J. Regional Health and act accordingly
- ▶ take responsibility for the physical appearance of T.J. Regional Health, including my work area
- ▶ go out of my way to daily thank and compliment my customers and coworkers
- ▶ dare to make a difference and be exceptional
- ▶ constantly try to improve myself and T.J. Regional Health
- ▶ speak positively about T.J. Regional, while at work and in public places outside of work





MISSION

T.J. Regional Health will promote and provide for the health and wellness of the communities we serve and the healthcare professionals who serve them.

VISION

T.J. Regional Health will utilize available resources to anticipate and exceed the healthcare needs of the region with a focus on quality and compassion.

CORE VALUES

- Compassion
- Communication
- Be a Champion
- Cooperation
- Collaboration
- Adapt to Change