

















January						TJ Café
	Monday	Tuesday	Wednesday	Thursday	Friday	
	3	4	5	6	7	
Soup	Chili 	Loaded Potato 	Roasted Red Pepper & Gouda	Broccoli Cheddar 	Chicken Noodle	
Features	Grilled Chicken Parmesan Pepperoni & Cheese Calzone Pizza Grilled Asparagus Roasted Mushrooms Sautéed Zucchini Cheesy Breadsticks Side Salad Kale Caesar Salad Fried Ravioli	Carne Asada Tacos Chicken Tinga Tacos Crispy Fish Tacos Cilantro Lime Rice Spicy Black Beans Sautéed Poblano Peppers Grilled Pineapple Baked Sweet Plantains Fried Jalapenos Cilantro Jicama Slaw	Roast Beef Manhattan Grilled Chicken Breast Popcorn Shrimp Brussels Sprouts Mashed Potatoes Gravy Steamed Carrots Lima beans Vinegar Coleslaw Hush Puppies	Brisket Pulled Pork Chicken Livers White Gravy Cowboy Beans Mac & Cheese Scalloped Potatoes Grilled Cabbage Sweet Coleslaw Cornbread Salad	Fri-Yay!!! Beef Sliders Hawaiian Ham & Cheese Sliders Fried Chicken Sliders Corn dogs Bacon Lettuce Tomato Sliced Onion Cheddar, American, Pepper Jack Cranberry Sunflower Kale Salad	
Bread	Assorted Toppings & Sauces	Assorted Toppings & Sauces	Assorted Toppings, Cheese, & Sauces	Assorted Toppings & Sauces	Fries & Onion Rings	
Dessert	Dinner Roll & Cornbread Chocolate Meringue Pie	Cornbread Peanut Butter Fudge Brownie	Cornbread Blueberry Cobbler	Cornbread Apple Pie	Dinner Roll Chocolate Chunk Cookies	
	10	11	12	13	14	
Soup	Chili 	Chicken & Dumplings 	Roasted Red Pepper & Gouda	Pinto Beans 	Loaded Potato Soup	
Features	Jumbo Baked Potatoes Tater Tots Fire Braised Chicken or Pork Steamed Broccoli Caramelized Onions Sweet & Spicy Brussels Sautéed Mushrooms Creamy Broccoli Salad Assorted Toppings & Sauces Onion Rings Cornbread	Nachos & Enchiladas Black Bean Enchiladas Taco Meat or Fajita Chicken Cilantro Lime Rice Cauliflower Rice Charro Beans Mexican Street Corn Salad Cilantro Jicama Slaw Assorted Toppings & Sauces Jalapeno Poppers Cornbread	Chop Chop Salad!!! Spinach Lettuce Fried Chicken Grilled Chicken Melissa's Chicken Salad Strawberries, Blueberries Fresh Pineapple Candied Pecans Assorted Toppings & Sauces Corn Nuggets Honey Butter Croissant & Blueberry Muffins Lemon Bars Carrot Cake	Tempura Chicken Mongolian Beef General Tso's Chicken Fried Rice & Jasmine Rice Snap Peas & Chow Mein Fresh Seasoned Green Beans Thai Cucumber Salad with Peanuts Spicy Asian Slaw Assorted Toppings & Sauces Egg Rolls Cornbread	Chopped Steak with Sautéed Onions Basil & Garlic Roasted Chicken Breast Green Beans Turnip Greens Mashed Potatoes Squash Casserole Macaroni & Tomatoes BLT Pasta Salad Kale Cranberry Cornbread	
Bread	Chocolate Peanut Butter Pie	Fruit Pizza		Red Velvet Cupcake	Salted Caramel Pretzel Brownie	
Dessert	Cannoli	Tres Leches Cake		Apple Streusel	Chocolate Chip Candy Cookies	
	17	18	19	20	21	
Soup	Vegetable Soup 	Broccoli Cheddar 	Roasted Red Pepper & Gouda	Chili 	Loaded Potato 	
Features	Build Your Own Pasta Penne Zucchini Noodles Oven Fried Chicken Lemon Rosemary Chicken Meatballs Balsamic Roasted Brussels Broccoli, Mushrooms Kale Caesar & Side Salad Assorted Toppings & Sauces Fried Ravioli Breadstick Cannoli	Quesadillas Beef Quesadilla Chicken Quesadilla Cheese Quesadilla Refried Beans Spanish Rice Grilled Peppers & Onions Chiles Rellenos Mexican Street Corn Salad Assorted Toppings & Sauces Jalapeno Poppers Cornbread Tres Leches Cake	Stacked or Wrapped Sandwich Bar Spinach Wraps Sourdough, Wheat Hoagie, Croissant Turkey, Ham Popcorn Shrimp Chicken Salad Bacon Spinach & Bacon Salad Sweet Coleslaw Assorted Toppings, Cheese, & Sauces Ranch Bistro Chips Dinner Roll Carrot Cake	Buttermilk Ranch "Not Fried" Chicken Nashville Hot Chicken Chicken Tenders Mashed Potatoes Southern Style Green Beans Grilled Cabbage Hash Brown Casserole *Homemade Fruit Tea* Loaded Potato Salad Old Fashioned Tomato Salad Potato Wedges Biscuit & Cornbread Apple Streusel	Crispy Pork Sandwich Sweet & Sour Glazed Mahi Hawaiian Chicken Sliders Steamed Jasmine Rice Watermelon Poke Cabbage Slaw Mango Slaw Honey Lime Fruit Salad Steak Fries Assorted Toppings & Sauces Steak Fries Cornbread Chocolate Chip Candy Cookies	
Bread						
Dessert						
	24	25	26	27	28	
Soup	Chili 	Loaded Potato 	Broccoli Cheddar	Roasted Red Pepper & Gouda 	Chicken Noodle	
Features	Chicken Wings Chicken Tenders Oven-Fried Zucchini Sticks Steamed Broccoli Cheese Sauce Carrots & Celery Coleslaw Wedge Salad Potato Wedges Assorted Toppings & Sauces Cornbread	Al Pastor (Pork Tacos) Chicken Tinga Tacos Crispy Fish Tacos Cilantro Lime Rice Spicy Black Beans Sautéed Poblano Peppers Baked Sweet Plantains Grilled Pineapple Cilantro Jicama Slaw Fried Jalapenos Assorted Toppings & Sauces Cornbread	Chop Chop Salad- the Original Fried Chicken Grilled Chicken Salad Mix Bacon Cucumber, Tomato Cheese, Onion Croutons, Black Olives Corn Nuggets	Brisket Pulled Pork Chipotle BBQ Chicken Breast Baked Beans Mac & Cheese Grilled Cabbage Honey Butter Corn Loaded Potato Salad Cucumber & Onion Salad Assorted Toppings & Sauces Cornbread	Meatloaf Signature Fried Chicken Breast Green Bean Casserole Roasted Vegetables Broccoli Au Gratin White Beans Mashed Potatoes Macaroni & Tomatoes Side Salad Biscuits & Cornbread	
Dessert						
	31	1	2	3	4	
Soup	Vegetable Soup 	Chicken & Dumplings 	Pinto Beans	Broccoli Cheddar 	Chili	
Features	Baked Chicken Broccoli Alfredo Lasagna Stuffed Portobellos Grilled Asparagus Steamed Broccoli Parmesan Creamed Spinach Oven Roasted Potatoes Assorted Toppings & Sauces Kale Caesar Garden Salad Mozzarella Sticks & Breadsticks Lemon Bars	Nachos & Enchiladas Cheese & Bean Enchiladas Taco Meat or Fajita Chicken Cilantro Lime Rice Cauliflower Rice Charro Beans Assorted Toppings & Sauces Mexican Street Corn Salad Jalapeno Poppers Cornbread Banana Bread Blondies	Roast Beef Manhattan Fried Fish Steamed Carrots Brussels Sprouts Green Beans Mashed Potatoes Brown Gravy Vinegar Slaw Hush Puppies Cornbread & Dinner Rolls Peanut Butter Cookies Chocolate Cake	Jerk Brisket Jerk Turkey Grilled Caribbean Chicken with Mango Salsa Red Beans & Rice Smashed Red Potatoes Grilled Cabbage Callaloo Baked Sweet Plantains Caribbean Cooler Punch Assorted Toppings & Sauces Cornbread Coconut Crunch Cake Strawberry Cobbler	Fri-Yay!!! Grilled Brats Burgers Oven-Fried Zucchini Sticks Steak Fries King Sized Soft Pretzels BBQ Onions Assorted Toppings, Cheese, & Sauces Creamy Broccoli Salad Fried Mushrooms Cornbread Apple Turnover Cookies	
Bread						
Dessert						